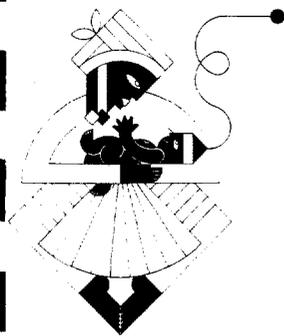


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The Clearinghouse
on Infant Feeding and
Maternal Nutrition

Le Centre de
Documentation sur
l'Alimentation Infantile
et la Nutrition
Maternelle

El Centro de
Documentación sobre
Alimentación Infantil
y Nutrición Materna

American Public
Health Association

1015 Fifteenth Street NW
Washington DC 20005
Tel: 202-789 5600
Fax: 202-789 5661

Sources of Information on Breastfeeding

March 1993

The Clearinghouse is supported by the Agency of International Development, Office of Nutrition, Bureau for Research and Development (Cooperative Agreement No. DAN-5117-A-00-10897-00)

**Sources of Information on Breastfeeding
March 1993**

This list is based on information from the Organization Database at the Clearinghouse on Infant Feeding and Maternal Nutrition at the American Public Health Association. Members of the Information Task Force of the World Alliance for Breastfeeding Action assisted in gathering information on some organizations. The database is updated continuously, therefore this list reflects current entries only. Where information is incomplete for an organization, they have been contacted for additional information.

If you have information about other organizations or updates on those listed, please send it to the Clearinghouse, APHA, 1015 15th St. NW, Washington, DC 20005, USA.

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AFRICAN MEDICAL AND RESEARCH FOUNDATION (AMREF)
P.O. Box 30125 (Wilson Airport)
Nairobi, Kenya
Phone: 501301, Telegram: AFRIFOUN

AMREF is an African non-profit, non-governmental health organization supported by governments and private organizations in Eastern Africa and overseas. AMREF runs a variety of innovative projects with emphasis on appropriate low-cost health care for people in rural areas. Activities include: training, production of teaching materials, provision of mobile health services, medical communication via radio and research.

RESOURCES: AMREF has a reference library and publications unit.

MATERIALS: The Book Distribution Unit publishes and distribute practical manuals and reference materials for community health workers such as "Helping Mothers to Breastfeed".

PUBLICATIONS: "AFYA"
This journal for rural health workers is published four times a year.

AMIGAS DO PEITO
Caixa Postal 14.518
Rio de Janeiro, RJ CEP 22412, Brazil

AMNINGSHJALPEN
Box 90
232 02 Akarp, Sweden
Phone: 040 46 00 65

This is the Swedish Breastfeeding Mothers' Support Group.

MATERIALS: The group produces education materials and a newsletter.

PUBLICATIONS: "Amningsnytt"
This is a newsletter of the Swedish Breastfeeding Mothers' Support Group.

APPROPRIATE HEALTH RESOURCES AND TECHNOLOGIES ACTION GROUP (AHRTAG)

1 London Bridge Street
London SE1 9 SG, UK
Phone: 01-378 1403

AHRTAG is an international health information charity. It provides an information and inquiry service to health and rehabilitation workers in developing countries. It organizes courses and workshops for health workers and promotes and develops appropriate technologies. Through project partners in Bangladesh, Brazil, China, Egypt, India, Kenya, Mexico, Mozambique, Nepal, Pakistan, Senegal, Switzerland, Tanzania, United States of America and the West Bank and Gaza Strip, AHRTAG produces and distributes its publications in local languages and supports the development of health information networks.

RESOURCES: It has a resource and information center, containing a comprehensive collection of primary health care materials, which is open to visitors by appointment.

MATERIALS: It publishes practical manuals and newsletters about a variety of health topics including AIDS, acute respiratory infections, diarrheal diseases, disability and dental health.

PUBLICATIONS: "Dialogue on Diarrhea", "ARI News", "AIDS Info"

ARUGAAN
Quezon City, Philippines

ARUGAAN is a working women's support group. With IBFAN's Centre for Breastfeeding Action, ARUGAAN provides relactation and breastfeeding counseling to more than 100 women every day. ARUGAAN has helped the Quezon City government establish a workplace nursery enabling 800 of its employees to continue breastfeeding.

ASSOCIATION POUR LA PROMOTION DE L'ALIMENTATION INFANTILE BURKINABE
(APAIB)
01 BP 6287
Ouagadougou 01, Burkina Faso

ATELIER DE MATERIAL POUR L'ANIMATION
B.P. 267
Yaounde, Cameroon

AUSTRALIAN LACTATION CONSULTANTS ASSOCIATION
P. O. Box 1129
Carlton, Victoria 3053, Australia

ALCA is a professional organization that aims to provide support and educate lactation consultants and to promote and support breastfeeding in Australia. ALCA provides a forum for discussion and regular communication between lactation consultants. It advises on matters related lactation issues and liaises with manufacturers or providers of goods and services used by breastfeeding women to evaluate their products.

RESOURCES: It maintains a directory of certified Lactation Consultants and human milk banks in Australia.

MATERIALS: It produces written and audiovisual materials for health professionals and lay counsellors.

PUBLICATIONS: "ALCA News"

A quarterly publication with press clippings, excerpts, reprints of articles and news of relevant activities that are of interest to lactation counsellors in Australia.

BABY MILK ACTION (BMAC)
23 St. Andrew's Street
Cambridge CB2 3 AX, United Kingdom
Phone: (0223) 464420; Fax: (0223) 464417

BMAC is a non-profit organization which aims to halt the commercial promotion of bottle feeding and to protect and promote good and appropriate infant nutrition. It is a member of IBFAN. It is funded by membership fees, donations, merchandise sales and grants. Baby Milk Action coordinates the Nestle Boycott in the UK. It is represented at a local level by a network of area contacts who run local groups and are available to run stalls and give talks.

PUBLICATIONS: "Baby Milk Action Update"

BADAN KERJA PENINGKATAN PENGGUNAAN AIR SUSU IBU
Yasia Office
Bagian Ilmu Kesehatan Anak (GE-IKA), FKUI RSCM
JL Salemba 6 - Jakarta Pusat, Indonesia

The group provides training in lactation management for voluntary women's organizations (PKK).

BANCO DE LEITE HUMANA
Maternidade Escola Assis Chateaubriand - MEAC/UFC
Rua Papi Junior s/n - Rodolfo Teofilo
60435 Forteleza - Ceara, Brazil
Phone: 085 243 7669, 281 1900, Ramal 183

BANGLADESH RURAL ADVANCEMENT COMMITTEE (BRAC)
66, Mohakhali Commercial Area
Dhaka-1212, Bangladesh
Phone: 600161-4, 884180-7, 883614, Fax: 880-2-883542, Telex: 632327 BRAC BJ

Bangladesh Rural Advancement Committee (BRAC) is a non- governmental development organization dedicated to improving the conditions of the rural poor through infrastructure development and income generation. BRAC is a multi-faceted organization with a staff of 4,200 and a variety of development programs. BRAC currently finances approximately one third of its expenditures; the remainder are funded by international donor agencies. The BRAC programmes include: 1) Rural Development Programme (RDP), to assist the rural poor to organize themselves into cooperative groups and create their own resources and capabilities; 2) Income Generation for Vulnerable Group Development (IGVGD), to improve the income earning potentials of women of vulnerable families; 3) Craft Development and Marketing Services, which provide gainful employment to the rural poor and artisans; 4) Women's Health Development Programme (WHDP), to reduce infant and maternal mortality by 50% through preventive health measures; 5) Child Survival Programme (CSP), to reduce maternal and child morbidity and to develop a workable primary health care model; 6) Non-Formal Primary Education Programme (NFPE), to provide poor children with basic education, as a supplement to the state education; 7) Centre for Development Management (CDM), a training center specifically geared towards the needs of development management; 8) Research and Evaluation Division (RED), a centre of professional activities to perform action research 9) Rural Enterprise Project (REP) to promote and carry out the search for more income generation potentials for the rural poor; Training and Resource Center (TARC), to provide BRAC staff and BRAC assisted groups with training and support for facilitating BRAC goals; and others.

RESOURCES: BRAC offers a variety of books, monographs, magazines, and newsletters available in the BRAC library. Certain materials are available at a low cost for various groups and the less- educated.

PUBLICATIONS: "Access", "Monthly Gana Kandra", "Shetu"

"Access" is a newsletter designated for BRAC staff, NGOs, and development agencies which reports on BRAC projects and programs. "Monthly Gana Kandra" is an educational children's magazine. "Shetu" is a house journal published bi-monthly with information on BRAC activities.

BEST START

3500 E. Fletcher Ave., Suite 308

Tampa, FL 33613, U.S.A.

Phone: 800 277-4975/813 971-2119; Fax: 813 971-2280

The BEST START breastfeeding promotion program is designed for economically disadvantaged women in the United States. It produces and distributes breastfeeding information for the public, health professionals, peer counsellors and other community support groups.

MATERIALS: Materials can be purchased directly from BEST START. They are available in English and Spanish and include audio-visual materials such as videos and public service announcements for radio; pamphlets, posters and information kits.

BREAST IS BEST LEAGUE (BIB)

P.O. Box 1208

Belize City, Belize

Phone: 02-77398

BIB is a non-governmental organization which works closely with the government of Belize. Members are persons who believe in exclusive breastfeeding from birth to 4-6 months. The League offers help, encouragement, and information primarily through personal instruction and contact to women who want to breastfeed their babies. BIB counsellors are mothers, community leaders, health workers and student nurses.

RESOURCES: Manual breast pumps and breast shields are rented to mothers. BIB also operates a small lending library with La Leche League.

MATERIALS: Regular radio talks and television spots, posters, up-to-date pamphlets on breastfeeding and parenting are available countrywide.

PUBLICATIONS: "BIB Newsletter"

BREASTFEEDING ASSOCIATION OF SOUTH AFRICA
P.O. Box 4055, Old Oak Village
Bellville, South Africa

The Breastfeeding Association is a voluntary organization relying solely on member's subscriptions, fund raising and donations. Its primary aim is to give practical help and support to mothers who want to breastfeed and to promote breastfeeding in all sectors of the community. It operates a free 24 hour telephone counseling service, hire out breast pumps, organize meetings, monitor the media for contraventions of the South African Code of Marketing of Breastmilk Substitutes, assist in antenatal and postnatal clinics and produce educational materials.

MATERIALS: Brochures covering different aspects of breastfeeding and child feeding are available.

THE BREAST-FEEDING INFORMATION GROUP (BIG)
P.O. Box 59436
Nairobi, Kenya
Phone: 749899

This is a non-political, non-profit making society composed of professionals and lay people interested in promoting breastfeeding practices among Kenyans. The group is composed of people who have had successful breastfeeding experiences and are interested in offering advice and support to young parents who have problems in breastfeeding. It receives financial support from UNICEF, OXFAM, NORAD and DANIDA NOVIB. They organize regular discussions for expectant and breastfeeding mothers in the BIG office, hospital wards, medical clinics, schools, churches and organized chief barazas. Individual counselling is also available.

RESOURCES: The group has a rich source of reading materials about protecting and promoting breastfeeding and proper weaning practices.

PUBLICATIONS: "Breast-Feeding Information Group" Newsletter
A bimonthly newsletter which includes updates of recent activities and information on importance issues concerning breastfeeding.

BREASTFEEDING PROMOTION GROUP
P.O. Box 992
Gaborone, Botswana

BUREAU D'ETUDES ET DE RECHERCHES POUR LA PROMOTION DE LA SANTE
B.P. 1800
Kangu Mayumbe, Zaire

CARIBBEAN FOOD & NUTRITION INSTITUTE (CAJANUS)

University of the West Indies Campus

P.O. Box 140

Kingston 7, Jamaica

CFNI is a specialized center of the Pan American Health Organization. The Institute is also responsible to an Advisory Committee on Policy that include representatives of member governments. Technically it is guided by a Scientific Advisory Committee of food and nutrition specialists. The Institute's goal is to improve the food and nutrition situation in its member countries through the following activities: service, education, training, information dissemination, coordination and research. Each activity is carried out in close collaboration with member governments.

MATERIALS: Education materials produced by CFNI include posters, booklets, audiotapes and videotapes on a wide range of nutrition topics.

PUBLICATIONS: "CAJANUS"

This nutrition quarterly is free to subscribers in the Caribbean and Latin America; US\$6.00 for other developing countries and US\$12.00 for developed countries.

CENTER TO PREVENT CHILDHOOD MALNUTRITION

3333 K Street, NW, Suite 101

Washington, DC 20007, U.S.A.

Phone: 202 298 7979

The Center receives funding from individuals, USAID and other private foundations. The Center promotes low-cost ways to improve infant and child feeding and maternal nutrition in the United States, South America and Africa. It helps communities use local resources, making better lives for their children through community-managed field projects and nutrition education. The center prepares policy papers on domestic and international nutrition problems. It has a projects in Ghana and Peru which aim to improve women and children's lives by increasing family incomes and access to food. It also collaborates with US based groups to promote and support breastfeeding and improve prenatal care and infant feeding practices among low-income women.

MATERIALS: Technical papers are available at a fee.

CENTRE FOR HEALTH EDUCATION
TRAINING AND NUTRITION AWARENESS
Thaltej Road
Ahmedabad - 380e 054, India
Phone: 490378/496325; Telex: 121-6779 CEE IN or 121-618 RASA IN

CHEटना is a non-governmental organization affiliated with the Nehru Foundation for Development. It's mission is to empower disadvantaged women and children by assisting them to gain control over their own health and that of their family and community. Working mainly in Gujarat, Rajasthan and Uttar Pradesh, CHEटना conducts educational and training programs for providers of health and nutrition services at the community level.

RESOURCES: It operates a Child Resource Centre which acts as a central exchange for ideas on planning, implementing, evaluating and promoting programs which focus on child-centred health education and development.

MATERIALS: CHEटना designs and develops education materials such as flip charts, flash cards, posters, games, manuals and other teaching kits. The newsletter and materials developed by the CRC are available to individuals and organizations for a fee.

PUBLICATIONS: "Chetna News"
Newsletter to facilitate networking among the voluntary organizations all over India

CENTRE INTERNATIONAL DE L'ENFANCE (CIE)
Chateau de Longchamp, Bois de Boulogne
75016 Paris, France
Phone: 45 20 79 92, fax: 45 25 73 67, Telex 648 379 F

An international foundation dedicated to promoting the health and development of mothers and children, this organization concerns itself with maternal and child health issues such as maternal mortality, immunizations, nutrition and feeding practices and the socio-cultural environment of children and adolescents. Activities include studies and research, information dissemination, training and program evaluation

RESOURCES: There is a documentation center with more than 15,650 books and periodicals in twelve languages originating from 69 countries. Services include bibliographic searches, photocopying, and faxing. All services are provided at a fee.

MATERIALS: Published materials are available for purchase.

PUBLICATIONS: "L'Enfant en milieu tropical"
Comprehensive synthesis of major themes to illustrate experiences and allow readers to follow the evolution of social health sciences, nutrition, education, planning and development. Six issues are produced annually.

CENTRO DE LACTACAO DE SANTOS
Hospital Guilherme Alvaro, Rua Oswaldo Cruz, 197
Santos, SP CEP 11.045, Brazil
Phone: (0132) 33-2323

The Centro de Lactacao de Santos, located at the Pediatrics Department of the Santos Health Sciences Center, offers multidisciplinary breastfeeding management training courses for health professionals from Brazil and other Latin American countries.

CENTRO DE PROMOCION Y PROTECCION DE LA LACTANCIA MATERNA (CEPPLAM)
Apartado Postal no. 30
Chiapa de Corzo, Chiapas C.P. 29160, Mexico
Phone: 91 (968) 6 06 41; Fax: same

CENTRO FEMINISTA DE INFORMACION Y ACCION (CEFEMINA)
Apartado 5355-1000
San Jose, Costa Rica
Phone: 506-244620, Fax: 506-346875

CEFEMINA is a non-governmental, non-profit organization dedicated to improving the overall well-being. CEFEMINA programs focus on problems of every day life. For example, "Vivienda", organizes women to construct their own homes; "Living Health", organizes communities to promote physical, mental and emotional health; the "Woman, you are not alone" nation wide network, works to confront violence against women; the "Women and Justice" program, has a network of lawyers and other collaborators working on new laws or reforms for women's rights; and the "Women and the Environment" program, coordinates environmental activities. CEFEMINA works with IBFAN and WABA to promote breastfeeding and monitor the infant feeding industry.

RESOURCES: CEFEMINA has more than 60 publications on women's issues including topics such as health, the environment, violence, recreation, and sexuality.

PUBLICATIONS: "Mujer", "Mujer no estas sola"
"Mujer" is a magazine which addresses women's issues, such as women in the workplace, sexuality, and violence against women. "Mujer no estas sola" is a newsletter with information for groups working to eliminate violence against women.

CHILD-TO-CHILD TRUST

Institute of Education, Room 632
20 Bedford Way
London, WC1H 0AL, UK
Phone: 071-636 1500 ex 508

The Child-to-Child trust is based in London University. It brings together experts from the Institutes of Child Health and Education of the University of London. Child-to-child is an exciting new approach to health education, based on the belief that children are able to take an active part in the promotion of their own health and that of their families and communities. The roles of the London office are: design and distribute health education materials; advise and assist in the implementation and evaluation of Child-to-child projects; and coordinate a worldwide information network on projects using the Child-to-child approach.

RESOURCES: A number of teaching materials such as activity sheets, readers and books are available. Local Child-to-child associates also produce their own materials in local languages.

MATERIALS: The Child-to-child Activity Sheets contain vital health messages and suggested activities for their reinforcement. They are available free of charge to educator worldwide in twelve languages.

CITY-WIDE COORDINATING COMMITTEE FOR BREASTFEEDING PROMOTION

WIC State Agency Commission of Public Health
1875 Connecticut Ave, NW Suite 817
Washington, DC 20009, USA

The Committee is supported by the Department of Human Services of the District of Columbia. The Committee monitors breastfeeding trends at hospital discharge and will develop and implement strategies to overcome differences in patterns noted between low socio-economic groups and more affluent segments of the community. It also develops education materials and has established breastfeeding policies in two of the city's hospitals.

PUBLICATIONS: "Breastfeeding Bulletin"

A quarterly newsletter with information about resources and ongoing activities.

CLEARINGHOUSE ON INFANT FEEDING AND MATERNAL NUTRITION

American Public Health Association
1015 15th St. NW, Suite 300
Washington, DC 20005, USA
Phone: (202) 789-5611, Fax: (202) 789-5661, Telex: 469 843 APHA UD, Internet email:
apha@permanet.org

The Clearinghouse is a USAID funded project which was set up in 1979 to provide information support to health practitioners in developing countries. The Clearinghouse provides technical

assistance to organizations interested in developing resource centers and producing their own newsletters and other publications.

RESOURCES: The Clearinghouse library covers a range of topics related to the nutrition of women and children.

PUBLICATIONS: "Mothers & Children", "Legislative Report"

"Mothers and Children", available in English, French and Spanish, is published three times a year at no cost to readers in developing countries. Subscriptions are required for developed countries users at \$10 annually. The "Legislative Report" is published periodically and provides information about legislation and policies worldwide to protect women and children.

COMISION NACIONAL DE PROMOCION DE LA LACTANCIA MATERNA (CONAPLAM)
6a Av. 0-60, Torre Profesional I, 8o Nivel Of. 804, Gran Centro Comercial Z. 4.
Guatemala, Guatemala
Phone: (5022) 315892, 351633, 351928; Fax: (5022) 351947

CONAPLAM is a multisectoral non-profit organization composed of 13 national member organizations and advised by WHO, UNICEF, LLLI and INCAP. The purpose of the Comision is to promote and coordinate breastfeeding promotion programs and activities in Guatemala. Objectives include: maintain an up-to-date profile of breastfeeding incidence in Guatemala, outline short, medium and long-term goals for breastfeeding promotion, propose programs or initiatives to promote breastfeeding and provide support for these activities, assign responsibilities and coordinate activities of the different member organizations. Activities include training, technical assistance, information dissemination, social mobilization, production of education materials, monitoring and evaluation, research and project planning and implementation.

RESOURCES: The Comision has a documentation center open to the public. There is no charge for services.

MATERIALS: Many types of education materials have been produced including: pamphlets, health record cards, slides, videotapes, flipcharts, posters, manuals and fliers.

COMISION NACIONAL DE LACTANCIA MATERNA
Tres Rios
Cartago, Costa Rica
Phone: 79-99-11, Fax: 79-55-46

The principle objective of the National Breastfeeding Commission is to improve the incidence and duration of exclusive breastfeeding through education, training, legislation and research. The Commission was set up in 1983 and is comprised of the Ministries of Health, Education and Planning, Costa Rican Social Security Commission, University of Costa Rica, National Children's Institute and INCIENSA. The Commission is responsible for all breastfeeding promotion activities in Costa Rica. Funding comes from public monies and from such

international organizations as INCAP, WHO and UNICEF. The Commission is a focal point for organizations working in the areas of nutrition and breastfeeding and offers training in these areas. The Commission promotes the development of laws which protect pregnant women and infants. Research is carried out on effective strategies and activities to promote breastfeeding.

MATERIALS: Various pamphlets and brochures have been produced by member organizations.

COMITE TECNICO DE APOYO A LA LACTANCIA MATERNA (COTALMA)

My. Zubieta s/n, Miraflores
La Paz, Bolivia
Phone: 376476-8

COMMONWEALTH NURSES FEDERATION

18 Northumberland Avenue
London WC2N 5BJ, United Kingdom
Phone: 071 930 1863; Cable NURSECOM, London WC2

This a professional organization of nurses from Commonwealth countries. Members of the federation share information about activities in their countries through the newsletter and at conferences.

RESOURCES: The newsletter includes information about new health initiatives such as the Safe Motherhood Initiative and the Baby Friendly Hospitals Initiative.

PUBLICATIONS: "Commonwealth Nurses Federation Newsletter"

The newsletter contains news of health activities and developments in Commonwealth countries that are relevant to nurses. It includes information about meetings, training opportunities and resources available on a wide range of issues.

COMUNICACION ANDINA / ANDEAN COMMUNICATIONS

Casilla Postal 700
Cusco, Peru
Phone: (084) 227514, Fax: (084) 236890

Comunicacion Andina is an association of communications, education and health professionals carrying out development work in the Peruvian/Andean Region. The activities of Comunicacion Andina include a breastfeeding project to promote breastfeeding for child survival and child spacing in Cuzco and a breastfeeding education center. Other activities carried out are: situational analyses, surveys, focus groups, training and radio and video programs.

MATERIALS: Educational radio programs and videos are available.

PUBLICATIONS: "Boletin Andino"

"Boletin Andino" reports on development activities in the Inca Region.

DIRECCION GENERAL DE ATENCION MATERNO INFANTIL DE LA SECRETARIA DE SALUD DE MEXICO

Seccion de Programas Especiales

San Pablo 13, Col Centro ,. Delegacion Cuauhtemoc

Mexico, D.F. C.P. 06090, Mexico

Phone: 542-01-54, 522-8421, Fax: 522-74-54

Direccion General de Atencion Materno Infantil is a government agency which belongs to the Special Programs section of the Ministry of Health. The Special Programs section coordinates programs and activities related to: breastfeeding, rooming-in, the Baby and Mother Friendly Hospital, traditional birth attendants, and support groups for women diagnosed with cervical, uterine, or breast cancer.

RESOURCES: Publications are produced and distributed nationally with the support of international organizations such as UNESCO and WHO.

MATERIALS: Educational materials are produced, however most of them are out of print.

PUBLICATIONS: "Boletin del Hospital Amigo del Nino y de la Madre"

"Boletin del Hospital Amigo del Nino y de la Madre" is a newsletter published three times a year.

EGYPTIAN SOCIETY OF BREAST MILK FRIENDS

Al-Hussein University Hospital

Al-Azhar

Cairo, Egypt

Phone: 915761

FAMILY HEALTH INTERNATIONAL (FHI)

P.O. Box 13950

Research Triangle Park, NC 27709, USA

Phone: 919-544 7040; Fax: 919-544 7261; Telex: 579442

Family Health International is a non-profit biomedical research organization committed to improving reproductive health. FHI conducts research on reproductive health, contraceptive safety and health service delivery. AIDSTECH, a FHI program, provides technical assistance

and assists in training educators and designing, implementing and evaluating AIDS prevention programs.

PUBLICATIONS: "NETWORK"

"Network" is a newsletter on reproductive health that is published quarterly and distributed without charge. Topics covered include new contraceptive technology, postpartum conception, adolescent fertility, natural family planning, sexually transmitted diseases, and AIDS.

FUNDACION DE ASISTENCIA MEDICO SOCIAL (FAMES)

Casilla 6261

La Paz, Bolivia

Phone: 390762, FAX:

FAMES is a private non-profit organization dedicated to the promotion of maternal, family and child health. It seeks to educate, communicate and provide services related to reproductive health on topics of sex education, mental health, the rights and obligations of families, sexually transmitted diseases, AIDS, pregnancy, childbirth, breastfeeding, etc. FAMES coordinates with 105 private clinics run by specialized, experienced and dedicated doctors, which guarantee that services are delivered as needed. Funding comes from the sale of publications and from FPIA and Pathfinder. FAMES provides educational courses and seminars for doctors, nurses, adolescents and professional and private organizations.

RESOURCES: FAMES distributes bibliographies on family planning to the 95 doctors within the FAMES network and to other interested parties. FAMES maintains a collection of books, booklets, reports, videos, slides, flipcharts and posters which can be lent. Photocopying services are available.

MATERIALS: booklets on reproductive health, cartillas on unwanted pregnancy, birth control methods, sample birth control devices, flipchart, adaptations of materials on breastfeeding, AIDS and other subjects.

PUBLICATIONS: Boletin Informativo

The newsletter is published quarterly and contains information on institutional activities.

GLOBAL FOOD AND NUTRITION ALLIANCE (GFNA)

B.P. 11

Yaounde, Cameroon

Phone: 237 211-551; Fax: 237 211-144

GFNA is an international network that was formed at the end of International Conference on Nutrition in December 1992. Its purpose is to coordinate action to fight hunger and malnutrition and to follow up and monitor the goals of the World Declaration of Nutrition and Plan of Action. The Alliance plans to use modern information technology to establish efficient links with existing coalitions, international and national NGOs and national and international

agencies to promote the exchange of information and encourage support for activities relevant to food and nutrition.

GRUPO ORIGEN

Av. Beira Mar, 3661 Lj 19 - Casa Caiada
Olinda PE, CEP 53140-540, Brazil
Phone: (081) 432-1913, Fax: same as telephone

MATERIALS: Two fliers on working women and breastfeeding have been produced as part of the 1993 WABA campaign.

PUBLICATIONS: "Via Lactea"

"Via Lactea" reports on activities of Grupo Origen and other breastfeeding promotion groups in Brazil. It is distributed free of charge.

HEALTH ACTION INFORMATION NETWORK (HAIN)

9 Cabanaturan Road, Philam Homes
Quezon City, Philippines

HAIN is a non-government, non-profit organization. The newsletter provides news on health-related issues as well as economic and political developments.

RESOURCES: Resource center is open Tuesday to Friday 10Am - 5PM and on Saturday 9AM to 12 midday.

PUBLICATIONS: "Health Alert"

HEALTHY MOTHERS, HEALTHY BABIES

409 12TH ST. SW, Rm 523
Washington, DC 20024-2188, U.S.A.
Phone: 202-638-5577/863-2458

Healthy Mothers, Healthy Babies is a coalition for public education to improve maternal and child health. It is an informal association of over 90 national professional, voluntary and non-governmental organizations with a common interest in maternal and infant health. The purpose of the coalition is to foster education efforts for pregnant women through collaborative activities and sharing of information and resources. It's goals are to educate the public about preventive health for pregnant women and their families, share information and assist in development of coalitions at the State level. The coalition meets quarterly to exchange information. Projects address the following: adolescent pregnancy, breastfeeding promotion, genetics, injury prevention, outreach to low-income women, oral health and substance use. Each committee produces education materials and programs.

RESOURCES: Technical assistance is provided to state and local HMHB coalitions for program and resource development. Information exchange, research updates and leadership development take place at biennial meetings.

MATERIALS: A quarterly newsletter is available.

PUBLICATIONS: "Healthy Mothers, Healthy Babies"

A quarterly newsletter that reports state and national coalition activities, highlights innovative programs in maternal and infant health education, and provides the latest information on member resources.

HOSPITAL DE SAN JUAN DE DIOS

Centro de Recursos para la Alimentacion al Seno
Apartado Aereo 365
Cali, Colombia

The hospital serves a low income community. They receive financial support from Partners for the Americas.

RESOURCES: They have a resource center and are organizing a library which focuses on breastfeeding.

HOSPITAL SAN IGNACIO

Universidad Javeriana
Carrera 7a #40-62
Bogota, Colombia
Phone: (571) 2 32 35 26, Fax: (571) 2 85 69 81

San Ignacio Hospital is the main hospital of Javeriana University, a private medical school run by the Jesuit Community. One activity carried out by the San Ignacio Hospital is a breastfeeding promotion program. A teaching staff of physicians, nurses, nutricionists, and other health professionals trained by Wellstart are responsible for the program. Breastfeeding is promoted in the pre and post natal clinics and post-partum ward. The hospital also operates a family clinic located in a marginal area of Bogota which offers a variety of information and services related to breastfeeding, family planning, growth and development, prenatal care and sex education for adolescents.

INFANT FEEDING ACTION COALITION (INFACT) CANADA

10 Trinity Sq

Toronto Ontario M5G 1B1, Canada

Phone: 416-595-9819; fax 416-598-1432

INFACT Canada is a non-governmental non-profit organization that works to support and promote breastfeeding in Canada and works with the global network IBFAN to protect breastfeeding internationally. INFACT works through education to the general public and health care system, project support by raising money and resources for international projects, resource distribution through a clearinghouse for breastfeeding information, lobbying industry, governments, advocacy on behalf of breastfeeding women and infants, monitoring government policies, infant formula industry compliance with WHO/UNICEF directives.

RESOURCES: Newsletter, brochures, copies of the Innocenti Declaration, WHO/UNICEF statements and initiatives, breastfeeding videos, infant feeding books and publications. INFACT provides a resource base of scientific journal articles on topics related to infant feeding. They also provide speakers in infant feeding issues. Some resources require payment, there is also a mailing charge.

MATERIALS: Posters targeted to the health care system and general public. They also have a World Breastfeeding Week kit.

PUBLICATIONS: INFACT Canada Newsletter

A quarterly newsletter which discusses breastfeeding and bottle feeding issues, abstracts of infant feeding research, information about WHO/UNICEF initiatives, WHO Code and violations and global breastfeeding issues.

THE INFORMATIVE BREAST FEEDING SERVICE (TIBS)

13 Rust Street, St Clair

Port-of-Spain, Trinidad, W.I.

Phone: (809) 628-8234; Fax: (809) 627-1487

TIBS is a non-governmental organization which receives a subvention (\$1168 US) a year and raises the rest of its funds through fundraising events and renting five institution size breast pumps. This mother advice and support group has a small annual membership fee. The group gives breastfeeding talks to teenagers at Servol Life Centres and lectures for medical students at the University of the West Indies during their pediatric training. They provide telephone counselling to the public.

RESOURCES: In addition services mentioned, they have a library which is open to the public.

MATERIALS: Informational leaflets on the advantages of breastfeeding, allergies, infant feeding and guides to expressing and storing breastmilk are available.

PUBLICATIONS: "t.i.b.s. News"

A quarterly newsletter sent to members, hospitals, health centers and private doctors' offices.

INSITUT SANTE DEVELOPPEMENT
L'ENFANT POUR L'ENFANT
15 rue de l'ecole de medicine
75270 Paris Cedex 06, France
Phone: 1-43 26 72 28, fax: 1-43 29 70 93

L'enfant pour l'enfant is a program of the Institut Sante Developpment, Institut universitaire. A major part of their funding is provided by the Ministere de la Cooperation Francaise. The objectives are to promote the child-to-child approach, develop documents in French and assist local projects through training and seminars.

RESOURCES: Thirty child-to-child activity sheets and eight readers on a variety of health topics have been developed.

PUBLICATIONS: Feuilles D'activities
Activity sheets on nutrition and feeding of infants, diarrhea, growth and child development, hygiene, water and sanitation and needs of handicapped children.

INSTITUT NATIONAL DE SANTE PUBLIQUE
Boite Postal V47
Abidjan, Cote d'Ivoire
Phone: (225) 22 44 04

INSTITUTE FOR REPRODUCTIVE HEALTH
Georgetown University Medical Center
3800 Reservoir Road, NW
Washington, DC 20007, USA
Phone: 202-687-5100

The institute is the first WHO Collaborating Center for Breastfeeding. It has served as the secretariat for the Interagency Group on Breastfeeding. It receives some funding from the Agency for International Development. The institute helps to coordinate breastfeeding activities among donors through IGAB. It conducts research and disseminates information on the birth spacing effect of breastfeeding. It assisted in the organization of the Innocenti Meeting in Florence and the technical meetings that preceded the Florence Meeting.

RESOURCES: The Institute can provide technical assistance to organizations involved in developing breastfeeding promotion and support activities. It has developed education materials promoting breastfeeding, including a video of the slide show that was developed for the Innocenti Meeting for policymakers

MATERIALS: The booklets "Breastfeeding. Protecting a Natural Resource" and "Guidelines for Breastfeeding and Family Planning and Child Survival Programs" are available in English, French and Spanish.

INSTITUTE FOR RESOURCE DEVELOPMENT

Demographic and Health Surveys
8850 Stanford Boulevard, Suite 4000
Columbia, MD 21045, U.S.A.
Phone: 301-290-2800; Fax: 301 290-2999; Telex: 87775

The Demographic and Health Surveys program is a nine-year project to assist developing countries in conducting national surveys on population and maternal and child health. The first phase which began in 1984 included 34 surveys in 29 countries. The second phase, which will be carried out between September 1988 and September 1993 will include another 25 surveys. It is funded by the US Agency for International Development. Conducts surveys in developing countries to provide data and analysis to support policy choices and to expand the international health and population database. Training of local personnel in survey methodology and data analysis is also undertaken. DHS has been a key source of information on breastfeeding practices.

MATERIALS: Reports for each survey are available. Key findings for each survey are also summarized in the Data Section of "Studies in Family Planning".

PUBLICATIONS: "DHS Newsletter"

INSTITUTE OF CHILD HEALTH

30 Guildford Street
London WC1N 1EH, UK
Phone: 071 242 9789, Fax: 071 831 0488

The Institute of Child Health is the Medical School of the Hospitals for Sick Children. The Institute and Hospitals form a national center of excellence for the study of clinical pediatrics, basic sciences, epidemiology, community health, management in relation to mother and child health. They conduct research and training in nutrition, perinatal health, maternal and child health and community based rehabilitation. Many short courses are offered regularly, including a new course on lactation management.

RESOURCES: There is a Resource Centre which is open to students, staff and visitors. It contains scientific papers, review articles and books on topics relating to mother and child health in less developed countries. They can also search databases stored at other collaborating institutions in the UK.

MATERIALS: An extensive range of practical materials can be purchased from Teaching Aids at Low Cost.

INSTITUTO DE NUTRICION DE CENTRO AMERICA Y PANAMA (INCAP)

Centro Regional de Documentacion

Apartado 1188

01901 Guatemala, Guatemala

Phone: (5022) 723762 thru 67; Fax: (5022) 736529; Telex: 5696 INCAPGU

INCAP is a regional institution supported by its member countries, PAHO/WHO and other international donors working in the area of the food and nutritional sciences. It seeks to promote practical application of research and strengthen the technical capacity of its members to solve existing food and nutrition problems. Activities at INCAP include training and formal education programs, technical assistance, research and information services.

RESOURCES: The INCAP library houses journals, reports, books, etc. and has access to external computerized bibliographic databases including MEDLARS/MEDLINE, etc. The library responds to information requests and provides copies of documents and also provides technical and material support to libraries and documentation centers in the region.

MATERIALS: Bibliographic packets, annotated bibliographies, distance teaching manuals, audiovisuals

PUBLICATIONS: "Avances en Alimentacion y Nutricion"

This quarterly publication disseminates information about recent research and projects related to food and nutrition issues in the INCAP region.

INSTITUTO NACIONAL DE ALIMENTACAO E NUTRICAO

Ministerio da Saude

INAN/MS-SEPN Q. 510-BL.A, Ed Sede

Brasilia DF CEP 70750, Brazil

INSTITUTO NACIONAL DE ALIMENTACION Y NUTRICION

Ministerio de Planeamiento y Coordinacion

Casilla 4752

La Paz, Bolivia

Phone: 370891 - 379892

INAN is part of the Ministry of Planning and Coordination. INAN's seeks to study and combat the nutritional problems of Bolivia by: evaluating how government programs influence nutrition status, generating innovative solutions, developing small-scale pilot and multisectorial programs to later be adapted on a national scale, train personnel and communicate and disseminate findings. INAN coordinates national emergency food distribution programs and carries out applied nutrition projects and national mass media education programs. It coordinates training courses for professional, mid-level and assistant health workers.

RESOURCES: INAN maintains a library.

MATERIALS: It publishes books and pamphlets

INSTITUTO NACIONAL DE SALUD PUBLICA
Centro de Investigaciones en Salud Publica
Av. Universidad 655, Col S. M. Ahuacatitlan
Cuernavaca, Mor. 62508, Mexico
Phone: 5273 110111, Ext. 2775; Fax: 5273 112219

They are conducting breastfeeding research in urban areas.

RESOURCES: They have developed a clearinghouse on Child Survival.

INTERNATIONAL BABY FOOD ACTION NETWORK (IBFAN) EUROPE
Geneva Infant Feeding Association
P.O. Box 157
1211 Geneva 19, Switzerland
Phone: (41 22) 798 91 64; Fax: 41 22 798 44 41

GIFA is a membership association formed by individuals and staff of international government and non-governmental organizations. It is financed through membership dues. It functions as part of an international coalition of action groups working to promote worldwide adherence to the WHO/UNICEF Code. It monitors infant feeding trends in the Geneva region and gathers information on violations of the Code. This information is analyzed and compiled in the form of reports for submission to government and international health agencies.

RESOURCES: GIFA serves as a center for documentation, press clippings, translations and the distribution of documents.

MATERIALS: Documents and materials on all aspects of infant feeding are available in several languages. Most require payment.

PUBLICATIONS: "Breastfeeding Briefs"

INTERNATIONAL BABY FOOD ACTION NETWORK (IBFAN) BRASIL
R. Sto. Antonio, 590 2o andar - Bela Vista
01314 Sao Paulo SP, Brazil
Phone: 35-9047 Ramais 211 e 212

IBFAN Brasil is part of an international non-governmental organization committed to improving the health and nutritional status of mothers and young children by promoting breastfeeding and curtailing improper infant formula distribution. IBFAN Brasil has offices in Sao Paulo, Rio de Janeiro, Brasilia, Olinda and Camaqua. IBFAN Brasil is involved in

advocacy activities to insure adherence to the Code. They also provide training courses for health professionals.

MATERIALS: Materials available include UNICEF manual and Code publication in Portuguese, Breastfeeding Briefs in Portuguese, buttons, stickers, t-shirts, videotapes and past issues of "IBFAM Brasil".

PUBLICATIONS: "IBFAM Brasil"

IBFAM Brasil is a quarterly publication reporting on in-country activities

INTERNATIONAL BABY FOOD ACTION NETWORK (IBFAN) AFRICA

P. O. Box 781

Mbabane, Swaziland

Phone: 268 45006; Fax: 268 44246

IBFAN is a coalition of more than 140 citizen groups in 70 developing and industrialized countries. IBFAN Africa is a regional affiliate of the network, focussing on Anglophone countries in the region. IBFAN works for better child health and nutrition through the promotion of breastfeeding and the elimination of irresponsible marketing of infant foods, bottles and teats.

PUBLICATIONS: "IBFAN Africa News"

This is the official publication of the Regional Office of IBFAN Africa. It contains information about issues and new initiatives in breastfeeding and activities from the Region.

INTERNATIONAL BABY FOOD ACTION NETWORK (IBFAN) ASIA AND THE PACIFIC

Code Documentation Centre (CDC)

P. O. Box 19

10700 Penang, Malaysia

Phone: 604 880619; Fax: 604 872655

The Code Documentation Centre was established by IBFAN to focus on the implementation of the WHO/UNICEF Code on the Marketing of Breastmilk Substitutes. CDC collects and compiles information on national legislation, both in draft and final form. The staff analyze, compare and evaluate different measures taken, using the International Code as the yardstick. CDC also assists governments in drafting legislation.

RESOURCES: CDC conducts training in the drafting, analysis and monitoring of the International Code.

MATERIALS: Summaries of the status of the implementation of the International Code worldwide is published in a chart "State of the Code by Country". The status of compliance with the International Code is summarised in another chart "State of the Code by Company".

INTERNATIONAL BABY FOOD ACTION NETWORK (IBFAN) LATIN AMERICA
Casilla de Correo 10993, Surcursal 2.
CP 111000 Montevideo, Uruguay

INTERNATIONAL CENTER FOR DIARRHEAL DISEASE RESEARCH, BANGLADESH
(ICDDR,B)
G.P.O. Box 128
Dhaka 1000, Bangladesh
Phone: (880-2) 600171, Cable: CHOLERA DHAKA, Telex: 675612 ICDD BJ, Fax: (880-2)
8833116

The International Center for Diarrheal Disease Research, Bangladesh is an autonomous, non-profit organization dedicated to research, education, training and clinical service. Founded in 1978, the mandate of ICDDR,B is to undertake and promote research on diarrheal diseases and related subjects. The goal is to prevent and control diarrheal diseases and to improve health care. The Center is funded by government aid agencies of various countries (Australia, Bangladesh, Belgium, Denmark, etc.), international organizations and private foundations. The Center is organized into four scientific divisions which carry out different programs. These divisions are: Clinical Sciences, which conducts clinical service and research and runs the Child Health Program in Dhaka; Community Health, which is responsible for the Urban Health Program and the Treatment and Research Center in rural Matlab; Laboratory Sciences, which houses the Reference and Clinical Library, the Department of Research and Development and the Biomedical Engineering Cell; and Population Science and Extension, which is responsible for the Demographic Surveillance system, the MCH-FP Extension Project, computer information services, and the data archiving unit.

RESOURCES: ICDDR,B maintains a medical library open to all with a collection of over 23,500 volumes of books and bound journals, 10,750 reprints and documents on diarrheal diseases, and some audio-visual materials. The library receives approximately 380 current journals and serial publications. The library offers reference and bibliographic searching, photocopying, and readers' service for a fee.

PUBLICATIONS: "Journal of Diarrhoeal Diseases Research", "Glimpse", "ICDDR,B News", "Current Awareness Service Bulletin", "Swastha Sanglap".
The "Journal of Diarrheal Diseases Research" is a quarterly publication in English available at an annual subscription rate of US\$62.00. "Glimpse" is a bi-monthly newsletter published in English and available for free. It reports on ICDDR,B news and includes articles on programs and workshops, abstracts of ICDDR,B publications and publication reviews. "ICDDR,B News" is published bi-annually in English and Bengali. "Current Awareness Service Bulletin" is published 20-24 times a year and is available for free. It contains information on papers and publications on diarrheal diseases, nutrition, fertility and other related subjects. The bulletin is targeted towards scientists and library users who need to keep informed on the latest developments in diarrhoeal disease research and related research topics. "Swastha Sanglap" or "Dialogue on Health" is published three times a year in Bengali.

INTERNATIONAL LACTATION CONSULTANT ASSOCIATION
P.O. Box 4031, Univ of Virginia Station
Charlottesville, VA 22903, U.S.A.
Phone: (212) 620-8000

ILCA is a worldwide association supporting quality lactation consultant services. It establishes standards of practice for lactation professionals, organizes annual conferences, assists in establishing local affiliate ILCA groups.

MATERIALS: It publishes a quarterly journal.

PUBLICATIONS: "Journal of Human Lactation"

INTERNATIONAL ORGANIZATION OF CONSUMERS UNIONS
Regional Office for Asia and the Pacific
P.O. Box 1045
10830 Penang, Malaysia
Phone: (604) 371396; fax: (604) 366506; telex: MA 40164 APIOCU

LA LECHE LEAGUE FRANCE (LLL FRANCE)
BP 1810, rue Parrayon
78620 L'Etang la Vile, France
Phone: tel: 20 74 38 62

A non-profit, non-governmental organization dedicated to promoting a better understanding of breastfeeding as an important element for the health development of infant and mother, and to encourage mothers to breastfeed via education, information and support.

RESOURCES: An education department which organizes training sessions for health professionals to optimize their roles as information providers and supporters of breastfeeding.

PUBLICATIONS: "Allaiter Aujourd'hui!" and "Lllettre des Associes Medicaux"
"Allaiter Aujourd'hui!" is a trimestrial publication for women and health professionals providing information on breastfeeding as well as infant and maternal health. Yearly subscription rates are: for members of LLL France inside France, 80FF; outside France, 112FF; for non-members in France, 120FF; for non-members outside France, 152FF. "Lllettre des Associes Medicaux" is a trimestrial publication for health professionals reporting on breastfeeding issues. A subscription for members of LLL France is 90FF per year and 80FF for non-members.

LA LECHE LEAGUE INTERNATIONAL (LLLI)
Center for Breastfeeding Information
P.O. Box 1209
Franklin Park, IL 60131-8209, U.S.A.
Phone: (312) 455-7730, Fax: (708) 455-0125

LLLI is active in 60 countries with a membership of 40,000 and 8,000 accredited breastfeeding counsellors. Its aim is to enable mothers to choose and practice breastfeeding. La Leche League provides support to breastfeeding mothers through individual counselling and support, publications and education materials. It also organizes training for health professionals and provides information support through the Center for Breastfeeding Information. Some international affiliates are also involved in child survival projects.

RESOURCES: Center has computerized database of 150 different breastfeeding topics. Fee is \$5 for each 15 minutes of search time plus 20 cents per page of information. Collection is primarily North American in focus. Collection currently has approx. 5600 documents, adding 300/600 per year.

MATERIALS: The subscription for "Breastfeeding Abstracts" is \$9.50 per year for USA and \$12.50 per year for other countries. A \$25 subscription gives you a copy of "The Womanly Art of Breastfeeding", a one year subscription to "New Beginnings" (a bimonthly journal for families), 20 publications that answer frequently asked questions and a collection of information sheets on breastfeeding in special circumstances.

PUBLICATIONS: "Breastfeeding Abstracts"

A quarterly newsletter for health professionals with abstracts and reviews of important new research related to breastfeeding.

LA LIGA DE LA LECHE
11 Avenida 14-19 Zona 1
Guatemala, Guatemala

LA LIGA DE LA LECHE DE MEXICO A.C.
Francisco Petarca 223-402, Col Polanco, C.P. 11560
Mexico, D.F., Mexico
Phone: 531-28-03

La Leche League, Mexico is a non-profit organization established in 1972 dedicated to the promotion and support of breastfeeding. Activities include monthly breastfeeding support meetings, support for mothers with breastfeeding problems, training courses for lactation consultants and for doctors, mother's classes, materials development and research.

RESOURCES: La Liga has an information center and a library.

LA LIGA DE LA LECHE EN BOLIVIA (LLLBOLIVIA)

Casilla 10077
La Paz, Bolivia
Phone: 791699

La Leche League Bolivia, a non-profit, non-governmental organization is supervised by a group of 40 professionals from a variety of backgrounds. The League is dedicated to promoting a better understanding of breastfeeding as an important element for the healthy development of infant and mother, and to encourage mothers to breastfeed via education, information, and support. LLLBolivia offers education and support groups for breastfeeding women and works with other organizations in exchanging information and promoting breastfeeding. It is affiliated with La Leche League International.

RESOURCES: LLLBolivia maintains a library with over 80 pamphlets and several books on different aspects of breastfeeding and related topics.

THE LACTATION INSTITUTE

16161 Ventura Blvd, Suite 223
Encino, CA 91436, USA
Phone: 818-995-1913

The Lactation Institute is a non-profit, education organization that operates a breastfeeding clinic and conducts research in the field of lactation. It offers training through the Lactation Specialist Education Program. The Institute offers a degree program as well as a number of intensive seminars for those interested in further training.

RESOURCES: The Institute has designed a number of teaching materials as well as publications on breastfeeding.

MATERIALS: A variety of teaching tools and publications can be purchased from the Institute.

LIGA CHILENA DE LA LACTANCIA MATERNA

Casilla 90 T. Providencia
Santiago, Chile

MAURITIAN ACTION FOR THE PROMOTION OF BREASTFEEDING AND INFANT NUTRITION/CONSUMER'S HEALTH ACTION NETWORK (MAPBIN/CHAN)

Department for Maternal and Child Health (MCH), Department of Consumer Protection
B.P. 1134

Port-Louis, Mauritius

Phone: 242 0892, 242 4436, Fax: (230) 242 4436, Telex: 4453 IW, ATTN: MAPBIN

MAPBIN/CHAN is an organization dedicated to improving maternal and child health; to promoting, protecting and supporting breastfeeding; and to acting as consumer advocates. It has a membership of 7,500 and is funded by donations, government grants, fund-raising activities, publications revenue, and membership dues. Supporting organizations include WHO, UNICEF, UNESCO, and the United Nations Development Programme (UNDP). MAPBIN/CHAN activities include: A) Maternal and Child Health activities--counseling, growth monitoring, nutrition education, pre/post natal exercises, research and surveys, child care, and monitoring the implementation of the WHO Code on marketing of breastmilk substitutes; B) Consumer Protection activities--consumer representation, consulting services, consumer education, market research, product testing, and monitoring the implementation of the WHO Code on marketing breastmilk substitutes.

RESOURCES: MAPBIN/CHAN has a documentation resource centre with a limited amount of materials primarily on breastfeeding and infant nutrition, in both English and French.

MATERIALS: Most of the publications described above are distributed free of charge as educational materials.

PUBLICATIONS: "MAPBIN Info", "Courrier de l'IBFAN", "Un Million de Consommateurs". "MAPBIN Info" is a quarterly magazine on maternal and child health published in French and available at an annual subscription rate of US\$ 8.00. "Courrier de l'IBFAN" is a newsletter reporting on breastfeeding news from all of the IBFAN regions with particular emphasis on West Africa; it is published three times a year at an annual subscription rate of US \$10.00. "Un Million de Consommateurs" is a Mauritian monthly consumer magazine available at an annual subscription rate of US\$ 35.00.

Movimento de Incentivo Nacional de Amamentacao (MINA)

Caixa Postal 376

Sao Leopoldo, RS, Brazil

Phone: (051) 592 0893

Umbrella organization composed of 12 NGOs involved in breastfeeding promotion.

NATIONAL FOOD AND NUTRITION COMMITTEE
P.O. Box 2223
Suva, Fiji
Phone: 25834 or 313055

The Committee members was created by Cabinet in 1976 to coordinate nutrition programs and advise government and other organizations on matters related to food and nutrition. It's members include senior representatives from government and other organizations. It is supported by a secretariat which carry out a number of projects that address food and nutrition problems. The Committee works closely with health personnel in maternal and child health projects. The Committee drafted the Fiji code for the Ministry of Health to review and enact as law. It conducts research and nutrition surveys and actively promotes family food gardening.

RESOURCES: It has a resource library and regularly develops publications and teaching materials.

MATERIALS: The Committee produces a quarterly newsletter and publications and teaching aids which have a strong emphasis on breastfeeding, weaning and home gardening.

PUBLICATIONS: "Fiji Food and Nutrition Newsletter"
A quarterly newsletter that reports on local nutrition activities and issues.

NATIONAL MATERNAL AND CHILD HEALTH CLEARINGHOUSE
38th and R Streets, NW
Washington, DC 20057, U.S.A.
Phone: (202) 625-8410

NMCHC provides education and information services in maternal and child health to Federal, State and local agencies.

RESOURCES: The Clearinghouse maintains a large inventory of publications on a wide range of topics and makes them available to the public through its catalog.

PUBLICATIONS: Publications Catalog

NATIONAL STEERING COMMITTEE OON BREASTFEEDING
Nutrition Section Planning Commission
Islamabad, Pakistan

NURSING MOTHERS ASSOCIATION OF AUSTRALIA

Lactation Resource Centre

P.O. Box 231

Nunawading 3131, Australia

Phone: (613) 8775011, fax: (613) 8943270

NMAA is a mother support group which encourages, educates and supports breastfeeding women and their families. It has over 500 groups and 1650 qualified volunteer breastfeeding counsellors. NMAA operates nationally through local groups which organize informal discussion meetings, antenatal classes about breastfeeding, postnatal classes hospital visits and community education programs. A 24-hour confidential counselling service operates Australia wide.

RESOURCES: The Lactation Resource Centre holds research information which is continually updated. The library has a collection of approximately 8,500 journal articles and 400 books. A database is maintained on current research into lactation. Subscriber services include telephone consultations, computer searches, photocopying, hire of audio and video tapes, sale of technical books on breastfeeding and a reading room. These services are also available to the public for a fee.

MATERIALS: A wide range of breastfeeding and mothering products is available through Merrily Merrily Enterprises Pty. Ltd, the trading arm of NMAA. The LRC produces an information pack "Topics in Breastfeeding" which annually for health workers caring for breastfeeding mothers. It has also developed an information kit for senior students on breastfeeding and human development.

PUBLICATIONS: "NMAA Newsletter" and "Breastfeeding Review"

NMAA Newsletter is published six times a year for mothers; "Breastfeeding Review" is a professional journal published twice a year.

NUTRITION CENTER OF THE PHILIPPINES (NCP)

MCC P.O. Box 653

Makati, Metro Manila, Philippines

Phone: (632) 818 73 97, Fax: (632) 818 74 03

The Nutrition Center of the Philippines founded in 1974 is a private, non-profit, scientific foundation set up to mobilize private sector participation in the Philippine Food and Nutrition Program and to improve the nutritional status of the population. NCP is supported by private, local and international sources. NCP activities include motivating, organizing, and assisting private sector groups in developing and implementing projects supportive of the Philippine Food and Nutrition Program; intensifying nutrition information and education through communication programs for specific audiences; conducting research on nutrition; and serving as a national and international center for training in nutrition. NCP programs include the Disaster Assistance Program, designed to provide victims of natural disasters with adequate food during emergencies; the Strengthening the Teacher-Child-Parent Approach in School Program, designed to teach children nutrition and health in the classroom which they

share with parents at home; and the Nutri-bus, a program that provides basic health and nutrition services to target populations in the Barangay.

RESOURCES: NCP has a library open to all.

MATERIALS: Books, manuals, flipcharts, flashcards, posters, slides, kits and other materials are available for purchase from NCP.

PUBLICATIONS: "NCP Bulletin"

"NCP Bulletin" is a quarterly publication containing news reports and features on NCP activities and developments.

PACIFIC BASIN MATERNAL AND CHILD HEALTH RESOURCE CENTER

University of Guam
P.O. Box 5143, UOG Substation
Mangilao, Guam

Affiliated with the National Center for Education in Maternal and Child Health, Washington, DC

PUBLICATIONS: "MCH NEWS PAC"

THE POPULATION COUNCIL

Programs Division
One Dag Hammarskjold Plaza
New York, NY 10017, USA
Phone: (212) 644-1300; Fax: (212) 755-6052

An international non-profit organization which undertakes social and health science programs and research relevant to developing countries and conducts biomedical research to develop and improve contraceptive technology. The council provides advice and technical assistance to governments, international agencies, and NGOs and disseminates information on population issues through publications, conferences, seminars and workshops.

POPULATION REFERENCE BUREAU

1875 Connecticut Ave., NW
Washington, DC 20009-5728, USA
Phone: 202 4831100

PRB is a private, non-profit scientific and educational organization that gathers, interprets and disseminates information about population. The Bureau produces numerous publications

to help the public understand population issues. It's audience include legislators and public officials, teachers and students, the business community, and individuals with interest and concerns about U.S. and world affairs. Press outreach and media appearances by their staff multiply this impact.

RESOURCES: Resource materials for teachers and other teaching tools can be purchased.

MATERIALS: In addition to the above, back issues of the quarterly newsletter for teachers "Population Education Interchange" are available.

PUBLICATIONS: "Population Today", "Population Bulletins"
"Population Today" is a monthly newsletter that covers trends and events. The Bulletin is a quarterly. Both require paid subscriptions.

PRITECH (PRIMARY HEALTH CARE TECHNOLOGIES)

PRITECH Information Center
1925 North Lynn St., Suite 400
Arlington, VA 22209, USA
Phone: (703) 875-4519, Fax: (703) 875-5490

PRITECH is a consortium of entities directed by Management Sciences for Health and funded by USAID dedicated to assisting developing countries to implement national programs of diarrheal disease control. PRITECH activities include training health professionals in ORT, organizing communication programs, mobilizing the private sector, research and providing technical assistance for the formulation of government programs for diarrheal disease control.

RESOURCES: The PRITECH Information Center offers bibliographic searches and photocopies of documents.

PUBLICATIONS: "Technical Literature Updates"
These monthly updates analyze current literature on diarrheal disease and other child survival issues.

PROGRAMA DE COORDINACION EN SUPERVIVENCIA INFANTIL (PROCOSI)

Casilla No. 9432
La Paz, Bolivia
Phone: 342509-374104, FAX (591-2)392481

The objectives of PROCOSI are to reduce the morbidity and mortality of high risk children and mothers, promote and encourage institution building within member organizations through activities including technical assistance, training and research. PROCOSI also channels financial resources to support member programs and seeks to improve coordination of projects at the international, national and regional level and between the public and private sector.

RESOURCES: The subject focus of the documentation center is child survival, primary health care, infant feeding and nutrition and breastfeeding. Services offered by the documentation center include: reference, national and international bibliographic searches on CD-ROM, inter-library loan and xeroxing.

MATERIALS: Training guides for health workers on ARI, immunizations, breastfeeding and diarrhea; communication education guide for child survival projects, games, child health cards, bibliographic compilations of abstracts by subject, calendar and guide

PUBLICATIONS: "Boletin Informativo de PROCOSI"

The newsletter includes information on projects carried out by the affiliated PVO members of PROCOSI.

PROLACMA
P.O. Box 512
San Pedro Sula, Honduras
Phone: 504-225127

ST. MONICA'S MATERNITY HOSPITAL

38 Lion Street
Cape Town 8001, South Africa
Phone: 021 237-237; Fax: 021 248-739

St. Monica's is a low risk maternity hospital that is 90% subsidised by the government. It offers comprehensive maternity service. The hospital has 38 beds and allows rooming in, mothers remain in the hospital for three days postnatally to allow adequate establishment of breastfeeding.

RESOURCES: The hospital has a small library which has a range of relevant books. The wards and clinics have video recorder facilities as well as some tapes on breastfeeding

MATERIALS: The hospital produces some posters for its own use but it relies totally on other resource centers for information.

SVENSKA AMNINGSINSTITUTET

Krokvagen 99
S-122 32 Enskede, Sweden
Phone: 46 8 649 78 48

This is a small non-governmental organization made up of eleven women who are associated with the Swedish Breastfeeding Organization Amningshjälpen. Its activities including the training of health workers through courses and consultation work, lobbying and networking with international organizations.

RESOURCES: Amningsinstitutet is building up a resource center which include educational materials such as videos, slides, posters, and promotional materials such postage stamps, t-shirts and banners.

MATERIALS: The institute assisted in the translation of the WHO/ UNICEF Joint Statement on protecting, promoting and supporting breastfeeding into Swedish. It has produced a breastfeeding postcard and posters.

SWAZILAND INFANT NUTRITION ACTION NETWORK

P.O. Box 1032
Mbabane, Swaziland

SINAN, a membership organization, is a affiliate of IBFAN. SINAN provides counselling on breastfeeding, initiates and implements programs to promote breastfeeding, monitors the implementation of the International Code of Marketing of Breastmilk Substitutes, liaises and coordinates breastfeeding activities with the National Nutrition Council and other governmental and non- governmental agencies. It also initiates legislation to promote breastfeeding.

MATERIALS: SINAN produces education materials and a regular newsletter.

PUBLICATIONS: "Sinan News"

The newsletter includes updates on SINAN's activities, government policy on breastfeeding and information on breastfeeding.

TEACHING AIDS AT LOW COST (TALC)

P.O. Box 49
St. Albans, Herts. AL1 4AX
Phone: UK

TALC sells practical books and education materials for community health workers at a low cost. They handle materials produced by TALC and other publishers.

MATERIALS: A list of books, slides and accessories is available.

UNIDAD DE LACTANCIA MATERNA, HOSPITAL ESCUELA, MINISTERIO DE SALUD PUBLICA

4to Piso B.M.I., Boulevard Estadio -. Suyapa
Tegucigalpa, Honduras
Phone: 32 23 22, ext. 336

The Department of Breastfeeding Support Services has been in operation since 1983. It began as part of the PROALMA project and became a separate entity in 1989. The department's

principle objectives are to: encourage exclusive breastfeeding for the first six months--delaying the early introduction of weaning foods, promote early intervention to avoid problems with initiation of breastfeeding and to change the knowledge and attitudes of health professionals as well as hospital practices in support of breastfeeding. Activities include: coordination of breastfeeding activities within and outside of the hospital; training in the clinical management of breastfeeding for hospital and other personnel; advice on human milk banking operations; care and follow-up of mothers with breastfeeding problems; make available information on breastfeeding, nutrition and child survival to health workers and the general public.

RESOURCES: To date the unit has limited materials including books, booklets, reports, periodicals, slides, videos, posters and slide and filmstrip projectors. Materials are available in- house or on loan.

MATERIALS: Booklet on nutrition during pregnancy and other factors that contribute to successful breastfeeding, manual of protocols to establish breastfeeding support services within a hospital.

UNICEF
Information Division
3 UN Plaza
New York, NY 10017, USA

UNICEF is a United Nations specialized agency which focus on children. It is leading the effort to restore breastfeeding as the norm for infant feeding. In 1992, UNICEF and WHO launched the baby-friendly hospitals initiative to convince hospitals, health services and parents that breastfeeding gives babies the best possible start in life.

RESOURCES: UNICEF supports and implements a wide range of programs worldwide. Resources include funding for projects and technical assistance through it's field and consultants.

MATERIALS: A wide range of audiovisual materials including films, videos, slides sets, radio programs and print media are produced and distributed by the Information Division.

THE UGANDA LACTATION MANAGEMENT AND EDUCATION TEAM (ULMET)
P. O. Box 10202
Kampala, Uganda

ULMET members are health professionals who have attended the Wellstart Lactation Management Training Course in San Diego.

PUBLICATIONS: "ULMET News"
This is an informal newsletter for members. It is a mechanism for sharing information.

VOLUNTARY HEALTH ASSOCIATION OF INDIA (VHAI)

Information and Documentation Section
40 Institutional Area, Near Qutab Hotel
New Delhi 110 016, India
Phone: 668071, 665018, 652953; Fax: 011 676377

VHAI is a non-profit society formed by the federation of fifteen state voluntary health associations linking over 4000 health institutions, projects and community programs. Activities are divided into the following areas: community health education, training and personnel development; peoples educations for healtaction; liaison with government, state health associations, national and international voluntary organizations; information, education and communications.

RESOURCES: VHAI has an information and documentation center that provides information support to their staff and action groups that promote health in the community. The library has books, journals, newsletters, education materials and documents on a wide range of topics. VHAI has also produced a handbook on how to set up and manage a documentation center.

MATERIALS: VHAI produces and distributes a wide range of health and utrition educational materials -- a catalog is available.

PUBLICATIONS: "Health for the Millions"

This is a monthly magazine which promotes consumer action on health issues. It also contains information on meetings, resources and activities of other voluntary health associatios in India.

WELLSTART

The San Diego Lactation Program
P.O. Box 87549
San Diego, CA 92138, USA
Phone: (619) 295-5192

WELLSTART is nonprofit, non-governmental organization involved training health professionals in lactation management and breastfeeding promotion. It's projects are funded by USAID and UNICEF. WELLSTART offers a number of services to families in the San Diego area to help families who choose to breastfeed enjoy a successful and health start. It also offers training to health care providers in the science of lactation and the clinical management of breastfeeding and weaning. Health professionals from all over the world have participated in WELLSTART's comprehensive Lactation Management Education Program. **RESOURCES:** Individual consultations are available on-site or over the phone for families through the San Diego Lactation Program. There is a breast pump rental service.

WELLSTART EXPANDED PROMOTION OF BREASTFEEDING (EPB)
3333 K Street, N. W. , Suite 101
Washington, DC 20007, USA
Phone: (202) 298-7979, Fax: (202) 298-7988

The Expanded Promotion of Breastfeeding program began in 1991 with funding from the Office of Health, AID. The purpose of the cooperative agreement is to expand and diversify Wellstart's global breastfeeding activities. The goals of the program are to broaden the scope of global breastfeeding promotion and to work towards overcoming barriers to breastfeeding at all levels (ie. policy, institutional, community, and individual). The activities of the EFB program include assessment of infant feeding practices, national program design and implementation, community-based support for lactating women, policy and cost analysis, communication and social marketing, training and evaluation and impact appraisal. The EPB program also has a research component designed to address the biomedical, social, and programmatic gaps in knowledge about breastfeeding.

WEMOS (Working group on health and development issues)
Nutrition Project
P.O. Box 40066
1009 BB Amsterdam, Netherlands
Phone: 020-665 31 15, fax: 020-668 40 85

WEMOS is an NGO which carries out development education and awareness-raising activities with the EEC and Netherlands, to the general public as well as on policy level. WEMOS is a member of IBFAN. The WEMOS-IBFAN project is working to implement the WHO Code in the European Community and to regulate the exports of breast milk substitutes. It's activities include education of members of parliaments of member states, policy makers and consumer groups.

RESOURCES: It provides information materials and can assist in proposals for legislation.

WOMEN'S INTERNATIONAL PUBLIC HEALTH NETWORK (WIPHN)
7100 Oak Forest Lane
Bethesda, MD 20817, U.S.A.
Phone: 301 469-9210; Fax: 301-469-8423

WIPHN is a grassroots movement that serves as a resource network and umbrella organization for women's groups throughout the world in health and health related areas. WIPHN networks with other women's organizations to promote the sharing of resources, information and ideas. It publishes position papers on issues such as safe motherhood, women's rights to health, breastfeeding. It maintains a speakers bureau, provides technical assistance and sponsors programs, panels and meetings at conferences.

PUBLICATIONS: "WIPHN News"

The quarterly newsletter addresses international women's health issues, programs and opportunities.

WORLD ALLIANCE FOR BREASTFEEDING ACTION

P. O. Box 1200

10850 Penang, Malaysia

Phone: 604 884 816; Fax: 604 872-655

WABA is a global network of organizations and individuals who are dedicated to protecting, promoting and supporting the right of children and mothers to breastfeed. It was created in response to a need to strengthen and coordinate breastfeeding activities. Through World Breastfeeding Week, WABA brings attention to breastfeeding issues annually by focussing on selected themes. It mobilizes communities and resources for breastfeeding through national breastfeeding advocates and eight task forces which focus on the following areas: social mobilization, information, research, health care practices, education and training, mother support groups, women and work and code compliance.

RESOURCES: WABA provides information and moral support for breastfeeding advocates. It may occasionally provide limited financial support to enable groups to overcome barriers to protecting, promoting and supporting breastfeeding.

MATERIALS: WABA has produced a series of Activity Sheets and information sheets on various topics in breastfeeding. For World Breastfeeding Week, WABA produces an Action Folder which contains general information about the WBW theme and ideas for action. The 1993 theme is Women, work and breastfeeding.

PUBLICATIONS: "WABA Link"

WABA Link is a newsletter to promote information sharing among endorsers of WABA and supporters of breastfeeding.

WORLDVIEW INTERNATIONAL FOUNDATION

House No. 76A, Road No 12A

Dhanmondi, Dhaka 1209, Bangladesh

Phone: 813504, 311649; Fax: 02-813250 WIF, Telex: 642940 ADAB BJ or 642964 TEMPO BJ

Worldview International Foundation has been working in Bangladesh since 1981. The basic objectives are to inform, educate and motivate people on important issues of life and living, to build faith in their own resources and potentials and to help generate a participatory process of development where they will be creative participants rather than passive onlookers. Since 1984, WIF has been working on ways to prevent nutritional blindness through information dissemination. The strategy involves a multi-media approach to change attitudes and behavior towards growing and consumption of vitamin A rich foods to prevent night blindness in children.

RESOURCES: The WIF Media Centre provides technical assistance and training to government and non-government organizations on Bangladesh. It has conducted training in photography, video production and materials development.

MATERIALS: Materials include videos on water projects, family planning, breastfeeding, social mobilization, immunization and gender issues.