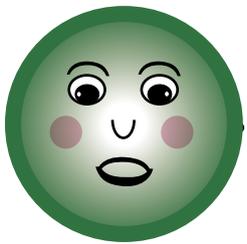


VOLUNTARY COUNSELING & TESTING

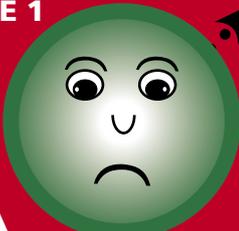


NOT INFECTED
CD4 COUNT 600-1200
VIRAL LOAD = 0

SERO CONVERSION: (WINDOW PERIOD)
4-6 WEEKS AFTER INFECTION

THERE IS NO CURE FOR HIV/AIDS,
BUT IT IS A MANAGEABLE CHRONIC DISEASE.

STAGE 1



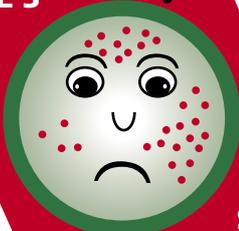
INFECTED: **STAGE 1**
CD4 COUNT 500-800
VIRAL LOAD=HIGH
ASYMPTOMATIC PHASE (WELL PHASE)

STAGE 2



INFECTED: **STAGE 2**
CD4 COUNT= 350-500
VIRAL LOAD=HIGH
MINOR SYMPTOMATIC PHASE

STAGE 3



INFECTED: **STAGE 3**
CD4 COUNT=150-350
VIRAL LOAD= HIGH
MAJOR SYMPTOMATIC PHASE (UNWELL PHASE)

STAGE 4



INFECTED: **STAGE 4**
CD4 COUNT=BELOW 200
VIRAL LOAD= VERY HIGH

SYMPTOMATIC PHASE: **AIDS**

WITH TREATMENT (ARV'S)
CD4 COUNT CAN REACH NORMAL LEVELS AGAIN

VIRAL LOAD WILL BECOME UNDETECTABLE: IF TREATMENT IS ADHERED TO CORRECTLY

TIME PERIOD: VARIES ON RESPONSE TO TREATMENT AND WHEN TREATMENT STARTS: HIGHER CD4 COUNT RECOVERY WILL BE FASTER



USAID
FROM THE AMERICAN PEOPLE



HIV/AIDS STAGES OF INFECTION WITH SYMPTOMS

STAGE 1

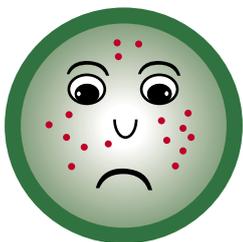


CD4 COUNT 500-800
VIRAL LOAD=HIGH

WELL PHASE 1: Usually **NO SYMPTOMS**

- May experience lymph- gland swelling from time to time

STAGE 2



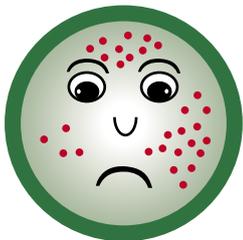
CD4 COUNT= 350-500
VIRAL LOAD=HIGH

WELL PHASE 2: **MINOR SYMPTOMS**

SYMPTOMS may **INCLUDE** minor symptoms of some of the following:

- Shingles
- Fever
- Skin Rashes & Fungal infections
- Mouth sores
- Tonsillitis
- Colds and flu
- Ear Infections
- Unexplained Weight Loss
- Frequent Tiredness / Weakness
- STD Symptoms: Genital / Vaginal Sores, Discharge or Itching

STAGE 3



CD4 COUNT=150-350
VIRAL LOAD= HIGH

UNWELL PHASE: **MAJOR SYMPTOMS**

SYMPTOMS will occur more **FREQUENTLY:**

SYMPTOMS as listed for **STAGE 2** &:

- Diarrhea
- Oral Hairy Leukoplakia
- Pneumonia
- Constant coughing that could be an indication of **TB**
- Fever lasting more than a month
- Oral and or Vaginal thrush

STAGE 4



CD4 COUNT=BELOW 200
VIRAL LOAD= VERY HIGH
AIDS

AIDS: SEVERE SYMPTOMS

SYMPTOMS will remain longer and will be **DIFFICULT TO TREAT:**

Severe Symptoms as listed for **STAGE 2** & **STAGE 3**, as well as:

- Memory loss, Confusion, Constant headaches
- Inflammation of the Brain Tissue (Cryptococcal Meningitis)
- Cytomegalo VIRUS (May cause blindness)
- Kaposi Sarcoma (type of skin cancer)
- PCP Pneumonia
- Toxoplasmosis stroke
- Isospora Diarrhea

