

# DISTRICT HEALTH PROFILE

**District Zhob**

**2009**



**USAID**  
FROM THE AMERICAN PEOPLE



The document was made possible through support provided by the United States Agency for international Development (USAID), under the terms of cooperative agreement number 391-A-00-05-01037-00 and sub-agreement number 36098-02 for PAIMAN.

The Pakistan initiative for Mothers and Newborns (PAIMAN) is a 6-year USAID funded project designed to reduce country's maternal and neonatal mortality by making sure that women have access to skilled birth attendants during childhood and throughout postpartum period. PAIMAN works at national, provincial and district levels to strengthen the capacity of public and private health care provider and improve health care system. The PAIMAN program is jointly implemented by John Snow Inc (JSI), Contech International, John Hopkins Center for Communication Program (JHU/CCP), Agha Khan University and Population Council.

Copyright © 2009 by John Snow Inc (JSI). All Rights Reserved

**Published by**

**PAIMAN (Pakistan Initiative for Mothers and Newborns)**

House 6, Street 5, F-8/3, Islamabad, Pakistan

**Chief of Party-PAIMAN**

Dr. Nabeela Ali

**For inquiries, please contact**

**Contech International *Health Consultants***

**2-G Model Town, Lahore, Pakistan**

**Tel: 042-35888798-99**

**Fax: 042-35845774**

**Email: [contech@brain.net.pk](mailto:contech@brain.net.pk)**

**Web: [www.contech.org.pk](http://www.contech.org.pk)**

***Disclaimer:***

*This report is made possible by the generous support of the American people through the United States Agency for International Development (USAID). The contents are the responsibility of JSI Research & Training Institute, Inc. and do not necessarily reflect the views of USAID or the United States Government."*

## Table of Contents

INTRODUCTION .....	1
1. District at a Glance.....	2
2. Accessibility .....	3
3. Culture .....	3
4. Administrative Setup .....	3
5. Demographic Information .....	3
6. District Health System .....	5
a. Organogram.....	5
b. Health Facilities .....	6
c. Human Resource Position .....	6
d. Health Indicators .....	7
e. Budget Allocation and Utilization.....	7
7. Education Sector.....	8

## INTRODUCTION

The purpose of this document is to simplify, package, and communicate complex information on vital statistics and the local burden of disease in a practical, accessible format for district health planning. It is intended for use by District Health Management Teams (DHMTs), federal/ provincial/regional governments and other development partners. Most of the information is provided in tabular format with short explanatory captions and minimum text to provide a 'picture' of the current demography and disease burden. The data source is the district health and education departments; however, specific data in this report has been taken from District Census Report 1998.

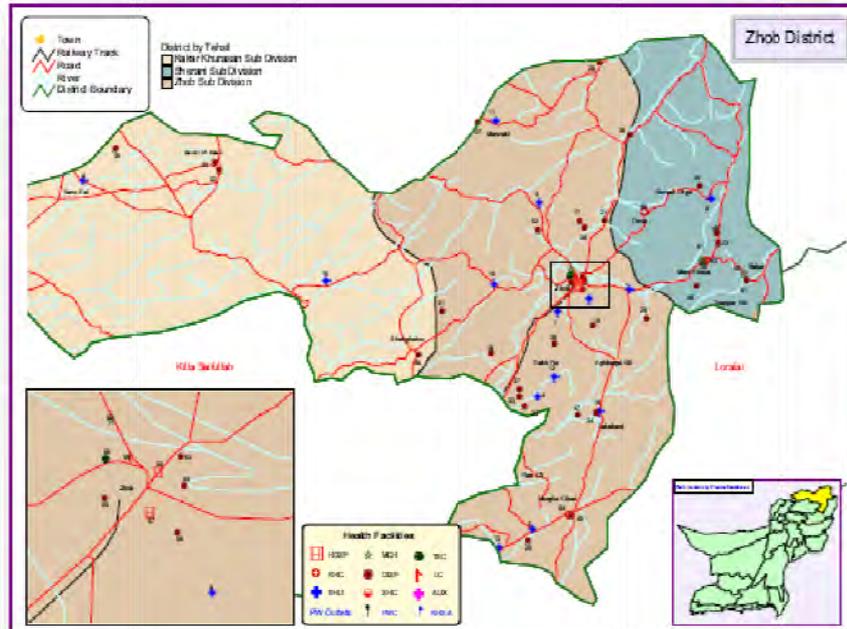
The document has been divided into various sections mentioned below:

1. **District at a glance:** This section contains general information about the district; for example history, location, area etc.
2. **Accessibility:** This section facilitates reader in approaching the district from other districts or provincial/federal capital by road, rail or air.
3. **Culture:** Knowledge of cultural and social customs facilitates in getting access to the general population. This section provides brief about cultural setup and livelihood in the district.
4. **District Administrative Setup:** A brief on district administrative setup along with reporting lines is given in this section.
5. **Demographic Information:** Demographic breakdown of the district population structure, by age and sex, is important from Mother & Newborn Child Health (MNCH) point of view. The information given in this section can be used to predict the target population in upcoming years and plan interventions for improvement of health status in the district.
6. **District Health Department:** This section provides basic information of district health department. It provides organogram of the department, types of health facilities, human resource and budget information, and selected health indicators.
7. **District Education Sector:** The information regarding tehsil wise number of educational institutions in public sector is given in the section that can be useful in planning collaborative strategies for improvement of health status in the district.

We anticipate that this document would be helpful for planning district health interventions by PAIMAN and government health authorities.

# DISTRICT HEALTH PROFILE

## ZHOB



### 1. District at a Glance

Zhub is one of the oldest districts of the province. Zhub claims historical significance being the cradle of the Afghan race. The name came after the river Zhub, a Pashto word (Oozing water). Zhub River has length of 410 km which follows North East Course and joins the Gomal River.



*Fort at Zhub*

Zhub district is bounded on the West by District Kila Saifullah, on the East by district Sherani and D.I. Khan, on the North by Afghanistan and South by District Loralai.

Total area of district was 20,297 (District Census Report 1998) before its division into Sherani and Zhub district. At present, area of district Zhub is 16,520 sq. km. The district is covered with mountains and hills intersected by the broad valley of Zhub and its tributaries. Zhub River is used for irrigation in the Zhub district. Zhub is a mountainous area with good forest

reserves especially in Suleman Range. District is situated in Moon-soon range. Most of the people are involved in animal grazing and agriculture. Nomads come and return back to district Zhob round the year from Afghanistan and D.I. Khan.

In the winter, the weather is cold and the snow is normal. In the summer, although the temperature can get up to 100 degrees Fahrenheit, however, there is little moisture, so it is not uncomfortable.

## **2. Accessibility**

Zhob is 320 kilometers from Quetta, 225 kilometer from Dera Ismail Khan. However, the road linking with Dera Ismail Khan is for most part a dirt track passing through water streams and only 48 kilometers is metalloid. There is 295 kilometers Bostan-Zhob rail track. Zhob is also linked by air with major cities of the country. A flight operates from Quetta linking Zhob with Multan, Dera Ismail Khan, Peshawar and Islamabad.

## **3. Culture**

The dominating life style is still nomadic. Scattered mud huts exist for seasonal habitation; summer is spent in highlands and winter in lower plains for feeding cattle in tribal reserved pastures. The people are deeply religious and their lives are marked by strict adherence to tribal norms and values.

## **4. Administrative Setup**

Like any other district in the country, district Zhob is headed by District Coordination Officer (DCO) assisting Zila Nazim and is accountable to him. DCO, appointed by provincial government from the federal or provincial civil service, coordinates with Executive District Officers (EDOs), who head each of the district offices including health.

District Zhob has two tehsils i.e. Zhob and Qamar Din Karez. Each taluka comprises of certain numbers of union councils. There are 21 union councils in district Zhob with 17 rural and 4 urban.

## **5. Demographic Information**

The population of district Zhob according to the 1998 census is 275,142 persons having 149,787 (54.44 %) males and 125,355 (45.56 %) females. The annual growth rate of Zhob is 1.51 %. Present population of district in year 2008 is 189,435 (after division into two districts, Sherani & Zhob). A small proportion of population (15.9%) lives in urban areas as compared to 84% rural population (1998-Census). The vast majority of the population of Zhob

district is Pakhtun. It is likely that over 99% of the people of the area are Muslims, with small numbers of Christians and Sikhs.

Union council wise breakup of population is shown below:

Sr. #	Name of Urban Union Council	Total Population
1.	Islamyar Zhob I	25370
2.	Babu Mohalla	19192
3.	Nasir Abad	21652
4.	Ganj Mohalla	21932
	<b>Total</b>	<b>88146</b>

Sr. #	Name of Rural Union Council	Total Population
1.	Sheikhan	13679
2.	Hasan Zai	11104
3.	Apo Zai	11655
4.	Zabo Zai	10785
5.	Badin Zai	8947
6.	Meena Bazar	15661
7.	Sambaza	11796
8.	Wala Akram	12762
9.	Omzaviala	9152
10.	Babar	11603
11.	Laka Band	11212
12.	Tangsar	8994
13.	Murgakibzai	11543
14.	Barakwala	6789
15.	Shaghalo	11359
16.	Ashewat	7602
17.	Qamar Din	12645
	<b>Total</b>	<b>187288</b>

Following table shows the demographic information of different population groups in the district:

Population Groups	Standard Demographic (%)	Estimated Population 2008
New born	4	7,577
0-11 months	2.24	4,243
12-23 months	-	-
Under 5 years	15.87	30,063
0-14 years	44.04	83,427
Women in child bearing age (15-49 years)	21.8	41,297
Married Child bearing age	15.5	29,362
Pregnant Women	4.5	8,525

## 6. District Health System

The health care delivery network is headed by Executive District Officer (Health). Being the team leader, the EDO Health is assisted by the Medical Superintendents of DHQ Hospital, Assistant District Health Officers, two Deputy District Officers Health (Curative and Preventive) and DSV.

### a. Organogram

The organizational structure of district health department is given below:



**b. Health Facilities**

The number of health care facilities in district Zhob is given below:

Type	No.	No. of beds
DHQH	1	100
THQH	-	-
RHCs	4	40
BHUs	15	-
MCHCs	2	-
Dispensaries	19	-
Reproductive Health Services-A (RHS-A)	1	-
Others T.B. Clinic	1	-

**c. Human Resource Position**

Total health care personnel of selected positions working in the district are detailed in the following table:

Posts	Number	
	Sanctioned	Filled (Dec. 2008)
Gynecologist	1	1
Pediatrician	1	1
Anesthetist	1	-
Radiologist	1	-
Women Medical Officers (WMOs)	7	4
Medical Officers (MOs)	36	18
Blood Transfusion Officers (BTOs)	1	-
Lady Health Visitors (LHVs)	17	12
Nurses	7	1
Midwives / Dai	2	2
Laboratory Technician	7	6
Health Technician	19	13
Vaccinators	33	32

**d. Health Indicators**

Indicator	Data from Jan-Mar 2009 <i>(Source: Baseline MIS Survey-PAIMAN)</i>
Number of ANC cases registered	167
Number of pregnant women provided TT 2 immunization	153
PNC cases visited by LHW within 24hrs of delivery	100
Number of children <1 yr receiving DPT 3 immunization	1278
Number of children <5 yr treated for diarrhea at public HFs	804
Number of children <5 yr treated for pneumonia at public HFs	99
Number of facilities reporting stock out of contraceptive commodities (DHQH/THQH/RHCs)	4
Indicator	Data for Sep-Dec, 2008 <i>(Source: National Program for FP &amp; PHC)</i>
Total deliveries conducted by skilled attendant	53
Number of live births	68
Number of still births	10
Total obstetric (maternal) deaths	2
Total newborn deaths	3

**e. Budget Allocation and Utilization**

Total budget allocation of current year for District Health Department in district Zhob is as under: (amount in Pak Rupees)

Item	Year 2008-09
Total District Health Sector Budget	Rs.52,555,459
Development	-
Non-Development	Rs.52,555,459

## 7. Education Sector

Only 16.78% of district population (10 years and above) is literate according to 1998 census report. During the 1990s, the enrollment of children in schools nearly doubled in the Zhob district. The literacy ration of the district among the population aged 10 years and above is 16.78 percent, 47.84 percent for urban areas, and 10.40 percent for rural areas. ([www.yespakistan.com](http://www.yespakistan.com))

Primary School		Middle School		High School		College		Univ.
Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
216	18	15	5	14	2	1	1	-