

- P.N. ART-323 91183 -

Women and Infant Nutrition Field Support Project (WINS)

**WINS Participation in the Uganda
Information Dissemination Seminar and
Planning Workshop on Breastfeeding
and Young Child Growth Faltering**

November 29 to December 13, 1992

SUBMITTED BY:

**Bibi Essama, M.S.W., M.P.H.
WINS Project Director**

and

**Charles Teller, Ph.D.
The Pragma Corporation
Subcontractor, WINS Project**

Education Development Center, Inc.
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ABBREVIATIONS

CBHC	Community-based Health Care
CHDC	Child Health and Development Center of Makerere University
CN/GP	Child Nutrition/Growth Promotion Action Plan
CPSP	Country Program Strategic Plan
DHMT	District Health Management Team
DISH	Developing Improved Services for Health (U.S.A.I.D.-funded Project)
DMO	District Medical Officer
GOU	Government of Uganda
GM&P	Growth monitoring and promotion
HPN	Health, Population, Nutrition
PHC	Primary health care
UDHS	Uganda Demographic and Health Survey
ULMET	The Ugandan Lactation Management and Education Team (a group of Wellstart associates)
UNICEF	United Nations Children's Fund
U.S.A.I.D.	United States Agency for International Development
WINS	Women and Infant Nutrition Field Support Project (A.I.D.-funded project) implemented by Education Development Center, Inc. under Contract No. DAN-5117-C-00-0015-00.

I. INTRODUCTION

The Women and Infant Nutrition Support (WINS) Project carried out an Assessment of Infant Growth Faltering in Uganda in September-October 1992, in collaboration with the Child Health and Development Center (CHDC) of Makerere University and the Nutrition Division of the Government of Uganda Ministry of Health (Teller et al, 1992). The WINS assessment was conducted at the same time as the Uganda Breastfeeding Assessment funded by the Mothercare and Wellstart Projects (Steele et al, 1992). The two assessments were intended to provide information for the formulation of a national Child Nutrition and Growth Promotion (CN/GP) Action Plan and subsequent project designs.

At the request of the MOH, and with support from U.S.A.I.D./Kampala and UNICEF/Kampala, an Information Dissemination Seminar and a Planning Workshop were held to discuss the findings from both assessments and develop a three year action plan to optimize young child nutrition and growth in Uganda. This report presents the highlights of the WINS team's participation in these activities and the agreements reached with U.S.A.I.D., UNICEF and counterpart Ugandan institutions regarding follow-up support for the implementation of the Plan.

II. ACTIVITIES

The WINS external advisors, per A.I.D.'s request, carried out the following activities:

- Reviewed with the WINS in-country team members (from the MOH Nutrition Division and CHCD) the findings of the WINS assessment for presentation at the Seminar;
- Participated in the Dissemination Seminar and Planning Workshop as technical resource persons;
- Discussed the finalization of the Assessment Report;
- Made initial planning visits to two of the three pilot districts (Rukungiri and Iganga) for the development of a three year CN/GP program proposal;
- Discussed with U.S.A.I.D./Kampala, UNICEF, MOH and CHDC WINS' and U.S.A.I.D./Kampala's follow up support to the national CN/GP Action Plan.

III. MAJOR HIGHLIGHTS OF THE INFORMATION DISSEMINATION SEMINAR AND PLANNING WORKSHOP

A. Information Dissemination Seminar

The one day seminar was inaugurated by the Minister of Health and presided by the new Deputy Minister. Over 100 participants attended and were given copies of the Summary of Findings

and Recommendations from both assessments (Mothercare/Wellstart/WINS, November 1992). Ms. Essama moderated both the Breastfeeding and the Infant Growth assessment presentations and Dr. Teller presented the rapid assessment procedures (RAP) (which were used by the WINS/Uganda team) and the epidemiological findings.

The Seminar was conducted in an efficient and productive manner, and permitted candid exchanges of views among the participants regarding the findings and recommendations from both assessments and their program implications. The following major points and recommendations emerged from the Seminar:

1. the WINS assessment confirmed the Demographic and Health Survey (UDHS) findings of high levels of child stunting and early onset of growth faltering. It identified major illnesses as the most important determinants of early growth faltering, along with inadequate child caring capacity, lack of or limited access to quality health care, household food insecurity and social problems;
2. the participants emphasized the need for a multisectoral approach in the design and implementation of infant feeding and nutrition interventions and the need to revitalize growth promotion at the district and community levels through training of district level teams in RAP, integrated management and supervision, community-based nutrition education and surveillance approaches and increased operational support of district health teams and other extension personnel;
3. the need to promote optimal infant and young child feeding practices, particularly exclusive breastfeeding during the first four to six months and appropriate weaning practices was identified as one of the priority interventions to be implemented at all levels;
4. current child growth monitoring and promotion activities and maternal nutrition monitoring approaches need to be reevaluated and concrete steps taken to accelerate their integration into PHC and CBHC programs;
5. given that maternal undernutrition was found by the WINS team to be prevalent in sample households with malnourished children, the participants recommended that complementary studies be carried out to better understand the dynamics of maternal undernutrition and its relationship to young child malnutrition and to formulate cost-effective, synergistic strategies for addressing both problems.
6. The recommendation by the Breastfeeding Assessment team that the Uganda Lactation Management and Evaluation Team (ULMET) be given the necessary technical and financial support to design and conduct training of health care and other service providers at all levels (as part of a national breastfeeding promotion program) did not receive widespread support, as the DMOs and some high ranking MOH representatives found the proposal to be a top-down, vertical

training approach. The participants recommended instead that the design and implementation of training programs be decentralized and institutionalized at the district level and that existing training institutions such as the National Manpower Development and Training Center (MOH) be strengthened through technical assistance to enhance their coordination and/or technical support role(s).

B. Planning Workshop

The three-day exercise was held in Jinja right after the Seminar. It was attended by approximately thirty MOH and University health professionals (mainly from the Mulago Hospital and Makerere University Medical School, the Ministry of Health in Entebbe and three district medical offices), representatives from two other ministries, and the Wellstart and WINS external advisors. Essama and Teller (WINS) and Martha Holley (Wellstart) served as facilitators and resource persons. The main objective was to develop a National Action Plan for Child Nutrition and Growth (Annex B). The participants prioritized the main issues and broke up into smaller working groups to develop specific action plans to address these priority issues. The following working groups were formed:

- National Policy
- Training and Research
- Capacity Building
- Community Nutrition and Growth Monitoring/Promotion.

The working group on Community Nutrition and Growth Monitoring/Promotion (CN/GMP) was assisted by Dr. Teller and included the DMOs from the two WINS pilot districts (Rukungiri and Iganga). The Training group was assisted by Ms. Martha Holley and Bibi Essama rotated among all the workgroups to observe the process and provide technical advice as appropriate. The draft action plan developed by the work group on Community Nutrition/Growth Promotion was very helpful in sensitizing the two DMOs to nutrition concerns and provided the basis for the subsequent WINS field visits to their respective districts.

Since the agenda of the Seminar did not permit adequate consideration of the startling WINS findings on significant levels of maternal malnutrition, the participants recommended that another workshop be held soon on maternal nutrition and its relationship to low birth weight and infant growth faltering, women's workload and household food insecurity. The participants also recommended that the RAP which were used by the WINS/Uganda team be extended to other priority districts, to increase awareness of nutrition problems in the districts and communities and strengthen the capacity of the DHMT's to support the implementation of the CN/GP Action Plan.

At the conclusion of the Workshop, the participants recommended that the workshop sponsors (MOH, CHBC, ULMET) appoint a small task force to integrate the separate pieces prepared by the different workgroups into a single coherent Action Plan.

IV. IN-COUNTRY REVISION OF THE WINS ASSESSMENT REPORT

Teller subsequently met with the WINS/Uganda in-country team to revise the second draft (October 1992) of the WINS Assessment Report. Dr. Teller received useful comments from the WINS in-country team and he will finalize the report in Washington by incorporating the team members' suggestions and the excellent summary of recommendations presented by Dr. John Mudusu at the Seminar. Given the high interest generated by the WINS findings among MOH field personnel, the team recommended that the WINS assessment report be summarized for wider circulation and attractively presented for more effective use by non-academic operational personnel at the districts and county levels.

V. DISTRICT LEVEL CN/GP PROGRAM DEVELOPMENT

The week following the workshop, Dr. Teller returned with selected members of the WINS assessment team to two of the three proposed WINS pilot districts to present the findings from the WINS assessment to the District authorities and Health Management Teams and hold initial planning sessions with people identified by the DMOs and other relevant local authorities as focal persons for nutrition and growth promotion in the respective districts. The draft National Action Plan for CN/GP was used as the basis for integrating CN/GP into the three-year District Health Plans. Dr. Teller assisted the district counterparts in making more detailed and feasible plans, by integrating child nutrition and growth promotion into the existing MCH program at the community and parish levels. Focal persons for the implementation of district specific GP activities were identified at each level of the system and were invited to become involved right at this early stage of program development. Six pilot subcounties in each district were identified and the team visited one subcounty in each district to begin the process of participatory, grassroots sensitization and planning. Resource requirements for capacity-building, training, materials, operations research/RAP, supervision and logistical support were estimated. Preliminary outlines of a multisectoral community-based, growth promotion and nutritional information system were drafted (Annexes C and D). Both districts expressed keen interest in getting the CN/GP initiative off the ground early in 1993.

VI DISCUSSIONS WITH U.S.A.I.D./KAMPALA, UNICEF AND UGANDAN COUNTERPART INSTITUTIONS REGARDING FOLLOW-UP COLLABORATION WITH WINS.

Before and after the Seminar and Workshop, the WINS team held meetings with representatives from U.S.A.I.D., UNICEF, the MOH and CHDC to discuss prospects for future collaboration with WINS to support child nutrition and growth promotion in Uganda. The MOH Nutrition Division sent a letter to U.S.A.I.D./HPN requesting further WINS technical assistance for the implementation of the national CN/GP Action Plan.

U.S.A.I.D. HPN Officer Joan La Rosa encouraged WINS to continue to collaborate with the MOH and the CHDC to build the capacity of local institutions and groups to conduct rapid nutritional assessments and support child growth promotion activities at the district and lower levels. She also indicated the need for WINS to collaborate with relevant GOU institutions to develop a community-based nutrition information system that can be implemented/pilot tested in selected districts under the new Mission-funded DISH Project.

UNICEF reiterated its commitment to continue to support capacity-building in community nutrition through the MOH Nutrition Division and the CHDC and collaborate with WINS to enhance coordination of technical support to the nutrition sector. WINS, UNICEF the MOH Nutrition Division and CHDC representatives agreed to work together to develop a coordinated strategy and budget for technical cooperation for the implementation of the three year CN/GP Action Plan at the district and central levels. UNICEF also expressed interest in community nutrition information/surveillance systems and collaborating with WINS in this area. CHDC offered to house the WINS CN/GP technical support program and UNICEF agreed to support much of the in-country operational and logistical support costs.

VII NEXT STEPS/FOLLOW-UP ACTIONS

- A. Expand the WINS RAP method to other priority PHC districts, beginning with the Arua district in February 1993 (date to be confirmed by Dr. Lwamafa).
- B. The WINS teams in Washington and Uganda will develop a proposal for WINS follow-up support to the implementation of a child nutrition/growth promotion strategy to be implemented in selected pilot districts. The proposal will include a nutrition information system to monitor child nutritional status and growth and the nutritional effects of selected interventions carried out under the program. Two of the four goal-level indicators of the U.S.A.I.D./Kampala CPSP, i.e. household food security (food budget as % of total expenditures) and child stunting (low height for age), would be monitored through this system. The proposed program will a) seek to improve the capacity of the MOH Nutrition Division to plan, train and support the integration of CN/GP strategies within MCH and PHC programs and b) develop relevant applied and operational research methods (including RAP) to support growth monitoring and promotion at the district and lower levels. Support to the CHDC would strengthen the nutrition content and approaches of training programs and supervisory protocols at county, sub-county and community levels. As part of the proposal development process, the WINS in-country team, assisted by Dr. Teller, developed a preliminary proposal outline in mid-December for review by EDC and A.I.D./W.

- C. Provide technical support for a national workshop on Maternal Malnutrition in Uganda (chronic undernutrition and micronutrient deficiencies). The workshop will focus on the relationship of maternal malnutrition to women's health and workload and household food security. (The workshop would be held sometime after the Vitamin A workshop scheduled for February).
- D. The Recommendations section of the WINS Assessment report will be revised by Dr. Mudusu (MOH) and submitted to WINS/Washington by the end of December 1992 for incorporation into the final report.
- E. WINS/Washington will provide feedback to the MOH and U.S.A.I.D./Kampala regarding the timing of the WINS/RAP in the Arua district.
- F. WINS/W will prepare a detailed outline and draft of the WINS assessment Summary document in January 1993 and submit it to the WINS in-country team for their review and comments.

ANNEX A

ANNEX A

LIST OF PERSONS CONTACTED

U.S.A.I.D./Kampala

Tel: 256-41-241521/242896/235779/235879

Fax: 256-41-233417

Mr. Keith Sherper
Mission Director

Ms. Holly Wise
Human Resources Development Officer

Joan LaRosa
HPN Officer
Tel: 256-41-233417

Mr. David Pucket
Health Officer

Ministry of Public Health

Tel: 256-42-20537

Dr. D.K.W. Lwamafa
Director, Nutrition Division
Tel: (office) 256-42-20401

Dr. John Mudusu
Medical Nutritionist
Ministry of Public Health

Mrs. Ursula Wangwe
Nutritionist
Nutrition Division

Dr. James Baguma
District Medical Officer
Iganga District Medical Office

Dr. James Akatwijuka
District Medical Officer
Rukungiri District Medical Office

Makerere University

Dr. Jessica Jitta
Director, Child Health and Development Center (CHDC)
Kampala
Tel: 256-41-541684

Dr. Karamagi
Deputy Director, CHDC

Mrs. Louise Sserunjogi
Nutritionist
CHDC
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Kampala
Tel: 256-41-541684
Fax: 256-41-531350

Mrs. Imelda Zimbe
Nutritionist, Institute of Public Health
Makerere University Medical School and
Mwanamugimu Nutrition Service
Old Mulago
Tel: 256-41-554845

Dr. Gelasius Mukasa
Lecturer, Department of Pediatrics
Makerere University Medical School
Vice-Chairman of the ULMET Program

Mrs. Proscovia Helen Mateega
Senior Health Visitor
Department of Pediatrics
Makerere University Medical School

Dr. Tom Barton
Medical Anthropologist, CHDC

Mbarara University

Mrs. Jocelyn M. Tindiweegi, Senior Nursing Officer
Mbarara University Teaching Hospital

UNICEF
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Kampala
Tel: 256-41-234591
Fax: 256-41-259146

Dr. Ivonne Rizzo
Health and Nutrition Advisor

Mr. Bjorn Lundquist
Program Director

Dr. John Ndiko
Director, Southwest Integrated Project (SWIP)

ANNEX B

OPTIMIZING BREASTFEEDING AND INFANT GROWTH IN UGANDA

WORKSHOP OBJECTIVES

1. Review the health sector-related nutrition component of the draft National Food and Nutrition Policy and Strategy (NFNP/S) and Action Plan
2. Review the recommendations of the breastfeeding and infant growth assessments
3. Broaden the draft National Action Plan for the Promotion of Breastfeeding and Weaning to embrace growth promotion of infants and young children, and develop objectives, strategies and activities for a three-year period, and a more detailed workplan for the first year of the action plan
4. Draw up specific and detailed 1993 workplans (at the district level if possible) in:
 - (i) ~~Baby Friendly~~ Baby Friendly Hospital Initiative (BFHI)
 - (ii) ~~Growth Monitoring and Promotion~~ Growth Monitoring and Promotion (GM/P)
5. Identify potential resources and foci of responsibility for implementing the work plans.

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PLANNING WORKSHOP

OPTIMIZING BREASTFEEDING AND INFANT GROWTH IN UGANDA

Timetable: Tuesday, 1 December 1992

- 7:30 Breakfast
- 8:30 Review and discussion of workshop objectives- Mukasa
- 9:00 Review of Health Sector-related Nutrition Component of the National Food and Nutrition Policy, Strategy and Action Plan- Mudusu
- 9:40 Review of National Action Plan for Promotion of Breastfeeding and Weaning- Wangwe
- 10:20 Review and discussion of recommendations of the Breastfeeding and Infant Growth Situation analyses- Mukasa and Mudusu
- 11:00 Tea Break
- 11:30 Prioritization of Infant and Young Child Growth Promotion Action Plan- Essama
- 1:00 Lunch (and meeting of Organizing Committee)
- 2:00 Introduction to Group Work- Karamagi
- 2:15 Group Work on Priority Areas of the Action Plan
- 4:00 Tea break
- 4:30 Continue Group Work and prepare Group Report for 8:30 am Wed. morning
- 7:00 Meeting of Organizing Committee

PROGRAMME

NATIONAL INFORMATION DISSEMINATION SEMINAR ON BREASTFEEDING AND INFANT GROWTH

A SITUATION ANALYSIS
30TH NOVEMBER 1992

KAMPALA INTERNATIONAL CONFERENCE CENTRE

SESSION I: CHAIRMAN: PERMANENT SECRETARY/DIRECTOR OF MEDICAL SERVICES,
DR E G N MUZIRA

08.00 am Arrival and Registration
09.00 am Arrival of Invited Guests
09.15 am Welcome Statement
Outline of Objectives of Seminar
09.30 am Opening Address by the Hon. Minister of Health, Dr J Makumbi
10.00 am TEA BREAK

SESSION II: CHAIRMAN: MARTHA HOLLEY NEWSOME

10.30 am Presentation of the State of Breastfeeding in Uganda:
Practices and Promotion
10.50 am Discussion
Recommendations

SESSION III: CHAIRMAN: BIBI ESSAMA

11.30 am Presentation on Infant Growth Faltering in Uganda
11.50 am Discussion
Recommendations

SESSION IV: CHAIRMAN: DR D K W LWAMAFU

12.30 pm Closing Remarks - Prof. J Kakitahi
01.00 pm LUNCH BREAK
Departure



TO: MRS. URSULA WANGWE

FROM: DR. LWAMAFU

DATE: 27th November, 1992.

RE: TRIP TO RUKUNGIRI DISTRICT WITH WINS TEAM AFTER THE
PLANNING WORKSHOP OF 1ST - 3RD DECEMBER, 1992 IN JINJA.

This is to inform you that AID/w has conveyed its approval that the WINS Team members, Dr. C. Teller and M/S Bibi Essama will be available to proceed with you and Mrs. Louise Sserunjogi to Rukungiri the week following the finalization of the above planning workshop.

The purpose of this memo therefore, is to assign you to be the Team Leader on this trip and also agree on the expectations and outcome of the mission.

I hope that this will be more clearly defined after consultation with the D/C Rukungiri, who will be present during the planning workshop. However it is important that certain issues to which the D/C raised some concern be addressed in good time.

These include:-

- 1) Review of relevant documentation regarding proposed plans of action in Rukungiri District.
- 2) Review any of the training materials that might have been previously developed.
- 3) Review any implementation, monitoring and evaluation strategies.
- 4) Review the roles of the various actors and reporting systems.
- 5) Review logistics and matters pertaining to funding.
- 6) Review any other matters relevant and pertaining to the positive development of these proposals. The trip funding process is under way and you should finalize this issue with UNICEF.

I am confident that you will avail all the necessary support to the external counter parts in pursuit of attaining our goals.

I wish you the best while in the field and look forward to the field trip report.

c.c. Dr. Kyabaggu, (1st Commissioner for Medical Services.

d.c. Mrs. Louise Sserunjogi ✓

c.c. Dr. C. Teller

c.c. M/S Bibi Essama.

c.c. Dr. I. Rizzo (UNICEF).

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NATIONAL INFORMATION DISSEMINATION SEMINAR ON
BREASTFEEDING AND WEANING SITUATION ANALYSIS

INTRODUCTION:

Between August and October this year two teams of consultants carried out preliminary country situation analyses of breastfeeding and weaning in Uganda. The teams debriefed a select group of participants about their preliminary findings before they embarked on writing the final reports. It is now deemed necessary to report the results of these studies as widely as possible in a national dissemination seminar and also to provide a feedback to the key informants in the study.

SEMINAR OBJECTIVES

1. To disseminate the findings and recommendations of the situation analyses and sensitize the community about infant and young child nutrition.
2. To give a feedback to as many of the key informants as possible.
3. To stimulate discussion and generate additional recommendations from participants.

PARTICIPANTS

A. MINISTRY OF HEALTH

1. DR LWAMAFU
2. ADMS/MCH/FP
3. UNEPI PROGRAMME MANAGER
4. ADMS/PHC
5. MS R. RUSHOTI
6. ADMS/TRAINING
7. CDD PROGRAMME MANAGER
8. MS WANGWE
9. CHIEF NURSING OFFICER
10. ADMS/HEALTH EDUCATION
11. ADMS/PLANNING
12. CHIEF HEALTH INSPECTOR
13. ACP PROGRAMME MANAGER

B. NGO'S

1. WHO
2. UNICEF
3. USAID
4. AMREF
5. MOTHERCARE (UGANDA)
6. YWCA
7. PRIVATE MIDWIVES ASSN.
8. FAMILY PLANNING ASSN.
9. TASO

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- 10. RUKUNGIRI IDMO
- 11. ARUA IDMO
- 12. " IDHV
- 13. KINONI (RWAIUNUNGA)

L. OTHERS

- 1. MS. B. LEMNA - BFHI CONSULTANT
- 2. MS K. NIHO - CASE WESTERN
- 3. DR D. GIHANGA - SAVE THE CHILDREN FUND

SEMINAR VENUE

This will be at the International Conference Centre in Kampala

TIME TABLE - 30 NOVEMBER 1992

8.00 am	-	Arrival of participants
9.00 am	-	Arrival of invited guests
9.15 am	-	Welcome address and outline of objectives
9.30 am	-	Opening address by Guest of Honour
10.00 am	-	TEA BREAK
10.30 am	-	Presentation of Breastfeeding Situation Analysis
10.50 am	-	Discussion and recommendations
11.30 am	-	Presentation of Weaning Situation Analysis
11.50 am	-	Discussion and recommendations
12.30 pm	-	Closing Remarks
1.00 pm	-	LUNCH AND DEPARTURE

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PROMOTING OPTIMAL BREASTFEEDING AND WEANING PRACTICES IN UGANDA

INTRODUCTION

In May 1992, a workshop was organized by the Ministry of Health to draft an Action plan for promotion of breastfeeding and optimal weaning practices. Implementation of the plan of action is now proposed with due consideration of the findings and recommendations of the recently completed situation analyses on the current situation pertaining to breastfeeding and weaning practices in this country. As a complementary measure, the Uganda lactation management and education team (ULMET) in collaboration with the Ministry of health has embarked on a phased introduction of the baby friendly hospital initiative (BFHI) in support of this effort. In addition a child growth monitoring and promotion proposal was drafted and is in the process of being implemented in the pilot districts.

WORKSHOP OBJECTIVES

- Item I Review:
- (i) the national action plan for promotion of breastfeeding and weaning
 - (ii) the growth monitoring and promotion proposal
 - (iii) the baby friendly hospital initiative
- 2 Review the recommendations of the situation analysis report as well as those of the dissemination seminar.
- 3 Refine or re-define item I (i), (ii) and (iii) in the light of the recommendations and any other new development.
- 4 Draft a workplan for Item I (i), (ii) and (iii)
- 5 Identify resources and loci of responsibilities for implementing the work plan.

OUTPUT

1. By the end of the workshop the action plan in the three areas shall be ready for presentation to and approval by the Ministry of Health.
2. The workplan in the three areas shall have been completed giving the broad outlines for a three year period but with more detailed workplans for the first year of the action plans.
3. Responsibilities will have been assigned to individuals or organizations or departments to implement different sections of the workplan.

PARTICIPANTS:

- *1. Dr. D. Lwamafa
2. Ms. U. Wangwe
3. Dr. F. Musonge
- *4. Dr. Zirembuzi
5. Ms. Masaba/Akugizibwe

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- 6. Dr. Kiboneka
- 7. Prof. Kakitahi
- 26. Imelda Zimbe
- 8. Ms. Bagambaki
- 9. Ms. Nshimye
- *10 Dr. Mukasa
- *11. Dr. Karamagi
- 12. Dr. Gihanga
- 13. Dr. Nakabiito
- 14. Dr. Mudusu
- 15. Ms. Serunjogi
- 16. Dr. J. Jitta
- 17. Dr. Ojome
- 18. Dr. Engoru
- 19. Ms. Tindiweegi
- 20. Ms. H. Mateega
- 21. Ms. I. Zimbe
- 22. DMO Rukungiri
- 23. DMO Iganga
- 24. DMO Arua

- 25. USAID
- 26. UNICEF
- 27. WHO
- 28. WELLSTART
- 29. MOTHERCARE
- 30. WINS
- 31. PRITECH

* Denotes facilitators

WORKSHOP TIMETABLE

MONDAY

30/11/93

- 4.00 p.m. Depart from Kampala
- 7.00 p.m. Settling in
- 7.45 p.m. Facilitators meeting
- 8.30 p.m. Dinner

TUESDAY

1/12/92

- 7.30 a.m. Breakfast
- 8.30 a.m. Review and discussion of workshop objectives
- 9.00 a.m. Presentation of the National Action Plan for Promotion of Breastfeeding and Weaning - U. Wangwe
- 9.40 a.m. Presentation of the Baby Friendly Hospital Initiative (BHFI)
 - a) Global Perspective - Dr. Karamagi
 - b) Ugandan Perspective - Dr. Mukasa
- 10.20 a.m. Presentation of the Growth Monitoring Promotion Proposal - Dr. Mudusu
- Opening ceremony
- 11.00 a.m. Tea Break
- 11.30 a.m. Review and discussion of the recommendations of

3

- (i) The breastfeeding and weaning/infant feeding situation analyses report
- (ii) The National dissemination seminar

1.00 p.m. Lunch
 2.00 p.m. Group Work
 A. National Action Plan
 B. BFHI
 C. Growth Monitoring and Promotion
 4.00 P.M. Tea Break
 4.30 p.m. Continue Group work

 5.30 p.m. Facilitators meeting
 6.30 p.m. Recreation
 8.30 p.m. Dinner

WEDNESDAY

2/12/92

7.30 a.m. Breakfast
 8.30 a.m. Group A Report and discussion
 9.50 a.m. Group B Report and discussion
 11.00 a.m. Tea Break
 11.40 a.m. Group C Report and discussion
 1.00 p.m. Lunch
 2.00 p.m. Groups finalize their Action Plans
 2.40 p.m. Groups draft workplans, identify resources and responsibilities
 4.00 p.m. Tea Break
 4.30 p.m. Continue on workplans
 5.30 p.m. Facilitators Meeting
 6.30 p.m. Recreation
 8.30 p.m. Dinner

THURSDAY

3/12/92

7.30 a.m. Breakfast
 8.30 a.m. Presentation and discussion of Group A workplan
 9.10 a.m. Presentation and discussion of Group B workplan
 9.50 a.m. Presentation and discussion of Group C workplan
 11.00 a.m. Tea Break
 11.15 a.m. Groups finalize their workplans
 1.00 p.m. Lunch
 Closing and departure

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ANNEX C

**WINS CAPACITY-BUILDING SUPPORT FOR
THE IMPLEMENTATION OF THE NATIONAL CHILD
NUTRITION/GROWTH PROMOTION ACTION PLAN IN UGANDA**

1993-1995

I. Background

The Women and Infant Nutrition Support (WINS) Project carried out an assessment of Infant Growth Faltering in Uganda in September-October 1992, in collaboration with the Child Health and Development Center (CHDC) of Makerere University and the Nutrition Division of the Government of Uganda Ministry of Health (Teller et al, 1992). The assessment was intended to provide information for the formulation of a national Child Nutrition and Growth Promotion (CN/GP) Action Plan and subsequent project designs.

Following the development of the Action Plan and selected field visits to pilot districts, the U.S.A.I.D. Mission and the Ministry of Health (MOH) requested further WINS assistance for the implementation of the Plan.

The MOH request is designed to strengthen the capacity of Ugandan institutions (Nutrition Division, Child Health and Development Center, District Health Management Teams, Health Manpower Training Center) to plan and support the integration of child nutrition/growth promotion into decentralized MCH/PHC programs.

This proposal is intended to respond in a timely and appropriate manner to this request. It summarizes the preliminary discussions held with MOH and other relevant institutions in Uganda in December 1992 regarding further collaboration between the MOH, the CHDC and WINS for the implementation of the CN/GP Action Plan.

II. Objectives

A. General:

Strengthen the capacity of the Nutrition Division/MOH and the CHDC/Makerere University to support national, district and community level planning and implementation of the CN/GP Action Plan.

B. Specific:

1. Improve the capacity of the Nutrition Division to plan, train and support the integration of CN/GP within an integrated MCH/PHC strategy.
2. Improve/develop relevant applied and operation research methods to support PHC and CBHC maternal and infant nutrition, growth promotion and nutrition information systems at community and district levels.

III. Major Activities

- A. Create awareness of nutrition problems at district level.
- B. Further develop the rapid nutrition assessment methods (RAP) within the two pilot districts and expand their implementation to other priority PHC districts.
- C. Train a critical mass of district and community-based personnel in operations research, community nutrition/growth promotion and support supervision.
- D. Develop appropriate indicators for a simplified, bottom-up community and district level nutrition information system.
- E. Strengthen the growth promotion component of the training programs of national, district and county level training institutions.

IV. Implementation Strategy

- A. Develop an operational research approach to GMP and identify issues and GMP problems to be addressed through operations research.
- B. Develop more appropriate, reliable, participatory methods for community sensitization, mobilization and nutritional surveillance.

V. Resources required for WINS for a three-year period (1993-1995)

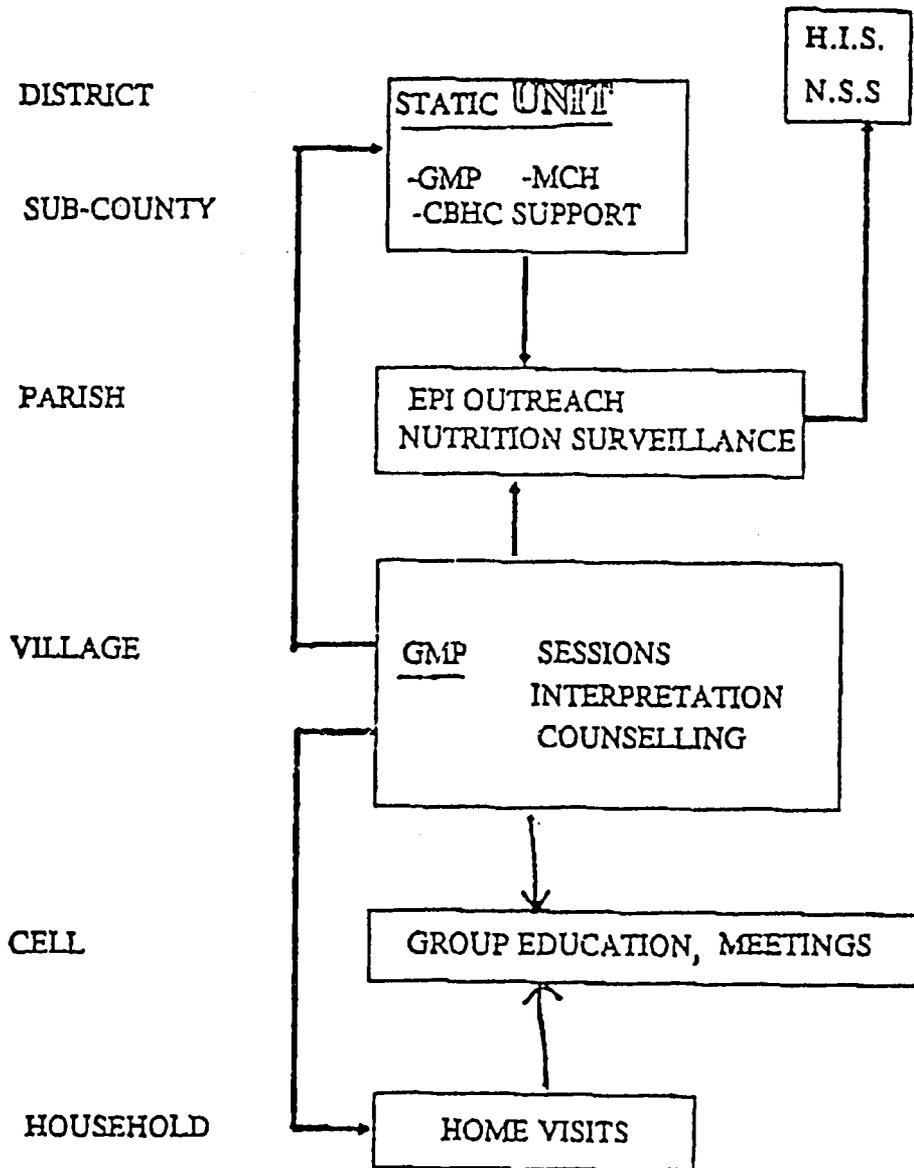
- A. In-country personnel (18p/m, approximate cost \$39,600)
 - 1. Coordinator/focal person
 - 2. Secretarial/administrative support
 - 3. Other part-time nutrition/growth promotion collaborators
- B. External technical assistance (12 p/m, approximate cost \$79,200)
- C. Other Direct Costs
 - 1. Data processing and publications (\$10,000)
 - 2. Office space, supplies, materials
 - 3. International and local travel of in-country and U.S. personnel
 - 4. In-country logistical and workshop support (to be cost-shared by UNICEF)

Total estimated budget for WINS for the three-year period is approximately \$200,000 (exclusive of UNICEF and U.S.A.I.D./Kampala support).

ANNEX D

**RUKUNGIRI GROWTH MONITORING/PROMOTION AND
COMMUNITY NUTRITION INFORMATION SYSTEM**

LEVELS



Source: Workshop on Child Nutrition/Growth Promotion, Jinga, December 1992.

IGANGA GROWTH PROMOTION STRATEGIES

<u>Entry Points</u>		<u>Personnel</u>		
<u>Level</u>	<u>Programme</u>	On-Job- Training Supervision	Weighing Monitoring	Counsel Promote
1. Fixed Facilities	Integrated MCH & (ANC)	HV MA	MW NA	AHV MW
2. Parish HMU & HC Team	EPI Outreach	MW MA, HA	CHWS	NA
3. Community	CBHC Women's Groups	CDA, HA, HO NA	Mother CHW	CHW TBA
4. Home	CDD Visits RC/CHW	HA	CHW	CHW

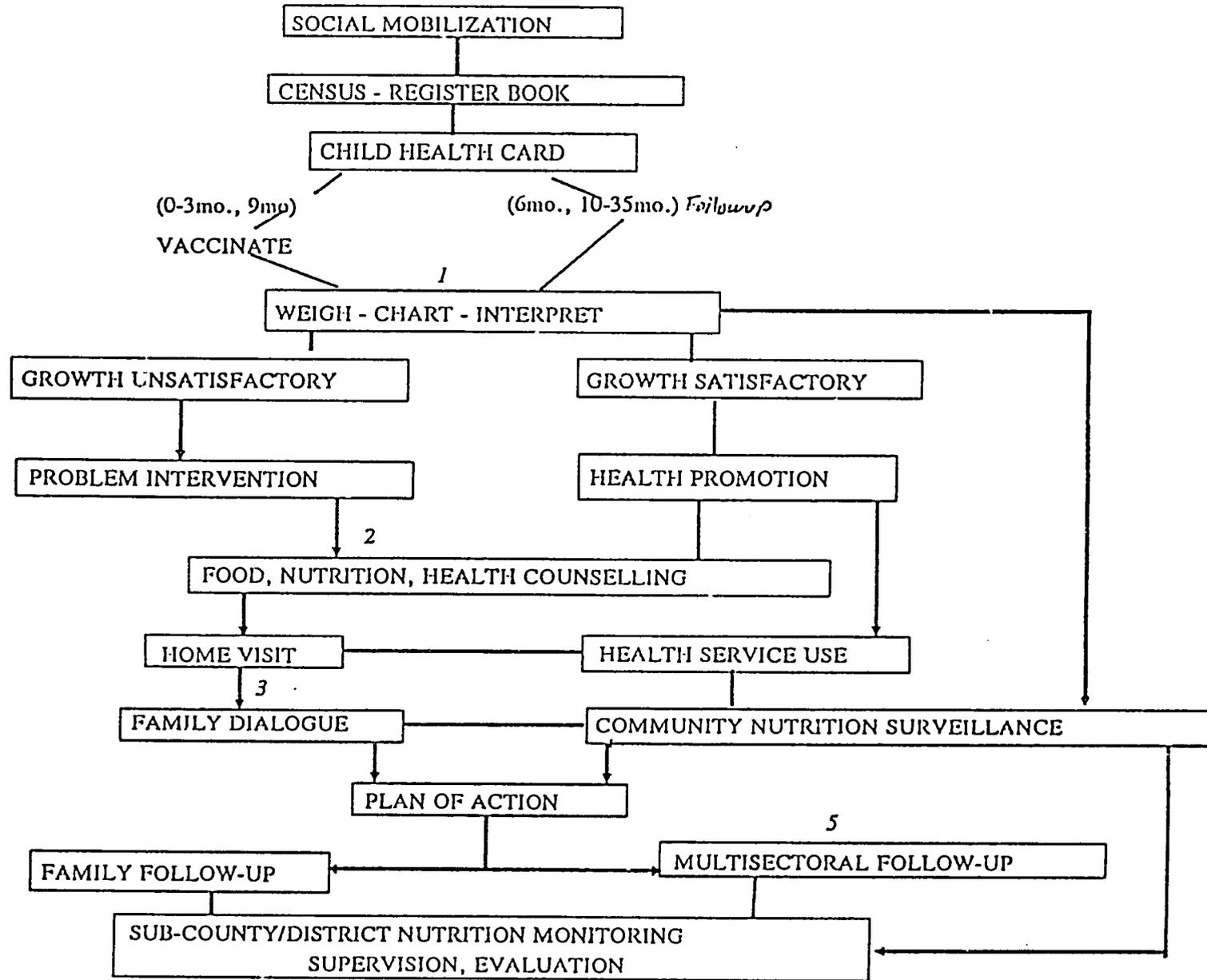
Note:

<p>AHV = Assistant Health Visitor</p> <p>HV = Health Visitor</p> <p>MA = Medical Assistant</p> <p>HA = Health Assistant</p> <p>HO = Health Orderly</p> <p>MW = Midwife</p>	<p>TBA = Traditional Birth Attendant</p> <p>CHW = Community Health Worker</p> <p>CDA = Community Development Assistant</p> <p>CBHC = Community-Based Health Care</p> <p>ANC = Ante-Natal Care</p> <p>CDD = Control Diarrheal Disease</p>
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BEST AVAILABLE DOCUMENT

Source: WINS Uganda Team, December 1992.

~~UGANDA~~
 A YOUNG CHILD GROWTH PROMOTION SUB-SYSTEM
 AT RC1-2 HEALTH UNIT & COMMUNITY LEVEL



Numbers = key interventions

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FOCAL POINTS: NUTRITION/GP	
RUKUNGIRI	IGANGA
District: DPC/PIC/DHMT/NGO/SWIP/CBHC	DHMT/District Health Plan/Women's Groups
County: Home Economist	Medical Assistants, Assistant Home Visitor (County Training Team)
Sub-County: Health Committee	Health Committee/Health Unit Management Team/Midwife
Parish: Community Health Committee/Community Based Trainer	Nursing Aid (NGP)
Village: CHW	TBA
Pilot Sub-Counties (Parishes) - CH/GP	
Ruhinda (Kichwamba)	Ibulankui (Busesa)
Nyakagyeme (Kahoko)	Ikumbia
Bugangari (Kazindiro)	
Kebisoni (Kabingo)	Namungware
Kayonza (Kyeshero)	Bulamagi
Nyarushane (Bunano)	Imanyiro (Mayage)
POPULATION 400,000	950,000
COUNTIES/SUB-COUNTIES 3/18	6/39

Source: WINS Uganda Team, December 1992.

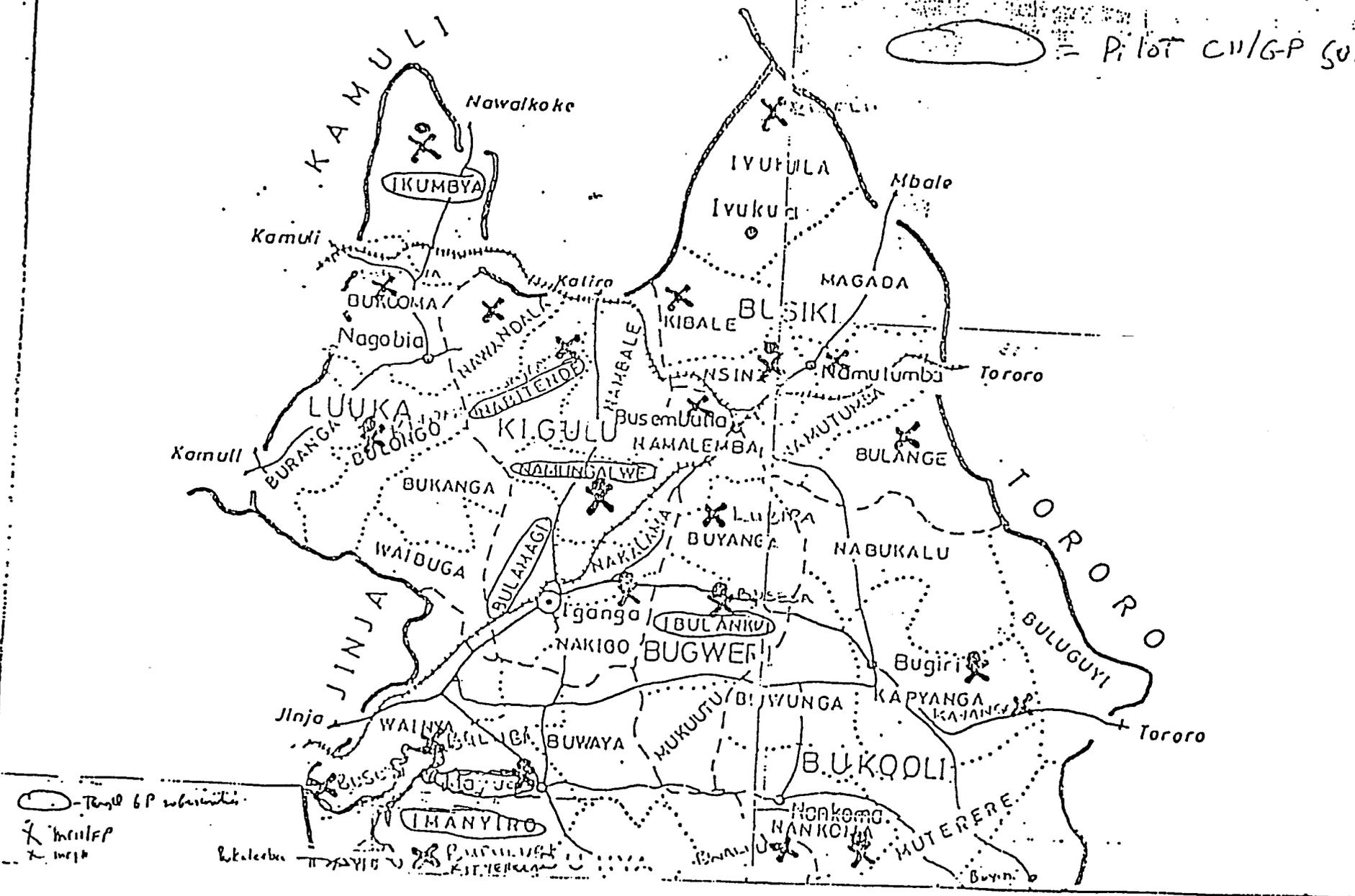
KEY GROWTH PROMOTION ACTIVITIES / TASKS

Focal Person at Outreach, Community Level

1. TARGET HIGH RISK INFANTS, MOTHERS, VILLAGES
2. MANAGE GMP SESSION WITH CHW, CBT, RC ASSISTANCE
3. QUALITY IMPLEMENTATION AT GMP SESSION
 - A. Monitor Weight
 - B. Assess Growth Pattern
 - C. Interpret Feedback to Mother
 - D. Dialogue & Counsell
 - E. Case Management - Treat, Refer, Catch-up Growth Advice, Social Problem Posing
 - F. Make Appointment For Next GMP Session
4. TARGETED HOME VISIT & FAMILY COUNSELLING
5. RECORD KEEPING, GP TALLY, NUTRITION SURVEILLANCE INDICATORS
6. ON-JOB-TRAINING/SUPERVISION OF COMMUNITY ASSISTANTS: e.g. CHW, TBA, HO, CDA, RC-Secretary, Teacher, etc.
7. COORDINATE WITH EPI, CDD, ANC, FP, HOME IMPROVEMENT

Source: WINS Uganda Team, December 1992.

IGANGA DISTRICT



Source: WINS Uganda Team, December 1992.

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