

A Study on Acceptability and Compliance of Calcium Supplementation in Selected VDCs of Banke District, 2010
(MOHP/ NFHP II/ MCHIP/ VaRG)
(Second Round of FGD for Pregnant Women)

District:	Banke
Name of VDC:	
Ward Number:	
Village name:	
Name of facilitator	
Name of note taker	
Date	

Description of FGD Participants								
S#	Name	Caste	Age	Literacy status	Occupation	Currently taking		Remarks
						Tablet	Powder	
1								
2								
3								
4								
5								
6								
7								
8								
9								

a)	Guidelines for conducting FGDs
1)	Include 8 to 9 participants.
2)	Identify a room or other spot suitable for interaction among the participants.
3)	Inform the participants about venue and time of the meeting one day in advance; make sure for their participation.
4)	Let the sitting arrangement of participants be in a semi circle so that each can interact face-to-face.
b)	Notes for moderators
1)	Remember that this is meant to be a discussion and not a structured interview.
2)	Let the informants do most of the talking. Guide them if they deviate from the topic DO NOT suggest answers.
3)	Make sure that your body language shows that you are interested in the subject matter and the informants. Maintain eye contact and use gestures to convey to the participants that you are listening to what they are saying.
4)	Use follow up questions (e.g. Please tell me more about that, how did that make you feel, etc) to get more information or to clarify statements made by the informants.
5)	Silence can be important. Allow the participants enough time to prepare their responses.
6)	Try to maintain a natural flow to the discussion. There is no need to ask a question that participant has answered while discussing a prior topic – Be alert to their answers.
7)	Probe when differences of opinion come up during the discussion.
c)	Introduction
1)	<u>Introduce yourself and the organization you are representing.</u> Good (morning/afternoon). My name is _____ and I am here on behalf of XXX.

	Let the participants introduce among themselves.
2)	<u>Introduce objectives of the study</u> We are talking to pregnant women to learn about their perception and experience on the use calcium tablets and powder they were given recently. We want you to know that your views and experience regarding this calcium product.
3)	I want you to feel free to say exactly what you think; there are no rights or wrong answers to the questions that we ask. Your opinions and experiences are important to us. We will write down whatever you say to capture everything that we discuss today.
4)	<u>Consent to participate</u>
	Your participation in this study is voluntary. Do you have any questions?

	We understand that some of you have used either calcium tablets or powder recently according to your choice.
1a	How many of you have chosen to use calcium tablets and how many the packet?
1	In your opinion who shall be providing you with calcium so that you can get timely, easily and acceptable ways?
2	Why is it important to take calcium? (Probe separately for tablets and packet users) Probe for: problems to be prevented during pregnancy, advantage for the mother and baby, etc.
3	What do you think about the tablets? Probe for: inconvenience or difficulties in terms of taste, size, need for daily intake, duration, etc.
4	What do you think about the calcium packet? Probe for: inconvenience or difficulties in terms of taste, quantity, need for daily intake, duration, mixing with food, etc.
5	NAP
5a	Some of you have preferred calcium tablets while others have preferred powder. Are you willing to take another form of calcium if your preferred (tablet or powder) is not available? Why do you want? Why don't you want?
6	What type of health problems/side effects have you experienced from the use of calcium tablets? Who did you consult and what type of advice did you receive from them?
7	What type of health problems/side effects have you experienced from the use of calcium packets? Who did you consult and what type of advice did you receive from them?
8	Which form (tablet or powder) of the product do you think acceptable in terms of convenience in taking, storing and other reasons? And why?
9	NAP
10	Do any of your family members know that you are on calcium? Who know of calcium taking? If yes, what is their opinion regarding the use of calcium by you? Does your mother-in-law know? What is the opinion of your mother-in-law in the use of calcium by you? Did she ever oppose? Why did she oppose?
11	Have you ever recommended your family members, relatives or neighbors/friends to use calcium during pregnancy? If no, what are the reasons for not recommending others?

12	What do you think about recommending calcium to other pregnant women? And what form (tablet or powder)? And why?
12a	Many of you have been taking iron tablets in addition to calcium. Is it easier and convenient to you in taking both of the supply at a time of the day or different times of the day? Why do you think so?
12b	What is the opinion of community people about the calcium? Probe: what the people are saying good thing about calcium? Misconception (bad) about calcium? etc
13	What measure should be applied so that all pregnant women of this area would be aware of the need for taking and use of calcium?
14	NAP

D:\Questionnaire English\MCHIP\Second round\FGD Guide for pregnant women (2nd round final) April 21, 2010