

**Workshop Report
on
Evidence Based Policy and
Programming in Public Health**

**September 19, 2011
Hotel Everest, Kathmandu**

**Organized by:
Nepal Health Research Council**

**Supported by:
USAID Maternal and Child Health Integrated Program,
Nepal**



Background

The basic principles of Evidence Based Medicine (EBM) began to have a marked influence in a number of non-clinical public policy arenas in the late 1990s. Policy-makers working in these areas are now being urged to move away from developing policies according to political ideologies to a more legitimate approach based on "scientific fact," a process termed "evidence-based policy-making" (EBPM).

In recent years there has been a significant increase in the number of evidence based policies are formulated and programs are designed to reduce public health issues/problems.

Nepal has made remarkable achievements in several public health areas and also in bringing global evidence based (best) practices and adapting those in Nepal and demonstrating success in public health whether it maternal health or child health. But Nepal must do more of what it is currently doing to goals it has set for millennium development. New innovating programs must be identified, tested and introduced. Nepal Health Support Sector Program 2 (NHSSP-2) of MoHP has explicitly mentions improving its routine monitoring and evaluation and identified need for policy research and special studies to support it as well as to inform the development of policies and programs based on evidence. NHSP-2 also mentions that it will focus more on building institutional capacity at different levels of government.

It is important that the goals and objectives of a program are consistent with country's overall the goals and objectives and quality of program itself need to be good. Currently, Evidence-Based Policymaking (EBPM) increasingly becoming popular and plays vital role in the public health policy making and practices as well as for funding decisions. To increase the effectiveness of EBPM, it is important to build the capacity of national level stakeholders to develop and use diverse forms of research from multiple disciplines in an effort to respond more effectively to local problem solving.

In this connection, National Health Research Council (NHRC) with the help of USAID organized this workshop which would help Nepal initiate important steps towards improving formulating policy and programming, based on evidence by sensitizing importance of research and data in developing policy and programming and identify key approaches for Nepal.

Objectives of the workshop

The objectives of this one-day workshop were as follows:

- Sensitize on the importance of research and data on developing policy and programs.
- Discuss Nepalese and external examples of taking evidence into new and existing program and policy development.
- Identify approaches and necessary capabilities/infrastructure to support decision making and program implementation.

Proceedings of the workshop

Opening and welcome

The session started with self-introduction of the participants. This was followed by welcome and opening speech by Dr. Choplal Bhusal, Chairperson, NHRC. In his speech he emphasized importance of the evidence based policy and programming as well as need to building capacity in country.

Han Kang, Deputy Director, USAID explained the purpose of the workshop. During his speech he highlighted importance of using evidence.



Technical session

Steve Hodgins, MCHIP did a presentation on 'Why evidence-based Public Health'. In his presentation he highlighted importance of understanding, interpreting, learning and synthesizing the evidence within and beyond immediate program setting in planning and taking decisions and implementing.

Following this, Neal Brandes, USAID Washington made a presentation on, "Consideration for Integrating, Evidence into Practice.' During his presentation he highlighted challenges related to setting, intervention, and design of the research as well as interaction pertaining to using evidence into practice. (See appendices for presentations)

Under 'Critical Review of Nepal's Experience', Dr. Shilu Aryal, FHD - shared 'Nepal's Experience for Prevention of Post-partum Hemorrhage at Homebirth using Misoprostol – Progress towards National Level Expansion from Pilot Study. In her presentation she highlighted how international evidence was brought into Nepal to do a pilot, generated our own evidence and later scaled up.

Dr. Suresh Tiwari, NHSSP shared *Experience of AAMA Program* (AAMA program combines free delivery care with incentive for women). In his presentation he highlighted how evidence was used to design the intervention and continuously modify it so it benefits intended population.

After small group work, Franziska Fuerst, GIZ shared Nepal experience '*Evidence informed Policy for Social Health Protection and Health Financing for Nepal*. In her presentation, she highlighted what we know, where the knowledge gaps are and how to address political and technical dimensions of social health protection which were much more complex than other health interventions.

This was followed by discussion in plenary. Some of the key points came during the discussion were:

- There should be some organization to look into data (such as NHRC) or high level committee which can take decision in policy level
- There should be Research Unit in public sector as there is gap and it should be part of district health system and with research activities supported by budget.

- It important to think about political aspect, and how to go with evidence based policy and programming
- It is important to consider how other sectors gets linkages including other ministries
- Within health sector there is HMIS and how this could be linked. Data system is different for HMIS and LMIS and this should be talking to each other.
- We need to think about use of existing data versus developing new.
- For sharing of research and data, internet/ website would be appropriate way. One example could be “Clearing House” of USAID.
- It would be difficult to manage ‘mega data-base’ and it should be sensible data
- In the long term database could be integrated.
- Data could be made available for the payment
- Regarding role of the NHRC, the primary role would be regularization (e.g., IRB) and advising to government of Nepal (GoN). There is need to improve capacity NHRC to review research proposal and support research activities.
- In order to have evidence based programming systematically, a mechanism should be there. And should have research in different level (where there is need).

Small Group Work Strengths, Challenges, Opportunities and Actions

The participants (in small four groups) discussed the strengths, challenges that Nepal faces in area of evidence based policy making and programming and write at least three concrete actions to advance this areas.

All the four groups presented their recommendations for concrete actions and this was followed by brief questions and answers (See Appendix 4 for details)



Prioritization of Actions

Prioritization exercised done with colored voting and key recommendations for actions made were as follows:

- Establish a national health information center (based on HMIS, LMIS and other MIS)
- Research/analytical capacity building of public sector at different level
- National level coordination committee for evidence based decision making
- Develop and strengthen national M&E framework, based on NHSP II Results Framework
- Strengthen capacity of NHRC as a research regulatory body and advisory body to the government
- Develop mechanism for exchange between EDP/MoHP/NHRC/Academia
- Formalize institutionalized linkages between EDP/MoHP/NHRC/Academia

At the end, Deepak Paudel, USAID gave concluding remarks. In his remark, he shared that this is just a start and USAID would like to provide support in this area but this would be a collaborative process involving all the key stakeholders. He also thanked all the organizers, resource persons, presenters and participants.

Agenda of the workshop

Time	Agenda	Facilitator
9:00 – 9:15	Introductions and Welcome	Dr. Chop Lal Bhusal, NHRC
9:15 – 9:20	Purpose and Objective	Han Kang, USAID Nepal
9:20 – 10:00	Why evidence-based Public Health? 20 minutes presentation	Steve Hodgins, MCHIP
10:00-10:20	Critical Review of Nepal's Experience Part I <ul style="list-style-type: none"> • Misoprostol for PPH • Aama Program 10 minutes presentations each	Dr. Shilu Aryal, FHD Robin Houston, NFHP II Dr. Suresh Tiwari, NHSSP
10:20 – 10:30	Tea Break	
10:30-10:45	Consideration for Integrating, Evidence into practice? 10 minutes presentation	Neal Brandes, USAID Washington
10:45-11:15	Plenary Discussion How are we doing in Nepal for making use of evidence for better policy and program ?	Dr. Rajendra Bhadra, MCHIP
11:15-12:00	Small Group Work	See Assignment Sheet
12:00-12:45	Small group report-out Each group will have 10 minutes (5 minutes to present their recommendations and 5 minutes for Q and A)	Kathleen Handley, USAID Washington
12:45 – 1:45	Lunch	
1:45 – 2:15	Critical review of Nepal's Experiences Part II Social Health Protection 10 minutes presentation	Franziska Fuerst, GIZ
2:15 – 3:00	Prioritization exercise and discussion	Kathleen Handley, USAID Washington
3:00 – 3:30	Conclusions and Word of Thanks	Deepak Paudel, USAID Nepal

Participants Name List

S.No.	Name of the Participants	Designation	Organization	Contract no.	Org. Address
GON					
1.	Dr. C.L. Bhusal	Chairperson	NHRC	4254220	Ramshahpath
2.	Dr. Shankar Pratap Singh	Member Secretary	NHRC	9851030517	“
3.	Dr. Krishna Kumar Aryal	Sr. Res. officer	NHRC	4254220	“
4.	Ms. Shushhma Neupane	Research officer	NHRC	9841419790	“
5.	Ms. Namita Ghimire	Research Officer	NHRC	4254220	“
6.	Dr. Shilu Aryal	Consultant & MNH focal person Obs/Gyn.	FHD	9841377610	
7.	Parashuram Shrestha	Section Chief CB-IMCI	CHD	4261463 4261660	Teku
8.	Dilli Raman Adhikari	Sr. Public Health Officer	NCASC	4258219 4262753	“
9.	Dr. Yedu Chandra Ghimire	Sr. IMO	EDCD	4255796 4262268 9741056773	“
10.	Dhruba Raj Ghimire	Statistics Officer	HMIS Section Mgt Division	4262063, 4251242 975116141	“

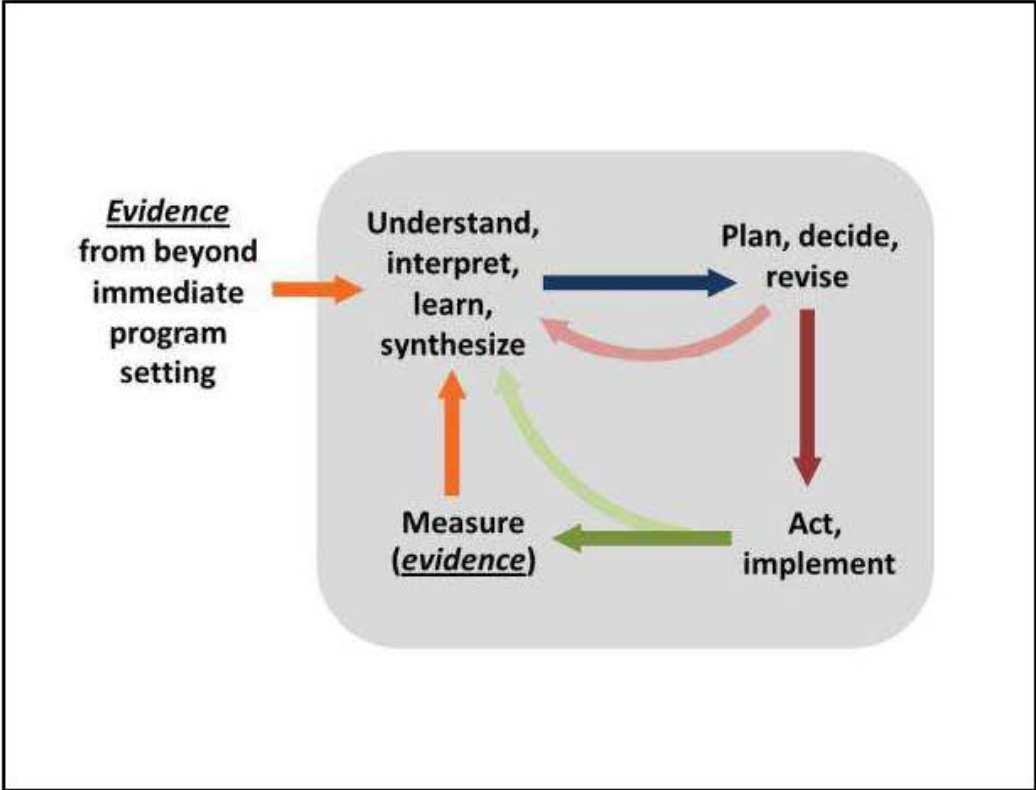
S.No.	Name of the Participants	Designation	Organization	Contract no.	Org. Address
EDPs					
11.	Neal Brandes	Health Research Advisor/Health. Specialist	USAID/ Washington DC	202-712-4122	
12.	Kathleen Handley	Senior Technical Advisor	USAID/ Washington DC		
13.	Han Kang	Acting Director	USAID Nepal	4007200	Maharajgunj
14.	Dr. Anne McCauley	Sr. Public Health Advisor	USAID Nepal	“	“
15.	Deepak Paudel	Program Specialist	USAID Nepal	“	“
16.	Ms. Marie Ahmed	Health Officer	USAID Nepal	“	“
17.	Shanta Gurung		USAID Nepal	“	“
18.	Maureen Dariag	EHCS Advisor	NHSSP	4262110 9851014681	Teku
19.	Suresh Tiwari	Advisor	NHSSP	9851104178	“
20.	Ghanshyam Gautam,	Prog. Off.	GIZ	4261404	“
21.	Eva Schildbach	Team Leader	GIZ	9851034850	“
22.	Franziska Fuerst	Social Health Protection, TL	GIZ	4261404	“
23.	Bindu Bajracharya	SBA Coordinator	UNICEF	9851114101	UN Building
24.	Dr. Mihal	Medical Off.	WHO	5523200	Pulchowk
25.	Dr. Manav Bhattarai	Health Specialist	World Bank	4226792	Durbar Marg (Yak & Yeti Buld)
26.	Dr. Kusum Thapa	Sr. Consultant Gyn/obs	Maternity Hos.	9841555740	Thapathali
27.	Ashoke Shrestha	Program Director	NFHP	5524313	Patan Dhoka
28.	Robin Houston	Deputy Director	NFHP	“	“

29.	Ram Chandra Silwal	Sr. Program Off.	NFHP	“	“
30.	Sabita Tuladhar	Program Officer	NFHP	“	“
31.	Leela Khanal	Program Officer	NFHP	“	“
32.	Dr. Steve Hodgins	Global Leadership Team Leader	MCHIP		Baltimore
33.	Dr. Rajendra Bhadra		MCHIP	5524313	Patan Dhoka
34.	Stephanie Suhowatsky	Program Manager	MCHIP	5544948	Sanepa
35.	Dr. Neeta Shrestha	Technical Off.	FHI 360	4437173, 4413629 9841202914	Baluwatar Anamika Galli
36.	Dr. Prakash Dev Pant	Advisor	FHI 360	9841525718	‘
Academic Institutions					
37.	Ishwar Shrestha	Prof.	TU, IOM	4410911	Maharajgunj
38.	Sujan Marahatta	Asst. Prof.	KUSMS	9851126717	Dhulikhel
39.	Rekha Khatri	Research Associate	Social Science baha	9841467716	Battisputali
Research Organizations					
40.	Jagat Basnet	Deputy Director	New Era	4423176, 4413603	Kalopool
41.	Neera Joshi	Deputy Research Officer	New Era	9841451876	Kalopool
42.	Dr. Mahesh Puri	Associate Director	CREHPA	5521717, 5546487	Kusunti

S.No.	Name of the Participants	Designation	Organization	Contract no.	Org. Address
Professional Organizations					
43.	Salau Din Myia	Secretary	Nepal Public Health Association	4248513 9851012661	Teku
44.	Roshanee Shrestha	Sister	Nepal Nursing Association	4421738	Lazimpat
45.	Dr. Ashma Rana	President	NESOG	4252315	Thapathali
46.	Dr. YB Karki	Director	PHD Group	9851071942	Bagbazar
47.	Dr. Gajananda P. Bhandari	Director	Nepal Public Health Foundation	4412787, 4410826 9849077000	Maharajgunj Dhara Marg
48.	Dr Sharad Sharma	M&E Associate	IPAS	4215265	FHD Building Teku
49.	Jona Bhattarai	Program Assistant	MCHIP	5524313	Patan Dhoka

Copies Presentation

**Presentation 1 :Why Evidence Based Public Health
by Steve Hodgins, MCHIP**



Presentation 2: Consideration for Integrating , Evidence into Practice by Neal Brandes, USAID/ Washington DC



Now is the time to make it happen where it matters, by turning scientific knowledge into effective action for people's health

J.W. Lee, former WHO Director General

Public health is the convergence of science and politics

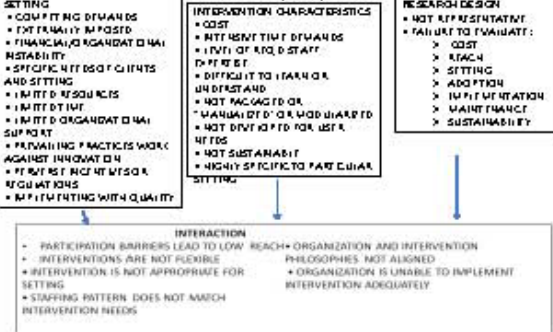
Coleen Kivlahan, former Missouri Public Health Director



What limits the health systems from consistently delivering solutions at scale?



Transition Challenges (adapted from Glasgow and Brimons, Annual Review Public Health 2007)



Leading Factors of Successful Intervention Implementation

Strategy	RCT OR	Adequacy studies OR
• Community coordination and organization	-	4.6
• Local adaptation of the intervention	9.3	4.3
• Broad-based inclusion of various stakeholders	-	3.9
• Consultation and engagement of powerful interest groups	2.8	3.8
• Flexibility and modification through stakeholder feedback	-	3.4
• Representation from powerful interest groups	2.4	3.0
• Constraints reduction plans	6.7	2.7

Source: Pridemore et al. Learning from Successful Behavior Change Communication Programs. New York: York, 2012

Selected Challenges and Differences between Researchers, Program Managers, and Policy Makers

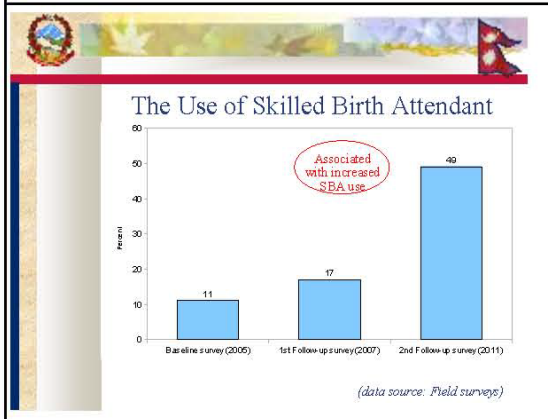
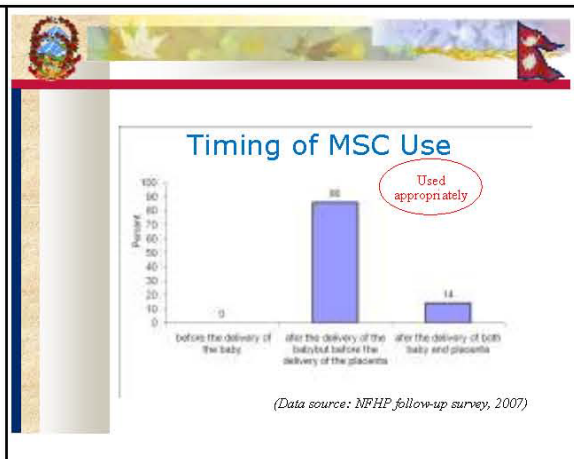
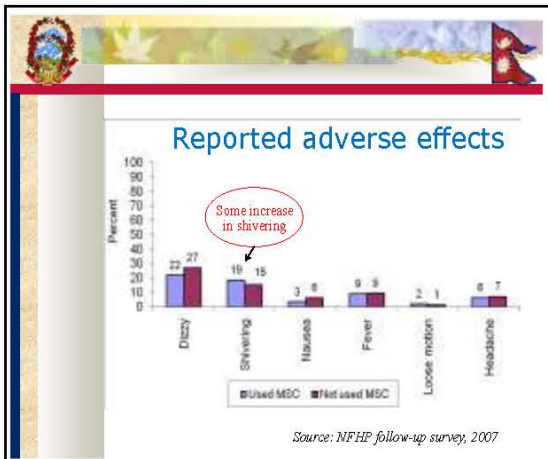
- Language
- Framing questions of interest
- Timeframes for evidence generation and use
- Risks and incentives

Selected Country Examples to support for Policy and Programs

- **Ghana**
 - policy research unit in Ministry of Health
 - Ministry commissions on a as-needed basis of independent, but trusted contract and university researchers
- **Mexico**
 - Ministry commissioned external independent evaluation of Progresa- Social Protection program
- **Vietnam**
 - Semiautonomous policy research unit
- **South Africa**- University of Cape Town- Health Econ Unit
 - Independent training and research group
 - Valued by government for equity analysis
- **Thailand**
 - long history and training
 - Large number of government and NGO organizations engaged

Presentation 2: Nepal's Experience for Prevention of Post-partum Hemorrhage using Misoprostol; Progress towards National level from Pilot Study by Dr. Shilu Aryal, FHD

<p>Nepal's experience for prevention of post-partum hemorrhage at homebirth using Misoprostol</p> <p>Progress towards national level expansion from pilot study</p> <p>Dr. Shilu Aryal Chief, SM Section Family Health Division, MOHP Nepal</p> <p>September 2011</p>	<p>Background need</p> <ul style="list-style-type: none"> PPH is one of the leading causes of maternal deaths in Nepal Low uterotonic coverage (Oxytocin or Misoprostol) High home births, low institutional deliveries Low staff retention in remote area and high absenteeism 																				
<p>Preliminary work</p> <p><i>Policy considerations</i></p> <table border="0"> <tr> <td>Jan 2004 - Nepal GoN committed to pilot following Bangkok workshop</td> <td>Apr 2004 - Discussion with professional organizations, Safe Motherhood Sub-Committee</td> <td>Sept 2004 - Formation of Technical Advisory Committee</td> <td>Feb 2005 - NHRC approval for pilot</td> </tr> </table> <p>Basic research → Introduction and pilot</p> <p>Regional RCT showing efficacy</p> <p>Professional experience and hospital data suggesting high risk for PPH</p> <p><i>Influential evidence</i></p>	Jan 2004 - Nepal GoN committed to pilot following Bangkok workshop	Apr 2004 - Discussion with professional organizations, Safe Motherhood Sub-Committee	Sept 2004 - Formation of Technical Advisory Committee	Feb 2005 - NHRC approval for pilot	<p>Highlights of Banke Pilot</p>																
Jan 2004 - Nepal GoN committed to pilot following Bangkok workshop	Apr 2004 - Discussion with professional organizations, Safe Motherhood Sub-Committee	Sept 2004 - Formation of Technical Advisory Committee	Feb 2005 - NHRC approval for pilot																		
<p>Evidence for expansion: 2005-2008</p> <ul style="list-style-type: none"> Misoprostol piloted in Banke district The pilot study showed: <ul style="list-style-type: none"> Significant increase of uterotonic coverage (oxytocin + MSC) High coverage is feasible in the GoN system Adverse effects were not significant Misuse of Misoprostol and inappropriate timing of use were not a problem. High degree of correct use, efficacy and safety Misoprostol can and should be implemented together with support for increased use of SBA Suggestive to scale-up in other districts. 	<p>Women protected from PPH-Banke</p> <table border="1"> <thead> <tr> <th>Year</th> <th>Delivery at HF/assisted by HW (Assumes oxytocin use)</th> <th>Women took MSC</th> <th>Total</th> </tr> </thead> <tbody> <tr> <td>2006-07</td> <td>17%</td> <td>75%</td> <td>92%</td> </tr> <tr> <td>2007-08</td> <td>17%</td> <td>72%</td> <td>89%</td> </tr> <tr> <td>2008-09</td> <td>18%</td> <td>71%</td> <td>89%</td> </tr> <tr> <td>2009-10</td> <td>18%</td> <td>61%</td> <td>96%</td> </tr> </tbody> </table> <p>Source: Monitoring data, Banke (2006-2010)</p>	Year	Delivery at HF/assisted by HW (Assumes oxytocin use)	Women took MSC	Total	2006-07	17%	75%	92%	2007-08	17%	72%	89%	2008-09	18%	71%	89%	2009-10	18%	61%	96%
Year	Delivery at HF/assisted by HW (Assumes oxytocin use)	Women took MSC	Total																		
2006-07	17%	75%	92%																		
2007-08	17%	72%	89%																		
2008-09	18%	71%	89%																		
2009-10	18%	61%	96%																		



Expansion from pilot: Progress after Bangkok conference 2007 and 2010

Achievements: Misoprostol expansion (2008- 2010)

- Misoprostol TAG reformed
- Misoprostol included in national essential drug list (for prevention of PPH)
- Misoprostol intervention expanded to remote districts

List of districts with Misoprostol

Progression to scale

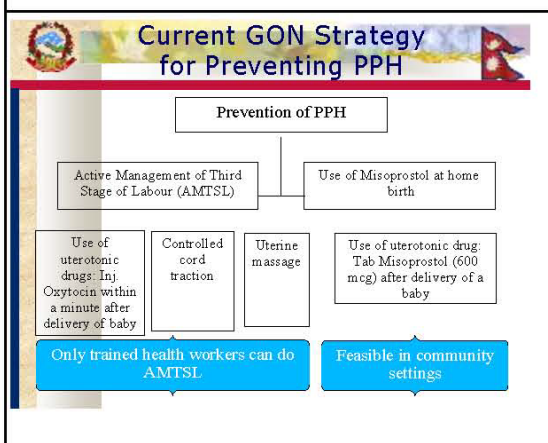
Policy considerations

Mar 2010-	April/May 2010-	June 2010-	July 2010-
Nepal country team committed for national level expansion of MSC (Reconvening BKK conference)	Sharing and advocacy at the national level	MOHP approved for national level expansion	Developed implementation guidelines

Pilot → **National scale**

Regional RCT used for advocacy | Pilot results used to demonstrate feasibility

Influential evidence



- ### Challenges/problems
- Distribution of Misoprostol, ensuring availability, and transportation up to remote areas
 - Collection of reports from grassroots level
 - Ensuring the quality of training according to the guidelines
 - Ensuring the use of Misoprostol only in PPH

Keys for successes

- Coordinated effort and strong commitment of GoN, professional organizations and external development partners
- Safe Motherhood program is a priority program. Policy/ approval for national scale-up of Misoprostol was obtained in a short period of time.
- The GoN has approved expansion of Misoprostol for prevention of PPH at homebirth with focus on promotion of institutional deliveries.

The way forward

- GoN funding for procurement and distribution of Misoprostol in all districts through its logistic system from this FY (2011/12).
- Continuous expansion of Misoprostol with technical assistance from the partners.
- GoN funding for implementing Misoprostol in remote districts from this FY (2011/12) where there is limited support from EDP's.



THANK YOU


Extra slides

Highlights of MSC implementation guideline

- Distribution only by FCHVs with counseling
- Use only for PPH prevention as (BORD) Sundaha Chalki (MDC)
- Strengthened referral system and network.
- Defined role of stakeholders
- Implement together with BPPV review
- Partners work closely with FHD
- Training/ orientations to HWs and FCHVs
- Reporting/Reporting in line with HMCS
- Partners' funding this year and expansion in next year with GoN funding



Community service delivery system



- FCHVs and HWs work closely for promotion of ANC, Institutional delivery and PNC. They have key role in:
 - Identification of ANC, Institutional delivery and PNC; self care, hygiene, essential newborn care
 - Use of iron/folate, deworming tablets, TB, postnatal vitamin A
 - Birth preparedness (money, transport, SBA and blood)
 - Identification of danger signs (pregnancy, delivery and post-natal) and referral
- At 8th month, FCHVs distributes Misoprostol. During PNC home visits confirms use and retrieves if unused



Implementing Partners

- Government of Nepal (FHD -program lead)
- Partners
 - USAID/NFHP II and its partners
 - UNICEF
 - CARE Nepal
 - Rural Health Development Program (RHDP)/SDC
 - Health Right International, Nepal Society of Obstetricians and Gynaecologists (NESOG), One-heart worldwide (planning to support in expansion)



Preliminary work

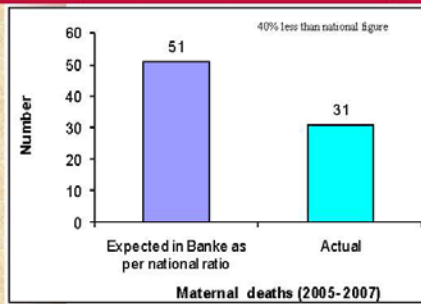
- Jan 2004 - Nepal GoN committed to pilot Misoprostol following PPH prevention workshop, Bangkok
- Apr 2004 - Discussion among stakeholders, professional organizations, Safe Motherhood Sub-Committee
- Sept 2004- Formation of Technical Advisory Committee (MoHP, FHD/DoHS, DDA, NHRC; Professional organization- NESOG; partners: USAID/NFHP, SSMP, UNICEF)
- Feb 2005- NHRC approval for pilot with DDA recommendation to use Misoprostol by FCHVs

List of districts with Misoprostol



Mortality


(data source: 2006 DHS and Banke MIS)




Achievements: National level expansion of Misoprostol


- Mar 2010-**
Nepal country team committed for national level expansion of MSC (Reconvening BKK conference)
- April- May 2010-**
Sharing/advocacy at the national level
- June 2010-**
MOHP approved for national level expansion
- July 2010:**
Developed implementation guidelines (next slide)

Presentation 3: Experience of AAMA Program by Dr. Suresh Tiwari, NHSSP 2

<p style="text-align: center;">Evidence Based Policy and Programming in Public Health: Experience of Aama Programme</p>  <p style="text-align: right;">Suresh Tiwari, PhD</p>	<p style="text-align: center;">What is Aama?</p> <ul style="list-style-type: none"> Biggest DSF in health sector Cash incentive to women Unit cost paid to institution for free delivery
<p style="text-align: center;">Why Programme Started?</p> 	<p style="text-align: center;">Evidence to Policy</p> <ul style="list-style-type: none"> Financial cost of a health facility delivery exceeded \$80, acts as a major barrier to women accessing delivery care (Braghi et al., 2004) An independent evaluation showed an estimated 24% increase in the probability of a woman who is aware of the incentives delivering in a government institution (Powell-Jackson et al., 2008) In the 25 low HDI districts, where delivery services were free, institutional deliveries increased by 9.3% than in other districts (average 1.1%) (HMIS-2008)
<p style="text-align: center;">Positive Changes in the Policy</p> <ul style="list-style-type: none"> In 2005 this was addressed through a nationwide Maternity Incentives Programme (MIS) Revised and renamed the Safe Delivery Incentives Programme (SDIP) in 2006 Aama Programme, which combines free delivery care with incentives for women (14th Jan and July 09) 	<p>In low HDI area, poorest have seen the greatest increase in utilisation of delivery care services since the start of Aama</p> 

<p style="text-align: center;">Policy Actors</p> <ul style="list-style-type: none"> • MoHP (Minister and Secretary) • Parliamentarian • Director and team of FHD • EDPs • Technical support agencies and research groups/individuals <p style="text-align: right;">7</p>	<p style="text-align: center;">Policy Areas</p> <ul style="list-style-type: none"> • Sustainability • Funding availability • Expansion of services • Ensuring the quality of care • Linking the similar type of DSF schemes • Addressing the issues related to transparency <p style="text-align: right;">8</p>
<p style="text-align: center;">Research Areas</p> <ul style="list-style-type: none"> • Impact in reducing maternal death • Impact on household economy • Quality of care • Cost effectiveness • Best use of fund • Equity in utilization <p style="text-align: right;">9</p>	<p style="text-align: center;">Lessons Learned</p> <ul style="list-style-type: none"> • Common understanding to use the evidence • Positive attitude towards policy amendment • Better understanding between GoN and EDPs • High level of ownership by GoN • Included Aama related questions in routine monitoring <p style="text-align: right;">10</p>
<p style="text-align: center;">How Research Progressed?</p> <ul style="list-style-type: none"> • Linked the Aama related questions to research activities i.e. NDHS • Integrated facility based surveys • Integrated household surveys • Diagnostic approaches (rapid assessment, cross verifications) <p style="text-align: right;">11</p>	<p style="text-align: center;">Thank You</p>  <p style="text-align: right;">12</p>

Presentation 5: Evidence informed Policy for Social Health Protection and Health Financing for Nepal by Franziska Fuerst, GIZ

<p>giz</p> <h2>Evidence informed Policy for Social Health Protection and Health Financing for Nepal</h2>  <p>Franziska Fuerst MoHP- OIZ Health Sector Support Programme (HSSP)</p> <p>Page 1</p>	<p>giz</p> <h2>Key Messages</h2> <ol style="list-style-type: none"> I. Social Health Protection has a strong political dimension as decisions on trade-offs have to be made II. In the current SHP/HF system several areas for improvement have been identified, still there are substantial knowledge gaps I. Building evidence and supporting the process of consensus building and decision making is crucial <p>Page 2</p>				
<p>giz</p> <h2>Defining Social Health Protection and Health Financing</h2> <table border="1"> <tr> <td data-bbox="320 869 539 1093"> <p>Social Health Protection describes a system which is based on prepayment and financial risk pooling that ensures equitable access to needed quality health services at affordable prices</p> </td> <td data-bbox="539 869 758 1093"> <p>Health financing is concerned with how financial resources are generated, allocated and used in health systems:</p> <ul style="list-style-type: none"> - Revenue collection - Pooling of funds - Purchasing </td> </tr> </table> <p>Page 3</p>	<p>Social Health Protection describes a system which is based on prepayment and financial risk pooling that ensures equitable access to needed quality health services at affordable prices</p>	<p>Health financing is concerned with how financial resources are generated, allocated and used in health systems:</p> <ul style="list-style-type: none"> - Revenue collection - Pooling of funds - Purchasing 	<p>giz</p> <h2>Political and technical dimension of SHP/HF debate in Nepal</h2> <table border="1"> <tr> <td data-bbox="837 869 1056 1093"> <p>Comprehensive health financing strategy in 2012 (NHSP II)</p> <ul style="list-style-type: none"> • Expansion of free health care? • Generating additional resources through new financing scheme? • Whom to target or where to start? • How to identify and reach the poor and targeted groups? • What institutional arrangement? </td> <td data-bbox="1056 869 1275 1093"> <p>Improving the current social health protection / health financing system</p> <ul style="list-style-type: none"> • Institutionalizing and standardizing the National Health Accounts <ul style="list-style-type: none"> - Improving HMIS • Consolidating existing social health protection interventions • Revising current practice of budget allocation </td> </tr> </table> <p>Page 4</p>	<p>Comprehensive health financing strategy in 2012 (NHSP II)</p> <ul style="list-style-type: none"> • Expansion of free health care? • Generating additional resources through new financing scheme? • Whom to target or where to start? • How to identify and reach the poor and targeted groups? • What institutional arrangement? 	<p>Improving the current social health protection / health financing system</p> <ul style="list-style-type: none"> • Institutionalizing and standardizing the National Health Accounts <ul style="list-style-type: none"> - Improving HMIS • Consolidating existing social health protection interventions • Revising current practice of budget allocation
<p>Social Health Protection describes a system which is based on prepayment and financial risk pooling that ensures equitable access to needed quality health services at affordable prices</p>	<p>Health financing is concerned with how financial resources are generated, allocated and used in health systems:</p> <ul style="list-style-type: none"> - Revenue collection - Pooling of funds - Purchasing 				
<p>Comprehensive health financing strategy in 2012 (NHSP II)</p> <ul style="list-style-type: none"> • Expansion of free health care? • Generating additional resources through new financing scheme? • Whom to target or where to start? • How to identify and reach the poor and targeted groups? • What institutional arrangement? 	<p>Improving the current social health protection / health financing system</p> <ul style="list-style-type: none"> • Institutionalizing and standardizing the National Health Accounts <ul style="list-style-type: none"> - Improving HMIS • Consolidating existing social health protection interventions • Revising current practice of budget allocation 				
<p>giz</p> <h2>Social Health Protection and Health Financing in Nepal:</h2> <p>What do we know and where are the knowledge gaps?</p> <p>Page 5</p>	<p>giz</p> <h2>Health Financing and Social Health Protection System in Nepal I</h2> <table border="1"> <tr> <td data-bbox="805 1265 885 1489"> <p>Collection of Funds</p> <p>How much is coming from user fees?</p> </td> <td data-bbox="885 1265 1268 1489"> <ul style="list-style-type: none"> • Mostly out-of-pocket expenditure (OOP) 46.8% • Limited progressiveness of the tax system <ul style="list-style-type: none"> ◦ mostly indirect taxes (85%) ◦ only 1% of the population active tax payers • Limited fiscal space (mainly efficiency gains) <ul style="list-style-type: none"> ◦ <i>Assessing Fiscal Space for Health in Nepal, World Bank 2011</i> </td> <td data-bbox="1093 1265 1292 1355"> <p>On what? By whom? How many people do not even seek treatment at all?</p> </td> </tr> </table> <p>Page 6</p>	<p>Collection of Funds</p> <p>How much is coming from user fees?</p>	<ul style="list-style-type: none"> • Mostly out-of-pocket expenditure (OOP) 46.8% • Limited progressiveness of the tax system <ul style="list-style-type: none"> ◦ mostly indirect taxes (85%) ◦ only 1% of the population active tax payers • Limited fiscal space (mainly efficiency gains) <ul style="list-style-type: none"> ◦ <i>Assessing Fiscal Space for Health in Nepal, World Bank 2011</i> 	<p>On what? By whom? How many people do not even seek treatment at all?</p>	
<p>Collection of Funds</p> <p>How much is coming from user fees?</p>	<ul style="list-style-type: none"> • Mostly out-of-pocket expenditure (OOP) 46.8% • Limited progressiveness of the tax system <ul style="list-style-type: none"> ◦ mostly indirect taxes (85%) ◦ only 1% of the population active tax payers • Limited fiscal space (mainly efficiency gains) <ul style="list-style-type: none"> ◦ <i>Assessing Fiscal Space for Health in Nepal, World Bank 2011</i> 	<p>On what? By whom? How many people do not even seek treatment at all?</p>			

giz

Health Financing and Social Health Protection System in Nepal II

Pooling of Funds

- Most funds are OOP and therefore **not pooled**
- Largest pool is tax and non-tax money** pooled by MoF and allocated to MOHP
- Small CBHI pools** where premiums by members and GoN subsidies (tax) are pooled
- Some pooling at VDC, DDC (from **local taxes**) and facilities (**user fees**)

Thought bubbles:

- Performance? Level of financial protection? Coverage?
- What are they spent on?

Page 7

giz

Health Financing and Social Health Protection System in Nepal III

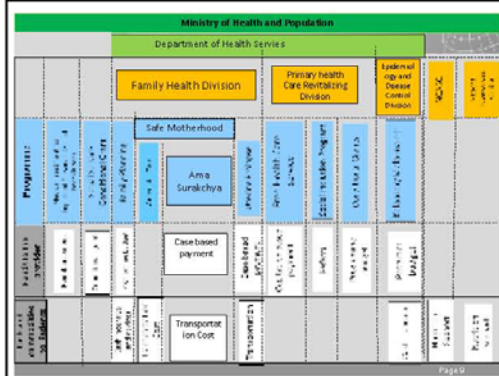
Purchasing

- Line item budget based on historical trends (90%) leading to allocation of resources where capacities are installed (need and poverty are not a explicit criteria)
- Output based budgeting (aama, uterine prolapse etc.) increased productivity
- Funds for districts are earmarked by programmes/activities leading to fragmentation, administrative burden and little discretionary power at district or facility level

Thought bubbles:

- Costing?
- Who benefits from public services?

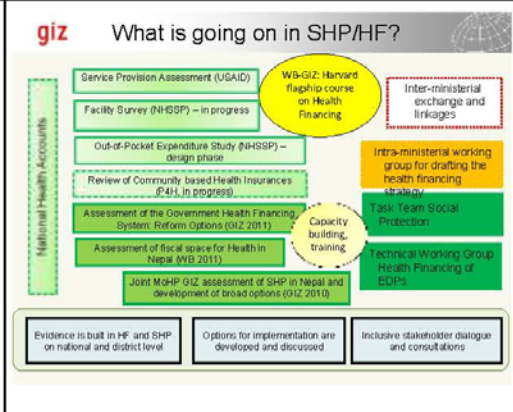
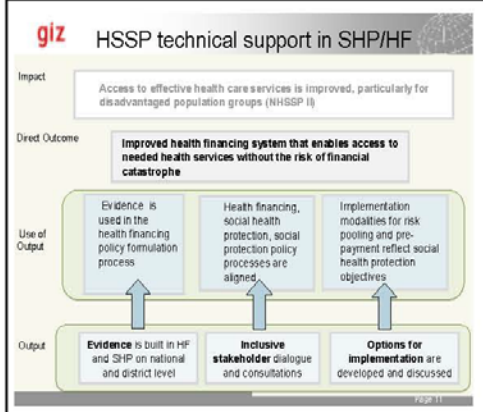
Page 8



giz

How to address the political and technical dimension of social health protection?

Page 10



giz

Challenges

- Limited capacities in health financing in the country
- Getting the evidence across to policy makers
- Aligning different policy process (intra and interministerial)
- Improving the generation of routine data

Page 13

giz

Additional Slides

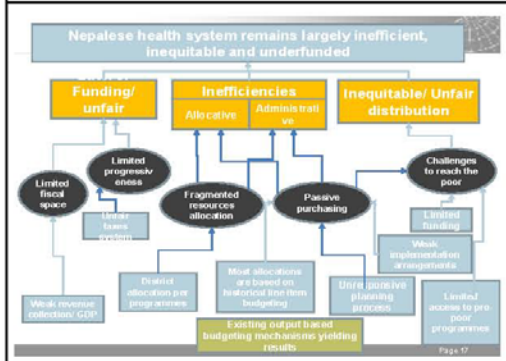
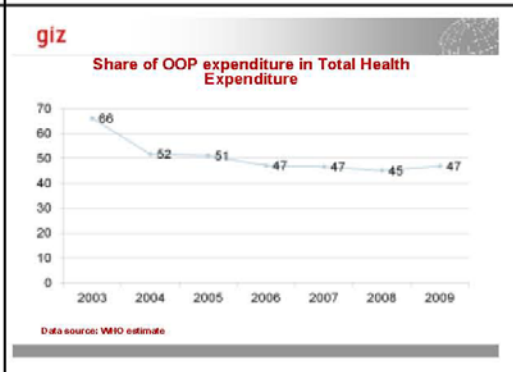
Page 14

giz

Findings of the Fiscal Space Study

Key Findings	Key Information	Prospects for Fiscal Space
Macroeconomic conditions	Growth slowdown as a result of declining remittances, declining exports, and capital flight. Overall deficit expected to increase.	Poor
Representation of health in the government budget	Health spending as share of budget is relatively high. No strong evidence that health is accorded a low priority.	Poor
Health sector-specific revenues	Additional "tax" taxes may be raised to generate fiscal space estimated for health.	Medium/Poor
Health sector-specific grants and foreign aid	External dependence already high in health sector.	Poor
Efficiency gains	Evidence of significant efficiency differential within country suggests the importance of this option.	Good

Page 15



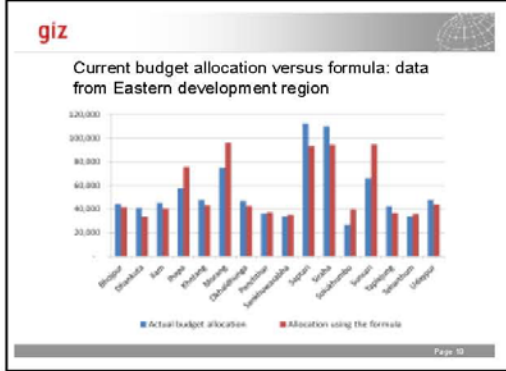
giz

What criteria should we consider to allocate budgets?

- A suggestion
- The total amount of resources to distribute should include: D(P)HO - PHS, TB, NHEICC, NHTC, Integrated Health Programme
 - Includes salaries, trainings, Aama programme subsidies, operations...

Criteria	Weight
Workload/ production	40%
Coverage (vaccines)	15%
Coverage (deliveries)	15%
Needs (Population)	20%
Cost of reach (Density)	5%
Equity (Poverty)	5%
Total	100%

Page 18



giz

Page 20

Key points of small group work presentation

Discussion points for groups:

- The strengths and challenges that Nepal faces in this area.
- The opportunities for action
- What would be three or more concrete activities or actions to advance this area?
- What is required to support these actions?

Group	Strengths	Challenges	Recommendation/ Opportunities	Actions	Required Support
Group 1	<ul style="list-style-type: none"> • Generating data source – HMIS/DHS/NCSS/ CENSUS • Increasing interest for using data by <ul style="list-style-type: none"> - Policy makers - Programmers • Addressing more issues – looking at quality, scope of research, context – specific design • Increase participation of various research stakeholders 	<ul style="list-style-type: none"> • Design research that can address GESI • Limited disaggregation of data • Information gap in revaluing health issues – e.g. HIV/MANP • Provision of user friendly data format <ul style="list-style-type: none"> - quality (distorted) - system (single institute) • Inter-institutional linkages 	<ul style="list-style-type: none"> • Building a nationally acceptable institutional home for data mix • Demand for evidence creation • Increasing tendency to accept – “translating evidence into practice” • Interests from donors • Availability of HSISS/ NHSP II results framework 	<ul style="list-style-type: none"> • Develop national M&E framework – MOHP/ EDP 	
Group 2	<ul style="list-style-type: none"> • Openness of policy makers to take research findings into action (Readiness to accept) • NHRC is controlling (regulatory body) 	<ul style="list-style-type: none"> • Frequent changes in leadership as well as implementers • Limited capacity in identification of research agendas within government 	<ul style="list-style-type: none"> • Strengthen NHRC as a capacity as regulatory and advisory body. • Strengthen government capacity to identify research agenda 	<ul style="list-style-type: none"> • NHRC: Strengthen the capacity of NHRC as regulatory + advisory body 	

Group	Strengths	Challenges	Recommendation/ Opportunities	Actions	Required Support
	<p>research work country wide</p> <ul style="list-style-type: none"> • Supporting partners • Research activities in program • Research institutions like academia, other research agencies 	<p>system.</p> <ul style="list-style-type: none"> • Limited capacity of NHRC –slightly long process of approval, inadequate supervision and advices • Lack of strong link between Academic institutions, research findings and government policy formulation. • Lack of clear recommendation on policy implication from research findings • Weak ownership and participation of public sector in research. • Low focus in health system research in academic institutions 	<ul style="list-style-type: none"> • Linking NHRC and government for utilization of research findings and long term sustainability of management of research activities and its utilization. 		
Group 3	<ul style="list-style-type: none"> • There are many research organizations which are capable of doing surveys and quality researches • Progressive Government • Stability and structure of the HMIS framework • Autonomous NHRC 	<ul style="list-style-type: none"> • Co-ordination between government, academia and EDPs, not optimal • Delays in approval • Capacity limitation in government for research • Gaps in data quality 	<ul style="list-style-type: none"> • Improve active participation from all collaborative organizations to discuss the new evidence • Improved formal between government agencies, EPDs academia and research 	<ul style="list-style-type: none"> • Formalize association/ linkage between MOHP and MPH/ PHD students • Include exchange between MIHP, EDPs, civil society and research 	<ul style="list-style-type: none"> • Institutionalization of the mechanism to link between the government and agencies

Group	Strengths	Challenges	Recommendation/ Opportunities	Actions	Required Support
			organizations <ul style="list-style-type: none"> • <i>Strengthen the capacity of NHRC and government</i> 	institutions on new evidence during existing coordination mechanism e.g., jar	
Group 4	<ul style="list-style-type: none"> • Enabling environment for conducting research <ul style="list-style-type: none"> - Political commitment - Community acceptability • NHRC <ul style="list-style-type: none"> - coordinates research - standard guidelines - identified research priorities • HMIS – <ul style="list-style-type: none"> - well defined from grassroots to center • Research as priority in national policies (e.g., NHSP IP-2) 	<ul style="list-style-type: none"> • Insufficient HR/ research capability in public sector • Relay on some researcher’s vague recommendations • Very less RCT done + OR • Effectiveness of intervention: gap in HMIS/ survey findings • HMIS – Under utilized (data) • Lack of co-operation between academia and program sectors • Consumer’s participation in research – low • Need-based research Vs Research – based program ?? 		<ul style="list-style-type: none"> • Establish a national health information <ul style="list-style-type: none"> - Mechanism to have reports from different institutions - Comprehensive database - (NHRC as a bridge) • Research capacity development in public sector (district, RD and centre) • National level co-ordination committee/ forum for evidence-based decision making 	<ul style="list-style-type: none"> • Government/ NHRC provide opportunity to capacitate district/ RD/ Central professionals with <ul style="list-style-type: none"> - activities - budget - capacity building - research unit

Voting rates on main actions	Green (1)	Pink (2)	Black (3)	Remarks
1. Develop national M&E framework – MOHP/ EDP	1	6	3	Group – 1
2. Establish a national health information - Mechanism to have reports from different institutions - Comprehensive database - (NHRC as a bridge)	4	4	4	Group - 4
3. Research capacity development in public sector (district, RD and centre)	4	2	1	
4. National level co-ordination committee/ forum for evidence-based decision making	2	6	4	
5. NHRC: Strengthen the capacity of NHRC as regulatory + advisory body	8	1	5	Group 2
6. Include exchange between MIHP, EDPs, civil society and research institutions on new evidence during existing coordination mechanism e.g., jar			3	Group 3
7. Formalize association/ linkage between MOHP and MPH/ PHD students	2	2	1	Group 3

Glimpses of Workshop Activities



Group Discussion



Dr. Steve Hodgins Presents-
Evidence based Public Health



Kathleen Handley facilitate
the group



USAID representatives observing
the presentation



Chairperson of NHRC
participate on discussion



Group Discussion