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Ministry of Public Health

Republic of Afghanistan

Financial Analysis of Health Programs

26 January, 1977

A NON-PROFIT INSTITUTION

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Preface

The founding of the New Republic has brought increased attention to provision of more equitable access to social services, including health. In attempting to use the available limited resources of the Government of Afghanistan and the people themselves more effectively, the Ministry of Public Health has been exploring the practical limits of existing health programs, such as the Hospital, Malaria and Basic Health Center programs. Additional initiatives to provide the presently underserved majority of Afghans with access to health care, such as Expanded Immunization, Village Health Workers, and Generic Drug Procurement are under development. This Financial Analysis, a product of the Ministry of Public Health and consultant efforts, particularly Drs. Gharwal, Roashan, and Wahabzadha, under the guidance of the Minister, Prof. Dr. A. Omar, is a first attempt to examine the costs and outputs of various Ministry of Public Health programs, with the objective of improving the future balance of health activities to serve the priority needs of the Afghan people.

SUMMARY

The stated priorities of the Afghan National Health Plan (ANHP) are access to health care for infants, children, pregnant and post-partum women and the labor force.

The planning process now underway outlines the programs which will be combined as the ANHP to serve these priority populations.

The Financial Analysis follows the outline of the planning process, looking at the costs and outputs of each program, to assist in policy decisions on allocation of limited resources among alternative programs.

Individual program plans are analyzed to estimate costs and outputs of units of service, such as immunizations and patient discharge from hospitals. The sum of all program investment is then compared with each priority group, their proportion to the population, and the proportion of total deaths the group suffers as an indicator of their health problems.

Major findings of this analysis include:

- 1) An imbalance between resources devoted to infants (6% of total investment) and their total mortality (40% of all deaths).
- 2) A trend in distribution of health resources over the seven year plan period in which water supply activities increase from 8 to 21% of total expenditures while Basic Health Services decreases from 18 to 13%, Malaria decreases from 20 to 13% and Hospitals remain about the same (34%).
- 3) Unit costs for each program, which when combined with technical judgement, can be used to consider alternative patterns of health services improvement within the limits of available resources.

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Examples include:

- a) Emphasis on Immunization and Basic Health Services as the most economical and effective avenues for the improvement of child and maternal health.
- b) Alignment of the TB/Leprosy plan to exploit the developing regional hospitals Rank 1 Zonal Training Centers, and minimize the expensive current cost per treated case.
- c) Alternative hospital development plans which allow consideration of quality, utilization and access in this most expensive of all Ministry of Public Health programs.
- 4) An improved fee-for-service program for those who can pay is an essential change in the hospital system if there is to be any realistic prospect of improving quality of care and retaining qualified professional staff. The Ministry of Finance could return a percentage of fees collected, to be divided between special hospital needs and a pool of incentive payments for the doctors, senior nurses, lab technicians and administrators.
- 5) Tentative analysis of available projected manpower suggests severe shortages of nurses, sanitarians, and management skills, sufficient to inhibit presently projected Ministry of Public Health programs.
- 6) A carefully constructed policy, and cautiously implemented program on drug procurement, distribution and education can be the most cost effective program presently available to the Ministry of Public Health to improve access to health care for both rural and urban Afghans.
- 7) Great progress is beginning and much more is possible. However, the most significant limits on Ministry of Public Health plans are probably not financial but personnel and management constraints.

Choices must be made among programs to use the limited personnel effectively. Providing adequate or excessive financial support, without clear assignment of priority, can only result in unrealized plans, unexpended funds and disillusionment.

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1. Introduction

The priorities of the Afghan National Health Plan 1355-61 are already focused on improving access to health services for infants, children, women and the labor force. The purpose of the financial analysis is to provide a method of relating the costs and productivity of various health service programs outlined in the plan. Scarce resources can then be better utilized to achieve plan objectives.

The Financial Analysis is organized in parallel with the ten programs in the Seven Year Plan. Particular attention has been devoted to the first six programs which provide services directly to the people. These programs--Immunization, TB/Leprosy, Malaria, Water Supply, Basic Health Services, Hospitals--consume the bulk of present and future resources and therefore require attempts at careful cost projections.

Cost projections in this analysis make no allowance for inflation. Five percent per year seems a reasonable estimate and, by way of example, such an inflation rate is included in one projection of hospital costs (Appendix 6, Table H8). The latest estimate of the Hospitals Budget was unavailable at the time of this analysis, and is discussed primarily in Appendix 6.1 and Table H8.

While the quality of the data employed is quite variable, costs, service output and program capacities can be approximated for current planning purposes. The assumptions on which estimates have been based are clearly stated, and the methods of computation described. It is important that these assumptions be challenged, tested, and where necessary altered on the basis of improved data or more seasoned judgment and experience. In this way, Financial Analysis can continue to be a useful tool in improving the quality, distribution and efficiency

of health services.

This Analysis has included only Ministry of Public Health spending.
Most ambulatory care is provided in the private sector and a significant
minority of Afghan hospital service is provided by the Ministries of
Defense, Mines and Industry, Education (Kabul and Nangahar Universities)
and by the private sector. These should be included in any subsequent
global analysis of health spending in Afghanistan.

The Financial Analysis looks first at Cost of Present Services,
Outputs of present programs, and Cost/Output relationships.

2. Cost of Present Services

Where possible, costs have been estimated from analysis of expenditure rather than budget data for 1354, the last full year for which such data are available. Expenditure data proved difficult to obtain for many institutions, in part due to a lack of cost accounting procedures. Where expenditure data were not available, budget data were used. In general, expenditures in broad categories bear a reasonably consistent relationship to budgets.

2.1 Estimated Program Costs Compared With Priority Population Groups

As an initial indicator of program focus on priority population groups, Table 1 summarizes the expenditure estimates submitted for 1356. The Analysis in general deals only with Ordinary Budget Allocations, although the Water Supply program is included from the Development Budget. Foreign assistance is included, and programs are allocated to target groups in proportions as footnoted in Table 1. This is done by making an estimate for each program of what amount of money is invested in service to each target group. For example, for the TB program, cases under treatment in the Kabul Zone are Infants 0%, Children 26%, Pregnant/PP Women 10%, and Labor Force 64%. The TB budget is allocated among target groups in proportion to these percentages.

The important findings include:

- 1) Only 6% of total health expenditure is directed to infants, the highest priority target group stated in the National Plan, who currently suffer 40% of total mortality, much of it preventable.

TABLE 1

PROGRAM EXPENDITURE RELATED TO PRIORITY
POPULATION ESTIMATES, 1356 PLAN, Afs x 1000

	Infants 0-1 Year	Children 1-14 Yrs	Pregnant/PP Women	Labor Force	Total	%
1. Immunization	40% 3864	40% 3864	20% 1932	X	9660 <u>1/</u>	2
2. TB/Leprosy	X	26% 9549	10% 3673	64% 23506	36,728 <u>2/</u>	6
3. Malaria	3.7% 4500	47% 57,199	7.1% 8641	42% 51,114	121,454 <u>3/</u>	22
4. Water Supply	3.7% 1852	47% 23,523	7.1% 3554	42% 21,021	50,050 <u>4/</u>	9
5. Basic Health Services	7% 7207	37% 38,096	6% 6178	50% 51,482	102,963 <u>5/</u>	19
6. Hospitals (B)	7% 16,035	21% 48,105	10% 22,907	62% 142,023	229,070 <u>6/</u>	42
Total Expenditures	33,458	180,336	46,885	289,146	549,900	
Total Health Budget	6%	33%	9%	52%		100
Total Mortality	38%	24%	[-----38%-----]			
Total Population	3.7%	47%	7.1%	42%		

ata Sources/Methodology: Ordinary Budget only - no construction.

Expanded Immunization Plan, dated 24/12/76; allocated one-third each to Infants (DPT + ECG), children (DPT), pregnant (TT).

TB Institute Budget (not expenditure); allocated proportional to Kabul TB Center patient age/sex distribution, November 1976; see TB Cost Estimation Sheet

Malaria Institute Budget, 1356; allocated proportional to population

Water Supply Budget, 1356; workplan revised to 11/1/77; allocated proportional to population

Basic Health Services, expenditure estimate (82% of budget); Parwan proportional

Hospitals Estimate, see Table H-7

- 2) Only 1.8% of health expenditure is devoted to immunization, including BCG, a service with the highest cost effectiveness among Ministry of Public Health programs.
- 3) Basic Health Services receives less than half the investment that hospitals receive, 18.7% compared to 41.6%.

3. Outputs of Present Programs

Direct measures of health status improvement are very difficult to find. In practice, simple measures of health program activity are usually substituted: contacts, visits, immunizations are examples. Appendices 1-6 estimate outputs for each program. They are calculated in part from sample surveys and visits to various institutions. Service data routinely reported to the Ministry of Public Health are still inconsistent.

4. Calculation of Unit Cost/Output Measures

The relation of cost to units of output is an important step in the process of making difficult decisions which establish priorities among programs competing for scarce resources. Unit costs do not eliminate the need for technical judgement on quality or impact of a particular output on health status, but they do provide a common denominator for comparison.

Table 2 summarizes the unit cost estimates for the major programs, and Appendices 1-6 contain the methodology, data sources and assumptions used for the estimates. Note that the unit cost estimates range from less than 20 Afs. for immunization and malaria protection to 1,000 Afs. or more for TB cases treated or hospital discharges.

UNIT COST/OUTPUT COMPARISONS OF MOPH

TABLE 2

PROGRAMS AND TARGET POPULATIONS

(Afs/unit output)

<u>Program</u>	Target Populations				
	Output Unit	Infants	Children	Pregnant and Postpartum	Labor Force
Immunization <u>1/</u>	Contact	19	19	19	
Tb/Leprosy <u>2/</u>	Case Treated		1050	1050	1050
Malaria <u>3/</u>	Contact	15	15	15	15
Basic Health Services <u>4/</u>	Contact	47	47	47	47
Hospitals <u>5/</u>	Discharge	1930	1930	990	4000
Water Supply <u>6/</u>	Recipient	31	31	31	31

1/ Calculated from 1356 Immunization 7 Year Plan (see Appendix 1).

2/ Calculated from 1356 Tb 7 Year Plan (see Appendix 2).

3/ Calculated from 1356 Malaria Institute 7 Year Plan (see Appendix 3).

4/ Calculated from 1356 BHS estimated expenditure (see Appendix 5).

5/ Taken or calculated from table entitled "Hospital Input and Output Data - 1354 (see Appendix 6).

6/ Calculated from 1356 Water Supply 7 Year Plan (see Appendix 4).

5. Interpretation and Use of Unit Cost Estimates

It is useful to examine the unit cost estimates in relation to the health problems of particular priority groups:

5.1 Groups 1 & 2 - Infants and Children

Respiratory diseases, diarrhea/dysentery, malnutrition, measles and tetanus are consistently found to be the pre-eminent problems of Afghan children (1-6). Of the major programs, only Immunization and BHS directly and economically attack mortality, and can practically be increased to focus on Infants and Children. Malaria and Water Supply, while having low unit costs (15 and 31 Afs.) are difficult to expand beyond the present pace and cannot be focused on particular groups.

Immunization, because of low unit and total cost, previous experience and trained personnel, and high impact potential for minimizing under five mortality, should be seriously considered for prompt implementation, with or without foreign financial and technical cooperation.

Malnutrition is an outstanding problem among infants and children. At the Child Health Institute most of the medical admissions below five years of age are malnourished. One third of them are seriously malnourished. (Yet the problem is so vast that malnourishment alone is not an indication for admission.) Repeated rural surveys all confirm that more than a third of infants and children under five in rural areas are seriously malnourished. (5,6). In addition to its own heavy burden of responsibility for death and stunted development, malnutrition

contributes significantly to the high mortality of all other causes except tetanus.

The problem of malnutrition may be partially dealt with through the BHS for the 25% of the population with potential access, but it is such a massive problem that it deserves special consideration for a new national effort.

Three complementary aspects of the problem can be considered:

- 1) Periodic lack of food in certain areas of the country-- a problem for agricultural consideration;
- 2) Poor food preparation practices. Recent studies (3,5,6) clearly document extensive weaning malnutrition, due largely to delayed introduction of solid foods, often far into the second year. Radical educational efforts are required to change these practices. Innovative radio programs (half of rural women regularly listen to radio (6) could be tried; Basic Health Centers can work on food preparation education, and as Village Health Workers gain in numbers and credibility, they may be able to contribute in a major way to this national educational process.
- 3) There is a need for research into the nutritional value of indigenous Afghan foods and diets.

With the exception of the Child Health Institute in Kabul, the hospitals give comparatively little attention to infants and young children. Table 3, for example, shows that 3% of provincial hospital discharges were children under five years of age. Data are not available to verify whether they receive

TABLE 3

DISTRIBUTION OF PROVINCIAL HOSPITAL INPATIENTS BY

AGE AND SEX-1354

Age Group	Female		Male		Total	
	Number of Inpatients	Percent of Total	Number of Inpatients	Percent of Total	Number of Inpatients	Percent of Total
< 1	0	0	0	0	0	0
1-4	21	1	87	3	108	4
5-14	143	4	515	16	658	20
15-44	437	14	1418	45	1855	59
> 45	106	3	437	14	543	17
Total	707	22	2457	78	3164	100

Data were taken from the 1354 MOPH Discharge Report

Five hospitals were included: Baghlan, Ghazni, Charekar, Takhar and Rostog

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a substantially larger share of hospital outpatient services.

5.2 Group 3 - Pregnant and Post-Partum Women

Problems of pregnancy and family planning are the major concerns of this group (1,4,5,6,7), and only Basic Health Services can have primary impact, aside from Immunization protection against tetanus. Increasing availability of ANMs and the gradual development of female VHWs can increase women's access to health services. Despite a greater burden of general health problems, Table 3 reveals that women receive only one fourth of adult hospital services, while men receive three fourths.

5.3 Group 4 - The Labor Force

The primary health needs consistently expressed by labor force members are medicines, doctors and hospitals in that order (5,6). They are largely a healthy group, and desire ready access to effective, inexpensive drugs and acute hospital care. This group already consumes a disproportionate share of hospital services (48% of population using 68% of hospital services). Much of this disparity is culturally determined. Particularly as quality of care improves, an effort must be made to reduce this disparity.

6. Cost of Future Services

The costs of program expansion as outlined in the six service programs of the Seven Year Plan have been estimated in Table 4. These estimates are based on the most recently available drafts from the respective planning committees. The data sources are noted in each table, and Appendices 1-6 provide the estimation procedure and assumptions employed.

6.1 Comparison of Projected Expenditure with Priority Population Groups

Calculation of the proportion of program investment directed at each Priority Group (as in Table 1) by the end of the plan period is also noted in Table 4. With the current mix of programs, there is very little change in the imbalance between needs of young children and labor force investment. Graph I shows the change in Ministry of Public Health expenditures over the plan period; Graph IA shows the changes in percentage share of the overall budget. Note that by the end of the plan, Water Supply takes 13% more of the total Ministry of Public Health budget, and Immunization 2% more. On the other hand, TB, Malaria, Basic Health Services and Hospitals get 4%, 7%, 4% and 1% respectively.

6.2 Summary Comments on the Contribution of Each Program

1. Immunization - Investment in immunization and its gradual inclusion in Basic Health Services is clearly the most cost-effective program currently being discussed. The unit cost is low, the technology is known, the staff are available, and the impact is directly focused on the Priority Groups in need.

ORDINARY BUDGET Breakdown By Program

1956-1961

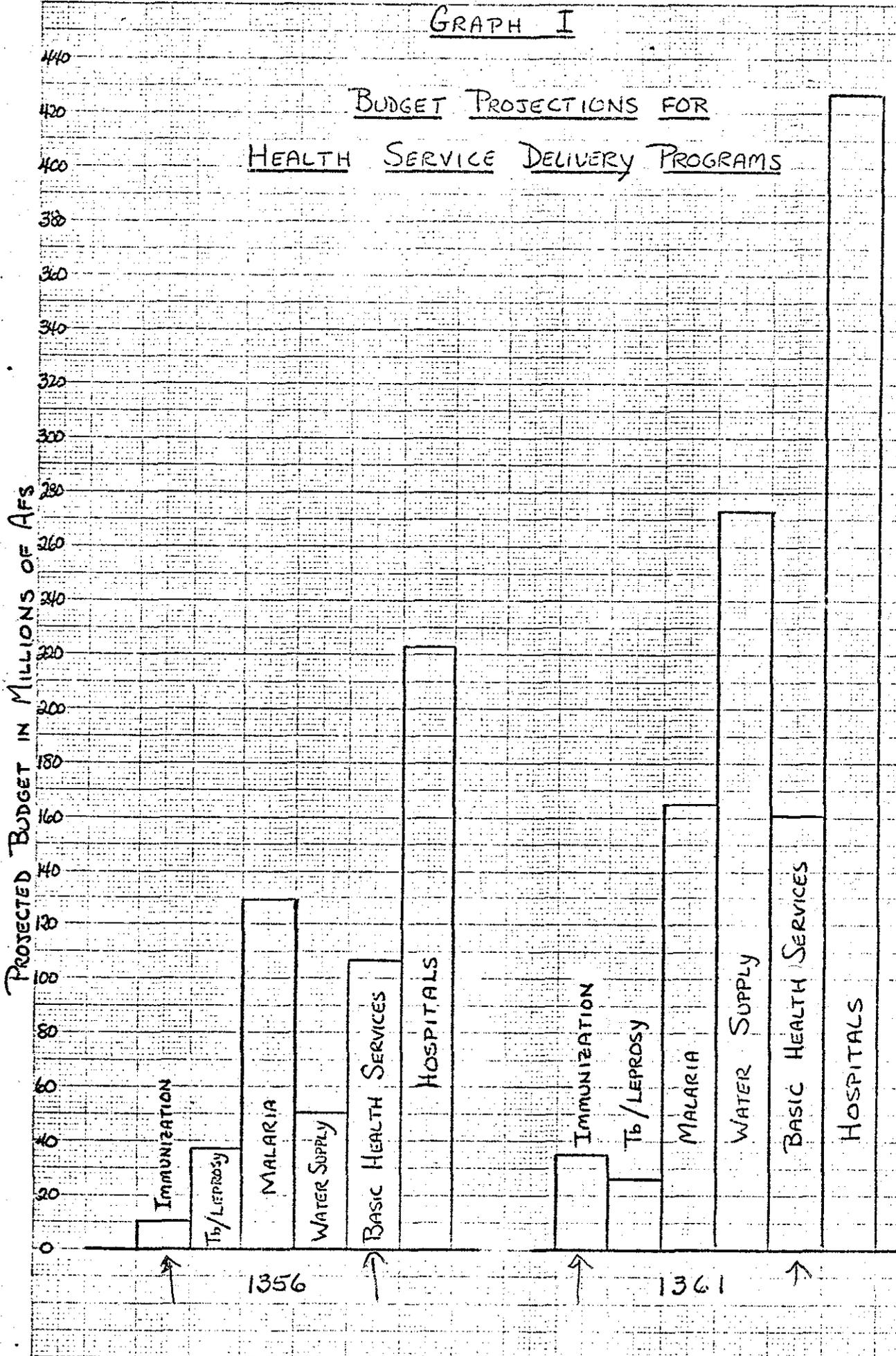
(Thousands of Afs - 1 U.S. \$ = 46 Afs)

PROGRAM	SOURCE OF FUNDS	1956		1957	1958	1959	1960	1961		NOTES
		Amount	% of Total					Amount	% of Total	
IMMUNIZATION	MoPH	7360		13135	28980	30130	32108	32430	3	(1) The ratio of foreign aid to the total budget is assumed to remain the same.
	FOREIGN AID	2300		2300	2300	2300	2300	2300		
	TOTAL	9660	1	15435	31280	32430	34408	34730		
Tb/LEPROSY	MoPH	6046		7950	9300	9950	10600	11250	2	(2) The Water Supply Program is included in the totals, but gets its money from the development Budget
	FOREIGN AID	30682		22494	17204	16376	15180	15180		
	TOTAL	36728	6	30444	26504	26326	25780	26430		
MALARIA (1)	Min. of Finance	79500		83475	87649	92031	96633	101464	13	(3) Assumed to grow at 8% per year
	FOREIGN AID	49264		52357	54975	57724	60610	63641		
	TOTAL	129364	20	135832	142624	149755	157243	165105		
WATER SUPPLY (2)	Min. of Planning	13050		36443	58113	61985	64326	71189	21	(4) Baseline budgets for each of these programs were calculated from 1955 budgets. For successive years the budgets of these programs were assumed to grow at the average rate of other programs; 4.1% per year. Baselines were calculated as follows:
	FOREIGN AID (3)	37000		103324	170764	175742	182381	201838		
	TOTAL	50050	8	139767	222877	237727	246707	273027		
BASIC HEALTH SERVICES	MoPH	75974		83570	93875	98766	103652	109077	13	PROGRAM 1955 Program 1955 Budget Health Manpower 1/2 P.H.I. 8000 Nang. Nurse Sch. 1940 ANM Sch. 2076 Nursing Division 931 TOTAL 12947
	FOREIGN AID	40664		43917	47430	51224	55332	59748		
	TOTAL	116638	18	127487	141305	149980	158984	168825		
HOSPITALS	MoPH	173538		209422	258274	279059	323032	349494	33	Tech. Sup. Serv. 1/2 P.H.I. 8000 Tb. Inst. 1414 Central Labs 2797 Dental Inst. 4211 X-Ray Inst. 5175 TOTAL 21597
	FOREIGN AID	49665		64465	69326	71213	73308	76165		
	TOTAL	223203	34	273887	327599	350272	396340	425659		
TECHNICAL SUPPORT SERVICES (4)	MoPH	24642		28116	32079	36602	41762	47649	4	Admin. + Other Administration 26830 Minister's Office 1147 Inspection 752 Coordination 3505 Central Transport 5667 Creative Dept. 6227 TOTAL 44128
	FOREIGN AID									
	TOTAL		4							
DRUGS AND BIOLOGICALS (4)	Min. of Finance									(5) No foreign aid estimates available
	FOREIGN AID									
	TOTAL									
HEALTH MANPOWER (4)(6)	MoPH	14772		16855	19230	21942	25035	28565	2	(6) No budget information collected from API. Budget will be separate from MoPH budget.
	FOREIGN AID									
	TOTAL		2							
ADMINISTRATION AND OTHER (4)	MoPH	50349		57441	65546	74786	85330	97359	8	
	FOREIGN AID	4149		4734	5401	6163	7032	8023		
	TOTAL	54498	8	62175	70947	80949	92362	105382		
TOTAL	MoPH	352681	(53)	416489	507284	551235	621519	675824	(53)	
	Min. of Finance	99500	(12)	83475	87649	92031	96633	101464	(8)	
	Min. of Planning	13050	(2)	36443	58113	61985	64326	71189	(4)	
	FOREIGN AID	214324	(32)	293591	367400	380742	389111	426895	(33)	
GRAND TOTAL		659555	100	829998	1020446	1085993	1171589	1275372	100	

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GRAPH I

BUDGET PROJECTIONS FOR HEALTH SERVICE DELIVERY PROGRAMS

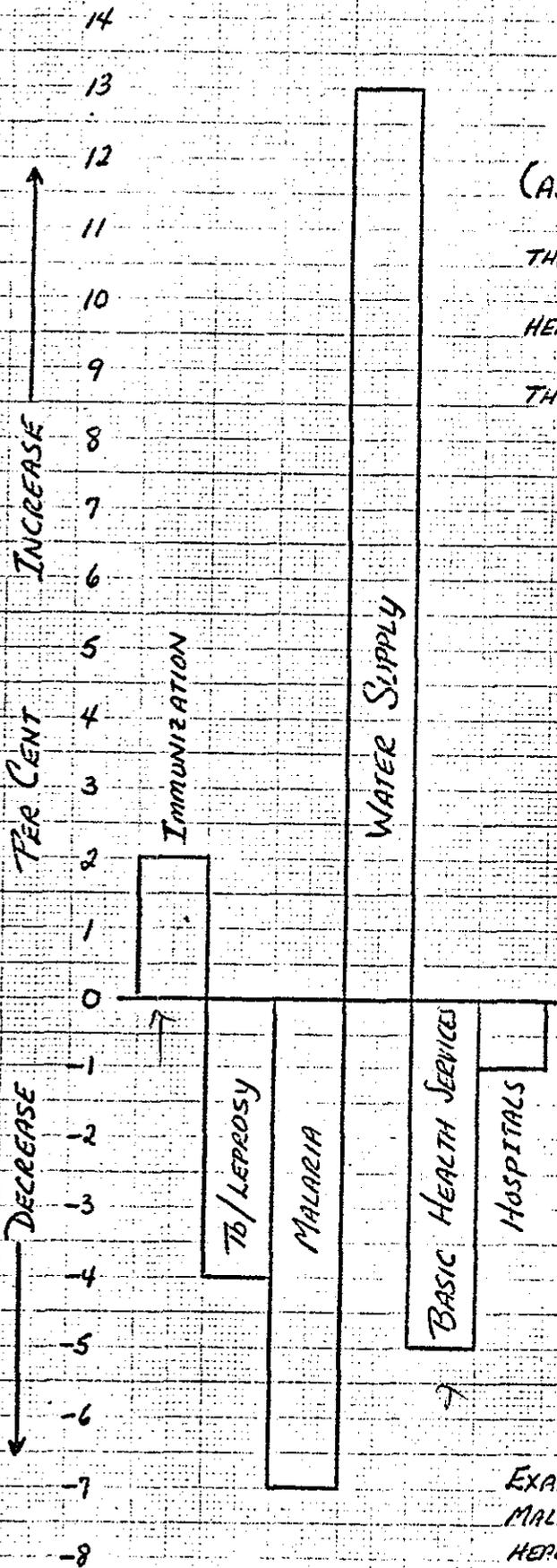


GRAPH IA

1356 - 1361

CHANGING MOPH PRIORITIES

(AS INDICATED BY CHANGES IN THE PER CENT OF THE TOTAL HEALTH BUDGET ALLOCATED TO THE SERVICE PROGRAMS.)



EXAMPLE: THE SHARE OF THE MALARIA PROGRAM IN THE TOTAL HEALTH BUDGET DECREASES BY 7 PER CENT FROM 1356 - 1361.

See Appendix 1.

This program requires a firm commitment to continuation and should be considered for direct operating budget support whether foreign contributions are forthcoming or not.

2. TB/Leprosy - The program as constructed is expensive; the unit cost per treated case is over 1,000 Afs. in 1356, with very high defaulter rates not included in the estimate. They should be estimated to more closely approximate the cost of effective treatment. See Appendix 2.

Improvements in cost effectiveness could be made by concentrating efforts on sputum microscopy diagnosis (rather than expensive radiologic techniques), case treatment follow-up, and integration of field programs with other institutions. Review of staffing proposals leads to the conclusion that they are too generous in number. In many cases scarce staff such as nurses could be replaced with more economically trained staff such as vaccinators.

The construction of special and separate regional and provincial TB centers seems of very doubtful value.

Supervisory and field training activities could be an integral part of the Rank 1 Zonal Training Centers. Special diagnostic and treatment activities would be better housed in the Regional Hospitals as the appropriate place for X-ray facilities and chest physicians to be efficiently focused.

Less than 20% of the operating expenses of the program for 1356 (see Appendix 2) are Ministry of Public Health money. Extreme care should be exercised in expanding a program that is

expensive per unit output and highly dependent on outside financing. As with malaria, the stability of long term foreign financing for operating costs is an unlikely prospect.

3. Malaria/Leishmaniasis - The low cost and the budget and staffing flexibility to respond to outbreaks and epidemiologic indicators form the base of the generally reasonable operation of the Malaria Program. In view of the declining willingness of foreign sources to sustain large percentages of recurrent operating budgets, even for effective programs such as malaria, the present cautious posture on control seems very realistic. See Appendix 3.

4. Water Supply - The near term work plan and budget appear to be in proportion to other Ministry of Public Health investments. The number of users of each type of system, however, seem optimistic. Periodic surveys of the actual use and state of repair of wells and pumps would be helpful in refining the measurement of output of the water supply program. Appendix 4 calculates the annual cost per recipient by depreciating the well cost over a ten year period, and adjusting for the number of broken pumps. Note also that only 212,500 rather than 300,000 new recipients are estimated to be served in 1356; both figures are below the annual population increase. An additional problem, recognized by the Water Supply Program, is that costs to reach additional recipients will begin to increase rapidly after the more concentrated centers of population have been served. It remains to be demonstrated whether the program can increase the percentage of Afghans with access to well water. ✓

Maintenance is an important problem recognized by the program, and serious consideration should be given to incorporating at least the maintenance expenses into the Ministry of Public Health ordinary budget as a regular expense. Surveys (5,6) indicate that villagers often place a relatively low priority on water compared with other health needs. They are also unwilling to walk very far for a new water source. Both points indicate that a major health education campaign is required.

5. Basic Health Services - The core of the attempt to extend rural access to health services, BHS plans to reach 27% of the population by 1361. See Appendix 5. If adequately supported, this goal appears reasonable, but demonstrates at the same time the need for exploration of subcenters and Village Health Workers to extend health care access to the majority of rural Afghans beyond the reach of BHC's. Appendix 5 also sets out an illustrative long term financing and maintenance proposal for the VHW program, which suggests that the VHW activity may be self-supporting once underway.

Current developments suggest that commitments to required central management, field supervision, and in-service training activities are being kept by BHS. This leaves three main problems which affect the cost and output of BHS: manpower, drug supplies; and WFP. Manpower is of such importance that it is addressed separately in Section 7.1. Drugs and WFP can be discussed together here.

Once established, the costs of operating a BHC are largely fixed; if many people are provided health services, the unit

cost is low; if few people are served, the unit cost is high. The conflict arises in that the health and WFP programs compete; that is, BHCs supplying WFP inevitably become primarily food distribution points, not health centers. Health Services take second place to the time-consuming attraction of 100 Afs. of free food. In its present form, WFP distribution results in an unfortunate distortion of Basic Health Services activities and should be re-evaluated in light of these problems. The Parwan experience demonstrated that adequate drug availability, with training team support, resulted in a tripling of health center services with a corresponding decrease in unit costs.

6. Hospitals - Hospital problems are well known; poor quality of care and distribution of services, low utilization, and inadequate provision of specialized care. Solutions to these problems are less obvious.

Any forthright analysis of hospital costs must recognize that quality hospital services are necessarily associated with high costs. This does not mean that money ensures quality. It does mean that minimum standards of basic hospital care are associated with minimum costs, which are nevertheless quite high.

This analysis has focused attention on alternatives to contain the costs associated with expansion, for in Afghanistan as in almost every nation, the costs of hospital care tend to make up a larger share of health expenditure than can be justified by their outputs. Three alternatives have been considered to illustrate the resources required and potential outputs possible with different approaches to the important

question of hospital expansion and improvement. All three alternatives expand substantially on present hospital capacity; they differ in speed of expansion, cost, quality and feasibility, both technical (qualified staff available to provide care) and administrative (sufficient central Ministry of Public Health management development to provide the supplies and necessary support).

Alternative (A) assumes full realization of present plans for expansion at current levels of cost and quality. Alternative (B) accepts present plans for expansion and includes extra expense to support increased quality and better utilization. Alternative (C) reduces the rate of expansion in bed capacity. It provides even more funds and personnel for the upgrading of quality and utilization. (See Appendix 6, Tables H1-H5.) It allows important alternative health service uses for some of the smallest hospitals.

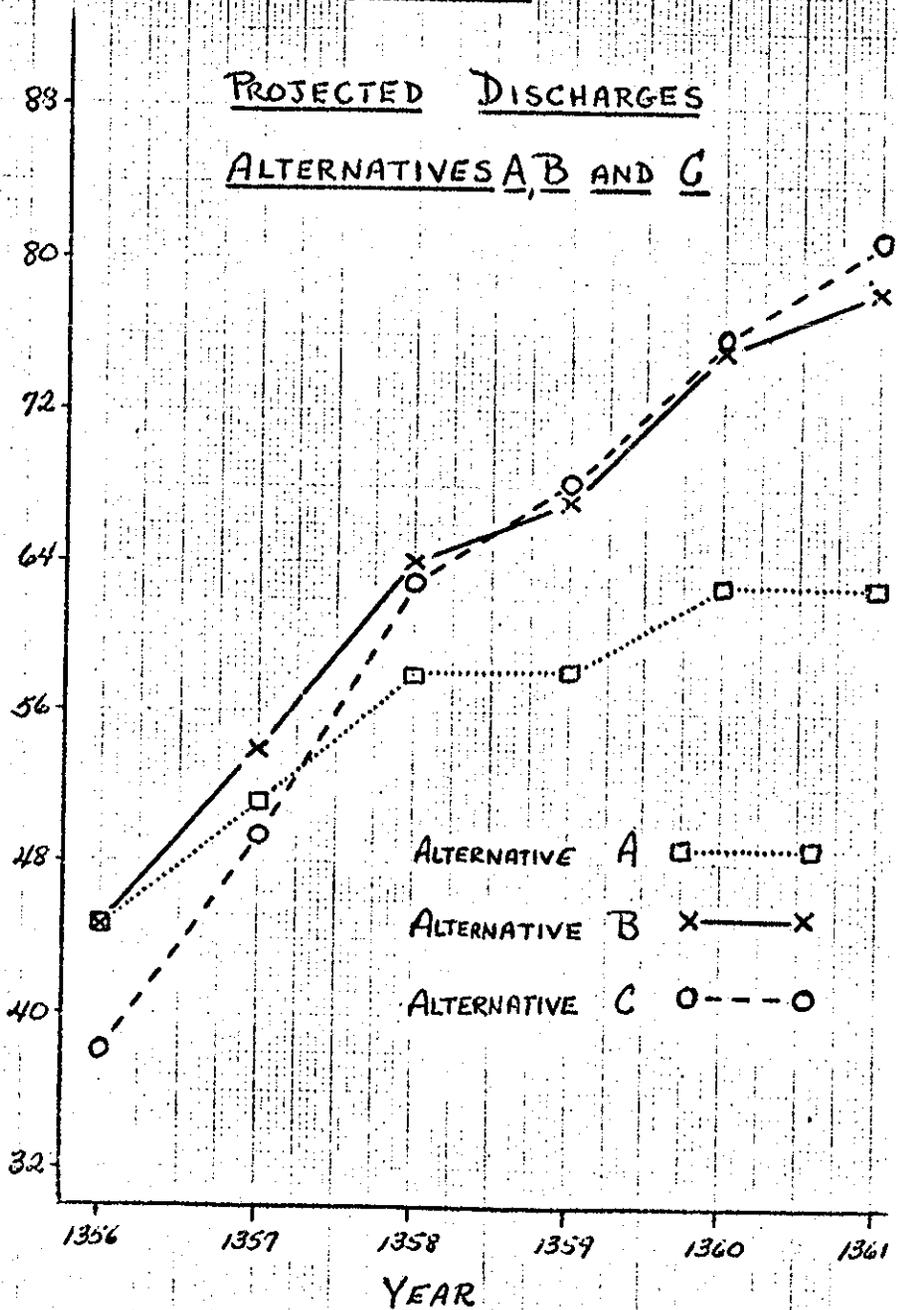
Alternative A does nothing to correct the existing deficiencies. Alternative B is the most costly and is a compromise between the need to improve quality and perceived needs for more regional and provincial beds.

Alternative C is less costly than Alternative B. While the costs per bed are greater, the number of discharges is greater and the cost per discharge is less. (See Tables 5 and 6 and Graphs II and III.) By concentrating on development of large regional hospitals, Alternative C provides more efficient use of limited staff. Utilization and total number of patients served is highest, and the administrative burden is minimized

GRAPH II

PROJECTED DISCHARGES
ALTERNATIVES A, B AND C

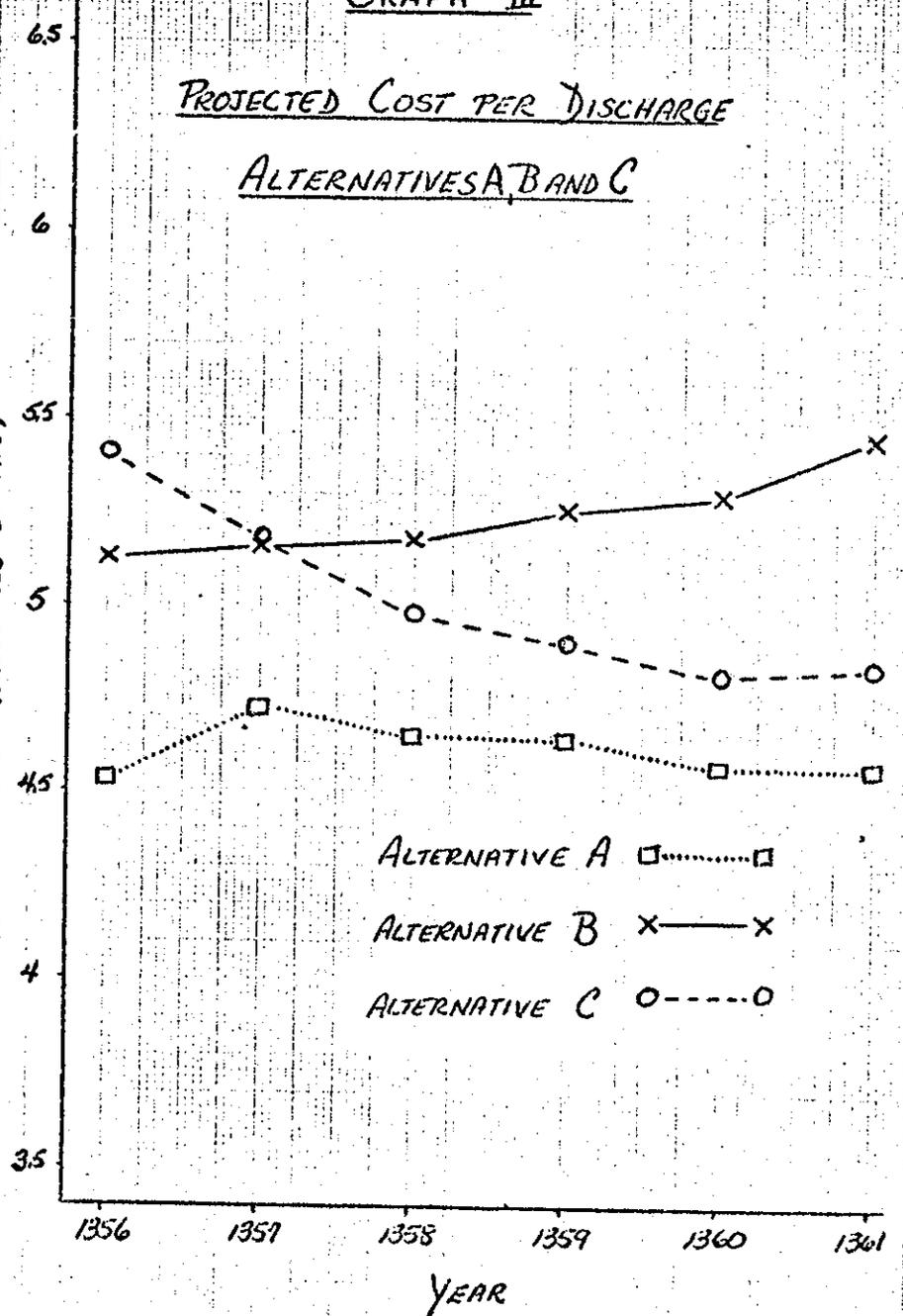
NUMBER OF DISCHARGES (Thousands)



GRAPH III

PROJECTED COST PER DISCHARGE
ALTERNATIVES A, B AND C

COST PER DISCHARGE (Thousands of AfS)



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TABLE 5

COMPARISON OF ALTERNATIVE PLANS FOR HOSPITAL CAPACITY

ALTERNATIVE	1355	1356	1357	1358	1359	1360	1361
	<u>PROJECTED NUMBER OF BEDS</u>						
Plan A	1946	2231	2571	2906	2921	3136	3136
Plan B	1946	2231	2571	2906	2921	3136	3136
Plan C	1731	1906	2246	2626	2626	2701	2701
	<u>ANTICIPATED COST PER BED (Including Foreign Aid)</u> (Afghanis)						
Plan A	91,642	90,672	94,469	93,096	92,877	91,462	91,462
Plan B	91,642	102,676	108,385	114,001	120,942	127,108	136,164
Plan C	94,365	108,296	113,980	119,407	127,626	134,959	145,126
	<u>PROJECTED MOPH BUDGET (Millions of Afs)</u>						
Plan A	150	172	200	227	228	245	245
Plan B	150	197	232	283	305	351	379
Plan C	133	169	207	263	284	314	340

TABLE 6

COST/OUTPUT COMPARISON BETWEEN HOSPITAL PLAN ALTERNATIVES A, B AND C

Variable	Alter- native	1356	1357	1358	1359	1360	1361
Occupancy (%) (assumed)	A	70	70	70	70	70	70
	B	70	71	72	73	74	75
	C	70	73	76	79	82	85
Number of Discharges	A	44620	51420	58120	58420	62720	62720
	B	44620	53991	63932	67183	75264	78400
	C	38120	49412	63024	68276	75628	81030
Discharges per Bed (assumed)	A	20	20	20	20	20	20
	B	20	21	22	23	24	25
	C	20	22	24	26	28	30
Cost per Discharge (Afs)	A	4530	4720	4650	4640	4570	4570
	B	5130	5160	5180	5260	5300	5450
	C	5410	5180	4980	4910	4820	4840
Average Length of Stay (Days)	A	12.8	12.8	12.8	12.8	12.8	12.8
	B	12.8	12.3	11.9	11.6	11.3	11.0
	C	12.8	12.1	11.6	11.1	10.7	10.3

by decreasing the number of poorly utilized, expensive small hospitals that cannot provide adequate hospital care (see Table H6.) The small ten and twenty bed units cannot, of course, be abandoned. They represent an opportunity to convert poorly utilized facilities of uncertain quality rapidly into community health centers which still retain a few beds for emergency care such as rehydration and accidents, but concentrate more intensively on basic health services. They could also serve as nutrition education centers.

The details of Alternative C are set out in Appendix 6. This alternative is less demanding of manpower. As there will be critical shortages of nurses during the planning period (see Section 7 and Appendix 7) this manpower constraint is another compelling reason to commend this alternative. The analysis suggests that an approach similar to Alternative C is the most practical mix of resources to meet the need for hospital services.

However there may well be political and demographic reasons why these small, inefficient and under-utilized hospitals cannot be closed. The practical realities may then require selecting a plan closer to Alternative B. This should only be done with the full realization that such a decision commits limited resources in a sub-optimal manner.

At the same time the problem of inefficient, under-utilized small hospitals must be addressed. There is ample evidence that very low occupancy reflects poor quality of care. Recent experience in Khost confirms the belief that upgrading the quality

of staff and equipment immediately improves utilization. Similar upgrading can be accomplished in Zonal hospitals. Scarce resources will not allow this strategy to be followed in the smallest hospitals.

In these small hospitals two other realistic options should be considered: -

- 1) The Gereshk example, conversion to a Zonal training center, modifies the hospital to provide additional and cost-effective health services.
- 2) The high mortality among infants and children under five is largely due to a small number of diseases which are largely preventable, easy to treat and easy to diagnose. The staff of most other small hospitals should be given intensive in-service training perhaps with the help of CHI so that they can effectively cope with these conditions. Their new proficiency will soon be appreciated by the population they serve and hospital utilization will rise dramatically. At the same time these hospitals will continue to provide emergency care for adults.

An equitable system of hospital charges for those who can afford to pay would of course decrease the Ministry of Public Health contribution under any alternative selected.

7. General Issues

7.1 Manpower

Analysis of manpower requirements during the planning period shows serious deficiencies in numbers of nurses and sanitarians. There is an initial shortage of ANMs but if classes are full, supply catches up with demand in 1360. There is a shortage of adequately trained doctors and of laboratory technicians whose training is up to the standard required in the better hospitals. Competent hospital administrators, if they exist, are in short supply. Clearly, shortages of health manpower can frustrate plans for extending the coverage and quality of health services. For this reason manpower planning and training must receive priority attention in the Ministry of Public Health.

The methods and results of the analysis are shown in Appendix 7. They must be considered merely a tentative first estimate because of deficiencies in the quality of source data. More accurate data should be gathered and new projections calculated.

An Institute of Health Manpower Development has been suggested as a possible solution to health manpower deficiencies. Such an institute would seem a costly and sluggish response to an urgent group of problems. The immediate need is for an analysis of manpower requirements and supply. Then appropriate influence must be applied to other Ministries and institutions now training health manpower, and to the relevant institutions in the Ministry of Public Health, so that personnel of appropriate quality are trained in sufficient numbers to meet

the Ministry of Public Health's needs.

Strategies must be developed to meet critical shortages of manpower in the short term. Nurses can be augmented in number by substitution; by creating a new category of "nurse assistant" or "practical nurse". Assistant nurses can be selected from the large pool of twelfth grade graduates and given an intensive short course in the most fundamental aspects of health sciences. This can be compressed into a twelve to eighteen month course, including in-service training. This category could later be phased out by offering assistant nurses additional training which would fully qualify them as nurses. (Even if the category seemed useful and worth retaining in the long term assistant nurses who prove worthy should be given such opportunity for additional training and professional advancement).

7.2 Quality of Care

The quality of care is more dependent upon quality of personnel than on any other variable. Nowhere is this more important than the quality of care provided by doctors. In number alone there is no present or projected shortage of doctors. But in terms of the needs of both Basic Health Services and hospitals, there are critical shortages of suitably qualified doctors.

In Basic Health Services there must be gradual extension and upgrading of training of doctors in the orientation program which prepares them for service in Basic Health Centers. This process has started. It must be refined and extended. The Seven Year Plan desires to bring Afghan hospitals up to an

acceptable minimum standard of care. An essential element is an expanded program of post-graduate training. This is best provided in a few select Kabul hospitals which must be given additional qualified clinical teachers and other resources. The Jamhuriat and CHI experience provides a successful working model. The effort needs to be expanded in these and other Kabul hospitals to include other clinical specialities, together with paramedical services such as physiotherapy, laboratory technology and dispensing.

At the same time there must be similar in-service training in hospital management. The hospital system cannot be improved without a cadre of competent hospital managers.

The clinical teachers and senior administrators of these hospitals should collectively form the faculty responsible for organizing and providing this in-service training. At the same time there must be a concerted effort to improve the standards of equipment, maintenance, and cleanliness as well as the logistics of supply to all Afghan hospitals. They must be improved if trained staff, as they become available, are to provide quality of care.

7.3 Incentive Payment for Service

The system and scale of payment of hospital specialists and other senior professionals and administrators must be improved substantially if there is to be any real hope of improving the quality of care and the efficiency of hospitals. At present doctors are forced to supplement their meagre salaries

by working in their private offices. Here they dole out prescriptions at 20 Afs. a visit. While they are diverted to this activity which is of questionable value, the hospital becomes a convalescent facility rather than an active treatment unit.

The position of certain specialists, such as anaesthetists and radiologists, is even worse as they have no effective way of supplementing their income. Their plight is so bad that one can safely predict such specialists will almost certainly emigrate once they have achieved an internationally acceptable standard of competence. Recent experience with anaesthetists confirms this thesis.

A fee-for-service system, based on receipts from patients who can afford to pay, would be ideal for the doctors but would unfairly exclude other key professionals. In addition it would be contrary to the personnel payment policies of the Ministry of Finance.

Yet a solution must be found. Otherwise there is absolutely no hope of significant or sustained improvement in the quality and efficiency of Afghan hospitals.

A system of fees for hospital services now exists but is poorly administered and it is now too easy, for many who can afford to pay, to avoid paying. This system should be extended to include realistic fees for hospital and professional services to inpatients and to polyclinic patients. These payments must be passed on to the Ministry of Finance. But the

Ministry of Finance should return a portion of this sum, say 50%, to the hospital. Ten percent should be designated for

*perhaps
some condition
should be built
into any national
dev. assist.
program.*

special projects or equipment required by the hospital but for which no provision was made in the budget. Forty percent should be divided up among the doctors, head nurses, chief administrative staff and department heads. The portion each receives could be decided by negotiation among the recipients.

These are the key people whose dedication and effort alone can raise the standard of care and the efficiency of the hospital. The occupancy rate will increase under this system, and the average length of stay will fall. The total receipts for hospital and professional services which will be received and retained by the Ministry of Finance will be several times larger than present receipts from hospitals.

At the same time the hospital polyclinic facilities must be substantially improved so that all patients can be interviewed and examined in privacy, warmth and cleanliness. The medical staff should be allowed to use these facilities at designated times during the week when they can see their private, fee-paying patients, from whom each physician collects (and retains) his fee directly. In this way they will remain on the hospital premises where they can quickly be reached in the event of emergency. Their professional time will be used with maximal efficiency.

7.4 Drugs and Biologicals Procurement

Studies in 1974 (9) and 1976 (10) agree that about as much money is spent on drugs in Afghanistan as on the total expenditures for all other health activities combined. Given

this situation, there are three reasons why careful Ministry of Public Health planning for drug procurement could be the most important and cost effective health contribution to the goals of the National Health Program that is possible over the next several years.

These reasons are:

- 1) Quality of Care
- 2) Availability of Care
- 3) Cost of Care

7.3.1 Quality of Care - The current level of knowledge and dispensing practice among health workers is very low, which directly diminishes quality of care. There are three components of quality which the Ministry of Public Health can affect: DRUG QUALITY; APPROPRIATE DRUG SELECTION; and APPROPRIATE DISPENSING.

DRUG QUALITY - Safe and effective drugs are obvious requirements. As the Ministry of Public Health moves to domestic production, the Afghan people will develop an impression of the quality of government generic drugs. The private sector manufacturers and importers will fiercely dispute the quality, and try to establish a bad image for generics. As the development of manufacturing competence and quality control is not simple and will take years, the initial phases should emphasize bulk procurement of finished goods, with concentration on appropriate packaging and marketing.

APPROPRIATE DRUG SELECTION - Many health workers,

including physicians, have difficulty keeping up with the drugs of choice for each health problem. The Afghan National Drug Formulary, widely distributed and regularly improved, can be a major force for improved quality of care. As Formulary maintenance is a highly technical process, consideration might be given to using a high quality Formulary (such as the British National Formulary) as a baseline, with a committee of Afghan experts modifying it for local needs every two years.

APPROPRIATE DISPENSING - It is common practice to dispense inappropriate amounts of drugs, with inadequate instructions. (In the United States studies show that less than half of prescriptions are followed accurately.) This leads to failure of therapy, development of drug resistance, drug toxicity, and is a massive waste of money. Pilot studies of prepackaged drugs (in course of treatment amounts, with both pictorial and written instructions in Dari) have been well received by Afghan health workers in Parwan. A first priority of the expanded API program should be course-of-treatment packaging and labelling appropriate for local use.

7.3.2 Availability of Care - Carefully developed Ministry of Public Health policy on drugs can expand access to health care faster and at lower cost than any other Ministry of Public Health program. The reason is that people see drugs as their most important health need (5,6) and already pay large amounts for them (300 Afs./per family/

per year (5)) even in remote rural areas. A Ministry of Public Health program to procure, package and market basic drugs for common problems, in course-of-treatment packages through pharmacies and dokhans, could markedly expand access to health, particularly for the labor force target group. Little additional Ministry of Public Health staff and financing would be required, and the program could generate a surplus to support other health programs.

7.3.3 Cost of Care

The cost savings from competitive generic bid procurement are well known. As people already eagerly pay for drugs, the Ministry of Public Health/API can provide at low cost and potentially retain a surplus to contribute to other Ministry of Public Health programs which are provided below cost.

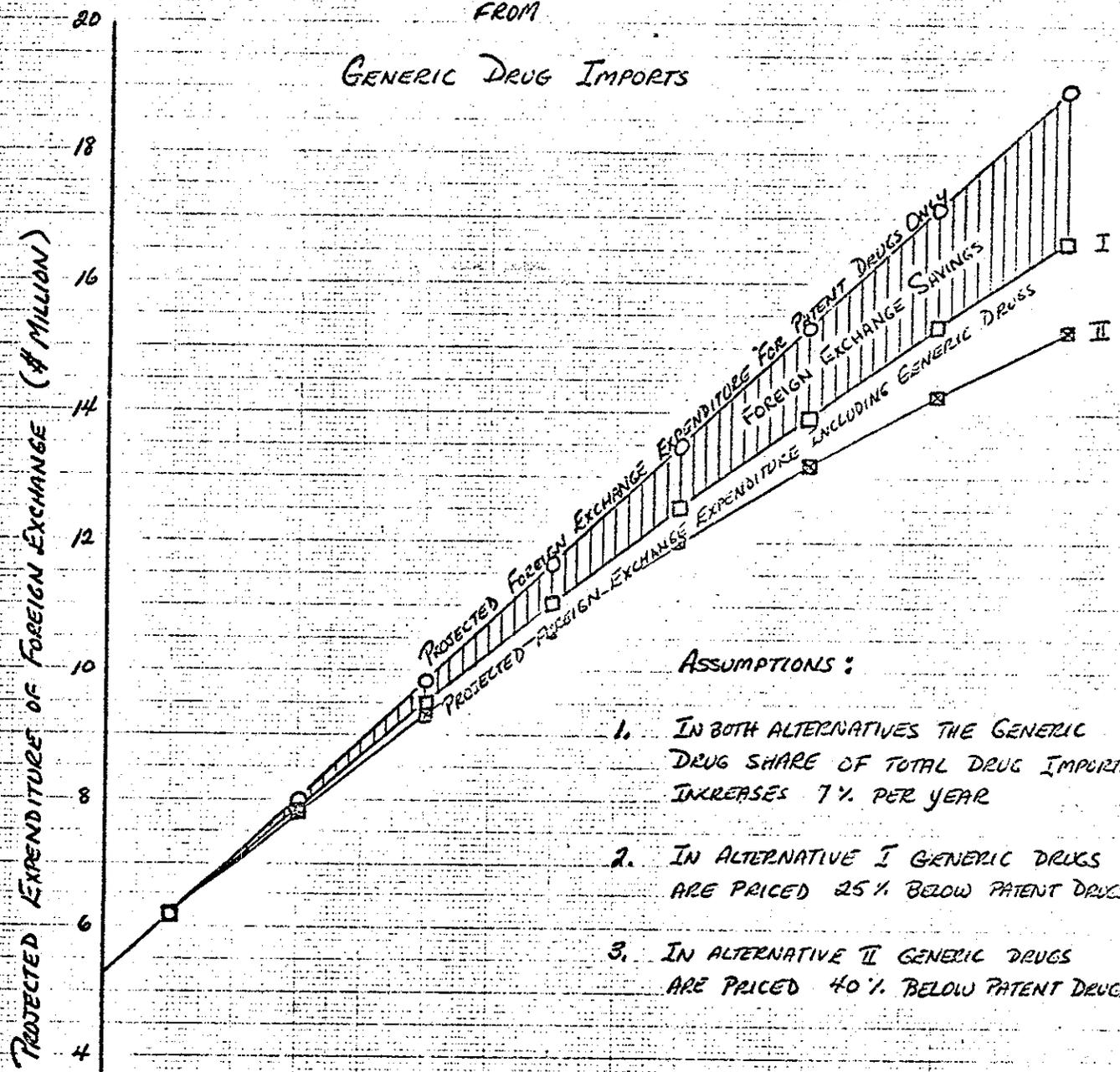
A conservative estimate of foreign exchange effects is summarized in Graph 4. Using the foreign exchange requirement projected in the feasibility study (10) through 1361, a steady growth of generic drug market share from 0 to 50%, and pricing estimates averaging 25 to 40% below proprietary prices, between two and four million dollars per year will be saved.

Another useful example is reflected in recent prices for Chloramphenicol reported from API. Graph 5 shows that per capsule costs of generic chloramphenicol are a small fraction of the proprietary brands. Equally important is

GRAPH IV

PROJECTED FOREIGN EXCHANGE SAVINGS

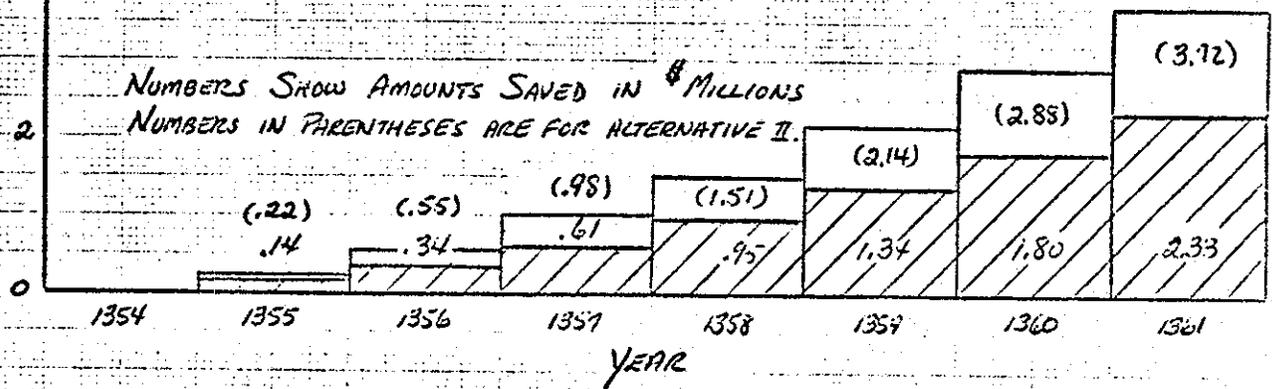
FROM
GENERIC DRUG IMPORTS



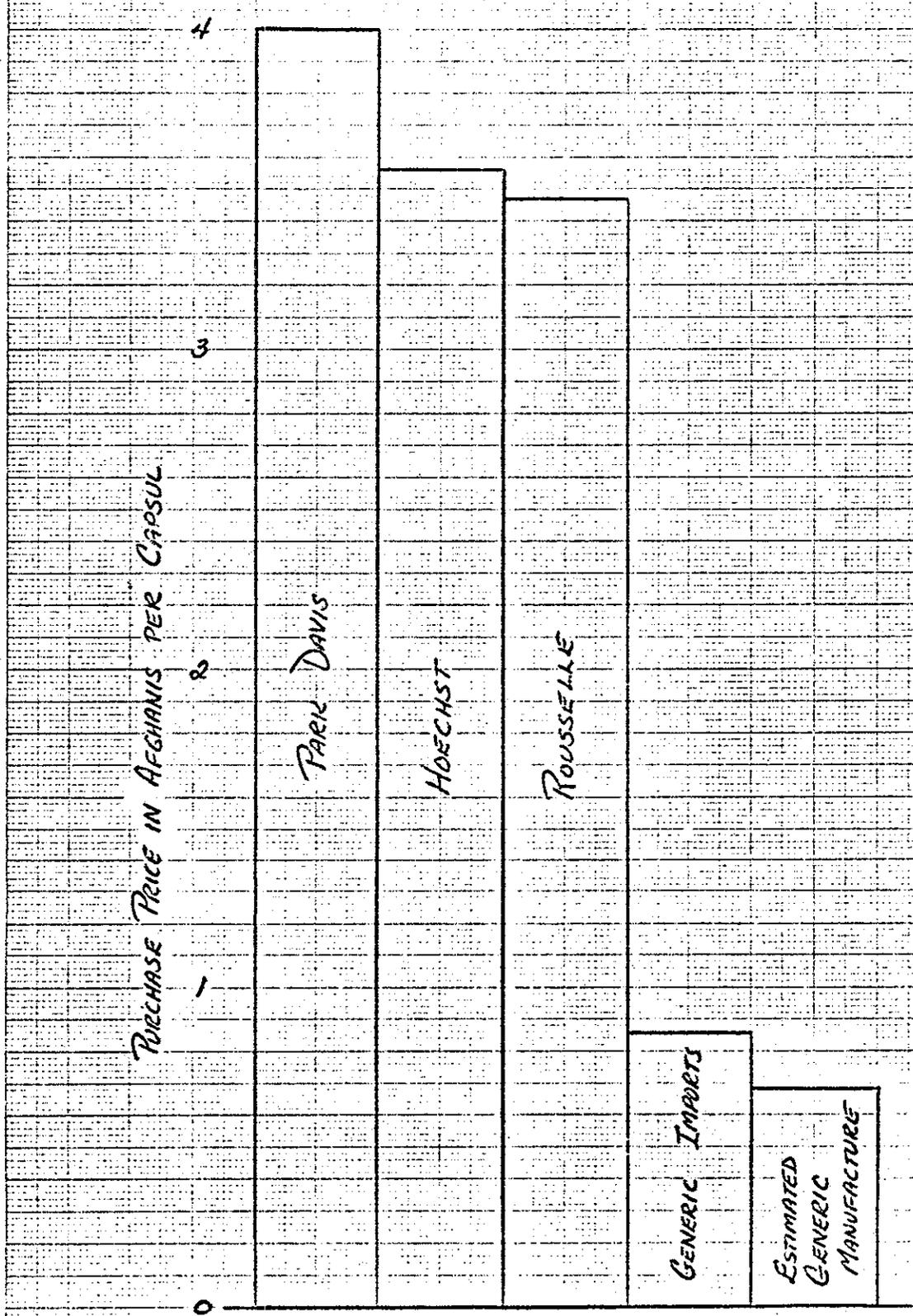
ASSUMPTIONS:

1. IN BOTH ALTERNATIVES THE GENERIC DRUG SHARE OF TOTAL DRUG IMPORTS INCREASES 7% PER YEAR
2. IN ALTERNATIVE I GENERIC DRUGS ARE PRICED 25% BELOW PATENT DRUGS
3. IN ALTERNATIVE II GENERIC DRUGS ARE PRICED 40% BELOW PATENT DRUGS

NUMBERS SHOW AMOUNTS SAVED IN \$ MILLIONS
NUMBERS IN PARENTHESES ARE FOR ALTERNATIVE II.



GRAPH V
COMPARISON OF CHLORAMPHENICOL PRICES



DATA PROVIDED BY AVICENNA PHARMACEUTICAL INSTITUTE.

the finding that the major share of the cost saving is in generic bid procurement of quality finished drugs, not in local production of capsules and tablets. Only a small (here 5%) difference between buying and making generics certainly cannot compensate for the tremendous problems of manufacture involved.

The Feasibility of an Afghan Pharmaceutical Plant

The latest feasibility study, is a valuable contribution, but is not sufficient to allow proceeding with confidence on a plan to build a pharmaceutical plant.

Two issues are addressed here: (1) the objectives of pharmaceutical plant development, and (2) the feasibility study itself.

1) The Objectives

The major objectives of pharmaceutical plant development in Afghanistan, as we understand them, are to bring necessary drugs, of good quality, at low prices, in ways that can be used effectively, to the Afghan people, and to do it soon.

Necessary Drugs - have nothing to do with the type of pharmaceutical plant. They result from careful development of the Formulary, and limitation of drugs to those proven scientifically effective and appropriate for Afghan problems.

Good Quality - is directly related to the type and performance of the pharmaceutical plant. To

produce tablets, capsules and other forms at high quality standards requires skilled personnel and equipment maintenance capacity which, are not likely to be produced by a government program within the Seven Year Plan period.

Low Prices - will come primarily from bulk purchasing on competitive bid; not production in Afghanistan, as noted in Graph 5. In the quantities required for Afghanistan, only very small differences in cost will be found between international standard drugs and attempts to make tablets and capsules locally, with all the risks of machine and human failure added in. Raw materials make up most of the foreign exchange cost, and must be imported anyway.

Used Effectively - Discussed above, see "Appropriate Dispensing".

Available Soon - A plant initially focused on effective packaging of quality imported finished drugs could be in operation within a year, supplying a major share of drug needs. A more complex plant attempting to manufacture quality drugs will take much longer. The example of the Vaccine and Serum Institute is useful; a complex and highly expensive facility, it was scheduled to open several years ago

and is yet to begin significant production.

2) The Feasibility Study Itself

Given the objectives stated above, the feasibility study requires clarification and reconsideration:

There are several inconsistencies in important financial calculations: Pages 17 and 22 cite a 1.7 pricing factor incorporating shipping, customs duties and profits, to arrive at a retail price. Page 40, however, cites an import level of nineteen million dollars and expected retail price of fifty million, or factor of 2.6. Such major discrepancies in a report generated largely from secondary sources which are not appropriately referenced suggests that too much haste was employed for the report to be utilized as a final planning document.

There are serious questions about size and cost of the proposed facility. An eight point five (8.5) million dollar plant, employing over seven hundred people appears to be much too complex for the circumstances. A plant less than half that size is probably more than adequate. Open bids should be sought for construction and slowly phased down operational support. A "turnkey" operation is infeasible given the limited pool of experience, and would be a national catastrophe.

7.4 Financial Analysis Capability in the Ministry of Public Health

Certain expenditure and output information must be gathered on a continuing basis. The Ministry of Public Health is to be commended for recognizing this need and devoting the necessary resources and personnel to do the job.

The financial analysis section of the Administrative and Planning Development Program has been studied. Three comments seem to be in order. (i) The Program is both too vague as regards methods and too ambitious as regards its initial objectives. The analysis capability must grow in a series of stages beginning with the simplest and most important cost data. (ii) An advisory committee is unnecessary. (iii) The financial analysis staff in the provinces will derive most of their expenditure data from the Mustafiats. They must work in these offices as well as in the provincial Public Health Offices.

Expenditure data for Kabul institutions has been far easier to get than for provincial institutions. Clearly there must be close collaboration with the Ministry of Finance both centrally and in the provinces so that accurate expenditure data can be compiled for each institution, department and program.

Attention should first focus on those programs which provide health services. At a later stage, rules can be devised for allocating administrative costs, technical support costs, training costs, and overhead among the service programs. Still later, depreciation schedules can be devised for equipment,

buildings and other capital spending. At each stage of development the financial analysis team must concentrate on the minimum data required to calculate accurately unit costs of service. Sampling techniques will be helpful both in improving accuracy of estimates and in reducing data collection costs. Only when one stage is working well should sights be raised to the next level of complexity.

The limits of financial analysis must be appreciated. For example, with current data it is impossible to compare the relative cost-effectiveness of a vertical versus a horizontal immunization program. At the same time other considerations, such as availability of staff, proven success with smallpox, the large backlog of unimmunized infants and young children and the present limited reach of Basic Health Services all lead inexorably to the conclusion that immunization should be launched as a vertical program to get rid of the backlog.

At the same time a pilot project should be launched as a horizontal program under Basic Health Services. Provided appropriate cost data are collected, financial analysis can help in judging the best timing and pace of this conversion completely to a horizontal program.

Inevitably the upgrading of health services will be uneven. Some hospitals and health centers will achieve an acceptable standard of service at an early stage in this process of change. Cost data from these benchmark institutions will be particularly valuable for planning purposes. For this reason they must be recognized early and given more detailed attention by those

responsible for financial analysis.

References Cited in Text

- 1) Country Health Programming Document, MOPH, July 1976
- 2) CARE Nutrition Assessment Survey, 1970
- 3) Infant/Child Mortality Survey, Kabul, WHO, 1974
- 4) CINAM Report, 1973
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- 6) Rural Health Survey, 1976, MOPH
- 7) Afghan Demographic Studies - Population Survey, 1972-4
- 8) Parwan BHC Evaluation Report, March 1976
- 9) Procurement and Use of Medicines in Afghanistan, MOPH/MSH 1974
- 10) Feasibility Study on the Establishment and Development of Pharmaceutical Industry in Afghanistan, Kabul, 1976

Appendix 1 - Immunization

Immunization Program - Unit Cost/Output Estimation

Methodology and Assumptions

- from EIP 1356-61 dated 29/12/76, Rangaraj

1. Immunization

(US Dollars @ Afs 46)
(xooo)

	<u>1356</u>	<u>1357</u>	<u>1358</u>	<u>1359</u>	<u>1360</u>	<u>1361</u>
Operating Costs	130	500	465	495	523	525
MOPH Salaries	30	120	125	130	135	140
Vehicle Depreciation		40	40	40	40	40
Foreign Advisor	50	50	50	50	50	50
Total U.S. Dollars	210	710	680	705	748	755
Number of Contacts	200,000	1,300,000	1,300,000	1,300,000	1,300,000	1,300,000
Cost per Contacts	48 Afs	25 Afs	24 Afs	25 Afs	26 Afs	27 Afs

Cost/Output Calculation:

$$\frac{2 \text{ contacts/child} \times \text{contact cost}}{5 \text{ years depreciation (1)}} = \frac{2 \times 48}{5} = 19.2 \text{ afs/child}$$

- (1) Assumes disease and immunity reached by age 5 under natural conditions; therefore value of protection is allocated over 5 years.

APPENDIX 2 - TB/LEPROSY

TB Program - Cost/Output Estimation

Assumptions: 1) BCG/Case Finding/Sputum Exam Done by Immunization
 2) Costs of these included in Immunization Budget

	1356	1357	1358	1359	1360	1361
MOPH Budget	6046	7950	9300	9950	10600	11250
Foreign <u>1/</u>	30682	22494	17204	16376	15180	15180
Afs Total(x000)	36728	30444	26504	26326	25780	26430
Pts. under Rx. (x000)	35	38	42	46	50	50
Cost/Patient Treated	1049	801	631	572	516	528

1/ Foreign Assistance (x000 \$US)

Total/7 Year Plan	2542	1689	1574	556	530	530
Less Immunization <u>2/</u>	200	200	200	200	200	200
Less Capital Costs	1725	1000	1000			
Total (\$000)	667	489	374	356	330	330
(46-\$) Afs	30682	22494	17204	16376	15180	15180

2/ Immunization:

Local per diem, BCG vaccine, maintenance, mileage
 UNICEF (70,000 + 100,000 + 10,000) + WHO (20,000) = \$200,000/year

Age/Sex Distribution Estimate of Treated Patients

Data: Kabul TB Center, November 1976

Age	Male	Female	Total
0-14	364	466	830 (26%)
15+	820 (34%)	1597 (66%)	2417 (74%)
	1184	2063	3247

From Plan Pop Estimates, Preg/PP + Labor Force = 1080000 + 6417000 = 7497000
 14% + 86% = 100%

Proportionally, % TB Patients 15+=74% x 14% = 10% Pts are Preg/PP
 74% x 86% = 64% Pts are Labor Force
 26% Pts are Children

APPENDIX 3 - MALARIA

Malaria - Unit Cost/Output Estimation

- Source: 1) Malaria Control Program, Background and Supporting Information
November 1976
2) Malaria 7 Year Plan (stencil copy)
3) Malaria 1356 Budget as approved

Assumptions: Budget = Expenditure, in view of independent budget

	1355	1356	1357	1358	1359	1360	1361
Budget from 7 Year Plan 66	66	69.5	72.7	76.4	80.0	84.2	88.4

Approved 1356 Budget 79.5

Foreign Assistance (US\$ x 1000)

WHO-Advisors, etc.	341
WHO - Insecticide	400
UNDP	210
Japan	50
USSR	?
UK	83

TOTAL US\$ = 1,084,000 x 46 Afs = 49,864,000
plus MOPH 79,500,000

1356 Total Budget = $\frac{124,364,000 \text{ Afs}}{8,800,000} = 14.7 \text{ Afs/Person Covered}$

For Budget Projection: Assumption made that total malaria budget (MOPH + foreign)
will expand at 5% rate over plan period.

- Related Facts: 1) Program Plan 1.5-1.65 million people protected with
insecticide
7 million covered by drug treatment scheme
2) Children are prominent at risk group

APPENDIX 4 - WATER SUPPLY

WATER SUPPLY - Unit Cost/Output Estimation

Plan is: 1/

1) 500 shallow wells -		
assume 100 dug at schools, serving 500 population	=	50,000
400 dug in villages, serving 250 population	=	100,000
2) 25 piped systems serving 2500 each	=	62,500
		<hr/>
Annual Total Estimated Recipients	=	212,500

Budget Total, 1356 = 50,050,000 Afs

$$\frac{50,050,000}{212,500} = 235 \text{ Afs/Recipient}$$

Assume 10 Year Depreciation, $\frac{235}{10} = 23.5 \text{ Afs/Recipient/year}$

Note that continued operation of all pumps is assumed here; many informal reports suggest that a substantial percentage of pumps are not functioning. Therefore the cost/output figure should be divided by the average percentage of wells functioning. In this example it is assumed that 75% of wells are functional.

$$\frac{23.5}{.75} = 31.33 \text{ Afs/recipient}$$

	1356	1357	1358	1359	1360	1361
Operating Cost		102,860	178,360	192,860	205,840	230,910
Equipment Replacement		36,747	44,517	44,867	40,867	42,117
Total Annual Cost (1000 Afs)	50,050 <u>2/</u>	139,657	222,877	237,727	246,707	273,027

1/ Based on Water Supply Plan 1355-61, dated Kabul 1355

2/ 1356 Revised 1 Year Workplan Figures

APPENDIX 5 - BASIC HEALTH SERVICES

BHS Cost/Output Estimation

Basic Health Centers

See attached table for detailed calculations

Budgets are projected as in 7 Year Plan

Expenditures are projected at 82% of budget, based on average of Ghazni and Parwan BHC expenditures.

Costs and Costs/Visit calculated for MOPH and Total figures for both budget and expenditure.

Services - Number of visits calculated from present average of 1st quarter 1355 and Parwan pre and post pilot study.

Access/Coverage - Parwan estimate (p. 52) 17,927 per Center; 25,000 assumed as maximal feasible figure here.

Subcenters

No calculations included here for two reasons:

- 1) No existing data/experience to suggest that subcenters can practically be staffed and operating on a large scale in the immediate future-Health Center staffs are already inadequate.
- 2) Substitution effect: travel and time required probably allow Health Center staff to see fewer patients at Subcenter than if they had stayed at Health Center.

Village Health Workers

No estimates included in BHC table due to lack of existing data or experience.

However, due to immense potential contribution that VHWs can make to increasing access to health care in remote areas where the majority of people live, a separate sample table is included.

Assumptions in this table:

- 1) A rotating fund for drug purchase and packaging will be established; drug purchases will be sufficient to cover drug costs, which are therefore not included in cost/output calculation
- 2) Total BHC budget projection includes VHW budget.

Long term financial considerations - see next page.

BASIC HEALTH SERVICES-ESTIMATED BUDGET, EXPENDITURE AND OUTPUT
Projections 1356-1361

(Budget-Expenditure in millions Afs)

	1356 4/		1357		1358		1359		1360		1361	
	Budget	Expend.	Budget	Expend.	Budget	Expend.	Budget	Expend.	Budget	Expend.	Budget	Expend.
MOPH Budget	76	62	83	69	94	77	99	81	104	85	109	89
1/ Foreign Contribution	41	41	44	44	47	47	51	51	55	55	60	60
Total	117	103	127	113	141	124	150	132	159	140	169	149
Number of Health Centers	138		148		165		174		183		193	
2/ Number of Visits/Center	16000		17000		18000		19000		20000		20000	
Cost per Visit-MOPH	34	28	33	27	32	26	30	24	28	23	28	23
-Total	53	47	51	45	48	42	45	40	43	38	44	39
3/ Population with Health Center Access (millions)	3.450	3.450	3.700		4.125		4.350		4.575		4.825	
Estimated Population (millions)		15.645	16.075		16.517		16.971		17.437		17.920	
Percent Population with Health Center Access		22%	23%		25%		26%		26%		27%	

1/ Foreign Contribution Calculation: UNICEF: _____ = 523
(8% yearly growth assumed) AID : (879-428 Construction)=451-90 (20% allocated to other MOPH) = 361
1356 Total in US\$ = 884,000 x 46 Afs = 40,664,000 Afs

2/ Visit Calculation: Average of 1) Parwan Experience, Page 49 2) 1st Quarter 1355 BHC Estimate: 149 of 327 reports = 196,950; standardized to 432,232/quarter for 104 centers: 15,800/Center/Year Assumed to grow annually by increases of 1000 till 1360.

3/ Health Center Access: Assume 25,000 people/center; (Parwan estimate, increased by 1/3)

4/ Expenditure Calculation: 1354 expenditures in Ghazni and Parwan were 87% and 77% of budget; average of 82% used here

APPENDIX 5.2

Long Term Financing and Maintenance - Village Health Program

Given any foreseeable economic situation, the GOA cannot afford to pay for unlimited access to health care reaching to rural areas. Equally important is the fact that remote rural Afghans value access to health care, and pay for it themselves now. Repeated rural studies show annual family health expenditures which average 1000 afs or more, with 300 afs directly invested in drugs. 1/

VHW Financing: It is appropriate that the VHW program be planned as an entirely self-financing system if possible. The following example is illustrative:

1. VHW's are paid by the village, probably for most visits and drugs.
2. Assume VHW drugs, prepackaged and labelled in course-of-treatment units, are issued with color-coded labels which correspond to publicly posted, fixed prices.

Assume three price levels, which are set to sell drugs cheaply, yet cover the essential training and continued supervision costs which are necessary for quality care and attention to important preventive and educational village activities.

3. VHW dispenses drugs at a set profit margin, say 2 Afs/pkg., so there is no incentive to sell high value drugs, and sells 50 packages/month or 600/year.
4. Each Health Center supervises 10-15 VHWs, and dispenses 6000-9000 packages/year, with a 1 Af/pkg margin.
5. The MOPH dispenses to 60 Centers x 6-9000 pkgs = 360 to 540,000/year.

Price/Cost Structure:

	Price VHW Dispenses	VHW Buys	BHC Buys	MOPH Buys	MOPH Margin
Red	10	8	7	5	2
Green	20	18	17	10	7
Black	30	28	27	20	7

If MOPH dispenses 500,000 pkgs at average margin of 6 Afs, total is 3,000,000 Afs or approximately similar to VHW program total operating budget estimate of 3,500,000 Afs.

VILLAGE HEALTH WORKER BUDGET AND CONTACT PROJECTIONS (Afs x 1000)

	1356	1357	1358	1359	1360	1361
Salaries	161	347	473	473	536	536
Training	90	270	420	564	726	930
Transport	134	268	336	463	470	470
Equipment	130	312	380	577	819	1118
Per Diem	137	298	444	444	496	496
Total (-Drugs)	653	1395	2052	2520	3047	3544
Drugs	900	3600	78000	13440	20700	30000
Number of BHCs	3	10	20	32	46	60
Number Villages	30	120	260	248	620	1000
Number Contacts (x1000)	23	90	195	336	518	750
MOPH Cost/Contact <u>1/</u>	29 Afs	15.5 Afs	10 Afs	7.5 Afs	6 Afs	5 Afs
Planned BHC Contacts (x1000) <u>2/</u>	2208	2516	2970	3306	3660	3860
Total Contacts (x1000) <u>3/</u>	2231	2606	3165	3642	4177	4610
Total BHC Budget/ Contact <u>4/</u> -	52 Afs	49 Afs	45 Afs	41 Afs	38 Afs	37 Afs
Total BHC Expenditure/ Contact <u>5/</u> -	46 Afs	43 Afs	39 Afs	36 Afs	34 Afs	32 Afs

- 1/ MOPH Budget only - no drug or foreign assistance allocation
2/ Calculated from BHC table, 7 Year Plan
3/ Sum of BHC + VHW Contacts
4/ BHC Budget Table, which includes VHW budget above
5/ BHC expenditure estimate, at 82% of budget

Appendix 6 - Hospitals

Alternative Hospital Plans - Outline of Three Expansion Plans

The complexity of hospital planning requires consideration of specific plans and defined assumptions regarding the many factors that affect hospital activity. Money, facilities and staff are all required and services cannot expand beyond the least available factor.

Three examples are considered for the remaining six years of the plan:

Alternative (A) - The number of hospitals and beds increase as in the present expansion plan. Expenditure per bed is held constant as are bed occupancy (70% average) and number of discharges per bed (20).

Alternative (B) - The number of hospitals and beds increase as in the present expansion plan. Expenditure per bed is increased to allow for increase in quality such as improved staffing and equipment. Bed occupancy increases from 70 to 75% and the number of discharges increases from 20 to 25 per bed.

Alternative (C) - Expansion of hospitals and beds is slowed down and concentrated in the larger regional hospitals where improvements in quality of care and utilization are most likely. Occupancy increases to 85%, and discharges increase to 30 per bed. At least one hospital is retained in each province but many small 10 to 20 bed facilities which are consistently poorly utilized and highly expensive to operate are converted to community health centers, concentrating on prevention but retaining a few beds for emergency care such as rehydration.

TABLE H-1

PROJECTED HOSPITAL CAPACITY 1355-1361

Category	Province	Hospital Name	Current Number of Beds		Planned Number of Beds				
			1355	1356	1357	1358	1359	1360	1361
2	Kabul	Wazir Akbar Khan	210	210	210	210	210	210	210
1B		Avicenna			110	110	110	110	110
1B		Jamhuriat	220	250	250	250	250	250	250
2		Chest Clinic	45	45	45	45	45	45	45
2		Maternity and Gynecology	165	165	165	165	165	165	165
2		Women's Sanatorium	75	75	75	75	75	75	75
3		Jail Hospital	52	52	52	52	52	52	52
1A		NOOR Eye Hospital	95	95	95	95	95	95	95
1C		Child Health Institute	135	170	170	170	170	170	170
1C		ENT Institute				50	50	50	50
4		Paghman	10	10	10	10	10	10	10
3	Parwan	Charekar	30	30	30	30	30	30	30
4		Kapisa	10	20	20	20	20	20	20
4	Wardak	Maidan	10	10	10	10	10	10	10
3		Behsood (2nd part)		20	20	20	20	20	20
2		Leprosy	10	10	10	10	10	10	10
4	Logar	Barakibarak	15	15	15	15	15	15	15
3	Ghazni	Ghazni	30	30	30	50	50	50	50
4		Katawaz	10	10	10	10	10	20	20
4	Paktia	Gardez	15	15	15	15	15	15	15
3		Khost	44	44	44	44	44	44	44
4		Jaji	10	10	10	10	10	10	10
4		Zormat	10	10	10	10	10	10	10
3		Orgoon	15	15	15	15	30	30	30
3		Chamkani	30	30	30	30	30	30	30

continued

TABLE H-1 Continued

Category	Province	Hospital Name	Current	Planned Number of Beds					
			# Beds	1355	1356	1357	1358	1359	1360
2	Nangrahar	Jalalabad	65	65	65	200	200	200	200
4		Shinwar (Ghanikhel)	10	10	10	10	10	10	10
4		Konarkha (Asadabad)	10	20	20	20	20	20	20
3	Laghman	Metarlam	10	20	20	20	20	20	20
3	Badakhshan	Faizabad	30	30	30	30	30	30	30
2		Drug Rehabilitation			50	50	50	50	50
3	Takhar	Takhar	15	15	15	15	15	15	15
4		Rostoq	10	10	10	10	10	10	10
4		Khwa Jaghâr						20	20
3	Baghlan	Baghlan	65	65	65	65	65	65	65
4		Pulekhumri	10	10	10	10	10	10	10
3(2)	Kunduz	Kunduz	15	15	15	15	15	200	200
4		Rhanabad	10	30	30	30	30	30	30
4		Dashte Archi		20	20	20	20	20	20
3	Samangan	Samangan	20	30	30	30	30	30	30
2	Balkh	Mazari Sharif	65	65	65	65	65	65	65
4		Balkh Woleswali	10	10	10	10	10	10	10
3	Jauzjan	Shiberghan	20	20	20	20	20	20	20
4		Aacha	10	20	20	20	20	20	20
3	Faryab	Maimana	25	25	25	25	25	25	25
4		Andkhoy	10	20	20	20	20	20	20
3	Badghis	Bala Morghab		20	20	20	20	20	20
4		Kalai Nau	10	20	20	20	20	20	20
2	Herat	Herat	70	70	70	200	200	200	200

continued

TABLE H-1 continued

Category		Hospital Name	Current # Beds		Planned Number of Beds				
Province	1355		1356	1357	1358	1359	1360	1361	
(Herat cont.)									
1A		Herat Eye Hospital			30	30	30	30	30
4		Ghoryan	10	10	10	10	10	10	10
3	Farah	Farah	20	30	30	30	30	30	30
4		Shindand	10	10	10	10	10	10	10
3	Nimroz	Nimroz	15	15	15	15	15	15	15
4	Helmand	Gereshk	15	15	15	15	15	15	15
2	Kandahar	Kandahar	100	100	250	250	250	250	250
3	Zabul	Qalat	10	30	30	30	30	30	30
3	Oruzgan	Oruzgan	10	20	20	20	20	20	20
3	Ghorat	Chakcharan	10	20	20	20	20	20	20
3	Bamiyan	Bamiyan	10	10	10	10	10	10	10
4		Yak lang		20	20	20	20	20	20
TOTAL			1946	2231	2571	2906	2921	3136	3136

TABLE H-2

PLANNED HOSPITAL BED CAPACITY BY CATEGORY

Category	Description	For Alternatives A and B						
		1355	1356	1357	1358	1359	1360	1361
1A	NOOR and Herat Eye Hospitals	95	95	125	125	125	125	125
1B	Jamhuriat and Avicenna	220	250	360	360	360	360	360
1C	Child Health and ENT Institute	135	170	170	220	220	220	220
2	Kabul and Regional Hospitals	805	805	1005	1270	1270	1470	1470
3	Provincial Center Hospitals	476	586	586	606	621	606	606
4	Small Hospitals	215	325	325	325	325	355	355
* Total		1946	2231	2571	2906	2921	3136	3136

* The total bed capacity is the same as that contained in the current version of the Hospital Program Plan (1/17/76) except in the case of Jamhuriat which is assigned a capacity of 220 beds based on a recent count.

		For Alternative C						
1A	NOOR and Herat Eye Hospitals	95	95	125	125	125	125	125
1B	Jamhuriat and Avicenna	220	250	360	360	360	360	360
1C	Child Health and ENT Institute	135	170	170	220	220	220	220
2	Kabul and Regional Hospitals	805	805	1005	1335	1335	1385	1385
3	Provincial Center Hospitals	476	586	586	586	586	611	611
4	Small Hospitals	215						
Total		1946	1906	2246	2626	2626	2701	2701

The following assumptions were made in developing the projection:

1. All hospitals in Category 4 are converted into Community Health Centers in 1356.
2. The Baghlan Hospital is upgraded from Category 3 to Category 2 in 1358.
3. 25 beds are added to Takhar Hospital in 1360.
4. The Kunduz Hospital capacity should be increased to 50 beds at the level of Category 2 in 1360.

TABLE H-3

PROTECTED Hosp. Costs - ALLEGATIVE A

Category	Information	1954	1956	1957	1958	1959	1960	1961	Y
1A (Wor)	Number of Beds	95	95	185	125	125	125	125	
	Cost per Bed	236,926	236,926	236,926	236,926	236,926	236,926	236,926	
	North Contribution	8480,000	8480,000	11,580,000	11,580,000	11,580,000	11,580,000	11,580,000	
	Foreign Aid Contribution	140,280,000	140,280,000	184,580,000	184,580,000	184,580,000	184,580,000	184,580,000	
	TOTAL	225,080,000	225,080,000	296,160,000	296,160,000	296,160,000	296,160,000	296,160,000	
1B (Countri)	Number of Beds	220	250	360	360	360	360	360	
	Cost per Bed	175,359	175,359	175,359	175,359	175,359	175,359	175,359	
	North Contribution	19,977,000	22,701,000	32,689,000	32,689,000	32,689,000	32,689,000	32,689,000	
	Foreign Aid Contribution	18,601,000	31,137,000	304,380,000	304,380,000	304,380,000	304,380,000	304,380,000	
	TOTAL	38,578,000	438,380,000	631,270,000	631,270,000	631,270,000	631,270,000	631,270,000	
1C (CHZ)	Number of Beds	135	170	170	220	220	220	220	
	Cost per Bed	156,927	156,927	156,927	156,927	156,927	156,927	156,927	
	North Contribution	14,238,000	17,929,000	23,201,000	23,201,000	23,201,000	23,201,000	23,201,000	
	Foreign Aid Contribution	6,940,000	8,738,000	11,309,000	11,309,000	11,309,000	11,309,000	11,309,000	
	TOTAL	21,178,000	26,667,000	34,510,000	34,510,000	34,510,000	34,510,000	34,510,000	
2 (Wor)	Number of Beds	805	805	1005	1270	1270	1470	1470	
	Cost per Bed	70,975	70,975	70,975	70,975	70,975	70,975	70,975	
	North Contribution	57,135,000	57,135,000	71,330,000	90,138,000	90,138,000	104,333,000	104,333,000	
	Foreign Aid Contribution	23,948,000	29,482,000	304,800,000	312,430,000	312,430,000	304,880,000	304,880,000	
	TOTAL	81,083,000	86,617,000	376,130,000	402,568,000	402,568,000	309,213,000	309,213,000	
3 (Countri)	Number of Beds	476	586	586	606	606	606	606	
	Cost per Bed	50,311	50,311	50,311	50,311	50,311	50,311	50,311	
	North Contribution	23,948,000	29,482,000	304,800,000	312,430,000	312,430,000	304,880,000	304,880,000	
	Foreign Aid Contribution	14,990,000	22,659,000	22,659,000	22,659,000	22,659,000	24,751,000	24,751,000	
	TOTAL	38,938,000	52,141,000	531,390,000	535,080,000	535,080,000	329,630,000	329,630,000	
4 (Small)	Number of Beds	215	325	325	325	325	325	325	
	Cost per Bed	69,721	69,721	69,721	69,721	69,721	69,721	69,721	
	North Contribution	15,060,000	22,659,000	22,659,000	22,659,000	22,659,000	24,751,000	24,751,000	
	Foreign Aid Contribution	3,956,900	43,903,000	57,634,000	60,205,000	60,205,000	60,205,000	60,205,000	
	TOTAL	19,016,900	66,562,000	80,293,000	82,864,000	82,864,000	84,956,000	84,956,000	
	AVERAGE COST PER BED	91,812	90,612	94,469	93,046	92,811	91,462	91,462	
	TOTAL NORTH CONTRIBUTION	138,768,000	158,386,000	185,247,000	210,333,000	211,088,000	226,620,000	226,620,000	
	TOTAL FOREIGN AID CONTRIBUTION	39,569,000	43,903,000	57,634,000	60,205,000	60,205,000	60,205,000	60,205,000	
	TOTAL	178,337,000	202,289,000	242,881,000	270,538,000	271,293,000	286,825,000	286,825,000	
	ESTIMATED NORTH BUDGET	150,146,000	171,668,000	200,399,000	227,774,000	228,120,000	244,948,000	244,948,000	

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TABLE H-4

PROJECTED HOSPITAL COSTS - ALTERNATIVE B

Category	Information	1355	1356	1357	1358	1359	1360	1361	r
1A (Major)	Number of Beds	45	95	125	125	125	125	125	
	Cost per Bed	236,922	369,884	267,920	276,480	294,704	301,272	314,752	
	MoPH Contribution	8,480,000	17,245,000	12,560,000	13,333,000	15,264,000	15,717,000	16,988,000	
	Foreign Aid Contribution	4,128,000	17,894,000	20,930,000	21,250,000	21,514,000	21,762,000	22,356,000	
	TOTAL	22,508,000	35,139,000	33,490,000	34,585,000	36,830,000	37,679,000	39,344,000	
1B (Commercial)	Number of Beds	220	250	360	360	360	360	360	
	Cost per Bed	175,334	179,240	183,212	187,272	191,422	195,644	200,000	
	MoPH Contribution	14,977,000	23,204,000	34,154,000	34,911,000	35,685,000	36,476,000	37,284,000	
	Foreign Aid Contribution	18,601,000	21,606,000	31,802,000	32,507,000	33,227,000	33,963,000	34,716,000	
	TOTAL	38,578,000	44,810,000	65,956,000	67,418,000	68,912,000	70,439,000	72,000,000	
1C (C.H.I.)	Number of Beds	135	170	170	220	221	210	220	
	Cost per Bed	156,361	191,324	220,574	232,000	247,382	265,410	294,255	
	MoPH Contribution	4,238,000	22,934,000	26,443,000	35,489,000	38,407,000	41,184,000	45,653,000	
	Foreign Aid Contribution	6,440,000	9,591,000	11,058,000	15,051,000	16,061,000	17,223,000	19,092,000	
	TOTAL	21,117,000	32,525,000	37,501,000	51,640,000	54,468,000	58,407,000	64,745,000	
2 (Ward)	Number of Beds	805	805	1005	1270	1270	1470	1470	
	Cost per Bed	70,915	77,996	85,112	94,711	103,505	113,117	125,000	
	TOTAL	57,135,000	62,787,000	86,140,000	119,622,000	131,455,000	167,208,000	185,750,000	
3 (Nursing)	Number of Beds	476	586	586	606	621	606	606	
	Cost per Bed	50,311	53,158	56,166	59,474	62,103	66,251	70,000	
	TOTAL	23,948,000	31,151,000	32,913,000	35,962,000	38,939,000	40,148,000	42,420,000	
4 (Small)	Number of Beds	215	325	325	325	325	355	355	
	Cost per Bed	69,721	69,721	69,721	69,721	69,721	69,721	69,721	
	TOTAL	14,990,000	22,659,000	22,659,000	22,659,000	22,659,000	24,751,000	24,751,000	
TOTAL NUMBER OF BEDS		1946	2231	2571	2906	2921	3136	3136	828
AVERAGE COST PER BED		41,642	102,616	108,385	114,000	120,442	127,108	136,164	625
TOTAL MOPH CONTRIBUTION		133,768,000	179,980,000	214,869,000	262,476,000	282,409,000	325,484,000	350,846,000	
TOTAL FOREIGN AID CONTRIBUTION		34,561,000	44,091,000	62,790,000	68,810,000	70,862,000	73,128,000	76,164,000	
TOTAL		178,329,000	224,071,000	277,659,000	331,286,000	353,271,000	398,612,000	427,010,000	
ESTIMATED MOPH BUDGET		150,146,000	147,164,000	232,087,000	283,292,000	304,785,000	351,317,000	318,603,000	16.67

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TABLE H-5

PROJECTED HOSPITAL COSTS - ALTERNATIVE C

Category	Information	1355	1356	1357	1358	1359	1360	1361	r
1A (Nursing)	Number of Beds	95	95	125	125	125	125	125	
	Cost per Bed	236,926	369,884	267,820	276,680	294,784	301,272	314,752	
	MOPH Contribution	8,480,000	17,245,000	12,560,000	13,333,000	15,264,000	15,717,000	16,988,000	
	Foreign Aid Contribution	14,028,000	1,789,000	2,093,000	2,125,200	2,157,400	2,194,200	2,356,000	
	TOTAL	22,508,000	35,139,000	33,490,000	34,585,000	36,838,000	37,659,000	39,344,000	
1B (Sanitorial)	Number of Beds	229	250	360	360	360	360	360	
	Cost per Bed	175,354	179,240	183,212	187,271	191,427	195,444	200,000	
	MOPH Contribution	19,977,000	23,204,000	34,154,000	34,911,000	35,685,000	36,476,000	37,284,000	
	Foreign Aid Contribution	13,601,000	21,626,000	31,802,000	32,507,000	33,227,000	33,963,000	34,716,000	
	TOTAL	38,578,000	44,810,000	65,956,000	67,418,000	68,912,000	70,439,000	72,000,000	
1C (C.M.I.)	Number of Beds	135	170	170	220	220	220	220	
	Cost per Bed	156,807	191,324	220,554	232,000	247,521	265,476	294,205	
	MOPH Contribution	14,238,000	27,934,000	26,443,000	35,989,000	38,107,000	41,184,000	45,653,000	
	Foreign Aid Contribution	6,940,000	9,591,000	11,058,000	15,051,000	16,061,000	17,223,000	19,092,000	
	TOTAL	21,177,000	32,525,000	37,501,000	51,040,000	54,168,000	58,407,000	64,745,000	
2 (Nursing)	Number of Beds	805	805	1,005	1,335	1,335	1,385	1,385	
	Cost per Bed	70,225	77,594	85,712	94,191	103,805	113,747	125,000	
	TOTAL	57,135,000	62,787,000	86,140,000	125,745,000	138,153,000	157,540,000	173,125,000	
3 (Sanitorial)	Number of Beds	176	586	586	586	586	611	611	
	Cost per Bed	50,311	83,158	56,166	59,344	62,703	66,751	70,000	
	TOTAL	23,948,000	31,151,000	32,913,000	34,776,000	36,744,000	40,479,000	42,770,000	
	TOTAL NUMBER OF BEDS	1731	1906	2246	2626	2626	2701	2701	770
AVERAGE COST PER BED	44,365	108,296	113,450	119,407	127,626	134,759	145,726	744	
TOTAL MOPH CONTRIBUTION	12,377,800	15,732,000	19,221,000	24,475,400	26,428,300	29,139,600	31,582,000		
TOTAL FOREIGN AID CONTRIBUTION	39,569,000	49,091,000	63,770,000	68,319,000	70,864,000	73,128,000	76,164,000		
TOTAL	163,346,000	206,447,000	256,000,000	313,564,000	335,145,000	364,524,000	391,984,000		
ESTIMATED MOPH BUDGET	13,335,700	16,425,100	20,670,900	26,319,800	28,421,500	31,352,600	33,979,900	16,87	

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HOSPITAL INPUT AND OUTPUT DATA - 1954

Category	Province	Hospital Name (IP:OP)	No. of Beds	MoPH Budget	Foreign Aid Budget	Total Budget	Total Expenditures	Expenditures Budget %	Number of Discharges	Average Length of Stay	Patient Days	Bednet Patient Days	Occupancy Rate %	Cost per Bed (CpB assuming IP:OP)	Cost per Discharge (CpD assuming IP:OP)	Cost per Patient Day (CpPD assuming IP:OP)	Physician or R.N. Visits	Cost per Physician or R.N. Visit assuming IP:OP
4	Ghaeni	Kafrawa (IP:OP = 30:50)	10	513,760		513,760	535,055 ⁽¹⁾	98	71	65	187	3650	14	53,224 (26,615)	400 (340)	133 (100)		
4	Bowran	Vapisa (IP:OP = 40:40)	10	865,204		865,204	629,400 ⁽¹⁾	73	132	65	398	2650	24	62,271 (37,760)	470 (296)	128 (100)		
4	Takhar	Rostog (IP:OP = 60:40)	10	595,015		595,015	420,201 ⁽¹⁾	71	121	81	305	3652	27	47,200 (25,511)	520 (23,000)	112 (100)		
3	Takhar	Taloqan (IP:OP = 85:15)	15	1,120,305		1,120,305	912,302 ⁽¹⁾	81	113	71	420	5025	30	63,311 (33,300)	420 (290)	125 (100)		
		Small Hospitals Totals or Weighted Average (IP:OP = 16:34)	45	3,125,000		3,124,000	2,527,000	81	244	31	6216	14,425	41	56,441 (37,500)	230 (170)	127 (100)		
3	Bowran	Charikar (IP:OP = 75:25)	30	1,757,215		1,757,215	1,531,000	87	303	67	550	10250	34	51,000 (38,000)	170 (120)	129 (100)		
3	Ghaeni	Ghaeni (IP:OP = 75:25)	30	1,580,840		1,580,840	1,351,409	85	160	72	420	10250	44	45,000 (33,700)	300 (160)	125 (100)	20 ⁽¹⁾ (15)	16.37
3	Bajlan	Bajlan (IP:OP = 70:30)	65	2,463,371		2,463,371	2,367,201	96	126	66	830	33725	35	36,000 (25,000)	180 (110)	122 (100)		
		Provincial Hospitals Totals or Weighted Average (IP:OP = 72:28)	125	6,801,400		6,801,400	6,250,000	91	2816	68	19,000	45,625	42	47,000 (30,000)	180 (120)	123 (100)		
2	Kabul	Women's Maternity Hosp (IP:OP = 85:15)	165	18,490,000		18,490,000	15,006,302 ⁽¹⁾	81	12,900	44	57,200	10,225	95	90,000 (77,000)	140 (80)	125 (100)	144 ⁽¹⁾ (120)	125.00
2	Kabul	Wazir Akbar Khan (IP:OP = 85:15)	210	16,363,055		16,363,055	15,119,000 ⁽¹⁾	92	5,300	12.2	65,150	76,650	85	71,000 (61,000)	280 (240)	129 (100)	43 ⁽¹⁾ (35)	52.31
1B	Kabul	Embriyat (Avicenna) (IP:OP = 85:15)	100	11,392,000	1,958,000	3,097,700	2,942,400 ⁽¹⁾	95	1,800	15.0	27,000	36500	27	294,000 (250,000)	15,000 (13,000)	100 (85)	51 ⁽¹⁾ (45)	8.00
1C	Kabul	Child Health Institute (IP:OP = 90:10)	125	11,840,000	7,305,000	19,151,000	17,510,000 ⁽¹⁾	93	8,300	6.0	49,800	149,750	101	131,000 (113,000)	2,000 (180)	100 (80)	80 ⁽¹⁾ (60)	22.0

(1) Data collected with assistance of Dr. Wahabzadeh directly from institution
 (2) Data from Institutions in Afghanistan Hospitals - 1953 figures
 (3) IP:OP means the ratio of Inpatient to Outpatient activity or effort - figures assumed
 (4) Assumed same average length of stay as Kafrawa Hospital
 (5) From 1954 MoPH Discharge Report

(6) Calculated from MoPH Discharge Report
 (7) Extrapolation from data for 1st quarter, 1955 collected from Ghaeni Hospital with assistance of Dr. Wahabzadeh
 (8) Report received from Curative Medicine Dept.
 (9) Assumed occupancy rates, since data provided occupancy rates that were unrealistically low.

(10) Figure from the MoPH Administration Dept.
 (11) Figure derived from sample of patient records
 (12) Assumed figure on advice of Care Medico
 (13) Figure derived from MoPH expenditure process applied to foreign aid contribution as well.

Appendix 6.1 - MOST RECENT CURATIVE EXPENDITURE PROJECTIONS

Table H8 presents the most recent budget plans for the Department of Curative Medicine for 1356-6i. Expenditure data have been estimated by assuming that 90% of total budgets will be spent. The pattern of increases in 1356 over budgets for 1355, by institution, follows no desirable pattern. There is a four fold increase in overhead and central administrative expenses in 1356 over 1355.

The table includes a bar graph in the lower right hand corner illustrating the cost per bed of the group 2 (regional), group 3 (provincial) and group 4 (small) hospitals. In thousands of Afs there are, 119, 92 and 126 respectively.

When one considers that the number of discharges per bed decreases sharply from group 2 to group 4, the stark reality of the gross inefficiency of these small hospitals is even more outstanding.

As staffing availability is no more assured for this plan than any other, the 71% increase in Hospitals Budget between 1355 and 1356 seems a very questionable allocation.

(ALL FIGURES, EXCEPT NUMBER OF BEDS, IN THOUSANDS OF ARI)

HOSPITAL CATEGORY	INFORMATION	1955	1956	1957	1958	1959	1960	1961	NOTES	
1A (Nona)	NUMBER OF BEDS	95	95	125	125	125	125	125	(1) This total reflects the government pay raise that was announced in March, 1976, while MoPH contributions listed by hospital category for 1955 do not, since no breakdown of the effect of this pay raise was available by hospital	
	COST PER BED	237	370	268	277	295	301	315		
	MoPH CONTRIBUTION	848.0	1,724.5	1,256.0	1,333.3	1,526.4	1,571.7	1,698.8		
	FOREIGN AID CONTRIBUTION	1,402.8	1,789.4	2,093.0	2,125.2	2,157.4	2,194.2	2,235.6		
	TOTAL	2,250.8	3,513.9	3,349.0	3,458.5	3,683.8	3,765.9	3,934.4		
1B (District)	NUMBER OF BEDS	220	250	360	360	360	360	360	(2) From 1956-1961, the average MoPH Contribution per bed for that particular year was used to estimate the MoPH Contribution for each category	
	COST PER BED	174	175	183	186	189	192	196		
	MoPH CONTRIBUTION	1,975.0	2,215.7	3,391.4	3,459.3	3,487.2	3,503.3	3,572.2		
	FOREIGN AID CONTRIBUTION	1,860.1	2,160.6	3,180.2	3,250.7	3,322.7	3,396.3	3,471.6		
	TOTAL	3,835.1	4,376.3	6,571.6	6,710.0	6,809.9	6,899.6	7,043.8		
1C (C.M.I.)	NUMBER OF BEDS	135	170	170	220	220	220	220	(3) Overhead Calculations based on Central Organization Budgets	
	COST PER BED	156	188	205	211	217	223	234		
	MoPH CONTRIBUTION	1,410.2	2,240.8	2,381.8	3,144.1	3,169.4	3,184.1	3,246.7		
	FOREIGN AID CONTRIBUTION	694.0	959.1	1,105.8	1,505.1	1,606.1	1,722.3	1,909.2		
	TOTAL	2,104.2	3,199.9	3,487.6	4,649.2	4,775.5	4,906.4	5,155.9		
2 (Ward)	NUMBER OF BEDS	805	805	1005	1270	1270	1470	1470	Nursing Dept. 931 1003 80. ANM School 2076 7008 22. Pathology Dept 1414 1597 25. Central Labs 2797 5552 25. Dental Clinic 4211 6408 0. X Ray Dept. 5175 7233 25. NM Sch Mangrohar 1940 3083 80. Male Nursing Sch 879 80. Kerat Nursing Sch 1241 80. Kandahar Nursing Sch 1241 80. Total 18544 35245	
	COST PER BED	71	107	113	116	117	117	119		
	TOTAL	56972	85880	113963	146899	148083	172194	175580		
	RESIDENCY	6227	912	33588	89.6					
	50% of the overhead was applied to categories on the basis of their proportion of the total budget; 50% on the basis of the proportion of the number of the hospitals in the category.									
3 (Branch)	NUMBER OF BEDS	476	586	586	606	621	606	606	50% of the overhead was applied to categories on the basis of their proportion of the total budget; 50% on the basis of the proportion of the number of the hospitals in the category.	
	COST PER BED	57	82	87	89	90	90	92		
	TOTAL	27341	48125	51153	53959	55741	54645	55720		
	RESIDENCY	6227	912	33588	89.6					
	50% of the overhead was applied to categories on the basis of their proportion of the total budget; 50% on the basis of the proportion of the number of the hospitals in the category.									
4 (Small)	NUMBER OF BEDS	215	325	325	325	325	355	355	50% of the overhead was applied to categories on the basis of their proportion of the total budget; 50% on the basis of the proportion of the number of the hospitals in the category.	
	COST PER BED	83	113	120	122	123	124	126		
	TOTAL	17826	36694	39003	39785	40105	44009	44875		
	RESIDENCY	6227	912	33588	89.6					
	50% of the overhead was applied to categories on the basis of their proportion of the total budget; 50% on the basis of the proportion of the number of the hospitals in the category.									
TOTAL NUMBER OF BEDS		1946	2231	2571	2906	2921	3136	3136		
AVERAGE COST PER BED		99	118	127	128	130	129	132		
TOTAL MoPH CONTRIBUTION		1,535.82	2,152.62	2,636.77	3,040.07	3,080.39	3,322.37	3,387.71		
TOTAL FOREIGN AID CONTRIBUTION		3,956.9	4,909.1	6,379.0	6,881.0	7,086.2	7,312.8	7,616.4		
GRAND TOTAL		1,921.51	2,443.53	3,274.67	3,728.17	3,789.01	4,053.65	4,149.36		
PROPOSED MoPH BUDGET		1,695.36	2,391.81	2,927.94	3,377.85	3,422.66	3,691.52	3,764.12		
PROPOSED MoPH BUDGET WITH 5% INFLATION RATE				3,074.34	3,724.08	3,962.16	4,487.06	4,804.08		
The small numbers indicate the number of institutions in each category										
CATEGORY										

Appendix 7 - Manpower Analysis

Manpower Projections - 1355-1361

To realistically attempt the achievement of the seven year plan, sufficient manpower must be available for each category of health worker. Projected manpower needs were gathered from the seven year plans for each program. Where no needs were specified, estimates were made for each year on the basis of the present ratio of manpower to program output. Total personnel requirements were then calculated for each category of worker.

Estimates were made of manpower production from the number of new personnel completing their training for each year 1355-61, in each category.

In computing manpower needs in each year the following assumptions were made:

1. Five percent of workers in each category leave their employment each year.
2. All graduates on completing their training immediately become available for employment by the MOPH.
3. The same proportion of hospital workers to hospital beds is maintained through 1361.

Unfortunately the data relating to current actual employment and of manpower production were difficult to obtain, and in fact were exceeded in their inconsistency only by certain kinds of health output data which are much more difficult to obtain in general. Frequently figures from different sources for numbers of present employees in one institution differed by as much as 100%.

Table M-1 shows the projections for doctors. There will be no shortage except in 1356. By the end of the plan period there will be a substantial excess of doctors which will continue to grow unless output by Kabul University is limited.

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Table M-2 shows a serious shortage of nurses throughout the planning period. It was assumed that existing and planned nursing schools will graduate their full quotas and that all will be available for employment by the MOPH. Clearly actual shortages may be more serious than the table suggests.

Table M-3 shows that an early shortage of ANMs is abolished by 1360.

Table M-4 projects the considerable demand for lab technicians.

Supply figures were not available.

Table M-5 demonstrates a serious shortage of sanitarians. Since sanitarians play a significant part in all rural health programs, this poses a serious problem.

HEALTH MANPOWER PROJECTIONS - DOCTORS

year	Projected Requirements				Projected Supply	Difference	
	BHS	Hospital	Others	Total			
1355	115	433	83	631	584	-	47 *
1356	150	501	83	734	685	-	49 *
1357	165	573	95	833	836		3
1358	183	631	104	918	944		26
1359	192	644	106	942	1102		160
1360	201	685	107	993	1267		274
1361	211	689	109	1009	1433		424

TABLE M-2

HEALTH MANPOWER PROJECTIONS - NURSES

PROJECTED REQUIREMENTS

PROJECTED
SUPPLY

DIFFERENCE

YEAR

BHS

HOSPITAL

OTHERS

TOTAL

1355

106

782

37

925

790

- 135*

1356

141

780

42

963

820

- 143*

1357

156

891

44

1091

849

- 242*

1358

174

1002

50

1226

909

- 317*

1359

183

1006

50

1239

991

- 248*

1360

192

1077

50

1319

1046

- 273*

1361

202

1081

50

1333

1064

- 269*

Addendum to the FINANCIAL ANALYSIS, Ministry of Public Health
Republic of Afghanistan, Kabul, January 1977

FOREIGN ASSISTANCE

At present levels, foreign assistance accounts for a substantial amount of total spending in health services. The Financial Analysis has included much of this assistance in calculating costs but a great deal more foreign spending in health services remains obscure and difficult or impossible to estimate. While this subject is perhaps sensitive it is of great importance to the Ministry of Public Health.

PROBLEMS with foreign assistance include:

- 1) Financial and other resource data are difficult to come by. When provided by foreign donors, financial data usually reflect donor spending from the donor's point of view.
- 2) There is little systematic approach to keeping track of foreign assistance currently being given to the Ministry of Public Health.
- 3) There is no set of accounting rules for estimating the value to Afghanistan of foreign assistance. It is particularly difficult to estimate the value of foreign experts and the value of supplies and equipment.
- 4) The Ministry of Public Health is rarely able to predict the level of foreign assistance in future years.
- 5) Frequently foreign assistance is restrictive and narrow in focus. Often it does not correspond to Afghan plans and priorities.

6) There is apparently no systematic catalogue of foreign aid potential. As a result, opportunity may be missed for significant help. This problem seems serious in the area of training for Afghans.

7) The ordinary budget and personnel implications of foreign assistance development budget expenditures are not always calculated. Failure to do this can lead to the inadvertent commitment of scarce Afghan resources in later years when foreign financial support for a program may be withdrawn. (Ref. 6.2.2 above, TB/Leprosy program and regional and provincial TB Centers, and recent experience in the malaria program.)

SUGGESTIONS

Some of these problems seem chronic and intractable, such as 4 and 5 above. Others can be overcome provided the Ministry of Public Health mobilizes the necessary time and talent. This effort should be led by the President of Foreign Relations, with appropriate liaison with the other departments of the Ministry of Public Health.

The President of Foreign Relations should:

1) Collect accurate data on all foreign assistance currently being given the Ministry of Public Health. This information should be organized: a) by program, b) by donor, and c) by type of assistance (advisory personnel, service personnel, equipment, supplies, direct grants of funds or loans).

2) List the programs and program elements to which additional foreign help might usefully be applied. This "shopping list"

should be kept up to date by frequent revision. It can be shown to any foreign donor who expresses interest in providing help in the health area.

3) List the present foreign assistance opportunities which are either not being exploited at all or which are currently being under-exploited.

4) Establish accounting rules for estimating the value of foreign assistance. E.g. a) Equipment and supplies might be valued at replacement cost in Afghanistan. b) Foreign experts should be considered a development expense when advising. They should be considered ordinary budget expense when providing professional or technical services (including teaching). Ignore costs of transport to and from Afghanistan (unless such assistance could be diverted to other uses in Afghanistan). Their maintenance costs in Afghanistan should be included.

5) Calculate the ordinary budget implications of all foreign assistance to capital spending. Include maintenance expense.

The financial analysis capability in administration should be able to assist in accomplishing these last two objectives.

SUGGESTED STRATEGIES TO IMPROVE FOREIGN AID IN VOLUME AND EFFECTIVENESS

1) Each donor has its own peculiar range of interests, proposal formats, and reporting and evaluation requirements. A file on each donor should list these special attributes. As regards the last three, the Ministry of Public Health should ensure in each case that these are followed as conscientiously and accurately

as possible.

2) For each program to which foreign help is given there is usually a schedule of planned achievement and an agreed level of Afghan contribution and investment. For each program, the appropriate senior Ministry of Public Health official should be designated the "Program Director". In addition to executive authority for managing the program, -

(i) he must be aware of the details of scheduling and of the Afghan commitment.

(ii) He must be responsible for seeing that the schedule is adhered to and that the Afghan input is delivered.

(iii) He must have direct liaison with the foreign donor's local representative(s).

(iv) He must be responsible for prompt reporting of lags in either component to the President of Foreign Relations. The President of Foreign Relations should see that appropriate action is taken to improve performance. If this is not possible, an explanation should be given the foreign donor.

3) Training Afghans in foreign countries is a mixed blessing. There are language problems. Frequently, particularly in developed countries, the training is grossly inappropriate to the realities of life in Afghanistan. Yet the opportunity for financing such training is frequently missed. This suggests, - a) that foreign language proficiency be actively encouraged and b) wherever possible training abroad should be supplanted by training in Afghanistan, importing the appropriate foreign expertise and organizing instruction to suit local needs. Management and maintenance are two areas of weakness where pay off with this strategy would be high.

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4) Among developing countries Afghanistan is particularly deserving of foreign help and health services are held in high priority by donors. In most donor countries and in most international agencies there is broad concern that assistance be used effectively. Frequently there is the impression that extensive resources are thrown at a problem and the payoff is low. There is concern, frequently justifiable, that little help has finally reached the target population at whom the help was aimed. At the same time wide publicity has been given the fortunately rare instances of frank corruption and misuse of funds in certain other recipient countries (e.g. South East Asia and South Korea).

Against this background of international reality it is wise to demonstrate whenever possible that ^a donor's aid has been used effectively. This is far better than effusive thanks. The donor agency can use such pictorial and other evidence to support continuing aid and to encourage higher levels of assistance. Successes must be carefully documented and given wide publicity.

When senior Ministry of Public Health officials travel abroad they should be thoroughly briefed regarding relevant past and present aid, and current problems and prospects for future aid.

5) At the present stage of development in Afghanistan, maintenance of physical plant and equipment is generally poor. It would be prudent to include, in any agreement with a foreign donor, provision for maintenance support of the new plant and equipment. Rarely will a foreign donor undertake such an indefinitely long-term financial commitment. However, it may

occasionally be possible to persuade a donor to set aside a lump sum which could be invested as a trust fund, the interest from which would help meet maintenance expense. Assurances in the short term for foreign expertise to train Afghans in maintenance and repairs can be obtained more easily. No opportunity should be missed to include such provision in the original agreement.

6) The Ministry of Public Health has shown wisdom and prudence in dealing with the political sensitivities of donors. Occasionally external politics prevent cooperation among donors. Usually they don't, but there is the natural tendency among donors to "do their own thing" and cooperation among them does not often occur spontaneously. In certain key areas, such as the training of hospital workers and specialists and the training and upgrading of Basic Health Services staff, cooperation among donors can greatly enhance the impact of their individual efforts. Such cooperation must be carefully planned and directed by the Ministry of Public Health. In other jurisdictions it has been proven that a recipient nation can receive more technical assistance when dealing with a consortium of donors than when dealing with each donor separately.

7) There is a natural tendency among donors to prefer projects with immediate impact and high visibility. On the other hand longer term projects with less obvious outputs may better serve Afghanistan's needs. Special effort will be required to attract foreign aid to these areas. Often the donor has a predilection for aid to a specific target group, such as the rural

population, and will not immediately see the relevance of assistance to such central projects as generic drug procurement, packaging and labelling. Yet no single effort can help the rural population more than adequate supplies of cheaper and better drugs. Such linkages between favoured target populations and priority Ministry of Public Health projects need dramatic and convincing presentation to potential foreign donors.

8) Training of Afghans deserves special mention because of the enormity of the task and the special contribution which foreign donors can make. Audio-visual programs of instruction, made, and periodically upgraded, in Afghanistan, can accelerate and improve the program of training. These techniques can be particularly helpful in training and upgrading nurses, nurse assistants (practical nurses), Basic Health Center staffs and village health workers. Foreign expertise and funds can and should play a major role in this effort. Audio-visual aids can also be produced in both Dari and Pushtu for health education of rural Afghans in Basic Health Centers. Basic concepts of nutrition and sanitation can best be imparted to non-literate groups in this way.

These observations on foreign assistance are not comprehensive. They include only the key elements which are required to improve the level and effectiveness of foreign assistance in health. The President of Foreign Relations will require sufficient staff of high quality to achieve these important objectives for the Ministry of Public Health.