

Primary Health Care Initiatives (PHCI) Project
Contract No. 278-C-00-99-00059-00
Abt. Associates Inc.

DOMESTIC VIOLENCE

LEARNING OBJECTIVES

- Understand the patterns of abuse and violence seen in families and the theories explaining their occurrence .
- Recognize signs and symptoms of physical, emotional, or mental abuse among women.
- Develop a plan of intervention in the family in which violence or abuse occurs
- Awareness of effective strategies to prevent domestic violence

TEACHING STRATEGIES

- Use Lecture discussion presentation for didactic information
- Select a commercial videotape that demonstrates domestic violence, and discuss the issues present in this scenario
- Use case presentations to present cases of domestic violence, and/or rape, and discuss the issues involved
- Small group discussion for prevention, counseling, high risk and interventions of cases .
- Role play to train the trainers how to screen and assess cases of abuse, and rapes.

MATERIALS AND EQUIPMENT NEEDED

- White board or flip chart and markers for summarizing major points.
- Commercial videotape to present a film about a case of abuse in a family and rapes
- Overhead projector and transparencies

LEARNING POINTS

- Introduction and overview of domestic violence .
- Definition
- Incidence, national and international
- Risk and forms of domestic abuse
- Overview for care of the family in crisis
Assessment (History, interviewing the patient, physical examination, charting)
- Diagnosis
- Planning
- Implementation (implementation of a safety plan)

- Interventions
- Evaluation
- Factors contributing to spouse abuse .
- Screening
- Characteristics of battered women and battering men.
- Diagnosis and clinical findings
- Therapeutic management and interventions
- Continuity of care
- Documentation
- Wife abuse during pregnancy :
- Incidence
- Assessment
- Nursing diagnoses
- Nursing interventions
- Promoting health in abusive family
- Agencies in Jordan providing care, counseling, protection for abused person.
- Rape and incest
- Assessment
- Emergency care
- Prevention of sexually transmitted diseases
- Emergency prevention of pregnancy (contraception)?
- Legal considerations
- Diagnosis and related interventions

CLINICAL PROTOCOL :

- Myths about Battering Relationships and Research Data.
- Nursing Self-Assessment Tool : Feelings about helping Battered women.
- Santa Clara County Domestic Violence Council Domestic Violence protocol for health providers. 1997.
- San Francisco Medical society. Domestic Violence : A Practical approach for clinicians (1992).
- Danger Assessment.
- Abuse Assessment screen.
- Sex offenders' Treatment Tasks.
- Areas to explore in rape counseling
- Common specimen procedures following rape
- Goals of crisis intervention for families of rape victims
- Promoting health in the abusive family

(See Attachments ..)

PREVENTION ISSUES AND HEALTH EDUCATION MESSAGES

- Screening for different type of abuse, incest, and rape.
- Prevention of rape through education of women how to protect themselves
- High risk group for abuse/ or and Danger signs
 - Characteristics of battered women and battering men.
- Educating families about the basic knowledge about domestic violence .
- Resources available for protection and care .
- Encourage country wide education and training for all health care providers in the identification, treatment, reporting, and support of client who are victims of domestic violence, incest and or rape .

CLIENT AND FAMILY COUNSELING :

- Factors contributing to spouse abuse .
- Counseling related to myths and misunderstandings of abuse .
- Counseling the abused in how to increase self-esteem, and explore self-beliefs that keep her caught in the cycle of violence, such as guilt, powerlessness, and self-blame.
- Counseling related to protection and safety .
- Counseling the family about the need for family therapy .
- Counseling women related to incest and abuse

CRITICAL ELEMENTS FOR REFERRAL :

All cases of domestic violence incest or rape conditions should be referred to the legal authority, to the appropriate specialist in the health field such as specialized physician. for different kind of physical or emotional or sexual abuse .

CASE STUDIES :

Mrs. Khalail is a 30-year old who is seen in the primary health care setting, she complained that she cannot move her arm . An X-ray shows the humerus to be broken. You notice in the file that Mrs. Khalail has been seen twice before, once for an ulnar fracture and once for a scald burn on her hand.

* Topics of discussion regarding case study:

What are the major medical problems identified in this client ?

What important additional elements of the history should be asked ?

What additional elements of the physical exam should be done ?

What would be your action if you believe that there is suspicion of wife abuse ?

What is an appropriate plan of care is appropriate for Mrs. Khalail ?

What would be your legal responsibility ?

What counseling issues would be most appropriate for this client at this point ?

What protection actions should be performed ?

CRITICAL ELEMENTS OF COMPETENCE FOR EVALUATION :

- Correct identification of abuse in the family
- Appropriate screening and assessment of abuse or rape cases

- Proper diagnosis of abused clients based on the clinical findings
- Appropriate counseling of abused clients
- Provide comprehensive intervention and therapeutic care to abused clients
- Appropriate patient education regarding domestic violence, prevention, risk factors, and protection
- Knowledge of need for referral, and legal responsibility