Inventory of HIV/AIDS

Counselling Testing Care and Support

services in Nairobi

PN-ACS-529

Inventory of HIV counselling, testing, care and support services in Nairobi

joint study by
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ıd
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e would especially like to thank the staff of all ose institutions who were willing to give their time provide information for this study, either in person over the telephone. Their names are listed in the ventory; we appreciate their willingness to respond our initial requests and to provide further ormation. We further want to thank the participants the follow-up workshop, who worked together to rify the accuracy of the inventory. Their names are ted in the appendix.

ACKGROUND TO THE INVENTORY

ıe broad objective of the diagnostic study was to entify and describe the counselling and testing and the care and support services available in Nairobi. Specific aims of the study included the following:

- to survey a number of CT sites for service delivery variables such as number of staff and volume of work
- to evaluate the quality of counselling carried out in counselling and testing facilities
- to identify the care and support facilities that serve as referral outlets for the voluntary counselling and testing (VCT) facilities
- to determine the types of services offered as care and support services
- to interview people living with AIDS (PLHAs) and identify their care and support needs
- to develop an inventory of CT and CS services

The results of the first five objectives are described in the publication *HIV/AIDS Counselling, Testing, Care and Support Services in Nairobi, Kenya,* available from either the Population Council or Family Health International in Nairobi. The inventory was developed using two different methods: on-site visits and telephone interviews. An asterisk (*) indicates that the information was collected on site. Where cells have been left blank, the information was not available. However, the inventory is a dynamic instrument, subject to the updating and verification of information by all the organizations listed herein. The inventory and data collection instruments are available on the websites of both Family Health International and the Population Council:

http://www.fhi.org • http://www.popcouncil.org
htpp://beta\pcnairobi

INVENTORY DATA

The following key is used throughout the inventory:

C Sites where only pre- and post-test counselling is available, but the client is sent elsewhere to have blood drawn for HIV testing.

CS Care and support sites provide a variety of support services for HIV-positive persons, including counselling.

CT Sites where HIV pre-and post-test counselling is available and where blood is drawn on site for the test.

CT-H Hospitals are listed separately as, although they provide CT, testing is typically carried out on symptomatic patients, and counselling services in some hospitals are limited.

OC Refers to counselling in addition to or other than CT, for example, family planning.

OS Sites where support other than counselling is available to HIV-positive clients.

T Testing sites do not provide counselling, or only minimal counselling.

Sites are listed only once, in the most appropriate categories.

Terminology used in other columns includes the following:

CHBC Community home-based care is care for HIV/AIDS–affected members of the community.

Follow-up Refers to patients who have gone through initial HIV counselling and have been requested to return for ongoing counselling.

Outreach Community health workers provide HIV counselling and other support services to the clients within their own communities.

Referral The site refers clients and patients to other centres for HIV counselling or testing or both and for other medical treatment.

Walk-in The facility has an "open-door" policy.

Inventory of counselling, testing, care and support sites in Nairobi

n	Contact information	Physical location	Hours of operation	Classification	Geographic area served	Services offered	Target population	Service code	Numbers served	Fees charged	Adolescent services	Type of facility	Comments
	Box 41766 tel: 715319	Ngong Road	24 hrs	Private HMO	East Africa	Testing, counselling, medical care, referral	Individual membership, corporate clients	CT	100+ every 2–3 days	1000/– for HIV test	None	Walk-in, referral	Screen for insurance purposes and referrals from doctors
	Margaret Kianduma Medical Centre Mgr tel: 531830 fax: 533649	Odessy Plaza, South B, Mukoma Road	8 to 8	Private HMO	Nairobi	Testing, counselling, medical care, referral	Individual membership, corporate clients	CT	see no. 1a	see no. 1a	None	Walk-in, referral	Testing for AAR services is centralized to economize; non-members charged 2000/– for HIV tests
	Dr Chai 712276/9 fax: 717267	Yaya Gold Card Centre, Yaya Cntr, Hurlingham	9 to 5	Private HMO	Nairobi	Testing, counselling, medical care, referral	Individual membership	CT	see no. 1a	see no. 1a	None	Walk-in, referral	Most of those tested at AAR have been referred by insurance companies
	Grace Munuhe 783252/3	Kariobangi Outreach Clinic	8 to 5	Private HMO	Nairobi	Testing, counselling, medical care, referral	Individual membership	CT	see no. 1a	see no. 1a	None	Walk-in, referral	
c	Box 30270 tel: 740000	Parklands	8 to 5	Private clinic	Nairobi	Counselling, testing	General population	CT	< 10 per day	At least 1000/– for HIV tests	None	Walk-in	
	Box 30270 tel: 742531	Parklands	24 hrs	Private hospital	Nairobi	Counselling, testing	General population	CT	< 20 per day	1200/– for ELISA and Rapid tests	None	Walk-in	Lab technician trained in HIV counselling
ity- h	F. Mhonie Box 20971 tel: 716730	Ngumo Estate	8 to 5	NGO	Nairobi	Supportive counselling, home-based care, IGA information, health education, nutrition for PLHAs	PLHAs	CS	10 per day	No charge	None	Walk-in, referral	
f	Jane Munithi Muriuki Box 67913 tel: 788473 fax: 332176	Buru Buru Phs 1, Eastlands, Nairobi Calvary Temple Church	8 to 5	NGO	Nairobi	Counselling, referral, home visits	Orphans	CS	Not given	Free	Peer group counselling, study of RH for adolescents	Walk-in	
d te*	Elecah M. Mbithi Box 41738 tel: 602672	Mbagathi Way next to Kenyatta Market	8 to 5	NGO, training institution	Nairobi	Counselling	General population	OC	< 5 per mo for pre-test counselling	200 to 800/– depending on ability to pay	None	Walk-in, referral	Centre gives post-HIV counselling at a fee if client is willing to return
	S. Nzyuko, Project Manager Box 30125 tel: 501301/2/3 or 602191	Wilson Airport	8 to 5	NGO, medical research	East Africa	Supportive counselling, testing, HBC	Staff; referrals from KANCO and private clinics	CT, OC	< 10 per mo for CT	Lab 954/– for ELISA and Rapid tests; free counselling	Youth seminars and peer training	Walk-in, referral	Christine Adhiambo, medical lab technologist, is a KAPC-trained counsellor; clients seen by appointment at the Wilson Airport counselling room
n	Lucy tel: 794785	Umoja 1 Assumption of Mary	8 to 4 Mon to Fri	Religious CBO	See 7b–7g	Administrative support for 7b–7g	General population						
n	Lucia Munuve Caroline no telephone	Baba Dogo	8 to 4 Mon to Fri	Religious CBO	Baba Dogo and its environs	Counselling	General population	CS, OC	< 10 per day	None	None	Walk-in	Community health workers, 2 nurses

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Contact information	Physical location	Hours of operation	Classification	Geographic area served	Services offered	Target population	Service code	Numbers served	Fees charged	Adolescent services	Type of facility	Comments
Alice Njoroge, Progr. Coordinator Box 811421 tel: 811421, 794785	Dandora Catholic Church	8 to 4 Mon to Fri	Religious CBO	Dandora	Counselling, medical care	General population	CS, OC	< 10 per day	None	Family Life Education Outreach programme	Walk-in	Community-based workers provide counselling, 1 nurse
Alice Njoroge, Progr. Coordinator Box 53376 Sr Gill Horsfield tel: 793288	Kariobangi Catholic Church	8 to 4 Mon to Fri	Religious CBO	Kariobangi, Korogocho, surrounding slums	Counselling, medical care, care and support, training of health workers	General population	OC, CS	< 10 per day	None	None	Walk-in	60 community-based workers, 7 nurses, 1 counsellor, 1 social worker
Ann Njeri, Health Worker tel: 785623	Kayole Catholic Church	8 to 4 Mon to Fri	Religious CBO	Kayole residents and those living within its environs	Counselling on social and economic needs	General population	CS, OC	< 20 per day	None	None	Walk-in	Community health worker, 1 nurse
Margaret tel: 530360	Shauri Moyo Catholic Church	8 to 4 Mon to Fri	Religious CBO	Shauri Moyo	Counselling	General population	CS, OC		None	None		1 nurse
Ruth tel: 760005	Eastleigh near St Teresa's High School	8 to 4 Mon to Fri	Religious CBO	Eastleigh and Mathare slums	General counselling as well as pre-HIV counselling	General population	CS, OC	< 10 per day	None	None	Walk-in	Community-based workers, 2 nurses
Dr Kahenya Box 52951 tel: 221650 or 331010	National Bank Building, South Wing	8 to 5 Mon to Fri 8 to 1 Sat	Private clinic	Nairobi	Medical services, limited pre- and post-test counselling	Corporate clients from companies, general population	C	> 10 per week	650/– for ELISA and Rapid tests; testing is referred to a lab in bldg and results returned to the clinic	None	Walk-in, referral	1 industrial health worker, 1 pediatrician, 1 nurse trained in HIV counselling; clients referred here for insurance, pre-employment and medical; use Nairobi Hospital for test confirmation
Mrs Musuva Box 48981 tel: 335456 or 335467	Corner House, 1st floor	8:30 to 12:30, 2 to 5 Mon to Fri 8:30 to 12:30 Sat	Private clinic	Nairobi city centre	Counselling, testing, medical care, referrals made if requested	General population, companies	CT	3 to 4 for HIV CT	500/– standard fee for all med. services incl. pre-test counselling	None	Walk-in, referral	Pre-employment medicals and pre-marital counselling and testing; insist on client consent before HIV testing
Peter Njenga Pamela Ochieng Box 43678 tel: 566122 or c/o AMREF tel: 501301	Dagoretti Market	8 to 5	Local NGO	Dagoretti, Waithaka, Ruthimiti, Mutuini	Training for community-based caregivers; technical support for home-care workers; MCH, laboratory, dental services family planning, testing and counselling, community and peer education	General population	CT	1 to 2 per day for HIV counselling	Testing 150/–		Walk-in, referral	Under AMREF management: Peter Njenga, public technician; Pamela Ochieng, community nurse/ counsellor; have 8 CHAK-trained counsellors; most clients are referrals from Dagoretti and Kayole; offer FP, antenatal and child welfare services

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al	Said Aboud Executive Director Box 33041 tel: 220811/ 222575	Jamia Mosque; other clinics in Pangani, Mukuru in Industrial Area, Pumwani, Eastleigh, Kibera	8 to 5	Local NGO, private clinic	Nairobi (Mombasa and Nakuru)	Counselling, testing, condom promotion	General population; health workers and slum schools	CT	2 to 5 per day per clinic	550/– for HIV test (Jamia Clinic)	None	Walk-in, referral	General out-patient MCH care and immunization
e	Col. Mutungi Box 40668 tel: 721100	Off Lenana Road	24 hrs	Government hospital	National Army barracks	Counselling and testing, medical care	Armed forces personnel, families and civilian workers	CT	< 20 per mo for CT	None; perform ELISA, Rapid and Western Blot	None	National Army	
	Margaret Ogola Box 18077 tel: 558926/555977 Christine Ng'ang'a Progr. Manager tel: 762085	Nairobi South B	8 to 5	Local NGO	Nairobi, Mukuru	Family life counselling, youth seminars, referral training	Family, primarily the youth	OC		100/– for services, 200/– for couples	Youth seminars in tertiary institutions	Training, walk-in	Director, Margaret Ogola; Nairobi office is admin. HQ; training sessions held in Kilimambogo Centre of parish-based counsellors, upper primary school teachers in counselling; have community-based counsellors, 1 qualified counsellor, nurse, MD
	Isabella Njagi Box 19608 tel: 339087	Mumbi House Ronald Ngala St	8 to 5 Mon to Fri	Local NGO	Nairobi, Kisumu	Counselling, medical care (STDs, FP), referral	Informal sector workers; general population	OC	< 7 per day counselling, testing referred	80/– per visit for counselling	Youth training in peer counselling	Walk-in, referral	Clients referred to hospital as need arises
	tel: 763481	Park Road, Ngara	24 hrs	Private hospital	Nairobi	Counselling, testing, medical care, referral	General population	CT-H	< 10 per day	760/– for ELISA or Rapid tests	None	Walk-in, referral	Regular counsellor for HIV; counselling done by nurses; very limited CT
	Mr Ribondo Box 54840 tel: 725016	Kenyatta National Hospital	8 to 5	Parastatal	Nairobi	Counselling, testing, research	General population	CT		300/– for testing w/o referral; tests include ELISA, Rapid and Western Blot	None	Walk-in, referral	
	Joe Muriuki, Director Box 76618 tel: 760370	Pangani	8 to 5	Local NGO	Nairobi (Kiambu and Embu)	Counselling, support, HBC, education	PLHAs	OC, CS	20 per week for pre-test counselling	None	Reproductive health education	Walk-in, referral	Michael Onyango, trained counsellor; patients referred to KEMRI for free HIV testing and return for free post-test counselling
CT	G. Wathome Box 55472 tel: 786310/766283	Sanoda House, 3rd floor Kamunde Road off Outer Ring Road	8 to 5	Local NGO	Nairobi—Kariobangi	Counselling, testing, training, research	General population	CT	20 per week	20/– for CT	Adolescent activities, *Straight Talk* magazine, discussions	Walk-in	Counsellors are trained in HIV and other areas of counselling; condom promotion in Eastleigh and Dandora

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h	Mr Elf Box 54128 tel: 792564/78, 780454 fax: 792564	Jerusalem, Nile Road	8:30 to 5:00 Mon to Fri	Church organization	Jerusalem, Buru Buru, Dagoretti, Kangemi, Mathare	AIDS education programme, peer counselling, resource centre	Youth: street girls in Mathare targeted by Pangani Lutheran Children's Centre	OC, OS	Outreach (11,000)	None	Drama, videos; training in youth counselling, vocational training for jobless youth	Church organiza-tion	Can also contact through Dagoretti Lutheran Church, tel: 882180, or Women's Desk, Alliance for the Advancement of Children, tel: 443868
ss	Wambui Kairo Box 40712 tel: 248640 fax: 248641	Red Cross Bldg off Parliament Road opp. St John's Gate	8 to 5	Local NGO	Nairobi Uasin-Gishu, Kisumu, Machakos	Counselling, support, follow-ups, referral	General population	C	50 to 90 per week for counselling	None	None	Walk-in	Counsellors are trained in HIV counselling; operate a hotline where people can call for counselling; clients referred to KEMRI for testing
ıal nic	Dr R.K Koigi, Director Jennifer Liku, Project Manager Margaret Gichaga, Project Coordinator Box 19676 tel: 726300 ext. 43034, or 722810	Off Ngong Road in KNH Tower Block, ground floor opposite Physiotherapy Dept	8:30 to 4:30 Mon to Fri 9 to 3 Sat–Sun	Government hospital	Nairobi	Counselling individuals and groups, FP/STD/RH, primary and secondary intervention	Young, single adults (25 and below), hospital patients in ObGyn and post-abortion wards, rape victims, suicide victims, drug abusers	C	About 5 per mo for pre-test counselling; are referred to Patient Support Centre at KNH	None	Individual and peer group counselling, preventive services, STI treatment, psycho-social counselling, psychiatric care, video shows, hotline, referral	Walk-in, hospital and referral clinic	Clinic contributes to an outside newsletter column on FP issues and has a hotline for counselling; outlet of youth variety shows; similar clinics in Eldoret Hospital, Coast Province General Hospital, Machakos District Hospital
ıal ıt *	Dr Mulindi and Dr Mak'anyengo Box 20723 tel: 726300	Ngong Road opp. Nairobi Hospital	8 to 4:30	Government hospital	Countrywide	Counselling, testing, medical care, community health care, training	General population attending KNH referral hospital	CT	< 20 per day for CT	450/– for ELISA test	Referred to HRC	Walk-in, referral	CHBC training for family care providers
ıal ;	Jane Kabue Box 57763 tel: 725390/98	Off Ngong Road	8 to 5	Government hospital	Nairobi	Testing, research, referral	General population and those referred by the KEMRI Project	T	30+ per week tested for HIV	None	None	Lab	Project supported by Rockefeller Foundation in close collaboration with KEMRI and Wellcome Trust Research Laboratories
's	Box 74197, Nairobi tel: 570602 fax: 230230	Kibera Drive, Ayany 42	9 to 5	Local NGO	Kibera	Counselling, home-based care; home visits: clothing, school fees, food; referral	Infected and affected women, destitute children, street children, HIV/AIDS orphans	C, CS, OS	500 per week		Skills training for unemployed, income-generating projects	Walk-in	Referrals to KEMRI for testing; rescue home for AIDS orphans and destitute children while awaiting foster parents; awareness seminars
lf- ıe*	Ann Owiti Box 49531 tel: 571081 fax: 571600	Kibera Drive Mashimoni village	8 to 5 Mon to Fri 8 to 12 Sat	Local NGO	Kibera	Counselling, group therapy, HIV/STD/TB, HBC, training, community outreach, HIV/AIDS education	General population	CS	100 per day for outreach < 30 per day for medical; 15 per day for pre- and post-test counselling	None	Planned (depending on funding)	Walk-in	Centre has a school for HIV+ children and orphans; awareness education of community on HIV/STD/TB; medical clinic open Mon to Sat; provide counselling in HIV; 5 staff trained in HIV counselling
	tel: 0154 64439	Kijabe	24 hrs	Mission hospital	Kijabe, Nairobi	Counselling, testing	General population	CT-H				Walk-in, referral	Serve anyone who comes, from all economic levels

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al, ıme*	Tabitha Mbugua Box 45, Kikuyu tel: 0154 32057 or 32412; fax: 32413	Off Naivasha Rd, 25 km from city centre	8 to 6	Mission hospital	Kikuyu and environs	Counselling, testing, medical care, referral	General population	CT-H		100/– consultation, 700/– HIV, ELISA tests	None	Walk-in	Many low-income earners from Nairobi come here for services
Inc.	Martha Warathu Box 59328 tel: 564682/567227/ 567172/567144	Kilimani, Kindaruma Road	8 to 5	NGO	Nairobi– Pangani, Eastleigh, Mathare and Kenyatta Market	Counselling, testing, FP, ObGyn, curative services, immunization	General population	CT		1000/– or less for HIV tests	Family planning lectures	Walk-in, referral	Contact person: Repher Anyonyi
	Mary Joy Onalo (contact person) Box 30325 tel: 531199 fax: 534289	Nairobi South B	24 hrs	Mission hospital	Nairobi, countrywide	Testing, counselling, medical care, referral	General population	CT-H	< 10 in 2 weeks for CT	1000/– or less for HIV tests; free counselling	None	Walk-in, referral	Have 3 counsellors who are trained professionals and employed full time as counsellors; young adults counselled
rict –	Esther Mwanyika, Patient Support Centre Roselyne M. Okumu Social Worker Box 20725 tel: 724712/728530/ 726300 ext. 43728/43712/43643	Mbagathi Way, next to Kenyatta Market	24 hrs, lab 6 hrs	Government hospital	Nairobi	Testing, counselling, referral, STD, provision of care and social support, condom distribution, HBC for HIV/AIDS, PLHA follow-ups	General population	CT-H		410/–; hospital provides counselling and HBC	None	Walk-in, referral	Two-way referrals from community to institution
ıf	Sister Pauline Dean Box 14754 tel: 440995	Makina, Klanda, Katwikera	8 to 5	Mission centre	Nairobi–Kibera	Counselling, HBC training, referral for testing; public workshops educating on HIV/AIDS	PLHAs, health workers	CS	12 to 25 per week get CT services; testing referred to Mbagathi	No charge for counselling services	None		
c	Ann Delorie Box 20707 tel: 711024, 710924 fax: 710924 email: mediplan@ iconnect.co.ke	Josem Trust Place, Bunyala Road–Upper Hill Road	8 to 5 Mon to Fri 8:30 to 12 Sat	Private clinic	Nairobi	Pre-employment HIV testing and testing for insurance companies, food handler certification, curative services		CT	200 to 500 per mo for HIV testing	600/– per test (ELISA or Rapid)	None	Walk-in, referral	Contact person: Ann Delorie, Director, Counselling Services (under development); nurse on staff being trained
	Catherine Mwangi, Matron Box 33080 tel: 790282/790286/ 790317/792221	Rabai Road Buru Buru Phase 3	24 hrs	Private hospital	Nairobi– Eastlands	Hospital services, limited counselling, testing	General population	CT-H	4 to 10 in-patients 1 to 2 per day for CT	900/– bed; counselling services free; testing 750/– for ELISA and Rapid tests	None	Walk-in	Executive Director: Dr K. K. Gakombe
ıltal	Box 14497 tel: 742763	Parklands	24 hrs	Private hospital	Nairobi, countrywide	Testing, counselling, medical care, referral	General population	CT-H	80 per mo for CT	850/– for ELISA and Rapid tests	None	Walk-in	

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Ms Veerle Moreau-Eygenraam Box 38897 tel: 564419, 565969, 570021/5 or 572094/5 fax: 572157	Kileleshwa off Mandera Road, near Kenya High School	8.30 to 5.30	NGO	Langata, Dandora, Pumwani, Kibera community, Mbagathi Hospital	Drug supply, technical assistance for first line at health centres and second line at hospital, clinical care for HIV-related conditions, CT, health talks and video sessions, home care, condoms available, referral system, social assistance, networking	General population	CT, CS, OC, OS	approx. 30 per day in all sites for clinical care, home care, incl. 15 to 20 per week for testing	Free for Langata and Dandora Health Centres, 50/– for Pumwani Health Centre and Mbagathi Hospital	Counselling	Walk-in, referral, follow-up	Blood samples for Dandora and Langata Health Centres are screened at STC Casino; blood samples for Pumwani Health Centre and Mbagathi Hospital are screened on site; technical support provided to Mbagathi District Hospital
Box 52837	Kibera, area 42	9 to 8	NGO	Kibera, Kianda village	Therapeutic: drugs, medicine, diagnoses; home-based care, counselling, referrals for HIV testing	Residents of Kibera, Kianda village	CS, C	250 per mo	> 5 yr 100/–, < 5 yr 80/– all inclusive	Youth community counselling, education through audiovisuals, individual counselling in the home	Walk-in	This facility offers free home-based care to the residents of Kianda village and networks with other organizations working within Kibera
Box 30026 tel: 722160	Argwings Kodhek Road	24 hrs	Private hospital	East Africa	Testing, counselling medical care, referrals, training	Middle to upper-level income earners	CT-H	< 10 per day for CT	1170/– for ELISA test	None	Consultant and hospital referral	Carry out confirmation tests for referrals
Box 49682 tel: 0154 40644	Banana Hill	24 hrs	Mission hospital	Nairobi (Tigoni)	Testing, counselling, medical care, referral	General population	CT-H	< 30 per week for CT	< 700/– for ELISA test	None	Walk-in	Several clients from Nairobi prefer to be attended to at Nazareth Hospital
Sr Lydiah (sister in charge) tel: 570021	Dandora	9 to 4 Mon to Fri	Municipal clinic	Dandora	Counselling, testing, primary clinical care, referral, condom distribution, health talks, video sessions, home care, social assistance	Dandora	CT, CS, OC, OS	5 to 10 per day in health centre, 5 to 10 per day for home care	None	None	Clinic, follow-up, CHBC, walk-in	MSF–Belgium provides counsellors for HIV and pays their salaries
Sr E. Githu Box 30108 tel: 506991	Chweya Road Otiende Estate near Otiende Shopping Centre	24 hrs for health care; 8 to 5 for CT	Municipal clinic	Langata, Kibera slums, Ongata Rongai	Counselling, testing, primary clinical care, referral, health talks, video sessions, condom distribution, HBC in Kibera, social assistance	General population	CT, CS, OC, OS	approx 5 per day at health centre, 5 to 10 per day for HBC	Free counselling and testing	None	Walk-in, referral, clinic, CHBC	CT services provided by MSF–Belgium; research done by STC/EU project; health centre opened in 1974; FP started in 1976 (doctors only); in 1983, nurses trained as family planners; in 1992 NCC took over; drugs for STI are offered by CIDA World Bank and STC
Sr Priscilla (sister in charge) see no. 33 for MSF–Belgium contact	Pumwani, inside Gikomba Market	8 to 5	Municipal clinic	Pumwani	Clinical care (first line), referral, counselling and testing, condom distribution, health talks, video sessions	General population	CT, OC, CS	4 to 5 per day	Free counselling, 50/– per HIV test	Not specified	Clinic, follow-up, walk-in	

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tre,	Dr Peter Otiato tel: 228845 or 250192 fax: 251511	Cross Lane River Road	8 to 5	Municipal clinic	Nairobi, countrywide	Testing, counselling, STD treatment, dermatology	General population	CT	30 to 70 per mo	300/– for HIV test plus 100/– for card processing	None	Walk-in, referral	Counsellors: Sr Mureithi and Sr Gichuru; undertake referrals from practitioners and KNH Patient Support Centre; project funded by EU; local adviser, Dr Caroline Fonck
	Rev. Klarie Box 45009 tel: 215560 or 219554	Church House Moi Avenue		Religious CBO	Nairobi (Huruma, Mathare)	Counselling, support services, referral	Slum population, street children	OC		None		Walk-in	Counselling provided for HIV, pastoral counselling; also conduct training seminars
d	Father D'Agostino Box 21399 tel: 884303 882684/ 882371/716829	Karen, off Dagoretti Road	24 hrs	Private voluntary organization	Countrywide	Care for HIV+ children, care for orphans of AIDS, home for abandoned HIV+ children, placement of children in foster homes, education for HIV+ children	HIV+ children	CS	60 resident children; 62 in foster homes	None	Monthly educational workshops organized for adolescents in the 62 families	Walk-in, referral	Caroline Matsalia, social worker
ling	Esther Gathurima, Dr Mutiso, Psychiatrist Edith Box 76117, Nbi tel: 715023	Ufungamano House	8 to 5	NGO	Nairobi Kigali, Rwanda	Counselling, referral to KEMRI, training	Youth, couples	OC	30 per year	500/– per session of counselling	Majority of clients are youth	By appoint-ment, walk-in	Provide marital, individual, group and HIV counselling
	Jane Kabue Box 55493 tel: 722570 fax: 722570	Rose Avenue off Ngong Road	8 to 5	Private organization	Nairobi and upcountry	Training in general and HIV/AIDS counselling, home-based care, home visits, educational seminars, peer education	General population: youth, women, families, refugees	CS	4 per week for HIV counselling, 20 per week general psychologi-cal counselling	Sliding scale	Educational workshop for students	Walk-in, referral	Training provided in general and HIV counselling to teachers, NGOs and others; uses guidelines from KANCO; programmes to strengthen family: premarital and marital counselling
ital	Dr Kiragu, Med. Superintendent-Supervisor Sr Wanjala Jane Mureithi Box 30108 tel: 763291 ext 148	Pumwani	24 hrs	Government hospital	Nairobi–Eastlands	Testing, counselling, medical care, MCH and FP, HIV research	Women PLHAs	CT-H	1 to 10 per week for HIV services	Counselling free	High-risk clinic	Walk-in	2 lab personnel; lab samples sent to STC for blood donors only
	Dr Surendra Patel Beatrice Oloo Box 42435 tel: 48530, 48591/93	James Gichuru Rd, Lavington	8 to 8 Mon to Fri 8 to 12:30 Sat, Sun, holidays	Private medical centre	Westlands, Parklands, Lavington, elsewhere	Counselling, medical care, nutrition for PLHAs, home visits, follow-up, group therapy	General population, PLHAs	CS, CT, OS	4 per day	300/– for consultation, 600/– for HIV testing	Education, awareness and counselling	Walk-in, ambulatory care beds	Targeting 18 schools in area for HIV and substance abuse in particular; full-time pharmacy; immunizations

collected on site (at other sites, it was collected by telephone).

Abbreviations are listed at end of Inventory.

Inventory of counselling, testing, care and support sites in Nairobi

Contact information	Physical location	Hours of operation	Classification	Geographic area served	Services offered	Target population	Service code	Numbers served	Fees charged	Adolescent services	Type of facility	Comments
Major Rebecca Nzuka Box 21608 tel: 567064 office near Jevanjee Gardens tel: 227541 Contact: April Foster	Kibera, Kianda village, end of route no. 42 Bombolulu Bldg	24 hrs	CBO Kibera and AIDS Self-Help Project	Kianda and Gatwikira villages within Kibera	Home visits (MSF–Spain nurse and Rebecca), promotion of behaviour change, IGA for young women, community counselling weekly, education in home-based care, door-to-door education, hospital visits, care of orphans	People living within Kianda and Gatwikira villages of Kibera	CS	approx. 15; about 3 new cases of AIDS per week	None	Provide seminars and train adolescents in music and drama for HIV/AIDS IEC	Walk-in, outreach	Give support to malnourished children; funds for the programme are raised by the community, which also monitors the growth of the child; they give extra training to single mothers, enabling them to generate their own income
Sister Muchiri Box 46829 tel: 721200	Milimani Road	8 to 5	Religious CBO	Nairobi	Testing, counselling, medical care and referral	General population	CT	10 per week for lab test	1000/– for HIV test, counselling free; perform ELISA and Rapid tests	None	Walk-in	Trained counsellors: Mrs Huma and Mrs Mukaya; use Nairobi Hospital for test confirmation; lab technicians trained by CHAK in HIV counselling; branch in Likoni Road, Industrial Area
Dr Surendra Patel, Michael Onyango Box 39779 tel: 48530/48591/48593	Office at Right Medical Centre, Lavington	Same as Right Medical Centre	NGO	Nairobi	Counselling, testing; patient-support group for PLHAs, HBC	PLHAs and outreach to private sector	CS, CT	4 per day	None	As for Right Medical Centre	Walk-in	Recently sent 5 PLHAs to Nairobi Hospice for 1-week training in HBC; currently have 60 participants in patient support; conduct research on locally applicable HIV treatment methods; developing their own website
Sarah Karanja, AIDS Programme Officer Box 16254 tel: 767656/761624 fax: 765798	Gen. Waruinge St, next to Christian Industries Technical College, by Pumwani Hospital	8 to 5	Religious CBO	Nairobi–Pumwani, Eastleigh	Counselling, prevention education In addition to counselling the centre; assistance to orphans; peer education to youth, training in HBC	Slum pop of Majengo, Pumwani and Eastleigh	C, CS	< 5 per week get pre- and post-test counselling; testing is referred to STC Casino and KEMRI, where it is done free	None	Centre runs a school and vocational training for out-of-school youth; also involved in income-generating activities for groups		1 trained HIV counsellor
Rolwands Lenya Box 30583 tel: 603421	Nairobi West	8 to 5	Local NGO	Nairobi Kisumu	Counselling, education, outreach, home and hospital visits	PLHAs	C, CS	< 10 per week		None	Walk-in	Referrals to KEMRI
Dr Odero, Clinical Officer Box 12846 tel: 742600	Museum Hill	8 to 5	Private clinic	Nairobi	Counselling, medical care	In-house employees	C					Clinical officer: Dr Odero
Box 30195 tel: 728306		8 to 5	Parastatal	Nairobi	Testing, counselling	Staff and students	CT					

Inventory of counselling, testing, care and support sites in Nairobi

	Contact information	Physical location	Hours of operation	Classification	Geographic area served	Services offered	Target population	Service code	Numbers served	Fees charged	Adolescent services	Type of facility	Comments
gy	Dr E. Njagi Coordinator Box 19676 tel: 719851 ext 43214 Dr Bwayo, Mr Omari Microbiology Dept tel: 726300	KNH Annex	8 to 5	Parastatal	Nairobi–Pumwani, Majengo, Casino, Langata	Testing, counselling, STD research, referral	CSWs in the study	CT		None	None	Walk-in	Study has been going on for the last 15 years; on average 5 to 10 new CSWs per year join the study to replace those who die of AIDS; the new CSWs receive CT for free
;	Dorothy Onyango Box 58428 tel: 217039	Aladdin House, Haile Selassie Ave, and Kayole Walk-in Centre	8 to 5	NGO	Nairobi, Kayole, Kisumu, Homa Bay	Counselling, HBC, networking, training, income-generating activities; limited RH services in Kayole Centre	HIV+ women or women living with AIDS	C, CS	3 to 5 people come in for this service per day	Counselling free to AIDS patients in Kayole office	Counselling for adolescents, especially young women; education outreach to schools and in barazas	Walk-in	Trained HIV counsellors at Kayole walk-in centre; also conduct training for counsellors; HIV testing referred to other hospitals
:	Emmy Gichinga Box 19899 tel: 721009/445997	Kibera	8 to 5	Religious CBO	Nairobi	Counselling, support services; monthly HBC counselling in reproductive health; pregnancy crisis counselling	Youth, families	OC	3 people counselled per day on family matters	Counselling 150 to 300/–, depending on subject covered in marital issues	Teaches Bible principles to in- and out-of-school youth	Referral	

immune deficiency syndrome
nselling
ity-based organization
Health Association of Kenya
ity home-based care
n International Development Agency
l support
cial sex worker
nselling and testing
nprehensive counselling, testing, at hospital
n Community
-linked immunosorbent assay
n Union

FP family planning
HBC home-based care
HIV human immunodeficiency virus
HMO health management organization
HRC High-Risk Clinic
IEC information, education and communication
IGA income-generating activity
KANCO Kenya AIDS NGO Consortium
KAPC Kenya Association of Professional Counsellors
KEMRI Kenya Medical Research Institute
KNH Kenyatta National Hospital
MCH maternal and child health
MSF Médecins sans Frontières

NCC Nairobi City Council
NCCK National Council of Churches of Kenya
NGO non-governmental organization
OC HIV and other counselling
OS other support services
PLHA persons living with HIV/AIDS
RH reproductive health
STC Special Treatment Centre
STD sexually transmitted disease
STI sexually transmitted infection
T testing without counselling
TB tuberculosis
UON University of Nairobi

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Population Council
Horizons Project
P.O. Box 17643
Nairobi, Kenya
tel: (254 2) 713480
email: pcnairobi@popcouncil.org
website: http://www.popcouncil.org *and* htpp://beta/pcnairobi

Family Health International
Kenya AIDS Project
P.O. Box 38835
Nairobi, Kenya
tel: (254 2) 713913
email: fhikenya@mailnet.fhi.org
website: http://www.fhi.org