



District Health Profile

Rawalpindi

2005



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Pakistan Initiative for
Mothers and Newborns

Preface

There has never been a more opportune time to work on improving maternal and newborn health in Pakistan.

The country has an extensive health service network in place yet mortality and morbidity rates for mothers and newborn babies remain disturbingly high. Each year some 4.5 million women give birth and as many as 30,000 die of pregnancy-related causes.

In response to this, USAID has launched the Pakistan Initiative for Mothers and Newborns, a five-year project to implement a full range of health interventions. The task has been entrusted to John Snow Inc. and partners.

Adding further impetus, the Government of Pakistan has made public its support in providing quality health services to mothers and their newborns and its commitment to achieving the Millennium Development Goals which call for a reduction in the maternal mortality ratio by three quarters by 2015.

Devolution of the health sector means that the District health system now has a vital part to play and responsibility to assume. As part of the preparation for district level planning, JSI has worked with District Health officials in compiling a series of district profiles. For successful future planning, it is vital that information is gathered at the district level.

I would like to acknowledge CONTECH International Health Consultants, one of our partners, for taking the lead in preparing the district profiles. These profiles take a vital step closer to achieving all our aims.

Dr. Nabeela Ali
Chief of Party
Pakistan Initiative for Mothers and Newborns (PAIMAN)

Foreword

The District Health Department of District Rawalpindi welcomes this initiative by PAIMAN.

Devolution has brought with it many challenges to improve maternal and newborn health in Pakistan. Chief among them is the realization that health professionals working in the districts must take responsibility for their own planning and improvement of services.

Vital in upgrading and coordinating services is data gathered using special indicators specific to districts. As such the production of health profiles at district level provides an invaluable tool for future planning.

The District welcomes PAIMAN's invitation to work with it in improving maternal health for all women and newborns. It is only through partnership at every level of the public and private sector that successes will be achieved.

**Executive District Officer – Health
District Rawalpindi**

ACRONYMS

ADB	Asian Development Bank
ARI	Acute Respiratory Infections
AJK	Azad Jammu and Kashmir
ASV	Assistant Superintendent of Vaccination
BCG	Bacillus Calmette-Guérin
BHUs	Basic Health Units
CIA	Central Investigation Agency
CDC	Communicable Disease Control
CDD	Communicable Disease Department
CDCO	Communicable Disease Control Officer
DCO	District Coordination Officer
DDO	Deputy District Officer
DDHO	Deputy District Health Officer
D.G. Khan	Dera Ghazi Khan
DHDC	District Health Development Center
DHEO	District Health Education Officer
DHMT	District Health Management Teams
DHQ	District Headquarter Hospital
DOH	District Officer Health
DMS	Deputy Medical Superintendent
DPT	Diphtheria-Tetanus-Pertussis vaccine
DTPS	District Team Problem Solving
DSV	District Superintendent of Vaccination
EDO	Executive District Officer
EmOC	Emergency Obstetric Care
EPI	Expanded Program on Immunization
FHT	Female Health Technician
FP	Family Planning
FANA	Federally Administered Northern Areas
FATA	Federally Administered Tribal Areas
GNI	Gross National Income
GPs	General Practitioners
HMIS	Health Management Information System
HIV/AIDS	Human Immune Deficiency Virus/Acquired

	Immunodeficiency Syndrome
I/C	In-charge
IPC	Inter-Personal Communication
JSI	John Snow Inc.
LHV	Lady Health Visitor
LHWs	Lady Health Workers
MCEB	Mean Children Ever Born
MCH	Maternal and Child Health
MCHCs	Maternal and Child Health Centers
MNCH	Maternal, Neonatal and Child Health
MO	Medical Officer
MREO	Monitoring, Research and Evaluation Officer
MS	Medical Superintendent
NGO	Non Governmental Organization
NWFP	North West Frontier Province
PAIMAN	Pakistan Initiative for Mothers and Newborns
PHC	Primary Health Care
PMDC	Pakistan Medical and Dental Council
OBSI	Optimum Birth Spacing Initiative
OPV	Oral Polio Vaccine
OTA	Operation Theater Assistant
RHC	Rural Health Centers
RHSC-A	Reproductive Health Services Center -A
SMO	Senior Medical Officer
SNL	Saving Newborn Lives
TB	Tuberculosis
TB DOTS	Tuberculosis Directly Observed Treatment Short Strategy
TBA	Traditional Birth Attendant
TFR	Total Fertility Rate
THQ	Tehsil Headquarter Hospital
TT	Tetanus Toxoid
UNICEF	United Nation's International Children Fund
UNDP	United Nations Development Program
USAID	United States Agency for International Development
WMO	Woman Medical Officer

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Section 1 – Context

- Pakistan Initiative for Mothers and Newborns (PAIMAN)
- District Health Profiles

1. CONTEXT

1.1. Introduction and Background

Pakistan is the 6th most populous country in the world with a population of over 154¹ million people. There is an alarmingly high Maternal Mortality Ratio of 350-400². In addition, there is high infant mortality rate of 77/1000¹ and an under-five mortality rate of 101/1000 live births³. The estimated population growth rate is 1.9 % per annum², which projects that Pakistan's population would increase to 226 million by year 2025. The Total Fertility Rate (TFR) is 4.0¹ which ranks among the highest in the world and the second highest in the region 7.

1.2. Pakistan Initiative for Mothers and Newborns (PAIMAN)

The Pakistan Initiative for Mothers and Newborns (PAIMAN) is a five year project funded by the United States Agency for International Development (USAID). The goal of the PAIMAN project is to reduce maternal, newborn, and child mortality in Pakistan, through viable and demonstrable initiatives in 10 districts of Pakistan. The project is working on capacity building of public and private health care providers and structures within health systems and communities. This strategy will ensure improvements and supportive linkages in the continuum of health care for women from the home to the hospital. The key partners in the implementation of PAIMAN are the Ministry of Health, the Ministry of Population Welfare, the Provincial Health Departments, the private sector and consortium partners.

Strategic Objectives

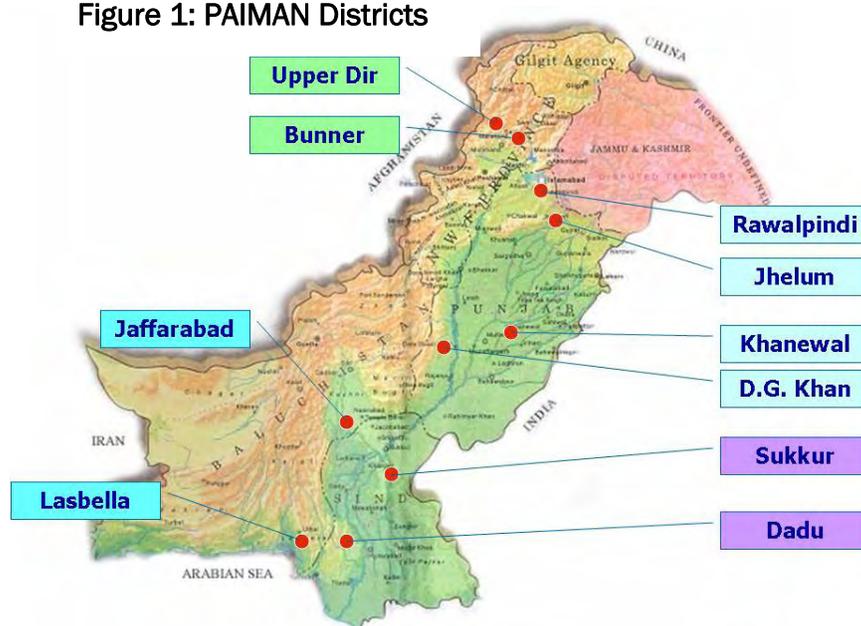
The project is based on the *“Pathway to Care and Survival”* framework. The five major strategic objectives are as follows:

- Increase awareness and promote positive maternal and neonatal health behaviours;
- Increase access to and increase community involvement in maternal and child health services (including essential obstetric care) and ensure services are delivered through health and ancillary health services;
- Improve service quality in both the public and private sectors, particularly related to management of obstetrical complications;
- Increase capacity of MNH managers and care providers; and
- Improve management and integration of health services at all levels.

The PAIMAN consortium is lead by John Snow Inc. (JSI), a US-based public health organization. JSI is joined by a number of international and local organizations to form a strong, professional team for implementing this project.

PAIMAN is being implemented in 10 districts of Pakistan. These include Rawalpindi, Jhelum, D.G. Khan, Khanewal (Punjab); Sukkur, Dadu (Sindh); Jaffarabad, Lasbella (Balochistan); and Upper Dir, Buner (NWFP) as refer in Figure 1.

Figure 1: PAIMAN Districts



1.3. District Health Profiles

PAIMAN project has prepared district health profiles which contain relevant basic information for each of the program district. The purpose of preparing district profiles is to have a comprehensive document which can be used by District Health Management Teams (DHMT), international and national stakeholders and PAIMAN team as a ready reference.

Data collection instruments were developed by a team of eminent public health experts. Teams for data collection were trained for two days at the Contech International Head Office in Lahore. Data was collected, tabulated and analyzed by the Contech team.

Section 2 - Introduction

- District Rawalpindi at a Glance
- District Health System

2. INTRODUCTION

2.1. District Rawalpindi at a Glance

District Rawalpindi takes its name from its Headquarter town “Rawalpindi” which means abode of Rawals, a jogi tribe. This district is situated in the northwestern part of Pakistan. It is bounded on the north by Islamabad Capital territory, Abbotabad and Haripur Districts of NWFP; on the south by Chakwal and Jhelum districts and on the west by Attock district. The total area of the district is 5286⁴ square kilometers. Climate range from 2.6°C in month of January to above 38.6°C in June.

Administratively, district Rawalpindi is divided into 6 tehsils i.e. Rawalpindi, Gujar Khan, Murree, Kahuta, Taxila, Kotli Sattian and Kallar Syedan (recently declared). It consists of 168 union councils including 114 rural and 54 urban ones whose elected representatives formulate Zilla and tehsil councils. Political constituencies include 7 national seats and 14 provincial seats of legislative assemblies.

This district is well connected to other districts by the Grand Trunk (GT) Road, Silk Road, Motorway and rail network. GT road runs parallel to the main line of Pakistan Railways across the district. Rawalpindi has two military airports as well as Islamabad International Airport.

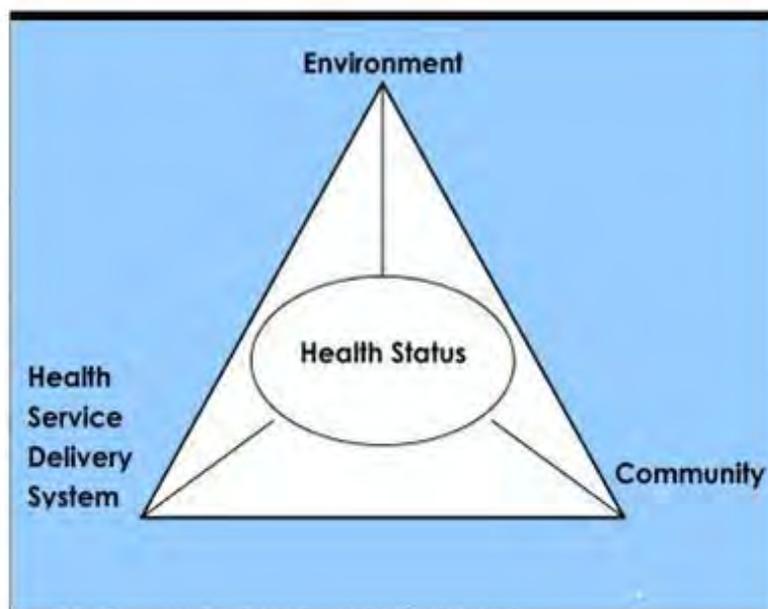
Majority of the population living in urban areas is engaged in trade, restaurant and hotel industries and government services. In rural areas, the source of earning of most of people is through agriculture and dairy farming.

2.2. District Health System (DHS)

A DHS includes the interrelated elements in the district that contribute to health in homes, educational institutions, workplaces, public places and communities, as well as in the physical and psychosocial environment. A DHS based on Primary Health Care (PHC) is a self-contained segment of the national health system. It includes all the relevant health care activities in the area, whether governmental or otherwise. It includes self-care and all health care personnel and facilities, whether governmental or non-governmental, up to and including the hospital at the first referral level and the appropriate support services (laboratory, diagnostic and logistic support). As

decentralized part of the national health system, the DHS represents a manageable unit, which can integrate health programs by allowing top down and bottom-up planning and is capable of coordinating government and private sector

Figure 2: Three main determinants of DHS



efforts. Following are the three main criteria for defining a DHS unit:

- A clearly defined area with local administration and representation of different sectors and departments;
- An area which can serve as a unit for decentralized inter-sectoral planning of health care; and

- A network of health facilities with referral support.

The district is the basic administrative unit in Pakistan. The presence of district managers and supervisors led by the Executive District Officer (EDO) Health offers the opportunity to function as an effective team with support from the representatives of other departments, Non-Government Organization (NGOs), private sector as well as the community.

In any health system, there are three important elements that are highly interdependent, namely: the community, the health service delivery system and the environment where the first two elements operate. Figure 2 illustrates the interdependence of these elements.

Environment

This, for example, could be the context in which the health service delivery system operates. The contextual environment could be the political system, health-care policies and development policies. It could also include the socio economic status or the physical environment, e.g. climatic conditions. All these elements have a bearing on the health status of the individual and the community, as well as the functioning of the health service delivery system.

Health Service Delivery System

This depicts how health facilities are distributed in the community, which could also have a bearing on coverage. Similarly, health services could be viewed in terms of their affordability and responsiveness to equity which contribute to the health status of the community.

Community

The characteristics of the society, such as culture, gender, beliefs and health-seeking behavior, together with the environment and health service delivery system, determine the health status.

It is worth mentioning that information included in district health profiles takes into account the broader perspective of district health system conceptualized in the preceding paragraphs.

Section 3 – Health System in District Rawalpindi

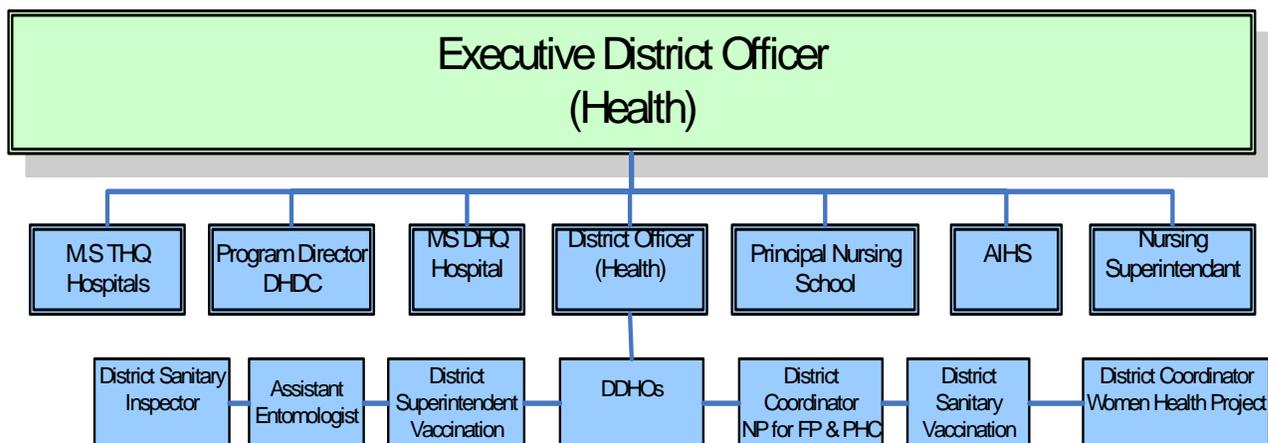
- District Health Department
- District Health Management Team (DHMT)
- Demographic Information
- Fertility Behaviour
- Health Indicators
- Socio-economic Indicators
- Health Facilities
- Public Sector Health Manpower
- District Health Development Center
- Other Health Initiatives including Public Private Partnership (PPP)
- Population Welfare Department
- Private Clinics and Hospitals
- Non Governmental Organizations (NGOs)

3. Health System in District Rawalpindi

3.1. District Health Department

Health care delivery network is managed by the Executive District Officer (Health). He, being the team leader, is assisted by a team of various district health managers to run the district health system. There is an operational District Health Management Team (DHMT) in the district. Organizational structure of district health department is given below in Figure 3:

Figure 3: Organizational structure district health department



3.2. District Health Management Team (DHMT)

DHMT is part of the overall health sector reforms and decentralization of health services at the district level. The concept of DHMT allows efficient management of health facilities and services in the district for the promotion and support for the preventative, educative, curative and rehabilitative health services in the district.

On the recommendation of Project Director, Women Health Project Punjab and Secretary, Government of the Punjab Health Department, the Punjab Local Government and Rural

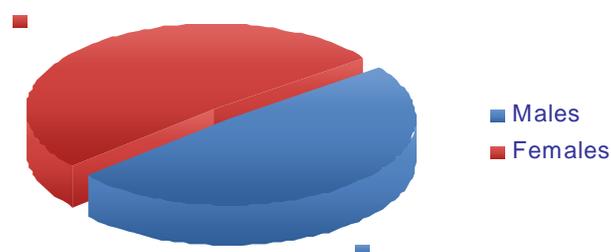
Development issued a notification in June 2005 for establishment of DHMTs in all districts of Punjab. The composition of DHMT as was notified is given under¹:

Composition of DHMT		
1	Executive District Officer - Health	Chairman
2	District Officer(Health)	Member
3	Deputy District Health Officer(Headquarter)	Secretary
4	Executive District Officer(Community Development)	Member
5	Executive District Officer (Education)	Member
6	District Officer Coordination as representative of District Coordination Officer	Member
7	Two nominees of District Nazim (One Nazim Union Council and one lady member of Zila Assembly)	Member
8	One representative of reputable NGO working in respective district	Member
9	Two co-opted members if required	Member

3.3. Demographic Information

The current population of Rawalpindi is 3991000⁴ with 51.2% males and 48.8% females as shown in Figure 4. Literacy rate is 87% and 68%⁵ for males and females respectively. Population density is 637⁶ persons per square kilometre. The mean number of people living in one room in the district is 2.68 as compared to 3.4 in Punjab.

Figure 4: Sex-wise Population Distribution



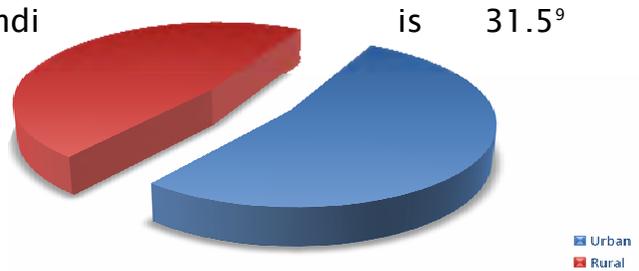
The percentage break-up of the rural and urban population is 53.3 and 46.7⁷ respectively which shows that almost half of the

¹ Terms of Reference of this DHMT is annexed as annexure A.

district population lives in rural area as evident in Figure 5. The break-up of population is also given in Table 1.

Crude birth rate in Rawalpindi per 1000 as compared to 31 per 1000³ at national level. Table 2 gives more information on demographic indicators.

Figure 5: Rural Urban Population Distribution

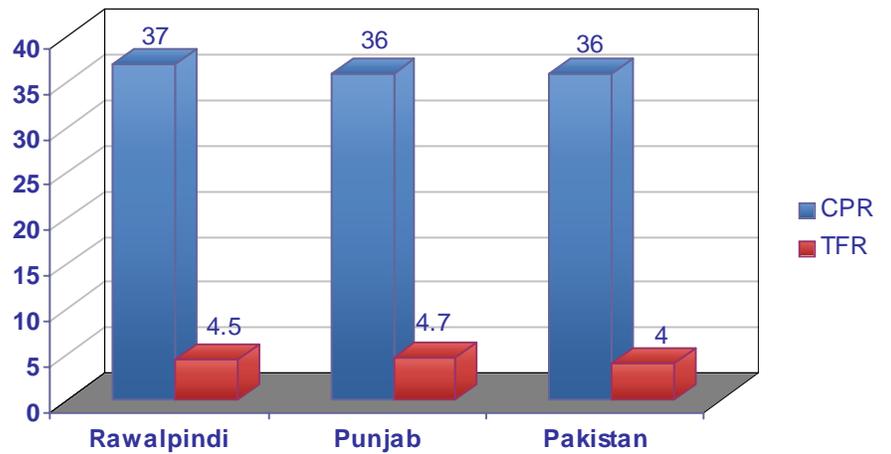


3.4. Fertility Behaviour

In Rawalpindi, like the rest of the country, community social structures and belief systems are defined and dominated by men, which perpetuates gender imbalances and contributes to poor outcomes in fertility behaviour and reproductive health. Thus, the contraceptive use remains low (37%) although knowledge about contraceptives

is high (84%)⁸. A considerable unmet need for family planning services exists which has not been converted into

Figure 6: CPR and TFR Comparison



effective contraceptive usage, partly because of family dynamics of a male dominated society. Mean Children Ever Born (MCEB) to all women aged 15-49 are 1.96 in District Rawalpindi as compared to 2.32 in Punjab⁸. The Total Fertility Rate is 4.5⁹ as compared to 4.7⁸ in the province and 4.0¹ in the country as

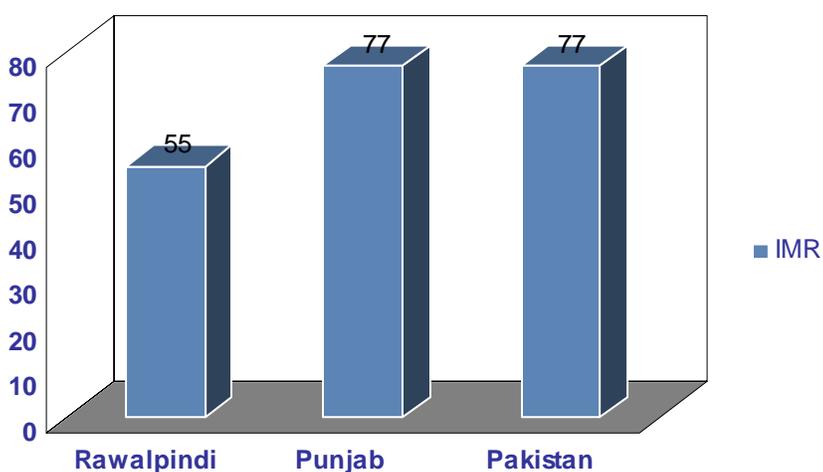
shown in Figure 6. Comparison of indicators on women and fertility behaviours is given in table 3.

3.5. Health Indicators

People in general are poor and experience high level of mortality and morbidity. An appropriately defined and maintained set of health indicators provides information for the elaboration of a relevant profile of a population's health situation.

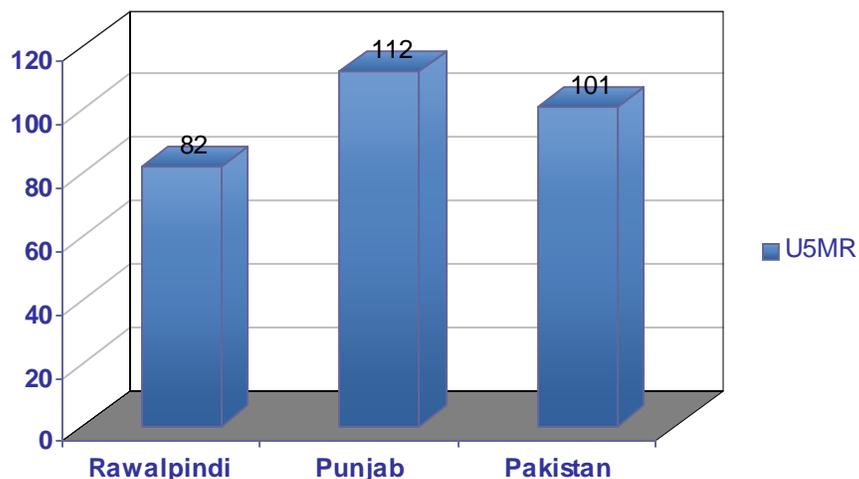
As shown in Figure 7, the infant mortality rate has been estimated to be 55 per thousand live births⁸. Infant mortality is lower in District

Figure 7: Infant mortality rate



Rawalpindi as compared to Punjab (77/1000) and Pakistan (77/1000). Under five mortality rate is 82/1000 which is also lower than the

Figure 8: Under five mortality rate



provincial and national figure as given in Figure 8. The percentage of under 5 suffering from underweight is 25%, again lower than provincial and national figures⁸. Though health indicators in Rawalpindi are

better than provincial and national figures, even then a lot of improvement and concerted efforts are needed to meet national as well as Millennium Development Goals (MDG)s. Comparison of other important health indicators may be seen in tables 4 and 5.

3.6. Socio-economic Indicators

There are significant gender gaps in literacy and health status in the district. Primary school enrollment rate is 74% (75% for males and 73% for females). The net attendance rate for both males and females is 73%, while access to school (within 2 Km) is 98%¹⁰.

Poverty remains a serious concern in Pakistan. With a per capita gross national income (GNI) of \$736², poverty rates, which had fallen substantially in the 1980s and early 1990s, started to rise again towards the end of the decade. In 2004-05 33% of the population was living below poverty line. In district Rawalpindi per capita income is RS.1729 per month. The above picture depicts the need of renewed and additional efforts within the district in order to meet the vision embraced in the Millennium Development Goals by 2015. Comparison of socio-economic indicators can be seen in table 6.

3.7. Health Facilities

The health care services provided by the public health sector in District Rawalpindi consists of 4 THQ Hospitals, 10 Rural Health Centers, 98 Basic Health Units and 66 Dispensaries. In addition there are three public sector tertiary care hospitals. Pakistan Army also provides specialized tertiary care through Military Hospital, Combined Military Hospital and Armed Forces Institutes of Pathology, Cardiology, Ophthalmology, Rehabilitation, Dentistry and Blood Transfusion.

Basic Health Units (BHUs)

The BHUs have been established at union council level that normally provides primary health care services, which include¹¹ provision of static and out reach services, MCH, FP, EPI and advice on food and nutrition, logistics and management support for LHWs and TBAs and provision of first level referral services for patients referred by LHWs.

Ninety eight BHUs are functional in District Rawalpindi. However, the overall human resource position in BHUs is not satisfactory. Out of 1058 sanctioned positions of BHUs, 15% are lying vacant. For 98 BHUs in the district, 3 posts of doctors, 5 posts of LHVs and 20 posts of Dais are vacant. The details of human resource position at BHUs are also given in Table 7a.

Rural Health Centers (RHC)

RHCs are small rural hospitals located at the town committee/markaz level. The role of the RHC¹¹ includes provision of primary level curative care; static and out-reach services like MCH, FP, EPI and advice on food and nutrition; sanitation, health education; CDC, ARI and acting as a referral link for patients referred by LHWs, TBAs and BHUs. RHCs are first-level care facilities where medico-legal duties are also performed. They typically have 10-20 beds, x-ray, laboratory and minor surgery facilities.

Ten RHCs are functioning in district Rawalpindi. All posts of senior medical officers and medical officers are filled. However 3 posts for women medical officers, 2 posts of LHVs and 2 posts of Dental Surgeons are lying vacant. Six posts for dispensers are also vacant. The details of human resource position at RHCs are also given in Table 7b.

Maternal & Child Health Centers (MCHC)

MCH centers have been established in rural and peri-urban areas. Activities at MCHCs include antenatal, natal and postnatal care. Growth monitoring, health education and family planning advice/services are also provided.

Thirteen (13) MCH Centers are established and providing services in the district. All the MCH Centers are fully staffed except for one center where the position of LHV is lying vacant. The details of human resource position at MCHCs are also given in Table 7c.

Tehsil Headquarter (THQ) Hospitals

THQ hospitals are serving as first level referral hospitals which receive referrals from RHCs and BHUs. THQ hospital provides specialist medical care. These hospitals offer inpatient as well as outpatient services. They serve a catchment population of about 100,000 to 300,000 people; have 40-90 beds, support services including x-ray, laboratory and surgical facilities. The sanctioned posts of Specialists are general surgeon, anaesthetist, gynaecologist and Paediatrician.

Four (4) THQ hospitals are functioning in District Rawalpindi. The posts of Surgeon, Pediatrician and Anesthetist are lying vacant at the THQ Hospital Kahuta. In THQ Hospital Murree, the posts of Gynecologist, Pediatrician and Anesthetist are vacant. In THQ Hospital Gujar Khan, all the positions are filled except Anesthetist. In THQ Hospital Taxila, the posts of the Medical Superintendent and Surgeon are vacant. The posts of the Medical Specialist and Pathologist are not sanctioned at any THQ hospital in the district. The details of human resource position at each THQ are also given in Table 7d, 7e, 7f and 7g.

Teaching Facility

In Rawalpindi, there are three teaching hospitals including DHQ hospital, Holy Family Hospital and Rawalpindi General Hospital. There are total 1050 beds in these hospitals. These hospitals cater health care services directly and referral from other health facilities, from district Rawalpindi and also from adjoining districts.

3.8. Public Sector Health Manpower

One of the major constraints in health care delivery is deficiency of trained medical and paramedical staff. Out of 2394 permanent and contractual sanctioned posts in District Rawalpindi, 1621 posts are filled. Among the management cadre, only the posts of DOH, one DDHO and one Medical Superintendent are lying vacant. Amongst the clinical staff, situation is satisfactory as compared to other districts. Majority of the posts of WMOs (80%) and LHVs (95%) are filled. The details of positions are available in table 8.

3.9. District Health Development Center (DHDC)

DHDC Rawalpindi was established in 1998 at the DHO Office under the World Bank-assisted Second Family Health Project to provide pre/in-service trainings and other research and development activities. The district training profile may also be seen in Table 9.

3.10. Other Health Initiatives including Public Private Partnership

There are a number of initiatives being implemented in Rawalpindi, both in public as well as private/NGO sector. Among the government initiatives are EPI, National Program for Family Planning and Primary Health Care, and T.B DOTS program.

- i. **Expanded Program on Immunization EPI:** District Superintendent of Vaccination (DSV) under the supervision of the EDO (H) and DOH manages the EPI in the district. DSV is supposed to coordinate and supervise the activities of the EPI at all fixed centers and outreach teams. EPI coverage of district is 74%.
- ii. **National Program for Family Planning & Primary Health Care:** National Program for Family Planning and Primary Health Care provides the missing linkage between health care outlets and health services users. The linkage is provided through a network of Lady Health Workers (LHWs), who are especially trained in PHC, family planning and community organization. There are 2150 sanctioned positions of LHWs, out of which 190 are lying vacant in the district. In Rawalpindi district coverage provided is above 90%.
- iii. **T.B. DOTS Program:** T.B DOTS program was started in April, 2004. Training of doctors has been completed whereas only 50% of the paramedics and microscopists have been trained so far.

3.11. Population Welfare Department

Major services offered by the District Population Welfare Office include Family Planning, Maternal Care, Child Care and General Health Care Services. These services in District Rawalpindi are offered through 4 RHSC-A, 6 mobile service units and 30 family welfare centers.

3.12. Private Clinics and Hospitals

There has been rapid growth in the number of private clinics and hospitals in the recent past. People are also attracted by the innumerable, “less expensive” quacks. There are 276 general medical practitioners working in the private sector located in major towns of the district. List of private sector health care providers is available in table 10.

3.13. Non Governmental Organizations (NGO)s

The Social Welfare Department of the district is headed by the Executive District Officer for Community Development and supported by the Deputy District Officer. The department was devolved after the promulgation of the Punjab Local Government Ordinance 2001 and since then is a district government subject.

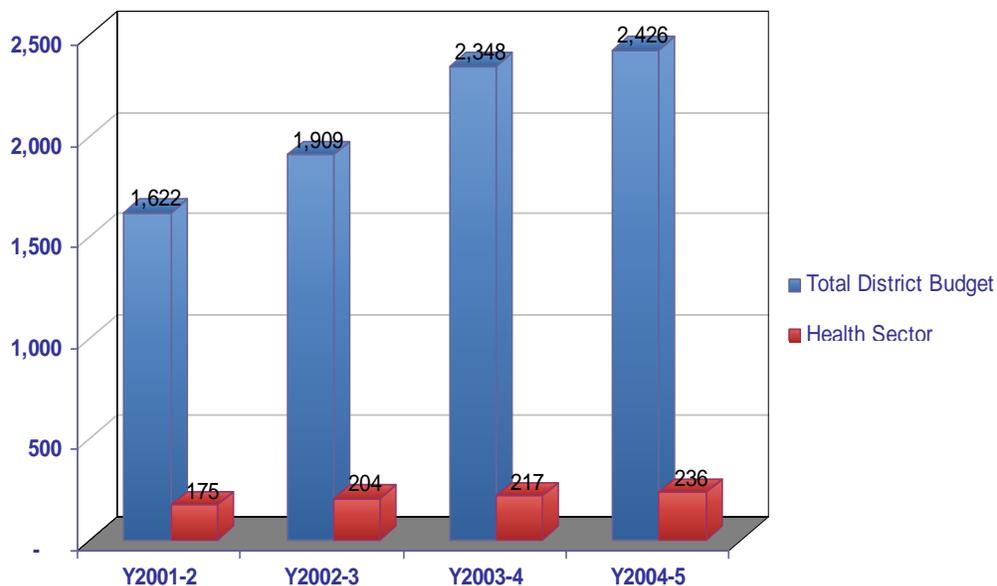
It is mandatory for all the NGOs to register with the Social Welfare Department. There are 462 registered NGO's in district Rawalpindi including 33 for health, 85 for education, 180 for women's welfare, 3 for children rights, 12 for special education/disabilities, 68 for general welfare and 77 inactive. List of some significant NGOs working in district Rawalpindi may be seen in table 11.

Section 4 – Budget Allocation and Utilization

4. Budget Allocations and Utilization

Rawalpindi District witnessed a gradual rise in budgetary allocations in health sector each year since 2001-02. The budgetary allocation for the year 2004-5 is Rs. 236 million as compared to Rs. 216.6 million of the preceding year, which represents an increase of 9% as shown in Figure 9.

Figure 9: Comparison of District Total Budget with Health Sector (Rs. In million)

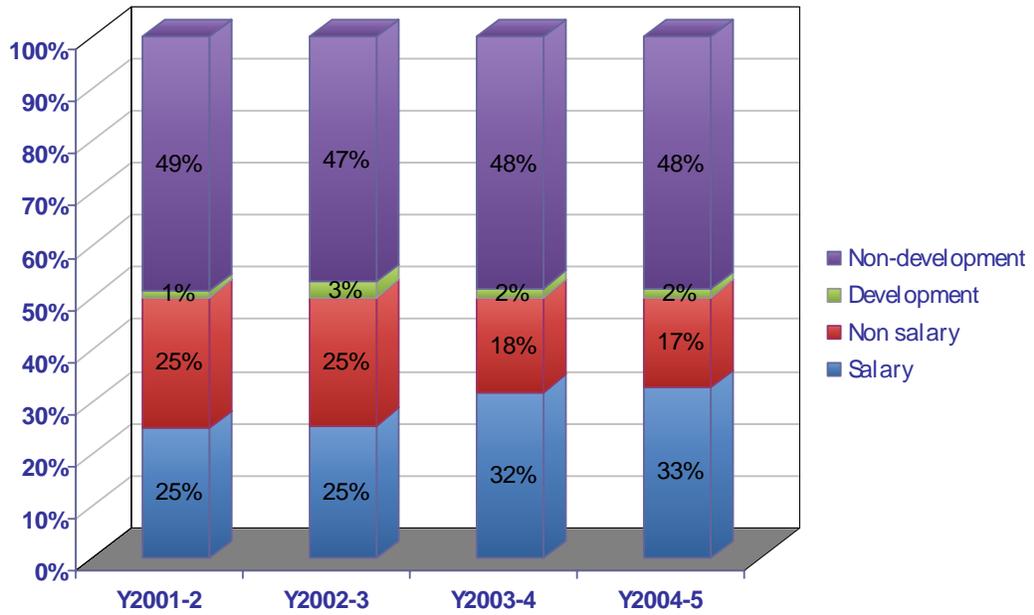


The allocations for the THQ Hospital in the current year 2004-5 increased to 25% and increase for RHCs and BHUs were only by 9% during this period, showing wide gap between allocations to secondary and primary care levels.

The main reasons may include the following:

1. The health sector has to compete with other sectors for the budget under the newly established district government system, where a block allocation goes to the district;
2. Health teams in the district may have limited capacity to plan and advocate for enhanced allocations; and
3. The priority of the political leaders/ District Nazim may be in other sectors, such as roads and communication, education, provision of street lighting, etc.

Figure 10: Category-wise health sector budget allocation



The details of Budget allocation for the District Health Department of District Rawalpindi for the years 2001-2005 are also available in Table 12.

Data Set

- Table 1: Population Structure of District Rawalpindi
- Table 2: Demographic Information on Rawalpindi, Punjab and Pakistan
- Table 3: Comparison of indicators on women and fertility behaviors
- Table 4: Comparison between basic indicators of Rawalpindi, Punjab and Pakistan
- Table 5: Comparison between health and nutrition indicators of Rawalpindi, Punjab and Pakistan
- Table 6: Comparison between social indicators of Rawalpindi, Punjab and Pakistan
- Table 7a: Human Resource Position at BHUs
- Table 7b: Human Resource Position at MCH Centers
- Table 7c: Human Resource Position in RHCs
- Table 7d: Human Resource Position at THQ Kahuta
- Table 7e: Human Resource Position at THQ Murree
- Table 7f: Human Resource Position at THQ Gujar Khan
- Table 7g: Human Resource Position at THQ Taxila
- Table 8: Public Health Sector Manpower
- Table 9: Training profile of DHDC Rawalpindi
- Table 10: List of private sector health care providers
- Table 11: List of Non Governmental Organizations (NGOs)
- Table 12: Budget allocation for the District Health Department of District Rawalpindi for the years 2001-2005

Table 1: Population Structure of District Rawalpindi

Population Groups	Standard Demographic Percentages	Estimated Population (2005)
Under 1 year	2.2	89,210
Under 5 years	12.2	494,710
Under 15 years	38.6	1,565,230
Women in child bearing age (15-49 years)	49.4	2,003,170
49-65 years	8.4	340,620
Above 65 years	3.6	145,980

Sources:

1. District Population Profile Punjab, MSU, 2002

Table 2: Demographic Information on Rawalpindi, Punjab and Pakistan

Demographics	Rawalpindi	Punjab	Pakistan
Population (thousands) under age of 15 years	1,299	31,304	70,150
Population (thousands) under age of 5 years	411	10,481	20,922
Population annual growth rate (%)	2.7	1.9	1.9
Crude death rate	9	12.5	8
Crude birth rate	31.5	33.8	31
Life expectancy	61	64	63
Total fertility rate	4.5	4.7	4.0
% of urban population	53.3	32	34

Sources:

1. Punjab Development Statistic Government of the Punjab Lahore 2004.
2. Pakistan Economic Survey 2004-5
3. UNICEF [Cited 2005 sept.3] Available from: URL: http://www.unicef.org/infobycountry/pakistan_pakistan_statistics.html
4. Multiple Indicators Cluster Survey (MICS) Punjab 2003-4.
5. District Census Report 1998.
6. District Population Profile Punjab MSU Islamabad 2002.

Table 3: Comparison on indicators on Women and Fertility Behaviors

Women & fertility behavior	Rawalpindi	Punjab	Pakistan
Total Fertility Rate	4.5	4.7	4.0
Contraceptive prevalence rate	37	36	36
Antenatal care coverage by any attendant (%)	92	77	43
Antenatal care coverage by skilled attendant (%)	73	44	35
Birth Care by skilled attendant	65	33	20
Birth Care by any attendant	99	99	99
Post-birth Care by skilled attendant	59	30	24
Post-birth Care by any attendant	86	90	67
Mean Children Ever Born to Married Women 15-49 years	3.3	2.32	2.7

Sources:

1. UNICEF [Cited 2005 sept.3] Available from: URL: http://www.unicef.org/infobycountry/pakistan_pakistan_statistics.html
2. Multiple Indicators Cluster Survey (MICS) Punjab 2003-4.
3. District Population Profile Punjab MSU Islamabad 2002.

Table 4: Comparison between basic indicators of Rawalpindi, Punjab and Pakistan

Basic Indicators	Rawalpindi	Punjab	Pakistan
Total population (thousands)	3993	84562	154000
Area in sq. km	5,286	205,345	796,096
Population urban/rural ratio	53/47	31/69	34/66
Sex ratio (number of males over 100 females) at birth	105	107	108
Population Density (person per sq.km)	637	359	166
Population annual growth rate (%)	2.7	1.9	1.9

Sources:

1. Punjab Development Statistic Government of the Punjab Lahore 2004.
2. Pakistan Economic Survey 2004-5
3. Pakistan, Health, Population Welfare facilities ATLAS 2002-3.
4. UNICEF [Cited 2005 sept.3] Available from: URL: http://www.unicef.org/infobycountry/pakistan_pakistan_statistics.html
5. Multiple Indicators Cluster Survey (MICS) Punjab 2003-4.

Table 5: Comparison between Health and Nutrition indicators of Rawalpindi, Punjab and Pakistan

Health and Nutrition	Rawalpindi	Punjab	Pakistan
Under-5 mortality rate	82	112	101
Infant mortality rate	55	77	77
% of total population using safe drinking water sources	79	92	90
% of total population using adequate sanitation facilities	70	58	54
% of one-year-old fully immunized against measles	74	66	67
% of pregnant women immunized for tetanus	34	63	45
% of under-five suffering from underweight (moderate & severe)	25	34	38
% of children who are breastfed with complementary food (<6-9 months)	52	44	31
Vitamin A supplementation coverage rate (6-59 months)	84	87	95
% of households consuming iodized salt	20	8	17
No. of hospitals	17	306	916
Dispensaries	66	1227	4,582
RHCs	10	298	552
BHUs	98	2405	5301
MCHCs	13	492	906

Sources:

1. Punjab Development Statistic Government of the Punjab Lahore 2004.
2. Pakistan Economic Survey 2004-5
3. UNICEF [Cited 2005 sept.3] Available from: URL: http://www.unicef.org/infobycountry/pakistan_pakistan_statistics.html
4. Multiple Indicators Cluster Survey (MICS) Punjab 2003-4.
5. Pakistan Basic Facts; cited online on September 4, 2005 URL: http://www.pk-mb.kiev.ua/basic_facts.htm.

Table 6: Comparison between Social indicators of Rawalpindi, Punjab and Pakistan

Social Indicators	Rawalpindi	Punjab	Pakistan
Total adult literacy rate	77.5	52	49
Adult literacy rate, male	87	75	62
Adult literacy rate, female	68	62	35
Gross enrolment ratios: primary school	74	89	71
Net primary school attendance rate	73	51	56
Per capita income	Rs. 1729 per month	Rs. 1385 per month	Rs.3680 per month

Sources:

1. Multiple Indicators Cluster Survey (MICS) Punjab 2003-4
2. UNICEF [Cited 2005 sept.3] Available from: URL:
http://www.unicef.org/infobycountry/pakistan_pakistan_statistics.html

Table 7: Human Resource Position**Table 7a: Human Resource Position at BHUs as on May 15, 2005**

Post	Sanctioned	Filled	Contractual	Permanent	Vacant
Medical Officer	193	95	95	00	03
Medical Assistant	26	15	00	15	11
Lady Health Visitor	131	93	33	60	05
Midwife / Dai	98	78	00	78	20
Health Technician	75	25	00	25	50
Dispenser	113	75	15	60	23
Sanitary Inspector	108	70	10	60	28
Chowkidar	106	90	08	82	08
Naib Qasid	108	95	10	85	03
Sweeper	100	80	10	70	10

Table 7b: Human Resource Position in RHCs as on May 15, 2005

Post	Sanctioned	Filled	Contractual	Permanent	Vacant
SMO	10	10	00	10	00
MO	14	10	04	06	00
WMO	17	07	07	00	03
Dental Surgeon	17	08	07	01	02
LHV	12	08	02	06	02
Health Technician	05	05	00	05	00
Dispenser	36	24	06	18	06
Hakeem	05	02	02	02	01
Radiographer	10	08	00	08	02
Lab assistant	10	07	00	07	03
Homeo doctors	05	04	01	03	00
Homeo dispensers	03	02	01	01	00
Dawa saz	02	02	00	02	00
Sanitary Patrol	30	30	00	30	00
Sweeper	54	44	04	40	06
Driver	11	08	01	07	02

Table 7c: Human Resource Position at MCH Centers as on May 15, 2005

Post	Sanctioned	Filled	Permanent	Contractual	Vacant
LHV	25	12	00	12	01
Dai	26	13	00	13	00
Chowkidar	26	13	00	13	00

Table 7d. Human Resource Position at THQ Kahuta

Post	Sanctioned	Filled	Contractual	Permanent	Vacant
MS	01	01	00	01	00
Surgeon	01	00	00	01	01
Gynecologist	02	00	01	00	00
Pediatrician	01	00	00	01	01
Anesthesiologist	01	00	00	01	01
Medical Officer	06	05	01	04	00
Woman MO	04	02	02	00	00
Dental Surgeon	01	01	00	01	00
Staff Nurse	04	04	00	04	00
Lady Health Visitor	02	01	01	00	00
Dispenser	04	04	00	04	00
Lab. Assistant	02	01	00	01	01
Radiographer	02	01	00	01	01
Dai	01	01	00	01	00
Hakeem	01	01	00	01	00
Homeo doctor	01	01	00	01	00

Table 7e: Human Resource Position at THQ Murree

Post	Sanctioned	Filled	Contractual	Permanent	Vacant
MS	01	01	00	01	00
Surgeon	02	01	01	00	00
Gynecologist	01	00	00	00	01
Pediatrician	01	00	00	00	01
Anesthesiologist	01	00	00	00	01
Pathologist	00	00	00	00	00
Medical Officer	10	06	04	02	00
Woman MO	05	02	02	00	01
Dental Surgeon	02	01	01	00	00
Head Nurse	02	02	00	02	00
Staff Nurse	08	05	01	04	02
Lady Health Visitor	02	01	01	00	00

Post	Sanctioned	Filled	Contractual	Permanent	Vacant
Dispenser	07	05	00	05	02
Lab. Assistant	02	02	00	02	00
Radiographer	02	02	00	02	00
Dai	01	01	00	01	00
Hakeem	01	01	00	01	00
Homeo doctor	01	01	00	01	00

Table 7f: Human Resource Position at THQ Gujar Khan

Post	Sanctioned	Filled	Contractual	Permanent	Vacant
MS	01	01	00	01	00
Surgeon	02	01	01	00	00
Medical Specialist	00	00	00	00	00
Gynecologist	02	01	01	00	00
Pediatrician	02	01	01	00	00
Anesthesiologist	01	00	00	00	01
Medical Officer	10	06	04	02	00
Woman MO	04	02	02	00	00
Dental Surgeon	01	01	00	01	00
Head Nurse	01	01	00	01	00
Staff Nurse	05	05	00	05	00
Lady Health Visitor	01	01	00	01	00
Dispenser	06	06	00	06	00
Lab. Assistant	02	02	00	02	00
Radiographer	02	02	00	02	00
Dai	03	03	00	03	00
Hakeem	01	01	00	01	00
Homeo doctor	01	01	00	01	00

Table 7g: Human Resource Position at THQ Taxila

Post	Sanctioned	Filled	Contractual	Permanent	Vacant
MS	01	00	00	00	01
Surgeon	01	00	00	00	01
Gynecologist	02	01	01	00	00
Pediatrician	02	01	01	00	00
Anesthesiologist	02	01	01	00	00
Medical Officer	06	06	00	06	00
Woman MO	02	02	00	02	00
Dental Surgeon	01	01	00	01	00
Head Nurse	01	01	00	01	00
Staff Nurse	08	00	00	00	00

Post	Sanctioned	Filled	Contractual	Permanent	Vacant
Lady Health Visitor	01	01	00	01	00
Dispenser	03	03	00	03	00
Lab. Assistant	02	01	01	00	00
Radiographer	02	01	00	01	01
Dai	03	03	00	03	00
Hakeem	01	01	00	01	00
Homeo doctor	01	01	00	01	00

Table 8: Public Health Sector Manpower

Post	BPS	Sanctioned	Posted	Contractual	Permanent	Vacant
EDO (Health)	20	01	01	00	01	00
DO (Health)	19	01	00	00	00	01
DO Headquarter (Health)	19	01	01	00	01	00
MS THQ Hospitals	19	04	03	00	03	01
APMO	19	09	02	00	02	07
APWMO	19	04	01	00	01	03
AD(Nursing)	18	01	00	00	00	01
DDO (Health)	18	04	04	00	04	00
SMO	18	11	10	00	10	01
SWMO	18	01	00	00	01	01
DTO	18	01	01	00	01	00
Surgeon	18	08	04	04	00	00
Pediatrician	18	08	04	04	00	00
Gynecologist	18	08	04	04	00	00
Anesthetist	18	07	01	03	00	03
Programme Director, DHDC	18	01	01	00	01	00
DMS Preventive Measure	18	01	01	00	01	00
Senior Drug Inspector	18	01	00	00	00	01
Drug Inspector	17	02	02	00	02	00
Statistical Officer	17	01	01	00	01	00
DHEO	17	01	01	00	01	00
MOs/CMOs	17	241	122	99	23	20
WMOs	17	34	15	15	00	04
Dental Surgeon	17	20	10	06	04	04
Entomologist	17	01	00	00	00	01
Hospital Pharmacist	17	04	00	00	00	04
MREO	17	01	01	00	01	00
CDC Officer	16	02	00	00	00	02
Superintendent	16	02	00	00	00	02
Medical Assistant	16	26	15	00	15	11
District Sanitary Inspector	16	01	00	00	00	01
Head Nurse	16	05	04	00	04	01
Homeopathic doctor	15	09	08	01	07	00
Hakim	15	06	05	00	05	01
Distt. Suptd Vaccination	14	01	01	00	01	00
City Suptd Vaccination	14	01	01	00	01	00

Post	BPS	Sanctioned	Posted	Contractual	Permanent	Vacant
Charge Nurse	14	35	24	08	16	03
Asstt. Suptd Vaccination	12	04	04	00	04	00
Tehsil Sanitary Inspector	08	04	02	00	02	02
AHC	12	02	02	00	02	00
Stenographer	12	02	02	00	02	00
Assistant/ Head Clerk	11	04	04	00	04	00
Statistical Assistant	11	01	01	00	01	00
Artist	11	01	00	00	00	01
Leady Health Visitor	09	160	115	35	80	10
Health Technician	09	77	30	00	30	47
ECG Technician	09	01	01	00	01	00
Dental Technician	09	05	03	01	02	01
CDC Inspector	08	04	01	00	01	03
Auditor	08	01	00	00	00	01
Inspector Vaccinations	08	04	03	00	03	01
Accountant	08	01	01	00	01	00
Sanitary Inspector	08	113	20	16	04	77
Rural Health Inspector	08	22	00	00	00	22
Projectionist	08	01	01	00	01	00
Senior Microscopist	08	01	00	00	00	01
Senior Clerk	07	10	10	00	10	00
Microscopist	06	08	04	00	04	04
Store keeper	06	07	04	01	03	02
Radiographer	06	16	10	02	08	04
Dispenser/Dresser	06	190	125	30	95	35
Homeo dispenser	06	09	06	01	05	02
Dawasaz	06	07	04	01	03	02
Vaccinator	06	191	154	34	120	03
X-Ray Assistant	05	10	06	02	04	02
O.T.A	05	05	04	00	04	01
Laboratory Assistant	05	22	16	04	12	02
Dental Assistant	05	12	07	02	05	03
Junior Clerk	05	26	25	00	25	01
CDC Supervisor	05	82	62	00	62	20
Tracer	05	01	01	00	01	00
Sanitary Supervisor	05	04	02	00	02	02
Mechanic	05	02	01	00	01	01
Fitter	05	02	01	01	00	00

Post	BPS	Sanctioned	Posted	Contractual	Permanent	Vacant
Insect Collector	05	02	01	00	01	01
Generator Mechanic	05	01	01	00	01	00
Driver	04	22	20	00	20	02
Guard	04	01	00	00	00	01
Midwife	04	98	77	00	77	21
Tailor	03	01	01	00	01	00
Tube well Operator	02	05	03	00	03	02
Dai	02	62	51	00	51	11
Laboratory Attendant	02	06	06	00	06	00
X-Ray Attendant	02	02	02	00	02	00
Daftri	02	01	01	00	01	00
Ward Servant	01	112	92	04	82	16
Dhoobi	01	03	02	00	02	01
Cleaner	01	01	01	00	01	00
Naib Qasid	01	204	154	44	110	06
Sanitary Worker	01	162	136	16	120	10
Sanitary Petrol	01	45	40	00	40	05
Mali	01	13	10	00	08	03
Chowkidar /Gate Keeper	01	147	120	10	110	17
Dawakob	01	06	04	00	04	02
Baildar	01	02	01	00	01	01
Khalasi	01	01	01	00	01	00
Water Carrier	01	14	12	00	12	02
Maslachi	01	04	03	00	03	01
Cook	01	02	02	00	02	00
TOTAL		2394	1621	348	1268	425

Table 9: Training Profile of DHDC Rawalpindi for the year 2004

S#	Name of training/cadre	Participants Trained	Venue	Date
1	Danger sign of pregnancy (LHVs)	10	RGH HOSP. RWP	5.1 TO 10.1.2004
2	H/Education/nutrition (LHVs+dispensers)	16	DHDC Rawalpindi	12.1 to 14.1.2004
3	H/Education ,Nutrition (Vaccinators)	30	DHDC Rawalpindi	19.1.21.1.2004
4	School Health services MC Staff	19	DHDC Rawalpindi	27.1 to 29.1.2004
5	Induction training MOs/WMOs (Contract)	12	DHDC Rawalpindi	9.2 to 24.2.2004
6	H/Education, Nutrition (Vaccinators)	30	DHDC Rawalpindi	26.2.28.2.2004
7	Danger Sign of Pregnancy	9	RGH RWP (Gynae Deptt)	3.3 to 9.3.2004
8	Induction Training MOs/WMOs (Contract)	8	DHDC RWP	15.3 to 27.3.2004
9	Role Back Malaria MOs	15	DHDC RWP	7th April 2004
10	Role Back Malaria MOs	20	DHDC Rwp	8th April 2004
11	Role Back Malaria	15	DHDC Rwp	9th April 2004
12	Role Back Malaria MOs	14	DHDc RRwp	10th April 2004
13	Role Back Malaria (MOs Zila Council)	20	DHDC Rwp	12th April 2004
14	Role Back Malaria MOs	13	DHDc Rwp	13Th April 2004
15	Role Back Malaria(MOs M/Corporation)	20	DHDC Rwp	14th April 2004
16	Role Back Malaria DDHOs MS THQs	8	DHDC Rwp	15th April 2004
17	Induction Training MOs (Contract)	18	DHDC Rwp	4.5 to 19.5.2004
18	Mental Health MOs	15	RGH Psychiatry Deptt	24.5 to 28.5.2004
19	TB DOTs Paramedics (LHVs)	17	DHDC Rwp	2.6 to 5.6.2004
20	TB DOTs (Paramedics)	15	DHDC Rwp	10.6 to 14.6.2004
21	Induction Training (LHVs+Dispensers)	18	DHDC Rwp	4.5 to 8.5.2004
22	Induction Training (LHVs+Dispensers)	15	DHDC Rwp	10.5 to 15.5.2004
23	Induction Training	18	DHDC Rwp	21.6 to 25.6.2004

S#	Name of training/cadre	Participants Trained	Venue	Date
24	TB DOTs Refresher Mos RHCs+THQs	17	DHDC Rwp	5th July 2004
25	Induction Training	11	DHDC Rwp	6th July 2004
26	Induction Training	17	DHDC Rwp	26 th .7 - 7 th .8.04
27	Role Back Malaria	20	DHDC Rwp	13th Aug 2004
28	Role Back Malaria (MOs Contract)	15	DHDC Rwp	14th Aug 2004
29	Mental Health MOs+WMOs	14	RGH Psychiatry	6.9 to 11.9.2004
30	Mental Health MOs+WMOs	12	RGH Psychiatry Deptt	21.9 to 24.9.2004
31	TB DOTs IDD,H/Education(LHW)	30	DHDC Rwp	2.10,2004
32	Induction Training	17	DHDC Rwp	13.10 - 28.10. 04
33	Induction Training	15	DHDC Rwp	30.10 - 13.11. 04
34	TB DOT s Paramedics	20	DHDC Rwp	1.11 to 3.11.2004
35	TB DOTs (Paramedics)	17	DHDC Rwp	8.11 to 10.11. 04
36	IMCI (MOs+WMOs)	9	H.F.Hospital	18.11 -23.11, 04
37	TB DOTs Paramedics	20	DHDC Rwp	22.11 - 24.11, 04
38	TB DOTs Paramedics	22	DHDC Rwp	25.11- 27.11.2004
39	TB DOTs Paramedics	20	DHDC Rwp	29.11 - 1 st .12.04
40	TB DOTs Paramedics	24	DHDC Rwp	7.12 to 9.12.2004
41	TB DOTs Paramedics	20	DHDC Rwp	10.12 to 13.12.04

Table 10: List of Private Sector Health care Providers as on May, 2005

Sr .#	Contact Persons	Names of Health Centers	Addresses	Contact #	Category of Health Centers
District Rawalpindi, Town: TENCH					
1.	Dr. Rukhsana Hussain	Hussain Medical Center	325/16 Abid Majeed Road Rawalpindi	584045 584045	Maternity Home
2.	Dr. Rehana Hameed	Hameed Medical Center	Tench Bhatta Rawalpindi	524569 566771	Clinic
3.	Dr. Asma Taseer	Taseer Shifa Hospital	Tench Road Rawalpindi Cantt.	522190 585049	Maternity Home
4.	Dr. Iffat Zafar	Al - Khaleeq Clinic	R.A.Bazar Shop No. 188-192raw	4411430	Clinic
5.	LHV Shagufta Yasmin	Amin Maternity Home	Baraf Khana Chowk Tench Bhattarawalpindi.	5520293 RES	Maternity Home
6.	Mrs. Kalsoom Hafeez	Imran Nursing Home	Street 44 Allama Iqbal Colony Tench Bhattarawalpin	5515057	Clinic
7.	Farrah	Mehr Maternity Home	Shalimar Street Mughal Abad Rawalpindi		Maternity Home
8.	Dr. Irum Sajid	Shifa Nursing Home	Last Stop Tench Bhatta Rwp	513893	Maternity Home
9.	Saeeda Ishaq	Luqman Homeo Clinic	362/A Ishaq Street Mughal Abad factory Quarter Road Rawalpindi	516986	Clinic
10.	H.Dr. Nazia Latif	Nazia Homeo Clinic	Dr. Jehangir Street Tench Bhata Rwp.	580489	Clinic
11.	H.Dr. Saleha Siddiqui	. Siddiqui Clinic	Near Kamran Service Station Afshan Clny. Rwp.	524292,	Clinic
12.	Zakia Rashid	Safia Clinic & Maternity	Near Al Fazal Masjid47 Allama Iqbal Colony Tench Bahatta		Maternity Home
13.	H. Dr. Mrs. Ali	Al - Hamza Homeo Clinic	H/S # United Plaza Javed Str Tench Bhatta Rawalpindi.	5524872-CLNC	Clinic
14.	Humaira Parveen	Model Clinic	Mir Hyder Colony Dhoke Syedan Kamalabad	5527478	Maternity Home
15.	Mrs. Nasreen Akhter	Kamran Clinic	18/2 Street 6, Bakramandi, Kamalabad	5563302	Maternity Home
16.	Mrs. Khurshid Tabassum	Ali Clinic	389di, Near Meharban Mkt ,& Spenser Bakery, Tench Bhatt	5565527	Clinic
17.	Mahmooda Riaz	Sial Maternity Home	Main Bazar, Tench Bhatta	5511810	Clinic
18.	Shahida Madni	Madni Clinic	St# 16, Kamalabad,	0561-33532	Clinic

Sr .#	Contact Persons	Names of Health Centers	Addresses	Contact #	Category of Health Centers
			Dhok Syedan Rawalpindi		
19.	Naheed Kishwar	Momo Maternity Home	H# 106/4, Street 36, Allama Iqbal Colony, Rwp.	5521154.	Clinic
20.	Mrs. Nasim Akhter	Shaukat Clinic	Street 1, Madni Mohala, Masjid Mai Noor, Last Stop, Tench Rawalpindi	5794045	Clinic
21.	Saima Nasreen	Mustafa Clinic	Street No.5 Main Road People's Colony Rawalpindi		Clinic
22.	Zubaida	Jahangir Clinic	Tench Bazar Rawalpindi		Clinic
23.	Asma Shaheen	Rabia Clinic	Allama Iqbal Colony Near St-14 Tench Bhatta Rawalpindi	5514748	Clinic
24.	Shazia Afsar	Zumaira Medical Center	Nai Abadi #2, Girja Road Rawalpindi	5576446	Clinic
District Rawalpindi, Town: MURREE ROAD					
25.	Dr. Itrat Saleem	Batool Hospital	Committee Chowk Murree Road Rwp.	5770885	Maternity Home
26.	Dr. Farhana Masood	The Clinic	1016-A Asghar Mall Road Rawalpindi.	452534	Maternity Home
27.	Dr. Waheeda Kamran	Waheed Medical Center	Waheed Medical Centre chowk Chah Sultan Rwp.	4840036	Maternity Home
28.	Dr. Mrs. Maqbool Zafar	Maqbool Clinic	Maqbool Clinic Service Road sadiqabad Near Transformer	423964	Maternity Home
29.	Dr. Zarina	Dr. Zarina's Clinic	Service Road Dhoke khasmirian	591018	Maternity Home
30.	LHV Kishwar	Madni Hospital	Chah Sultan Rwp.	454248	Maternity Home
31.	Dr. Farkhanda Tariq	Dr. Farkhanda Tariq Clinic	211 Asghar Mall Scheme Near Hilal Masj Rawalpindi.	421075	Maternity Home
32.	Dr. Naheed Farooqui	Azmat Hospital	A-Block 6th Road Behind Preston University Rawalpindi	421388	Maternity Home
33.	Mrs. Riffat Ejaz	Ali Medical Center	Transformer Chowk Muslim Town Rawalpindi.	4423481 484104	Maternity Home
34.	Suzana	Family Health Center	Street 8 Tamasmabad Rawalpindi		Maternity Home
35.	Dr. Ishrat Ehsan	City Clinic	Chaklala Road Chah Sultan Rawalpindi	5503879	Clinic

Sr .#	Contact Persons	Names of Health Centers	Addresses	Contact #	Category of Health Centers
36.	H.Dr. Saboohi	Homeopathic Poly Clinic	P-1078asghar Mall Road Asghar Mall Scheme Rawalpindi	4840717	Clinic
37.	H/Dr. Shamim Akhter Satti	Modern Computerized C	B-1/4 St 1 Kuri Rd Near Afandi Colony rwp	424198	Hospital
38.	Ms. Shamim F.M	Shamim Clinic	Main Rd Sadiqabad Rwp	845770	Maternity Home
39.	H.Dr. Hafiz-Un-Nisa	Sarhad Medical Center	Main Bazar Dhok Kala Khan Rwp.	424158 427823	Clinic
40.	Dr. Shagufta Minhaj	Dr. Shagufta's Clinic	Near Savor Food Gordon College Road Rawalpindi	0303-7754103	Clinic
41.	Amina Choudhry	Choudhri Clinic	B-972 Gali # 2 Mohallah Dhok Dalal Rwp	428895	Maternity Home
42.	H.Dr. Shamim	Akbari Clinic	H # D - 135 Kuri Road Rwp		Maternity Home
43.	H.Dr. Sumaira	Homeo Health Centre	O/1053haripura Ghazi Road Asghar Mall Rawalpindi	532422	Clinic
44.	H.Dr. Zaib-Un-Nisa	Fatima Homeo Clinic	B IV- 102 Muslim Town Opp: F	4250679-PP	Clinic
45.	Farzana Aslam	Al-Moiz Medical Centre	H# Street 4 Near Masjid Ma Dhoke Gangaal rawalpindi.	426770	Clinic
46.	Capt. (R) Nasreen Kausar	Hassan Clinic	H# Ne298/4 St# 2, Jinnah Col. Tipu Rd, Rawalpindi	5599591	Clinic
47.	Zara Batool	Zara's Clinic	N-B-21, Nai Abadi Rehmanabad, Rawalpindi	4451900	Maternity Home
48.	Dr. Sadaf	Trauma Center	Shah Plaza, Shahra-E-Stadium Rawalpindi	4454108	Hospital
49.	H. Dr. Zahida Khalid	Khalid Clinic	Ch. Sarfraz Road, Waris Khan, Rawalpindi	5559225	Clinic
50.	Mumtaz Zafar	Kiran Clinic	L/813, Street 13, Dhok Khabba, Rawalpindi.	5502600	Clinic
51.	Tasneem	Rabia Clinic	Chah Sultan, Murree Rd., Rawalpindi.	5521337	Clinic
52.	Surraya Sultana	Surraya Sultana Clinic	St# 2,Nai Abadi Mareerh Hassan Rawalpindi	5599591	Clinic
53.	Dr. Wang Ui Hong	Chines Expert Hospital	Dd-79, Gulshan Dadan Khan, Shamsabad, Murree Rd, Rwp	4454734	Clinic
54.	Mrs. Shanaz Akhter	Hira Clinic	7th Road Market, Murree Road	0320-5162822	Clinic

Sr .#	Contact Persons	Names of Health Centers	Addresses	Contact #	Category of Health Centers
55.	Nasreen Alam	Rabi Clinic	Rawalpindi H# 225, Madni Street, Farooq-E-Azam Rd., Raja Town, Shamasabad	4450176	Clinic
District Rawalpindi, Town: SADDAR					
56.	Khalida Parveen	Kamran Clinic	C/O Wing Mh Hospital Sarrar	5582806	Maternity Home
57.	Zahida	Kashmir Clinic	Saddar Bazaar Hathi Chowk		Clinic
District Rawalpindi, Town: NARANKARY BAZAR					
58.	Mrs. Ghazala Zahoor	Sunny Public Clinic	H# 1030, St- 1, Workshop Mohallah, Rawalpindi.	5553130	Clinic
District Rawalpindi , Town: LALAZAR/ADYALA					
59.	H/Dr. Mrs. Sultana Munir	Al - Munir Medical Center	Tarli Lehtrar Rd Isb.	241496	Hospital
60.	H.Dr. Tahira Jabeen	Al - Shifa Clinic	Khana Rd Al-Noor Colony Rawalpindi		Maternity Home
61.	Mrs. Kalsoom Aziz	Family Health Clinic	Zia Masjid Road Shakriyalrawalpindi.	2242628	Maternity Home
62.	Bilques Akhter	Sarfraz Memorial Hospital	Near Jinnah Camp Noor Mohammad Road New Shakriya	429981	Maternity Home
63.	Dr. Irum Farooq	Family Clinic	Adyala Road, Rawalpindi	590755, 590407	Clinic
64.	Maj.(R) Kausar Shah	Pasha Clinic	Gorakhpur, Adyala Road, Rawalpindi	5571692	Maternity home
65.	Dr. Sumera Murtaza	Family Care Medical Center	Near Main Road, Adyala Road, Rawalpindi		Clinic
66.	LHV. Mumtaz Altaf	Bilal Clinic & Maternity	Hassan Street Adyala Rd, Rawalpindi.	571082	Maternity Home
67.	Dr. Irum Farooq	Family Clinic	Adyala Road,	590755 590407	Clinic
68.	H.Dr. Nasira H.Dr. Nasira	Yaqoob Clinic	Main Adyala Road		Clinic
69.	Dr. Farah	Dr. Farah Clinic	Adyala Road, Rawalpindi	03005146616	Clinic
70.	Shakeela Majeed	Majeed Clinic	Nai Abadi Tahli Moori, Rawalpindi		Clinic
71.	Nazia Naseer	Noor-UI-Huda Clinic	Qazi Rd, St-3, Dheri Hassanaba Rawalpindi	5570104	Clinic
72.	Magdlia Javeed	Shifa Maternity Home	Defence Road, New Lalazar Rawalpindi	5573906	Clinic
73.	Mrs. Shamsa Asif	Ammar Medical Home	H# 229, Mubarak Lane, St-3, Adyala Rd,	5574179	Clinic

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74.	Mrs. Nasreen Bukhari	Shah Clinic	Rawalpindi Aakhri Stop , Morgah, Rawalpindi.	5450943	Clinic
District Rawalpindi, Town: LAL KURTI					
75.	Dr. Hina Hafeez	Tayab Poly Clinic	5-Mammojee Road Tariqabadrawalpindi	511177 571838	Clinic
76.	Dr. Irum	Talat Nursing Home	Kamalabad Rawalpindi	582983 586360	Hospital
77.	Dr. Raheela Tariq	Arsalan Clinic	Dheri Hassanabad Rawalpindi		Hospital
78.	Dr. Col.(R) Azra Ayub	Fatima Clinic	31-D Lane 3 Tulsa Road Lalazarrwp. Chowk Dehri Hassanabad	519917 514466	Maternity Home
79.	LHV Hameeda Awan	Hameed Clinic	H-456 tulsa Road Lalazar Rawalpindi.	5529091 RES	Clinic
80.	Safia Qamar	Lalazar Clinic	H# 246street # 4 Near Suffah Academy Tulsa Village rawalp	5586871	Maternity Home
81.	Zarina Shabbir	Durrab Clinic	208/4bilal Street Misrial Rd Cantt View Colony Rawalpindi	5476819	Maternity Home
82.	Shaista	Mch Center	Opp. Roots Academy School Kamalabad rawalpindi	5517575	Maternity Home
83.	Fayyaz Hassan	Hassan Clinic	Chokri Road Dhoke Thattan, Rawalpindi	575474	Clinic
84.	Honey Gul	Gul Clinic And Maternity	Usmania Masjid Road Dheri Hassanabad rawalpindi	PP. 580038	Maternity Home
85.	LHV. Mrs. Zahida Yasin	Amin Maternity Home	St # 5 Ahmedabad Abadi Dhamial Rd Rwp	586298	Maternity Home
86.	H.Dr. Rubina Qureshi	Qureshi Clinic	Masjid Usmania Road Dheri Hassanabad, Rwp.	5513972	Maternity Home
87.	H.Dr. Snobar	Mehr Ali Clinic	Masjid Wali Gali Mohalla Ahmadabad Dhamial Roadrawa	PP 5736323	Clinic
88.	Shahida Parveen	Shahida Clinic	St#2 Near Arif Gen Store Ejaz Model School St Ahmadab	576094	Clinic
89.	Naseem Akhtar	Naseem's Clinic	H#Chakri Road Ranial Stop New Damyal Camprwp	525699	Maternity Home
90.	Maryum Aziz Tahira Jabeen	Zulfiqar Clinic	H # Dhamyal Camp Chakri Road Near Zaraf Plazar	5576917	Maternity Home
91.	Dr. Fauzia	Alam Hospital	Hummak, Rawalpindi		Maternity

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92.	Dr. Faqiha Aslam	Al-Fazal Medical Center	Al-Fazal Medical Centre Coti No. 18 Play Land Rwp	C 486040	Home Maternity Home
93.	Ms. Shahila Batool Ms. Nosheena Seher	Adnan Clinic	Dhok Thatial Mor, Mohrra Stop Chakri Rd, Rawalpindi		Clinic
94.	Josphien	Josphien Clinic	Dheri Hasan Abad Rawalpindi		Clinic
95.	Mrs. Seraphine Khokhar	Khokhar Shifa Clinic	H# 615-A, St-8 Cod Rd, Dheri Hassanabad, Rawalpindi	5215137	Clinic
District Rawalpindi, Town: CHAKLALA / TIPU ROAD					
96.	Dr. Mahseem Siddique	Mischel Clinic	14-Sana Plazachaudhry Walayat Khan Road Scheme 3	591976 593785	Maternity Home
97.	Dr. Romana Malik	Al - Qamar Medical Cent	Block -C Garibabad Near Chaklala scheme3 Rawalpindi	590434	Maternity Home
98.	Dr. Kiran Rabbani Kausar Sameel Shagufta Nasrin Yaqoob Sardar Begum	Behbood Association	Tipu Road Rwp. Rawalpindi	552828 5771305	NGO
99.	Dr. Azra Sajid	Azra Clinic	Shami Rd. Main Bazaar. Jhanda Chichi Rawalpindi.	562914	Maternity Home
100	LHV. Shahida Perveen	Shahida Maternity Home	Sir Syed Chowk Tipu Road Rawalpindi	598072 RES	Maternity Home
101	Zahida Awan	Zara Medical Center	Near Railway Pathak Dhoke Chiragh Din, Rwp	520754	Clinic
102	H.Dr. Rubina Iqbal	Iqbal Clinic	Tipu Road Mear Dar Ul Aman Rwp.	74412	Clinic
103	Zeenat Parveen	Zeenat Clinic	C-77, St 7, Shah Faisal Colony Air Port Rd Chaklala Rwp	5500099	Hospital
104	H.Dr. Rizwana Subbani	Subhani Clinic	Main Bazar Marrerh Hassan Rawalpindi	528489 PP	Clinic
105	Dr. Shaheen Wasti Dr. Saira Batish	Attock Hospital	H/S # Attock Refinary Morgah Rawalpindi.	5487041- 226 5487	Hospital
106	Mrs. Tasneem Lodhi	Jhanda Clinic	Near Dairy Farm Main Jhanda Clinic Chowk		Clinic
107	Dr. Shaista Riaz	Khokhar Medical Cente	H No. 117 Opp Chaklala Scheme 2,	5598980	Maternity Home

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108	Nargis Akbar	Momal Clinic	Tipu Road E-28 Rhemat Abad Chaklala	5950208	Maternity Home
109	Mrs. Khalida Bhatti S.N. Tayyaba Mehmood	Khalida Clinic	Hakimabad, Near Mehran Bakers Sir Syed Chowk, Tipu Road, Rawalpindi	5506443	Clinic
110	Abida Parveen	Burhan Clinic	Shah Khalid Colony, Chaklala, Rawalpindi.		Clinic
111	H. Dr. Rabia Younus	Human Care Clinic	Airport Road, Dhok Lalyal	5592065 5598462,	Clinic
112	Dr. Yaqoot Akber	Kallar Kahar Maternity	Rajput Plaza, Ch. Bostan Rd, Scheme 3, Rwp.	550860	Clinic
113	Dr. Abida Jameel	Begum Akhter Rukhsana	Safari Villas, Chaklala Scheme 3, Rawalpindi	5595114	Clinic
114	Sadia Shaheen Rubina	Shifa Clinic	Chamanzar Col. Railway Scheme 4, Rawalpindi	5500513	Clinic
115	Shabnam Begum	Mansoor Clinic	St# 8, Nadeem Abad, Near Railway Scheme 4, Chaklala , R	0300-5223679	Clinic
116	Zafar-Un-Nisa	Zoofishan Clinic	Haji Camp Gate, PAF Bazar, Chaklala, Rwp	5503232	Clinic
117	Dr. Kausar Ashraf Khan	Al Jannat Medical Center	Main Market Gulzar-E- Qaid, Rawalpindi	5954805	Clinic
118	Anjum Feroz	Bilal Clinic	Jabbar Colony Near Govt. Dispensary Rehmatabad Chakla		Maternity Home
119	Kausar Khalid	Nida Clinic	NR-384, Sir Syed Chowk Rawalpindi	5962574	Maternity Home
120	Ms. Zobia Naz	Rehmani Clinic	Street 10, Near Qureshi Beef Shop, Rawalpindi	5567299	Clinic
121	Nayyer Sultana	Bismillah Shifa Clinic & M	Main Rd. Near Water Tank Chaklala Village Rwp.	5220695	Clinic
District Rawalpindi, Town: KERTARPURA					
122	Dr. Rizvana Choudhary	Medicare	F-762 Saidpur Road Rwp	455336 455337	Maternity Home
123	Dr. Samina Kazmi	Hyderi Medical Center	1055-A Saidpur Road satellite Town Rawalpindi	414016 843733	Maternity Home
124	Dr. Shaheen Nadeem	Zeb Medical Center	Saidpur Road, Rawalpindi	426999 413893	Hospital
125	Dr. Bano Mehmood Butt	Habib Hospital (Pvt.) Lt	25-C Satellite Town, Rawalpindi	550817 421113	Maternity Home

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126	Dr. Sabiha Maqsood	Mahmood Clinic	Jamia Masjid Road Rawalpindi res:- 35 Haider Road	C. 73376	Clinic
127	Dr. Sabina	Qureshi Clinic	Pindora Rwp.	4419303	Clinic
128	Dr. Rehella Javeed	Dr. Rehella Javeed Clinic	23-E Saidpur Road Rwp.	415552 415553	Clinic
129	Dr. Najma-Un-Nisa	Ayub Medical Centre	Said Pur Road Rwp.	410993	Chemist
130	H.Dr. Zarqa Rafique	Rafique Health Clinic	P-186 Abanni Mohalla Imambara Link Rd Banni Rwp	530833	Clinic
District Rawalpindi, Town: WESTRIDGE/CHOR					
131	Dr. Shahnaz Hamid	Shahnaz Ultrasound	Hali Road Street 9, Westridge Rawalpindi	5460345 R	Maternity Home
132	Dr. Khalida Naeem	Ladies Clinic	H#565 City Rd Allahabad westridge Rawalpindi	443796	Clinic
133	Dr. Farhat Sami	Sami Clinic	Al-Qamar Floor Mill railway WO	5590409	Clinic
134	LHV Mrs Siddiqui	Siddiqui Maternity Home	Afshan Colony Cantt Rwp.	510235	Maternity Home
135	Lhv. Razia Parveen	Ayesha's Clinic	Gali # 15 Ward # 26 Naseerabad Rwp.		Clinic
136	Dr. Qamar Un Nisa	Ghousia Medical Center	Opp: Kohinoor Mills Naseerabad Rwp.	475558	Maternity Home
137	LHV. Mrs. Tahira Khan	Zanana Hospital	Opp: Koh-I-Noor Mills Naseerabadrwp.	862169	Clinic
138	Dr. Sarwat Riaz	Sarah Medical Centre	Railway Scheme No.7 Railway Workshop Roadrwp.	481258	Maternity Home
139	Mrs. Shaukat Badshah	Khadija Clinic	St # 10 Dhoke Hassu Chowkopp:	9260450	Maternity Home
140	H.Dr. Nasim Akhtar	Family Hp Clinic	Near Bilal Masjid Misriyal Road Rwp.	471375	Clinic
141	Samina Malik	Al-Malik Family Nursing	Mohrra Aku, Golrra Rawalpindi	5480048 PP	Clinic
142	Maj.(R) Kausar Shah	Madni Clinic	Near Baba Rodey Shah Ratta Amral Rawalpindi		Clinic
143	Dr. Rahat Aslam	Haleema Clinic	Kasmir Market Afshan Colony	5580783	Maternity Home
144	Rubeena Shaheen	Capt. Mohammad Khan Me	E-11, Near Govt. School Mohala Golra	5473287	Maternity Home
145	Jamila Ishtiaq	Alisheba Clinic	New Afshan Colony Misrial Road	5478256	Maternity Home
146	Mrs. Shahida Aziz Fouzia Hamid	Aziz Clinic	494, Sadat Market, Near Cantt Public School, Peshawar Road	03335197961	Clinic
147	Gulnaz Malik	Health Clinic	Near Fwc, Dhok	03036507765	Clinic

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			Gujaran, Chaakra Rd. Rwp		
148	Waheeda Khanum Khalida Kausar	Waqar Medical Center	Dhok Mustakeem, Milad Chowk, Rawalpindi	5481515	Clinic
149	Saeeda Akhter	Saeeda's Clinic	Krl Flats, Jhangi Sayyedan, Near Coca Cola Factory, Rwp	4473179	Clinic
150	Mrs. Rehana Nasreen	Mubeen Medical Center	Near Qadri Bakery, Chamanabad, Misrial Rd, Rawal	0320-4961309	Clinic
151	Dr. Kiran Zaheer	Memona Memorial Hospital	471/7, Mehria Colony, Lane # 2 Peshawar Rd, Rawalpindi	5460560	Clinic
152	Mrs. Gulshan	Bismah Chinese Medical	Misriyal Road Choor Chowk Peshawar Road Rawalpindi		Clinic
153	Munawar	Amna Nursing Home	Afshan Colony Peshawar Road Rawalpindi		Clinic
154	Shaheena Rashid	Umar Clinic	Main Bazar Dhoke Matkiyal, Rawalpindi	5541979	Clinic
District Rawalpindi, Town: BOHAR BAZAR					
155	Samina Yasmeen	Friends Free Medical Center	Street 22 Ariya Muhallah rawalpindi		Maternity Home
156	Capt. Surriya	Anoosh Family Clinic	H# J217191, Street 2, Ariya Mohallah, Rawalpindi	5953159	Clinic
District Rawalpindi, Town: IQBAL ROAD					
157	Dr. Zahida Haq Naila Naz	Haq Clinic	Near Flying Coach dhok Khaba Near Aslam Hospital Rwp	554758 7212255	Maternity Home
158	Shams-Un-Nisa	Nadeem Medical Center	Zafar-Ul-Haq Rd Mohallah Choudhri Hukamdad Rwp.	454674	Clinic
159	Parveen Akhtar	Family Welfare Health C	Ne-404madam Mona Umer Road Dhoke Elahi Bakhsh rwp.		Clinic
District Rawalpindi, Town: MURREE-BHARA KHOO					
160	Dr. Zahida Ibrahim	Amina Clinic & Maternity	H# 72 St# 3 Model Village Chak Shehza islamabad. Islamabad	2241521	Maternity Home
161	Dr. Ayesha	Niaz Clinic	Main Bazar Barakahu Islamabad		Maternity Home
162	Rukhshanda Akram	Rukhshanda Clinic	Main Rd Back Side Of Rhc Bara Kahu Islamabad	230176	Clinic
163	Dr. Samina Khan	Manzoor Medical Center	H # Upper Mall Murree distt. Rwp.	411276 R- 411125	Clinic
164	Dr. Uzma Rauf	Rashid Medical	Cart Road Muree	410635	Hospital

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165	Dr. Rubina Siraj	Center Madni Memorial Hospital	Tret Murree Distt Rwp.	424206	Hospital
166	Nusrat Bibi	Health Center Budhiya	Nemb, Budhiyal,	66695	Clinic
167	Farmina	Uocha Sair Apna Sehat	C/O Mr. Zahoor Tailoot Uocha Sair	555397	Clinic
168	Nighat	Osiyah Apna Sehat	C/O Mr. Mohammad Younas Dasiyah,	66350	Clinic
169	Razia	Razia Clinic	Lora,	464444 464017	Clinic
170	Fehmida	Fehmida Clinic	Lora,	464282	Clinic
171	Farhana	Farhana Clinic	Phalla Rupper Lora,	468350	Clinic
172	Nagina	Nagina Clinic	C/O Mohammad Jahangir Lora,	464408	Clinic
173	Mrs. Farzana Kauser	Family Health Medical C	Haidry Mohallah, Main Bazar, Near Dawn Public School, BaraKahu	0333-5184853	Clinic
174	Sayira Hikmat	Ayesha Memorial Mater	Siri Chowk Simli Dam Road Barakahu		Maternity Home
175	Ghazala Munir	New Homeo Clinic	Street No.4 Mohallah Barakahu		Clinic
District Rawalpindi, Town: KHANPUR- TEXILA					
176	Ms. Shaheen Malik	Shaheen Clinic	Shaheen Clinic Muhalla Shahe afghan Abadi Jangi Syed		Maternity Home
177	H.Dr. Rubina Shaheen	Capt. Mohammad Khan Me	E-11 st # Golra Sharifisb	2292934	Clinic
178	Riffat Hashmi	Dr.Riffat Hospital	Sang Janitexila		Clinic
179	Dr. Saima Amir	Falah Clinic & Association	Sang Jani Taxila	511176	Maternity Home
180	Dr. Faiza Sajid	Shifa Clinic	Faisal Shaheed Rd Taxila.	535244	Maternity Home
181	Dr. Sarah Asif	Muzaffar Khan Khurmi U	Faisal Shaheed Road, Taxila	03005157494	Clinic
182	Mrs. Shagufta Bano	Shagufta Zacha Bacha Hospital	H# 121, Hit Colony Taxila		Clinic
183	Mrs. Shamshad Akhter	Sajid Medical Center	Rahbar Colony, Near HMC Taxila		Clinic
184	Shama	Shamim Clinic & Maternity home	Bunni Mohallah Taxila Cantt.		Maternity Home
District Rawalpindi, Town: WAH					
185	Dr. Farzana Iftikhar	Healer's Medical Center	Opp: Gudwal Factory Wah Cantt Distt Rwp	0596-3331	Clinic
186	Dr. Asiya Ashar	Aliya Surgery	Hazro Roadhasanabdal	05772-2092	Hospital
187	Dr. Shamim Khawaja Dr. Kaneez	Khawaja Medical Hall	Aslam Market Wah.	3388	Clinic

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188	Fatima Dr. Sarah Asif	Sara Ultra Sound Clinic	H # 90 / 2-Alane # 3 Lalarukh Wah Cantt Rwp.	511108	Maternity Home
189	H.Dr. Nasim Aziz	Nasim Clinic	C-B-130 New Lala Rukh Near 8	PP-531304	Maternity Home
190	Nusrat Jabeen	Al-Noor Clinic	H# 10, St. 4, New City, Wah Cantt	03335367310	Clinic
191	Mrs. Ghazala Shaheen	Maaz Family Health Clinic	Street 4, Gulberg Colony Wah	0596-534799	Clinic
192	Mrs. Parveen Bukhari	Zara Family Health Center	Mohallah Shahidabad, Gt Road Nawababad, Near Atta Ho	-	Clinic
193	Mrs. Shahida Ghani	Ghani Medical Center	Mazara Rd, Opp. Civil Hospital Hasanabad	-	Clinic
District Rawalpindi ,Town: GUJAR KHAN					
194	LHV. Mumtaz	Aiman Clinic	Kallar Syedan Road Opp. National Saving, Dist Rwp	0571-570148	Maternity Home
195	Rukhsana Fazil	Ali Clinic	Chehari Bangial Near Overhead Bridge Near Gt Road	0571-2809	Maternity Home
196	Mrs. Nasreen Kausar	Amina Maternity Home	Mohrra Mandro Mandra Rawalpindi		Maternity Home
197	Rukhsana	Al Shifa Zacha Bacha Center	Bhu Thoa Khalsa Kallar Syedan, Dist. Rwp.		Maternity Home
198	Munawar Asif	Al Shifa Clinic	Near Thoa Khalsa Road Kallar Syedan, Dist. Rwp.		Maternity Home
199	Mukhtaar Bibi	Shafiq Clinic	Near Thoa Khalsa Road Kallar Syedan		Maternity Home
200	Dr. Maheen Naveed	Naveed Medical Centre	Kallar Syedan Road Mankiala, Rawat	0571-580301	Clinic
201	Asiya Bibi	Imran Clinic	Near Railway Phatak Mandra	0571-591113	Hospital
202	Ms. Yasmin Akhtar / Lhv	Yasmin Z.B.Centre / Ngo	Java Rd. Rawat Rwp	1272182	Maternity Home
203	Dr. M. Illyas Dr. Shahida Mir Mrs. Fukraz Malik	Dr. Shahid's Clinic	H # 3 Tehsil Head Quarter Gujar Khan Gujar Khan		Clinic
204	Dr. Mrs. Zahida Hamed	Hamid Hospital Association	Housing Society No1 Gujar Khan Rwp	3335	Maternity Home
205	LHV. Shaheen Zia	Zia Nursing Home	Street Post Office Near Sub Tehsilchak Beli Khan Distt Rwp	0504/210060	Maternity Home
206	Saeeda Iqbal	Naveeda Clinic	H/S # Bins Town Chakbali Khan rwp.	PP-210424	Clinic
207	Naveeda Iqbal	Zacha Bacha Centre	H/S # Ward # 5 Near Govt. Girls School # 2	0571-597065	Maternity Home

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208	LHV. Miss Rukhsana Asif	Al Ghazi Hospital	Shah Bagh Kallar Syedan Road Rawalpindi	0571-580480	Clinic
209	Dr. Nausheen Mubashir	Life Welfare Center	Main Bazar Rawat		Clinic
210	Mumtaz Ikram Asifa Abbas	Ali International Medical center	Main Road Kallar Syedan		Hospital
211	Nighat Parveen	Sunny Clinic	Near Iqra Library, Dalekhan Mohallah Sukho, Gujarkhan	565028	Clinic
212	Naheeda Begum	Naheed Clinic	P/O Doltala, Near Bus stop Daultala, Gujarkhan	0571-556310	Clinic
District Rawalpindi, Town: KAHUTA – KALAR SAEEDAN					
213	Nazma Bibi	Laraib Clinic	Bayoor kahuta		Maternity Home
214	Lhv Naoreen	Noreen Clinic	A 006/A, Paf Thana Rd, Kahuta		Maternity Home
215	Asifa Mehmood	Bilal Clinic	Kahuta		Maternity Home
216	Dr. Zara C. Yousaf	Yousaf Christian Hospital	Punjar Rd Kahuta Rwp	0578/2097	Maternity Home
217	LHV. Razia Begum	Al - Shahbez Medical Com	Main Bazar Kahuta Distt Rwp.	0578/411111	Maternity Home
218	Ms. Farah Yasin	Majeed Dispensary	Bora Hahal Kahuta	05777-660265	Clinic
219	Mrs. Nargis Mansoor	Iqra Maternity Home & F	289, Ward # 4, Town Committee Kahuta	03005582273	Clinic
District Rawalpindi , Town: MANDRA / DOLTALA					
220	Miss Asma Abbas	Al- Shifa Clinic	Chakbeli Road Rawat	618340	Clinic
221	Sajida Nazir	Anwar Medical Center	Alfaz Market, Chakbeli Khan, Rawat, Rawalpindi.	05777 / 210464,	Clinic
222	Capt. Shamim Gulzar	Cpt. Shamim Clinic	VPO, Rawat	05777-610507	Clinic
223	LHV. Farzana Sumaira Arshad	Family Clinic	Near Shell Petrol Pump, Rawat, Rawalpindi.	0300-5177946	Clinic
224	Dr. Farkhanda Naheed	Dr. Farkhanda's Clinic	H# 13, Street 35, Korang Town Islamabad		Clinic
District Rawalpindi, Town: JAMIA MASJID RD/ SAIDPUR ROAD					
225	Firdous Anjum	Mother & Child Care Center	Main Road, Bangash Colony, Perwadahi Rwp.	-	Hospital
226	Dr. Nighat Maryum	Margala Welfare Center	Pirvadhai Hospital Rawalpindi	5464610 443026	Hospital
227	Dr. Qaiser Bushra	Makeen Medical Center	Mohan Pura Opp. Novelty	479837 537122	Maternity Home

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228	Dr. Shumaila	Aziza Clinic	Cinema Rawalpindi New Scheme Mohan Pura Rawalpindi		Maternity Home
229	H/Dr. Naheed Shireen	The Clinic	9-B Sector 3, khaban-E-Sir Syed	051-418759	Clinic
230	Dr. Rukhsana Latif	Ghazni Clinic	Gazni Rd Near Khurshid Cinema	5552078 558134	Maternity Home
231	H.Dr. Farhat	Khokhar Clinic	755-E Sector Iii Khayaban-I-Sirsyed, Rawalpindi	416788	Maternity Home
232	Sadia	Nayab Clinic	H#Zb-536/Ast#11 W/O Iqbal Bokhra Road Fauji Colony Pirwadai	478763 PP	Hospital
233	Nasreen Shaukat	Zacha Bacha Clinic	Dn-72 St # 2 Dhoke Najoo Sector 4-A Khayaban-e-Sirsyed	415219	Clinic
234	Sabeeha Khanum	Sabeeha's Clinic	Za-2123muslimabad Pirwadhai Rawalpindi	474565	Maternity Home
235	H.Dr. Fahmida Safdar	Medical & Zacha Bacha center	H # Chowk Loharan Wala Pirwadhai rwp.	477792	Maternity Home
236	Sofia Nasir	Sofia Clinic	G-66 St. 8 Usman Pura, Imperial Market Rawalpindi.		Clinic
237	Lubna Gondal	Goundal Free Medical Center	No. 4 Near Govt. School Mohan Pura Rawalpindi.		Clinic
238	Mrs. Shamim Akhter	Rauf Family Health Center	H# T/396, St-13, Dhaki Mohalla Jamia Masjid Rd, Rwp.	5542496	Clinic
239	Razia Feroz	Medicare Center	H # E-244 Street 7 Sector I Khayaban-I-Sirsyed		Maternity Home
240	Sanober	Haroon Rehmat Clinic	Imam Bargah Road Bangash Colony Pirwadhai Rawalpindi		Clinic
241	Ghazala	Ghazala Clinic	Bb 216 Street No.6 Karimpura Rawalpindi		Clinic
242	Ms. Smaina Bashir	Sanober Clinic	H# 25/1 Sector 2, Awan Market Khayaban-E-Sir Sayed, Rwp	4580266	Clinic
243	Rukhsana	Ch. M. Ismail Clinic	H# Ma-222-B, St-5, Mujahidabad Rawalpindi	5775084	Clinic
District Rawalpindi, Town: S. TOWN/ M.TOWN/ SADIQABAD					
244	Dr. Naseem Jamshaid	Choudhri Clinic	F-328 Satellite Town Rawalpindi.	4425899 428599	Clinic
245	Dr. Kausar Bilal	Wardah Clinic	Na-60-B 7 th Road satellite Town Rwp.	421557	Clinic
246	Dr. Noshaba	Musarat Medical	340 Block -F New	411797	Maternity

Sr .#	Contact Persons	Names of Health Centers	Addresses	Contact #	Category of Health Centers
	Rafiq	Center	Katarian Market satt. Town Rwp.		Home
247	Dr. Tamkeen Idrees	Dr. Tamkeen's Clinic	D-171, Commercial Market Satellite Town Rawalpindi.		Maternity Home
248	Dr. Shama	Dr. Shama's Clinic	F-690f Block Satellite Town Rawalpindi		NGO
249	Dr Nabeela Irum	Fatima Clinic	H# 1 Opp KRL Medical Center Muslim Town New Shakrial	4472759	Maternity Home
250	Shehnaz Sadiq Mrs. Talat Parveen	Talat Clinic	H. No. 1411 B-iv Muslim Town Haji Chowk	4473543	Clinic
251	Mrs. Rukhsana	Kamran Nursing & Mater	473/5, Service Road Dhoke Choudrian, Satellite Town	03005223197	Clinic
252	Dr. Farhat Tasneem	Iqbal Clinic	Bhatta Naik Alam Near H.F. Hospital, Satellite Town.	03205144671	Clinic
253	Nosheen Bibi	Babar Homeo Clinic	Bilal Colony, Faroo-E-Azam Road, Shamasabad Rawalpindi	4580865	Clinic
254	Gull Begum	Hoap Foundation	Nishtar Street Muslim Town Rawalpindi.	4476950	Clinic
255	Rukhsana Atta	Shahbaz Clinic	House B-iv-483 St. 12, Makki Street Muslim Town Rawalpindi		Clinic
256	Dr. Sania	Sania Clinic	Near Asim General Store, Muslim Town, Rwp.	0333-5183459	Clinic
257	Saima Naoreen	Noor Homeopathic	Khanna Dack, ISB Highway, Rawalpindi	2240468	Clinic
258	Dr. Farkhanda Arif Khan	Dr Khalida Waheed Clinic	79-A- Satellite Town Rawalpindi	4452105	Clinic
259	Dr. Lubna Yasmeen	Afzal International Hospital	Cahndni Chowk Rwp	0333-5219071	Clinic
260	Lhv. Shaheen Zia	Mrs. Shaheen Zia Maternity	Haroon Chowk, Dhok Ali Akber, Sadiqabad, Rwp	0300-9547737	Clinic
261	Najma Sajid	Saira Medical Center	Main Bazar Dhok Kala Khan, Rawalpindi	4416786	Clinic
262	Ms. Asma Bashir	Sehrish Family Health C	H# 169, St-23, Sec-2, Khayabn-e-sirSayad, Rawalpindi		Clinic
263	Dr. Amina Khan	Health Care Medical Center	Kurre Road, Rawalpindi	0333-5186976	Clinic
264	Rakhshanda	Jawaira Health Care	Sohan New Iqbal Town		Clinic

Sr .#	Contact Persons	Names of Health Centers	Addresses	Contact #	Category of Health Centers
265	Miss. Parveen Akhter	Shifa Clinic	Islamabad Highway F-882, Satellite Town, Near Harman Pharmacy, Rwp	051-4412627	Clinic
266	Miss. Aneela Tabassum	Family Clinic	Mohallah Qasimabad, Rawalpindi	5770861	Clinic
267	Ghulam Zainab	Abdul Rehman Clinic	H# B-li 314/1 St-9 Near Alriaz Book Depot, Muslimtown Rwp	0333-5259577	Clinic
268	Kishwar Sultana	Family Health Center	Street 10, Qsimabad, Rawalpindi	5952120	Clinic
269	Tabassum Munir	Nazam Clinic	Islamabad Highway, Sohan Village, Islamabad	0300-5089321	Clinic
270	Bilquees Akhter	Bilquees Center	H# 37, St-4, Madina Colony New Shakriyal, Rawalpindi	0300-5397361	Clinic
District Rawalpindi, Town: SECTOR DHAMAYAL					
271	Mrs. Gull Freen	Zain Maternity Home	283, Street 3/2 Ahmad Abad Dhamial Camp	5576396	Clinic
272	Mrs. Nasreen Kausar	Ali Clinic	H# 41-A, Mohallah Jamrud, Dhamial Road.	5581744	Clinic
273	Samera	Wasim Clinic	Street No.3 Ahmedabad Dhamial Camp Rawalpindi		Maternity Home
District Rawalpindi, Town: SECTOR RATTA					
274	Dr. Asma Qamar	Bilal Maternity Home	Dhoke Hassun Near Bismillah Hotel Rawalpindi,		Clinic
275	Shams-Un-Nisa	Shams Clinic	Baba Rodey Shah Ziyarat Rd, Ratta Amral, Rawalpindi		Clinic
276	Ms. Rubina Raja	Danish Health Center	Ziarat Wali Gali, Scheme-7, Dh Ratta, Rawalpindi	4419862	Clinic

Table 11: List of Non Governmental Organizations (NGOs)

Sr. No.	Name of Organization	Address	Services Rendered
1	Anjuman Falah-e-Millat	Muslim Town Rawalpindi 051-2827262	Dispensary
2	Anjuman Behbood-e-Marizan	Opp RMC, Tipu Road 051- 4413680	MCH
3	Homoeopathic Patients and Family Welfare Association	Afandi Colony Sadiqabad 4456619	H Dispensary
4	Arada	Opp SOS Children Village Swan Camp	Rehabilitation Center
5	Medico Aid Society	RMC Rawalpindi	Blood bank
6	Rawalpindi Eye Donors Organization	Near Naz Cinema Kuri Road	Eye Hospital
7	Social Welfare Society	E225 Chitti Hattian 5770728	MCH
8	Community Development Council no. 1	F-315 Bhabra Bazar 5556851	H Dispensary
9	Al Khidmat society	Mehmoodabad Pindora 4428741	MCH
10	Children and Maternity Welfare Society	Babu la Hussain Road Ratta Amral	MCH
11	Tanzeem al Muavan	Banni Chowk 5550896	H Dispensary
12	Tanzeem Naujuwan e Amal	P-1001 Angat Pura 4840213	Free Dispensary
13	Community Development Council	Eid Gah Road 5538578	MCH
14	Patient Welfare Society	HFH Rawalpindi	Free medicine / x-ray
15	Patient Welfare Society	DHQ Hospital, Rwp	Do
16	Al Furqan Social Development Association	P-4 new Parian 4418753	MCH
17	Child Welfare and Medical Center	Hamza camp Faizabad	MCH
18	Comprehensive Welfare Society	Dhoke Najju Rawalpindi	Dispensary
19	Green Task Force	City lab Opp RGH Rwp 4455340	Free test lab
20	Society for Othopedic Handicapped	B-929 s. Town Rwp 4453735	Welfare Orthopedic patients
21	Hemophilia Welfare Society	D-809 s-Town Rwp 4454546	Welfare of Hemophilia patients
22	Life Welfare Association	E-72 s-Town Rwp 4428785	MCH
23	Organization for Social Development	G-221 Liaqat Road 5558178	Welfare of drug addicts persons
24	Rawalpindi Welfare Organization	P-313 Banni 5555009	Do
25	Patients Welfare Association	THQ hosp Gujar Khan	Free medicines
26	Tehsil TB Association	Gulyana Mohra G. Khan	TB Center

Sr. No.	Name of Organization	Address	Services Rendered
27	Medical Welfare Council	Chamber Commerce Katachry Rwp	MCH
28	Dews Educational Welfare Society Thalassaemia Welfare Society	17 Harley Street	Dispensary
29	Anjuman Takmil e Maqsad e Insannia	Phagwari Murree	Dispensary
30	Thalassaemia Welfare Society Taxila	Taxila	Thalassaemia Center
31	Al Kashmir Welfare Society	The Mall Murree	Patient welfare
32	Anjuman Behbood e Marizan	THQ hosp Murree	Do
33	Anjuman Behbood e Marizan	TBS Samli	Do
34	Social Welfare Society	Nara Kahuta	MCH

Table 12: Budget allocation for the District Health Department of District Rawalpindi for the years 2001-2005

Item	2001-02 (amount in Rs.)	2002-03 (amount in Rs.)	2003-04 (amount in Rs.)	2004-05 (amount in Rs.)
Total District Budget				
Budget for Health	174801000	204246799	216620662	236112000
Budget for DHQs "	0	0	0	0
Budget for THQs	36682000	34244077	37493000	47045000
Budget for RHCs	64497000	26298000	28168894	30222000
Budget for BHUs		55458822	62896106	66760000
Budget for MCHCs	6486000	5230000	4745500	5745000
Budget for Other Health	671 36000	83015900	83317162	86340000
Salary Portion out of Health	87475000	104344110	138038562	155211000
Non Salary Portion out of Health Budget	87326000	99902689	78582100	80901000
Budget for Medicines out of Non Salary	19985000	45565700	39200000	35725000
Development	4000000	12174000	7756000	16300500
Non-Development.	-	-	-	-

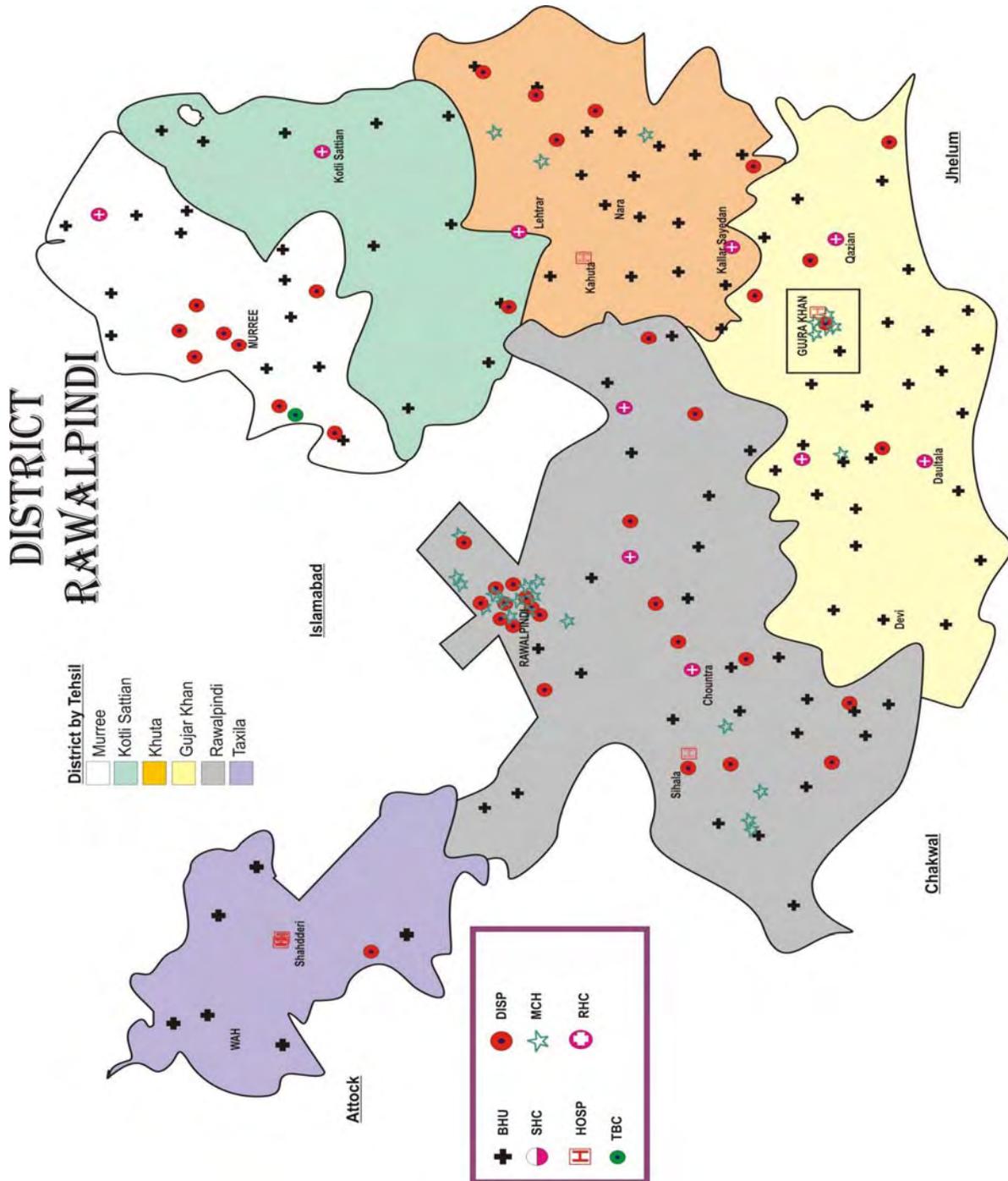
Annexure

- Annex – A: TORs of District Health Management Team (DHMT)
- Annex – B: Map of Health Facilities in District Rawalpindi

TORs of District Health Management Team (DHMT) – Annex A

- Preparation of Annual District Health Plan ,including the following :
 - Activity work plan showing a timeframe for implementation.
 - Human resource development plan.
 - District logistic and services plan.
 - Preparation of budget estimates for all activities.
 - Plan for multi-sectoral collaboration and advocacy.
- Ensure effective implementation and management of all activities outline in the plans.
- Monitor the implementation of health services in the district.
- Establish, manage and monitor referral mechanism at all levels o the district health system including ensuring effective feedback.
- Annual evaluation of district health services on the health status of the district, with special attention to the most vulnerable groups such as women ,mothers, neonates, infants and ensure improve services to these groups .
- The DHMT will meet on monthly basis.
- Special meetings may be called by the chairperson as needed.
- Minutes of the meeting will be approve by the chair and circulated among the members.
- It will be mandatory on the DHMT to prepare and present its annual performance report in the District Assembly.
- The district assembly will approve the annual budget for the activities of DHMTs.
- The district assembly will assess whether the targets assigned to the team are fulfilled or otherwise.
- A token amount of Rs. 20,000 may be allocated annually for the DHMTs out of the district budget.

Map of Health Facilities in District Rawalpindi – Annex B



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