

WHAT WE CAN DO TO PROTECT OURSELVES FROM BIRD FLU



1. Do not touch a sick or dead bird.

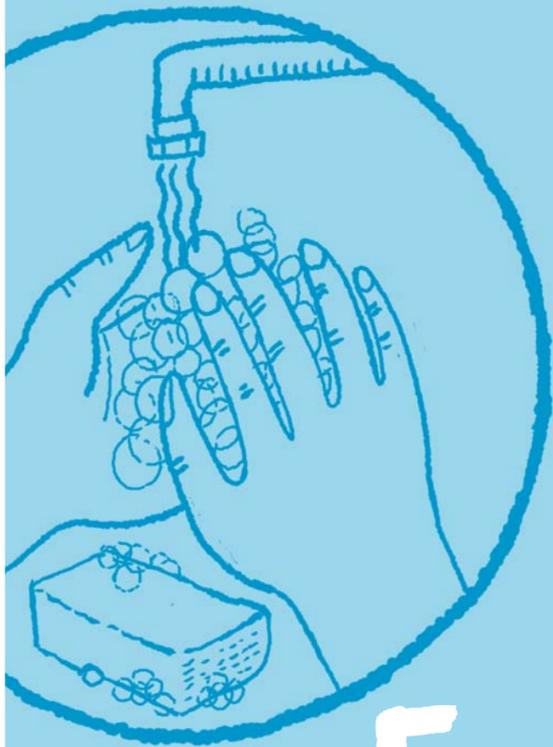
2. Announce sick or dead poultry to the nearby agriculture officer or animal health worker.

3. Always wash hands vigorously by rubbing with soap and water after coming in contact with birds or places birds have been.

4. Avoid markets where poultry is sold if you hear of an outbreak of bird flu nearby.

5. Cook chicken meat and eggs thoroughly.

6. Avoid all surfaces that may have been contaminated until they have been cleaned and disinfected.



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To find out more about the AED Avian Influenza Initiative, visit www.aed.org/avianflu.