



## Nepal Family Health Program Quarterly Program Performance Report

Cooperative Agreement Number: 367-A-00-02-00017-00

Reporting Period: 1 April - 30 June 2002

### **Background:**

The Nepal Family Health Program (NFHP) began on 12 December 2001 and is scheduled for completion 11 December 2006. The total Cooperative Agreement budget is \$24,999,404.

The Nepal Family Health Program focuses on improving the delivery and use of public sector family planning and maternal and child health services.

### **Objective:**

NFHP will support His Majesty's Government (HMG) in its long-term goal of reducing fertility and under-five mortality within the context of the current HMG National Health Policy and Second Long-Term Health Plan 1997-2017.

### **Report Organization:**

This Report is organized by Program Component, with indicators for each component beginning the section.

A summary of expenditures appears at the end of the Report.

### **Child Health and Logistics Activities:**

Child Health and Logistics activities for this quarter are reported in the final quarterly report for the Logistics and Child Health Support Services Project (Contract 367-C-00-97-00082). This Contract ended 14 June 2002. Future NFHP Quarterly reports will include activities by these two teams.

### **Subagreements:**

Subagreements were signed with all NFHP partners by the end of the reporting quarter. Except for MASS and NTAG, all local partner subagreements were effective 1 July 2002 or later. Activities under these subagreements will be reported in the next quarter. NTAG and MASS's subagreements were effective 15 June 2002. Their activities were reported for the last 2 weeks of June under Contract 367-C-00-97-00082-see above.

## *NFHP Quarterly Program Performance Report Acronyms and Abbreviations*

ANC	Antenatal Care
ANM	Assistant Nurse Mid-wife
BCC	Behavior Change Communication
CB-IMCI	Community-Based Integrated Childhood Illnesses
CEDPA	Center for Development and Population Activities
COFP	Comprehensive Family Planning
COPE	Client Oriented provider Efficient
CPD	Core Program Districts
CTEVT	Council for Technical Education and Vocational Training
CTS	Clinical Training Skill
CYP	Couple Years of Protection
DE	Distance Education
DH	District Hospital
DHO	District Health Office
DHS	Demographic Health Survey
DPT	Diphtheria Pertusis and Tetanus
DS	Drama Serial
FCHV	Female Community Health Volunteer
FHD	Family Health Division
FHFO	Family Health Field Officer
FP	Family Planning
FPFCC	Family Planning Fertility Care Centre
HEAL	Health Education and Adult Literacy
HMG	His Majesty's Government
HMIS	Health Management Information System
HP	Health Post
IFPS	Institutionalized Family Planning Service (Centers)
IUCD	Intra-Uterine Contraceptive Devices
IUD	Intra-Uterine Devices
JHU/PCS	John Hopkins University/ Population Communication Services
LMIS	Logistics Management Information System
LQAS	Lot Quality Assurance Sampling
MASS	Management Support Services Pvt. Ltd.
MCHW	Maternal Child Health Worker
ML/LA	Minilap/Laproscopy
MOH	Ministry of Health
MOU	Memorandum of Understanding
NFHP	Nepal Family Health Program
NGO	Non-Governmental Organization
NHEICC	National Health Education, Information and Communication Centre
NHTC	National Health Training Centre
NMSRHS	National Medical Standard for Reproductive Health Services
NP	Norplant
NSMP	Nepal Safer Motherhood Program
NSV	No-Scalpel Vasectomy
NTAG	Nepali Technical Assistance Group
OB/GYN	Obstetrics/Gynecologist
OC	Oral Contraceptives
ORS	Oral Rehydration Salt
OTTM	Operation Theatre Technique Management
PAC	Post-Abortion Care
PHC	Primary Health Care
QOCMC	Quality of Care Management Center
RA	Rapid Assessment
RCP	Radio Communication Project
RH	Reproductive Health
RHTC	Regional Health Training Centre
SHP	Sub-Health Post
TIMS	Training Information Monitoring Systems
TOT	Training of Trainers
TT	Tetanus Toxoid
TUTH	Tribhuvan University Teaching Hospital
UNDP	United Nations Development Program
VaRG	Valley Research Group
VHW	Village Health Worker

## Component 1: Support for Community-Based Activities

Performance Indicator	Indicator definition and unit of measure	IR	Source of Data	Frequency of Data Collection	Current Quarter	2002 (Target)
<b>Component 1: Support for Community-based Activities</b>						
1-1. Commodities Availability at Health Facilities	Percentage of health facilities (PHCs, HPs, SHPs) that maintain availability of 7 key commodities in CPDs year round (also reported by individual commodity) Unit: Percentage	1+2	LMIS	Quarterly	22%	25%
1-2. Commodities Availability at Community Level	Percentage of FCHVs in CPDs who have 4 key commodities available during monitoring visits (also reported by individual commodity) (condoms, OCs, ORS, cotrim) Unit: Percentage	1+2	Supervision Checklists	At Least Annually	No data This quarter	50%
1-3. Pneumonia Treatment	Number of pneumonia cases in children (2 – 60 months) treated by community health workers (FCHVs, MCHWs, VHWs) in CB-IMCI intervention districts Unit: Number	2	NFHP monitoring records	Annually	No data this quarter	
1-4. Quality of Pneumonia Treatment <i>@ Marking 3<sup>rd</sup> day followup</i> <i># Marking consistent age/dose</i>	Percentage of children presenting to health workers (FCHVs, MCHWs, VHWs) with pneumonia symptoms who receive appropriate treatment (in CPDs where community-based pneumonia has been initiated) Unit: Percentage	1+2	Supervision Checklist FCHV Record Review	At Least Annually	95% @ 99%#	70%
1-5. FCHVs services reflected in HMIS Data	Percentage of HFs in CPDs reporting FCHV service data though HMIS Unit: Percentage	1+2	HMIS	Annually	No data this quarter	-
1-6. Treatment of Night-blind Pregnant Women	Number of pregnant night-blind women treated with Vitamin A in intervention CPDs Unit: Number	2	NFHP program reports	Annually beginning in year 2/3	No data this quarter	-
1-7. ORT use in Children under 5	Percentage of children (under 5 years) with diarrhea in preceding 2 weeks who received Oral Rehydration Therapy (ORS or recommended home fluids) Unit: Percentage	2	DHS	5 Years	No data this quarter	
1-8. Measles Vaccination	Number of children (9 through 11 months) who have received Measles vaccination in CPDs Unit: Number	2	HMIS	Annually	No data this quarter	-

- Held preliminary meetings to prioritize and select districts in which to incorporate FCHV in literacy program and review FCHV-related manuals.
- Conducted interaction between 79 satisfied and potential clients in four IFPS Centers: Biratnagar, Lalitpur, Dhangadhi and Nepalgunj. Current FP clients shared experiences with potential clients, dispelling rumors and misconceptions.
- Monitored progress of listenership to RCP5 through 65 groups in Bardiya in coordination with World Education HEAL Program.

## Component 2: Support for District Facilities

Performance Indicator	Indicator definition and unit of measure	IR	Source of Data	Frequency of Data Collection	Current Quarter	2002 (Target)
<b>Component 2: Support for District Facilities</b>						
2-1. District Hospitals Offering PAC Services	Number of District Hospitals offering PAC services in CPDs Unit: Number	1+2	Supervision Reports	Annual	No data this quarter	17 District Hospitals
2-2. HMG/NGO RH Coordination	Number of NGOs in CPDs receiving FP commodities from DHOs Unit: Number	1+2	LMIS	Quarterly	9	TBD
2-3. Couple Years of Protection (CYP) in CPDs	Annual protection against pregnancy afforded by contraceptives provided in CPDs Unit: Percentage	1	HMIS/LMIS	Quarterly	133,030	TBD
2-4. Health Facility Supervision	Percentage of Health Facilities in CPDs that receive a quarterly supervision visit by DHO staff Unit: Percentage	1+2	Supervision Reports	Quarterly	No data this quarter	TBD

## Reproductive Health

- QOCCM Central-level staff and Regional-level field officers visited 7 and 19 IFPS Centers, respectively, to monitor and maintain quality of FP/MCH services.
- QOCCM staff orientated staff from all IFPS Centers on changes in National Medical Standard for Reproductive Health Services (NMSRHS). They provided on site coaching on infection prevention practices, client screening, counseling, and post-op care.
- Held COPE meetings on client rights in Nepalgunj and Dhangadhi IFPSs. Distributed COPE materials and handouts. Briefed staff on COPE technique and how to develop action plans.

- QOCCM staff visited 17 PHCs/HPs where FHD had initiated IUD and Norplant services. Discussed progress and changes in new NMSRHS.
- QOCCM assisted FHD with orientation in 5 new IUD/Norplant extension sites funded under the Family Planning Supplemental Workplan.

### **PAC Activities**

- Conducted 1-day PAC FP counseling orientation in Bhaktapur.
- RH team conducted 1-day workshop on PAC Job Aids for FHD staff.
- Conducted PAC Supervision and Monitoring in Nawalparasi in June to improve services and infection prevention practices.
- Conducted PAC Supervision/Monitoring and orientation in Chitwan, where nurses are trained but do not provide services. OB/GYN Chief fully committed to allowing nurses to provide services.
- Completed draft write-up of PAC Job Aids. Circulated for feedback.
- Completed orientation package for use in all PAC districts.

#### **Compliance with Tiahrt Amendment**

NFHP included availability of Informed Choice Poster as a key monitoring checklist indicator. All FHFOs and QOCCM staff will be oriented on the importance of Informed Choice. NFHP staff will ensure the Informed Choice Poster is easily observable when visiting health facilities. If not, they will put one up and brief the staff on the importance of providing planned FP acceptors clear information on FP choices.

An Informed Choice booklet in Nepali has been published containing definitions and information on importance of informed choice and informed consent, it will create awareness and knowledge of the importance of informed choice in providing quality FP services.

During visits to government family planning service sites, NFHP staff specifically looked for adherence to informed choice and informed consent while providing family planning services. Observations revealed no violation of the clauses under the Tiahrt Amendment/Legislation.

The Informed Choice Poster is available in all 24 IFPS centers.

- Reviewed group-based training with FHD, NHTC and Maternity Hospital. Identified areas to be strengthened. Held planning meetings to introduce on-the-job training for PAC at Maternity Hospital

### **Cross-Cutting Activities**

- Designed, pre-tested and finalized NFHP Monitoring Checklist. These checklists will be used by NFHP staff to assess quality of services and achievements, identify gaps and help NFHP support and problem solve. Staff will be oriented on use of these checklists in late July.

### Component 3: Support for National Programs

Performance Indicator	Indicator definition and unit of measure	IR	Source of Data	Frequency of Data Collection	Current Quarter	2002 (Target)
<b>Component 3: Support for National Programs</b>						
3-1. Couple Years of Protection (CYP) (National)	Annual protection against pregnancy afforded by contraceptives provided Unit: Percentage	1	HMIS/LMIS	Annually	303,211	5%: 1,654,750
3-2. Reporting of LMIS Data by Health Facilities (National)	Percentage of functioning Health Facilities (DHs, PHCs, HPs and SHPs) nationwide reporting LMIS data within 2 months after end of quarter Unit: Percentage	1+2	LMIS	Quarterly	80%	80%
3-3. Vitamin A Supplementation coverage	Percentage of children (6-60 months) nationwide who received a Vitamin A capsule during the preceding round of supplementation Unit: Percentage	2	Mini-Surveys	Annually	97%	85%
3-4. HMG Purchase of Contraceptives	Percent increase in HMG budget contribution to the purchase of family planning commodities Target = 10% increase per Nepali Fiscal Year.	1	HMG Budget	Annually	-	

### Reproductive Health

- Assisted FHD in designing and conducting Family Planning Assistant's workshop in Hetauda, 11-17 June.
- Presented papers at various conferences:

Title	Conference	Presenter	Date
Whole Team on Site Capacity Building for Infection Prevention: An Effective Method to Improve Quality of Services	"7 <sup>th</sup> National Conference of Nepal Society of Obstetricians and Gynecologists on Emergency Obstetric Care: Our Roles and Responsibilities"	D. R. Shrestha	21/4/2002
A Post-Abortion Care Program in Non-Profit Making Private Sector Hospitals in Nepal	"7 <sup>th</sup> National Conference of Nepal Society of Obstetricians and Gynecologists on Emergency Obstetric Care: Our Roles and Responsibilities"	K. L. Shakya	21/4/2002

Role of Tranexamic Acid in the Management of Menorrhagia	"7 <sup>th</sup> National Conference of Nepal Society of Obstetricians and Gynecologists on Emergency Obstetric Care: Our Roles and Responsibilities"	Dr. S. Rajbhandari	21/4/2002
Our Roles and Responsibilities in use of National Medical Standard Volume 1	"7 <sup>th</sup> National Conference of Nepal Society of Obstetricians and Gynecologists on Emergency Obstetric Care: Our Roles and Responsibilities"	C. Harrington/ Dr. S. Rajbhandari	21/4/2002
PAC FP Counseling	"7 <sup>th</sup> National Conference of Nepal Society of Obstetricians and Gynecologists on Emergency Obstetric Care: Our Roles and Responsibilities"	R. Rai	21/4/2002
Whole-Site training for Sustained Results: Experiences in Egypt and Nepal	Best Practices: Lessons Learned and Future Directions	D. R. Shrestha	21/4/2002

- Published in Nepali by EngenderHealth, *Infection Prevention Handbook* by Dirgha Raj Shrestha, and *National Medical Standards for Reproductive Health Vol. I: Contraceptive Services 2001* published by FHD with EngenderHealth and JHPIEGO technical support. These books will increase knowledge of service providers to improve quality of care in their health facilities.
- Conducted workshop on Quality of Care, 14-16 May 2002 for 25 IFPS Clinic In-Charges and QOCMC Field Officers to reinforce the importance of providing quality services.
- Assisted various MOH Divisions in finalizing NFY 2059/2060 Redbook and Supplemental Workplan program descriptions and budgets. [All Supplemental Workplans now signed]

## **Cross-Cutting and Other Activities**

### **Training Information Monitoring System (TIMS)**

- Orientated NHTC Director and key personnel on TIMS.
- Provided technical assistance to NHTC for maintaining training database for other than FP trainees. NHTC identified key person responsible for TIMS.
- Revised participant information and follow-up forms, continued data cleaning.

### **Radio Communication Project (RCP) Activities**

- Aired 2 Distance Education and 2 Drama Serial promotional spots for RCP5.
- Scored 485 letters received from RCP5 Distance Education and Drama Serial radio program listeners and selected winners.
- Signed MOU and cost-sharing finalized for airing RCP Distance Education and Drama Serial radio programs through UNDP's Equal Access Digital Radio Broadcasting Initiative.
- Aired DE and DS on schedule.

- Held script Review Committee meetings at NHEICC to review and update RCP6 scripts in preparation for broadcast for next quarter. All 52 RCP6 Distance Education program scripts completed.
- Developed RCP6 Workplan for 2002/03.
- Developed articles for Listeners Forum 7. Circulated for input to draft of *Shrota Manch* (Listener's Forum).

### Chhetrapati Family Welfare Clinic Activities

#### Training

Type	NGO staff	HMG staff
IUCD	9	-
CTS	2	12

#### Family Planning Services

Method	New	Current
NSV	107	-
Minilap	32	-
Norplant	88	2,905
IUD	88	2,529
Injectable	411	5,532
Pills	46	661
Condom (pieces distributed)	17,256	-

#### MCH Services

Service	Clients
ANC, New	98
ANC, Old	243
TT to pregnant women (First dose)	99
TT to pregnant women (Second dose)	74
Gynecological health services	339
FP Counseling	807
DPT and Polio (third dose)	450
BCG	174
Measles	397

### Reproductive Health Nepalgunj Training Center

- Finalized management plan.
- Provided training-related models and equipment.
- Initiated recruitment for staff positions.

#### Training Activities

- Prepared draft TOT and training materials for introduction of AD Syringes.

- Revised and adapted training curricula, schedule and training package for basic obstetrics care to train doctors and nurses from NSMP districts.
- Revised and updated existing IUD training package in line with NMSRHS.
- Provided feedback on *Health Assistant Curriculum* (CTEVT/Peace Corps).
- Conducted preliminary visits to ANM institutions.
- Reviewed and provided feedback on *VHW Basic Manual*.
- Reviewed and provided feedback on *Assessment of NHTC/RHTC* report.
- Reviewed *Health Facility Management Committee Manual* (Care/Nepal).
- Supported NHTC to start Norplant training at FPFCC and conducted meeting with FPFCC/OB/GYN Department (TUTH).
- Assisted NHTC to:
  - Compile NHTC training report.
  - Develop FP/RH training calendar (draft).

#### **Rapid Assessment (RA)**

Prior to beginning work in NFHP Districts an assessment is being conducted. This assessment will determine the current level of health services in Program areas, orient stakeholders to Program objectives and build receptivity among District staff at all levels to NFHP inputs. During this quarter the following RA activities occurred:

- Conducted a series of meetings with the NFHP core RA group to finalize RA tools, with Nepali translation.
- Conducted 2-day RA orientation for all NFHP program staff.
- Finalized RA tools for pretest in Chitwan District.
- Pretested RA in Chitwan and finalized RA tools.
- Completed RA in eight Districts: Chitwan, Mahottari, Nawalparasi, Kanchanpur, Sunsari, Siraha, Kailai, and Banke.

#### **Staff Development Sessions for NFHP staff conducted**

- 10 April-Child Health-Basic, Reproductive Health-Basic, Logistics-Basic
- 30 April-Training-Basic, Quality Assurance-Basic
- 13 June-LQAS (CARE/Nepal)

**FP/RH TRAINING (April – June 2002)\***

Training	Service Providers Trained			Training Follow-up conducted
	HMG	NGO	Total	
NSV	1	3	<b>4</b>	1
ML/LA	1	8	<b>9</b>	3
NP	0	17	<b>17</b>	8
IUCD**	15	28	<b>43</b>	5
PAC	13	15	<b>28</b>	-
COFP/ Counseling	345	58	<b>403</b>	19
OTTM	24	15	<b>39</b>	-
CTS**	12	2	<b>14</b>	-

Note: Includes training and follow-up conducted through July 15, 2002

\*\* Includes Chhetrapati training

**BCC Activities**

- Selected Valley Research Group (VaRG) and drafted instruments for BCC Research.
- Completed literature review for FCHV Radio Health Program.
- Finalized auxiliary materials with technical assistance from JHU/PCS and package developed by CEDPA to support RCPs.