

AGENCY FOR INTERNATIONAL DEVELOPMENT
WASHINGTON, D. C. 20521
BIBLIOGRAPHIC INPUT SHEET

FOR AID USE ONLY

Batch 64

1. SUBJECT CLASSI- FICATION	A. PRIMARY Food production and nutrition	AS00-0000-G302
	B. SECONDARY Human nutrition--Latin America	

2. TITLE AND SUBTITLE
Final report

3. AUTHOR(S)
(101) CARE Latin America/Caribbean Nutrition Planning Workshop, Bogota, 1975

4. DOCUMENT DATE 1975	5. NUMBER OF PAGES 21p.	6. ARC NUMBER ARC
--------------------------	----------------------------	----------------------

7. REFERENCE ORGANIZATION NAME AND ADDRESS
CARE

8. SUPPLEMENTARY NOTES (Sponsoring Organization, Publishers, Availability)

9. ABSTRACT

10. CONTROL NUMBER PN-AAE-101	11. PRICE OF DOCUMENT
12. DESCRIPTORS Caribbean Latin America Meetings	13. PROJECT NUMBER
	14. CONTRACT NUMBER AID/ta-G-1119 GTS
	15. TYPE OF DOCUMENT

THIS DOCUMENT HAS BEEN EVALUATED AS SUBSTANDARD COPY FOR ROUTINE REPRODUCTION. EFFORTS IN AID/W TO OBTAIN A MORE ACCEPTABLE COPY OF THE DOCUMENT HAVE NOT BEEN SUCCESSFUL. DESPITE THIS DISADVANTAGE, WE HAVE CHOSEN TO REPRODUCE THE DOCUMENT BECAUSE OF THE SUBJECT TREATED AND TO MAKE THE DISCERNIBLE INFORMATION AVAILABLE.

C.A.R.E.
Latin America/Caribbean Nutrition Planning Workshop,
Final Report - 7/1/75

Reference: Grant No. AID/TA-G-
1119

P10/T 931-11-023-73-314046

I. Project Background

As a follow-up to the AID sponsored Nutrition Planning Workshop for voluntary agency personnel which was held at MIT from April 22-May 17, 1974, CARE held three regional nutrition planning workshops for all its country directors in 1975. In addition to country directors, the workshops were also open to other key CARE personnel and host country nationals involved in nutrition programming, as well as to invited representatives of other voluntary agencies working in nutrition in the region of the workshop.

The first workshop, was held for the Asia region in New Delhi, India, from January 7-13, 1975. The second workshop, was held for the Africa/Mideast region in Nairobi, Kenya, from March 25-April 5. The final workshop for the Latin America region, which is the subject of this report, was held in Bogotá, Colombia from May 20-31, 1975.

II. Grant Objective

Training of CARE personnel at the nutrition planning workshops has been designed to help upgrade capability in nutrition planning by training key voluntary agency personnel.

III. Implementation

The Latin America/Caribbean Nutrition Planning Workshop extended for two weeks, following a Tuesday through Saturday full day schedule, with Sunday and Monday free in the middle. The course content was based partially on the subject matter presented at the MIT Nutrition Planning Workshop. However, the bulk of discussions centered around specific programming situations encountered by CARE and the other voluntary agencies represented.

The Harvard case studies and other papers written expressly for the workshop with grant funds or gratis by various lecturers (as described in the final report on the Asia workshop) were also used at the Latin America/Caribbean workshop.

III. Implementation (continued)

-2-

There were 20 full time participants on the final roster of the Latin America/Caribbean workshop. However, due to the emergency famine situation in Haiti, our country director from there - George Mathues - had to leave the workshop at the end of the first week. CARE country directors at the workshop were from Colombia, Dominican Republic, Honduras, Haiti, Nicaragua, Ecuador, Guatemala, Belize, Panama, and Costa Rica. Due to retirement just prior to the workshop, our director from Peru was unable to attend, but his successor came to the workshop. Our director in Chile suffered an appendicitis several days before the workshop making his attendance impossible. Other CARE participants included an assistant director, a field representative, a senior medical officer, a nurse/nutrition educator, and the Director of Medico Volunteer Personnel. Non-CARE participants included representatives from the Maryknoll Sisters, Rosedale Mennonite Missions, Community Development Foundation and a nutritionist from the Ministry of Health in Honduras. Observers from CARE/New York included Louis Samia, Deputy Executive Director; F. Merton Cregger, Assistant Executive Director; Leo Pastore, Program Officer for Latin America and Africa; Margaret Ford, Programs Administrator; and Joseph Wambach, Public and Donor Relations. Other observers included Sam Levinger and Rudy Von Bernuth from CARE/Colombia, Audrey Light from Javerianan University, Arturo Posada from AID/Colombia; and Mario Choa and Martha Isabel de Gomez of the National Planning Council/Colombia. See attached list as the final official roster of participants and observers at the Latin America workshop.

The workshop, as conceived, consisted of a basic faculty which was made up of Mary Ann Anderson and Dr. Tina Grewal from CARE as well as John Ickis (Harvard University/INCAE) and James H. Pines (Transcentury Corporation). This basic faculty was then supported by a group of guest speakers which included: Dr. Ivan Beghin, Mr. Tom Cooke, Dr. William Foege, Dr. Yaro Gandra, Dr. Reinaldo Grueso, Dr. Jose Mora, Dr. Kenneth Swanberg, Dr. Miguel Urrutia - Montoya, Dr. Isabel de Valdes and Dr. Dean Wilson.

These speakers were chosen for their expertise in various areas of the nutrition field. Their presentations complemented the basic faculty lectures with specific experiences. For example, Dr. Gandra described for the participants his program in Brazil in which he is feeding malnourished preschoolers at the schools with the help of mothers as volunteers. The guest lecture by Dean Wilson included a specific example of the powerful impact pure water and sanitation systems have had in reducing malnutrition in Colombia, and a novel idea for making the community aware of the harmful effects of poor diet by using a demonstration colony of rats fed different diets by the community itself. Dr. Miguel Urrutia - Montoya unveiled for the group the new National Nutrition Plan of Colombia, and solicited from the participants any suggestions they might have for the implementation of the plan, based on CARE's vast experience in this field.

III. Implementation (continued)

-3-

See attached list for names and affiliations of the guest speakers and faculty. Centered on the presentations of the faculty, the workshop proceeded through several channels simultaneously including: 1) the Process of Planning, 2) Implementation, 3) Simulation Exercises, and 4) Individual Guest Lectures and Meetings. The majority of the time was spent on the process of planning described step by step: defining the nature, magnitude and causes of malnutrition; setting targets and goals; comparing various interventions; and finally evaluation. Full details on the workshop agenda can be seen in the attached schedule.

During the workshop the participants were divided into three teams to spend part of the time working on a nutrition plan for Nicaragua. It was in these work sessions that a great deal of the learning process was extended out of the lecture situation into reality. For each team's final presentation, some outside "experts" were invited to critique the nutrition plan developed. The idea for these sessions grew out of a similar exercise included in the MIT workshop. Unlike the last two workshops this was not called a "simulation exercise" but rather the time was considered as actual planning sessions to suggest options for programming in Nicaragua after the workshop. The three teams were allowed to develop three different programming alternatives.

IV. Evaluation

The workshop was evaluated by distributing questionnaires to all the participants at the end of the two-week session. Completed questionnaires were returned by 17 of the participants and their consensus was that the workshop was well done and structured suitably, and that the appropriate topics were covered.

Again at this workshop as at the previous two, the participants worked diligently at their assignments and all sessions were attended fully. Their enthusiasm for the subject matter was very encouraging.

The participants reaction to the work sessions on Nicaragua was much more favorable than the response to similar planning exercises at previous workshops. We feel this can be attributed to the revision in the exercise which made it more "real" and less of an exercise. Nicaragua was chosen because of an expressed interest in nutrition planning and lack of current nutrition programs there. Having three groups all preparing plans for the same country may have added a competitive spirit which also served to enhance the sessions.

IV. Evaluation (continued)

The participants at this workshop also responded very well to the individual meetings that were scheduled to discuss their country's programs and the malnutrition situation. These meetings were well-focused by having each participant prepare a Statement on the Malnutrition Problem in his or her country prior to the workshop.

All in all this workshop got the highest evaluation rating of all three held by CARE this year. We feel the experience of the previous two workshops and the appropriate adjustments and revisions brought to bear on this last one are responsible for the success. The accommodations were very suitable for the conference and the CARE/Colombia office provided excellent logistical support.

Further details on the participants response to the evaluation questionnaire can be found by reading the attached evaluation summary sheet which is derived from the total responses to each question. Special attention should be paid to #8 in this summary which describes the participants' plans for application of the training in response to the question: "Can you identify anything that you will do differently as a result of having been here?"

V. Conclusions

The Latin America Nutrition Planning Workshop was quite successful in achieving its stated goals. It appears that there would be little need to modify either the agenda or the manner in which the workshop was carried out, if CARE were to hold similar workshops in the future.

The training of CARE personnel in nutrition planning achieved by the three workshops has stimulated new understanding of planning principles and should bear fruit in enhanced nutrition programs in various CARE missions.

ATTACHMENT "A"

C. A. R. E.

NUTRITION PLANNING WORKSHOP (LATIN AMERICA)

(May 19-31, 1975, BOGOTA)

LIST OF PARTICIPANTS

1. ANDRE, Mrs. Adeline Nutrition Education Instructor
CARE/Haiti
2. ATWOOD, Douglas G. Director, CARE-Colombia
A. A. 7240, Bogota
3. DE BEAUSSET, Miss Indira Nutritionist, Ministry of Health,
Tegucigalpa, Honduras
4. HASSEY, Sister Carol Maryknoll Sisters
Casilla 45, Montero
Santa Cruz, Bolivia
5. KAMSTRA, Milo A. Director, CARE-Dominican Republic
P. O. Box 1411, Santo Domingo
6. KRAUS, George Assistant Director, CARE-Colombia
A. A. 7240, Bogota
7. LEWIS, Jerome S. Director, CARE-Honduras
A. P. 729, Tegucigalpa
8. MATHEWS, George B. Director, CARE-Haiti
P. O. Box 773, Port-au-Prince
9. MAYER, Miss Verda Rosedale Mennonite Missions
Apartado 3305
Managua, Nicaragua
10. NORTHRUP, Harold Assistant Director, CARE-Honduras
A. P. 729, Tegucigalpa
11. PORTER, Glenn Director, CARE-Nicaragua
A. P. 3084, Managua
12. PUCETTI, James J. Director, CARE-Ecuador
Apartado 2097, Quito

PARTICIPANTS (continued)

- | | | |
|----|-------------------------|---|
| 13 | RUBI, Jose Andy | Save The Children Federation
Colonia Colvisula
Casa No. 120
San Pedro Sula, Honduras |
| 14 | SALAS, William F. | Director, CARE-Guatemala
P. O. Box 1211, Guatemala City |
| 15 | SCHEIFFELE, Christof | Director MEDICC Volunteer
Personnel
2007 Eye St. N.W., Washington, D.C.
20006 |
| 16 | SCHELLSTEDE, William P. | Director, CARE-Belize
P. O. Box 612, Belize City |
| 17 | SJAARDEMA, Henry | Director, CARE-Panama
Apartado 4257, Panama City 5. |
| 18 | TREMBLY, Diana | Senior Medical Officer
CARE/MEDICO
Nueva Guinea, Nicaragua |
| 19 | UBIK, Miss Virginia | Field Representative, CARE-Ecuador
Apartado 2097, Quito. |
| 20 | VAN ZANT, David | Director, CARE-Costa Rica
Apartado 3571, San Jose |

OBSERVERS

- | | | |
|---|--------------------|--|
| 1 | SAMIA, Louis | Deputy Executive Director
CARE-New York |
| 2 | CREGGER, F. Merton | Assistant Executive Director
CARE-New York |
| 3 | PASTORE, Leo | Regional Program Officer
CARE-New York |
| 4 | FORD, Margaret | Programs Administrator
CARE-New York |
| 5 | WAMBACH, Joseph | Public & Donor Relations Division
CARE-New York |

OBSERVERS (continued)

- | | | |
|----|-------------------------|---|
| 6 | VON BERNUTH, Rudy | Field Representative
CARE-Colombia |
| 7 | LEVIINGER, Samuel | Field Representative
CARE-Colombia |
| 8 | ARTURO, Posada | AID-Colombia |
| 9 | WIGHT, Jean | Javeriana University
Bogota, Colombia |
| 10 | ISABEL DE GOMEZ, MARTHA | National Planning Council
Bogota, Colombia |
| 11 | OCHOA, Mario | National Planning Council
Bogota, Colombia |

FACULTY

Mary Ann Anderson
Nutrition Advisor
CARE, Inc.
660 - 1st Avenue
New York, N. Y. 10016
U.S.A.

Tina Grewal
c/o CARE, Inc.
660 - 1st Avenue
New York, N. Y. 10016
U.S.A.

John Ickis
Harvard University-INCAE
11D Shaler Lane
Cambridge, Massachusetts 02138
U.S.A.

James Pines, Vice President
Transcentury Corporation
1789 Columbia Road, N.W.
Washington, D.C. 20009
U.S.A.

GUEST SPEAKERS

Tuesday, May 20

Dr. Reinaldo Grueso
Subdirector Nutricion
Instituto Colombiano de
Bienestar Familiar
Bogota, Colombia

Dr. Jose O. Mora
Instituto Colombiano de
Bienestar Familiar
Bogota, Colombia

Wednesday, May 21

Dr. Kenneth Swanberg
International Development
Research Centre of Canada
Bogota, Columbia

Friday, May 23

Dr. Dean Wilson
Community Systems Foundation
2200 Fuller Road
Ann Arbor, Michigan 48105
U.S.A.

Dr. William Foege
Centre for Disease Control
Atlanta, Georgia

Saturday, May 24

Mr. Tom Cooke
Manoff International Inc.
845 Third Avenue
New York, New York 10022
U.S.A.

Tuesday, May 27

Dr. Ivan Beghin
Instituto de Nutricion de
Centro America y Panama (INCAP)
Carretera Roosevelt Zona 11
Guatemala City, Guatemala C.A.

Dr. Miguel Urrutia Montoya
Director, Departamento de
Planeacion Nacional
Bogota, Colombia

Thursday, May 29

Dr. Yaro Ribeiro Gandra
Universidade de Sao Paulo
Faculdade de Saude Publica
Avenida Dr. Arnaldo, 715
Sao Paulo, S.P., Brazil

Dr. Isabel Vial de Valdes
Universidad del Valle
Division de Salud
Departamento de Medicina
Social
Apartado Aereo 2188
Cali, Colombia

C.A.R.E.,

NUTRITION PLANNING WORKSHOP - LATIN AMERICA/CARIBBEAN

May 20-31, 1975 Bogota

SCHEDULE OF WORKSHOP

Day 1Tuesday, May 20

a.m.	9:00	Opening Remarks	Phillip Schwab (USAID) Louis Samia (CARE)
	9:30	Workshop Overview	
	10:00	Defining the Nature and Magnitude of the Nutri- tion Problem	Mary Ann Anderson (CARE)
	11:00	Assessment of Nutrition- al Status	Dr. Jose More (ICBF)
	NOON	LUNCHEON	
p.m.	1:30	"Rationale for Investing in Nutrition"	Dr. Reinaldo Grueso (ICBF-Colombia)
	3:00	Nutrition Planning for Nicaragua-Introduction, working session in three groups.	

READINGSMUST

1. "Malnutrition in El Salvador: A Statement of the Problem" by Mary Ann Anderson.

* 2. Guidelines for Nicaragua Planning

RECOMMENDED

* 1. Assessment of Nutritional Status (Chart).

2. Planning National Nutrition Programs: a suggested approach. (AID) Volumes I and II.

* 3. "Nutrition and Development Revisited: The Dynamics of Commitment" by John Field and F. James Levinson.

BACKGROUND (readings for May 20 continued)

- * 1. "Defining the Nature and Magnitude of the Nutrition problem" by Mary Ann Anderson.
 - * 2. A Brief Guide for Organizing and Conducting Nutritional Assessment and Diet Surveys by Thomas Zopf and PNDP Staff.
 - * 3. "Problems in Surveys of Dietary Intake" by Victor Jesudason.
- * Reading material provided in workshop folders.

Day 2

Wednesday, May 21

a.m. 9:00	Economic Factors in the Causality of Malnutrition	Ken Swanberg (International Development Research Centre of Canada, Bogota).
11:00	A Simplified Method of Identifying Determinants of Malnutrition	Tina Grewal (CARE)
LUNCH BREAK		
p.m. 2:00	Rationale for Nutrition Planning	Jim Pines (Transcendury Corporation)
3:30	Steps in Nutrition Planning	Jim Pines (" ")

READINGS

RECOMMENDED

- * 1. "The Etiology of Malnutrition in Rural Preschool Children in India" by Tina Grewal.

BACKGROUND

- 1. The Morinda Experience - An Economic Analysis of Malnutrition Among Young Children in Rural India by F. James Levinson.
- 2. The Nutrition Factor by Alan Berg
- 3. 'Food and Nutrition: A new view of an old problem'.
FAO Newsletter.

Day 3

Thursday, May 22

a.m. 9:00 The Nutrition System Jim Pines
11:00 Nutrition Planning Process Jim Pines

LUNCH BREAK

p.m. 2:00 Nicaragua Plan Group work
7:00 Reception for Workshop
Delegates at Club Unicorn
hosted by CARE - Colombia

MUST READING

- * 1. The Nutrition System by Jim Pines
- * 2. Nutrition Planning Outline by Ralph Devone

Day 4

Friday, May 23

a.m. 9:00 Setting Targets and Goals Jim Pines
11:00 Intervention Selection Jim Pines

LUNCH BREAK

p.m. 2:00 Integrated Nutrition Programs Dr. Dean Wilson
(Community Systems Foundation)
3:30 Emergency Feeding Dr. William Foegen
(Center for Disease Control)

READINGS

RECOMMENDED

- * 1. Summaries of Nutrition Programs
- 2. "Epidemiology and Disasters" by William Foegen

BACKGROUND

- 1. Famine. Swedish Nutrition Foundation
- * 2. "Simplified Field Assessment of Nutritional Status in Early Childhood" by CDC, Atlanta, Georgia

Day 5

Saturday, May 24

a.m. 9:00 The Planning Process. Jim Pines
11:00 Evaluation of Programs Jim Pines
LUNCH BREAK
p.m. 2:00 A Methodology for Conducting Program Evaluation. Tina Grewal
3:30 Nutrition Education. Tom Cooke (Manoff International, Ecuador)

READINGS

MUST

- * "An Approach to Nutrition Program Evaluation" by Tina Grewal.

RECOMMENDED

- * Summaries of Nutrition Program Evaluations

BACKGROUND

Evaluation Research by Carol Weiss

Day 6

Tuesday, May 27

a.m. 9:00 Guatemala Sugar Fortification Case John Ickis (Harvard/INCAE)
11:00 "Nutrition Deficiencies in Latin America and Possible Interventions". Dr. Ivan Beghin (INCAP-Guatemala)
noon LUNCHEON

May 27 continued -5-

- p.m. 1:30 Individual consultations and meetings to discuss participants country programs.
- 3:00 The National Nutrition Plan of Colombia Dr. Miguel Urrutia (National Planning Board, Colombia)
- 8:00 Optional Movie "Children of Darkness" - Malnutrition in the Philippines (60 minutes).

MUST READING

- * Guatemala Sugar Fortification Case by James Austin and John Ickis.

Day 7

Wednesday, May 28

- a.m. 9:00 CARE Guatemala Case on Indigenous Foods John Ickis
- 11:00 Nicaragua Plan Group Work
- LUNCH BREAK
- p.m. 2:00 Nicaragua Plan Group Work
- 3:30 Morazan and Izaltenango Case on Family Planning Programs John Ickis

READINGS

MUST

1. CARE-Guatemala Case by James Austin
2. Morazan and Izaltenango Family Planning Case by John Ickis.

RECOMMENDED

1. The Use of Protein Rich Foods for the Relief of Malnutrition in Developing Countries by Elizabeth Orr.
- * 2. "Nutrition and Fertility" by C. Gopalan and Naidu.
- * 3. "Population and Nutrition: A Case for Integration" by James E. Austin and F. James Levinson.

Day 8:

Thursday, May 29

a.m.	9:00	CARE Sri Lanka Case.	John Ickis
	11:00	Nicaragua Plan.	Group Work
		LUNCH BREAK	
p.m.	2:00	Preschool Nutrition Programs	Panel
		1. Reaching Preschoolers through Schools	Prof. Yaro Gandra (University of Sao Paulo, Brazil)
		2. PRIMOPS Preschool Nutrition Program-Colombia	Isabel de Valdez (University of Valle, Cali)

MUST READING

CARE Sri Lanka Case by James Austin and Christopher Mock

Day 9

Friday, May 30

a.m.	9:00	Installation of CARE's Multi-Year Planning System	Merton Cregger and Leo Pastore (CARE)
	11:00	Using Technical Resources	John Ickis and Jim Pines
		LUNCH BREAK	
p.m.	2:00	Finalizing Nicaragua Plans.	
	3:30	Presentation of Nicaragua Plan: Group I	

RECOMMENDED READINGS

1. CARE Multi-Year Plan Manual.
- * 2. "Developing and Using Technical Resources" by K.B. Kothari.

Day 10

Saturday, May 31

a.m. 9:00	Presentation of Nicaragua Plan.	Group II
11:00	Presentation of Nicaragua Plan.	Group III
Noon	LUNCHEON MEETING	
	Wrap-up and Discussion of Follow-up Plans	

CARE LATIN AMERICA/CARIBBEAN
NUTRITION PLANNING WORKSHOP
MAY 20-31 Bogota, Colombia

EVALUATION SUMMARY OF THE WORKSHOP

1. Average Score (0=poor, unsatisfactory, 10=good, valuable, etc.) of each of the portions of the workshop.

1st week	8.5
2nd week	7.9
Simulation	7.3
Individual sessions	7.1
Guest Speakers	8.2
Overall structure and quality	8.7

2. Changes recommended in course format

- i) More time or less material covered.
- ii) More didactic instruction in nutrition.
- iii) Present one case study in first week to familiarize participants with analytical process required for this teaching technique.
- iv) Restructure simulation exercise - no written work required; delay beginning until participants are more familiar with planning process; more rigid/well defined; allow more time.
- v) More discussion from participants about actual problems in their countries.
- vi) Better definition of course objectives.
- vii) More emphasis on evaluation, less on planning.

3. Subject matter of the workshop

- A. Emphasis on different topics.
Right - 14 (more on goals, evaluation, coping with
No - 3 constraints, science of nutrition, and
assessment methodology - less on planning)
- B. Irrelevant/unnecessary topics.
Yes - 2 (emergency relief, Colombia Programs)
No - 15
- C. Topics on which too much time was spent.
Yes - 6 (Case Studies, Technical Aspects of Poshak,
No - 11 Goals and Targets)

D. Important topics not developed well enough
 Yes - 7 Agricultural economics, Nutrition in Pregnancy
 No - 10 Relative importance of different nutrient requirements, Nutrition Education/ mass media-Parlatos" work, emergency relief, community motivation and use of natural resources, dealing with constraints, nutritional and psychological impact of school feeding.

E. Important Topics that were not covered at all.
 Yes - 6 Science of nutrition, nutrition education
 No - 11 in schools, relief and rehabilitation in non-famine situation, assessment methodology, assisting small farmers with tools and techniques

F. Topics found most useful

1. Planning Process 8
2. Reaching Preschoolers 3
3. Evaluation 3
4. Colombia Project (Wilson) 2
5. Case Studies
6. Emergency Feeding
7. Simulation
8. Simplified Method of Identifying Determinants of Malnutrition
9. Relation of Nutrition to Health and Community development
10. Use of PL 480 foods in nutrition programming

G. Topics found least useful

1. Emergency Feeding 3
2. Case studies, especially CARE/Guatemala case and Morazan and Izatenango family planning case 3
3. PRIMOPS project 2
4. Using technical resources

4. Best Speakers

Wilson	15
Pines	13
Urrutia	5
Gandra	5
Beghin	4
Grewal	4
Ickis	3

Unsatisfactory Speakers

Foegen	4
de Valdez	4
Grueso	2
Cooke	2

5. Readings

A. Percentage of "must" readings completed:

more than 90,	<u>No.</u>
60-90,	11
	6

B. Percentage of "recommended" readings completed.

More than 75,	<u>No.</u>
Less than 40,	4
45-75,	6
	7

C. Reading material found to be useful.

Yes - 17

D. Irrelevant, unsatisfactory readings.

No - 13

E. Particularly valuable readings

- CARE case studies (5)
- Nutrition and Development Revisited (2)
- Nutrition System (2)
- Guide for Conducting Surveys
- Nutrition Factor by Berg
- Etiology of Malnutrition by Grewal
- Nutrition and Fertility
- Planning National Nutrition Programs (AID)

6. Arrangements

Hotel, meals etc.

Satisfactory 12

No 2

7.

a. Suggestions for Improving the Simulation Exercise

Objective: Force people to be realistic; clearly define expected outcome

Data: more concise

Format/Structure: Group people by similar fields and divide work equally; emphasis less on written work, allow more time, introduce a grading system, small exercise rather than large one

Presentation: more emphasis on the process followed than content.

b. Suggestions for improving individual sessions

Allow more time 6

Plan and schedule
in advance

8.

a. In what ways has the workshop helped you?

1. Reorganized my thought process to a more methodical and all encompassing approach to planning.
2. Can better state, define and re-evaluate goals.
3. Reinforced my own planning methodology and experience.
4. Recognition of complex interrelationships in nutrition, especially with health and broadened perspective of nutrition interventions.
5. Information on actual experiences in implementing programs and innovative approaches.
6. Sharpened evaluation methodology.
7. More flexible attitude toward CARE/Multi-Year Planning System.
8. Acquired reading materials impossible to get otherwise.

b. Can you identify anything you will do differently and as a result of having been here?

1. Give more emphasis to nutrition supportive activities.
2. Restructure my approach to planning, management, and administrative functions.
3. Set more realistic goals and evaluate them.
4. Make better use of existing programs and seek more effective techniques.

5. Improve evaluation procedures and analyze programs more logically.
6. Gather better baseline data.
7. Attempt a mass media or other nutrition awareness campaign and sell nutrition using different labels.
8. Integrate our programs.

9. Other Comments

1. Overall, a fine workshop
2. Learned a lot
3. True benefits of workshop will surface later on in project implementation
4. Workshop stimulated me concerning realistic goals and how to reach them and I hope to apply this in my work.