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# FAMILY PLANNING IN MALAWI

## AN ANNOTATED BIBLIOGRAPHY



Report Series: No.3

USAID Contract No. 623-0238-C-00-4058-00, Support to AIDS  
and Family Health (STAFH) Project 612-0238

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*FAMILY PLANNING IN MALAWI:*

*AN ANNOTATED BIBLIOGRAPHY*

*Acknowledgements*

*The authors would like to express their appreciation for the cooperation of the staff of the many libraries, government offices, NGO's, donor agencies and others who were kind enough to allow us look through their files, bookshelves and cabinets to find the reports, books, and articles we have recorded for this bibliography.*

*Support for the project was provided by JSI-STAFH with funds from the U.S. Agency for International Development (USAID) under cooperative agreement No. 6332-0238-C-00-4058-00. Views expressed in this report do not necessarily reflect those of the funding agencies.*

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## INTRODUCTION

*As global awareness of the negative socio-economic effects of rapid population growth on the country's resources and on sustainable development has increased in recent years, family planning has become increasingly important. While it is true that family planning does not change the risk of death a woman faces once she becomes pregnant, by reducing the number of pregnancies, particularly unwanted and poorly-timed ones, family planning can significantly reduce related deaths.*

*The Malawi Family Planning (Child Spacing) Programme was established in 1984, following the Government's realisation and appreciation of the inter-relationship between and impact of the rapid population growth rate in Malawi and development. Since then, there have been various efforts by the Government, non-governmental organizations (NGOs) such as the church, private organisations and individuals, to create contraceptive awareness and provide services as widely as possible in the country. These efforts have realized a modest increase in the contraceptive prevalence rate from 1.6% of all women aged 15 - 49 years in 1984, to 7.0% of all married women in 1992. These efforts include policy publications, and the establishment of the National Family Welfare Council of Malawi with the mandate to coordinate family planning activities in the country.*

*However, missing from these activities has been a major comprehensive bibliographic work, readily available for easy reference to those engaged in family planning work, be it research or policy-making. This bibliography has been compiled to fill that gap. The bibliography records documents: books, journal articles, pamphlets, conference papers, and other relevant material, both published and unpublished, in the field of family planning. The major objective of this bibliography is to make family planning information more widely available to those involved in family planning work in Malawi. This bibliography has revealed one thing, there is a considerable amount of work being produced in Malawi on family planning. Unfortunately, in the absence of a reference source like this bibliography, much of this literature could not be accessible to those who may need it. While this bibliography makes no claim to be exhaustive, it represents a collection of most relevant contributions to family planning literature in Malawi. Documents cited in this bibliography relate to family*

*planning/child spacing and contraceptives, including use of condoms as a means of child spacing. The bibliography contains two types of entry: periodical articles and books. Periodical entries give the conventional bibliographic information. Book entries give author, author's address, title, place, publisher, date, pagination, descriptors, abstract and location. The bibliography is presented in alphabetical order by author, preceded by a Master File Number (001-117). Two indexes, author and subject, are placed at the end of this bibliography.*

**Location:**

*Documents cited are located in different libraries, documentation centres and offices in the country. The location therefore, is a place where the document is available.*

**Selection:**

*Selection of documents was made on the basis of the following criteria:- the document had to be relevant to the study of family planning, be Malawian and in addition, the document had to be available in Malawi. The subject coverage is family planning in its broadest sense.*

**Descriptors:**

*The bibliographic descriptors were selected by using a technical tool known as Macrothesaurus for Information Processing in the Field of Economic and Social Development, 1985 edition.*

**Annotation:**

*The annotations have been compiled on the basis of introduction, contents and conclusions of the documents. Author's abstracts have been used where available. In some cases the annotations have been shortened.*

**Updating:**

*Efforts will be made to update the bibliography at least twice a year. This is to ensure that the bibliography is kept current.*

## LIST OF ABBREVIATIONS

ACP	AIDS Control Programme
CC	Chancellor College
COM	College of Medicine
CSR	Centre for Social Research
DU	Demographic Unit, Chancellor College
DREA	Department of Research and Environmental Affairs
EC	European Community
GL	Geography Department, Chancellor College
KCN	Kamuzu College of Nursing
LSHS	Lilongwe School of Health Sciences
MOH	Ministry of Health
MWCACS	Ministry of Women and Childrens Affairs, Community Development and Social Welfare
NA	National Archives of Malawi
NFWCM	National Family Welfare Council of Malawi
NSO	National Statistical Office
QECH	Queen Elizabeth Central Hospital
UNICEF	United Nations Children's Emergency Fund
UNFPA	United Nations Fund for Population Activities
USAID	United States Agency for International Development
ZSN	Zomba School of Nursing

## THE BIBLIOGRAPHY

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001 Ackernman, L.; Chang, J.; Han, K.; Rolin, A.

---

A proposal for Management Training for District Child Spacing Implementation.

xii + 17p., Map. Ref.

*Management Training/Child Spacing/Malawi*

\* This project presents one part of a comprehensive plan necessary for the achievement of Malawi's child spacing mandate. The goal and objectives of the Management Training for District Child Spacing Implementation are:- to improve administrative and management capabilities within the Ministry of Health, specifically for the successful integration and operation of a child spacing programme at the regional and district levels using a Primary Health Care approach; to establish an administrative infrastructure for child spacing programme within maternal and child health; and to train selected key health officials in new operational and management strategies.

Location: USAID

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002 Anon

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The Training of Trainers Workshop for the Trainers of Outreach Workers, Ekwendeni Child Spacing Project- 20-30 June, 1993

13p.

*Outreach Workers/Child Spacing/Ekwendeni/Malawi*

\* Report of a seven day workshop for the trainers of outreach workers from Ekwendeni and Malamulo Child Spacing Project in Malawi, held from 20 to 30 June, 1993. 14 participants attended the workshop. The main thrust of the workshop was inter-personal communication skills, especially the transaction of messages about contraception with individuals and groups.

Location: USAID

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003 Atkinson, B

*JSI  
1100 Wilson Boulevard  
9th Floor, Arlington, VA  
22209 USA*

---

Malawi Ministry of Health MCH/Child Spacing Programme National Contraceptive Inventory and Logistics System Review, June 23 -July 24, 1988.

*Maternal and Child Health/Child Spacing/Contraceptive Inventory/Malawi*

\* The purpose of this field visit to Malawi was to perform a nationwide physical inventory of contraceptive supplies and to review the logistics system of Child Spacing Programme. Between June 26 and July 18 the inventory and review were accomplished in all the 24 District Hospital Pharmacies and clinics. In addition, visits were made to 5 child spacing clinics below the district level.

Location: UNICEF/USAID

---

004 Atkinson, B.; Nkera, W. R.

*1616 N. Fort Myer Drive  
11th Floor, Arlington,  
Virginia 22209*

---

Logistics Systems and Contraceptive Supply Status. Review: Malawi Child Spacing and AIDS Control Programme.

22p. Ill.

*Child Spacing/AIDS/Contraceptive Supply/Malawi*

\* Report of a visit by the authors who visited Malawi from January 21 to February 21, 1993. The purposes of the visit were to prepare the CY 1993 contraceptive procurement tables (CPTs), and the FY 1993 financial requirements, to design an improved, comprehensive distribution system for AIDS prevention condoms which is integrated with the contraceptive distribution system of the Child Spacing Programme, including the system as appropriate, STD drugs and other AIDS control and prevention commodities.

Location: USAID

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005 Banda, E.E.

*University of Malawi  
Kamuzu College of Nursing  
P/Bag 1  
Lilongwe 3*

---

Child Spacing and Health Education in Malawi Issues and Problems.

Lilongwe: University of Malawi, 1986  
10p. Ref.

*Child Spacing/Health Education/Malawi*

\* Presents some observations made by the author while working with families in some communities in Malawi as this relates to family health care education on population issues. Draws attention to all persons involved in working with families on matters affecting Child Spacing. Focusses on certain subtle issues that may be overlooked by health professionals in their day to day work.

Location: UNICEF

33

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006 Banda, D.E.

*National Family Welfare Council of Malawi  
P/Bag 308  
Lilongwe 3*

---

Report on Nkhoma Community Based Distribution (CBD) Baseline Survey

Lilongwe: NFWCM., 1993  
viii + 28p. Ill., Tables

*Community-based Distribution/Baseline Survey/Malawi/Contraceptives*

\* The study was undertaken to establish baseline information on which the Community Based Distribution programme would be evaluated, and would form part of the wider CBD programme component evaluation. The study involved visiting forty-six villages in the three areas of Chitekwere, Milamba and Chimbalanga. All women aged 15-49 years were interviewed. Two focus group discussions with the community were also conducted with the aim of ascertaining knowledge, attitudes and practices of the communities. The results of the study have shown that 52.8% of females interviewed have never been to school. Over half of the females reported to have given birth to at least four children. Awareness of family planning methods was found to be quite high, registering 96% for knowing at least one modern method of contraceptives.

Location: NFWCN

---

007 Bandawe, C

*University of Malawi  
Medical College  
P/Bag 360  
Blantyre*

---

An initial enquiry into child spacing attitudes in rural Malawi

Blantyre: Medical College, 1991.

*Child Spacing/Rural Malawi*

Location: COM

---

008 Boerma, T.

---

Family Planning and UNICEF in Eastern and Southern Africa

12p., Tables

*Family Planning/ESARO/Malawi*

\* Provides the background to the formation in July 1985, of a Working Group on Fertility and Family Planning in ESARO. The main task of the Working Group was to study the possible role that UNICEF could play in Family Planning in their region. Malawi's family planning programme levels at that time was classified as weak. It is further reported that Malawi, which is one of the most densely populated countries in Africa, changed her policy and was publicly committed to advocacy of Child Spacing, but not family planning parse.

Location: UNICEF

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009 Bush, R.D.

*JSI  
US Bureau of Census  
Virginia 22209  
USA*

---

Malawi: Maternal and Child Health/Child Spacing Management Information System Review and Draft Project Document, 1990.

ii+28p.

*MCH/Child Spacing/Information System/Malawi*

\* Report of a visit to Malawi by the author. The purpose of the visit was to review the current situation in order to determine if the conclusions and recommendations in the original reports were still valid and develop a detailed description, schedule, and budget for a programme to support the improvement of the Health Information System. The report emphasizes Maternal and Child Health and Child Spacing.

Location: USAID

---

010 Bush, R.D.

*US Bureau of Census  
Virginia 22209  
USA*

---

Diagnosis of MCH/Family Planning Management Information System, 1990

17p.

*MCH/Family Planning/Management Information/Information System/Malawi*

\* Report of a visit to Malawi by the author to review the current situation and determine the conclusions and recommendations made in the original report. The mission was to develop a detailed description, schedule and budget for a programme to support the improvements for the Health Information Systems (HIS), particularly relating to Maternal and Child Health and Child Spacing (MCH/CS), of the Malawi Ministry of Health.

Location: UNICEF/USAID

---

011 Chibwana, T.

---

The social enterprise approach to child spacing education and service delivery

In: *National Workshop on Population-Development Projects and Programme Implementation* (1990: Lilongwe).

Lilongwe: Office of the President and Cabinet, 1990.- Vol 2.

*Malawi/Population/Family Planning/Birth Intervals/Health Education*

Location: MOH

---

012 Chinyama, R.

*Ministry of Health  
P.O. Box 30377  
Lilongwe 3*

---

Child spacing in Malawi

*In: Malawian Nurse, vol. 2 No. 1, 1986  
pp. 10., Ref.*

*Child Spacing/Malawi*

\* The article reports on the workshop organized by the Ministry of Health in 1981 in which Maternal and Child Health (MCH) services were reviewed. After examining the impact of these services on the health of the family, it was realized that closely spaced pregnancies was one of the main contributing factors of high mortality and morbidity among mothers and children. Participants of the workshop recommended therefore, the introduction of child spacing into the existing Mother and Child Health Services.

Location: KCN/MOH

---

013 Chinyama, R.

*Ministry of Health  
P.O. Box 30377  
Lilongwe 3*

---

An overview of the National Child Spacing Programme in Malawi

Lilongwe: Ministry of Health, 1986

*Child Spacing/Government Programmes/Malawi*

\* Report presented at a workshop on 'Incorporating Population Themes in Teaching and Research in Agricultural Training Institutions in Malawi, 7-11 April, 1986. Provides an overview of the National Child Spacing Programme launched by the government.

Location: MOH

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014 Chinyama, R

*National Family Welfare Council of Malawi  
P/Bag 308  
Lilongwe*

---

Population Programmes and Policies for the 1990s: National Family Welfare Council of Malawi.

In: *Malawi Medical Journal*, vol. 9, No.1, 1993  
pp. 10-11

*Population Programmes/Government Policy/Child Spacing/Malawi*

\* Gives the objectives of the National Family Welfare Council of Malawi, which is to contribute to improved welfare and living conditions of the entire Malawi people in accordance with their ability to provide for their families' basic needs. Another output is to improve the quality and delivery of Child spacing services, as well as increasing the overall contraceptive prevalence rate, and enabling families to freely make their own decisions regarding spacing and family size.

Location: CSR

---

015 Chipangwi, J.D. and Phiri, Rose

*University of Malawi  
College of Medicine  
P/Bag 360  
Blantyre*

---

Review of the activities of child-spacing clinic (Q.E.C.H) for 1984

In: *Medical Quarterly* vol.2, No. 3 July, 1985 pp. 91 - 92

*Child Spacing/Statistics/Contraceptives/Malawi*

\* Provides statistics of clients undergoing child spacing services at Queen Elizabeth Hospital.

Location: MOH

---

016 Chiphangwi, J

*University of Malawi  
College of Medicine  
P/Bag 360  
Blantyre*

---

The Effects of Changes in population growth on the health services

Lilongwe: MOH, 1986  
6p. Tables, Ref.

*Population Growth/Health Services/Child Spacing/Malawi*

\* The paper points out that a high rate of population growth puts a strain on the meager resources available - be they financial, human or infrastructural. To overcome this problem, Child-spacing has been introduced by government as an integral part of Maternal and Child Health Services. The paper concludes by saying that for these facilities to be used adequately, it is necessary to create awareness of their existence and the health benefits that come from spacing births. This paper was prepared for the Workshop on 'Integrating Population Themes in Teaching and Research in Agricultural Training Institutions in Malawi', held at Capital Hotel from 7 to 12 April, 1986.

Location: UNICEF

---

017 Chiphangwi, J.D.

*University of Malawi,  
College of Medicine,  
Private Bag 360, Chichiri,  
Blantyre 3*

---

The Child Spacing Programme in Malawi

In: *Medical Quarterly* vol. 2, No 3, July 1985 pp 75 - 76

*Child Spacing/Contraceptives/Family Planning/Malawi*

\* Presents a brief summary of the programme Child-Spacing during the first 2 years of its official existence in Malawi

Location: MOH

---

018 Chiphangwi, J.D

*University of Malawi,  
College of Medicine,  
Private Bag 360, Chichiri,  
Blantyre 3*

---

Medico-legal consideration in child spacing

In: *Medical quarterly* vol. 2 No. 4 1985  
pp. 113-117

*Medico-legal Consideration/Child Spacing/Birth Intervals/Family Planning/  
Contraception/Sterilization/Malawi*

\* Many countries introducing child spacing programmes have discovered existing law do not give guidance regarding the proper conduct of the activities and Malawi is no exception. Malawi uses the common law principle that states if an activity is not prohibited by law that it is legal; this is strengthened when government pronouncements state a particular activity is acceptable to the government. In the absence of specific laws in Malawi, the author raises points in order to guide providers of child spacing services and provides a basis for further discussion.

Location MOH

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019 Chiphangwi, J.D

*University of Malawi  
College of Medicine  
P/bag 360  
Blantyre*

---

Some Aspects of Population and Child Spacing in Malawi

In: *Malawi Medical Journal*, Vol. 9, No. 1, 1993  
pp. 20-21., Ref.

*Population/Child Spacing/Malawi*

Location:CSR

---

020 Chiphazi, C.R.

*University of Malawi  
Kamuzu College of Nursing  
P/Bag 1  
Lilongwe*

---

A proposal on First Year College Students' Knowledge Regarding Contraception

Lilongwe: Kamuzu College of Nursing, 1993  
ii + 34p., Ref.

*Contraception/College Students/Malawi*

\* A project proposal for a degree in Nursing submitted by the author. The overall objective of this study was to explore knowledge of contraception in first year college students. Specifically, the study aimed at identifying what problems students have regarding accessibility to information on contraception, identify factors that increase opportunities for contraceptive information in students. The study would involve students from the Polytechnic, a constituent college of the University of Malawi.

Location: KCN

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021 Chirwa, L.S.

---

Child spacing motivation and awareness raising - position paper for Chitukuko Cha Amayi M'Malawi.

In: *National Workshop on Population-Development Projects and Programme Implementation* (1990 : Lilongwe).

Lilongwe: Office of the President and Cabinet, 1990.- Vol 2.

*Population/Family Planning/Birth Intervals/Malawi*

Location: MOH

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022 Collins, S.

*University of Malawi  
Chancellor College  
P.O. Box 280  
Zomba*

---

The Limitations of Applying Rational Decision-Making Models to Contraceptive Use in Malawi.

In: *Malawi Medical Journal*, Vol.9, No.1 1993  
pp. 22-23, Ref

*Contraceptive Use/Malawi*

\* The aim of this paper is to show the limitations of rational decision-making models as applied to child spacing and more specifically to the use of modern methods of contraception. In the light of factors known to influence low uptake of child spacing services in other African countries, suggestions were made to explain the reasons for uptake of services in Malawi a more culturally appropriate model of decision-making as applied to contraception put forward.

Location: CSR

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023 Colorado, M.D.S et al

*Ministry of Health  
P.O. Box 30377  
Lilongwe 3*

---

Child Spacing in Malawi: An Integrated Approach: Project proposal

Lilongwe: MOH, 1983  
iv+98p., Ref

*Child Spacing/Integrated Approach/Malawi*

\* The project proposed to evaluate the feasibility of providing child spacing services to the community through the existing administrative and delivery structure of the national Maternal and Child Health programme. The emphasis of the project is on integration into all levels of the existing national Maternal and Child Health programme supervisory and delivery structures.

Location: USAID

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024 Darfoor, S.N.

*Ministry of Health  
P.O. Box 30377  
Lilongwe*

---

Child Spacing in Malawi

In: *National Health Plan and Primary Health Care Workshop* - 18 - 19 April, 1986.

Lilongwe: MOH, 1986  
pp. 34-40.

*Child Spacing/MCH/Malawi*

\* Gives a historical background to the attempts made by government to start child spacing programme in Malawi. The programme started in the mid-sixties but it was banned because the approach used by some service providers was not acceptable to the communities where the programme was started. In 1982 the government re-introduced child-spacing as an integral part of Maternal and Child Health activities using the Primary Health Care approach.

Location: UNICEF

---

025 Demographic Unit

*University of Malawi  
Chancellor College  
P.O. Box 280  
Zomba*

---

Traditional methods of child spacing in Malawi (A Research Proposal)

Zomba: Chancellor College, 1987

*Child Spacing/Birth Control/Malawi*

\* A research proposal which confirms the existence of traditional methods of child spacing and identifies traditional methods of child spacing and the extent of attitude towards the practice of methods of child spacing in Malawi.

Location: GL/CC/CSR

---

026 Gelbard, A.; Jones, C.

*Westingtonse Social Sciences International*  
*P.O. Box 866*  
*Columbia, MD. 21044*

---

Demographic Data for Development Population Policy Review: Malawi

W. Social Science International, 1985  
10p. Ref

*Demographic Data/Population Policy/Family Planning/Malawi*

\* The population policy review contains statements and information of the explicit and implicit position of the Government of Malawi on selected population matters. The review includes the latest information available from public sources and identifies the population issues of the greatest concern to Malawi and how the government is responding to those issues. The purpose of the review was to assemble available material on the indicators in order to enable the reader to analyse the current policy situation on the basis of available material.

Location: USAID

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027 Gilson, L.

---

Malawi: meeting a backlog of demand, 1988

*Malawi/Family Planning/Birth Intervals*

Location: MOH

---

028 House, W.J.

*Population and Human Resources Development Unit*  
*EPD.*  
*OPC*  
*P.O. Box 30136*  
*Lilongwe*

---

Malawi's Population Dynamics: Future Prospects and their Socio-economic Consequences.

In: *Malawi Medical Journal* No.1, vol. 0, 1993.  
pp. 6-9, Ill., Ref., Tables

*Population Dynamics/Socioeconomic Consequences/Malawi*

\* The paper examines the impact of alternative scenarios of population growth and structure on Malawi's socio-economic development. The article concludes that Malawi is experiencing a high rate of population growth which will have a significant impact on every sector of the economy. There is therefore a strong need to incorporate population variables in development planning for sustainable development.

Location: CSR

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029 Japan International Cooperation Agency

---

THA Basic Survey Team Report on Population and Family Planning in the Republic of Malawi.

Japan International Cooperation Agency, 1992  
264p., Ill. Tables

*Survey Report/Population/Family Planning/Malawi*

\* Report of a survey team from the Japan International Cooperation Agency on Population and Family Planning in Malawi conducted in May, 1992.

Location: MOH

---

030 Johnston, A.G.

*Research Triangle Institute*

---

Population, Family Planning and AIDS Policy Issues: The context for the USAID "Family Health and AIDS Control Support (FHACS) Project in Malawi

- Research Triangle Institute, 1991  
ii+28p.

*Family Planning/Population/AIDS Policy/Malawi*

\* The document identified existing policy constraints which may impede access to family planning services or AIDS prevention services, and identifies policy options and potential changes in service-provision guidelines or other administrative procedures which could be formulated, planning services and to promote the access to family planning services and to promote the objectives of Malawi's National Child Spacing Programme and the AIDS Control Programme.

Location: USAID

---

031 Kalyati, E.

*Ministry of Forestry  
P/Bag 350  
Lilongwe 3*

---

Report on a study tour of Family Planning Programmes and Organisations in Kenya, Zimbabwe and Indonesia.

Lilongwe: Malawi Government, 1989  
iii + 77p.

*Study Tours/Family Planning/Report/Malawi*

\* Report of a tour undertaken by government and non-government officials to Kenya, Zimbabwe and Indonesia. The purpose of the tour was to examine various ways in which family planning services are implemented in the three countries, particularly the institutional set-up of family planning services which would provide an operational framework for establishing similar services in Malawi.

Location: MOH

---

032 Kamkondo, W.C

*University of Malawi  
Bunda College of Agriculture  
P.O. Box 219  
Lilongwe*

---

Socio-economic Factors Affecting Adoption of Childspacing Practices Among Estate tenants in Malawi: The case of Mchinji Rural Development Project

Lilongwe: Bunda College of Agriculture, 1994  
x+38p., Tables

*Socio-Economic Factors/Child Spacing Practices/Estate Tenants/Mchinji RDP/Malawi*

\* The study aimed at providing policy makers with a better understanding of the constraints affecting the adoption of childspacing/family planning methods at micro-level ie the tobacco estate sector.

Location: UNFPA/MWCACS

---

033 Kandoole, N.J.

*Ministry of Health  
Zomba School of Nursing  
P.O. Box 122  
Zomba*

---

Health benefits of child spacing

In: *Malawian Nurse* : 1986. 2(1) : 11-12

*Health Benefits/Child Spacing/Malawi*

\* Provides the ultimate objective of Child spacing in Malawi. The article illustrates that Child Spacing improves the health of women, children and eventually of the whole family by enabling mothers to have children when they are best prepared to have them. Child spacing is an important way of improving the health of the whole family.

Location: KCN/MOH

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034 Kigonde, J.D.

*Ministry of Health  
P.O. Box 30377  
Lilongwe 3*

---

Breast feeding as a Family Planning Method

In: *Malawi Medical Journal*, vol. 9, No.1, 1993  
pp. 16-18., Tables

*Breast Feeding/Family Planning Method/Malawi*

Location: CSR

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035 King, E.

*Ministry of Health  
Queen Elizabeth Central Hospital  
P.O. Box 95  
Blantyre*

---

Recreation or Procreation?

In: *The Monitor* Vol. 2 No. 20 16th April, 1994  
p.2

*Birth Control/Contraceptives/Family Planning/Malawi*

\* The article asserts that modern methods of birth control enable couples to establish exclusive, loving and faithful relationships and discourage population explosion in Malawi.

Location: NA

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036 King, E.

*Ministry of Health  
Queen Elizabeth Central Hospital,  
P.O. Box 95,  
Blantyre*

---

Born to thirst?

In: *The Nation*, vol. 2 No. 34 23rd May, 1994 p.2

*Population Explosion/Birth Control/Water supply/Malawi*

\* The article blames the ever increasing population of Zomba town on the short supply of water in Municipality and goes on to urge government to encourage the citizens of Malawi to practice family planning measures.

Location: NA

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037 King, E.

*Ministry of Health  
Queen Elizabeth Central Hospital  
P.O. Box 95  
Blantyre*

---

Contraception is a human right

In: *The Monitor*, Vol 2. No. 12 28th March, 1994  
p.3

*Birth Control/Child Spacing/Family Planning/Malawi*

\* The article argues that contraception and fewer children born in families is a basic human right which should not be denied in families. It goes on urging government to provide information on child spacing in order for couples to have manageable families.

Location: NA

---

038 Knowles, J.

*Ekwendeni Hospital  
P.O. Box 19  
Ekwendeni*

---

Primary Health Care and Child Spacing

In: *Malawi Medical Journal*, vol. 8 No. 2  
pp.80

*Primary Health Care/Child Spacing/Malawi*

\* Child spacing services are often introduced as a "vertical" programme, but ideally these services should become an integrated part of Primary Health Care (PHC) programme. Currently in Malawi less than 4% of the total female population of child bearing age use modern contraception. The vertical approach to child spacing services may have contributed to this low uptake rate. Child spacing is one of the means whereby maternal and infant mortality rates can be reduced significantly. By combining child spacing services into an integrated and already functioning PHC programme, the community will have better access to these services.

Location: MOH/COM

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039 Kulakow, A.M. et al

*1101 Fourteenth Street  
NW, Washington, DC 20005  
USA*

---

Somarc Country Assessment for Contraceptive Social Marketing in Malawi

Washington: The Futures Group.-  
ii + 49p.

*Contraceptives/Social Marketing/Malawi*

\* Report of a visit by SOMARC team to Malawi to assess the feasibility of a Malawi contraceptive social marketing programme. The team was in Malawi from October 29 to November 12, 1987. The team had discussions with Ministry of Health officials and also visited a broad range of wholesale and retail outlets throughout the country.

Location: USAID

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040 Lema, V.M., M. Mavalye, L.A.R; Gondwe, E.E.

*University of Malawi  
College of Medicine  
P/Bag 360  
Blantyre*

---

Utilization of Family Planning Services at the Teaching Hospital in Blantyre, Malawi

In: *East African Medical Journal*, vol. 71 No. 11, 1994  
pp 703 - 711, Ref., Tables

*Family Planning/Family Planning Services/Malawi*

\* For the whole of 1993, there were a total of 6803 client-visits for family planning purposes, 305 women who had surgical contraception (tubal ligation) and 1966 client-visits for routine postnatal check ups. Of the postnatal group, 71.0% were seen at one week and the remaining 29.0% were seen at six week after delivery. In the same year there were 1533 new clients who attended the family planning clinic at the Queen Elizabeth Central Teaching Hospital in Blantyre, Malawi. They formed 23% of the total client visits for the year. 305 women and surgical contraception (bilateral liberal ligation) for various reasons, but mainly on request for family limitation. The ages of new clients ranged from 15 to 49 years. Adolescents (< 20 years old) formed only 9.0% while those aged > 35 years formed 22%. Their parity ranged from 0 to 11, with 58% of them being para 1 to 4. The grandmultipare (para > 5) formed 31%. The oral pill was the most favoured method (42%), followed by depo-provera (31%) and sterilization (21%). Though the majority of the clients who chose the oral pill were aged less than 30 years, about 6.0% were aged > 35 years. Likewise less than 15% of those who took oral pill were para > 5 i.e. grandmultiparae. These are women who should have either stopped producing a long time back or been counselled to have tubal ligation rather than temporary methods, when seen in the clinic. Amongst all the client-visits for the year, oral pill and depo-provera were the two most popular methods, 42% and 41%, respectively. The ratio, between the client who discovered the method they were on and the new clients was 1:6.8, and that of drop-out/new clients was 1:2.4, which are quite high. The rate of absenteeism was also high at 29% of the total client-visits. Most of the one discontinuing a method (53%) were on IUCD and the main reason for doing so was to conceive again (48%). 8% of them had already conceived while on a method, of whom 17% had been on oral pills. Though 319 clients were counselled and chose surgical contraception, there were only 305 women who had the procedure done for the whole year out of whom only 68 (22%) were interval procedures. Not all of these had been counselled in the family planning clinic. The implications of these results and related issues are discussed and further strategies for improvement suggested.

**Location: CSR/COM**

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041 Makalane, M

*National Family Welfare Council of Malawi  
P/Bag 308  
Lilongwe*

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Report of the assessment of training facilities

Lilongwe: NFWCM, 1994  
iv + 64p.

*Training Facilities/Family Planning/Malawi*

\* The assessment of Family Planning training facilities was conducted following a collection of evidence that training sites were inadequately prepared for the resumption of training. The assessment was carried out from May 30 to June 10, 1994. The purpose of this assessment was to determine the readiness of the sites to resume training and make specific recommendations on the institutional needs for support of a shortened and updated curriculum.

Location: USAID

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042 Malawi Government

*Ministry of Health  
P.O. Box 30377  
Lilongwe 3*

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Curriculum for the Child Spacing Course for Medical Assistants

Lilongwe: Ministry of Health, 1985

*Child Spacing/Curriculum Development/Malawi*

Location: USAID

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043 Malawi Government

*Ministry of Health.  
Health Education Section  
P.O. Box 30377  
Lilongwe 3*

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A flip chart on child spacing

Lilongwe : Ministry of Health, 198?.  
23p. Ill.

*Family Planning/Malawi*

\* Large photographs with descriptive notes showing methods of child spacing

Location: MOH/NA

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044 Malawi Government

*Ministry of Health,  
P.O. Box 30377,  
Lilongwe 3*

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Child Spacing Education Programmes in Pictures

Lilongwe: Ministry of Health, 198?  
27p.

*Child Spacing/Family Planning/Birth Control*

\* The book discusses how birth control methods and child spacing leads to a happy and prosperous family.

Location: MOH

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**045 Malawi Government**

*Ministry of Health,  
P.O. Box 30377,  
Lilongwe 3*

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A proposal for development of child spacing services in Mulanje District, October 1987 - September 1988 (preliminary draft)

Lilongwe : Ministry of Health, 1987  
24p.

*Family Planning/Mulanje*

\* A proposal for an extensive programme of child spacing education and increased accessibility to child spacing services

**Location: MOH**

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**046 Malawi Government**

*Ministry of Health,  
P.O. Box 30377,  
Lilongwe 3*

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A pictorial-story guide to Child Spacing.

Lilongwe: MOH.--  
32p., Photos (Malawi Family Health Series No.2)

*Child Spacing/Malawi/Family Health*

\* The booklet provides simple, clear and factual information on child spacing, in order that individuals, families and communities participate effectively in the Government's efforts to improve the health of the people. It provides photographs.

**Location: CSR/NA/MOH**

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**047 Malawi Government**

*Ministry of Health,  
P.O. Box 30377,  
Lilongwe 3*

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Report of the Interministerial/Sectoral Orientation Seminar on Child Spacing

Lilongwe: MOH, 1984  
39p.

*Child Spacing/Seminar Report/Malawi*

\* Report of an orientational seminar held at Grand Beach Hotel from 11 to 13 December, 1984. The purpose of the workshop was to orient the governmental and non-governmental organisations in the concept of child spacing in Malawi.

**Location: MOH**

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**048 Malawi Government**

*Ministry of Health,  
P.O. Box 30377,  
Lilongwe 3*

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Report of Workshop on 'Family Spacing for Child Survival and Development'. June 30 - July 4, 1986.

Lilongwe: Malawi Government, 1986  
i + 125p., Tables, III.

*Child Spacing/Child Survival/Child Development/Workshop Report:Malawi*

\* This is a report of a workshop whose objectives were to accelerate Child Survival and Development of the region by increasing emphasis on Child Spacing; increase collaboration between governments, NGOs and international organizations working in the field of Child Spacing/Family Planning; share experiences on Family Spacing to improve the availability, accessibility and use of services particularly within the framework of PHC/MCH and community participation.

**Location: UNICEF/UNFPA**

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049 Malawi Government

*Ministry of Health,  
P.O. Box 30377,  
Lilongwe 3*

---

Guidelines for Extension Workers Workshop in Child Spacing

Lilongwe: MOH, - (Malawi Family Health Series No. 27).

*Extension Workers/Child Spacing/Malawi*

\* The purpose of the workshop was to increase the sources of information dissemination in order to maximise the utilization of available child spacing services.

Location: UNICEF

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050 Malawi Government

*Ministry of Health,  
P.O. Box 30377,  
Lilongwe 3*

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Child Spacing for better health of the family

Lilongwe: MOH

*Child Spacing/Family Health/Malawi*

\* The booklet is intended for use by health staff particularly those who are responsible for Health Education in Child Spacing. It will help families know of the many ways to prevent unwanted pregnancies.

Location: UNICEF

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**051 Malawi Government**

*Ministry of Health,  
P.O. Box 30377,  
Lilongwe 3*

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Child Spacing Training Programme: Child Spacing clinical experience

Lilongwe: MOH  
16p.

*Child Spacing/Training Programme/Malawi*

**Location: USAID**

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**052 Malawi Government**

*Ministry of Health,  
P.O. Box 30377,  
Lilongwe 3*

---

Fertility, Family Size Preferences and Child Spacing: 1984 Family Formation Survey.  
vols. I and II.

Lilongwe: MOH. 1984  
v+64p. tables

*Fertility/Family Size/Child Spacing/Malawi*

\* This volume is the second in a series of reports produced by the Ministry of Health to disseminate the results of the 1984 Malawi Family Formation Survey. Volume 2 describes levels and trends in fertility and birth intervals, and examines the extent to which they vary by marital status, age at first marriage, and the social and geographical background of parents. Volume I deals with survey description and background characteristics.

**Location: CSR/UNFPA**

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**053 Malawi Government**

*Ministry of Health,  
P.O. Box 30377,  
Lilongwe 3*

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Child Spacing Policy and Contraceptive Guidelines

Lilongwe: MOH, 1992  
ii+21p.

*Child Spacing/Government Policy/Malawi*

\* This publication aims at making clear the Malawi Government's policy on Child Spacing and contraceptives use by addressing one of the constraints on increasing the rate of contraceptive prevalence. Describes the contraceptive technology available and the criteria for screening clients to determine their suitability for each of the methods.

Location: CSR/UNFPA/MWCACS/USAID/MOH

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**054 Malawi Government**

*Ministry of Health,  
P.O. Box 30377,  
Lilongwe 3*

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Child Spacing Programme 1992 - 1996

Lilongwe: MOH, 1992  
xii + 77p., Tables

*Child Spacing/Malawi*

\* Provides a background to child spacing activities in Malawi. The overall goal of the Child Spacing programme is to reduce infant and maternal morbidity and mortality by lengthening the duration between births. The programme is a key component of the overall Maternal and Child Health programme.

Location: USAID

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**055 Malawi Government**

*Ministry of Health,  
P.O. Box 30377,  
Lilongwe 3*

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Our Common Secret: An information booklet on Child Spacing

Lilongwe: Ministry of Health  
19p. photos, ill. (Malawi Family Health Series No. 3)

*Child Spacing/Information Booklet/Malawi*

\* Provides basic information on important health matters affecting the wellbeing of families. The pamphlet introduces to readers the different types of modern child spacing methods available in Malawi.

Location: CSR/MOH

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**056 Malawi Government**

*Ministry of Health,  
P.O. Box 30377,  
Lilongwe 3*

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National Child Spacing Programme: Five Year Plan 1988 - 1992

Lilongwe: MOH, 1988  
33p. Tables

*Child Spacing/Government Programme/Malawi*

\* Provides an overview of Malawi's Child Spacing Programme. The overall objective of the programme is to reduce infant and maternal morbidity and mortality. The Child Spacing Programme is an integral part of Family Health Services and is provided within the primary health care framework.

Location: USAID/UNICEF

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057 Malawi Government

*Ministry of Health  
Health Education Unit  
P.O. Box 30377  
Lilongwe 3*

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Notes on Child spacing for Extension workers, Home Economics workers, Health Surveillance Assistants, and Primary Health Care Workers

Lilongwe: Ministry of Health  
23p. (Malawi Family Health Series No. 20)

*Extension Workers/Home Economics Workers/Health Surveillance Assistants/Primary Health Care Workers/Child Spacing/Malawi*

\* Provides notes on child spacing to a varied groups of health workers in light of the rapid increase of population in Malawi

Location: CC/CSR/NA/MOH/USAID/KCN

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058 Malawi Government

*Ministry of Health,  
P.O. Box 30377,  
Lilongwe 3*

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Workshop for District Health Team on Management, including Supervision in Mother and Child Health/Family Planning

Lilongwe: Ministry of Health, 1987

*Maternal and Child Health/Family Planning/Malawi*

\* Report of a Workshop held in Liwonde from 21 to 30 October, 1987. The objectives of the workshop were to ensure that the participants were more motivated and better prepared to function as change agents within their health service, and as such, be able to identify operational problems which can be solved with local effort and innovation.

Location: UNICEF

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**059 Malawi Government**

*Ministry of Health,  
P.O. Box 30377,  
Lilongwe 3*

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**Report on Child Spacing Clinic Activities 1983-1987**

Lilongwe: MOH, 1988  
37p. Ill., Tables

*Child Spacing/Clinics/Malawi*

\* Contains the methodology used to collect data for this report. The analysis covered all available monthly returns from all Child spacing clinics in the country as of December, 1987. The data submitted by the service providers are stored on computer. Analysis of the data from all the files was completed for national, regional district and clinic levels.

**Location: USAID**

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**060 Malawi Government**

*National Family Welfare Council of Malawi  
P/B 308,  
Lilongwe 3*

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**The Malawi National Family Planning Strategy: 1994-1998.**  
Final Draft.  
xxiii + 86p. Ill. Tables

*Family Planning/Government Policy/Strategy/Malawi*

\* This document provides guidelines for improving the overall delivery of family planning services through concrete strategies and plans of action for all service providers in the public, parastatal and private sectors. Outlines the strategy's overall setting within the context of recent major developments in the family planning fields. It also provides the background to the Family Planning Practices.

**Location: CSR/USAID/NFPCM/MWCACS/LSHS**

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061 Malawi Government

*Ministry of Health  
P.O. Box 30377  
Lilongwe 3*

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Natural Methods of Contraception: Billings Ovulation Method

Lilongwe: MOH, 19?  
14p. Ill. (Malawi Family Health Series No. 14)

*Contraception/Natural Methods/Billings Ovulation Method/Malawi*

\* Natural child spacing methods are those methods which are based on the proper understanding and use of the values of nature in controlling when pregnancy should occur or not occur, also known as fertility awareness methods. This information booklet briefly discusses the cervical mucous or Billings Ovulation method.

Location: MOH

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062 Malawi Government

*Ministry of Health  
P.O. Box 30377  
Lilongwe 3*

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Some facts about child spacing

Lilongwe: MOH  
14p. (Malawi Family Health Series No.5)

*Child Spacing/Malawi/Family Health*

\* This booklet provides information on the consequences of the lack of information on modern child spacing methods. It also provides information on some of the benefits of child spacing on the survival and development of children, the survival, health and childbearing potential of women and general wellbeing of families. The book examines risks associated with infant mortality, birth defects and nutritional depletion of women and children and also looks at how those risks can lead to infection, maternal morbidity/mortality.

Location: CSR/CC/NA/MOH/ZSN/USAID/KCN

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063 Malawi Government

*Ministry of Health  
P.O. Box 30377  
Lilongwe 3*

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**Making Motherhood Safe for Malawian Women**

Lilongwe: Malawi Government, 1995  
28p. Ill.

*Safe Motherhood/Malawian Women/Malawi*

\* This booklet explains why so many Malawian girls and women are dying during pregnancy and child birth. It describes the main factors contributing to these high numbers of deaths, and outlines what has to be done to reduce them.

**Location: MWCACS**

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064 Malawi Government

*Ministry of Health  
P.O. Box 30377  
Lilongwe 3*

---

**Guidelines for Extension Workers Workshop in Child Spacing**

Lilongwe: MOH.- (Malawi Family Health Series No. 27).

*Extension Workers/Child Spacing/Malawi*

\* The purpose of the workshop was to increase the sources of information dissemination in order to maximise the utilization of available child spacing services.

**Location: UNICEF**

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065 Malawi Government

*Ministry of Health  
P.O. Box 30377  
Lilongwe 3*

---

Curriculum for the Child Spacing Service Providers Courses for Enrolled Nurse Midwives

Lilongwe: MOH, 1985  
17p.

*Curriculum/Childspacing Services/Malawi*

Location: USAID

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066 Malawi Government

*Ministry of Women and Children Affairs and Community Services  
Private Bag 330,  
Lilongwe 3*

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Development and dissemination of child-spacing and family life education

In: *National Workshop on Population-Development Projects and Programme Implementation* (1990: Lilongwe). Report.

Lilongwe: OPC, 1990

*Malawi/Population Family Planning/Birth Intervals/Health Education*

Location: MOH

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067 Malawi Government

*Ministry of Health  
P.O. Box 30377  
Lilongwe 3*

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Population and Development in Malawi

Lilongwe: Malawi Government, 1994  
iv + 29p. Ref. Tables

*Population/Family Planning/Social Development/Malawi*

\* Country paper for the International Conference on Population and Development held in Cairo, Egypt, from 5 - 13 September, 1994 presented by Malawi Government. The paper presents the demographic situation in Malawi and the measures that are being taken to counter its negative impact on socio-economic development. Highlights the need for more action within the context of implementing the National Population Policy.

Location: ZSN

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068 Malawi Government

*National Family Welfare Council of Malawi  
P/Bag 308  
Lilongwe 3*

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The National Family Welfare Council of Malawi: An Overview of Mission and Functions.

Lilongwe: Malawi Government, 9p.

*Child Spacing/Contraceptives Prevalence/Malawi*

\* Outlines the Council's goals and functions, namely to improve the standard of living and quality of life of Malawians, address the negative socio-economic and other effects of rapid population growth on the country's resources and on sustainable development, to improve the health of women and children and finally to contribute to the identification of unmet need in the national child spacing programme and to address the needs through strengthening of population IEC activities of various service provided implementing agencies.

Location: ZSN

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069 Malawi Government

*Ministry of Health  
P.O. Box 30377  
Lilongwe 3*

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Summary of the integrated MCH/Child spacing programme - Malawi

Lilongwe: MOH, 1985  
- 16p.

*Child Spacing Programme/Malawi/Family Planning*

\* Child Spacing as a way to strengthen existing Maternal and Child Health programme

Location: MOH

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070 Malawi Government

*Ministry of Local Government  
P.O. Box 30312  
Capital City  
Lilongwe 3*

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The role of local government in the health sector, particularly child spacing activities.

In: *National Workshop on Population-Development Projects and Programme Implementation* (1990: Lilongwe). Report.

Lilongwe : OPC, 1990.

*Family Planning/Birth Intervals/Population/Malawi*

Location: MOH

**Project Equipment Status - Field**

NAME	TYPE	LOCATION	YEAR PURCHASED	CURRENT STATUS	DEPRECIATION
Computer	Epson	Rumphi ADC			
Computer	Epson	Ntcheu ADC			
Computer	Epson	Zomba ADC			
Computer	Epson Action Note 890c			Stolen	
Printer	HP Deskjet 320	Rumphi ADC			
Printer	HP Deskjet 320	Ntcheu ADC	JC Engle	Requires repairing	
Printer	HP Deskjet 320	Zomba ADC	JC Engle	Requires repairing	
Printer	Epson LQ 1170	Zomba			
Printer	HP Deskjet 320	Namwera ADC			
Photocopier	Xerox 5017	Ntcheu ADC		Requires repairing	
Photocopier	Xerox 5614	Kasungu ADC			
Photocopier	Xerox 5614	Zomba ADC			
Photocopier	Xerox 5614	Rumphi ADC			
Photocopier	Xerox 5614	Namwera ADC			
Fax Machine	Panasonic	Zomba ADC			
Fax Machine	Panasonic	Rumphi ADC			
Fax Machine	Panasonic	Ntcheu ADC			
Fax Machine	Xerox	Mulanje		Requires repairing	
Fax Machine	Panasonic	Kasungu ADC			
Cassette Player	Sharp	Namwera ADC			
Cassette Player	Sharp	Zomba			
Cassette Player	Sharp	Rumphi			
Cassette Player	Sharp	Kasungu			
Cassette Player	Sharp	Ntcheu			
Monitor	Dell	Mulanje			
Computer	Dell 3255X	Mulanje			
Copier	Sharp FO-420	Mulanje			

26

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071 Marshall, A.

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Malawi campaigns for smaller families

In: *POPULI*: 1989, 16(3): 13-9

*Family Planning/Malawi*

Location: MOH

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072 Marie Stopes International

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A community-based Child spacing Programme for Refugees in Two Districts of Malawi

Blantyre: MSI., 1991  
47p.

*Child Spacing/Refugees/Malawi*

\* A project by MSI to establish two health centres which will provide the full range of child spacing methods and basic preventive maternal and child healthcare in the refugee areas of Dedza and Nsanje Districts. It is envisaged that the child spacing services offered by these centres would be extended to co-operating NGO and Government clinics through a visiting outreach programme.

Location: MOH

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073 Mbwana, J.A.

*University of Malawi  
Kamuzu College of Nursing  
P.O. Box 425  
Blantyre*

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A description study of utilization of modern child spacing methods by women in Rural Areas: Knowledge, Attitudes and Practice.

Lilongwe: Kamuzu College of Nursing, 1992  
iv + 68p.

*Childspacing Methods/Utilization/Rural Women/KAP/Malawi*

\* The descriptive study, whose purpose was to investigate the extent to which women in rural areas were utilizing modern methods of child spacing. The study addressed the knowledge, attitudes and practices of women in rural areas which influence their utilization of modern child spacing methods. The methods of child spacing in this study included oral contraceptives, injectables, barrier methods, intrauterine contraceptive devices and tubal ligation.

Location: KCN

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074 Mkali, M.F.

*Kamuzu College of Nursing  
P/Bag 1  
Lilongwe*

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The Role of the Nurse in the Promotion of Child Spacing in Malawi: Dissertation submitted for Degree in Nursing.

Ulster: University of Ulster, 1987  
iii + 97p., Ref., Tables

*Child Spacing/Role of Nurse/Malawi*

\* The study was undertaken to ascertain the part played by the nurses in the promotion of child-spacing services in Malawi. Deals with the subject of the nurses' role in child-spacing both in general terms and in the Third World countries, including Malawi in particular. Examines the current emphasis on promoting health which could eventually reduce morbidity and mortality of mothers and children and therefore contribute to the general welfare of the family.

Location: KCN

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075 Mkandawire, R.M.; Mataya, C.S.

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Youth education and services for health and family life: a situation analysis in Malawi.

Dakar: International Planned Parenthood Federation, Africa Region, 1985.  
(34) p.

Lilongwe: University of Malawi, 1985

*Family Planning/Sex Education/Health Education/Adolescence/Malawi*

Location: MOH

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076 M'manga, W.R.; Srivastava, M.L.

*University of Malawi  
Demographic Unit  
Chancellor College  
P.O. Box 280  
Zomba*

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Socio-Economic and Demographic Determinants of Family Size in Malawi: A Multivariate Analysis

Zomba: Chancellor College, 1991  
xvii+101p. Ref. Tables

*Socio-Economic Development/Demographic Determinants/Family Size Malawi*

\* The project was undertaken to study the determinants of large families that are generally obtained in Malawi. Specifically the objectives of the study were to determine the amount of variation in achieving fertility (family size) that can be explained by levels of women's education, to determine the amount of variation in achieved fertility that can be explained by women's type of current residence, rural or urban, determine the amount of variation in family size explained by husband's education and socio-occupational status. Finally, to determine whether child survival is related to family size after adjusting for other relevant demographic variables.

Location: CSR GL/CC/DU

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077 Mphedwa, S.W.

*National Statistical Office,  
P.O. Box 333,  
Zomba*

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Demographic Trends and Effects on Education

Zomba: NSO, 1990  
7p. tables

*Demographic Trends/Education/Malawi*

\* The paper discusses demographic trends in population size, composition, distribution, growth, fertility, marital status and age at first marriage. Briefly discuss the implications of the various population variables on education.

Location: CSR/NSO

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078 Msachi, A.R.

*Ministry of Health  
P.O. Box 30377  
Lilongwe 3*

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Advances in Reproductive Health for Administrators of Family Health and Family Planning Programmes

JHPIEGO: Johns Hopkins Programme for International Education in Gynecology and Obstetrics, 1983  
7p.

*Reproductive Health/Population Dynamics/Programme Management/Contraceptive Methods/Malawi*

\* Reviews overall trends in family planning including male fertility and natural family planning and their relation to principles of management and management theory.

Location: CC

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079 Munkha, M.B.

*Ministry of Health  
Regional Health Office,  
P/B 67  
Blantyre*

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Malnutrition in relation to child spacing

In: *Moyo: a Health Education Publication*, Vol. 21, NO. 1, 1989  
pp. 9-10

*Malnutrition/Child Spacing/Breast Feeding/Malawi*

\* The article shows that malnutrition is inter-related to poorly spaced birth intervals in families.

Location: NA

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080 Murphy, G.R. et al

*Ministry of Health  
P.O. Box 30377  
Lilongwe 3*

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Integrated MCH/Child Spacing Programme for the Republic of Malawi

Lilongwe: MOH, 1983  
iii + 82p. Tables

*Integrated MCH/Child Spacing Programme/Malawi/Project Proposal*

\* Proposal outlines a national programme for training and use of Traditional Birth Attendants in an integrated programme for Maternal and Child Health/Child Spacing. It sets forth the necessary collaboration of the local level Ministry of Health personnel and the TBAs with community or village input in the planning, training, implementation and evaluation phases of the programme.

Location: USAID

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081 Nankumba, S.J.

*University of Malawi  
Bunda College of Agriculture  
P.O. Box 219  
Lilongwe*

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Audience Research for integration of Family Life Education in home economics and adult literacy programmes in Malawi.

Lilongwe: Bunda College of Agriculture, 1989  
xii + 130p. Tables

*Audience Research/Family Life Education/Home Economics/Adult Literacy/Malawi*

\* The study was conducted with the objective of providing programme planners with relevant information/data on which to base the projects' plan of action. The study explored several areas in order to shade as much light as possible on all the zones of ignorance relevant to the family life education, home economics and adult literacy.

Location: UNFPA

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082 National Family Welfare Council of Malawi

*P/Bag 308  
Lilongwe 3*

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Profile of Child Spacing Service Providers in Malawi

Lilongwe: NFWCM, 1992

*Profiles/Child Spacing/Service Providers/Malawi*

\* This document presents the first set of profiles, of the population, Child Spacing and development. The information was gathered during a survey conducted by the National Family Welfare Council of Malawi.

Location: USAID

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**083 National Family Welfare Council of Malawi**

*P/Bag 308  
Lilongwe 3*

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Report on a study tour of Family Planning Programmes in Zimbabwe

Lilongwe: NFWCM, 1992  
iv + 56p.

*Study Tour/Reports/Family Planning/Malawi/Zimbabwe*

\* Report of a study tour undertaken by the National Family Welfare Council of Malawi to Zimbabwe from 12 to 18 July 1992. The overall objective of the tour was to observe and familiarize the staff of NFWCM with the operations of Zimbabwe Family Planning programme as an example of a well established effort in a similar environment.

Location : USAID

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**084 National Family Welfare Council of Malawi**

*P/Bag 308  
Lilongwe 3*

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Strengthening and expanding Child Spacing in Malawi

Lilongwe: NFWCM, 1990  
11p.

*Child Spacing/Project Proposal/Malawi*

\* A project proposal by the National Family Welfare Council of Malawi and submitted to the Family Planning Service Expansion and Technical Support Project, requesting support in the sum of \$50,000. The aim of the project was to institutionalize Child Spacing technical and management skills in the council.

Location: USAID

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085 National Family Welfare Council of Malawi

*P/Bag 308  
Lilongwe 3*

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Manual on Contraceptive Logistics Management Information System for Family Planning Managers and Pharmacy Personnel Handling Contraceptives

Lilongwe: NFWCM  
iv + 18p., Ill.

*Contraceptive Logistics/Management Information Systems/Manual/Malawi*

\* The National Family Planing Strategy covering the period 1994 - 1998 underscores the need to institute an effective long-term Contraceptive Logistics Management Information System that is efficient and responsive to the needs of the Family Planning Programme in Malawi. This module attempts to highlight the need to think 'Couple Years Protection' (CYP wise) other than just 'Contraceptive Prevalence Rate (CPR wise). The instruments that would help to accomplish this task are presented in this module.

Location: NFWCM

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086 National Family Welfare Council of Malawi

*P/Bag 308  
Lilongwe 3*

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Report on study of Child Spacing Activities in Malawi

Lilongwe: NFWCM, 1993  
viii + 29p. Ill. Tables

*Child Spacing/Study Report/Malawi*

\* The study tried to take stock of what is currently available in child spacing in form of services, outlets and personnel. The study revealed that there were 727 static health facilities, of which 261 offered child spacing services, (36%). 38% of the static health facilities belong to the Ministry of Health, CHAM, Local Government, and Private Health Institutions account for 19%, 13% and 32% respectively.

Location: NFWCM/USAID

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087 National Family Welfare Council of Malawi

*P/Bag 308  
Lilongwe 3*

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Report: Kenya Study Tour, 26 April to 8 May, 1992

Lilongwe: NFWCM, 1992  
61p.

*Study Tours/Family Planning/Malawi/Kenya*

\* The main objective of the tour by the NFWCM was to observe and familiarize themselves with the operations of the Kenyan programme, as an example of a successful and well established effort, with special interest and focus on coordination, advocacy, IEC and service delivery activities.

Location: USAID

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088 National Family Welfare Council of Malawi

*P/Bag 308  
Lilongwe 3*

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Report on Family Planning Information, Education and communication (IEC) Implementation Plan/Strategy Development Workshop.

Lilongwe: NFWCM, 1994  
105p.

*Family Planning/Informant/Government Plans/Workshop Report/Malawi*

\* A report of a work on Family Planning Information Education and Communication Implementation Plan Development held at Mzuzu from 11 - 29 April, 1994. The workshop was organized by the National Family Welfare Council of Malawi

Location: MWCACS

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089 National Statistics Office

*P.O. Box 333,  
Zomba*

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Malawi Demographic and Health Survey 1992: Summary Report.

Zomba: NSO, 1994  
x + 12p. Ref. Tables

*Family Planning/Contraceptives/Maternal and Child Health/Child Mortality/Child Morbidity/Malawi*

\* Summarizes the findings of the 1992 Malawi Demographic and Health Survey conducted by National Statistics Office, Zomba, Malawi. It was a nationally representative sample survey of women age 15-49 and men 20-54. It provides information on levels and trends in fertility, early childhood, mortality and morbidity, family planning knowledge and use, and maternal child health.

Location: CSR/NSO/ACP

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090 National Statistics Office,

*P.O. Box 333,  
Zomba*

---

Malawi Family Formation Survey, 1984

Zomba: National Statistics Office, 1984  
ix, 95p.

*Fertility/Birth Control/Child Nutrition/Maternal and Child Health/Malawi*

\* Report of the Family Formation Survey initiated by the Ministry of Health and conducted in 1984 to meet the demand for benchmark data for launching the child spacing programme in Malawi.

Location: GLCC/NA/CSR/NSO/MOH/USAID/KCN

---

091 National Statistics Office,

*P.O. Box 333,  
Zomba*

---

Malawi Demographic and Health Survey 1992: First Report

Zomba: NSO, 1993  
ix + 39p. Ill, Tables

*Demographic Survey/Health Survey/Malawi*

\* Presents some of the first findings of the Malawi Demographic and Health Survey (MDHS). The survey was a national-level sample survey which was designed to provide current information on fertility levels, nuptiality, fertility preferences, knowledge and use of methods of family planning, use of maternal and child health services, childhood morbidity and mortality, nutritional status of mothers and young children and awareness of AIDS. Three types of questionnaires were used for the survey: the Household Questionnaire, the Women's Questionnaire and the Men's Questionnaire

Location: CSR/NSO/USAID/MWCACS/GL

---

092 National Statistics Office,

*P.O. Box 333,  
Zomba*

---

Malawi Demographic Survey 1982

Zomba: National Statistical Office, 1987  
x + 120p. Ref., Tables

*Demographic Survey/Malawi*

\* The Malawi Demographic Survey conducted in 1982 aimed mainly at collecting data for estimating the levels of fertility and mortality as well as the population growth rate. This report presents the results of the analysis in six main chapters: Introduction, Sample Design and Enumeration, Sex and Age Composition etc. The survey covered both rural and urban areas of the whole country. A total of about 345,000 persons in 81,000 households were enumerated.

Location: CSR/NSO

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093 Ngaiyaye, R.G.D.

*National Family Welfare Council of Malawi  
P/Bag 308  
Lilongwe 3*

---

Population and Child Spacing Information, Education and Communication Activities.

In: *Malawi Medical Journal*, vol.9, No1, 1993

*Population/Child Spacing/Communication/Malawi*

\* Provides brief description of different agencies on Information, Education, Communication and Child Spacing programmes in Malawi

Location:CSR

---

094 Ngwira, N.; Bisika, T.

*University of Malawi  
Centre for Social Research,  
P.O. Box 278,  
Zomba*

---

The National Family Welfare Council of Malawi: April 1992 - March 1994 - An Evaluation.

Zomba: Centre for Social Research, 1995  
xii+38p. Ref Tables

*Evaluation Report/Family Welfare/NGOs/Malawi*

\* This is an evaluation report whose objectives were to assess the Council's progress towards achieving its objectives, to assess adequacy and effectiveness of implementation strategies and plans developed in the first two years, to review the institutional building capacity and managerial and administrative skills in managing resources including compliance with donor terms and conditions, to assess the capacity of the Council in responding to the future family planning needs through the assessment of the national family planning strategy and to assess the response of key government and donor partners to the programme.

Location: CSR

---

095 Ngwira, N.

*University of Malawi  
Centre for Social Research,  
P.O. Box 278,  
Zomba*

---

Knowledge, Attitudes and Practices Towards Family Planning and Population Issues.  
Vol. II Report of Systematic Client Consultation Workshops.

Zomba: CSR, 1994  
19p.

*Family Planning/Population Issues/Workshop Reports/Malawi*

\* This report contains the summary of discussions, conclusions and recommendations of the workshop held in Blantyre, Lilongwe and Mzuzu. The purpose of the workshop was to provide for a systematic consultation with grassroots leaders on the perceptions and needs of the people concerning family planning and population issues. Position papers were presented during the workshops.

Location: CSR

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096 Ngwira, N.; Chimbwete, C.

*University of Malawi  
Centre for Social Research  
P.O. Box 278,  
Zomba*

---

Knowledge, Attitudes and Practices Towards Family Planning and Population Issues.  
Vol.1 A Rapid Appraisal. Final Report

Zomba: CSR. 1994

*Family Planning/Population Issues/Malawi*

\* This study was undertaken to seek the views of households and communities on population issues and their knowledge, attitudes and practices concerning family planning. The study covered three districts, one from each of the three regions of Malawi, namely Chikwawa, Lilongwe, Mzimba. A total of 348 individuals were interviewed using structured questionnaires. Of these, 122 were adolescents and the rest child-bearing men and women. Forty-seven focus group discussions with key people were conducted. The findings of the study show that there is a discrepancy between the views of the planners on one hand and those of clients of family planning services on the other, concerning the relationship between family planning or family size, and underdevelopment. To planners, family planning should be used to limit family size because the latter contributes to poverty and poor health as siblings compete for limited resources of the parents as well as national resources. To clients, poverty leads to a situation where they do not earn enough income in their youth to save for old age. Poverty also causes high infant and adult mortality rates. These factors make parents prefer having many children to maximize chances of having adequate security in old age.

Location: CSR/MWCACS

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097 Nicknair, J.

*Private Hospital Association of Malawi,  
Southern Region  
P.O. Box 441  
Blantyre*

---

Natural Childspacing (billings mucous method)

In: *Moyo: a Health Education Publication*, vol xxvi, No. 5, October, 1987  
pp 4 - 7

*Child Spacing/Family Planning/Birth Control/Malawi*

\* The article discusses family planning by natural child spacing by using Billings method or Mucous method which is a natural way of practicing child spacing without the use of contraceptives.

Location: NA

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098 Nkunika, A.I.Z.

*Ministry of Community Services,  
P/B 330,  
Lilongwe 3*

---

Child Spacing Services in Malawi: Some methodological and conceptual issues of integration in the Ministry of Community Services' Parent Education Programme.

Lilongwe: Malawi Government

*Child Spacing/Government Policy/Social Services/Malawi*

\* The paper discusses child spacing in Malawi, focusing mainly on the status of women. Briefly provides an overview of the National Family Welfare Council of Malawi, which has been established to coordinate the Child Spacing services in Malawi. The discussion on some contraceptive methods throws some light on what can be done to regulate fertility levels. Points out that any child spacing/ family planning programme calls for concerted efforts regarding information, education and communication activities, service delivery methods and context of the messages to target beneficiaries. In conclusion the paper underscores the importance of integrating child spacing/family planning activities into wider population programmes.

Location:CSR

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099 Phiri, L.

*Ministry of Health  
Queen Elizabeth Central Hospital  
P.O. Box 95  
Blantyre*

---

Attitudes to Child Spacing Amongst Rural Malawian Women

In: *Malawi Medical Journal*, Vol.9, No.1, 1993  
pp. 31-33

*Child Spacing/Rural Women/Malawi*

\* A report of a study undertaken in Mangochi District. The aim of the study was to examine the currently prevailing attitudes towards child spacing among village women in Mangochi.

Location: CSR

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100 Population Services International

*1120 19th Street  
N.W. Suite 600  
Washington, DC 20036, USA*

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Population Services International Contraceptive Social Marketing Project - Malawi  
Brand Name Focus Group Research: Summary Report

Blantyre: PSI., 1994  
33p. Ill. Tables

*Contraceptives/Social Marketing/Condom Research/Reports/Malawi*

\* This report presents the findings of two series of focus group studies on Contraceptive Social Marketing conducted from January 17, to March 2, 1994 and May 20 to June 1, 1994. The purpose of the research was to development brand name, package design characteristics and promotional insights for a socially marketed condom that would have wide appeal to the projects target population (sexually active adults and adolescents). This study was executed in anticipation of launching of a multi-year CSM programme.

Location: CSR

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101 Population Service International

1120 19th Street  
N.W. Suite 600  
Washington, DC 20036 USA

---

Concept Paper for a Condom Social Marketing Project - Malawi

Washington: PSI., 1993  
13p.

*Condom Marketing/Malawi/Contraceptives*

\* A paper submitted by Population Service International to USAID Malawi and AIDSCAP to undertake a condom social marketing project in Malawi that will reduce the spread of HIV/AIDS. The project's purpose was to increase and sustain condom usage among high risk groups and among adult urban and rural populations throughout Malawi.

Location: USAID

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102 Sangala, V.

Kamuzu Central Hospital  
P.O. Box 149  
Lilongwe

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Progesterone Only Contraception

In: *Malawi Medical Journal*, vol. 9, No.1, 1993  
pp. 18-19

*Contraception/Progesterone/Malawi*

\* The article demonstrates that progesterone only contraception does not have any of the side effects associated with estrogen usage. In particular it does not interfere with lactation, cause the blood clotting factors, and does not interfere significantly with liver, carbohydrate or fat metabolism.

Location: CSR

---

103 Sefu, H.D

*Ministry of Health  
Nsanje District Hospital,  
P.O. Box  
Nsanje*

---

Reflection on child spacing

In: *Moyo: a Health Education Service*  
Publication, Vol. 3, May, 1987  
pp. 3 - 6

*Child Spacing/Maternal and Child Health/Birth Control/Malawi*

\* Discusses risks associated with frequent child bearing and stresses the need for women to practice child spacing in order to lead a happy family life.

Location: NA

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104 Shawa, A.A.M.; Mpunga, A.J.; Mkamanga, G.R.V.

*Ministry of Women and Children's Affairs & Community Services  
P/Bag 330  
Lilongwe 3*

---

Community-Based Population Education Project: Baseline Survey Report

Lilongwe: MWCA, 1994  
v + 140, Ref.

*Population Education/Family Planning/Baseline Survey/Malawi*

\* The survey on the CPEP was undertaken to collect data and information on existing behavioural patterns within family units on issues of communication and practices relating to sex and sexuality and reproductive health in Malawi.

Location: MWCACS

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105 SOMARC/The Futures Group

*101 Fourteenth Street, N.W  
Washington DC 20005  
USA*

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Attitudes and use of the condom in Malawi: A report of Focus Group Findings

Washington: SOMARC, 1991  
iii + 37p.

*Condom Use/Users' Attitudes/Malawi*

\* This focus group study on Condom attitudes and usage was a key study in development of the Health Social Marketing Project in Malawi. It provided valuable guidance in the development of marketing and advertising strategies for the first product to be introduced - the condom. The primary purpose of this study was to obtain a better understanding of how the condom is perceived and used by Malawian men. An additional objective to obtain qualitative feed-back to specific condom positioning statements, brand names, pack sizes, and price point. The purpose of the study was to explore attitudes and use of the condom as well as specific advertising concepts, brand names, pack sizes, and prices for the condom among target male consumers. Results from this study will be used to guide the development of marketing and advertising campaigns for the condom.

Location: MOH/EC

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106 Srivastava, M.L.

*University of Malawi  
Demographic Unit  
Chancellor College  
P.O. Box 280*

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*Demographic Implications of Child Spacing Programmes in Malawi*

*Zomba University of Malawi, 1990  
217 Tables*

*Child Spacing/Demographic Implications/Malawi*

*The discussion shows that the Child Spacing programme in Malawi puts emphasis on the health of mothers and children and does not concentrate on population control. The analysis presented in this paper indicates that this emphasis might lead to an increase in population growth rate. The author feels that the introduction of small family norms for couples to be served by Child Spacing programme need not lead to a decrease in Malawi's population. The author further explains that it is high time the Child Spacing programme in Malawi expand the scope to include socio-economic benefits of small family size.*

*Financed by USAID/DU*

---

107 Srivastava, M.L.; Mmanga, W.R.

*University of Malawi  
Demographic Unit  
Chancellor College  
P.O. Box 280  
Zomba*

---

Traditional and Modern Methods of Child Spacing in Malawi: Knowledge, Attitudes and Practice.

Zomba: Chancellor College, 1991  
xxxiii+170p., Tables

*Child-spacing Methods/Traditional Child-spacing/Modern Methods/Malawi*

\* This report is based on the survey of traditional methods of Child Spacing in Malawi conducted in 1988. The objectives of the survey were to confirm the existence of traditional methods of child spacing, to determine the extent of attitude towards and knowledge and practice of traditional methods of child spacing and to identify dominant socio-economic and demographic factors responsible for knowledge, attitude and practice variation in different parts of Malawi in respect of traditional and modern methods of child spacing. Data for the survey were collected from Rumphu, Mchinji and Chiradzulu and two major urban areas, namely Blantyre and Lilongwe. The survey population was 5935. Of this 3043 were females and 2892 male.

Location: CSR/DU/MOH

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108 Stevens, C.M.

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The Malawi Child Spacing Programme: costs and resource constraints

1989, iii+41pp., Ref

*Child-Spacing Programme/Resource Constraints/Malawi*

\* The paper reviews some of the possibilities of child spacing programme in implementation with other agencies, particularly Ministries of Community Services and Agriculture. The purpose of this brief review has been simply to draw attention to the circumstances that there are resources out there - particularly personnel resources - that can greatly supplement the Ministry of Health efforts in this domain.

Location: USAID

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109 Tavrow, P.

*University of Malawi  
Centre for Social Research,  
P.O. Box 278,  
Zomba*

---

The Relationship between couple communication and Family Planning Practices and intentions in Rural Malawi

Zomba: CSR,  
15p. III, Tables, Ref

*Family Planning/Couple Communication/Rural Malawi*

\* The paper demonstrates the usefulness of linking responses between husbands and wives to obtain better indicators of fertility goals and family planning use and intentions in rural Malawi. The paper shows that by examining responses of men and women separately, there appears to be an inflated picture of current contraceptive use and intentions. The data further indicates that because family planning is a joint endeavour that usually requires the active desire and cooperation of both partners, linked responses are more likely to accurately reflect the actual effective contraceptive prevalence rate. Current levels of communication, according to the findings of the survey on which this paper is based, between rural couples on fertility goals and intentions are low.

Location: CSR

---

110 Tsui, A.O.

*Community Family Study Centre  
The University of Chicago*

---

Illustrative Functional Projections 1975 - 2000: Malawi

Chicago: University of Chicago, 1979  
47p. Tables

*Population Projections/Family Planning/Health/Malawi*

\* This document presents projection series into functional projections of such sectors as education, labour force, and health. The results of these endeavours are summarized here for the nation of Malawi and represents a concerted attempt to depict the expanding needs for selected societal functions for the year 2000. In this document the Community and Family Study Centre has attempted to meet some of the information needs of national and civic leaders by presenting a plausible picture of the future requirements of various societal sectors based on an assumed model of population growth and development.

Location: USAID

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111 United Nations.

*Economic Commission for Africa  
P.O. Box 3001  
Addis Ababa  
Ethiopia*

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Statistical compendium on contraceptive prevalence and practice in African countries.

Addis Ababa : Economic Commission for Africa, 1990.  
vi, 255p.

*Contraceptive Practices/ Statistical Compendiums/African Countries/Family Planning/Malawi*

\* Contains data from 17 African countries as part of the international research programmes Worlds Fertility Survey (WFS) and by the Demographic and Health Survey (DHS). Included from Central Africa are Malawi, Botswana, Zimbabwe, Uganda, and Kenya.

Location: MOH

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112 United Nations Population Fund

*P.O. Box 30135  
Lilongwe 3*

---

UNFPA Projects in Malawi.

Lilongwe: United Nations Population Fund, 1987.  
16p.

*Family Planning/Health Education/Maternal Health Services/Child Health Services/Malawi*

\* Describes the UNFPA projects in the fields of Maternal and Child Health, Child Spacing, Family Life Education and Human Resource Development in Malawi.

Location: MOH

---

113 University of Malawi

*Demographic Unit,  
Chancellor College,  
P.O. Box 280,  
Zomba*

---

Report of Workshop on 'The Value of Children and Child Spacing Practices in Malawi'.

Zomba: Chancellor College, 1987  
xxv + 78p.

*Child Spacing/Workshop Reports/Malawi*

\* The report presents the background, purpose and objectives of the workshops held in Zomba from 12-15 October and in Lilongwe from 7-10 December, 1986. Provides an overview of the Child Spacing programme in Malawi. Examines the role of tradition and culture in regulating fertility and reproduction in Malawian society. The value of children for the society, socio-economic considerations that determine family size in Malawi and modern perceptions of the Child Spacing programme are also discussed in detail in the report.

Location: CSR/MOH/DU/UNFPA/EC/CC/NSO/CSR/USAID

---

114 Velden, van Blingnaut, P.J.

*Nkhoma Mission Hospital*  
*P.O. Box 48,*  
*Nkhoma*

---

Surgical Contraception Programme at Nkhoma Hospital

In: *Malawi Medical Journal*, vol. 9 No.1 1993  
pp 15-18, Ill. Tables

*Surgical Contraception/Nkhoma/Malawi*

\* Briefly discusses efforts made by Nkhoma Mission Hospital by giving special attention to Child Spacing, particularly to surgical contraception.

Location: CSR/MOH/KCN

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115 World Bank

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Staff Appraisal Report: Malawi Second Family Health Project

Washington: World Bank, 1987  
vii+80p., Map, Tables

*Family Health/PHC/Child Spacing/Malawi*

\* A report on the Family Health Project whose objectives were to improve health status of families, particularly of mothers and children through expansion and strengthening health care programmes, increase the availability and accessibility of child spacing services within the maternal and child health programme, further strengthen the Ministry of Health's capacity to plan, manage and evaluate health services in the framework of decentralized health system and finally design and implement a multi-sectoral family health programme through other government agencies.

Location: USAID

International Planned Parenthood Federation (PPF) Survey report on family life education programmes in Southern Africa: Swaziland, Lesotho, Botswana, Malawi.

Morges: WCOTP, 1983.  
62 p.

*Family Planning/Health Education/Sex Education/Malawi*

Location: DREA

---

117 Zulu, E.M.

*University of Malawi  
Demographic Unit  
Chancellor College  
P.O. Box 280*

---

Regional Variations in Knowledge, Attitudes and Observance of Traditional Practices Related to Childspacing in Malawi

Zomba: University of Malawi, 1994  
23p. Tables, Ref.

*Child Spacing/Traditional Child Spacing/Malawi*

\* This study examines regional variations in beliefs, attitudes and practices related to child spacing in Malawi. The results of the study show that there are striking regional variations in knowledge of traditional customs and practices related to child bearing. The regional differences in knowledge were stronger after controlling for the effect of other factors like level of education, marital status and age, implying that the differences are rooted to the contextual differences between the regions. There are also substantial regional variations in the proportion of respondents who think that if they decided to use contraceptives they would receive disavour from various people in the society. The regional variations reflect differences in the content and nature of educational networks on matters relating to childspacing and the family. The results underscore the need for formulating culturally sensitive marketing strategies for contraceptives, and shows the potential value of incorporating the family planning information, education and communication campaign in the existing traditional sex and family life educational networks.

Location: CSR

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