

A Healthier Malawi Begins Today

Youth-Friendly Health Services for a Healthier Malawi



It's Their Right¹

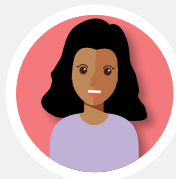
Young people in Malawi have the right to high-quality, relevant, accessible, attractive, affordable, appropriate, and acceptable sexual and reproductive health services.



Why are youth-friendly health services important?

2/3 of Malawi's population is **under age 24**.

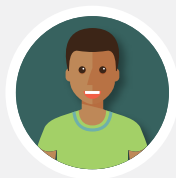
Malawi's Youth: Growing Today, Leading Tomorrow



3/10 of girls **drop out of school** due to teen pregnancy.

1/3 of unmarried, sexually active girls (ages 15–19) **use contraception**.

Over 45% of **maternal deaths** (2008–2010) were among **14-to-23-year-olds**.



1/2 of sexually active **young men** (ages 15–24) **are using condoms**.

Less than HALF of 15-to-24-year-olds have a **comprehensive knowledge of HIV and AIDS**.

13,000 young people (ages 15–24) **acquired HIV** in 2016.

What can healthcare workers do?



Communicate with youth in a **respectful and non-judgemental** manner.



Participate in a youth-friendly health service training. Ask your supervisor today!



Be a protector. Help enforce your clinic's confidentiality and privacy policies.



Provide services at **convenient hours and locations.** Young people shouldn't have to choose between their health and school.



Ensure the mandate. The Government of Malawi mandates that public and Banja La Mtsogolo health facilities provide free services to youth age 24 and younger.

¹ Malawi Government. 2013. Gender Equality Act No. 49. Lilongwe: Malawi Government.