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Lactation management training follow-up/
technical assistance visit

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Audrey J. Naylor and
Ruth A. Wester, INCS Consultants

Prepared by Education Development Center, Inc.
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INTRODUCTION

Since 1983, the San Diego Lactation Program, through a contract with the International Nutrition Communication Service (INCS), has carried out in-service training courses in lactation management for health professionals from developing countries. The program trains teams of physicians and nurses from teaching hospitals as lactation specialists. They, in turn, are to assume training and hospital-based breastfeeding promotion upon their return. The Lactation Specialist Training Project has held four training programs in which six teams of Indonesians have participated.

This consultation visit was carried out as a follow-up to the Indonesian training; visits were made to three teaching hospitals from which seven participants came and at which breastfeeding programs are being undertaken. The consultants also made presentations at lactation management seminars for health professionals and administrators. As this report shows, the training participants have made impressive progress in the promotion of lactation management. Rooming-in is established in five out of the six hospitals; half of the hospitals have lactation clinics, and research projects are planned or underway. Participants have carried out several of their own training sessions, which have generated enthusiasm for and interest in carrying out breastfeeding procedures in hospitals. Certain audio-visual aids, such as slide-tape shows, have been developed to demonstrate the advantages of rooming-in. The consultants note that the speed with which progress is being made could be increased even more through such steps as training for professionals from government-sponsored medical schools, development of a standardized curriculum on lactation consistent with present nursing, medical, and midwifery curricula, and the provision of funding for development of appropriate teaching materials.

Christine Hollis
Staff Communications Specialist, INCS
October 1985

LACTATION MANAGEMENT TRAINING
FOLLOW-UP/TECHNICAL ASSISTANCE VISIT
TO INDONESIA

I. Background for Consultation Visit

This consultation/technical assistance visit was undertaken as part of the Lactation Specialist Training Project carried out by the San Diego Lactation Program through a contract with the International Nutrition Communication Service (INCS). The Project included two components: (1) four weeks of in-depth training in San Diego for nurse-physician teams from teaching hospitals in developing countries and (2) a follow-up visit to graduates of the training project to provide them with technical assistance in the development of their own lactation service and teaching programs.

Four San Diego Training sessions have been held with 35 trainees from 14 teaching hospitals in 10 countries. During June and July of 1984, follow-up visits were carried out for 6 of the 7 teaching hospitals where graduates (14) of the first 2 training sessions (held in August 1983 and January 1984) are developing programs. A previous report filed with INCS in September of 1984 reviews that consultation visit.

The current report reviews the activities of the second set of follow-up visits carried out in three Indonesian teaching hospitals where 7 graduates of the third San Diego training session (held November-December 1984) are located. In addition,

the visit itinerary was planned to enable the consultants to respond to requests from the Indonesians for presentations at: (1) a National hospital administrators meeting during which a half day session on hospital policies in support of lactation and breastfeeding was scheduled and (2) training workshops for health professionals in 4 cities: Jakarta, Palembang, Padang and Denpasar. Lastly, with funding from UNICEF Indonesia, a 2 day meeting of all 15 Indonesian lactation program graduates was arranged during this consultation visit.

II. Activities and Observations

May 10-12 - Travel - San Diego to Jakarta

Sunday, May 12 - Jakarta

Consultants met with Drs. Paul Matulessy (Executive Secretary of BKPPASI) and Winahyo Prakoso (obstetrician and perinatologist; graduate of the SDLP training project, session III) to be briefed on the meetings and travel scheduled for this consultation/technical assistance visit.

Monday, May 13 - Jakarta

Consultants participated in a one day workshop for 75-80 physicians, nurses and midwives from 22 hospitals in Jakarta. This session was planned and carried out by the four San Diego Lactation Program graduates from Jakarta (Dr. Rulina Suradi, Dien Sanyoto Besar, Winahyo Prakoso and Mrs. Suryama Soebekti) with the assistance of Dr. Matulessy and the BKPPASI staff.

The workshop took place at a private maternal and child hospital (Harapin Kita, 200-300 deliveries a month). During the morning half of the workshop formal presentations regarding current issues in promoting breastfeeding were given. Consultants presented papers on (1) rooming-in and (2) breastfeeding management technique.

During the early half of the afternoon the group was divided into two sections to consider issues of implementing a promotional program in individual hospitals. One consultant joined each group as a resource person. A final plenary session to review the results of these discussions

completed this workshop.

This workshop generated a great deal of interest among those attending and at the conclusion, the organizers were asked to develop a plan for providing more in-depth training for staffs of all twenty-two hospitals.

One event during this workshop which had both a plus and minus value was the use of a new slide-tape show on rooming-in developed by Dr. Winahyo, Dr. Matulesy and colleagues. The series is intended for use with mothers. The primary material seemed quite good. However, because of lack of funds, support was requested from and provided by Johnson and Johnson. The company funded the production, preparation of several sets, and a gift of three "state of the art" slide-tape players. The "cost" of this support was the inclusion of two rather lengthy sections (mid-way through and at the end) advertising Johnson and Johnson baby cologne and powder, neither of which is currently considered desirable for newborns. It is clear that some source of funds without commercial strings attached is needed to develop materials such as this slide-tape show.

Other activities of the consultants during this particular day included a tour of the maternity units provided by the hospital's neonatologist, Dr. Tituk. Rooming-in is only partially carried out and babies receive supplements of water and formula. Upper income women (designated as "first class" patients) were reported to be particularly resistant to rooming-in. They feel someone else should take care of their baby. Additionally, the

consultants observed that the nursing staff knowledge regarding lactation, breastfeeding and the neurodevelopmental capabilities and needs of the newborn was minimal. Without updating, implementation of a successful breastfeeding promotion program will be nearly impossible.

Tuesday - Wednesday May 14-15 - Jakarta

These two days were devoted to a meeting of the Indonesian graduates of the San Diego Lactation Program. Fourteen out of fifteen graduates were able to attend, seven physicians and seven nurses (appendix 1). This meeting was funded by UNICEF Indonesia and held at the Dr. Cipto Mangunkusumo Hospital. The objectives and schedule for the meeting are attached as appendix 2.

Following welcoming remarks from Dr. Samil, head of the obstetrics department, graduates presented reviews of the progress made in all six programs.

An additional presentation was made by Dr. Gulardi Wiknjastro, also a member of the obstetrics department at Dr. Cipto Hospital. He reviewed selected results of a recent survey of 167 health personnel, 60 hospital administrators and 451 mothers in 15 teaching hospitals in Indonesia regarding the practice of and attitudes towards rooming in. Highlights of this report included the finding that only 50% of infants in these hospitals were rooming-in, 35% of personnel did not feel 24 hour rooming-in was necessary and 55% felt there were one or more disadvantages for mothers and/or babies.

During the second day of the meeting, the revised schedule included:

1. A clinical conference with each team presenting an interesting case which they had dealt with for review and discussion by the group.
2. A brief review of research activities which have been or are being undertaken.
3. Separate discussions of nursing issues and physician issues.
4. Final review of overall needs of all programs.

Needs identified included:

- a) opportunities for additional staff from each hospital to have a training experience in Semarang. Such training had been provided for 6 midwives from Padang and was considered very successful.
- b) basic audio - visual equipment. Slide projectors are owned by all hospitals but are shared by many and thus are not always available when needed.
- c) a standardized curriculum. The physicians were particularly concerned regarding the need for a uniform, standardized curriculum for use in all of the teaching hospitals. This was discussed at some length. Dr. Dien Sanyoto Besar volunteered to assume responsibility as a coordinator of an effort to develop a curriculum and a syllabus. Each physician agreed to contribute one or more

sections.

d) the group recommended that a new organization of lactation specialists not be developed. Rather, PERINASIA and BKPPASI could and should serve as organizational bases for those with a lactation subspecialty.

Thursday, May 16 - Jakarta

1. Consultants participated in a half day session on "Rooming-in" presented at the National Hospital Administrators meeting. This session was also organized by the San Diego graduates. Dr. Emelia Suroto-Hamzah, Dr. Suedibyakti Adenoto and Dr. Rulina Suradi all participated. Approximately 140 attended this session. Interest level was excellent.
2. Travel - Jakarta to Palembang
3. Guests at a dinner hosted by the Dean of the Medical Faculty, Sriwyanyo University and attended by six members of the faculty.

Friday, May 17 - Palembang

San Diego graduates, Dr. Nancy Pardede and Mrs. Maryanti had arranged a one day workshop for staff of their hospital (Palembang General Hospital) as well as from other regional hospitals and health centers and women's groups. Approximately 50 people attended and more would have come if there had been sufficient space. The session was very well planned and carried out with an excellent review of reasons for breastfeeding, anatomy and physiology, and techniques

and procedures. It was particularly effective because procedures and problems were illustrated with patients.

During the lunch break, a tour of the hospital was provided for the consultants. Of the six Indonesian teaching hospitals from which lactation trainees have originated, the Palembang General Hospital is the most limited in financial resources. Approximately 5500 deliveries occur annually. Rooming-in was not yet in place due to resistance by the Chief of Obstetrics (who was out of town during this visit). According to Dr. Pardede and other faculty, he fears that rooming-in will result in mothers leaving without paying their bills.

While rooming-in is not yet in place Dr. Pardede and Mrs. Maryanti have been able to find space and time (two half-days a week) to run a lactation clinic. Dr. Pardede plans to train lay mother counselors using this clinic as a training resource.

Saturday, May 18, 1985

Travel from Palembang to Padang. On arrival in Padang, we were immediately transported to the location of another day long regional workshop on lactation and breastfeeding which had begun two hours earlier. One hundred and forty health professionals from throughout West Sumatra were in attendance. Among those present were directors of all hospitals in West Sumatra, representatives of perinatal professional organizations, pediatrics, Ob/Gyn, midwives, nurses, womens' organizations, nursing school faculty and family planning workers. The session was planned and

chaired by Dr. Parma Oemi Asnil (Session III graduate). Consultants provided a review of the teaching activities of the San Diego Lactation Program. Other speakers included Dr. Paul Matulesky who described the national breastfeeding activities and Dr. Soedibyakti Adinoto who discussed the lactation program of the Dr. Kariadi Hospital in Semarang.

Sunday, May 19, 1985 - Padang - a day of rest

Monday, May 20, 1985 - Padang

Tour of the Padang Hospital, Dr. M. Jamil. Rooming-in had just been undertaken very cautiously and included only the low risk mothers and infants.

The issues involved in expanding rooming-in were discussed at some length with Dr. Army, Chief of Obstetrics. Dr. Soedibyakti was also present and described most persuasively the manner in which the Dr. Kariadi Hospital of Semarang had instituted full rooming-in. A trip to Semarang might help convince Dr. Army of the safety of this care arrangement for both mother and infant.

Following the meeting with Dr. Army, an opportunity was provided to observe the six midwives who had recently returned from one week of training in Semarang. During this observation, the midwives were conducting breast examinations and teaching breast massage in the prenatal clinic. This service was well received by the patients, who had begun to request time with these midwives.

In the late afternoon the consultants travelled on to Denpasar.

Tuesday, May 21, 1985 - Denpasar

Prepared presentations for a half-day seminar which we were asked to provide for faculty and staff of Sanglah hospital.

Wednesday, May 22, 1985 - Denpasar

Following a brief visit to a small private hospital where rooming-in is not yet available, we were taken to the teaching hospital, Sanglah. Rooming-in had just been initiated on May 1 and nearly all mother-infant pairs were together. It was reported that there had been no significant resistance to the change.

From 9:00 A.M. to 12 noon the consultants provided the requested three hour seminar on lactation management for 40 hospital staff members including faculty of obstetrics and pediatrics, residents, medical students, and nurses. The session was one of several such in-service sessions which had been organized for staff as preparation for the change to rooming-in.

As part of the next phase of the Denpasar lactation activities Dr. Soetjiningsih is preparing a proposal for funding of a lactation clinic which will increase the local training and service and research resources. Research regarding a support system for working mothers is planned if funding is obtained.

In the later afternoon consultants returned to Jakarta.

Thursday, Friday and Saturday, May 23, 24 and 25 - Jakarta

Over the final three days of this technical assistance visit a number of meetings were held in Jakarta as follows:

1. Met with Molly Gingerich (AID) and Biante Djwandono (Ford Foundation) to review training materials which are under development by Yayasan Kusumo Buana (YKB) for use by health center staff. No training was planned to coincide with the distribution of these materials. It was recommended that training be included if these materials were to be effective.
2. Dr. Gulardi Wiknjastro (Ob/Gyn) joined the meeting described above to review and discuss a training project which he is proposing for hospitals in 9 locations using the San Diego graduates as faculty. The project has merit but the San Diego graduates had not actually participated in the planning as yet. This was suggested as an essential next step.
3. Met with Molly Gingerich and Dr. Emmanuel Voulgaropoulos (Chief, Office of Population and Health, A.I.D., Jakarta) to review the San Diego Lactation Program training program and the activities and progress of the Indonesian graduates. There was general agreement that it would be desirable to have lactation management training for teams from all 14 of the government sponsored medical schools. Sources of funding will be explored.

4. Met with Mr. Dan Brooks and Dr. Samari of UNICEF, Indonesia to review the Lactation Management Training Project and results to date. UNICEF might be able to assist with some in-country activities to strengthen programs such as purchasing A-V equipment, covering costs of sending nurses for training in Semarang, etc.

Mr. Brooks suggested that a description of the Indonesian activities be written up for possible publication in the "State of the World's Children." Such a write-up would best be done by an Indonesian such as Dr. Soedibyakti.

5. Travelled to the offices of the Yayasan Kusuma Biana (YKB) and met with staff as well as Molly Gingerich and Bianti Djwandono to discuss further the training materials being developed by YKB. The recommendation that, to be most effective, these materials should be distributed as part of a training program was again strongly made by the consultants.

6. On Saturday morning, May 25, a final review and summary meeting was held with the Jakarta members of the BKPPASI and representatives of several interested NGO's (UNICEF, YKB, Ford Foundation). The consultant's activities and observations, particularly regarding the progress made by the three newest lactation management teams were reviewed. The BKPPASI group reviewed their accomplishments and future plans regarding training and

the development of a training curriculum and syllabus.

Additionally, the YKB training material was described, Dr. Gulardi explained his training proposal and Dr. Winahyo reviewed the plans for the SDLP graduates to provide a breastfeeding session at the Indonesian Ob/Gyn meeting which would be held this summer.

Concern was raised that the SDLP graduates and the BKPPASI group not attempt too many things too rapidly. At the conclusion of the session it was agreed by all present that strengthening the six teaching hospital centers was a primary first priority. The BKPPASI group agreed to arrange a work meeting for the following week to establish their short and long range plans to assist the six centers.

RECOMMENDATIONS

The progress made by the six teams of Indonesians who participated in the lactation management training in San Diego is impressive. Rooming-in is well underway in 5 of the six institutions represented. Three of the six have developed lactation clinics, and research projects have been planned and/or undertaken in all six. Second generation courses, workshops, and seminars have been given by all graduates to perinatal health care professionals from all over Indonesia. The following suggestions may further these accomplishments:

1. The rapidity with which the changes in perinatal care in support of lactation and breastfeeding is occurring could be significantly increased if training could be provided for teams from all of the government sponsored medical schools.
2. The development of a standardized curriculum and syllabus as proposed by the physician SDLP graduates should be encouraged (and supported if at all possible).
3. Funding is needed to assist each of the six centers where SDLP graduates are functioning to fully develop their lactation programs. Items which are needed include A-V equipment and office furniture. Additionally, travel funds which would allow an exchange of selected staff to observe and learn from the experience of other centers would be a valuable investment.
4. Funds without commercial advertising obligations are also needed for the development of teaching materials and audio-visual aides.

5. Because of the very important role of nurses and trained midwives in the provision of perinatal care, it is essential that the curriculum and training for these two disciplines regarding lactation and breastfeeding be consistent with that which will be provided for medical students and residents. Discussions with key faculty of the nursing and midwifery schools about curriculum issues are essential if breastfeeding is to be really effectively promoted and protected in Indonesia.

Appendix 1

San Diego Lactation Program Graduates who attended the two-day meeting in Jakarta:

1. Session I Graduates (August 1983)

Bandung Team

Dr. Emelia Suroto-Hamzah, M.D.

Mrs. Kesiana Pasaribu, R.N., Midwife

Jakarta Team

Dr. Rulina Suradi, M.D.

Sr. Suryamo Soebekti, R.N.

Semarang Team

Dr. Soedibyakti Adinoto, M.D.

Sr. Ong Gian Nio, R.N., Midwife

2. Session III Graduates (November-December, 1984)

Denpasar Team

Dr. Soetjningsih, M.D.

Mrs. Ida Aju Padmawati, R.N.

Additional Jakarta Team

Dr. Dien Sanyoto Besar, M.D.

Dr. Winahyo Prakoso, M.D.

Padang Team

Mrs. Asmawati, R.N., Midwife

Mrs. Rimba Yetti, R.N., M.P.H.

Palembang Team

Dr. Nancy Pardede, M.D.

Mrs. Maryanti Suryadi, R.N.

Unable to attend:

Dr. Parma Oemi Asnil, M.D., Padang

APPENDIX 2

LACTATION MANAGEMENT SPECIALIST MEETING



Background

Between August of 1983 and January 1985, fifteen Indonesian health professionals completed four weeks of Lactation Management training in San Diego. These fifteen graduates (seven pediatricians, one obstetrician and seven nurse) are on faculty and staff of six major teaching hospitals where they have undertaken a variety of lactation service and teaching activities. In essence young "seedling" projects are spouting up in hospitals associated with nearly half of the government sponsored medical schools in Indonesia. The potential for the development of a nationwide network of programs which could provide ideal service and teaching activities in the areas of lactation, maternal and infant nutrition and sound weaning practices is enormous.

To assure survival and further development, it is essential that these young projects continue to be supported and encouraged. An opportunity for all fifteen Lactation Management graduates to meet together could contribute significantly to energizing the six teams and to linking them together. Program progress could be discussed, problems shared, solutions generated, and research activities and ideas reviewed.

In addition, a meeting of this sort could offer a fine opportunity to discuss a small multidisciplinary professional organization that could serve as both a communication network and as a means of increasing the visibility and prestige of lactation management as an accepted professional subspecialty.

Objectives

The purposes of this proposed meeting would be to provide an opportunity for all fifteen Indonesian graduates of the Lactation Management Training Program to :

- 1) Review progress in developing the lactation programs which they had planned at the conclusion of their training in San Diego.
- 2) Discuss plans for future activities.
- 3) Share ideas on how to resolve problems which they may have encountered.
- 4) Report research on relevant topics.
- 5) Describe teaching materials and methods.
- 6) Increase clinical knowledge by a case review session.
- 7) Consider the possibility of creating a multidisciplinary professional organization for Lactation Management Specialists.
- 8) Motivate and inspire further activities through the development of the sense of belonging to an important professional group.
- 9) To give lactation management and breastfeeding additional visibility and professional prestige.

Who should attend :

1. All graduates of the Lactation Management Training Course (seven nurses and eight physicians).
2. Consultants : San Diego Lactation Program Co-directors :
Audrey J. Naylor, M.D., Dr.P.H.
Ruth A. Wester, R.N., B.A., C.P.N.P.
3. Possibly observers from key agencies should be invited, but perhaps pay own expenses (i.e. Indonesian governmental agencies, UNICEF, USAID, Ford, etc.).

Meeting Location :

Bagian Kebidanan RSCM/FKUI.
Jl. Salemba 6, Jakarta Pusat.

PROGRAM FOR SAN DIEGO POST GRADUATE MEETING, 14 - 15 MAY 1985.

14 May 1985/First Day :

- I. Session on Lactation Program update & Obstacles to change.
- 08.30 - 08.40 : Dr. Dien : Lactation Program in non teaching hospital.
- 08.40 - 08.55 : Dr. Rulina; Dr. Winahyo & Zr. Zuryamah : Lactation Program at the teaching hospital RSCM.
- 08.55 - 09.10 : Dr. Gulardi : Some aspects of Rooming-in practice in the hospitals.
- 09.10 - 09.20 : Consultation and Discussion.
- 09.20 - 09.40 : Dr. Emelia Surcto Cs : Lactation in Bandung.
- 09.40 - 09.50 : Consultation and Discussion.
- 09.50 - 10.15 : Dr. Soedibyakto & Zr. Ong : The Successful Lactation Program in Semarang.
- 10.15 - 10.25 : Consultation and Discussion.
- 10.25 - 10.45 : Dr. Parmanemi Asnil; Zr. Asmawati Cs. : Lactation Program in Padang & its Obstacles.
- 10.45 - 10.55 : Consultation and Discussion.
- 10.55 - 11.15 : Dr. Nancy Pardede & Zr. Maryati, B,Sc. : Lactation Program Planning & its Obstructives.
- 11.15 - 11.25 : Consultation and Discussion.
- 11.25 - 11.45 : Dr. Soetjningsih & Zr. I.A. Padmawati : Lactation Program Planning in Denpasar, Bali and its Obstructives.
- 11.45 - 12.00 : Consultation and Discussion.
- 12.00 - 12.30 : Dr. Naylor and Ruth Wester : Evaluation of all program and planning in Indonesia followed by Discussion.
- 12.30 - 13.30 : Lunch.
- II. 13.30 - 15.30 : Case Conference Session and AVK, 15 minutes for each of the six Indonesian programs.
- III. 20.00 - 21.00 : Dinner Party.

15 May 1985/Second Day :

- I. Session on Training
08.30 - 10.30 : Topic on Training.
- II. 11.00 - 12.00 : Visiting Rooming-in & Lactation Clinic at
RSCM, IRMA Building.
- III. 12.30 - 13.30 : Visiting Rooming-in at RS. St Carolus.
13.45 - 14.45 : Lunch.
- IV. 14.45 - 16.00 : A. Doctors Meeting on the topic of
Research Activities : Dr. A. Naylor.
B. Nurse & Midwives Meeting : Perinatal
Program, Pro & Contra Lactation Clinic :
Ruth Wester.
- V. 16.00 - 17.00 : Farewell Party.

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Appendix 3

Key individuals encountered during consultation visit:

1. USAID Mission Staff:

Molly Mayo Gingerich
Dr. Emmanuel Voulgarpoulos

2. BKPPASI

Dr. Paul Matulesy

San Diego Graduates (also members of BKPPASI)

Dr. Rulina Suradi, M.D.	Jakarta
Dr. Winahyo Prakoso, M.D.	Jakarta
Dr. Dien Sanyoto Besar, M.D.	Jakarta
Mrs. Suryama Soebekti, R.N.	Jakarta
Dr. Soedibiyakti Adinoto, M.D.	Semarang
Mrs. Ong Gian Nio, R.N.	Semarang
Dr. Emelio Suroto-Hamzah, M.D.	Bandung
Mrs. Kesiana Pasaribu, R.N.	Bandung
Dr. Nancy Pardede, M.D.	Palembang
Mrs. Maryanti Suryadi, R.N.	Palembang
Dr. Parma Oemi Asnil, M.D.	Padang
Mrs. Rimba Yetti, R.N.	Padang
Mrs. Asmawati, R.N.	Padang
Dr. Soetjiningsih, M.D.	Denpasar
Mrs. Ida Aju Padmawati, R.N.	Denpasar

3. Dr. Cipto Mangunkusomo Hospital, Jakarta

Dr. Samil, Head of Obstetrics and Gynecology
Dr. Gulardi Wiknjastro, obstetrician

4. Harapin Kita Hospital, Jakarta

Dr. Titut - Pediatrics and Perinatologist
Dr. Lastiko
Dr. Tumiar
Dr. Suharyano
Dr. Yusuf - Director, Pediatric Department
Dr. Enjoen - Director, Ob/Gyn
Sr. Tau Eng Thien - Supervisor of Nursing
Sr. Aniar Djomadn - Supervisor of Maternity
Dr. Hartanto - Vice Director of Ob/Gyn

5. Sriwijaya University Medical School, Palembang
- Dr. Goepito Hardjowiono, Professor of Pediatrics
 Dr. Mrs. Chasanah Goepito, Psychiatrist
 Dr. Moesdarsanto, Dean of the Medical Faculty
 Dr. Syahrul Tanjung, Acting Head of the Provincial Health Office
 Dr. A. Kurdi Syamsuri, Obstetrician
 Dr. Rusdi Ismail, Head of Department of Child Health
 Dr. Komar Syamsuddin, Acting Head of the Department of Obstetrics and Gynecology
 Dr. Zainal Ansori, Acting Director of Palembang General Hospital
6. Dr. Jamil Hospital, Padang
- Dr. Mahyuddin Soelemon, Ob/Gyn
 Mrs. H. Daltias Churchill, Dean, School of Nursing
 Dr. Army, Director, Ob/Gyn Department
 Dr. Aman, Hospital Director
7. Sanglah General Hospital, Denpasar
- Dr. I. Mode Sudhiana, Hospital Director
 Ni Wayon Mulati, Chief of Nursing Department
 Dr. Hendra, Pediatric Immunologist
8. Non-Government Organizations
- UNICEF - Indonesia
- Dan Brooks
 Dr. Samari
- Ford Foundation, Jakarta
- Bionte Djwandono
- Yayasan Kusuma Buana (YKB)
- Jesanerni Idrus Mis - Nutritionist
 Lalit Kraushaar - Communication Specialist with PATH
 Sri Djuarini - Primary Health Care Research Specialist

YIS

Haryono

SEAMEO

Soemilah Sastroamidjojo

PRASI

Ny Wagiono Ismangil

PERKHAKI

Dr. Purwanto