DISTRICT HEALTH PROFILE

District Peshawar

2009

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The Pakistan initiative for Mothers and Newborns (PAIMAN) is a 6-year USAID funded project designed to reduce country's maternal and neonatal mortality by making sure that women have access to skilled birth attendants during childhood and throughout postpartum period. PAIMAN works at national, provincial and district levels to strengthen the capacity of public and private health care provider and improve health care system. The PAIMAN program is jointly implemented by John Snow Inc (JSI), Contech International, John Hopkins Center for Communication Program (JHU/CCP), Agha Khan University and Population Council.

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INTRODUCTION

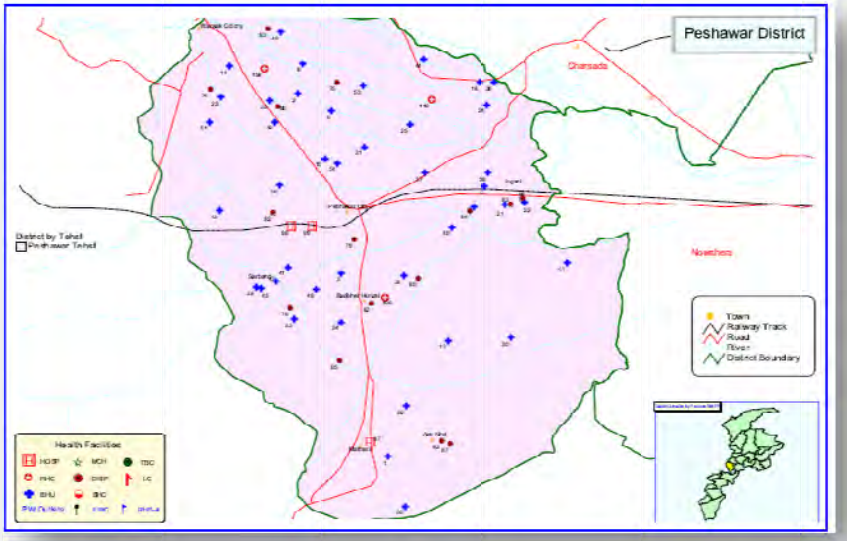
The purpose of this document is to simplify, package, and communicate complex information on vital statistics and the local burden of disease in a practical, accessible format for district health planning. It is intended for use by District Health Management Teams (DHMTs), federal/ provincial/regional governments and other development partners. Most of the information is provided in tabular format with short explanatory captions and minimum text to provide 'picture' of the current demography and disease burden. The data source is the district health and education departments; however, specific data in this report has been taken from District Census Report 1998.

The document has been divided into various sections mentioned below:

1. **District at a glance:** This section contains general information about the district; like history, location, area etc.
2. **Accessibility:** This section facilitates reader in approaching the district from other districts or provincial/federal capital by road, rail or air.
3. **Culture:** Knowledge of cultural and social customs facilitates in getting access to the general population. This section provides brief about cultural setup and livelihood in the district.
4. **District Administrative Setup:** An administrative setup along with reporting lines is given in this section. brief on district
5. **Demographic Information:** Demographic breakdown of the district population structure, by age and sex, is important from Mother & Newborn Child Health (MNCH) point of view. The information given in this section can used to predict the target population in upcoming years and plan interventions for improvement of health status in the district.
6. **District Health Department**: This section provides basic information of district health department. It provides organogram of the department, types of health facilities, human resource and budget information, and selected health indicators.
7. **District Education Sector:** The information regarding tehsil wise number of educational institutions in public sector is given in the section that can be useful in planning collaborative strategies for improvement of health status in the district.

We anticipate that this document would be helpful for planning district health interventions by PAIMAN and government health authorities.

DISTRICT HEALTH PROFILE
PESHAWAR



1. District at a Glance

Peshawar is a district in the North-West Frontier Province of Pakistan. At independence in 1947 the old Peshawar District became Peshawar Division, containing the current district of Peshawar until divisions were abolished as part of local government reforms in 2000. The city of Peshawar is the capital of district as well as province. "Peshawar" literally means *The High Fort* in Persian and is known as *Peshawar* in Pashto.

Facades in Peshawar's Walled City

Islamia College, University of Peshawar

Peshawar is situated near the eastern end of the Khyber Pass and sits mainly on the Iranian plateau along with the rest of the NWFP. The Peshawar valley is nearly circular bounded on the North and North East by hills, which separate it from the Valley of Swat. In the

northwest are the rugged mountains of Khyber and to the South is the continuation of spur which branches off from Safed Koh (the famous White Mountain on the Afghan border) and runs to Indus. The lower portion of this branch separates the district of Peshawar and Kohat.

The total area of district is 1,257 sq. km.

2. Accessibility

Peshawar is connected with the country through a wide network of roads, railways and airways. The Peshawar International Airport serves the city and the province as the main international airport in the region. It is served by all airlines of Pakistan. Railway also connects Peshawar to all parts of Pakistan as well as Afghanistan.

The city is linked to the main motorway as well as the Karakorum Highway from which it is connected to all of the major cities of Pakistan including Karachi, Lahore, Islamabad, Rawalpindi, Faisalabad and Multan. The roads are also linked to Afghanistan and China.

In the city, there are all sorts of methods to travel around the city, from coaches, buses, rickshaws (Auto rickshaws), yellow and black taxis as well as traditional methods such as horse and carts.

3. Culture

Peshawar is one of the most ancient cities of the world and for centuries has been a centre of trade between Afghanistan, South Asia, and Central Asia as well as the Middle East. It is a conservative Islamic city with a rich history. Over 99% of the Peshawar population is Muslim. Despite overwhelmingly Islamic nature of modern Peshawar, it was previously home to other smaller communities such as Afghan Jews, Zorastrian, Bahá'ís, Hindus and Sikhs. Its famous markets such as the Qissa Khawani Bazaar (market of story tellers) are emblematic of this mixture of culture and offer everything including goldsmiths and silversmiths, traditional carpets (one of the big exports of Pakistan today), pottery, and clothing to artwork in wood, brass and semi-precious stones. Even today, Peshawar is the commercial, economic, political and cultural capital of the Pashtuns as well as a major center of Hindko culture in Pakistan.

4. Administrative Setup

Like any other district in the country, district Peshawar is headed by District Coordination Officer (DCO) assisting Zila Nazim and is accountable to him. DCO, appointed by provincial government from the federal or provincial civil

service, coordinates with Executive District Officers (EDOs), who head each of the twelve district offices including health.

District Peshawar has one Tehsil i.e. Peshawar. There are 92 union councils in the district with 56 rural and 36 urban. There are four Towns in Peshawar and one Cantt area.

5. Demographic Information

Total population in year 2008 is 2,864,724

Sr.#	Towns	Population
1.	Peshawar Cantt	88,689
2.	Town I	720,878
3.	Town II	762,091
4.	Town III	674,722
5.	Town IV	618,344
	Total	**2,864,724**

Union council wise breakup of population is shown below:

Sr. #	Urban Union Council	Male	Females	Total
1.	Khalisa -2	16175	15961	32136
2.	Mahal Teri-1	16865	16360	33225
3.	Mahal Teri-2	18106	17751	35857
4.	Shahi Bagh	12720	12963	25683
5.	Zaryab Colony	11515	11630	23145
6.	Sikandar Town	13801	14071	27872
7.	Gulbahar	12914	13093	26007
8.	Shaheen Muslim Town 1	15293	15110	30403
9.	Sheikhabad	16401	16253	32654
10.	Lahori	13119	12898	26017
11.	Karim Pura	11694	11918	23612
12.	Andar Sher	11966	12173	24139

Sr. #	Urban Union Council	Male	Females	Total
13.	Asia	18163	18491	36654
14.	Jhangir Pura	13477	13507	26984
15.	Gunj	13207	13390	26597
16.	Yaka toot-1	11766	11935	23701
17.	Yaka toot-2	18783	18384	37167
18.	Yaka toot-3	14695	14043	28738
19.	Wazir Bagh	17761	17276	35037
20.	Kakshal -1	13693	13446	27139
21.	Kakshal -2	13918	13036	26954
22.	Shaheen Muslim Town 2	14023	13890	27913
23.	Akhunabad	17809	17313	35122
24.	Bana Mari	12673	12516	25189
25.	Nothia Qadeem	16358	15786	32144
26.	Kotla Mohsin Khna	12317	12166	24483
27.	Landi Arbab	14993	14781	29774
28.	Nothia Jadeed	16181	16718	32899
29.	Pawaka	17502	17623	35125
30.	Univeristy Town	13421	13233	26654
31.	Shaheen Town	18179	18471	36650
32.	Tehkal Payan-1	12319	12206	24525
33.	Tehkal Payan-2	11309	11115	22424
34.	Tehkal Bala	18536	18390	36926
35.	Hayatabad-1	11973	12193	24166
36.	Hayatabad-2	12302	12604	24906
	Total	**525927**	**522694**	**1048621**

Sr. #	Rural Union Council	Males	Females	Total
1.	Khalisa	11571	11357	22928
2.	Hassan Ghari – 1	15381	15113	30494
3.	Hassan Ghari – 2	13121	12988	26109
4.	Lala Kali	11837	12406	24243
5.	Chamkani	14987	14775	29762
6.	Budni	14011	13779	27790
7.	Wadpaca	13475	13783	27258
8.	Pakha Ghaulam	14070	14306	28376
9.	Kankolla	18709	18038	36747
10.	Nahaqi	18473	17958	36431
11.	Gulbela	17906	17436	35342
12.	Saeed abad	13975	12261	26236
13.	Tukhat abad	20106	19303	39409
14.	Khazana	16383	16798	33181
15.	Heryana Payan	18706	18127	36833
16.	Kafoor Dheri	15396	14908	30304
17.	Shahi bala	15007	14662	29669
18.	Jogani	14491	13563	28054
19.	Panam Dheri	15672	14328	30000
20.	Gari Sher dad	12481	12128	24609
21.	Faqir Kally / Pajagi	15742	16753	32495
22.	Larama	10670	10998	21668
23.	Terai Payan / dag	16706	16224	32930
24.	Malhra	20699	20387	41086
25.	Kaneeza	13511	13411	26922
26.	Chaghar Matti	12945	13196	26141
27.	Bahadar Kallay	17996	16025	34021

Sr. #	Rural Union Council	Males	Females	Total
28.	Palosi	18653	17383	36036
29.	Nasir Bagh	15984	15564	31548
30.	Bazid Khail	19006	18482	37488
31.	Sarband	15390	15956	31346
32.	Pishta Khara	17727	17990	35717
33.	Regi	17972	18253	36225
34.	Sufaid Dheri	20917	21176	42093
35.	Sangu / Achini	19809	19763	39572
36.	Hazar Khani – 1	17757	18675	36432
37.	Hazar Khani – 2	15874	16490	32364
38.	Urmar Payan	13804	13524	27328
39.	Urmar Miana	13765	13181	26946
40.	Urmar Bala	17391	16670	34061
41.	Pandu	12387	12185	24572
42.	Sheikh Mohammddi	19765	19604	39369
43.	Badaber / Maryam zai	11336	11992	23328
44.	Surizai Bala	11026	10821	21847
45.	Badaber Hurizai	11082	11772	22854
46.	Mathani	18598	18745	37343
47.	Maryam Zai	13628	13806	27434
48.	Mashogogar	21758	21839	43597
49.	Suleman Khail	11348	11044	22392
50.	Sheikhan	18049	19372	37421
51.	Adazai	13695	13884	27579
52.	Aza Khel	13887	14052	27939
53.	Sherikera	11006	10825	21831
54.	Surizai Payan	11756	12000	23756

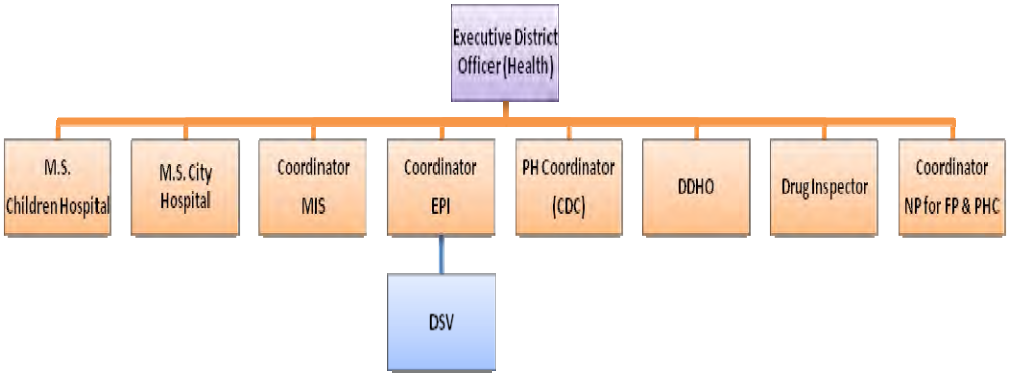
Sr. #	Rural Union Council	Males	Females	Total
55.	Mera Surizai	11481	12275	23756
56.	Mera Kachori	18218	17978	36196
Total		**867096**	**860312**	**1727408**

6. District Health System

The health care delivery network is headed by Executive District Officer (Health). Being the team leader, the EDO Health is assisted by the Deputy District Officer Health, the Medical Superintendents of City hospital and Children Hospital, District Coordinators of MIS, EPI, NP and PH Coordinator.

a. Organogram

The organizational structure of district health department is given below:



b. Health Facilities

The number of health care facilities in district Peshawar is given below:

Type	No.	No. of beds
DHQH	1	150
THQH	1	50
RHCs	2	24
BHUs	25	-
MCHCs	15	-
Dispensaries	13	-
Reproductive Health Services-A (RHS-A)	1	-
Family Welfare Centres	3	-

c. *Human Resource Position*

Total health care personnel of selected positions working in the district are as under:

Posts	Number	
	Sanctioned	Filled (Dec. 2008)
Gynecologist	3	2
Pediatrician	3	1
Anesthetist	-	-
Radiologist	-	-
Women Medical Officers (WMOs)	18	18
Medical Officers (MOs)	105	105
Blood Transfusion Officers (BTOs)	-	-
Lady Health Visitors (LHVs)	57	57
Nurses	64	64
Midwifes (DAI)	35	35
Lady Health Workers (LHWs)	849	849
Laboratory Technician	5	5
Health Technician	101	101
Vaccinators	135	135

Following table shows the demographic information of different population groups in the district:

Population Groups	Standard Demographic (%)	Estimated Population (2008)
New born	4.0	114,589
0-11 months	2.24	64,170
12-23 months	-	-
Under 5 years	15.87	454,632
0-14 years	44.04	1,261,624
Women in child bearing age (15-49 years)	21.8	624,510
Married Child bearing age	15.5	444,032
Pregnant Women	4.5	128,913

d. *Health Indicators*

Indicator	Data from Jan-Mar 2009 *(Source: Baseline MIS Survey-PAIMAN)*
Number of ANC cases registered	4728
Number of pregnant women provided TT 2 immunization	11948
PNC cases visited by LHW within 24hrs of delivery	1348
Number of children <1 yr receiving DPT 3 immunization	11843
Number of children <5 yr treated for diarrhea at public HFs	8086
Number of children <5 yr treated for pneumonia at public HFs	15646
Number of facilities reporting stock out of contraceptive commodities (DHQH/THQH/RHCs)	4
Indicator	**Data for year 2008** *(Source: National Program for FP & PHC)*
Total deliveries conducted by skilled attendant	13957
Number of live births	18248
Number of still births	472
Total newborn deaths	225
Total obstetric (maternal) deaths	12

e. *Budget Allocation and Utilization*

Total budget allocation of current year for District Health Department in district Peshawar is as under:

Item	Year 2008-09
Total District Health Sector Budget	Rs.125,072,530
Development	Rs.20,300,000
Non-Development	Rs. 104,772,530

7. Education Sector

Tehsil	Primary School	Middle School	High School	College	University
Peshawar	1026	149	99	9	5