

S.A.R.A.H NETWORK

CORRECTIONAL OFFICERS TRAINING REPORT

TRAINING TITLE: LEADERSHIP TRAINING IN SUBSTANCE ABUSE,
ADDICTION AND HIV/AIDS

PLACE OF TRAINING: BRACKENHURST – LIMURU – KENYA

DATES: 26TH FEBRUARY 2007 TO 2ND MARCH 2007

EXPECTED NO. OF PARTICIPANTS: 30

ACTUAL NO. OF PARTICIPANTS: 16

CADRE OF PARTICIPANTS: CORRECTIONAL OFFICERS

TRAINING COORDINATOR: MRS. MARGARET NAMIREMBE

TRAINING FACILITATORS: MIKE ZNACHKO, MARGARET NAMIREMBE,
TRUDY HUFF, CHRISTINE MWAKIMA AND
DONALD OMONGE.

INTRODUCTION

GOAL/SARAH Network trained 16 probation officers on HIV/AIDS and Substance abuse prevention. The probation officers are in turn expected to reach out to the non-custodial offenders under their care. This training was done in collaboration with the Ministry of Home Affairs Probation and Prisons Department. Some changes were experienced with the prisons department and this caused the high ranking administrative officers coming for the training and they were not the targeted individuals. The challenges section highlights about these and more challenges. SARAH network used this workshop as an opportunity to build a working relationship with the probations department and the individual participants and help them implement their action plans for HIV/AIDS and substance abuse prevention. On the same note communicate and encourage them to report their on their HIV/AIDS and substance abuse prevention community outreaches achievements and challenges to SARAH Network.

Both SARAH Network facilitators; Christine Mwakima, Margaret Namirembe and Donald Omonge and GOAL Project (USA) volunteers, Mike Znachko and Trudy Huff formed the training team.

This document will give a detailed report of the events in the workshop highlighting the challenges faced the successes and achievements realized as per the workshops objective with attachments of list of the program schedules and list of attendants as annexes.

Workshop Objective

By the end of the workshop the probation officers (Participants) were expected to be able to:

- Gained knowledge on issues of Substance of abuse, addiction and HIV/AIDS
- Acquire skills to work with recovering alcohol and other drug addicts and PLWA's in their correctional duties
- Get the motivation to engage in behaviour change communication by educating the participants on HIV/AIDS modes of transmission, hygiene and nutrition management, Antiretroviral Therapy, Voluntary Counselling and Testing, relationship between alcohol and substances of abuse and HIV/AIDS and other issues relevant to prevention of the spread of HIV/AIDS
- Develop an individual action plans for implementation in their place of operation
- Understand how to form and run HIV/AIDS support groups and recovering alcoholics and other addicts support groups
- Realize the need for their participation in the efforts to reduce the spread of HIV/AIDS and substance abuse.

The Curriculum

The training curriculum was developed in-house by GOAL/SARAH Network staff after a training needs assessment consultative meeting with the Correctional Department authorities. The workshop was given the theme: "Changing the way you deal with changes"

The curriculum was carefully tailored to run for 5 days and each day given a theme as follows:

Day 1 – Understanding addiction

Day 2 – Addiction in the family

Day 3 – HIV/AIDS: Breaking the silence

Day 4 – HIV/AIDS: Positive Living

Day 5 – HIV/AIDS, Alcohol and other substance of abuse in the family

The curriculum was tailored to be relevant in the achievement of the set objectives. For more details of the contents of the curriculum, please refer to the attached workshop schedule (Annex 1)

Action Plans

The training exposed to the participants that there are many unattended issues on HIV/AIDS in relation to alcohol and other substances of abuse in their areas of operation. Out of this realization the participants prepared and presented their work plans in which each promised to act on as soon as they get back to their duty station.

Awarding Certificates

The National Director of Probation services: Mr. J. W. Oloo attended the workshops closing day to award the 16 participants Certificates of Participation. During this session Mr. Oloo gave a key note address in which he promised to work hand in hand with SARAH Network and the participants to ensure the participants work plans are executed. He further responded to some questions from the probation officers that suggested the fears on bureaucracy being a barrier to working with SARAH Network. In response he gave an assurance of his support all the way; reminding them that he was the “senior most” in the Department.

Success of the training

The trainings succeeded in achieving its main objectives as listed above. Some books and other available IEC materials were given to the participants to carry away for references and guides in their post workshop outreach activities.

The presence of Mr. Oloo helped GOAL/SARAH Network realized assurance that the training will have an impact not only to the clients of the probation officers but also to the community at large. Mr. Oloo threw a challenge to the participants to look beyond their clients (Probationers) and open up to the community at large.

As an indicator of success, Mr. Oloo saw the need to hold a consultative meeting with the SARAH Network’s Program Director; Margaret Namirembe to map a way forward for the training of more probation officers in other parts of the country in addition to the planning of the forthcoming training for the Senior Probation Officers and Program managers.

Challenges/ Difficulties

The workshop was not without challenges with the greatest being the governments bureaucratic complication that came up from the Prisons Department. Being part of the armed forces, the Prisons Officers have an orientation composed of ranks which have to be followed. This was a challenge to SARAH Network because this particular

workshop was tailored for officers who are in constant contact with the inmates in prison daily. Unfortunately the Prisons Department due to the bureaucracy changed their plans without consulting SARAH Network and sent their administrative officers who have no daily direct contact with the inmates. On realization of the mistake the officers were recalled back to their places of origin while promising to send the officers meant to attend from their stations as soon as they arrive. Again due to bureaucratic reasons, this was not possible with the limited time available.

The implication of this is that SARAH Network will try and look for other channels to counter the bureaucracy in the prisons department, though it may take a longer time to yield the anticipated results. Meanwhile, SARAH Network will continue working with Probation Officers countrywide owing to the reason that with the support of Mr. Oloo, it is easy to reach a larger number of people.

Way Forward

SARAH Network will try to find other ways around the bureaucratic complications to culture a working environment with the Prisons officers, while working hand in hand with the Probations Department to reach not only their clients but also communities around their divisions.

ANNEX 1

S.A.R.A.H NETWORK

**PROBATION/PRISON OFFICERS WORKSHOP LEADERSHIP IN
SUBSTANCE ABUSE, ADDICTION AND HIV/AIDS
THEME: CHANGING THE WAY YOU DEAL WITH CHANGES.
Brackehurst - Limuru - Kenya**

26th February 2007 to 2nd March 2007

Day 1 – 26th February - Understanding Addiction

TIME	ACTIVITY	FACILITATOR
8.25 AM – 8.45 AM	Sign in	Christine Mwakima
8.50 AM – 10.00 AM	Introductions; workshop objectives, expectations, and action plans.	Margaret Namirembe
10.05 AM -10.20 AM	TEA/COFFEE BREAK	
10.20 AM – 10.30 AM	Pretest – Drugs of Abuse and addiction.	Mike Znachko
10.30 AM – 12.30 AM	Introduction to addictions	Mike Znachko
12.30 PM – 1.00 PM	Questions and Answers	Mike Znachko
1.05 PM - 2.00 PM	LUNCH	
2.05 PM - 4.00 PM	Addictions – Family disease	Mike Znachko
5.10 PM - 5.30 PM	TEA/COFFEE BREAK	
5.30 PM – 7.00 PM	Video – the Brain and Discussion	Margaret Namirembe

DAY 2– 27th February – Addiction in the Family

8.00 AM – 8.30 AM	Sign in	
8.30 AM -8.45 AM	Recap	Mike Znachko
8.45AM – 10.15 AM	Describing an Alcoholic	Mike Znachko
10.15 AM -10.30 AM	TEA/ COFFEE BREAK	
10.35 AM -12.40 PM	Intervention and Treatment	Trudy
12.40 PM – 1.00 PM	Questions and Answers	
1.05 PM -2.00 PM	LUNCH	
2.05 PM -3.05 PM	Motivation for Change	Trudy
3.10 PM – 4.20 PM	Basics of prevention	
4.20 PM – 5.00 PM	TEA BREAK	
5.05 PM - 6.00 PM	Alcohol support groups modeled	Team

Day 3 – 28th February – HIV and AIDS – Breaking the silence

TIME	ACTIVITY	FACILITATOR
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8.25 AM – 8.45 AM	Sign in	Christine Mwakima
8.50 AM -9.00 AM	Pre-test - HIV	Don Omonge
9.00 AM – 10.20	HIV/AIDS : Myths and attitudes	Don Omonge
10.40 AM -11.00 AM	TEA/COFFEE BREAK	
11.00 AM -12.00 NOON	Modes of Transmission of HIV including Re-infections	Don Omonge
12.05 P.M-1.05 PM	Understanding the Virus and VCT process	/Christine Mwakima
1.05 PM - 2.00 PM	LUNCH	
2.05 PM -3.00 PM	Stages of HIV/AIDS progression	
4.00.PM – 5.00 PM	Group Discussion: stigma and discrimination	Don Omonge
5.00 PM - 5.30 PM	TEA/COFFEE BREAK	

Day 4 – 1st March - Positive Living

8.25 AM - 8.45 AM	Sign in	Christine Mwakima
8.45 AM -9.00 AM	Recap	Don Omonge
9.05AM – 10.05	Management of Hygiene in HIV	Christine Mwakima
10.10 AM -10.30 AM	TEA/ COFFEE BREAK	
10.35 AM - 1.00 PM	ART and Nutrition in HIV management	Christine Mwakima
1.05 PM -2.00 PM	LUNCH	
2.05 PM – 4.20 PM	The ABC Theory	Don /Christine
4.20 PM – 5.00 PM	TEA BREAK	
5.00 PM -6.00 PM	HIV Support Group modelled	TEAM

DAY 5– 2nd March – HIV and Drugs of abuse in the Family

8.25 AM – 8.35 AM	Sign in	Maggie Namirembe
8.35 AM - 8.50AM	Recap	Christine /Don
8.55 AM – 10.15 AM	The self-concept and its effects on HIV on the spread of HIV.	Christine Mwakima
10.15 AM -10.30 AM	TEA/ COFFEE BREAK	
10.35 AM -11.35AM	Genogram / Parenting styles and its relevance in the prevention of the spread of HIV	Christine Mwakima
11.40 AM -12.40 PM	Communication and Conflicts in HIV	
12.45 PM – 1.00 PM	Evaluation and presentation of certificates	
1.00 PM -2.00 PM	LUNCH and Departure	

ANNEX 2

LIST OF PARATICIPANTS

No.	NAME	
1.	Caroline C. Tare	

2.	Emily M. Njeruh	
3.	Olga A. Bunde	
4.	Peter N. Mwinyi	
5.	Ezekiel M. Njunge	
6.	Paul Njenga Chege	
7.	Ruth W Njeri	
8.	Stella N. Nteere	
9.	Kepha A. Ongera	
10.	Carren L Kavere	
11.	Esther M Makau	
12.	Benson O Ong'injo	
13.	Wencelaus M Muthama	
14.	Steve W. Khaemba	
15.	Ezekiel K. Kimani	
16.	Flora Orege	