

The MEDEX Primary Health Care Series

HEALTH PROBLEMS IN THE COMMUNITY



*Using drawings to
start a discussion...*

COMMUNITY LEARNING MATERIAL

The MEDEX Primary Health Care Series

**HEALTH PROBLEMS
IN THE
COMMUNITY**

*Using drawings to
start a discussion...*

COMMUNITY LEARNING MATERIAL

© 1983

Health Manpower Development Staff
John A. Burns School of Medicine
University of Hawaii, Honolulu, U.S.A.

Library of Congress Catalog Card No. 83-80675

First Edition

Printed in U. S. A.

Any parts of this book may be copied or reproduced for non-commercial purposes without permission from the publisher. For any reproduction with commercial ends, permission must first be obtained from the Health Manpower Development Staff, John A. Burns School of Medicine, University of Hawaii, 1960 East-West Road, Honolulu, Hawaii 96822.

FUNDED BY THE U. S. AGENCY FOR INTERNATIONAL DEVELOPMENT CONTRACT NO. DSPE-C-0006. The views and interpretations expressed are those of the Health Manpower Development Staff and are not necessarily those of the United States Agency for International Development.

How to Use This Booklet

This booklet is part of a set of community learning materials. This booklet introduces some other learning materials. This booklet and the other community learning materials will help you discuss health, health problems, and causes of health problems.

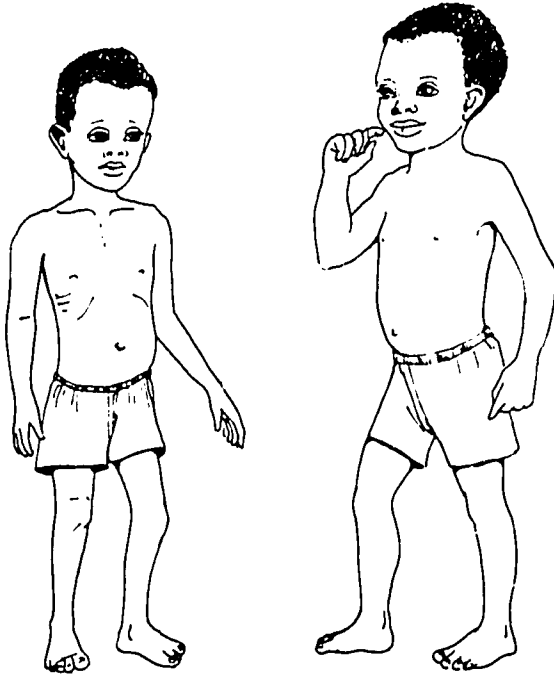
This booklet will help you find out what people in the community think about health problems. People may recognize some of their health problems by looking at the drawings in this booklet. The drawings will help people talk about their problems. Then people can work out ways to solve their problems.

You can use this booklet in many different ways. You can use this booklet at community meetings, with community leaders, during home visits, at the health center, or in schools. The drawings in the booklet can help you start a discussion. During a discussion people share ideas. People learn when they share ideas. People learn from each other.

Do not use this booklet to lecture to people in the community. People may not learn when they are told what to do.

You can use this booklet to introduce and talk about a problem you see in the community. For example, suppose diarrhea is a problem in the community. You want to share ideas on the causes of diarrhea. Show the drawings on diarrhea, infant feeding, and clean water. Learn what people think are the causes of diarrhea. Learn what people in the community do to care for diarrhea. Get people interested in finding out what causes diarrhea. With the people, work to find ways to help solve the problem of diarrhea in the community.

Here is an example of how to use the drawings in this booklet. Show these two drawings. One is of a healthy boy. The other is of an unhealthy boy.



Ask people questions like:

What do you see in these two drawings?

Do you think that both these boys look healthy?

Do you think that both these boys are the same age?

Why do the two boys look different?

What do you think is the problem?

What can you do about this problem?

By asking questions like these you learn if this is a problem in the community. If this is a problem, people will want to know more about the problem.

These are some steps you can follow when using this booklet.

1. Distribute the booklet to the people.
2. Ask the people to look at the booklet.
 - Ask them if they understand the drawings.
 - Ask them if they see any health problems in the drawings that are common in their community.
 - Ask them if they see anything in the drawings that may lead to a health problem.
3. Ask the people to decide which of the health problems is the most important in their community.
4. Ask questions to help the people discuss the health problem.
5. Write down questions that help to start the discussion on the left page of the booklet. Write down important points that are made during the discussion on the left page of the booklet. These notes will help you in future discussions.
6. Select the community learning materials related to the health problem. Continue the discussion using the community learning materials. Use the community learning materials to share more ideas with the people. Write the main things you learn from the discussions in this booklet.

Community Learning Materials

The set of community learning materials includes booklets, picture cards, stories, and other materials. There are some community learning materials on most of the common health subjects.

You can use this booklet to prepare people to share ideas from the community learning materials. Each community learning material gives more information on a health subject. Use your notes on what people think about certain health subjects when you use the community learning materials.

Here is a list of some of the community learning materials and the subjects they cover:

TITLE	SUBJECT	TYPE OF MATERIAL
Health in the Community	Causes of good health	Picture cards
Health Problems in the Community	Introduction to community learning materials and discussion of health problems	Booklet with pictures
Caring for Your Child	Care during pregnancy and care of young children	Booklet with photographs and narrative
Caring for Your Sick Child	Care of children with some common health problems	Booklet with pictures and narrative
Water and Health	Collection, storage, and use of water	Drawings without a narrative
Clean Home and Clean Community	Keeping the home and the community clean	Booklet with pictures and narrative
Diarrhea Cycle of Health	Causes, prevention, and care of diarrhea	Picture cards without a narrative
The Lady Who Built a Tower	Why a lady built a latrine	Story with pictures
The Story of Grandmother Mamosa	How leprosy spreads in a family and care for leprosy	Story with pictures
Mateboho Has a Baby	Birth of a baby at home	Story with pictures

There are two kinds of learning materials. Some learning materials have a written narrative or text that goes with the drawings or pictures. The booklet and some picture cards have a written narrative.

Other community learning materials are drawings without a written narrative. Some drawings are the same as in this booklet. Other drawings are the same as in the workbooks you used for your training.

Using the same drawings helps you continue discussions you have started with people in the community. Using the same drawings also helps you

learn how to use the materials during your training. All the ideas in the community learning materials are the same as the ideas in the workbooks.

Use the two kinds of community learning materials in different ways.

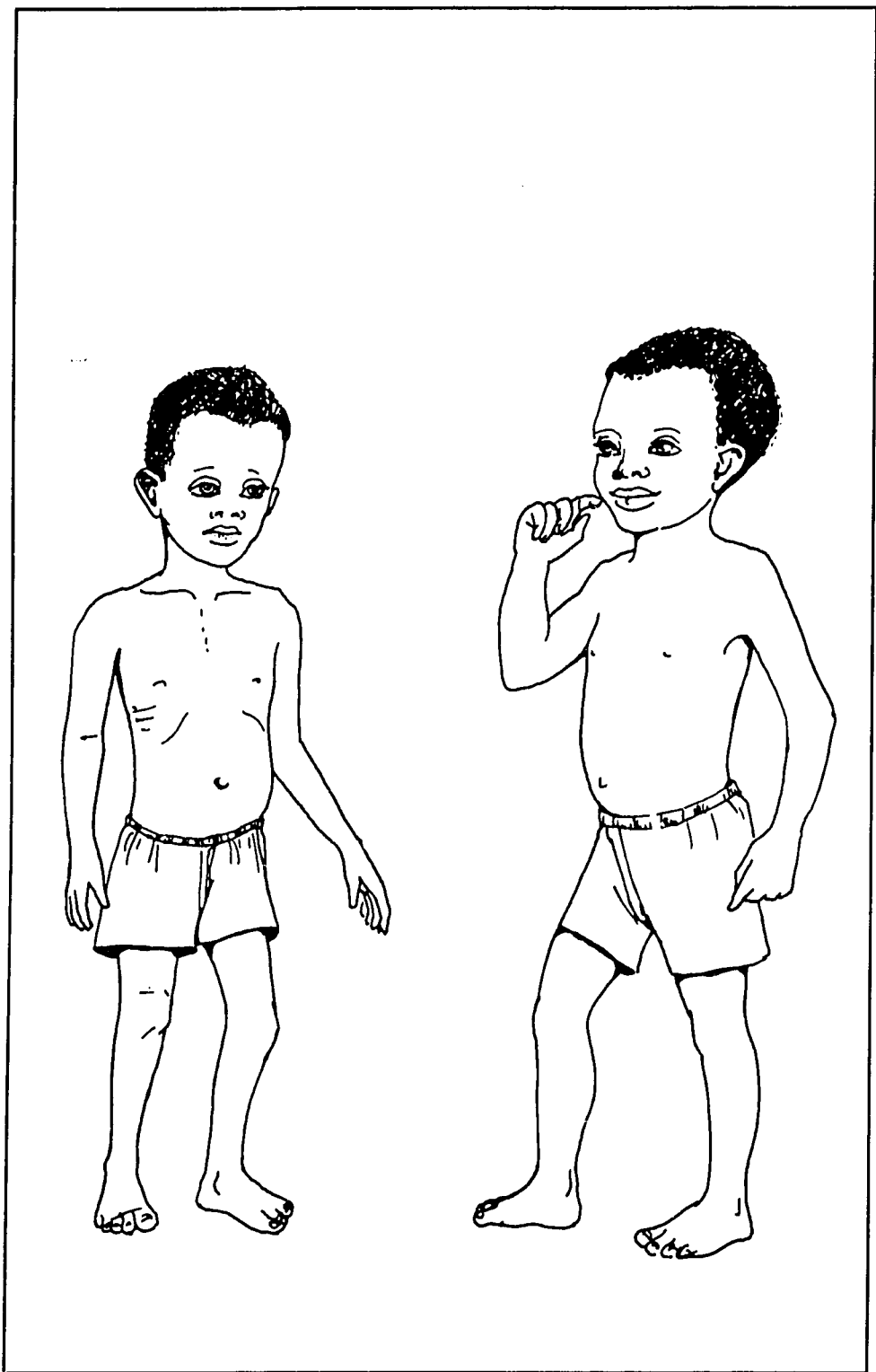
Materials with a written narrative have a set order. The narrative has some important points that you should share with people. Use the narrative when you use these materials. Change the narrative to fit the discussion, but cover all the important points. For example, the *Caring for Your Child* booklet has a narrative that you can use for discussion. You do not have to use all the narrative in one discussion. The *Caring for Your Child* booklet also has messages at the bottom of the page. You can use the messages to organize the discussion. Or, you can make small posters on a subject. You can also give the booklet to people to read.

Some of the materials with a written narrative have a story that you can use. Change the story by using names, places, or practices from your area. You may also use the story to do a role-play.

Use the learning materials without a narrative to tell a story, involve people in problem solving, or discuss new ideas. For example, pictures on the collection, storage, and use of water can help you involve people in discussing ways to solve problems about keeping water clean. You can use the *Diarrhea Cycle of Health* picture cards in the same way. Use the materials in any order that you find is best for the discussion. You can also use all the drawings in the volume *Illustrations for Training Community Health Workers* in this way. Use the drawings to create your own stories and other materials.

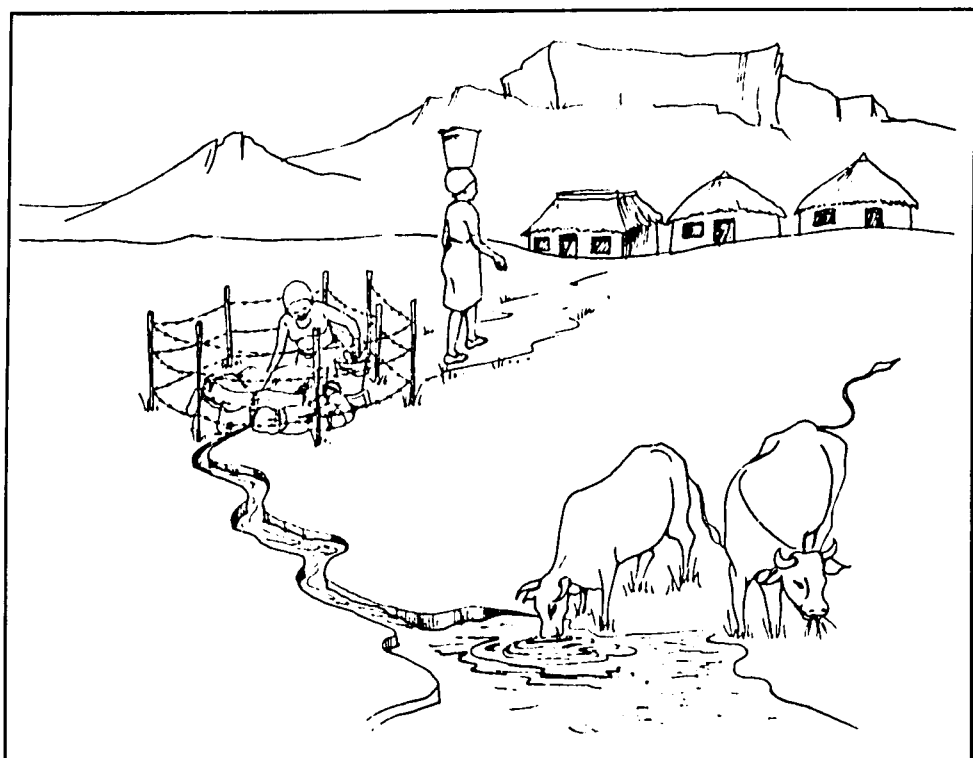
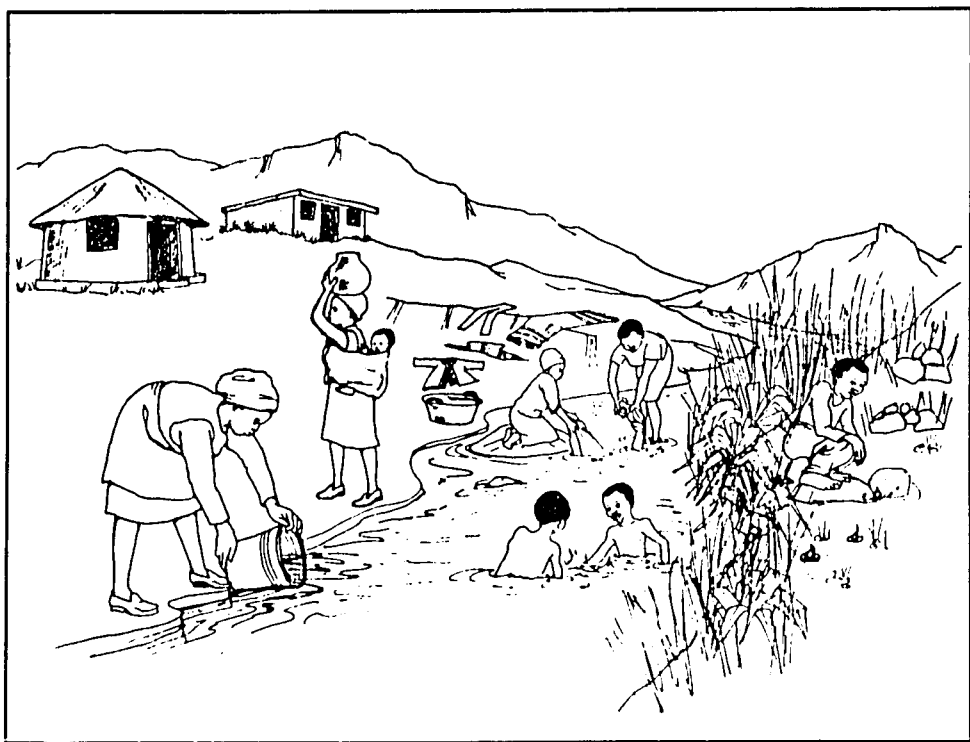
The purpose of all these learning materials is to help everyone learn together. Many learning materials are designed to create a dialogue between the health workers and the people. Through dialogue and discussion the problems and solutions will be closer to the needs and resources of the people in the community.

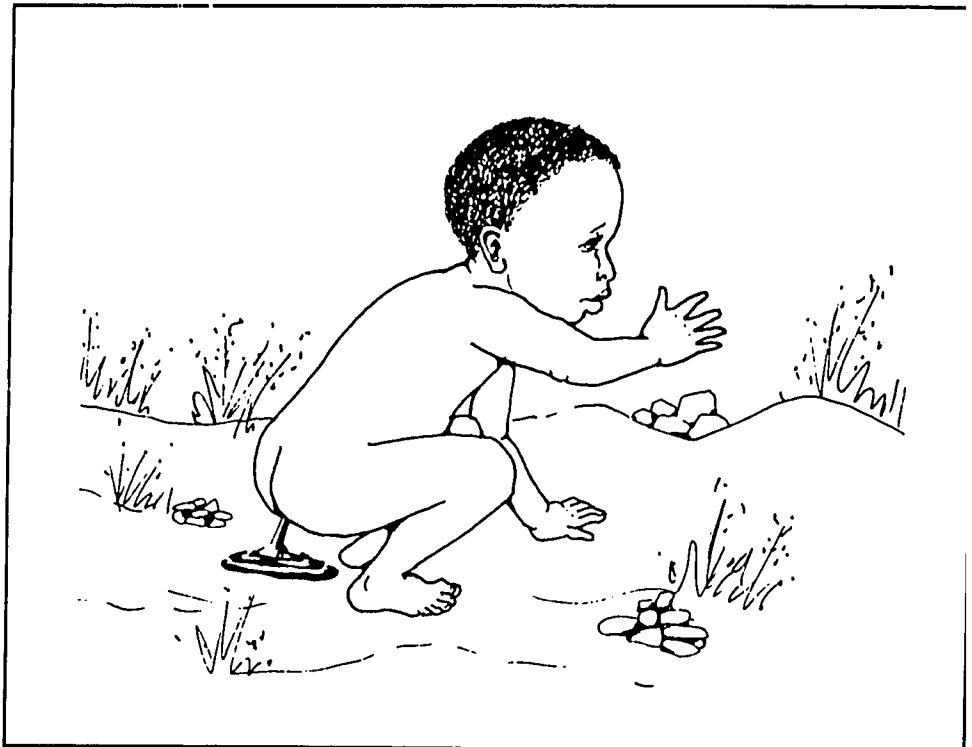
NUTRITION

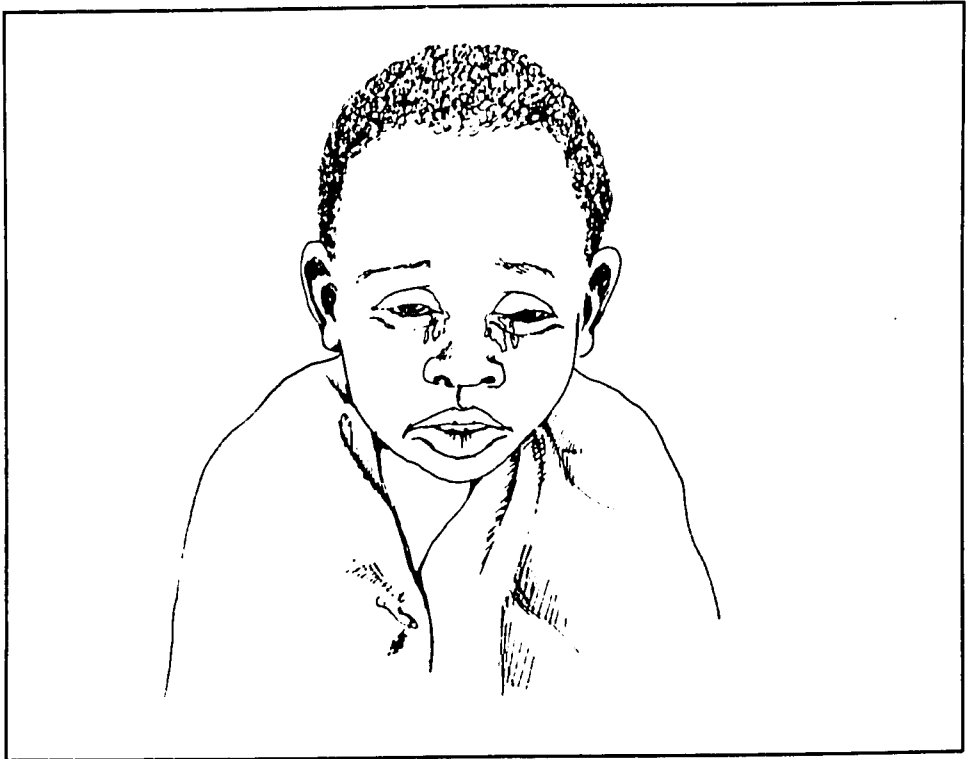
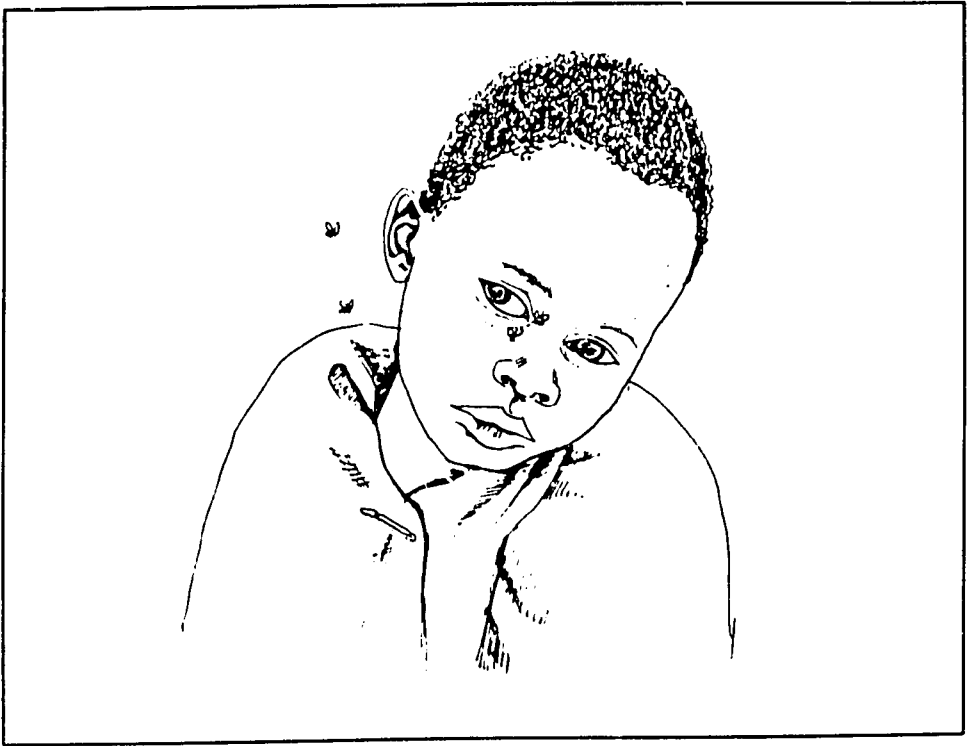




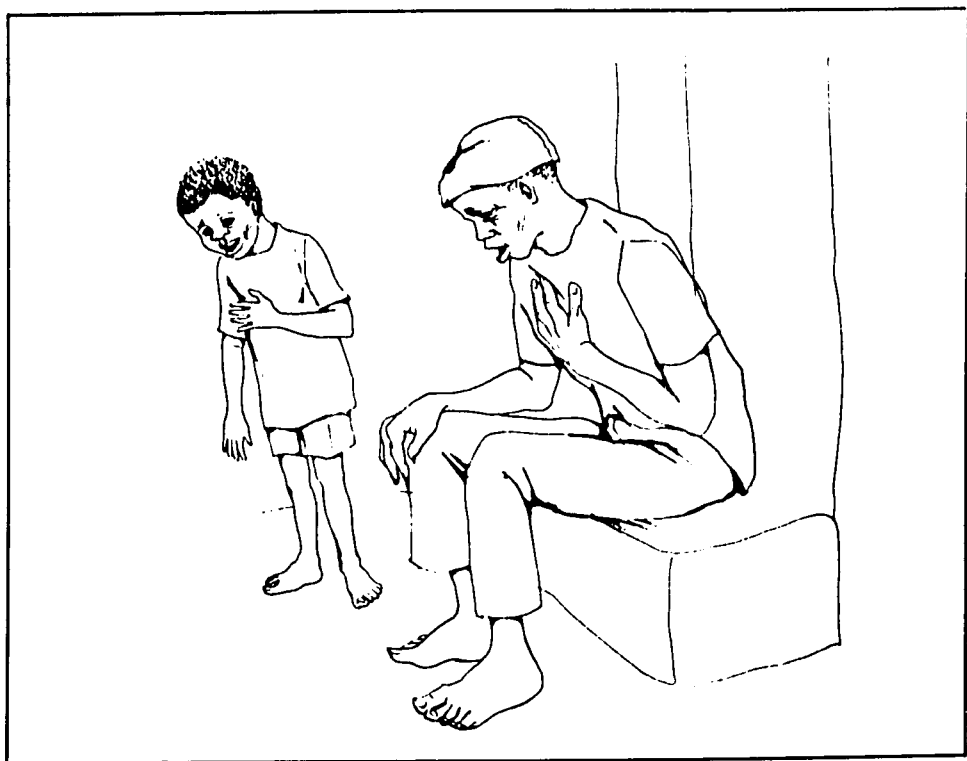
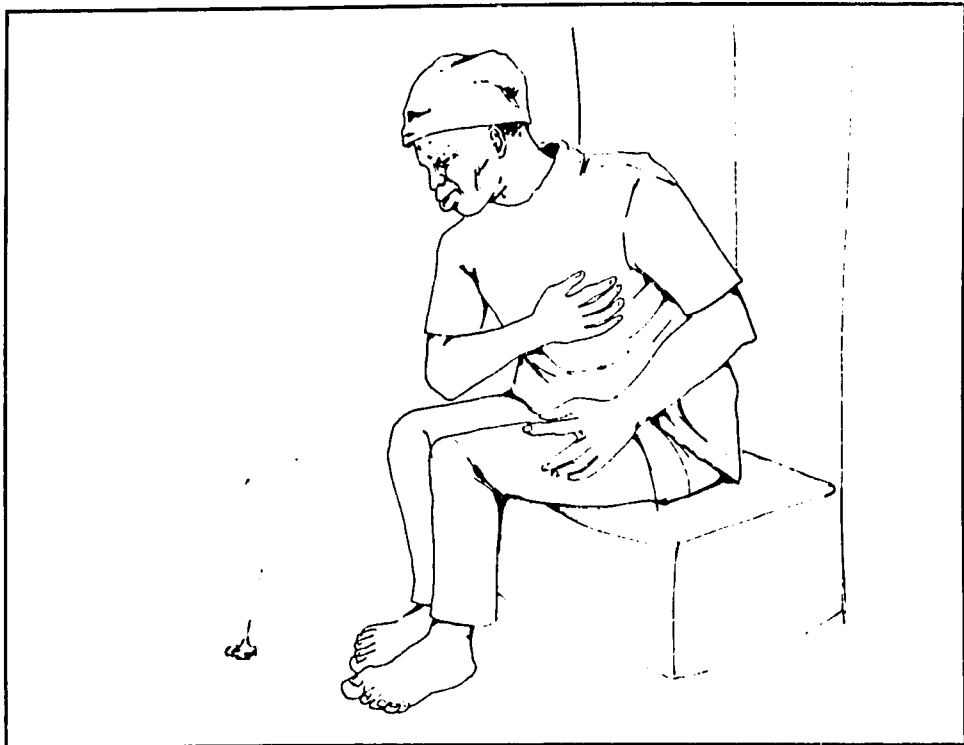
WATER



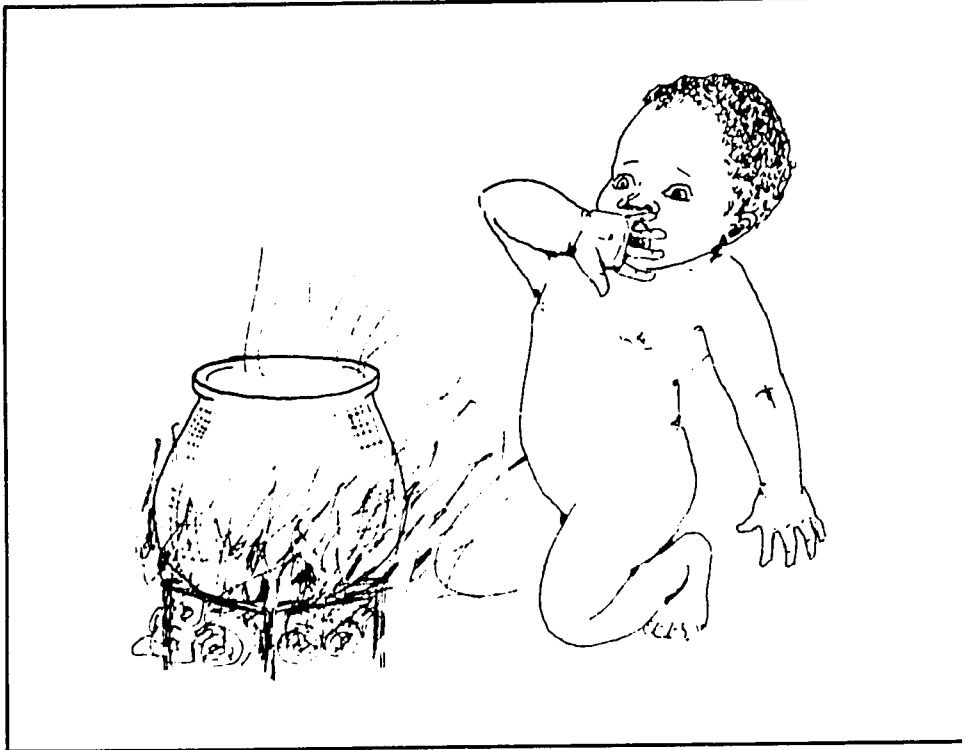
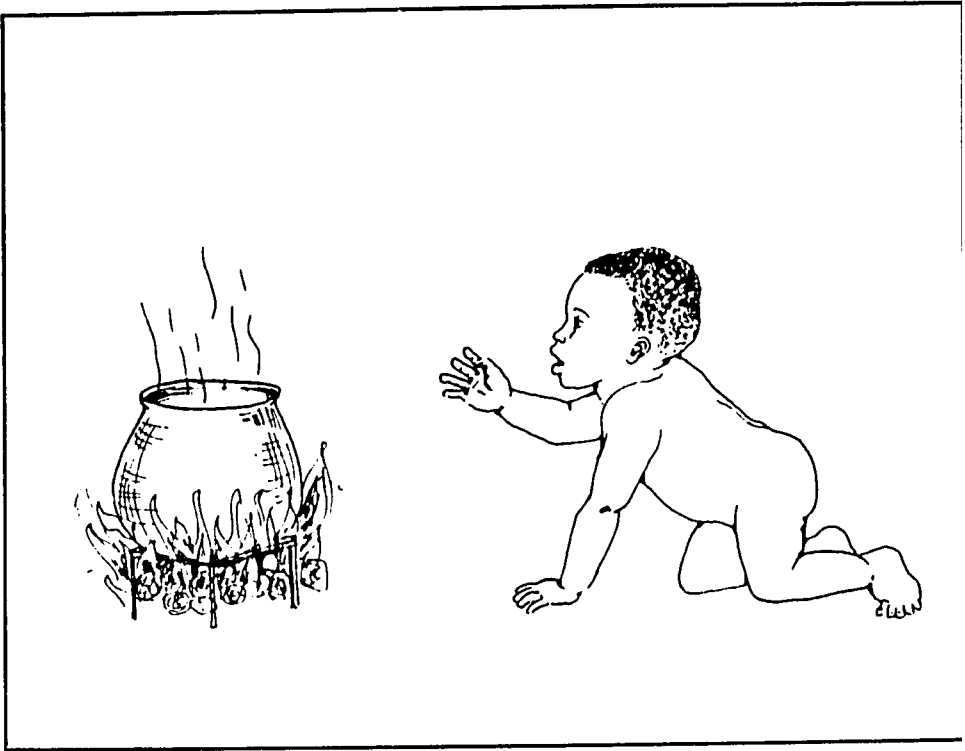




TUBERCULOSIS



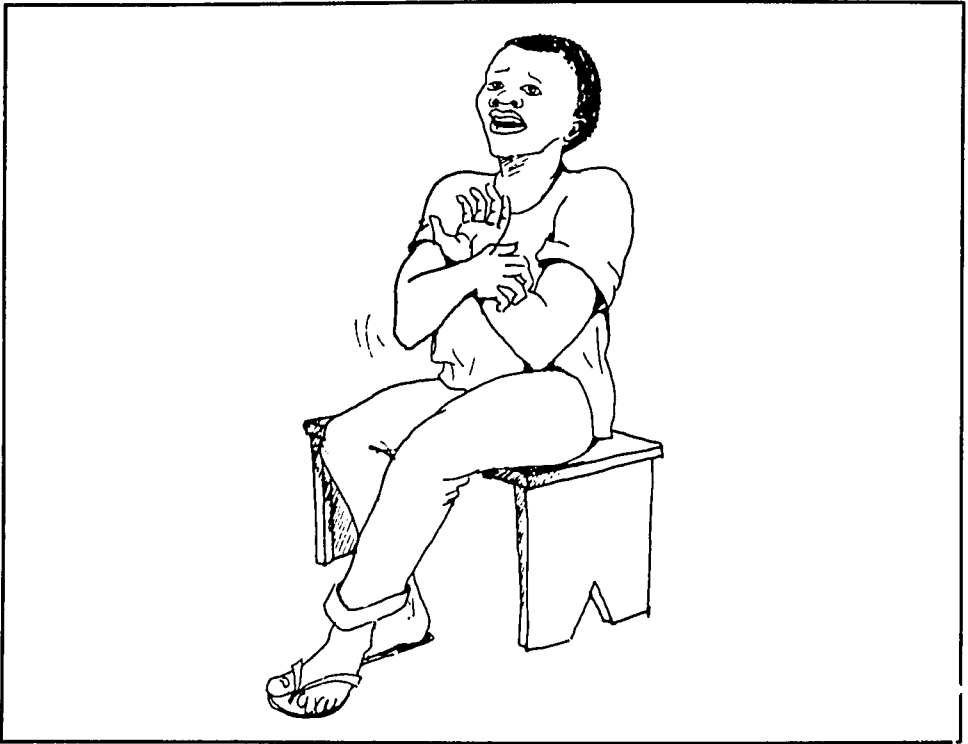
BURNS

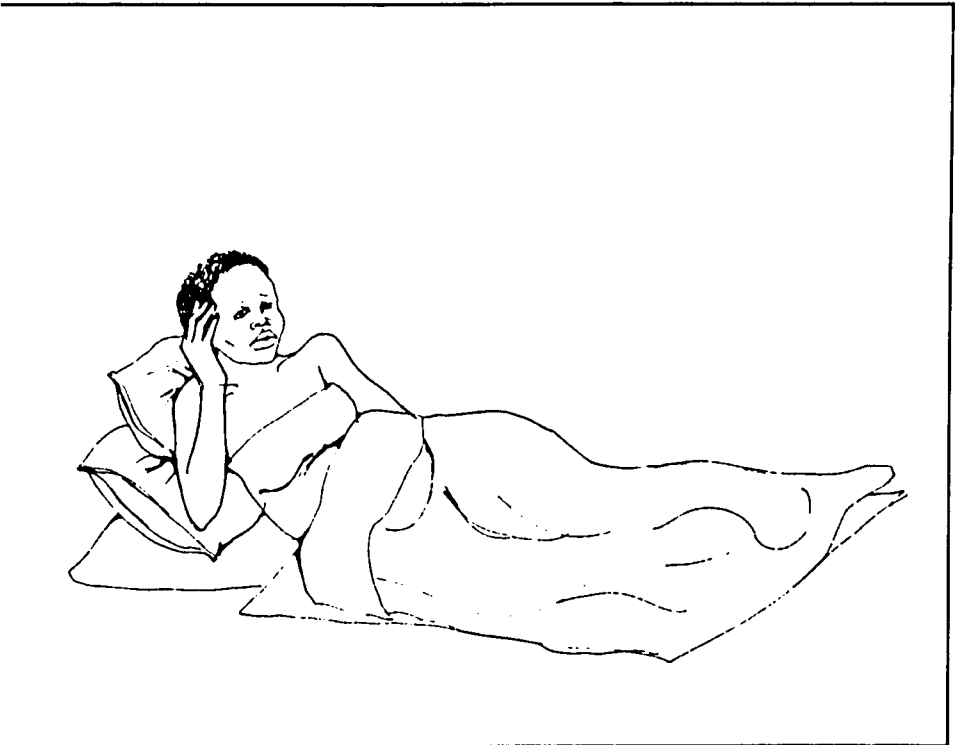


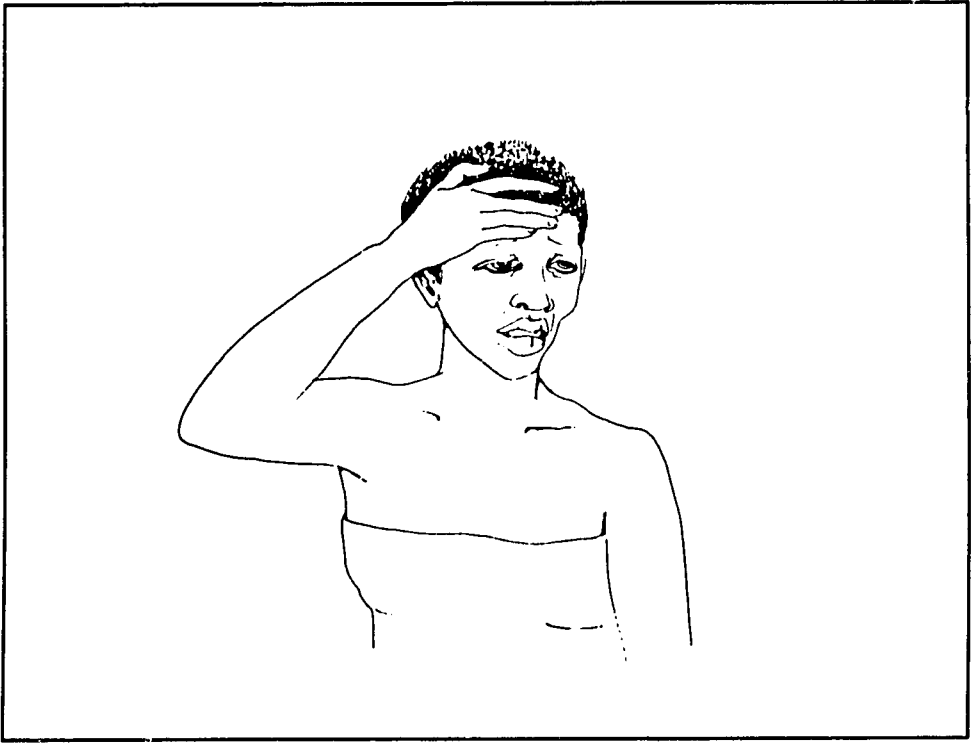
POISONING



SCABIES







NOTES

