

Course Outline for Online Addiction training for Clergy and other Pastoral Ministers

(based on Core Competencies developed by SAMSHA)

180 hours or 6 course credits (30 hrs each)

I. Drugs of Abuse and Societal/Spiritual Costs of Addiction (60)

1. Be able to define and use biblical references to addictive behavior and identify costs to family, mental, physical and spiritual health.
2. Be aware of the process that leads to addiction from use and abuse to dependency.
3. Be aware of the process toward Recovery or Wellness
4. Be knowledgeable about signs and symptoms on individual, family, community life and church.
5. Be aware of causes and effects of addictive disease on stability of marriages, domestic violence, human trafficking, HIV/AIDS, depression, hospitalization, and criminal behavior.
6. Be competent and assured in facts that refute common cultural and familial fallacies, myths, and attitudes regarding alcohol and other drug use, including prescription medicines and how they interact with each other and alcohol, including gender and age differences.

Bibliography: Gerald May: Addiction and Grace

SAMSHA pamphlets: Drugs, Alcohol and HIV/AIDS
Drugs, Alcohol and HIV/AIDS A consumer
guide for African Americans
TIP 37

Webb, Mary Theresa: Healing Hope for Bruised Souls: Church
Training Guide: Part I

Spickard, Anderson MD, Dying for A Drink

Johnson, Vernon: I'll Quit Tomorrow

II. Biological Aspects of Drugs of Abuse (30)

1. Be aware of the different chemical substances that lead to addiction and their effects on the body.
2. Be able to identify addiction as a physical disease of the brain and identify the various parts of the brain that each drug attacks or replaces.

3. Be able to differentiate between will and willingness in the progression of the disease and recovery.

Bibliography: Charts on effects on body; SAMSHA: Mind over Matter and the Brain: Understanding Neurobiology Through the Study of Addiction

III. Psychological Aspects on Abuser and Family members (30)

1. Be aware of defenses used by addicts; especially denial and projection.
2. Be knowledgeable of distortions in thinking of an individual affected by addiction.
3. Be able to communicate an appropriate level of concern and caring for addicts and their family members.
4. Be able to deflect and overcome anger and resistance
5. Be able to help family members identify roles and overcome enabling behaviors.
6. Be knowledgeable about and practice strategies for interventions

Bibliography: Johnson, Vernon, Interventions and/or Video

SAMSHA Tip: Brief Interventions and Brief Therapies For Substance Abuse

Webb, Mary Theresa, Healing Hope for Bruised Souls: Church Training Guide: Intervention chapter

Webb and Fabean, Codependence in Family Systems Guide Pamphlets from Al-Anon*

II. Recovery Support (45)

1. Be knowledgeable about each of the 12-steps of recovery, their origins, and how they relate to the Scripture, Christian traditions, and spiritual development.
2. Be able to differentiate between self help support groups, bible study and prayer groups, and self help recovery groups.
3. Plant the first AA or NA or AlAnon meeting in your church and attend community open 12 step meetings of AlAnon, NarAnon, AA, or NA wherever and whenever possible.
4. Be prepared to hear and respond appropriately to those who choose to share their 4th step with you.

Bibliography: Webb, Tree of Renewed Life

Burns, The Good Book and the Big Book

AA pamphlets and Recovery Ministries pamphlets*

Webb, Mary Theresa, Healing Hope for Bruised Souls:
Church Training Guide: Part II

IV: **Community Resources (15)**

1. Collect information about local groups, addiction counselors and treatment resources in your community and make these available to your congregation.
2. If there are a lack of recovery support groups or treatment facilities in your community assist in community-based prevention and awareness.
3. Host a Recovery Sunday and ask someone to preach and share his or her story about the hope of recovery.
3. Become familiar with and make simple assessment tools availab to members of your congregations.
4. Prepare your congregation to pray for those who need recovery and to welcome into your congregation those (with their permission) who have recently entered into a recovery process.

Bibliography: SAMSHA: Four Ways to Include Drug Prevention in
Your religious Program
Sample Recovery Sunday Materials

Other Resources available:

Power Point Presentations that could be used in the Course:

12-step Support Groups
Biblical Definitions
Psychological Aspects of Addiction
Soil of Addiction
Substance Abuse and HIV/AIDS
Theology of Spirituality of Recovery
Incarceration
Family Systems

Bottle Dolls and Healing Bottle Doll booklets

Carnes, Patrick J. A Gentle Path through the Twelve Steps. Irvine Cal, 1989.

NKJV Serenity New Testament and NIV Recovery Bible

Meditations for the 12 steps: A Spiritual Journey, RPI Publishing.

Hazelden: 12 Step Pamphlets Collection \$19

Pamphlets: *Sex, Alcohol...right to Say No* 50 for \$16 Journey Works Publishing
HIV, Alcohol and Other Drugs 50 for \$16 “ “ “
Christian Response to AIDS 50 for \$57.50

Born to Be Free: Your Dynamic Journey to Freedom
(from Chuck Hamby in Pgh)

Other SAMSHA pamphlets: Drug Dependence and the Impact of Family Members
PHD1060

Child Welfare and Substance Abuse Disorders: A Guide to Recovery for Families and Children. PHD1077

Alcohol and Drug Use Disorders, Sexually Transmitted Diseases and Other Infectious Diseases DVD186 \$13

*From Al-Anon: Pamphlets:

B-18c, B22c, P-2, P-19, S-5, S-19, G-12, G-13, G-14, S-29, S-30 books: One Day at a Time, 12-steps and 12-traditions

*From AA: Big Books, 12-steps and 12-traditions, Living Sober, As Bill Sees it,
Pamphlets: Is AA for me?, It sure beats sitting in a cell, AA in correctional facilities,
A brief Guide to AA, Members of the clergy ask about AA, 44 questions