

*Ministry of Health and Population
MOHP*

TAHSEEN Project

Integrated FP/RH/MCH Physician's Training

Pre Test / Post Test

<i>Participant Name</i>	-----
<i>Governorate</i>	-----
<i>Date</i>	-----

Allocated time 30 minutes

1. **The child mortality rate is:**
 - a. 55 out of 1,000
 - b. 25 out of 1,000
 - c. 65 out of 1,000
2. **The Total Fertility Rate at 2003 EDHS¹ is:**
 - a. 3.1
 - b. 4
 - c. 3.5
3. **The Contraceptive Prevalence Rate at 2003 EDHS is:**
 - a. 60%
 - b. 48%
 - c. 52%
4. **Which one of the following is not among Internal Female Genital Organs:**
 - a. Mons pubis
 - b. Uterus
 - c. Fallopian Tubes
 - d. Cowper's glands
5. **Dysmenorrhea is:**
 - a. Heavy menstrual bleeding
 - b. Painful periods
 - c. No menses
6. **Which of the following are Hormones and releasing factors affecting ovulation:**
 - a. Estrogens
 - b. Luteinizing Lormone (LH)
 - c. Growth Hormone
 - d. Follicle Stimulating Hormone (FSH)
7. **WHO Medical Eligibility Criteria for starting contraception Category 4 means:**
 - a. A condition that presents an unacceptable health risk if the contraceptive method is used. The woman should not use the method under any circumstances.
 - b. A condition in which there is no restriction on the use of the contraceptive method.
 - c. A condition where the theoretical or proven risks usually outweigh the advantages of using the method.

¹ EDHS: Egypt Demographic Survey

8. *As regard the six elements of the information, education, and counseling process in Family Planning, which one of the following is wrong:*
- a. **G** Greet the clients
 - b. **A** Ask them about themselves
 - c. **T** Tell clients about the suitable family planning methods.
 - d. **H** Help clients choose a method.
 - e. **E** Explain how to use the method.
 - f. **R** Return for follow-up.
9. *In initiating Combined Oral Contraceptive Pills which of the following are correct:*
- a. Menstruating women can be started during the first seven days of the menstrual cycle, preferably on the first day.
 - b. Postpartum not lactating women, 7 days after labor.
 - c. Breastfeeding, start six weeks after labor
10. *the following are serious side effects to Combined Oral Contraceptive Pills: Except*
- a. Severe chest pain
 - b. Severe headache
 - c. Nausea and vomiting
 - d. Severe pain in the legs
 - e. Amenorrhea
 - f. C&E
11. *In which of the following condition Progestin-only contraceptive pills should never be used:*
- a. Breast feeding women
 - b. Unexplained abnormal vaginal bleeding
 - c. Current breast cancer
 - d. Women with liver diseases
 - e. B & C
12. *The hormonal contents of the Once-a-Month Combined Injectables are:*
- a. Estrogen only
 - b. Estrogen and progesterone
 - c. Progesterone only
13. *In which of the following condition IUDs should never be used:*
- a. Diabetic women
 - b. Unexplained vaginal bleeding
 - c. Current breast cancer
 - d. Women with liver diseases

14. Routine hand washing is sufficient in:

- a. AFTER completing invasive procedures
- b. AFTER dealing with wounds, whether surgical, traumatic, or associated with an invasive device
- c. BEFORE and AFTER contact with clients
- d. All of the above

15. Which of the following diseases are sexually transmitted

- a. Candida Albicans
- b. Syphilis
- c. Bacterial Vaginosis
- d. Chlamydia
- e. Gonorrhea
- f. All of the above

16. Maternal Mortality ratio in Egypt is:

- a) 147/100.000
- b) 132/100.000
- c) 84/100.000
- d) 217/100.000

17. Major causes of maternal deaths are:

- a) Haremorrhage
- b) Hypertensive Disorders
- c) Rupture Uterus
- d) Genital Sepsis
- e) All of the Above

18. During Antenatal care, Antenatal visits take place:

- a) Every week
- b) Every 2 weeks
- c) Every 3 weeks
- d) Every 4 weeks to 28 weeks.

19. Patients with risk factors for diabetes:

- a) Random blood sugar is performed?
- b) 2 hours postprandial blood sugar is done?
- c) One hour 50 gm oral glucose challenge test is performed
- d) None of the above.

20. ***In cases with bleeding before 20weeks pregnancy:***

- a) Referral is the first step
- b) First and management include IV canulae
- c) P/V examination is contra indicated
- d) More of the above

21. ***In Antepartum Haemorrhage:All are true except:***

- a) Placenta previa may be the cause
- b) Abruptio Placenta may be the cause
- c) May be associated with fetal distress
- d) P/ V examination performed to diagnose labor

22. ***Diagnosis of server pre-eclampsia depend on :***

- a) Severe headache
- b) Blood pressure >160/110
- c) Epigastria pain
- d) All of the above

23. ***Magnesium Sulphate (Mg so4) is used in:***

- a) Treatment of hypertension
- b) To control the fits in eclampsia
- c) To control the headache
- d) All of the above

24. ***Signs of Labor are:***

- a) True labor pain
- b) Diminish fetal movements
- c) Passage of the show
- d) Cervical dilatation
- e) All of the above
- f) A &D

25. ***Partograph is***

- a) Graph to record labor record after delivery
- b) Graphical record of progress of labor
- c) Must be done for all cases in labor
- d) All of the above
- e) B and C

26. Latent Phase of labor:

- a) Starts from onset of labor until the cervix reach 3 cm
- b) Completed after delivery of the foetus
- c) Its duration about 12 hours
- d) Contractions occur one in ten minutes

27. Oxytocin:

- a) Should be give for all cases in labor
- b) Given 5 units per hour
- c) Should not given in primary health care facilities
- d) All of the above

28. The most common type of anemia in Egypt is:

- a) Iron decency anemia
- b) Mediterranean sea anemia
- c) Anemia resulted from high level of lead in environment and blood

29. Breastfeeding must be started at:

- a) Within the first 30 minutes after labour
- b) Within the first 24 hours after labour
- c) Within the first 5 days after labour

30. Referral of newborn is indicated in:

- a) The first stool is black in color
- b) The newborn skin is covered with fatty layer
- c) Body temperature is less than 36 C°

Key answers

<i>Question</i>	<i>Answers</i>
<i>1.</i>	<i>b</i>
<i>2.</i>	<i>a</i>
<i>3.</i>	<i>a</i>
<i>4.</i>	<i>a</i>
<i>5.</i>	<i>b</i>
<i>6.</i>	<i>C</i>
<i>7.</i>	<i>a</i>
<i>8.</i>	<i>c</i>
<i>9.</i>	<i>a</i>
<i>10.</i>	<i>F</i>
<i>11.</i>	<i>E</i>
<i>12.</i>	<i>b</i>
<i>13.</i>	<i>B</i>
<i>14.</i>	<i>D</i>
<i>15.</i>	<i>F</i>
<i>16.</i>	<i>C</i>
<i>17.</i>	<i>E</i>
<i>18.</i>	<i>D</i>
<i>19.</i>	<i>C</i>
<i>20.</i>	<i>B</i>
<i>21.</i>	<i>D</i>
<i>22.</i>	<i>E</i>
<i>23.</i>	<i>D</i>
<i>24.</i>	<i>F</i>
<i>25.</i>	<i>E</i>
<i>26.</i>	<i>A</i>
<i>27.</i>	<i>C</i>
<i>28.</i>	<i>A</i>
<i>29.</i>	<i>A</i>
<i>30.</i>	<i>A</i>