



# The UJANA Project

**Tanzania Youth HIV Prevention Project**

**Cooperative Agreement No. 621-A-00-06-00010-00**

**Quarterly Report: January-March 2011**

**Submitted May 13, 2011**

## SUMMARY

The UJANA project is a six-year cooperative agreement of the U.S. Agency for International Development Mission to Tanzania (USAID/T) and FHI. Funded by the U.S. President's Emergency Plan for AIDS Relief (PEPFAR), UJANA is a major youth HIV prevention project in Tanzania augmenting HIV prevention efforts by the Government of Tanzania (GOT) and building on the foundation of the USAID/PEPFAR-supported YouthNet/Tanzania project, which was also implemented by FHI.

Key achievements of the UJANA project during the quarter include the following:

- Nearly 123,000 individuals were reached with HIV prevention education during the quarter, including 19,737 people reached with interpersonal communication focusing on abstinence and being faithful (A&B), over 37,891 people with ABC and 1,699 individuals from most at risk populations (MARPs), 81 youth living with HIV and 61,055 people reached through community mobilization.
- UJANA and its partners commemorated Valentine's Day and International Women's Day in different regions of Tanzania. The commemoration activities included health talks, girls' and boys' power conferences, cartoon competitions, small group discussions and road shows.
- UJANA conducted a training of 20 "Kisura wa Tanzania" models on HIV prevention in relation to gender-based violence, life skills, MCP, cross-generational sex and risk behaviours associated with excessive alcohol use. Following the training, the Kisura models participated in outreach activities to deliver BCC messages to their peers.
- UJANA staff supported recording of two case studies that were used by Beautiful Tanzania Agency (BTA) to develop a six-part HIV/AIDS mini-series on GBV called "Girls Power" to complement the mass media component of the "Kisura wa Tanzania" program. The mini-series was recorded and broadcasted by Tanzania Broadcasting Company (TBC) during the "Kisura wa Tanzania" Program.
- UJANA kicked-off implementation of the Safe Schools pilot through a five-day planning meeting in Morogoro with three implementing partners that will implement the pilot initiative. A Ministry of Education and Vocational Training (MOEVT) representative also participated in the meeting.
- With Femina HIP, UJANA printed and distributed 343,000 copies of *Si Mchezo!* magazine (including 110,000 copies with USAID funding) and 173,000 copies of *Fema* magazine (32,500 copies with USAID funding), representing cost share with other donors. *Si Mchezo!* and *Fema* magazines are the two most widely read magazines in Tanzania.
- UJANA initiated youth advisory group (YAG) refresher trainings, which focused on orienting YAGs to new themes and guides for conducting health talks with youth at risk of HIV infection including IDUs, MSM, and female sex workers (FSWs). The YAG refresher trainings will continue in the next quarter.
- With facilitation by American Red Cross (ARC), UJANA conducted a "Daraja" TOT in Morogoro to four UJANA partners that implement "Daraja." The training was also attended by a representative from the Zanzibar AIDS Commission (ZAC).

Section I below provides a brief description of activities that were implemented during this quarter in line with the UJANA annual work plan and according to project objectives. Section II summarises targets and achievements for this quarter, related to the new PEPFAR indicators. Section III highlights progress on activities undertaken in Iringa region as part of USAID's Iringa Combination Prevention Initiative as outlined in the addendum to the FY2011 work plan for the UJANA Project. Section IV discusses management and operations issues and activities, and Section V discusses key challenges and the way forward.

## SECTION I – QUARTERLY ACTIVITIES

### Objective 1: To Support Youth Ages 10-24 to Reduce Their Risk of HIV Infection

#### Expected Result 1.1 Youth Knowledge, Attitudes and Skills to Reduce HIV Risk Improved

##### Planned Activities<sup>1</sup>

- *Implement curriculum-based education programs with in- and out-of-school youth.*
- *Implement other individual or small group HIV prevention education with youth*
- *Implement teacher- and/or peer-led activities in school*
- *Implement curriculum-based interventions using soccer as platforms for reaching youth.*
- *Reach HIV-positive youth and young discordant couples*
- *Implement youth activities through ongoing community events and around observances*
- *Produce and disseminate Si Mchezo! (targeting out-of-school youth 15-24 years)*
- *Produce and disseminate Fema (targeting in-school youth 15-24 years)*
- *Finalize, print, and disseminate other educational materials developed by Femina HIP*
- *Produce, print, and/or disseminate new and existing UJANA training, reference, and IEC materials*
- *Provide technical input into the development of a revised and/or new community resource kit*
- *Design and implement an interactive, mobile-phone based IEC campaign*
- *Implement limited-scale integrated HIV prevention and economic empowerment support for vulnerable girls and young women*

##### Activities Implemented

###### ***HIV Prevention Education with In- and Out-of-School Youth***

- SUMASESU conducted several trainings in Makete district of Iringa region. They conducted two trainings on life skills - an initial training to 30 out-of-school peer educators (15 males, 15 females) and a refresher training to 17 members of SUMASESU theatre group (7 males and 10 females). SUMASESU conducted weekly teacher-led sessions in 40 primary schools of Makete district in Iringa region using Ministry of Education and Vocational Training (MOEVT) curriculum; 1,932 students attended the sessions (963 males and 969 females). Additionally, SUMASESU conducted weekly peer education sessions to out-of-school youth in 15 villages using the UJANA Life Skills Manual; 310 out-of-school youth attended the sessions (161 males and 149 females).
- Elizabeth Youth Group (Kinondoni district of Dar es Salaam) conducted a six-day initial training on participatory theatre to 15 members (8 males and 7 females). They also conducted a three-day initial training on health talk facilitation to ten health talk facilitators (6 males and 4 females).
- Anglican Church of Tanzania in Mara region started implementation in March due to administrative matters that first required resolving. They conducted one health talk that reached 20 youth with ABC messages.
- NICE (Morogoro) held a meeting to introduce the project to 24 stakeholders, which included university representatives, students, students leaders, the Municipal Director, the Populations Services International (PSI) regional manager, Waishio na Virusi vya Ukimwi Morogoro (WAVUMO), AMREF Angaza Regional Coordinator and the Morogoro Regional NGOs Coordinator (UNGO). NICE held a three-day peer education training for 62 university students (32 males and 30 females) from Mzumbe, Open, SUA and Muslim universities. The UJANA health talk guide and life skills manual were used for discussion and facilitation of the training. Over 300 IEC materials and t-shirts were distributed during NICE's activities.

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<sup>1</sup> According to Annual Work Plan for the period October 1, 2010 – September 30, 2011 approved by USAID/T

### ***Reaching Youth through Soccer - Zinduka***

- Faraja Trust Fund (Morogoro) conducted 25 “Zinduka” interventions. Each intervention has ten sessions, and they managed to complete nine of the sessions by the end of the quarter. The final session, which includes graduation, will be conducted immediately after opening of the schools. Hence, during the quarter, Faraja reached 625 youth (310 males and 315 females).
- Youth Serve Trust Tanzania (YSTT) reached 249 youth (132 males and 117 females) in Kinondoni district of Dar es Salaam through “Zinduka” interventions. The coaches managed to complete nine sessions and will complete the tenth and final session, which includes graduation, during the first week after school reopens in April 2011.
- Iringa Development of Youth Disabled and Children (IDYDC) reached 500 youth (241 males and 259 females) from the “Zinduka” intervention. Through the “Zinduka” graduation, IDYDC also reached 474 parents/guardians/friends (233 males and 241 females).
- Private Nurses and Midwives Association of Tanzania (PRINMAT), which implements activities in Dar es Salaam, Coast and Morogoro regions, reached 3,281 out-of-school youth (2,135 males and 1,146 females) who use alcohol. PRINMAT reached the youth at bars that sell local brews in PRINMAT clinic catchment areas. The youth were reached with messages to raise their awareness on the risks of taking too much alcohol, including engaging in unprotected sex.

### ***Reaching HIV-positive Youth and Discordant Couples***

PRINMAT reached 87 youth living with HIV (45 males and 42 females) according to PHDP guidelines, despite some challenges, including that the community-based PHDP training guidelines for reaching youth are not yet finalized. The youth living with HIV were reached in five PRINMAT clinics and provided with services according to the PHDP services package.

### ***Kaka wa Leo and Dada wa Leo***

To promote gender equity, SUMASESU trained 20 youth (10 males and 10 females) in Makete district of Iringa on using “Kaka wa Leo” and “Dada wa Leo” curricula. Additionally, SUMASESU conducted weekly “Kaka wa Leo” and “Dada wa Leo” sessions to out of school youth in ten villages.

### ***Strengthening Meaningful Youth Participation through TA from TAMASHA***

Taasisi ya Maendeleo Shirikishi ya Vijana Arusha (TAMASHA), a UJANA Technical Assistance Partner (TAP), is working closely with ten selected UJANA implementing partners (IPs) from different regions of Tanzania to strengthen their youth participation efforts. During the quarter, TAMASHA conducted audits of two IPs - TAYOPA in Dar es Salaam and Youth Wings in Arusha. The audit aimed at assessing the youth representation and participation in the two organizations. TAMASHA conducted a workshop in Morogoro (February 15–26, 2011) to disseminate findings from an assessment on youth participation that was done with the IPs in October 2010. The IPs had an opportunity to go through the assessment report and share their feedback, which will be incorporated into the final report. TAMASHA also conducted a Training of Trainers (TOT) to 20 participants from ten IPs on youth participation. The aim of the training was to orient participants to the UJANA youth standards, reinforce the principle of youth involvement, develop skills on using the Swahili version of the UJANA Youth Participation Guide and how to incorporate youth participation in their daily work.

### ***HIV Prevention Education with MARPs***

- TAMASHA continued conducting bi-monthly learning sessions with female bar workers to empower them to protect themselves against HIV. The project is implemented in four wards in Temeke district in Dar es Salaam.
- Across the Bridge Tanzania (ABRITA), which implements in Dar es Salaam region, held a stakeholders meeting with local government authorities and CSOs to introduce their project to work with MSM and to gain local support as this is a group that is highly stigmatized. Thirty men who have sex with men (MSM) have agreed to participate in the training and serve as peer educators for the five selected wards.

- ZANGOC conducted two health talks for MARPs in February, reaching 60 injecting drug users (IDUs).
- ZAIADA (Unguja, Zanzibar) conducted a peer education refresher training to IDUs and non-IDUs on February 14-18, 2011. A total of 14 peer educators were trained (10 males and 4 females). Peer education sessions were then conducted by the trained peer educators. They reached a total of 556 individuals - 55 IDUs (48 males and 7 females) and 501 non-IDUs (434 males and 67 females). ZAIADA also held 3 community dialogues with the Department of Substance Abuse using the family-therapy approach. A total of 70 individuals were reached (25 males and 45 females). Lastly, ZAIADA conducted three participatory theatre activities reaching 561 individuals, 372 females and 189 males.
- Kwahani Quality Youth Group (Unguja, Zanzibar) conducted several trainings during the quarter. They conducted a training of 16 theatre artists on February 18-20, 2011. The training was facilitated by ZANGOC in cooperation with the Zanzibar AIDS Commission. A peer educators training was conducted on March 7-11, 2011, training a total of 14 MSM. The training was facilitated by coordinators from the Zanzibar AIDS Control Program. Peer education sessions were conducted by trained Peer Educators using the guide for conducting sessions with most at risk populations (MARPs) to reach a total of 150 MSM. At the “Kibao Kata” festivals, one-off health talks were conducted reaching a total of 53 youth MSM and 244 general population youth, the majority of which were male.
- UMATI Unguja (Unguja, Zanzibar) conducted a peer education training to commercial sex workers (CSWs) on February 21-27, 2011, training a total of 16 peer educators. Peer education sessions were also conducted with CSWs using FHI’s MARP guide to reach 47 female CSWs.
- Kimara Peer Educators (Dar es Salaam) conducted a peer education training using the UJANA MARPs guide to CSWs from Kimara, Mbezi, Kibamba and Ubungo. A total of 22 individuals (4 males and 18 females) were trained. The trained peer educators conducted outreach through nine health talks in the catchment areas of Kimara Matangini drop-in center and King’ongo container bar at Mbezi, which are areas frequented by CSWs. They reached a total of 187 female sex workers (FSWs), 16 of whom received VCT services. Kimara Peer Educators held a one-day participatory stakeholder session for 30 participants that included local government authorities (LGAs), police, health providers and social service providers from the catchments area. The aim of the meeting was to share lessons and means of reaching MARPs, particularly CSWs. Kimara Peer Educators also held a one-day anti-stigma session to 60 participants (30 males and 30 females), including LGAs, CSWs and police. The aim of the session was to address the rights of CSWs and to emphasize stigma reduction, so CSWs can freely seek STI and HIV services to maintain their health and prevent the spread of infectious diseases to the community.

### ***Ongoing Community Events and Observances***

Femina HIP, UJANA Strategic Partner, conducted its **Annual Youth Conference** from January 24-26, 2011 at Belinda resort hotel in Dar es Salaam with the theme “Jump Up and Build Your Life”. Femina HIP’s first youth conference was held in 2007 and has become a regular and important forum for both students and teachers. The objective of the conference was to introduce youth to entrepreneurial ideas, acquaint young people with the realities of being independent and help students feel good about themselves and know that they can manage their own lives. Through the conference, 100 individuals were reached (59 males and 41 females).

In February, Femina HIP’s Community Mobilization team participated in the **Sauti za Busara Music Festival** in Zanzibar. The festival showcased a variety of African music with more than four hundred musicians participating over several days. Femina HIP reached 1,485 individuals (853 males and 632 females) through their products and health talks.

Green Hope, a new LNGO in Mwanza, conducted **Valentine’s Day**-related events in Kirumba and Kitangiri wards. They conducted four community events that reached 2,710 individuals (1,396 males and 1,314 females) with community mobilization. Four GDIs, 13 health talks, four girls’ and boys’ power conferences, four cartoon competitions, and ten small group discussions with story cards that reached 1,080 youth (550 males and 530 females) with ABC messages. Femina HIP also took part in the commemoration of Valentine’s Day at Mbagala in Dar es Salaam. In collaboration with other partners, primarily EngenderHealth, Femina HIP participated in

addressing issues regarding multiple concurrent sexual partnerships (MCP) and partner communication. Femina HIP had a publication booth and displayed and distributed products as well as interacted with the audience. In total, 400 individuals were reached in Mbagala (214 males and 186 females).

In early March, Femina HIP participated in a joint commemorative event for **International Women's Day** at Mnazi Mmoja grounds in Illala Municipal. The theme of the event was "100 years, 100 women, 100 messages, One Voice." Participants shared testimonies about themselves and gender inequality issues. The Permanent Secretary for the Ministry of Labor and Youth Development, Honorable Kijakazi Mtengwa, was among the participants who contributed remarks regarding women empowerment.

UJANA provided supportive TA to *Ishi* youth advisory group members (YAGs) and LNGO contact persons while conducting International Women's Day activities that included youth-parent talks, Girls' Power Conference, community events, road shows, and a VCT and information booth with distribution of IEC materials. Activities were conducted in partnership with other stakeholders including local government leaders, NGOs such as CHAWAKUA, secondary school teachers, youth artists and in- and out-of-school youth of the selected three wards of Baraa, Olereni and Terati. A total of 3,654 individuals were reached (1,692 males and 1,962 females). A total of 2,156 IEC materials were distributed, and 150 individuals (63 males and 87 females) were referred for VCT services.

UJANA staff observed that there is a high need for HIV and reproductive health education for in-school youth, because during the preparatory meeting it was proposed that one of the events be organized for in-school youth. Additionally, during the Girls' Power Conference, girls had many questions about reproductive health such as the "safe days" for a young woman to have sex without conceiving. It was a challenging question for the facilitator who wanted to provide accurate information but did not want the young women to practice risky sexual behavior. The facilitator provided accurate information and emphasized abstinence to encourage the young women to concentrate on their education for their future. During the youth-parent talks both youth and parents expressed frustration about communicating with each other. However, a few families were able to share their successful communication experiences and the benefits of communicating with each other. Parents acknowledged the importance of discussing difficult issues such as reproductive health with their children.



Photo 1: Girls' Power Conference



Photo 2: Youth discussing MCP banner

### ***Youth HIV Prevention Print Materials***

Femina HIP printed and disseminated 170,000 copies of the January/February 2011 issue (52) of *Si Mchezo!* magazine, including 55,000 from USAID/UJANA funding. Last quarter, the *Si Mchezo!* team travelled to Njombe to collect real life stories and voices. The theme for issue 52 is entrepreneurship, and in particular linking it to Femina HIP's *Ruka Juu (Jump Up!)* TV reality competition. Some of the local partners included TANWAT, Daraja, LGA and Technoserve. *Si Mchezo!* 52 also includes an article from *Ishi*/UJANA called

“*Kisura*”, which focuses on promoting young girls’ self-esteem and the fight against gender-based violence (GBV).

Femina HIP printed 173,000 copies of the March/April 2011 issue (53) of *Si Mchezo!* magazine, including 55,000 from USAID/UJANA funding. The issue focused on educating youth about basic elements of entrepreneurship, e.g., access to micro-finance loans, starting small businesses, ownership, customer care and savings. *Si Mchezo!* 53 includes a second article from *Ishi/UJANA* on “*Kisura*” building on the first one in *Si Mchezo!* 52.

Femina HIP also printed and disseminated 173,000 copies of issue 19 of *Fema* magazine (January-March 2011), including 32,500 from USAID funding. The main aim of the issue was to promote entrepreneurship and Femina HIP’s new version of Fema TV Talk Show *Ruka Juu*. Femina HIP wants to acquaint young people with the realities of small business employment and ownership. UJANA/*Ishi* staff prepared the content material for the *Ishi* page of *Fema* issue 19; the content of the *Ishi* page focused on GBV issues and activities that took place during “*Kisura wa Tanzania*” (modelling competition) audition in regions. Like the UJANA/*Ishi* objectives, the program’s goal is to help youth feel good about themselves and know that they can manage their own lives and protect their health, including HIV prevention. Additionally, Femina HIP began to compile content for a *Si Mchezo!* poster and plans to finalize it next quarter.

Editing, translation, photography, layout and design for *Fema* 20 (April-June 2011) was conducted in quarter two. The issue will be printed and distributed in April 2011. The theme of the issue is to encourage men to be more responsible in their relationships in collaboration with EngenderHealth’s CHAMPION project and other partners RFSU (the Swedish Association for Sexuality Education) and PSI. In conjunction with UJANA/*Ishi* objectives, the *Fema* issue 20 aims to help young men understand themselves better so as to manage their own lives and protect their sexual and reproductive health, including HIV prevention. The issue will also include the topic of partner communication. Thirty participants (20 males and 10 females) from Modern Star Group in Gongo la Mboto in Ilala municipality were involved in male involvement discussions for production of the photo story. Femina HIP’s Youth Advisory Board was also consulted during the planning of the issue.

Femina HIP’s *Ruka Juu* (Jump Up!) TV reality competition, which was promoted in *Si Mchezo!* and *Fema* magazines, also linked to Femina HIP’s SMS project ‘Sema na Fema’ (Speak Up). Sema na Fema is an SMS platform to strengthen Femina HIP’s participatory approach to produce content as well as increase public access of media and information.

Femina HIP received feedback on the MCP booklet from the TACAIDS National Advocacy Advisory Board. Femina HIP has been incorporating feedback from all parties and gathering materials in preparation for layout of the next draft.

### ***Integrated HIV Prevention and Economic Empowerment Intervention***

Through Pact, “Dada wa Leo” sessions were conducted by trained facilitators to reach vulnerable young women. So far a total of 520 young women from Kilolo, Ilala and Kinondoni have been reached. During the quarter, Assistant Coordinators and Empowerment Workers continued to make follow-up supportive and mentoring visits to those trained in the WORTH economic empowerment model and “Dada wa Leo” HIV prevention and women empowerment curriculum.



Photo 3: Women reached with “Dada wa Leo” and WORTH with their Empowerment Worker

### ***Piloting Safe Schools Initiative***

UJANA conducted a five-day planning meeting in Morogoro municipality from March 28 to April 1, 2011 with three identified IPs (SUMASESU, St. Camillus and Faraja Trust Fund) that will implement the pilot initiative. The aim of this meeting was to start planning and budgeting for pilot activities. The Ministry of Education and Vocational Training (MOEVT) also sent their representatives who were involved in the meeting to support implementation of the initiative. The MOEVT representatives were the Head of Gender and an HIV/AIDS Education Coordinator representative. Translation of the “safe schools” training and reference materials (Doorways) into Swahili continued during the quarter.

### **Expected Result 1.2 Access to Quality Youth Friendly Services (YFS) Expanded**

#### **Planned Activities**

- *Train CHMT and RHMT members on YFS and train YFS trainers.*
- *Conduct monitoring and supportive supervision visits to designated YFS delivery points.*
- *Finalize, print, and use a post-test club curriculum*
- *Create demand for medical male circumcision services and facilitate referrals*
- *Provide technical support for the development of training materials for CTC staff*
- *Reach married/coupled youth with HIV prevention information through RH services*

#### **Activities Implemented**

##### ***Training of CHMT and RHDMT on YFS***

AMREF, UJANA Strategic Partner, organized a two-day advocacy/sensitization meeting on adolescent reproductive health (RH) and YFS for 59 regional and six districts leaders of Coast region. The meeting was held on February 25-26, 2011 at Kihaba, facilitated by the Reproductive and Child Health section of the Ministry of Health and Social Welfare (MOHSW) and opened by the Honorable Regional Commissioner of Coast region, Hajjat Amina Mrisho Said. Attendees included regional health management team (RHMT) members and some council health management team (CHMT) members from Mafia, Rufiji, Mkuranga, Kisarawe, Kibaha, and Bagamoyo districts. Key issues discussed at the meeting were that adolescent reproductive health (ARH) is not a priority in many of the regional and councils plans; many policies, laws, standards and guidelines are not reaching primary implementers at the facility level; and economic gain of youth

versus cost sharing for health services is a hindrance to youth attending health facilities. To resolve the noted gaps, participants agreed to obtain the key documents and share them with staff at the health facilities as well as ensure inclusion of YFS in the 2011/2012 Comprehensive Council Health Plan (CCHP).

AMREF also provided technical assistance to the CHMTs in three districts (Makete, Njombe and Mufindi) during development of their CCHP. It was facilitated by two members of the RHMT from March 24 – April 1, 2011. As a result, each district included ARH activities in their plans.

In March UJANA staff facilitated a regional sensitization meeting in Morogoro on YFS in provision of HIV care. The meeting was attended by nearly 30 participants from several districts of Morogoro and included representatives of Morogoro Regional Hospital, the Regional Medical Officer (RMO), District Medical Officers (DMOs), District Nursing Officers (DNOs), Council HIV/AIDS Coordinators (CHACs), District AIDS Control Coordinators (DCCOs), District AIDS Committees (DAC), District Reproductive and Child Health Coordinators (DRCHCO), and School Health Clubs (SHC).

#### ***Monitoring and Supportive Supervision to YFS Delivery Points***

AMREF and UJANA staff, in collaboration with CHMT members in Makete, Njombe and Mufindi, visited six health facilities whose service providers were trained previously on YFS. The visited facilities are Kasanga Health Center and Igowole Dispensary in Mufindi, Kibena and Town Health Centers in Njombe and Bulongwa Health Center and Ujuni Dispensary in Makete. AMREF and UJANA staff observed that trained health service providers are now more skilled in serving youth, female youth access services more than male youth, and innovations have been observed at some sites like Bulongwa Health Center where YFS information is provided through mobile services. During the quarter, 951 youth (434 males and 517 females) were reached.

However, service providers did report some challenges. For example, many youth do not want referrals, because they want to maintain confidentiality; female youth prefer oral contraceptives for family planning, but this will not protect them against STIs, including HIV; many youth complain of cost sharing as a hindrance to obtaining services; there was a shortage of STI drugs at some of the visited health facilities; and a shortage of service providers continues to be a problem at some of the health facilities.

#### ***Demand Creation for Medical Male Circumcision***

Please refer to activities under Section III: Iringa Combination Prevention Initiative.

#### ***HIV Prevention with Married/Coupled Youth through RH Services***

PRINMAT reached married and unmarried youth through several interventions during the quarter. They conducted HIV prevention sessions to married youth and unmarried out-of-school youth at 11 clinics where a total of 5,054 (1,530 males and 3,524 females) were reached with AB messages through integrated services. PRINMAT conducted health talks to married youth and unmarried out-of-school youth at eleven clinics and catchment communities where a total of 6,230 (3,631 males and 2,599 females) were reached with AB messages. These interventions were integrated into entertainment and sports activities, including football, netball and theater performances. PRINMAT also reached 6,334 married and unmarried youth (3,939 males and 2,395 females) with HIV prevention messages through four community events at Capricorn (Kilosa), Kitunda and Neema (Kinondoni) and St.Magdalena (Mkuranga) clinics.

PRINMAT held a refresher training in Dar es Salaam on February 2-4, 2011 for 20 youth (14 males and 6 females) on leading health talks and management of satellite points. These youth are leaders of five satellite points attached to five PRINMAT clinics.

PRINMAT printed and distributed 260 t-shirts and 495 booklets on “Linda ndoa yako” (protect your marriage); 660 posters and 990 leaflets on alcohol; 165 leaflets on “Mtandao wa UKIMWI” (sexual network); and 660 *Si*

*Mchezo!* magazines. PRINMAT also distributed sports and entertainment materials (33 footballs, 33 netballs and 12 drums) to their project sites during the quarter.

PRINMAT hired a local consultant from the University of Dar es Salaam (UDSM) to conduct a mid-term evaluation of their work through the UJANA project. UJANA staff provided technical support to PRINMAT in the preparation of the concept and terms of reference for the evaluation. The consultant is now completing the mid-term evaluation report, which will highlight the strengths, areas for improvement and suggestions for the way forward.



Photo 4: Beneficiaries/respondents completing self-administered questionnaires at PRINMAT Neema Clinic in Kilosa district, Morogoro for the project evaluation

### **Expected Result 1.3 Meaningful Youth Involvement in HIV Prevention Programming Increased**

#### **Planned Activities**

- *Facilitate refresher training/technical updates for Ishi YAGs and LNGOs*
- *Engage Ishi Ambassadors to provide supportive TA to LNGOs and YAGs*
- *Support young people to participate in regional or national trainings/conferences*
- *Identify and attach one youth intern to the Ishi program*
- *Train youth workers as trainers, covering newly-developed UJANA youth agenda and standards*

#### **Activities Implemented**

##### ***Refresher Trainings/Technical Updates for Ishi YAGs and LNGOs***

UJANA developed a concept and plan for a YAGs refresher training, particularly on reaching MARPs, because recent TA visits by UJANA staff and monthly IP reports have revealed that YAGs and IPs are facing challenges in reaching these key populations, especially in identifying the target groups and how to reach them with appropriate messages for behavior change. The refresher training plan also sought to address challenges faced in utilizing the youth-parent communication guide.

UJANA facilitated YAGs refresher training from Mach 9-17, 2011 in Manyara. The training was provided to 18 participants, including 15 YAG members, two contact persons, and one DACC. The training focused on

orienting YAGs to new themes and guides for conducting health talks with youth at risk of HIV infection including IDUs, MSM, and female sex workers (FSWs).

### ***Support Youth Participation in Conferences***

UJANA staff provided TA to St. Camillus to submit an application, which was successful, for a forthcoming Right For Youth Foundation conference taking place in South Africa in May 2011.

### ***Training of Youth***

St. Camillus (Dar es Salaam) organized a six-day refresher training for 14 individuals (7 males and 7 females) to serve as Youth Intervention Facilitators (YIFs) during community-based interventions. The training of the YIFs is a key element in the intervention and was conducted by St. Camillus facilitators and UJANA staff. After the training, St. Camillus conducted door-to-door introduction visits with stakeholders.

## **Objective 2: To Increase Social and Community Support for Youth HIV Prevention**

### **Expected Result 2.1 Influential Adults' Knowledge, Attitudes and Skills to Help Reduce Youth HIV Risk Improved**

#### **Planned Activities**

- *Implement adult-youth communication activities*
- *Build capacity of IPs to implement adult-youth communication activities with TA from American Red Cross*
- *Using the Muslim Family Life Education (MFLE) and Christian Family Life Education (CFLE) manuals, build capacity of faith leaders and adults to reach youth*
- *Train ZINDUKA master coaches and coaches to deliver HIV prevention education to youth with TA from Grassroot Soccer*
- *Build skills and commitment for integrating HIV prevention in education provided by traditional initiators*

#### **Activities Implemented**

##### ***Adult-Youth Communication***

To improve adult-youth communications, Support Makete Self Support (SUMASESU) conducted trainings on life skills to teachers in Makete district of Iringa region - an initial training on life skills to 32 primary school teachers (19 males and 13 females) and a refresher training on life skills to 48 primary school teachers (25 males and 23 females).

ABRITA conducted four youth-parent talks in Kinondoni district of Dar es Salaam region that reached 135 youth (73 males and 62 females) individuals with ABC messages.

UMATI Unguja conducted a "Daraja" refresher training on March 24-27, 2011 to 17 Daraja facilitators (8 males and 9 females). The training was facilitated by the trained Daraja TOT.

##### ***Capacity Building of IPs to Implement Adult-Youth Communication (Daraja)***

In March a ten-day "Daraja" TOT was conducted in Morogoro to four UJANA IPs that implement "Daraja" (CCT, AFNET, UMATI Unguja and SUMASESU). The training was attended by three people from each IP as well as a representative from the Zanzibar AIDS Commission (ZAC). The training was facilitated by American Red Cross (ARC) staff involving a total of 16 participants (9 males and 7 females). A field-test of a draft follow-up assessment tool was conducted in Msowero ward (one of the AFNET sites) involving previous

participants in “Daraja” sessions. Findings and feedback from the field-testing are currently being compiled by ARC for finalization of the follow-up assessment tool and protocol in the next quarter. Once finalized, the follow-up assessment tool will be used to assess the effectiveness of the “Daraja” sessions on beneficiaries.

### ***Capacity Building of Faith Leaders and Adults to Reach Youth***

To build the capacity of faith leaders to reach youth, SUMASESU conducted two trainings on using the Christian Family Life Education (CFLE) manual in Makete district of Iringa region - an initial training to 34 religious leaders (30 males and 4 females) and a refresher training to 46 religious leaders (42 males and 4 females). SUMASESU also held a quarterly meeting with 60 religious leaders to share experiences and encourage each other to devote more time to reaching youth, their parents and others in the community with HIV prevention messages.

The Christian Council of Tanzania (CCT) trained 14 new pastors (12 males and 2 females) from three districts of Kilolo, Iringa rural and Kilosa in CFLE, and 20 CFLE training manuals were distributed to the newly-trained pastors. CCT also conducted a refresher training to 24 existing peer educators (13 males and 11 females) from seven wards of Kilolo, Iringa rural and Kilosa and trained 33 new peer educators (14 males and 19 females) from the same 3 districts.

Mwinyibaraka Islamic Foundation (Dar es Salaam and Coast), which will implement activities during the Holy Month of Ramadan drawing topics from the Muslim Family Life Education (MFLE) manual, submitted their first draft proposal to UJANA and are now working on finalizing their proposal following feedback received from UJANA.

### ***Zinduka Training of Coaches***

During the quarter, UJANA staff oriented the new Grassroots Soccer program coordinator to UJANA’s “Zinduka” IPs - IDYDC (Iringa), Faraja Trust Fund (Morogoro) and YSTT (Dar es Salaam). Additionally, UJANA and Grassroots Soccer held a meeting with a Trustmark graphic designer to discuss production of a skills DVD and the second edition of the “Zinduka” magazine. Agreement was reached on the layout for the “Zinduka” magazine.

Faraja Trust Fund (Morogoro) recruited 25 new coaches (10 males and 15 females) – ten from Morogoro Rural and 15 from Morogoro Urban. The majority of coaches are teachers, which improves the sustainability of the program, since they are full-time employees. The aim of recruiting the coaches was to scale up to more areas and strengthen coach pairs. YSTT (Dar es Salaam) recruited six new coaches (3 males and 3 females). The aim of recruiting the six new coaches was to replace six coaches that dropped out of the program in FY10.

Faraja conducted a successful six-day training of Coaches (ToC) course on February 7-12, 2011 at Masuka Village Hotel in Morogoro. The ToC was attended by 31 newly-recruited coaches (13 males and 18 females) from Faraja and YSTT. The training was conducted by four master coaches, two from Faraja and two from YSTT, with support from UJANA and Grassroots Soccer staff members. The participants were awarded “Zinduka” certificates of attendance upon completion of the training. Unfortunately, five previously-trained Faraja coaches dropped out this quarter as they were reassigned to other schools.

IDYDC recruited 17 new coaches (9 males and 8 females) in Iringa region. The aim of recruiting the 17 coaches was to replace coaches that dropped out of the program in FY10 and to scale up to more areas. IDYDC conducted a six-day ToC course to 17 newly-recruited coaches (9 males and 8 females) on January 23-28, 2011. The ToC was facilitated by two master coaches (one from Faraja and one from IDYDC). Participants were awarded certificates of attendance after completing the “Zinduka” curriculum. Furthermore, IDYDC master coaches conducted a Development Course (DC) for 40 existing IDYDC coaches to refresh their training and orient them to any new Zinduka concepts. The DC was facilitated by an IDYDC master coach with support from UJANA and Grassroots Soccer staff. During the DC, coaches shared experiences and lessons learned and

agreed on an action plan for the way forward, including an assessment of new master coaches to be trained in the future.



Photo 5: Zinduka Training of Coaches

### ***Train Traditional Initiators***

Wings Environment and Education Transformation Unity (WEETU), operating in Mvomero district of Morogoro region, held a project review meeting in February 2011 in which ten members attended the meeting - four from WEETU and six from the six wards of the project. They discussed the challenges and successes of the project, and some parents requested a special training for their daughters who had already participated in the traditional initiation training that did not include the HIV/AIDS component. Through health talks, WEETU reached 26 traditional initiators (Makungwi) and 575 girls. The talks focused on gender awareness, negotiation skills, unwanted pregnancies, HIV and STIs. The booklet “*Vipindi vya Maisha*” (Growth and Changes) was given to each girl to provide them with information on these health issues. WEETU conducted a post-intervention assessment in two wards - Tawa and Bunduki. The results showed an increased awareness of HIV/AIDS, its symptoms and means of transmission as well as increased knowledge about how traditional customs, such as female genital mutilation, wife inheritance and MCP, lead to increased incidence of HIV.

## **Expected Result 2.2 Social and Cultural Norms that Promote Community Support for Youth HIV Prevention Strengthened**

### **Planned Activities**

- *Implement community outreach and mobilization activities through IPs and Ishi LNGOs*
- *Build the capacity of IPs and Ishi LNGOs/YAGs/theater groups to use performing arts with TA from Parapanda Theatre Lab*
- *Support the ongoing "Pilika, Pilika" radio program*
- *Support ZAC and local LNGO on Zanzibar to develop and air 6-month radio program*
- *Air PSAs on themes of MCP, GBV, and alcohol use*
- *Post billboards, paint murals, and hang banners with five different messages*
- *Provide interpersonal communication support for media campaigns*
- *Partner with Bongo Star Search, “Kisura wa Tanzania”, “Ruka Juu”, and/or other television programs*
- *Produce two PSAs for television on key HIV prevention themes including GBV*

## **Activities Implemented**

### ***Community Outreach and Mobilization***

- Femina HIP's outreach team traveled to Kagera region where they conducted three road shows in Muleba, Misenyi and Bukoba districts. Kagera region is densely populated with subsistence and commercial farming as well as coffee and sugarcane industries and small scale mining. Livelihood, environmental degradation and entrepreneurship issues were addressed through Q&A, drama and entertainment. The theme of the road shows was "Life skills and Entrepreneurship." Femina HIP worked with different local organizations, including Zam Zam Youth Centre and the Red Cross, and received information and guidance from the local government authority. Femina HIP reached 5,000 individuals (2,491 males and 2,509 females) through the road shows. FM radio (e.g., Vision and Kasibante) as well as Channel 4 TV local stations helped promote the road shows. Femina HIP also conducted secondary school visits in four regions: Kigoma, Morogoro, Arusha and Dar es Salaam reaching a total of 802 school youth (381 males and 421 females). The purpose of the school visits was to strengthen the relationship between Femina HIP and schools, to ensure that Femina HIP products are used and circulated in a systematic way and to get feedback on what students think about the content in *Fema* magazine. School visits are also an important means to monitor the distribution system and to promote Fema Clubs activities.
- Tanzania Development and AIDS Prevention (TADEPA), which only began implementing activities this quarter due to administrative matters that needed to be resolved, conducted eight health talks and two group discussion initiatives (GDIs) that reached 218 youth with ABC messages. The activities were conducted in Kibeta ward of Kagera region. In the youth camps where health talks were conducted, the YAGs were challenged with working with youth that could not read or write, so much of their time was consumed with reading and filling out questionnaires for them.
- Zamzam Prevention Information Resource Center (PIRC) conducted activities in Miembeni and Nyanga wards of Kagera region. They conducted four health talks of which one was for (MARPs, three GDIs, two education sessions, one public talk, and one youth-parent talk reaching 230 individuals (134 males and 96 females) and 20 female sex workers. They also conducted one community event that reached 433 individuals (220 males and 213 females) and one monthly peer educators and PIRC coordinators meeting. A total number of 250 individuals were referred for VCT (104 males and 146 females) and three individuals (2 males and 1 female) for STI treatment.
- Zanzibar NGO Cluster on HIV/AIDS (ZANGOC) conducted three community events and two health talks for the general population in February, reaching a total of 120 individuals (60 males and 60 females).
- UMATI Pemba conducted public participatory theatre activities to reach 610 individuals (296 males and 314 females).
- Scout Mafinga (Iringa) continued to focus on migrant labour, which has a strong presence in Mufindi district. Through interactive theatre using local situations, the community was challenged to reflect on the danger posed by in-bound seasonal migration of young male labourers with disposable income and social norms of host communities that tolerate men having multiple concurrent partnerships. They also focused on the misconception that being in several 'steady' relationships, especially with young female partners not deemed to be promiscuous (often school girls), does not place either the male or female partner at risk of HIV infection and how the risk of acquiring HIV increases for young women involved in cross-generational sex. Scout Mafinga continued to integrate male circumcision (MC) messages into their activities as an effective strategy for preventing HIV. During the quarter, Scout Mafinga implemented ten door-to-door sensitization visits, a refresher training on HIV/AIDS and participatory theatre techniques for 15 theatre artists, five meetings with managements of timber and tea estates and 16 community events with sports, games, interactive theatre, HIV testing, etc. Through these activities, Scout Mafinga reached 3,583 individuals (1,546 males and 2,037 females).
- St. Camillus (Dar es Salaam) conducted six road shows, six larger community events, and health talks with youth at their camps and around the streets of Ilala municipality. The health talks mainly focused on HIV

prevention, reproductive health, GBV, alcoholism, and MCP. These events were complemented with edutainment and other interpersonal communication activities such as Q&A, group discussions, HIV testing, testimonials and distribution of various IEC materials with messages on GBV, HIV, etc. Through these activities, St. Camillus reached 1,977 individuals (916 males and 1,061 females).

- Tanzania Young Positive Ambassadors Living with HIV/AIDS (TAYOPA) conducted five road shows, 250 health talks and five community outreach events to reach 9,393 individuals (4,643 males and 3,750 males) in Kinondoni municipality (Dar es Salaam).
- CCT peer educators reached 955 youth (452 males and 503 females) with AB messages, and CCT-trained pastors reached 551 individuals (202 males and 349 females) in Iringa rural and Kilolo districts with CFLE information.
- Ishi YAGs conducted various community outreach and mobilisation activities in project sites. Activities included community events, health talks, festivals in schools and “girls’ power conferences” reaching 19,241 individuals (9,623 males and 9,618 females). Ishi LNGOs also held regular meetings with YAGs and Regional Ishi Management Teams (RIMTs) to monitor activity implementation.

**Capacity Building in Performing Arts**

Parapanda Theatre Lab, a UJANA TAP, conducted an initial training for “jokers” who will facilitate discussions during their community interactive theatre events. The workshop took place in Iringa from March 21-26, 2011 and brought together 30 participants from UJANA and Ishi YAGs. This was the second workshop for “joker” training for participatory theatre. The first one was conducted in 2010 with 35 participants. Development of the audiovisual teaching aid on interactive theatre techniques also began during the quarter.

**Face of Tanzania (FOT) / Kisura wa Tanzania Modelling Competition**

In follow-up to last quarter’s “Kisura wa Tanzania” activities, UJANA held a five-day training with Kisura models. Three days of the training were on HIV prevention in relation to GBV and other gender topics from “Dada wa Leo” and the GBV session guide, including life skills, MCP, cross-generational sex, and risk behaviors related to excessive alcohol use. Two days of the training were on small group outreach facilitation focusing on skills for mobilizing and delivering various Behavior Change Communication (BCC) messages to young women related to HIV prevention both through community outreach and television. St. Camilus and Malezi Theatre Lab supported the training on small group facilitation skills using drama as a channel of delivering GBV messages.

The training was held at Kiromo Hotel in Bagamoyo district from February 14-18, 2011. A total of 20 Kisura models attended the training with three YAG ambassadors and two FOT staff. The training was facilitated by three UJANA staff and two YAG ambassadors. Following the training pre- and post-tests revealed that 85% of the 20 participants showed an increased knowledge about GBV following the training.



Photo 6: A “Kisura” model making a presentation during the training.

After the training, the Kisura models participated in outreach activities to deliver BCC messages to their fellow youth. They were involved in facilitation of small group health talks on GBV and theatre performances on GBV during community events. While the models were successful at delivering BCC messages through theatre performances, they found it more difficult to facilitate the group health talks with their peers but were able to do it successfully with guidance from YAGs and/or UJANA staff. The outreach activities with the “Kisura” models were conducted on February 25-27, 2011 at Kinondoni, Bagamoyo and Temeke reaching a total of 3,750 individuals (1,320 males and 2,430 females), the majority of which were young people. A total number of 2,570 IEC materials were distributed during the events, including “Ukweli kuhusu UKIMWI” (Facts about HIV) leaflets and Ishi t-shirts. A total of 137 individuals (53 males and 84 females) were referred for VCT services.

### ***Youth HIV Prevention Radio Programming***

Femina HIP recorded and aired 12 episodes (episodes 348-360) of the weekly “*Pilika, Pilika*” radio soap opera. The themes of partner communication and discordant couples continued within the episodes as part of UJANA/Ishi objectives. Editorial collection was done in Arusha and Dar es Salaam. “*Pilika Pilika*” journalists consulted Dr. Primus and Dr. Agape Francis of Muhibili National Hospital who cleared misconceptions and provided well-researched, credible information. Further interviews were conducted with other groups, including pastors, a sheikh, traditionalists, a marriage/HIV counselor and a discordant couple. Partners BAKWATA, Arumeru District Council, Usa River Community Dispensary collaborated in the production process.

In March, Theatre for Social Development (THESODE) recorded eight episodes of “*Mshike Mshike*” radio soap opera and magazine shows, which began to air on Sauti ya Tanzania Zanzibar (STZ) FM radio station in mid-March. A total of six episodes were aired by the end of March. UJANA staff provided TA to THESODE on development of the soap opera episodes through a one-day workshop with 15 participants that included THESODE staff and staff from the two local radio stations that aired the episodes. The workshop focused on program setting, timeline, issues to be covered, characters, behaviour change objectives, storylines/plots, scripts, and links to the magazine show. Topics covered in the episodes included HIV prevention and unprotected sex (in particular, sex work and MSM behaviours), HIV counselling and testing, injecting drug use, alcohol use, GBV, cross-generational sex, MCP, stigma and discrimination, living with HIV and parent-child communication.

### ***Billboards, Murals and Banners***

The posting of 27 murals to Ishi rural sites with messages on GBV, MCP, cross-generational sex, and alcohol/drug use was completed in early February 2011.

### ***HIV Prevention Programming on TV***

UJANA staff supported recording of two case studies in Magu district in Mwanza region and Tabora region that were used by Beautiful Tanzania Agency (BTA) to develop a six-part HIV/AIDS mini-series on GBV called “Girls Power” to complement the mass media component of the “Kisura wa Tanzania” program. UJANA linked with IPs to select human interest stories/case studies for the mini-series as well as wrote guidelines for the interviews. The mini-series was recorded and broadcasted by Tanzania Broadcasting Company (TBC) during the “Kisura wa Tanzania” Program. The mini-series integrated BTA’s elements of self-knowledge to convey how GBV and HIV impact women’s lives through human interest stories of survival, courage, recovery and triumph. The human interest stories were drawn from testimonies by GBV survivors, young women living with HIV, young women recovering from drug use and former commercial sex workers. The testimonies were supplemented by interviews with service providers and other stakeholders who come into contact with or care for survivors of GBV, including sexual violence. Feedback from viewers, including FHI staff that had an opportunity to view the program, was positive as it created dialogue and discussion in the community.

The final, approved television PSA on GBV (“dala dala”) was aired during the quarter.

As mentioned under key result 1.1, the new Femina HIP entrepreneurship TV reality competition *Ruka Juu* (Jump Up!) was promoted through *Si Mchezo!* magazine issues 52 and 53 and through *Fema* magazine issue 19.

### **Objective 3: To Strengthen the Quality and Coordination of Youth HIV Prevention Programming**

#### **Expected Result 3.1 National and Local Government Youth HIV Prevention Efforts Strengthened**

##### **Planned Activities**

- *Support quarterly meetings to coordinate integration of youth HIV prevention and RH*
- *Provide technical and/or financial support to MOHSW to disseminate and build capacity in the implementation of national standards*
- *Support MOHSW in their review and harmonization of peer education training*
- *Finalize peer education training manual adapted from Y-PEER with TA from NOPE*
- *Support TACAIDS to print and disseminate youth THMIS booklet and support MOHSW to develop, print, and disseminate a youth TDHS booklet*
- *Support MOEVT to re-print, distribute, and orient users on key HIV prevention materials*
- *Support MOEVT, Institute of Social Work, Teachers Training Union, and/or others to integrate HIV prevention in teacher/tutor training materials or curricula and/or to use developed curricula to train teachers and/or teacher trainers.*
- *Communicate closely with key government ministries at national and local levels*
- *Participate in relevant HIV prevention forums, meetings, workshops, etc.*
- *Support dissemination and implementation of select youth-focused components of Iringa region operational plan*

##### **Activities Implemented**

###### ***Adolescent Reproductive Health (ARH) Working Group***

UJANA continued supporting the ARH Technical Working Group serving as its secretariat. UJANA organized and attended a one-day ARH Technical Working Group meeting on March 31, 2011, which was attended by 25 participants from the government, development partners and national and international NGOs. The meeting focused on obtaining updates from three task forces working on strategies for reducing adolescent pregnancy, national ARH day and dissemination of National Standards in Peer Education. Key resolutions from the meeting included having all task forces incorporate feedback received during the meeting to finalize their relevant documents, formulation of a task force to propose strategies for reaching young PLHIV (FHI/UJANA and PRINMAT are among the members) and the MOHSW to request lead partner organizations to submit summary quarterly reports and plans. The next meeting is scheduled for early June 2011.

###### ***Support Dissemination of National Standards***

UJANA organized and attended a two-day workshop to plan for the dissemination of the National Standards in Peer Education for Young People. The workshop was conducted in Morogoro on March 10-12, 2011 and attended by 17 government and civil society participants with experience in peer education. The key deliverable was a draft plan for dissemination of the standards with a clear explanation of how they are to be used. The draft plan proposes dissemination through workshops at various levels, incorporation into agendas of existing forums and integration into ongoing trainings.

###### ***Support to Ministry of Education and Vocational Training (MOEVT)***

UJANA staff worked with the MOEVT to identify and review their 2011 priorities. UJANA is currently planning to support MOEVT to print more of the “Guidelines for implementing HIV/AIDS and Life Skills

Education Program in Schools” and facilitate orientation for education officials on use of the guidelines along the lines similar support UJANA provided in FY10. UJANA will work to finalize plans with the MOEVT in the coming quarter.

#### ***Institute of Social Work (ISW)***

During the quarter UJANA worked with ISW to finalize their proposal and budget for FY11. Activity implementation is expected to begin next quarter.

#### ***Iringa Regional Secretariat (IRS) and Makete Council Multi-Sectoral AIDS Committee (CMAC)***

During the quarter, UJANA met with the HIV and AIDS focal point for Iringa region who proposed and recommended that Makete CMAC activities be combined with IRS activities for implementation in two districts, Mufindi and Kilolo. The proposal for combined activities has been submitted to UJANA and is currently in the review process.

### **Expected Result 3.2 Civil Society Capacity to Implement Youth HIV Prevention Programming Increased**

#### **Planned Activities**

- *Implement capacity building plans addressing priority organizational development needs of key IPs*
- *Conduct regular visits to five key IPs to provide targeted TA*
- *Conduct quarterly supportive supervision visits to assess IP performance and provide onsite TA*
- *Use quality standards to monitor performance and identify needs for capacity building of IPs*
- *Add standards on use of media for improving HIV prevention with youth*
- *Train a group of Master Peer Educator Trainers*
- *Host round-table discussion with USG OVC partners to review findings and recommendations from rapid assessment*
- *Conduct meetings with OVC partners interested in receiving TA and develop TA plans of action.*
- *Assist select USG-funded OVC partners to more effectively integrate HIV prevention*

#### **Activities Implemented**

##### ***Key IPs***

UJANA has decided not to utilize TRACE OD to deliver specific capacity building needs to five UJANA IPs, namely TAYOPA, PRINMAT, ZAIADA, St. Camillus and SUMASESU. Therefore, UJANA has begun steps to identify an alternative entity to provide organizational capacity building support to the selected IPs.

##### ***Trainings to IPs***

- As reflected in activities for expected result 1.1, TAMASHA strengthened the capacity of ten selected UJANA IPs in youth participation
- As mentioned under key result 2.1, a “Daraja” TOT was conducted to four UJANA IPs.
- As mentioned under key result 2.2, initial training for facilitators of discussions during interactive theatre (“jokers”) was conducted.
- UJANA staff facilitated a training to ten SUMASESU “Dada wa Leo” facilitators in Makete, Iringa on January 31 to February 6, 2011.
- Members of the UJANA M&E team travelled to Iringa, Arusha, Morogoro, Mwanza, Zanzibar and Dar-Es-Salaam from February 6 - March 25, 2011 to conduct three-day trainings on M&E to UJANA and Ishi LNGOs operating around the visited regions. The training focused on such aspects as setting-up an M&E system, logical framework analysis, indicators, data collection, data management processes, data quality control, data analysis and reporting performance. The trainings brought together two representatives who

are directly involved with program and reporting issues from 48 IPs supported by UJANA in 25 regions of Tanzania.

#### ***Supportive Supervision and TA to IPs***

- Through IP point persons, UJANA maintained regular contact with the IPs to monitor progress and provide technical support as needed, especially on clarification of numbers reached, program implementation and financial reporting. UJANA IP point persons also reviewed all monthly and quarterly program reports, M&E data and end-of-project reports where applicable.
- UJANA program staff conducted a follow-up audit to Youth Advisory Development Council (YADEC), an Ishi LNGO, on findings from their recent financial review that was conducted by FHI finance staff. UJANA program staff will meet with Finance staff to determine the way forward on the findings identified through the financial that haven't already been sufficiently addressed by YADEC. UJANA staff also conducted an assessment of four prospective Ishi IPs in Shinyanga - Youth Health Development Association, Agape AIDS Control Program, Rafiki Social Development Organization and Modern Education and Culture Group. Two IPs were recommended through the assessment process. However, UJANA eventually decided not to add any new partners in Shinyanga, because time remaining in the UJANA project is not sufficient to adequately build the capacity of the identified NGOs. Rather, UJANA decided to focus its efforts on continuing to strengthen the capacity of existing IPs.
- UJANA staff provided TA to IP COPYGIRLS to finalize a proposal and budget for submission to the International Labor Organization (ILO) for funding to conduct livelihood activities focusing on vegetable farming in Bagamoyo district.
- As mentioned under key result 2.2, UJANA staff provided TA to THESODE on development of the "Mshike Mshike soap opera radio episodes."

#### ***HIV Prevention Integration with OVC Programming***

UJANA staff conducted various meetings with the Pamoja Tuwalee project on OVC-HIV prevention integration and developed a scope of work for UJANA's implementation of this component. UJANA's concept note for OVC-HIV prevention integration will be submitted to USAID next quarter.

### **Expected Result 3.3 Collaboration among Youth HIV Prevention Programs Improved and Sharing of Evidence-based Programming Increased**

#### **Planned Activities**

- *Conduct half-day Coordinating Committee on Youth Programs forums in Dar es Salaam, Morogoro, Iringa and Zanzibar through the Coordinating Committee on Youth Programs (CCYP)*
- *Conduct quarterly meetings with SPs*
- *Document and disseminate UJANA/Ishi best practices, lessons learned, and success stories through publications and/or conferences/meetings*

#### **Activities Implemented**

##### ***CCYP Meetings***

No CCYP meetings were held during the quarter.

##### ***Collaboration and Sharing of Best Practices***

During the quarter, FHI UJANA staff participated in the following conferences, events and meetings:

- ICAP meeting on January 20, 2011 in Zanzibar with representatives from CDC and the Global Fund to share successes, challenges and the way forward on working with MARPs.
- FEMINA-organized National Youth Conference at Belinda Oceanic Resort on January 24, 2011.

- CHAMPION event for Valentine’s Day held at Movenpick Hotel on February 14, 2011 to, “commemorate Valentine’s Day in a public health perspective.”
- UJANA prepared and submitted to USAID on March 11, 2011 a brief on UJANA’s alcohol and HIV prevention interventions to be shared with the MOHSW for a presentation they were preparing for an upcoming PEPFAR meeting in Namibia on Alcohol and HIV Prevention.
- UJANA participated in meetings and preparations for Australian AID visitors to UNICEF and FHI/UJANA/Ishi. The visit took place on March 17, 2011 in Kigamboni, Temeke district
- PEPFAR GBV Initiative Partners meeting on Mach 23, 2011 in which the Tanzania GBV initiative was introduced to PEPFAR partners.
- AMREF meeting on March 29, 2011 to launch their Sexual Reproductive Health Rights for Young People project, which is supported by the Swedish International Development Agency (SIDA) and focuses on Dar es Salaam and Iringa regions.
- USAID meeting on March 31, 2011 to plan around the Iringa Combination Prevention Initiative.
- The National AIDS Control Program (NACP) workshop on March 31, 2011 at NIMR/CEEMI conference hall in which preliminary findings were shared from the FSW Biological and Behavioral Surveillance survey that was conducted in Dar es Salaam.
- UJANA organized a meeting with the Tanzania Capacity and Communication Project (TCCP)/PSI to inform them about UJANA’s capacity building activities and BCC interventions. TCCP is working with PSI to develop a campaign on MCP, and they are also overseeing capacity building of partners.

## SECTION II – QUARTERLY TARGETS AND ACHIEVEMENTS

The following tables highlight UJANA quarterly targets and achievements for January-March 2011 and for the year to date (October 2010 – March 2011). The indicators reflect the revised PEPFAR “Next Generation” indicators and FY11 targets approved by USAID.

**Table 1: UJANA Quarterly Achievements by Indicators**

Indicators	Targets (January to March 2011)			Achievement (January to March 2011)			% Achieved
	M	F	Total	M	F	Total	
<b>Prevention</b>							
<i>P7.1.D: Number of people living with HIV reached with a minimum package of PwP interventions</i>	45	45	90	45	36	81	90%
<i>P8.1.D: Number of the targeted population reached with individual and/or small group level HIV prevention interventions that are based on evidence and/or meet the minimum standards required</i>	17,250	17,250	34,500	19,573	18,318	37,891	110%
<i>P8.2.D: Number of the targeted population reached with individual and/or small group level HIV prevention interventions that are primarily focused on abstinence and/or being faithful, and are based on evidence and/or meet the minimum standards required</i>	13,500	13,500	27,000	9,675	10,062	19,737	73%
<i>P8.3.D: Number of MARP reached with individual and/or small group level preventive interventions that are based on evidence and/or meet the minimum standards required</i>	458	458	916	832	867	1,699	186%
<i>CSW</i>	-	204	204	-	617	617	302%
<i>IDU</i>	140	140	279	378	183	561	201%
<i>MSM</i>	4	-	4	521	-	521	13,025%
<i>OVP</i>	215	215	429	0	0	0	0%
<b>Health Systems Strengthening</b>							
<i>H2.2.D: Number of community health and para-social workers who successfully completed a pre-service training program</i>							
<i>Outreach with General Population (Sexual Prevention)</i>	16	16	32	192	161	335	1,047%
<i>Outreach with MARPs (Other Sexual Prevention)</i>	3	3	6	42	41	83	1,383%
<i>Strategic Information</i>	11	11	22	0	0	0	0%
<i>H2.3.D: Number of health care workers who successfully completed an in-service training program within the reporting period</i>							
<i>Outreach with General Population (Sexual Prevention)</i>	211	213	424	102	64	166	39%
<i>Outreach with MARPs (Other Sexual Prevention)</i>	17	17	34	37	21	58	171%
<i>Strategic Information</i>	88	88	175	75	47	122	70%
<b>Community Mobilization</b>							
<i>Number of individuals reached with HIV prevention education in larger group settings</i>	45,000	45,000	90,000	31,109	29,946	61,055	68%

**Table 2: UJANA Cumulative Yearly Progress by Indicators**

Indicators	Targets (October 2010 – September 2011)			Achievement October 2010 to March 2011			% Achieved
	M	F	Total	M	F	Total	
<b>Prevention</b>							
<i>P7.1.D: Number of people living with HIV reached with a minimum package of PwP interventions</i>	180	180	<b>360</b>	85	100	<b>185</b>	<b>51%</b>
<i>P8.1.D: Number of the targeted population reached with individual and/or small group level HIV prevention interventions that are based on evidence and/or meet the minimum standards required</i>	69,000	69,000	<b>138,000</b>	29,101	32,784	<b>61,885</b>	<b>45%</b>
<i>P8.2.D: Number of the targeted population reached with individual and/or small group level HIV prevention interventions that are primarily focused on abstinence and/or being faithful, and are based on evidence and/or meet the minimum standards required</i>	54,000	54,000	<b>108,000</b>	14,597	17,093	<b>31,690</b>	<b>29%</b>
<i>P8.3.D: Number of MARP reached with individual and/or small group level preventive interventions that are based on evidence and/or meet the minimum standards required</i>	1,831	1,831	<b>3,662</b>	2,632	1,822	<b>4,454</b>	<b>122%</b>
<i>CSW</i>	-	816	<b>816</b>	-	877	<b>877</b>	<b>107%</b>
<i>IDU</i>	558	558	<b>1,116</b>	1,172	285	<b>1,457</b>	<b>131%</b>
<i>MSM</i>	14	-	<b>14</b>	1,029	-	<b>1,029</b>	<b>7,350%</b>
<i>OVP</i>	858	858	<b>1,716</b>	498	539	<b>1,091</b>	<b>64%</b>
<b>Health Systems Strengthening</b>							
<i>H2.2.D: Number of community health and para-social workers who successfully completed a pre-service training program</i>							
<i>Outreach with General Population (Sexual Prevention)</i>	65	65	<b>130</b>	216	181	<b>379</b>	<b>292%</b>
<i>Outreach with MARPs (Other Sexual Prevention)</i>	10	10	<b>20</b>	42	41	<b>83</b>	<b>415%</b>
<i>Strategic Information</i>	45	45	<b>90</b>	0	0	<b>0</b>	<b>0%</b>
<i>H2.3.D: Number of health care workers who successfully completed an in-service training program within the reporting period</i>							
<i>Outreach with General Population (Sexual Prevention)</i>	845	850	<b>1,695</b>	129	113	<b>260</b>	<b>15%</b>
<i>Outreach with MARPs (Other Sexual Prevention)</i>	67	68	<b>135</b>	41	27	<b>68</b>	<b>50%</b>
<i>Strategic Information</i>	350	350	<b>700</b>	75	47	<b>122</b>	<b>17%</b>
<b>Community Mobilization</b>							
<i>Number of individuals reached with HIV prevention education in larger group settings</i>	180,000	180,000	<b>360,000</b>	111,183	105,131	<b>216,314</b>	<b>60%</b>

### **SECTION III – IRINGA COMBINATION PREVENTION INITIATIVE**

As part of USAID’s Iringa Combination Prevention Initiative, UJANA identified in its FY2011 work plan 11 activities to be undertaken in Iringa Region during the period 1 October 2010 – 30 September 2011. These activities and progress described below constitute UJANA’s ongoing commitment and efforts to coordinate implementation with other USAID partners operating in the region.

#### **Planned Activities**

- *UJANA will jointly fund a one-day regional meeting to disseminate the Iringa region “HIV Action Plan for the Prevention of New HIV Infections 2010-2012”*
- *At least four UJANA implementing partners will conduct activities to create demand for male circumcision services supported by Jhpiego in two roll-out*
- *UJANA will consult Jhpiego for support in adapting several of its IEC and training/reference materials or curricula to include information on medical male circumcision*
- *UJANA and AMREF’s Angaza Zaidi project will coordinate to ensure availability of HIV CT services at select community outreach activities implemented by UJANA IPs*
- *UJANA and CHAMPION will continue to coordinate to jointly support community outreach activities where possible*
- *One or more of the WAJIBIKA district representatives (“mentors”) will be invited to an Iringa CCYP forum to present on WAJIBIKA’s system strengthening activities and discuss strengthening of ties with district authorities*
- *UJANA and STRADCOM will meet to coordinate support for local radio programming*
- *UJANA and STRADCOM will work together to link UJANA partners with STRADCOM-supported magazine shows produced in the region*
- *As JHUCCP’s TCCP and/or STRADCOM projects roll out condom and alcohol media campaigns, UJANA will look for opportunities to link this to its community outreach and interpersonal communication activities*
- *UJANA will collaborate with JHUCCP’s TCCP and/or STRADCOM to develop a print version of the current Community Resource Kit or to provide youth-focused content for a new version*
- *UJANA IPs will participate in the Iringa mapping exercise to be carried out by MEASURE Evaluation project*
- *Conduct half-day CCYP forums in Iringa, Morogoro, Dar es Salaam and Zanzibar*
- *Conduct quarterly meetings with UJANA Strategic Partners*
- *Document and disseminate UJANA/Ishi best practices, lessons learned, and success stories through publications and/or conferences/meetings*

#### **Activities Implemented**

Due to staff shortages during the quarter, the project was not able to ensure full activity implementation for this initiative. However, in the coming quarter, a dedicated staff member has been assigned to this initiative to monitor and follow up on progress.

#### ***MC Demand Creation***

IDYDC conducted one community sensitization meeting on male circumcision (MC) on March 26, 2011 at Kitwiru ward office in Iringa urban (Municipal district). It was attended by a total of 25 participants (18 males and 7 females). Participants included parents, teachers, influential people and local leaders in Kitwiru ward. The meeting agenda focused on an overview of male circumcision and emphasized the importance of male circumcision as a means of preventing HIV. They also discussed IDYDC’s “Zinduka” activities in FY10 and plans for FY11. The community expressed support for “Zinduka” and committed to advocating for MC starting within their families.

IDYDC also conducted two MC campaigns – one in Mafinga on February 22, 2011 at Wambi sports grounds and one at Samora Stadium on February 23, 2011. They sensitized 380 community members in Mafinga (300 males and 80 females) and 560 at Samora Stadium (350 males and 210 females). During the campaigns, people were entertained by a theatre group that advocated for the importance and benefits of MC.

As mentioned under key result 2.2, Scout Mafinga (Iringa) did demand creation by continuing to integrate MC messages into their activities (door-to-door sensitization, interactive theatre, sports, games, etc.) during the quarter.

## **SECTION IV – MANAGEMENT AND OPERATIONS**

Major activities and achievements during the first quarter related to performance monitoring and evaluation, management, and operations are as described below:

- UJANA continued working with implementing partners to finalize new proposals for FY11. By the end of the quarter, 88% of the agreements (58 out of 66) were amended to incorporate FY11 activities. A grant status analysis was prepared and priority implementing partners identified for point persons to expedite the approval process.
- UJANA conducted a staff meeting on February 9, 2011, the key message of which was to ensure that sustainability plans for IPs is a permanent agenda item during TA visits, since the end of the UJANA project is coming in September 2012.
- UJANA conducted interviews for the vacant Senior Program Officer and Project Director positions. Candidates were selected for both positions. The new UJANA Director, Mo Schroeder-Sanai, started on March 28, 2011. The new Senior Program Officer is starting in April 2011.

## **SECTION V – CHALLENGES AND WAY FORWARD**

- The Senior Technical Advisor position that was vacated in January 2011 remains unfilled, which puts a strain on other project staff to carry the extra workload. Interviews will be conducted in April 2011 so the position can be filled in the next quarter.
- Activity implementation was delayed in some locations due to heavy rains, which can make travel and outreach extremely difficult. As the rainy season ends, activity implementation is expected to pick up again.
- Timely reporting from IPs continues to be a problem, and this subsequently delays UJANA project-level reporting. UJANA is making every effort to more closely monitor and follow-up with IPs to facilitate timelier reporting, though closer follow-up is a challenge with the number of IPs that the UJANA project currently has. Therefore, UJANA management has determined that it will assess its current IPs to determine how to reduce the number of IPs to enable improved monitoring, ensure better quality of implementation and prepare for the project coming to an end.

## Appendix 1: List of FY11 Sub-awards

No.	Organization Name	Start Date	End Date	Geographic Location	Total Award Amount (USD) <sup>2</sup>
1	FEMINA	30-Apr-06	30-Sep-11	Multiple regions	407,061
2	AMREF	01-Oct-06	30-Sep-11	Dar, Moro, Iringa	598,236
3	SUMASESU	01-Jul-07	30-Sep-11	Iringa	871,946
4	PARAPANDA THEATRE TRUST	15-Nov-07	30-Sep-11	Multiple regions	190,745
5	CHRISTIAN COUNCIL TANZANIA (CCT)	21-Jul-08	01-Oct-11	Morogoro, Iringa	314,438
6	PRINMAT	21-Jul-08	30-Sep-11	Dar es Salaam, Morogoro, Coast	505,145
7	ST.CAMILLIUS	01-Aug-09	30-Sep-11	Dar es Salaam	163,614
8	AMERICAN RED CROSS	01-Nov-08	30-Oct-11	Multiple regions	77,724
9	ZAIADA	15-Apr-09	31-Jul-11	Unguja	61,278
10	UMATI PEMBA	15-Apr-09	30-Nov-11	Pemba	67,992
11	UMATI UNGUJA	15-Apr-09	31-Jul-11	Unguja	61,824
12	YOUTH SERVE TANZANIA TRUST (YSTT)	01-Feb-09	30-Sep-11	Dar es salaam	54,207
13	IRINGA DEVELOPMENT OF YOUTH DISABLED AND CHILDREN (IDYDC)	01-Feb-09	30-Sep-11	Iringa	91,186
14	FARAJA TRUST FUND	01-Feb-09	30-Nov-11	Morogoro	76,681
15	NEIGHBOURS WITHOUT BORDER	15-Apr-09	30-Sep-11	Kigoma	49,170
16	TANZANIA DEVELOPMENT AND AIDS PREVENTION (TADEPA)	01-Apr-09	31-Aug-11	Bukoba	41,545
17	PATRONAGE IN ENVIRONMENT MANAGEMEN (PEMWA)	20-Mar-09	31-Mar-11	Lindi	13,863
18	FARAJA TRUST FUND	01-Apr-09	30-May-11	Morogoro	45,181
19	WALIO KATIKA MAPAMBANO NA UKIMWI (WAMATA)	01-Jul-09	30-Aug-11	Kinondoni- Dar es salaam	61,926
20	ZANZIBAR NGO CLUSTER ON HIV/AIDS (ZANGOC)	20-Mar-09	15-Feb-11	Unguja	28,841
21	CENTRO MONDIALITA SVILUPPO RECIPROCO (CMSR)	01-Apr-09	15-May-11	Dodoma	42,738
22	UMATI-MBEYA	01-Apr-09	31-Jul-11	Mbeya	26,433
23	UMATI IRINGA	15-Apr-09	30-Oct-11	Iringa	59,574
24	ANGLICAN CHURCH OF TANZANIA-MARA	01-Apr-09	30-Dec-11	Mara	57,675
25	KINSHAI	01-Apr-09	30-Sep-11	Moshi-Kilimanjro	19,034
26	HEALTH ASSOCIATION PROMOTION (HAPA SINGIDA)	01-Apr-09	15-May-11	Singida	48,432
27	GOOD SAMARITAN MISSION	01-Apr-09	30-Oct-11	Songea - Ruvuma	55,272

<sup>2</sup> Unless otherwise indicated.

No.	Organization Name	Start Date	End Date	Geographic Location	Total Award Amount (USD) <sup>2</sup>
28	ZAMZAM PREVENTION INFORMATION RESOURCE CENTRE (PIRC)	01-Apr-09	30-Sep-11	Bukoba	63,454
29	TANGA AIDS WORKING GROUP (TAWG)	01-Apr-09	31-Mar-11	Tanga	44,331
30	UMATI TEMEKE	01-Apr-09	15-Aug-11	Temeke-Dar es salaam	51,336
31	YOUTH ADVISORY AND DEVELOPMENT COUNCIL (YADEC)	01-Apr-09	31-May-11	Shinyanga	46,660
32	TABORA DEVELOPMENT TRUST FUND (TDTF)	01-Apr-09	30-Jun-11	Tabora	62,143
33	PARTNERSHIP FOR YOUTH DEVELOPMENT (PAYODE)	20-May-09	30-Aug-11	Kibaha- Coast	50,527
34	TEGEMEO ARTS GROUP TANZANIA	20-May-09	30-Sep-11	Ilala-Dar es salaam	36,223
35	AFNET	01-Jun-09	30-Nov-11	Morogoro	72,920
36	WEETU	01-Apr-09	28-Feb-11	Morogoro	24,913
37	INSTITUTE OF SOCIAL WORK (ISW)	15-Oct-09	31-May-11	Dar ea Salaam	15,307
38	TAASISI YA MAENDELEO SHIRIKISHI YA VIJANA ARUSHA (TAMASHA)	01-Apr-10	31-Aug-11	Dar ea Salaam	25,000
39	COMMUNITY CONCERNS OF ORPHANS AND DEVELOPMENT ASSOCIATION (COCODA)	01-Dec-09	15-Oct-11	Njombe, Ludewa, Iringa	32,208
40	SCOUT MAFINGA	01-Jan-10	30-Jun-11	Mafinga - Iringa	60,579
41	CHANG'OMBE YOUTH THEATRE	01-Jan-10	30-Nov-10	Dar es salaam	26,889
42	ACROSS THE BRIDGE TANZANIA	15-Mar-10	31-Aug-11	Temeke-Dar es salaam	18,986
43	TAASISI YA MAENDELEO SHIRIKISHI YA VIJANA ARUSHA (TAMASHA)-TAP	01-Aug-10	31-Mar-11	Dar es salaam	41,715
44	YOUTHWINGS	01-Jun-10	30-Sep-11	Arusha	36,382
45	MUYODESO	15-Dec-10	30-Mar-11	Iringa	10,588
46	MOROGORO PARALEGAL CENTRE FOR WOMEN AND CHILDREN (MPLC)	01-Jul-10	31-Mar-11	Morogoro	11,313
47	COUNCIL MULTISECTORAL HIV/AIDS COMMITTEE (CMAC) IN MAKETE	01-Apr-10	03-Jan-11	Iringa	8,595
48	GRASSROOTS SOCCER	01-Jun-09	30-Sep-11	Dar, Moro, Iringa	244,962
49	PACT	01-May-09	31-May-11	Iringa and Dar ea Salaam	142,668
50	GREEN HOPE ORGANIZATION	01-Jan-11	30-Aug-11	Mwanza	25,000
51	SIC	01-Jan-11	30-Sep-11	Manyara	22,500
52	KIMARA PEER EDUCATORS	01-Feb-11	30-Apr-11	Dar ea Salaam	TSH 10,248,000
53	KWAHANI QUALITY YOUTH GROUP	01-Feb-11	30-Apr-11	Zanzibar	TSH 11,223,000
54	UMATI ARUSHA	01-Apr-09		Arusha	20,000

No.	Organization Name	Start Date	End Date	Geographic Location	Total Award Amount (USD) <sup>2</sup>
55	NICE	01-Dec-10	31-Mar-11	Morogoro	20,347
56	COMMUNITY VOLUNTEERS FOR THE WORLD/APA-AIDS PARTNERSHIP WITH AFRICA (CMV)	15-Apr-10	28-Feb-11	Bagamoyo - Dar es salaam	50,610
57	UMATI PEMBA	01-Mar-10	28-Feb-11	Pemba	43,605
58	KILIMANJARO NGO CLUSTER ON STI,HIV/AIDS AND PREVENTION (KINSHAI)	01-Mar-10	28-Feb-11	Hai - Arusha	50,737
59	MTWARA SOCIETY AGAINST POVERTY (MSOAPO)	01-Mar-10	28-Feb-11	Mtwara Rural	56,337
60	MAGU YOUTH DEVELOPMENT NETWORK (MAYODENI)	01-Feb-10	28-Feb-11	Magu- Mwanza	53,773
61	THEATRE FOR SOCIETY DEVELOPMENT (THESODE)	02-Feb-10	01-Feb-11	Zanzibar - Unguja	76,735
62	COMMUNITY HEALTH CARE SERVICES IN VAN CHICIVANA)	15-Feb-10	28-Feb-11		55,730
63	FARAJA VIJANA SIHA	01-Mar-10	28-Feb-11	Siha - Kilimanjaro	47,398
64	FEMA	01-Mar-10	28-Feb-11	Makete- Iringa	49,334
65	KILIMANJARO NGO CLUSTER ON STI,HIV/AIDS AND PREVENTION (KINSHAI)	04-Mar-09	30-Sep-11	Hai - Kilimanjaro	19,034
66	ELIZABETH YOUTH GROUP	01-Mar-11	31-May-11	Dar ea Salaam	TSH 11,242,500