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ORGANIZATION FOR REHABILITATION THROUGH TRAINING

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SIXTH PROGRESS REPORT

PROJECT: Development of a Maternal and Child Health/Family Planning Program in Zaire

PLACE: \ Republic of Zaire

PERIOD: April 1976 - September 1976

CONTRACT NO. AID/CM/pha-c-73-9

A.I.D.
Reference Center
Room 1056 NS

BACKGROUND

In May 1973, ORT began a technical assistance project under AID Contract No. AID/CM/pha-c-73-9 aimed at assisting the Government of Zaire to develop its Maternal and Child Health and Family Planning Program.

An ORT technical assistance team in Kinshasa established two urban model MCH/FP Centers providing comprehensive ante-natal, maternity, post-partum, family planning, and under-five care.

Major emphasis was placed on:

1. Development of operational and administrative guidelines;
2. Development of relevant curricula and training programs;
3. Preparation of staff for curative and preventive health services at the Centers;
4. Training of trainees;
5. Integration of FP (Naissances Desirables) into every phase of Center operation;
6. Training of nursing and medical students, interns and residents in public health aspects of maternal and child health and family planning.

ACTIVITIES DURING REPORTING PERIOD - April 1976 - September 1976

CENTER ATTENDANCE

Attendance at both Centers continued to increase with a total of 71,396 patients seen during the reporting period. There were 21,529 ante-natal clinic visits, 5,460 maternity admissions, and 44,048 visits to the under-five clinics. (See Table I for details.) This represents a 13.87% increase in attendance over the preceding 6-month period. Attendance in

all clinics at Barumbu continued to be slightly ahead of Bumbu except in the under-five clinic, where Bumbu received 4,836 more patients.

An evaluation of activities at Bumbu was carried out over a five-day period. The results are currently being analyzed and will provide information both about the population served and the services offered. This information will be available for feedback for improving the services.

Center activities continue to operate smoothly despite the rapid turnover of senior supervisory personnel due to reassignments. The presence of the ORT team has served to diminish the effects of staff instability. However, permanent appointment of competent Zairian managerial staff is essential in preparation for ORT team phase-out. The ORT team leader is working closely with local authorities to obtain these assignments.

The Centers continue to receive numerous visitors from around the world who have expressed great interest in and satisfaction with the Centers.

TRAINING ACTIVITIES

ORT emphasis during this period continued to be placed on development of Zairian management capability and preparation of training materials.

On-the-job training for existing Center personnel continues. Refresher courses for auxiliary nurses continue on a once-weekly basis. Management for this training is now entirely in the hands of a Zairian trainee trained by the team. Orientation courses for new personnel were required, given the considerable personnel turnover.

Two physicians have returned from public health training at Tulane University and, while awaiting definitive assignment, they are working with the ORT staff and assuming supervisory functions at the Center and participating in community activities from the Centers. Five nurses have been sent to the United States for short-term training in nutrition and family planning.

Efforts are being expended at standardizing public health training for nurses and the ORT team is participating in the national commission for the reorganization of training for nurses. The design of all Center training activities is being coordinated with the national program.

Practical training for the annual training courses for nurses organized by the National Committee for Desired Births was again given at the Centers. The ORT physician also participated in this course.

TRAINING MATERIALS

A guide to the organization of MCH/FP Centers has been published (Annex I) and given wide publicity, internationally as well as nationally. The guide provides a detailed description of the program in the Centers in Kinshasa - their philosophy, administration and operating methods. It can be used both operationally to help in setting up other MCH/FP centers and in training various categories of personnel for MCH work. Requests for about 200 copies of the manual have already been received. An English version of the guide is in preparation in response to numerous requests from groups working in English-speaking countries.

A preliminary edition of a curriculum for an MCH program based on task analysis has been produced. It is currently being revised in preparation for publication.

FAMILY PLANNING

The number of women attending the Desired Birth Clinics at the Centers fell from the number reported during the same months in 1975. This decrease occurred despite regular TV and radio programs on desired births and family health, and the appearance of an issue of "Zaire", the national weekly magazine, devoted entirely to the program.

Mass media does not seem to be a significant way of reaching women in Zaire. During one week, 137 women coming to the FP clinics were interviewed to determine their source of information regarding the desired birth program

(see Table III). The results indicated that information was obtained from friends by 49% of the women, from staff of the MCH Centers by 30% of the women, from other health workers by 20%, and from mass media by less than 1% of the women.

Depo Provera continues to be the favored method of contraception of women attending the FP Clinics of the Centers: 42.6% of the new acceptors chose this method, 27.0% the pill, 27.8% the IUD, and 0.6% other methods.

FUTURE PLANS

Expansion of the Center Program has been retarded for many months by budgeting and logistic difficulties which have posed insurmountable constraints for FOMECO and the Ministry of Health.

At present, the situation for expansion looks more promising, with the assignment of a state dispensary at Matonge to the national desired birth program. It is to be developed into an MCH/FP Center which will serve as the administrative and training headquarters for the desired birth program.

The ORT team has been requested to train the staff for this Center as soon as assignments of personnel are completed.

At Bumbu and Barumbu, emphasis will continue to be placed on Zairian take-over of all management and training functions.

The curriculum for nurses based on task analysis will be revised for publication.

The data resulting from evaluations of the Centers made in September-October will be analyzed and reported.

CONTRACT No. AID/CM/PHA-C-73-9

ORT - MATERNAL AND CHILD HEALTH/FAMILY PLANNING PROJECT

ADMINISTRATIVE REPORT

Expenditures under Contract, April 1, 1976 - September 30, 1976

Salaries	\$ 56,995.44
Consultants	-
Fringe Benefits	13,940.29
Travel and Transportation	15,009.90
Allowances	12,241.43
Other Direct Costs	11,494.60
Overhead	5,836.34
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Sub-total	115,518.00
Fixed Fee	1,700.00
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TOTAL	117,218.00
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Personnel Employed under Contract

A. Field Staff

Willem Van Pelt, Public Health Physician
Immetje Nieboer, Public Health Nurse
William Emmet, Management Specialist
Eloise Watkins, Public Health Nurse

B. Geneva Backstopping Staff

Susi Kessler, M.D., Technical Coordinator
Abraham Ahav-El Goldstein, Pedagogical Coordinator
Eugene B. Abrams, Ann Gooch, Management
Mauricette Feller, Secretary-Bookkeeper
Marjorie Agabekov, Erica Seiffert, Other Administrative

C. New York Backstopping Staff

Joseph Pihás, Kate Taormina, Administrative Services

TABLE I

CENTER STATISTICS - APRIL-SEPTEMBER 1976

(visits/month for each clinic; for N.D. new acceptors/month)

	Prenatal Bu/Ba		Maternity Bu/Ba		Under-fives' Bu/Ba		N.D.	
April	1885	1647	390	516	4548	3845	31	73
May	1616	1714	379	565	4121	2832	21	34
June	1362	2193	363	547	4082	2831	18	28
July	1713	2093	352	555	3487	3269	19	16
August	1332	2055	289	588	4042	3246	28	44
September	1770	2149	336	580	4162	3583	22	25
Subtotal	9678	11851	2109	3351	24442	19606	139	220
Total	21529		5460		44048		359	

TABLE II

CENTER STATISTICS

	April-Sept. 1975				April-Sept. 1976
			<u>BARUMBU</u>		
Maternity	2393	-	-	-	3351
Pre-natal	7558	-	-	-	11851
Under-fives'	14476	-	-	-	19606
N.D.	341	-	-	-	220
			<u>BUMBU</u>		
Maternity	2126	-	-	-	2109
Pre-natal	7576	-	-	-	9678
Under-fives'	17935	-	-	-	24442
N.D.	201	-	-	-	139

TABLE III

PRIMARY SOURCE OF INFORMATION
ABOUT DESIRED BIRTHS PROGRAM

(137 women interviewed during 1 week at both MCH Centers)

FRIENDS	67	-	49%
MCH STAFF	41	-	30%
OTHER HEALTH WORKERS	28	-	20%
MASS MEDIA	1	-	< 1%

FIGURE I

MCH ACTIVITIES AT BUMBU AND BARUMBU CENTERS COMBINED. TOTAL VISITS IN 6-MONTHS PERIOD APRIL/SEPTEMBER 1975 AND 1976.

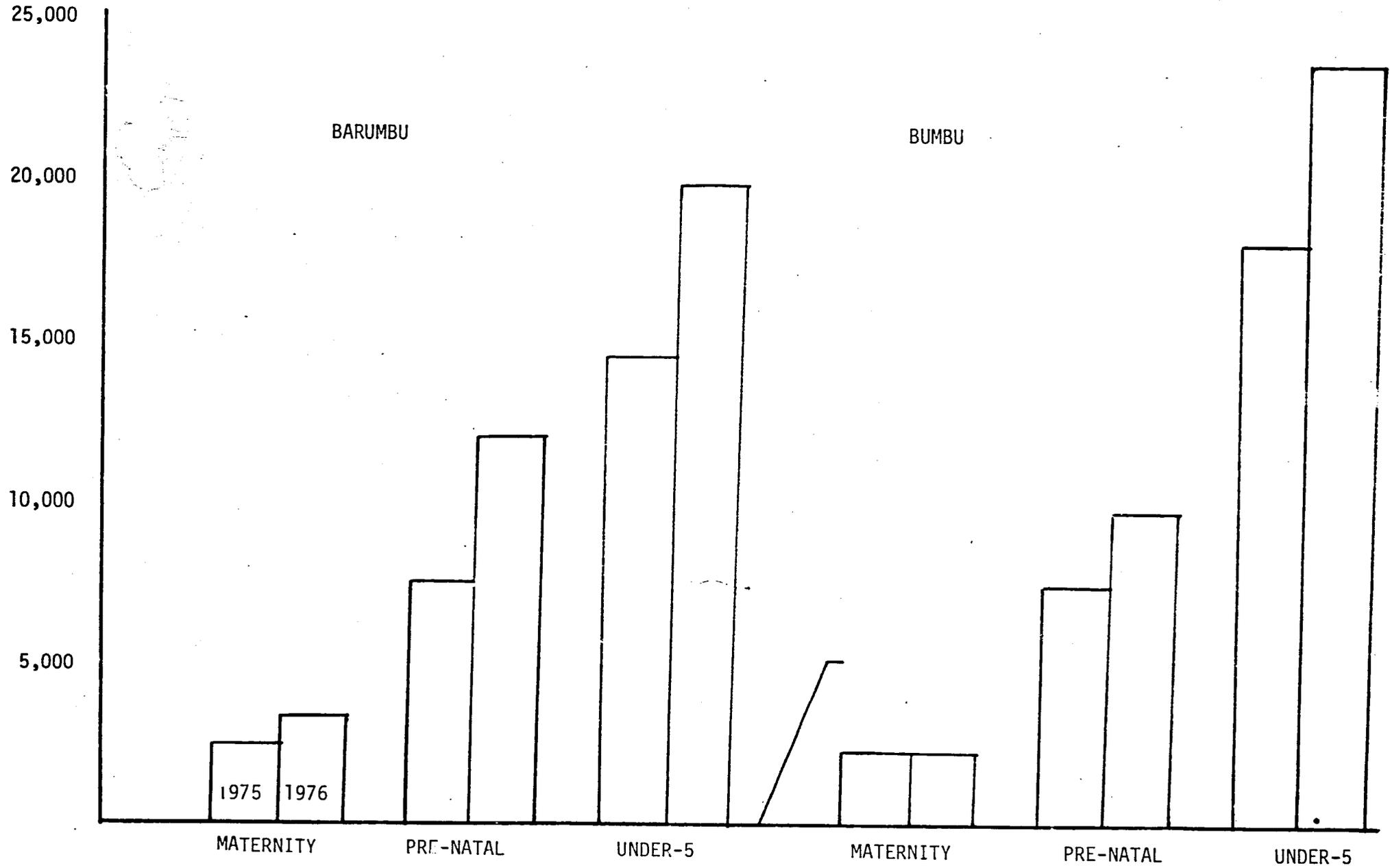


FIGURE II

DISTRIBUTION OF METHODS OF CONTRACEPTION

DESIRED BIRTH CLINICS

BUMBU AND BARUMBU MCH CENTERS/KINSHASA, ZAIRE

