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Apr 6 '87

PDWAS 722 Nigeria

NIGERIA STRATEGY DOCUMENT

Mombasa, Kenya

August, 1986

FY'87

Country Allocations

During fiscal year 1987 (July 1985 - June 1986), Pathfinder plans to commit approximately \$1,546,000 in USAID funds to family planning programs in Nigeria,* \$30,000 from private funds, and \$340,000 from other sources, such as special mission grants** and buy-ins. This money will support family planning service delivery, technical assistance to the federal government national family planning program, provider training, adolescent fertility programs and selected policy interventions. Pathfinder's five-year strategy (1985-1990) and workplan for fiscal year 1987 are outlined in the attached document.

* from the Pathfinder central five-year USAID grant awarded Pathfinder in October 1985

** based on an approved availability of 1.2 million from the Cooperative Agreement Nigeria (CAN).

Pathfinder Fund Nigeria Country Office

The

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Country Background

Nigeria is situated in West Africa, bordered by Benin to the West, Niger to the North, Chad and Cameroon to the East and the Gulf of Guinea to the South. Nigeria is the most populous country in Africa with an estimated population of 98 million. Approximately 48% of the Nigerian population is under the age of 15. Nigeria's population growth rate is estimated at about 2.5% annually.

Nigeria has a federal form of Government and is divided into nineteen states. They are: Anambra, Bauchi, Bendel, Benue, Borno, Cross River, Gongola, Imo, Kaduna, Kano, Kwara, Lagos, Niger, Ogun, Ondo, Oyo, Plateau, Rivers and Sokoto. Approximately 75% of the population lives in rural areas while about 25% lives in urban areas. The population in the urban areas is growing due to better employment opportunities in the cities. Lagos is the federal capital of Nigeria and the official language is English. A federal territory, Abuja, is being developed to

become the federal capital.

The size of Nigeria is 942,625 square kilometers (357,000 square miles). The 1963 census figures of 55.7 million persons is still the officially accepted population of Nigeria and is used to estimate annual increase. Estimates and projections for 1986 have shown that the population has reached 98 million persons, an increase of 76% over the past 22 years. If this continues, the population will reach about 165 million by the year 2000, and 280 million by the year 2015.

The level of reproduction in Nigeria has remained high for the past three decades - about 6-8 children per woman.

Demographic Data for Nigeria

Total Population.....	98 million
Death Rate.....	13/1000
Birth Rate.....	45-48/1000
Infant Mortality Rate.....	90/1000
Annual Growth Rate.....	3.3%
Population Under 15 / Over 65 Years.....	47 / 2
Total Fertility Rate.....	6.3
Percentage Urban/Rural.....	25% / 75%
Literacy Rates.....	26.6%
Per Capita Income / Income Distribution.....	\$760/year
Life Expectancy at Birth.....	50 years

Knowledge, Attitude and Practice

Only about 8% of all Nigerian females between the ages of 15 and 19 have ever used any method of contraception, and general knowledge about contraception is quite low. The desired family size among persons between the ages of 15 and 24 years is 6-10 children. Injectables and IUDs are preferred methods, however the pill is the most accepted method among college students. Adolescent men prefer the condom.

The percentage of urban/rural use of contraceptives has not yet been determined, but evidence indicates that modern contraceptive methods are more common in urban centers and that traditional methods are more common in rural areas.

The Pathfinder Fund Program in Nigeria

There are numerous major family planning needs in Nigeria, many of which Pathfinder will address as it enters the second year of its five year strategy from 1985-1990.

Family planning has been receiving increasingly more attention from the Government of Nigeria. Pathfinder is currently providing technical assistance to the Government of Nigeria to establish institutionalized service delivery and training systems country-wide. Many areas, particularly rural, have not yet received family planning services or training. Other areas have established services, yet have identified a need for additional and/or updated equipment and supplies. Human

resource training, in contraceptive technology and family planning service delivery are other needs which have been identified in Nigeria. Pathfinder will work with state and national government officials to seek new paths for providing more and better family planning services state and country-wide. This work will include:

- o the purchase of commodities and equipment necessary for government family planning programs.
- o support and technical assistance in human resource training to public family planning programs.
- o program management, technical assistance in development of accurate data collection and management information systems
- o increased family planning education in schools and communities.

These activities will lead to the setting of standards for state and nation-wide family planning programs.

Information, education and communication programs will be designed and implemented to better inform government officials and policymakers of the population problem in Nigeria. They will be encouraged to place high priority on family planning by publicly supporting and allocating funds for new and improved family planning programs throughout the country. (Currently just 10% of all family planning funds are public funds - all other funds come from external sources).

Another of Pathfinder's priority areas in Nigeria is in the training of doctors, nurses, midwives and community health workers in family planning. Currently, family planning is not taught to doctors, nurses and allied health professionals because quite often the teachers themselves are not trained in it. Consequently, many such professionals do not receive sufficient training in family planning. Pathfinder's focus will therefore be on the development and/or implementation of family planning curriculums for use with medical, nursing and midwifery students, accompanied by adequate training. This will be done at: (1) individual schools and universities; and (2) in three Pathfinder-funded regional training centers (to be established in FY'88).

NIGERIA

Five Year Strategy

1986-1990

I. SERVICES

Federal Ministry of Health (FMOH)

Long Term Goal: To strengthen the capacity of the FMOH to plan, implement and monitor the family planning program.

FY 87 Objectives:

- A) Assist in the establishment of a provisional office of planning and coordination for the national population program.

Proposed Activity:

- Explore Pathfinder's role in financing the provisional office of planning and coordination for the national population program

- B) Assist in the establishment of technical assistance advisory group for the national family planning program.

Proposed Activity:

- Explore Pathfinder's role in technical assistance and financing an advisory group for the national family planning program.

- C) Assist in the establishment of a Youth Task Force.

Proposed Activities:

- (New) Youth Task Force Workshop - Role/Responsibility. (\$25,000 Other Funds, May FY'87, Grantee: Federal Ministry of Health)
- Explore the use of Ben Gyepi-Gabrah's "Adolescent Fertility in Nigeria" with the Youth Task Force.

- D) Assist in planning strategies to raise the age at marriage.

Proposed Activities:

- Collaborate with The Future's Group to raise the age at marriage.
- Pathfinder representation at the League of Muslim Women's Conference.

- E) Assist in the establishment of a Training Task Force for National Family Planning Program.

Proposed Activities:

- (New) Medical School Curriculum Workshop (\$30,000 Other Funds, May FY'87, Grantee: Federal Ministry of Health)
- Training/orientation for Task Force members.

- F) Strengthen the capacity with the FMOH to implement a new management information system.

Proposed Activity:

- Facilitate the assignment of personnel to implement a management information system in the family planning unit of the FMOH and support training.

- G) Assist in the implementation of a new management information system at the FMOH.

Proposed Activities:

- CAN 011: Data Collection in Ten States (\$15,000 Other Funds, September FY'87, Grantee: Federal Ministry of Health)
- CAN 011: Participation in management information system assessment (\$2,000 Other Funds, October FY'87, Grantee: Federal Ministry of Health)
- (New) Four Zonal Management Information System Workshops (\$50,000 Other Funds, March FY'87, Grantee: Federal Ministry of Health)

State Family Planning Programs

Long Term Goal: To increase the availability of family planning in ten states and with the National Police Force.

FY 87 Objectives:

- A) Assist programs in planning and implementing family planning services in Rivers, Gongola and Kano States.

Proposed Activities:

- (New) Rivers State Family Planning Program (USAID Funds, February FY'87, Grantee: Rivers State Ministry of Health).
- Gongola State Family Planning Program (To be funded in FY'87 with USAID Funds, Grantee: Kano State Ministry of

Health).

Kano State Family Planning Program (To be funded in FY'88 with USAID Funds, Grantee: Kano State Ministry of Health).

- B) Support family planning state program in Ogun State.

Proposed Activity:

- CAN 009: Ogun State Family Planning Services and Training (\$60,000 Other Funds, January FY'87, Grantee: Ogun State Ministry of Health).

- C) Support a family planning state program in Oyo State.

Proposed Activities:

- Provide technical assistance to determine clinic capacity in Oyo State.
- Explore in-service training capacity in Oyo State.
- Explore local government authority (LGA) responsibility for family planning services.

- D) Establish family planning services for the National Police Force in Lagos.

Proposed Activity:

- (New) Police Clinics Family Planning Services, Lagos (\$30,000 USAID Funds, January FY'87, Grantee: Nigeria National Police Force).

Long Term Goal: To assist in the creation of self-sufficient clinic services.

FY 87 Objectives:

- A) Explore the establishment of a model self-sufficient family planning clinic in Lagos.

Proposed Activity:

- Determine model clinic site and develop a project proposal.

Private Sector

Long Term Goal: To support private doctors and nurses in family planning service delivery.

FY 87 Objectives:

- A) Train and provide contraceptives to private nurses and doctors.

Proposed Activity:

- Private Physician and Nurse Contraceptive Supply and Training.

CBD

Long Term Goal: To support CBD services in three states.

FY 87 Objectives:

- A) Support CBD services in two states.

Proposed Activities:

- CAW 012-2: Oyo State CBD Program (Renewal for FY'88 with USAID Funds, Grantee: Oyo State Ministry of Health).
- (New) Onitsha CBD (\$50,000 USAID Funds, March FY'87, Grantee: Anambra State Ministry of Health).

- B) Explore the development of CBD services in one state (Task A25, Page 15).

Proposed Activity:

- Explore CBD project, Kwara State (and two other states).

Men and Family Planning

Long Term Goal: To increase male involvement in family planning use and to support the use of family planning by partners.

FY 87 Objectives:

- A) Understand sources of male resistance to family planning.

Proposed Activity:

- Add study of male attitudes to the University of Ilorin project, CAW 005-4.

- B) Increase the involvement of men in family planning in the University of Ilorin project, CAW 005-4.

Proposed Activities:

- CAW 005-4: Add a showing of a film on STDs to the University of Ilorin project (USAID Funds, December FY'87, Grantee: University of Ilorin).

- Raise issues during the future state family planning training workshops.

Information, Education and Communication

Long Term Goal: To provide up-to-date contraceptive information to family planning program managers that is relevant for use in Nigerian family planning programs.

FY 87 Objective:

- A) Support the Planner's Forum Journal.

Proposed Activity:

- CAN 013: Planner's Forum (\$29,000 Other Funds, September FY'87, Grantee: University College Hospital, Ibadan)

II. TRAINING

Long Term Goal: To introduce and/or implement family planning into curriculums of medical, midwifery schools and Schools of Health Technology to provide training for medical students, midwives and community health workers.

FY 87 Objective:

- A) To support family planning services and training in five university teaching hospitals; Ahmadu Bello University, University of Ife, University of Ilorin, Jos University, and University of Benin.

Proposed Activities:

- CAW 009-4: Ahmadu Bello University (ABU) Family Planning Services and Training (\$70,000 USAID Funds, September FY'87, Grantee: ABU).
- CAW 001-3: University of Ife (UNIFE) Services and Training (\$62,000 USAID Funds, September FY'87, Grantee: UNIFE).
- CAW 005-4: University of Ilorin Services and Training (\$78,000 USAID Funds, Renewal in February FY'88, Grantee: University of Ilorin).

Long Term Goal: To establish three regional training centers to provide family planning training to doctors, nurses and midwives.

FY 87 Objective:

- A) To begin first steps in establishment of three regional training centers to provide family planning training to doctors, nurses and midwives.

Proposed Activities:

- CAW 009-4: Ahmadu Bello University (ABU) of Services and Training (\$100,000 USAID Funds, December FY'88, Grantee: ABU).
- CAW 006-4: University of Benin Family Planning Services and Training (\$312,000 USAID Funds, January FY'87, Grantee: University of Benin).
- CAW 002-3: University College Hospital (UCH) Family Planning Training (\$330,000 USAID Funds, December FY'87, Grantee: UCH).

- B) To explore the development of two new university teaching hospital projects.

Proposed Activities:

- (New) University of Port Harcourt (UNIPORT) Family Planning Project (\$50,000 USAID Funds, January FY'87, Grantee: UNIPORT).
- (New) University of Nigeria Teaching Hospital Enugu (UNTH) Family Planning Service Project (\$50,000 USAID Funds, January FY'87, Grantee: UNTH).

- C) To establish family planning services in midwifery schools.

Proposed Activities:

- (New) Family Planning Curriculum Implementation in Midwifery Schools (\$150,000 USAID Funds, October FY'87, Grantee: Federal Ministry of Health, Nursing Division).
- CAN 011: Midwifery Curriculum Workshop (\$72,000 Other Funds, September FY'87, Grantee: Federal Ministry of Health/American College of Nurse/Midwives).

- D) To explore the introduction of family planning into Schools of Health Technology for community health workers.

Proposed Activity:

- Pathfinder Regional Representative for Nigeria to investigate the development of a family planning curriculum for community health workers.

- E) To provide family planning training for women leaders.

Proposed Activity:

- Women in Health Orientation (\$15,000 USAID Funds, May FY'87, Grantee: Federal Ministry of Health).

- F) To supply a computer and computer training to the Federal Ministry of Health family planning program.

Proposed Activity:

- (New) Federal Ministry of Health (FMOH) Computer and Training (\$10,000 USAID Funds, January FY'87, Grantee: FMOH).

ADOLESCENT FERTILITY

Long Term Goal: To increase family planning knowledge and practice among Nigerian youth and awareness of adolescent fertility issues among parents and community leaders.

FY 87 Objectives:

- A) Support education and services for the National Youth Service Corp (NYSC).

Proposed Activity:

- CAN 007-2: Nigerian Youth Service Council (NYSC) Orientation (\$40,000 Other Funds, September FY'87, Grantee: NYSC).

- B) Establish family life education (FLE) in secondary schools in Imo State.

Proposed Activities:

- CAW 013-1: Aba FLE Workshop, Imo State (\$20,000 USAID Funds, October FY'87, Grantee: Association of Women Volunteers)
- (New) Aba FLE Teacher Training, Imo State (\$60,000 USAID Funds, January FY'87, Grantee: Association of Women Volunteers)

- C) Develop adolescent IEC materials.

Proposed Activity:

- (New) Adolescent Fertility IEC Materials Development (\$30,000 Other Funds, Grantee: Pathfinder)

- D) Assist in the production of an adolescent film.

Proposed Activity:

- (New) Explore the use of Nigerian blocked assets to film and produce an adolescent fertility film (\$200,000 Other Funds, Implementation date dependent of availability of funds, Grantee: Development Through Self-Reliance, Inc.)

Long Term Goal: To create an environment to provide family planning education and contraceptive services to youth.

FY 87 Objectives:

- A) To fund the participation of selected youths to attend the Federal Ministry of Health Task Force Workshop.

Proposed Activity:

- Participation on the FMOH Youth Task Force, Workshop Role/Responsibility

IV. POLICY

Long Term Goal: To support FMOH efforts to ratify and implement the national population policy.

FY 87 Objective:

- A) To assist in the implementation of the national family planning program.

Proposed Activity:

- Management Information System in FMOH Family Planning Unit

Long Term Goal: To promote an awareness among policymakers and traditional, religious and women leaders about population policy.

FY 87 Objectives:

- A) To explore the involvement of Muslim leaders in family planning.

Proposed Activities:

- Explore individual approach to involve Muslim leaders in support of family planning, Sokoto and Kaduna states
- Explore Pathfinder's work with the FMOH on Islam and family planning in Nigeria

- B) To train women leaders about family planning.

Proposed Activity:

- Explore the training of women leaders of the Nigerian Women's Council Society's female councilors.