

# HEALTH POLICY PLUS: Tanzania

## Project Overview

Health Policy Plus (HP+) is a five-year project funded by the U.S. Agency for International Development (USAID) and implemented by a consortium of partners, led by Palladium. The project's HIV activities are supported by the U.S. President's Emergency Plan for AIDS Relief (PEPFAR). Globally, the project works to strengthen and advance health policy to improve the enabling environment for equitable and sustainable health services, supplies, and delivery systems in the areas of family planning and reproductive health, HIV, and maternal health.

In Tanzania, HP+ builds on the successful efforts of its predecessor, the Health Policy Project, to increase sustainable, predictable, and adequate financing for key health programs; measure and address HIV-related stigma and discrimination; strengthen the HIV response for children, adolescents, and young adults; expand access to sexual and reproductive health services for youth; and support effective stewardship of the family planning program.

## Our Work

HP+ Tanzania focuses on the following program areas:

### *Achieving sustainable health financing*

To make the financing of health services more affordable and sustainable, the Government of Tanzania is undertaking reforms that include adoption of a national health financing strategy and establishment of a single national health insurance (SNHI) scheme. HP+ is supporting these reform efforts by generating evidence regarding feasibility of the new financing mechanism, cost savings from

more effective service delivery models, and resource requirements for program scale-up following newly adopted HIV guidelines to achieve testing and treatment targets. Specifically, HP+ is:

- Analyzing the impact of proposed reforms on the potential to successfully implement and enforce exemptions and waivers for maternal and neonatal health services
- Analyzing the benefits and cost for the poor of scaling up the improved Community Health Fund—an essential intermediate step toward adoption of SNHI
- Helping assess the feasibility of including HIV services in national health insurance benefits packages by estimating and forecasting associated resource needs
- Analyzing cost escalation and reimbursement processes at the National Health Insurance Fund
- Conducting a cost efficiency and clinical benefits analysis of differentiated service delivery models for antiretroviral therapy (ART) and community level support interventions
- Assisting key government institutions with effective advocacy aimed at decision-makers to increase allocations for health, including HIV

### *Strengthening the HIV response for children, adolescents, and young adults*

Tanzania is home to one of the largest youth populations in the world: around 63 percent of the population (27 million people) are younger than 25. Adolescents and young people account for a disproportionate number of new HIV infections; to meet the UNAIDS 90-90-90 treatment targets by 2020, the number of youth on ART between the ages

of 15 and 24 may need to increase fourfold. To help improve service delivery and health outcomes for young people, HP+ is:

- Estimating the cost of reaching pediatric ART targets, from initial diagnosis and engagement in treatment to the achievement of viral suppression
- Developing a methodology and tool to establish baseline viral suppression rates and identify determinants of viral suppression among children, adolescents, and young adults living with HIV
- Formulating a model to project when, where, and how many children and adolescents living with HIV will need to transition to adult HIV care and treatment and identifying determinants of successful transition
- Using components of the HP+ field-tested policy scan and action planning (PSAP) methodology to increase uptake and yield of HIV testing among adolescents and young adults

### ***Measuring and addressing stigma and discrimination in health facilities***

Stigma and discrimination impede scale-up of HIV care and treatment, impacting all stages of the treatment cascade. Facility-level stigma and discrimination reduction interventions are vital to the success of HIV prevention, care, and treatment efforts, including achieving the UNAIDS 90-90-90 targets. The Health Facility Stigma and Discrimination Reduction Package is a comprehensive approach to stigma and discrimination reduction at the facility level. HP+ is working in partnership with the National AIDS Control Programme and the Tanzania Commission for AIDS (TACAIDS) to adapt and implement the package in Tanzania, including a new focus on reducing stigma toward adolescents and youth living with HIV. HP+ is collecting both baseline

and endline data, which will improve understanding of facility-level stigma and discrimination in Tanzania and help build the evidence base on the effects of stigma-reduction interventions in health facilities.

### ***Supporting effective stewardship of the family planning program***

HP+ is helping Tanzania deliver on its Family Planning 2020 commitments by generating evidence demonstrating the importance of sustained and enhanced investment in family planning and supporting execution of the national costed implementation plan for family planning (CIP). HP+ is:

- Piloting a model that quantifies the contribution of family planning to achieving the Sustainable Development Goals
- Using a rapid analysis of the funding landscape to assess the current and potential size of the family planning resource envelope
- Conducting a program and funding gap analysis based on cost estimates from the CIP
- Enhancing systems and processes to facilitate effective execution of the second national CIP, 2017–2022, including updating the performance monitoring plan and system.

## **For More Information, Contact**

### **HP+**

Suneeta Sharma, PhD  
Project Director  
suneeta.sharma@thepalladiumgroup.com  
Tel: +1 (202) 775-9680

### **HP+ Tanzania**

Marianna Balampama  
Country Director  
marianna.balampama@thepalladiumgroup.com  
Tel: +255-758-436-013

## **Health Policy Plus**

1331 Pennsylvania Ave NW, Suite 600  
Washington, DC 20004  
[www.healthpolicyplus.com](http://www.healthpolicyplus.com)  
[policyinfo@thepalladiumgroup.com](mailto:policyinfo@thepalladiumgroup.com)

Health Policy Plus (HP+) is a five-year cooperative agreement funded by the U.S. Agency for International Development under Agreement No. AID-OAA-A-15-00051, beginning August 28, 2015. The project's HIV activities are supported by the U.S. President's Emergency Plan for AIDS Relief (PEPFAR). HP+ is implemented by Palladium, in collaboration with Avenir Health, Futures Group Global Outreach, Plan International USA, Population Reference Bureau, RTI International, ThinkWell, and the White Ribbon Alliance for Safe Motherhood.

This publication was produced for review by the U.S. Agency for International Development. It was prepared by HP+. The information provided in this document is not official U.S. Government information and does not necessarily reflect the views or positions of the U.S. Agency for International Development or the U.S. Government.

Photo © 2016 Riccardo Gangale/VectorWorks, courtesy of Photoshare. The photograph in this material is for illustrative purposes only; it does not imply any particular health status, attitudes, behaviors, or actions on the part of any person who appears in the photograph.