

PD- ABP-556  
95126

**Project Final Report**  
**Reporting Period Covered: 11/01/94 - 03/31/97**

Grantee Name: Fountain House, Inc.  
Grant Number: NIS 2022-00-45

Project Title:

Name of NIS Partner: Human Soul Charitable Foundation/Moscow Clubhouse  
Country Sites: Russia (Moscow, Niznij Tagil, Novgorod [possible])  
Grant Amount: \$400,000  
Grant Period: November 1, 1994 - March 31, 1997

Reporting Officer: Thomas K. Sweet  
Address: Fountain House, Inc.  
425 West 47th Street  
New York, NY 10036-2304

Date of Report: June 16, 1997

I. Financial Status:

|                          | <u>Grant:</u>   | <u>Match:</u>   | <u>Total:</u> |
|--------------------------|-----------------|-----------------|---------------|
| Total Project:           | \$400,000 (74%) | \$138,350 (26%) | \$538,350     |
| Year I:                  | \$212,596 (76%) | \$ 67,775 (24%) | \$280,371     |
| Year II:                 | \$187,404 (73%) | \$ 70,575 (27%) | \$257,979     |
| Cumulative Expenditures: | \$420,000       | \$140,000       | \$560,000     |

II. Project Status:

Project Goal: To improve the lives of mentally ill citizens of Russia.

Outcome: (EOP) The establishment of a network of clubhouse model programs that will enable severely mentally ill citizens in the NIS to lead socially satisfying and vocationally productive lives in the community; educate the families of the mentally ill and the general public about mental illness and reduce the stigma attached to mental illness.

Outputs: Clubhouses will be established in Moscow, Niznij Tagil and Novgorod. Members and staff of Moscow Clubhouse/Human Soul Foundation will appear at appropriate forums, meetings and other relevant gatherings to educate family members and the general public about mental illness. Links will be established with family organizations in the United States and Europe for mutual education and support.

The Moscow Clubhouse will act as a demonstration site, model and training site for consumers, mental health professionals and other interested parties from different regions of Russia, concurrent with its ongoing mission of providing social and vocational rehabilitative opportunities for members of the clubhouse.

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III. Activity Status for Quarter 01/01/97 - 03/31/97

A. Planned

Continue to develop Transitional Employment opportunities for club members.

Continue to publish newspaper.

Work on private fundraising.

Actual

Accomplished: The placement developed at MacroInternational has been expanded to include 4 members.

Accomplished. The newsletter continues to be published and distributed.

Accomplished. Monies have been raised for expenditures associated with sending members and staff to the 9th International Seminar on the Clubhouse Model, to be held at the end of July 1997 in Sweden. Other foundations and grantmakers have been approached for continuation funding.

B. Travel Summary:

None.

C. Training Provided:

None.

IV. Overall Narrative:

A. Constraints:

Employment of persons with mental illnesses in Russia continues to be difficult, due in large part to current Russian legislation which places limits on employment of persons with disabilities. Work continues to be done by clubhouse staff, in consultation with local doctors, to determine the possibility of amending labor restrictions for Moscow Clubhouse members. Negotiations have been entered into with the Labor Expert Committee, to assist in the process.

The clubhouse is on a very tight budget. Funds ran out on March 31, 1997 and replacement/continuation monies have not been secured.

In April, the clubhouse site was burglarized and four computers, two printers and a fax machine were stolen. This has made it very difficult to prepare reports (including the final program report); the newsletter, and has hampered communications (no fax machine).

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**B. Highlights:**

The Board of Directors for the Moscow Clubhouse has started functioning. This is significant, as the Board can be extremely helpful in terms of raising money; opening doors in places of business for TE positions and assisting with lobbying the government to change laws on the books regarding employment of men and women with mental illness.

Fundraising activities have been successful: Money has been promised from the Hamlet Trust for the purpose of sending members, staff and some Russian psychiatrists to the 9th International Seminar. In addition, hard work with the state has paid off, and the clubhouse expects to receive some continuation funding commencing in July of 1997.

25 to 30 members attend the clubhouse daily; of these, 4 are now working part-time through TE positions at MacroInternational and 5 are working independently.

**V. Ongoing Plans:**

Continue to publish the newsletter and conduct other activities to promote the dissemination of information about the Moscow Clubhouse and clubhouses in general.

Continue to expand employment opportunities for Moscow Clubhouse members.

Continue to work on changing legislation to make employment opportunities accessible for members of the clubhouse.

Continue work with regional groups to develop clubhouses in other regions.

Work with fundraising staff from Fountain House, as well as others, to raise monies that will enable the clubhouse to continue to operate after the grant expiration.

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VI. Final Report Summary:

The Project Goal has been to improve the lives of mentally ill citizens of Russia. The methodology for this goal was to achieve specific outcomes and outputs, as described in Part II, above.

The Project has been extraordinarily successful, given the constraints that it has operated under. All outcomes and outputs have been achieved, and there are plans for continuing the work that has been done.

A network of clubhouse model programs has been established in Russia. Clubhouses have been established in :

1. Moscow (original and founding site for Russia);
2. Yekaterinburg;
3. Nizhny Novgorod and;
4. Nizhny Tagil.

Additional regional work is being done, particularly in Novgorod, and foundations being laid for further expansion.

Through this clubhouse network, the following has been accomplished: Severely mentally ill citizens are now able, through participation in their clubhouses, to lead social satisfying and vocationally productive lives in the community. For example, in Moscow, 9 members of the clubhouse (roughly 1/3 of their active daily attendance) are now working either part-time or full-time. This is a revolutionary breakthrough in Russia, where heretofore, persons with a major mental illness were warehoused in hospitals or kept isolated at home.

Through the work of the clubhouses, families of the mentally ill and the general public have been educated about mental illness, and the disease has been demystified and destigmatized, to some extent. This education has been done through a variety of means, including a newsletter, published and distributed by the Moscow Clubhouse; presentations by staff and members at various meetings, forums and seminars open to professionals and the general public; open houses at the clubhouses; papers and articles published or presented to the general public; presentations on TV. Some examples are:

1. Article on the Clubhouse Model published in Russian Life magazine and the Journal of Independent Psychiatric Association (9/96)
2. Distribution of the Moscow Clubhouse newsletter, Initiatives ('95 - '97)
3. Radio Broadcast presentation (7/96)
4. Presentation to NGO members from Rumania, Bulgaria, Estonia, Slovenia & Albania (7/96)
5. Two presentations on Moscow Cable TV by clubhouse staff (6/96)
6. Seminars on the Clubhouse model presented in Yekaterinburg, Karkiv, St. Petersburg, Georgia and Moscow, as well as at the 8th International Seminar in Utah, U.S.A.

The Moscow Clubhouse, members and staff, have served during the Project period as a demonstration site. The Moscow Clubhouse has conducted training sessions for consumers, mental health professionals and other interested parties from different regions of Russia. The subgrantee, Fountain House, has assisted in this training, in two ways: Members and staff from Fountain House have made site visits to Moscow, both to provide training to members and staff

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from the Moscow Clubhouse, and to assist in training happening at the Moscow Clubhouse and; members and staff from the Moscow Clubhouse have come to Fountain House in New York City, USA for training.

Plans for the Future:

The Human Soul Foundation/Moscow Clubhouse will continue to operate, both as a clubhouse for mentally ill citizens of Moscow, and as a training base and resource center for regional clubhouse programs. The outcomes and outputs of the original Project grant will continue to remain the same: The Moscow Clubhouse and Human Soul Foundation will continue to promote the expansion of the clubhouse network in Russia, as well as in Eastern European countries. Education and training of consumers, professionals and the general public will continue through the newsletter; articles; TV and radio broadcasts and; forums, seminars and presentations at professional and public gatherings. Fountain House will continue to provide guidance and assistance, as necessary.

In order for the Moscow Clubhouse to continue, operations funding must be obtained. Human Soul Foundation has been exploring a variety of sources, both public and private, to secure this all-important continuation funding. Monies have been obtained from the Hamlet Trust; applications have been made to the Soros Foundation, and others. Finally, applications have been made to the State, and operating money is expected to commence in July of 1997.

WORLD LEARNINGS/NIS FINANCIAL REPORT FORMAT

AGENCY: FOUNTAIN HOUSE, INC. GRANT #: NIS-2-22-00-45 TOTAL AMOUNT OF GRANT: \$420,000.00 GRANT PERIOD: NOV. 7, 1994 TO MAR. 30, 1997

|  | THIS PERIOD<br>FROM: 01/01/97 TO: 03/31/97 |        | TOTAL TO DATE<br>FROM: 11/01/94 TO: 03/31/97 |         | BUDGET<br>FOR TOTAL PERIOD |         |
|--|--|--------|--|---------|----------------------------|---------|
|  | WORLD LEARNING                             | FH     | WORLD LEARNING                               | FH      | WORLD LEARNING             | FH      |
| 1. BALANCE BEGINNING OF PERIOD   | (50,119)                                   | 0      | 0  | 0       |                            |         |
| 2. TOTAL RECEIPTS  | 67,000                                     |        | 400,000                                      |         |                            |         |
| 3. TOTAL AVAILABLE   | 16,881                                     | 0      | 400,000                                      | 0       |                            |         |
| 4. EXPENSES  |  |        |  |         |                            |         |
| A. PERSONNEL   | 13,178                                     | 7,770  | 123,866                                      | 84,640  | 126,888                    | 77,400  |
| B. PROCUREMENT   | 1,834                                      | 3,080  | 56,963                                       | 19,180  | 55,160                     | 17,000  |
| C. TRAVEL & TRANSPORTATION   | 8,389                                      | 320    | 87,053                                       | 12,920  | 87,295                     | 12,600  |
| D. COMMUNICATIONS  | 1,321                                      | 1,200  | 13,199                                       | 1,760   | 11,660                     | 1,200   |
| E. OTHER DIRECT COSTS  | 6,059                                      | 8,700  | 128,089                                      | 21,500  | 122,497                    | 31,800  |
| F. MID TERM EVALUATION   | 0  | 0      | 4,730  | 0       | 8,500                      | 0       |
| G. A-133 AUDIT COSTS   | 6,100                                      | 0      | 6,100  | 0       | 8,000                      | 0       |
| 5. TOTAL EXPENSES  | 36,881                                     | 21,070 | 420,000                                      | 140,000 | 420,000                    | 140,000 |
| 6. EXCESS(DEFICIENCY)<br>END OF PERIOD<br>(subtract line 5 from<br>line 3) | (20,000)                                   |        | (20,000)                                     |         |                            | 0       |

IF USING NON U.S. CURRENCY, PLEASE GIVE U.S. DOLLAR EQUIVALENT ONE DOLLAR=

The undersigned hereby certifies:

- a. that payment of the sum claimed under the cited subgrant is proper and due and that appropriate refund to World Learning will be made promptly upon request by World Learning in the event of nonperformance in whole or in part under the Subagreement for any breach of the terms of the Subagreement: and,
- b. that information in the financial report is correct and such detail supporting information as World Learning may require will be furnished by the Subrecipient promptly to World Learning on request: and,
- c. that all requirements called for by the Subagreement to the date of this certification have been met.

By: *Kenneth J. Duke* Title: *Exec Director* Date: *JUNE 16, 1997*

Inventory of Residual Nonexpendable Property  
as of March 31, 1997

| Qty. | Description                     |
|------|---------------------------------|
| 1    | Sony 2100 Television            |
| 1    | Sony 711 VCR                    |
| 1    | Sony 270 Camera                 |
| 1    | Sony 511 Camera                 |
| 1    | Canon NP1215 Copier             |
| 2    | Notebook 486SX-33 Computer      |
| 1    | Samsung 486DX2-66 Computer      |
| 2    | Samsung 386/387 DX-40 Computers |
| 1    | Hewlett Packard LJ 4L Printer   |
| 2    | Panafax Fax Machine             |
| 1    | Hewlett Packard SJ IIP Printer  |
| 2    | Olivetti Typewriters            |
| 5    | Panasonic Telephones KX-T2315   |
| 5    | Panasonic Telephones KX-T2365   |
| 1    | Panasonic Switchboard KX-T7030  |
| 2    | Epson Stylus 800 Printers       |

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