

# THANZI ("GOOD HEALTH") (TB HEALTH ACTIVITIES IN ZAMBIA)

Second Annual Report under Tuberculosis Category to USAID CSHGP Zambia - Eastern Province (Chipata, Lundazi, Petauke and Chadiza Districts) October 1, 2008 to September 30, 2009

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#### List of abbreviations and acronyms

ACS Advocacy, Communication, and Social Mobilization

AED Academy for Educational and Development
AIDS Acquired Immune Deficiency Syndrome

ARI Acute Respiratory Infection
ART Antiretroviral Therapy

BCC Behavior Change Communication
CBGP Community Based Growth Promotion
CBO Community-Based Organization

CBS Community-Based Structures

CBTO Community-Based Treatment Supporters

CDC The Centers for Disease Control and Prevention

CDR Case Detection Rate

CHAZ Churches Health Association of Zambia
CIDA Canadian International Development Agency

CARE International in Zambia

CNR Case Notification Rate
COC Chambers of Commerce

CONASA Community-based Natural Resource Management and Sustainable Agriculture

CORE Child Survival Collaborations and Resources Group

CSHGP Child Survival and Health Grants Program

CSO Central Statistical Office, Zambia

CSSA Child Survival Sustainability Assessment

CSTS Child Survival Technical Support DACA District AIDS Coordinating Advisor

DAFT District AIDS Task Force

DFID Department for International Development

DHO District Health Office

DHMT District Health Management Team
DIP Detailed Implementation Plan

DOTS Directly Observed Treatment Short course

EQA External Quality Assurance

EP Eastern Province

FBO Faith Based Organization FHI Family Health International

FPP Focal Point Person

GCPDO Great Commission for People Development and Orphans

GDF Global Drug Fund

GFATM Global Funding to Fight AIDS, TB and Malaria

GRZ Government of the Republic of Zambia

HBC Home Based Care

HIPC Highly Indebted Poor Countries
HIV Human Immunodeficiency Virus

HQ Head Quarters

HSR Health Sector Reforms

HSSP Health Systems Strengthening Program

HW Health Worker

ICMR Integrated Child Mortality Reduction project
IEC Information, Education, and Communication
IFAD International Fund for Agricultural Development
IMCI Integrated Management of Childhood Illnesses
INGO International Non-Governmental Organization

ITAP Integrated TB AIDS Project

KNCV Royal Netherlands TB Association

LoP Life of Project

MDR Multi-drug Resistant
MoH Ministry of Health
MTE Midterm Evaluation
NAC National AIDS Council

NGO Non-Governmental Organization
NHC Neighborhood Health Committees

NTLP National Tuberculosis and Leprosy Program
NZP+ Network of Zambian People Living with HIV/AIDS

PACA Provincial AIDS Coordinating Advisor

PATF Provincial AIDS Task Force

PEPFAR President's Emergency Plan for AIDS Relief

PHO Provincial Health Office
PLWHA People Living with HIV AIDS

PM Project Manager

PMTCT Prevention of Mother to Child Transmission

PVO Private Voluntary Organization

PR Principal Recipient

PRSP Poverty Reduction Strategy Paper

QA Quality Assurance

SCOPE- Strengthening Community Partnership for the Empowerment of Orphans and

OVC Vulnerable Children

SGBV Sexual and Gender Based Violence project

SO Strategic Objective
SS+ Sputum Smear Positive

STAMPP Strengthening TB, AIDS, and Malaria Prevention Project

STD Sexually Transmitted Disease

TB Tuberculosis

TBLFPP TB and Leprosy Focal Point Person

THPAZ Traditional Health Practitioners Association of Zambia

TIPEC Tuberculosis Integrated Project in Eastern and Central Provinces

TSR Treatment Success Rate
TS Treatment Supporters

UNDP United Nation Development Program

USAID United States Agency for International Development

VCT Voluntary Counseling and Testing

WFP World Food Program
WHO World Health Organization
XDR - TB Extremely Drug Resistant TB

ZAMBART	Zambia AIDS Related TB Organization
ZDHS	Zambia Demographic Health Survey
ZESCO	Zambia Electricity Supply Corporation

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#### **Executive Summary**

CARE's THANZI Project is now in its' second year of implementation. This report describes progress and achievements made toward activities according to the Detailed Implementation Plan (DIP) for the time period October 1, 2008 to September 30, 2009. The key implementing partners, the National Tuberculosis and Leprosy Program (NTLP) at the national, provincial, and district level, are working towards decreased mortality and morbidity due to tuberculosis and TB/HIV co-infection in four districts of Zambia's Eastern Province, Chadiza, Chipata, Lundazi and Petauke. The four districts were selected because they had the lowest Case Detection Rate (CDR) at 23% of estimated new smear positive cases and 30% of all new cases while the case notification was 55/100,000 and 155/100,000 respectively. However, the treatment success rate (TSR) is around 82% according to the cohort analysis at 8 months at baseline. The project objectives are:

- 1. To increase the CDR to 70% for newly detected sputum smear positive cases and increase CNR for new smear positive cases notified to 127/100,000
- 2. To increase the TSR to 85%; in line with the NTLP targets

To achieve project goals, the following three strategic objectives are to be carried out:

# Objective 1: <u>To intensify and expand systemic approaches to community-based control of TB through Directly Observed Therapy Short course (DOTS).</u>

The project strengthened existing structures at zone and catchment levels in all 125 health centers and communities. Key activities included filling in leadership gaps at zone and catchment levels with community based TB focal persons (selected among treatment supporters) who oversee and coordinate all TB activities at the community level. The project continued to develop the capacity of service providers at the community level where a total of 348 treatment supporters and 38 Faith Based Organization (FBO) members were trained in TB DOTS and data management with 835 treatment supporters who received refresher trainings.

# Objective 2: <u>To strengthen the delivery capacity of the district and provincial TB program to address the impact</u> of co-infection on TB.

Certified NTLP trainers trained 117 health workers in TB DOTS in order to improve service delivery and capacity to engage and support community-based TB control efforts. In addition, the project facilitated a sputum collection system created strategically situated health centers into sputum collection points. This increased accessibility and quickened the transport of sputum specimens to TB diagnostic facilities. The overall progress on sputum examined in the period marginally increased from 4,740 in Year 1 to 4,961 in Year 2. Two DHOs delayed the sputum collection point system and did not introduce results based incentives e.g. T-shirts/Chitenge like Chadiza and Petauke zones. THANZI, PHO and the two DHOs have adopted a plan to intensify TB cases detection in Chipata and Lundazi during the upcoming year. In addition, the project re-activated TB/HIV coordinating bodies in all the four districts. TB/HIV coordinating bodies and initiatives such as STAMPP and ITAP increased collaboration between TB and HIV activities at all levels. This included mobile VCT, ART, referrals of TB patients to ART services, and referrals of HIV infected individuals for TB screening. The coverage on HIV infected individuals screenings for TB is very low because of a lack of available training materials for HIV and TB referrals and inadequate TB microscopy services. TB/HIV coordinating bodies and other stakeholders will strengthen this aspect to increase referrals.

#### Objective 3: To increase private sector participation.

Eighty company representatives were trained as treatment supporters from 32 companies registered with the Eastern Province Chamber of Commerce. The treatment supporters sensitized 823 fellow workers in the workplace in addition to 979 family members and nearby community members on TB. Company representatives made1,466 referrals to health centers of which 146 were confirmed TB cases. Additionally, traditional healers were engaged in TB control in Chadiza District, a district with a low TB case detection rate, because health seeking behaviors among community members was strongly influenced by traditional healers. The district was divided into intervention and control sites with a total of 21 traditional healers from intervention sites trained in TB DOTS and record-keeping and 20 control sites trained

<sup>&</sup>lt;sup>1</sup> At baseline, the CNR was 55/100,000. Although there was general reduction in the number of smear positive TB cases detected in Year 2 compared to Year 1 there were improvement in Chadiza (from 18/100,000 to 35/100,000) and Petauke (from 47/100,000 to 63/100,000). However, Chipata (85/100,000 to 66/100,000) and Lundazi (37/100,000 to 32/100,000) declined. This decline is attributed to low activation of the sputum collection point system and less support to treatment supporters, neighborhood health committee members and faith based organization members.

in record-keeping only. The research was supported by the Chadiza District Health Office (CDHO), Provincial Health Office (PHO) and the Traditional Health Practitioners Association of Zambia (THPAZ). Modalities such as technical support, coordination, and monitoring were put in place to ensure research success. A progress report will be provided to all stakeholders with mid-term and final evaluations planned in the course of the project.

THANZI contributed to progress in achieving NTLP targets in the four selected districts (Chadiza, Chipata, Lundazi and Petauke of Eastern Province) as demonstrated in table below.

Table 1: Status of TB indicators in Year 2 compared to Year 1

Indicator	Year 1	Year 2
Number of Sputum smears examined	4,740	4,961
Number of Sputum smears tested positive	669	644
Case Detection Rate for new sputum positive TB	23%	22%
Case Notification Rate for new sputum positive TB cases	57/100,000	53/100,000
Cure Rate	72%	77%
Treatment Success Rate	76%	76%
Number of new smear positive cases notified TB	615	587
Number of new all forms of TB notified	1,575	1,578
Default Rate	5%	6%
Mortality Rate	12%	11%

Data source: Eastern Province NTLP annual report-2008/2009.

There was a drop in the CDR from Year 1 to Year 2 that follows a similar trend observed at the National level of a CDR of 62% in 2006 dropping to 58% in 2007, according to the Zambia Country TB profile report in 2007. The project will continue to assess the trend for the midterm evaluation. Chipata District has been sampled to investigate factors causing high default and mortality rates. The TB coordinating bodies at the provincial and district level will use results to address the situation.

THANZI cooperated with CARE's ITAP project on community sensitization with 47,055 community members benefitting from TB and AIDS and Counseling and Testing (CT). Key messages were on TB health seeking behavior and adherence to treatment. THANZI also trained the PHO, DHO, Society for Family Health (SFH), Health Communication Partnership (HCP), Network for Zambian People living with HIV (NZP+), former TB patients, treatment supporters, and CARE staff in Behavior Change Communication (BCC) and Sustainability Assessment.

### A. Main Accomplishments

THANZI's key accomplishments in Year 2:

- a) Continued capacity development of staff in facilitation role and data management (including M&E).
- b) Conducted cohort survey and analysis of 40 health workers' skills in TB management
- c) Reactivated community participation in TB case identification through engagement of community based structures including 30 FBO, 125 Community AIDS Task Force (CATF) and 125 Neighborhood Health Committees (NHC).
- d) Trained 348 new treatment supporters to serve in deficit and hard to reach areas.
- e) Provided refresher trainings for 835 treatment supporters in TB and data management.
- f) Trained 117 health workers in TB and data management.
- g) Established 52 sputum collection points in health centers that were not diagnostic centers.

- h) Supported 125 TB DOTS corners in all the 125 health facilities (cure rate increased from 72% in Year 1 to 77% in Year 2) and established effective monitoring system of follow-ups and referrals by linking TB patients to treatment supporters in their zones/neighborhood.
- i) Engaged National and Provincial TB/HIV coordinating body meetings where CARE's contribution to TB control was recognized.
- j) Continued to engage Eastern Province Chamber of Commerce (EPCC) in TB/HIV activities through the involvement of 32 member companies and 80 company representatives.
- **k)** Facilitated an evaluation of traditional healers' contributions in TB control in Chadiza District in collaboration with Chadiza District Health Office.

Through the engagement of partners such as PHO, DHO, CHAZ, SFH, THPAZ and EPCC, THANZI strengthened and consolidated monitoring systems at the community, health center, district and provincial levels for sustained TB/HIV control activities.

### **B.** Activity Status:

Table 2: Project implementation activities, progress, and accomplishments

Objective 1: To intensify and expand sustainable community-based TB control structures in the context of TB/HIV							
Key Activitie		ctivities Comments					
Output 1: Intensify Community Based Partnerships to implement TB Control activities							
1. Facilitate forma support groups amongst PLWH LoP target: 125	tion of <b>Completed:</b> To date, groups formed with at large.  A. health facility. Total means to the complete of	125 new support least one per needed additional support and (due to its own budget limitations) linked them to other projects: ITAP, STAMPP, HCP, and World Vision.					
2. Work with PLW groups for advo LoP target: 125 PLWHA groups	cacy. meetings were held to with NZP+.	initiate linkages  TB/HIV co-infected patients to NZP+ for support, counseling, testing and ARV adherence. Focus will be TB screening among HIV+ individuals in Year 3.					
3. Identify schools health posts ac TB/HIV activitie LoP target: 125	tive in and/or a health post ha	as been identified scale up BCC activities especially in hard-to- lth facilities to reach areas.					
4. Facilitate NHC/ PLWHA/Church Women's Group hold meetings.	and at each health facility o						
5. Share and learn practices with FBO/PLWHA/ (and Women's CLoP target: 50	members in TB DOTS keeping, THANZI toget	and record organizations have handled chronically ill clients as traditional institutions involved in care and support.  h and Women					
6. Advocate for lin PLWHA to micr finance institution	o- four districts were sens	institutions that assist PLWHA. CARE will facilitate linking of PLWHA to these micro-financing institutions to					

	THANZI Allilual Nej	
Output 2: Build capacity and their families to fully		mmunity awareness and support TB patients
Identify and train treatment supporters in TB DOTS and record keeping.  LoP target: 400	Ongoing: To-date, 348 treatment supporters trained in TB DOTS and record keeping.	Provincial/District core trainers facilitated trainings using the latest TB manuals for treatment supporters.
2. Conduct TB DOTS refresher trainings including record keeping for treatment supporters. LoP target: 1,115	Ongoing: To-date, 835 treatment supporters received refresher training in TB DOTS and record keeping.	THANZI focused on filling skills gaps including up to date information on TB management and record keeping.
<ol> <li>Identify and train church/ FBO/ Women's groups in TE DOTS for 5 days. LoP target: 50</li> </ol>		Provincial/District core trainers facilitated trainings using the latest TB manuals for treatment supporters.
Output 3: Use behavior of community	hange communications activities to increa	se the TB health-seeking practices of the
Conduct BCC     workshop with     partners, formulate     strategy and adapt     materials.	Completed. 19 representatives from different stakeholders were trained in BCC and a BCC strategy was developed.	BCC strategy document still in draft form
2. Identify four experts to discuss BCC for TB/HIV on local radio. LoP target: 5 shows	Completed: Four experts were identified that developed messages to be aired including implementation schedule.	
3. Air 5 TB DOTS radio programs in all districts. LoP target: 350,000	Not started.	Key messages developed by the four experts will be included in the final BCC strategy.
4. World TB/AIDS commemorations. LoP target: 25,000	Completed: To date, 47,055 people sensitized on TB/HIV key messages (Chipata 14,941, Chadiza 4,982, Lundazi 6,632 and Petauke 20,500).	ITAP and STAMPP supported this activity.

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	Key Activities	Status of Activities	Comments				
Ωh	DIP log frame outline Objective 2: To strengthen the delivery capacity of the district and provincial TB programs.						
	•						
	Output 1: Build capacity of district and provincial health workers to manage impact of co-infection on TB and build capacity of district health workers to manage DOTS-related activities.						
1.	Carry out training needs assessment.	Completed: Cohort analysis of health workers' skills in TB management conducted.	Dissemination of results to PHO/DHO is planned after input from CARE US.				
2.	Train health workers in TB DOTS. LoP target: 160	Ongoing: To date, 117 health workers trained.	Standard NLTP training manuals used.				
3.	Review meeting on the establishment of sputum collection centers with PHO/DHO.	On-going: Progress report on sputum collection points system presented to the TB/HIV coordinating body for review.	52 sputum collections centers in the four districts were opened (Chipata - 7, Chadiza - 14, Lundazi - 7 and Petauke - 24).				
4.	Promote cross-checking of examined sputum smear slides for quality assurance (QA).	Ongoing: All four districts conducted QA visits to health center TB laboratories quarterly.	Results cross matched showed that 83% were the same while 17% were not. The results only differed in terms of number of bacilli identified in one field. For instance instead of 3+, 2+ or 1+, results showed less bacilli in one field. Follow up to health centers with slides had different results which were verified in the process of making stains and slides.				
5.	Develop TB DOTS support supervision guidelines and tools at health facility and district level.	Completed: The NTLP developed guidelines which were subsequently adopted.	Consultative meeting of stakeholders reviewed guidelines. Currently, guidelines are being used by districts, provinces, and stakeholders during technical support visits to district facilities and health centers.				
6.	Refresher training for technical staff in TB microscopy. LoP target: 20	Initiated: PHO and THANZI agreed to share training costs.	PHO and CARE have planned to share costs. This will be done once funds are available from GRZ to PHO.				
7.		Ongoing: 20 health centers in all districts implemented a mobile VCT schedule.	GCPDO is providing VCT in Chipata district to support THANZI and ITAP. This will increase the number of TB patients tested for HIV and referrals for ART. See Annex 6 attached for mobile VCT schedules for four DHOs and number of clients reached.				
8.	Facilitate and develop procedures with PHO on sputum collection system from collection centers to TB microscopy points as a stop–gap measure to increase access to TB microscopy services. LoP target: 20 centers	Completed: PHO and DHO facilitated the establishment of 52 sputum collection centers in all districts (Chipata 7, Chadiza14, Lundazi 7 and Petauke 24).	<ul> <li>Two approaches promoted:</li> <li>Sputum collection points strategically selected. Chipata and Lundazi district use this approach.</li> <li>All health centers that are not TB diagnosis selected to be sputum collection points. Chadiza and Petauke implemented this approach.</li> </ul>				

9.	Strengthen district TB/HIV coordinating bodies.	<b>Completed:</b> All four districts have functional TB/HIV coordinating bodies.	Guidelines on composition, roles and responsibilities were framed and guide coordinating bodies. See Annex 7
10.	Attend quarterly provincial TB/HIV coordination meetings. Attend national meetings twice a year.	Ongoing: The government bodies held only two meetings to date.	Terms of Reference, composition, roles and responsibilities of all stakeholders approved by the provincial TB/HIV coordinating body.
11.	Attend quarterly provincial TB review meetings.	Ongoing: The government bodies called only two meetings to date.	THANZI agreed to provide supportive supervision in community health information systems for TB at health center level in response to request from DHO (Chipata, Lundazi, Chadiza and Lundazi).
12.	Joint field visits with PHO (at least twice a year).	Ongoing: Two visits conducted by the PHO and CDC.	Recommendations from the visits discussed at TB/HIV provincial body for follow up and action.
13.	Participate in developing the provincial strategic plan for TB DOTS (when opportunity arises).	Initiated: Planning cycle program from PHO received by CARE.	THANZI actively participated in the planning cycle launched in August, and exercise was completed.
14.	Attend NTLP coordinating meetings twice a year at national level.	Ongoing: Two meetings held with CARE Zambia's Director of Health and HIV/AIDS in attendance on behalf of THANZI.	These meetings identified three key issues with national relevance:  1. intensifying infection control  2. TB case identification  3. Isoniazid prophylaxis. This is NTLP's focus. CARE offered support being key partner in TB/HIV control.
Ou	tput 2: Advocacy at the	national level to influence best practices	·
1.	Share lessons learned and identify best practices at NTLP review meetings.	Initiated: THANZI is compiling and verifying data on the engagement of treatment supporters in TB DOTS.	Documentation of the contribution treatment supporters have made in increasing TB case detection in Chadiza district, where CDR increased from 7% in Year 1 to 14% in Year 2.
2.	Share lessons learned and identify best practices at provincial review meetings.	Initiated: THANZI is documenting TB case detection to assess the effectiveness of the sputum collection points system.	Assessment of the sputum collection point system contribution is planned for Year 3.
3.	Facilitate stakeholder meeting to develop strategies to reach out to poor, vulnerable, and marginalized groups.	Initiated: One consultative meeting held with stakeholders PHO, DATF, all DHOs, and CHAZ.	Assessed issues limiting access to TB/HIV services and how to address issues. The agreed action points included the opening of mobile VCT services. See Annex 6.
4.	Follow up stakeholder meeting on strategies to reach poor, vulnerable, and marginalized groups.	Initiated: Actions agreed upon during meeting: mobile CT and TB screening and expansion of sputum collection points in hard to reach areas.	Action plan developed to follow up with identified issues and how to assist project expansion to TB/HIV control activities to targeted beneficiaries.
5.	Organize CSSA workshop.	<b>Initiated:</b> 25 partners identified to attend workshop.	19 (76%) attended the workshop. 24% invitees did not attend due to the restructuring in MOH.

	Key Activities	Status of Activities	Comments					
	DIP log frame outline							
		ivate participation in the TB program	who adout DOTC attacks and for TD acceptable					
=	Output 1: Build capacity of traditional healers (TH) and private sector to adopt DOTS strategy for TB control							
1.	Conduct needs assessment of TH.	Completed: Areas of focus were identified because there were no work records and low levels of participation in health center activities.	PHO/THPAZ and Chadiza District Health Management Team fully engaged in this process. Chadiza selected because of involvement of TH in TB Control program.					
2.	Train TH in TB DOTS in CHadiza pilot district. LoP target: 20 TH	Completed: 21 TH from intervention site trained in TB DOTS and record keeping, while 20 TH from control site trained in recording keeping only.	The NTLP Community based TB DOTS manual used in the training.					
3.	Follow-up meetings with trained TH in Chadiza.	Initiated: One follow-up visit conducted to both intervention and control sites.	The objective of the follow-up visit was to assess TH roles and use of data collection tools in both intervention and control sites.					
4.	Develop a referral system to health facilities with local companies and TH.	Completed: Referral system developed during the training of company representatives and TH.	THANZI will facilitate meetings with PH/DHO/ THPAZ including EPCC to strengthen referral system through 80 trained company representatives involved in TB case detection.					
5.	Monitor referrals from TH to health facilities.	Ongoing: Monitoring tools developed and implemented.	Ongoing on-site mentoring of 41 TH on data collection. Assessment during follow up visits showed 20% able to record data correctly due to low literacy raters.					
6.	Supportive supervision of TH on quarterly basis.	Completed: Checklist developed and implemented.	See Annexes 8 and 9.					
7.	Adapt/develop TB DOTS monitoring tools for the workplace.	<b>Completed:</b> Private sector TB DOTS data tools developed and implemented.	Data collection tools implemented and scheduled for review in first quarter of Year 3. See Annex 10.					
8.	Identify local businesses willing to support TB/HIV collaborative activities. LoP target: 30	Completed: 32 companies identified.	32 responded and engaged exceeding target of 30 businesses.					
9.	Strengthen existing peer educator strategy in workplaces with TB DOTS training.	Ongoing: 32 companies engaged in the TB control program.	THANZI, in-conjunction with EPCC and PATF, will evaluate workplace policies of companies engaged in TB control to implement BCC strategy.					
	Identify and train business representatives to integrate TB/HIV workplace activities. LoP target: 100	Ongoing: 80 company representatives trained in TB DOTS and record keeping.	Will be completed by October 2009.					
11.	Identify 30 local businesses and solicit support for World TB and AIDS day.	Ongoing: 20 Local businesses engaged prior to commemoration of marked days. 20 provided transportation and refreshments.	Facilitated by PATF at provincial level and DATF at district level every year.					

Οι	Output 2: Collaborate with local businesses to improve outreach of TB activities into the community					
1.	Identify 30 local companies to engage in TB/HIV co-infection activities.	Completed: 32 companies identified that participated in implementation of TB/HIV activities.	32 companies engaged exceeding target of 30 businesses.			
2.	Hold quarterly meetings with EPCC representatives.	Initiated: Planned meeting rescheduled in the first quarter of Year 2.	The EPCC fully involved in planning for supportive supervision visits to companies.			

### C. Impediments to progress

1. Staffing at government primary health care facilities, especially laboratory technicians, in all target districts is poor.

Table 3: TB microscopy services mapping

Indicators	Baseline data	Current status
Laboratory technicians and TB microscopists	20	16
Health facilities without technical staff but with functional microscopes	20	24
Health facilities without TB laboratories facilities	40	44

- 2. Inadequate functional TB laboratories. THANZI adopted two approaches to improve TB microscopy: (1) opening sputum collection points in all health centers in Chadiza and Petauke that are not TB diagnostic centers and (2) opening sputum collection points at strategically located health centers in Lundazi and Chipata. In addition, 40 microscopists will be trained with support from PHO and ITAP project. The first 20 trainees in TB microscopy will graduate in the second week of November 2009 with the second group trained in early January 2010.
- 3. Inadequate screening of TB in HIV infected individuals in health facilities due to a lack of skills and on-site technical support to health workers. THANZI will strengthen NZP+, NHCs, and treatment supporters' involvement in the sensitization and referral of HIV individuals to the health centre for TB screening. THANZI's response is to advocate screening of TB for all PLWHA in all health facilities during the TB/HIV coordinating body meetings.

#### D. Technical assistance

- 1. The Eastern Province project team received technical support from the ACD-Programs and the Health and HIV/AIDS Sector Director from headquarters. Support included budgeting and updates on TB/HIV interventions.
- 2. The technical backstop based in USA, Dr. Khrist Roy provided technical guidelines on project implementation and assisted in the design of evaluation tools used in the assessment of TH's participation in TB DOTS. In addition, Dr. Roy provided guidance on project implementation during Year 2.
- 3. The project also received technical support from Deepak Paudel, a Public Health Consultant from Nepal during a training of CARE staff (THANZI and other CARE Project staff) in BCC and CSSA skills.

E. Substantial changes: No substantial changes.

#### F. Sustainability

A CSSA workshop for partners is planned for September 2009. During this workshop, a Sustainability Framework and plan will be developed for implementation in Year 3. THANZI together with its partners has already initiated sustainable activities such as strengthening community organization structures, involving the private sector, opening sputum collection points, and promoting key messages of TB/HIV co-infection prevention, care and support through the BCC strategy.

G. Specific Information: No specific information.

#### H. Monitoring Indicators & Benchmarks

1. Table 4: THANZI TB DOTS commitments compared to National and WHO targets

	Populations	Notification Rate new ss+/100,000	Case Detection rate (all new cases, %)	Case Detection rate (new ss+ cases, %)	Treatment success rate	DOTS Geographic Coverage
THANZI Project Commitment	1,045,684	127/100,000	70%	70%	85%	100%
National targets (reported in 2007)	11,922,000	112/100,000	74%	58%	85%	100%
WHO targets			80%	70%	85%	100%

Data source: WHO Global Health Atlas-2008 Country profile-2007

- 2. THANZI conducted a cohort analysis of health worker skills in TB and data management at health facility and district level. Results will be shared separately as soon upon review and validation by MoH officials at provincial and district level.
- 3. As indicated in the approved DIP for THANZI, a survey on Doer and Non-Doer on two selected behaviors was conducted. The chosen behaviors are TB patients taking a HIV test (20 Doers-TB patients that took HIV test and 20 Non-Doers did not) and health workers routinely ask for cough in all adults 15 years and above who seek medical services from the health centre or OPD. 20 Doers- health workers routinely asked for cough in all adults 15 years and above who seek medical services from the health centre or OPD and 20 Non Doers who did not). The findings are included in Annex 5.

#### I. Management Systems

1. Financial management system and budgeting

Salaries and Benefits: The planned national and international staff is paid by THANZI in line with the approved budget. Travel: THANZI did not undertake any international travel during the period under review. However, planned local travel within the project area to support project activities and project staff was undertaken.

Supplies and Equipment: Funds were spent on the following project activities and equipments:

Training supplies

Stationary and office supplies

Project workshops and meetings

• Two motorcycles and one motor vehicle for project

Contractual: THANZI obtained TA for the CSSA and BCC workshop for Training of trainers (TOT) from Deepak Paudel, a Public Health Consultant from Nepal. The objective of this consultancy was to build the capacity of project staff in CSSA and BCC as well as to train them on how to train others in BCC and CSSA.

*Other:* As planned, resources were spent on fuel, vehicle repairs and maintenance, and office utilities. All these expenditures were in accordance to the approved and allocated budgets.

Burn Rates: The project burn rates are in line with plans with execution of nearly all key activities and procurement (delayed from year one due to the need to seek a waiver) of the project vehicle during the period under review.

Budget for Activities Projected for Year Three: It is expected that in Year Three, US\$49,613 will be spent on field activities. See Annex 2.

2. Human Resources: THANZI continued to receive technical support from the CARE USA team based in Atlanta and CARE International Zambia Country Office. Technical support was mainly in the areas of administration, financial management, and project management. From the CARE Zambia Country Office, support was in the areas of day to day program management as well as provision of administrative and financial oversight for the project. The support provided by both Project Technical Advisor and CARE Zambia Country office greatly helped ensure timely implementation project activities. The Technical Advisor also played an active role in identifying the consultant for the CSSA and BCC for the project. In addition, TA actively participated in the Training of Trainers workshop on CSSA and BCC for Project Team members.

The TB Program Manager has continued to effectively execute the affairs of the project and provide technical oversight on program issues to team members on a daily basis. In addition to the TB Program Manager, other staff for the project include: Clinical Training/Monitoring and Evaluation Coordinator (1), Development Coordinator (Field Officers) (4), and Finance and Administrative Officer (2) and a Driver. In order to ensure that the project staff stays appraised of current trends in programming, THANZI holds quarterly review meetings where technical guidelines and updates are shared with team members. These meetings are usually held in collaboration with the Ministry of Health.

3. Communication Systems and Team Development: During the period under review, the TB Program Manager attended M&E training and the Clinical Training/M&E Coordinator attended M&E refresher training. CARE Zambia has upgraded the internet communications infrastructure in the Eastern Province to ensure access for all staff. With this in place, staff utilizes technical websites such as www.tbvrc.org and www.childsurvival.com to download relevant and up-to-date material.

#### J. Local Partner Organization Collaboration and Capacity Building

THANZI maintains a positive relationship with all participating partners and ensures communication and collaboration at all times. The main partners include the MoH/NTLP at National, Provincial, District, and Health center levels, CDC, CHAZ, THPAZ, Center for Infectious Disease and Research of Zambia (CIDRZ), HCP, NZP+ and the EPCC. In particular, THANZI enhanced the capacity of local partners in areas such as BCC and CSSA. Additionally, partners were trained in TB DOTS and data management. Collaboration with partners has been through conducting trainings for both health workers and the community; sensitization of the community on TB-HIV; conducting joint supportive supervision to health centers and the community; and joint planning. Trainings have resulted in effective collaboration and coordination between THANZI and its partners. In addition, THANZI has engaged partners in project review meetings to discuss project performance and review project activities. THANZI has been working closely with MoH in all activities since the MoH is the custodian of health service provision in Zambia. The role of the MoH is provision of technical staff, drugs, microscopy services in health institutions, and technical expertise during trainings and field visits. During the period under review, THANZI worked with partners in capacity building activities such as BCC and CSSA trainings to strengthen collaboration and effective activity implementation. Apart from engaging outside partners, THANZI worked with other CARE projects such STAMPP, ITAP and SCOPE-OVC to strengthen synergies and leverage resources to maximize benefits for targeted beneficiaries.

#### Government Coordination and Collaboration

THANZI has actively engaged the MoH and partners in all activities. At district level, CARE's District Coordinators continue to play a key role in facilitating the TB-HIV coordination body meetings held in collaboration with the DHO. The meetings facilitate coordination among all involved in TB-HIV activities at district level. In addition, the meetings result in leveraging additional resources from all partners including THANZI and harmonizing activities at district level thus avoiding duplication of efforts.

At Provincial level, THANZI was represented both the Provincial TB-HIV Coordination body and Provincial TB Review meetings. The meetings have greatly improved coordination among key partners involved in TB-HIV in the province. During quarterly meetings, the provincial TB situation is reviewed and strategies to address identified gaps are developed. THANZI, in collaboration with partners conducted quarterly supportive supervision visits to all 125 sites. In addition, THANZI engaged partners in activities such as trainings and quarterly review meetings.

At National Level, THANZI is represented at the NTLP Review and National TB-HIV Coordination meetings.

#### K. Mission Collaboration

During the period under review, THANZI retained Dr. George Sinyangwe, the designate in-country CTO, informed of developments. However, a face-to-face meeting was not possible because of conflicting schedules and distance between THANZI's operational area, Eastern Province, and the USAID office in Lusaka. Where necessary, the Lusaka-based Health and HIV/AIDS Director for CARE Zambia will meet with the CTO. Finally, THANZI plans to invite the mission to participate in the MTE, scheduled for May 2010.

## **ANNEXES**

Annex 1: M&E Table

Goal: To decrease morbidity caused by tuberculosis, in the context of HIV co-infection selected districts of Zambia's Eastern Province

Objectives	Impact Indicators	Baseline	Progress of indicator	Target (EOP)	Verification of data	Frequency	Explanation or Reference
1) To increase the CDR to 70% for newly detected sputum smear positive cases.	1.1 Increase # or % of New Pulmonary Smear Positive CDR to 70%.	23%	CDR for New smear positive coverage is 23%	2 <sup>nd</sup> Year target 48%	NTLP district annual reports	Annual	The actual TB SS+ cases reduced slightly from 615 to 587. Total TB cases slightly increased from
2) To increase the TSR to 85% according to the	1.2 Increase # or % New Smear Positive Cases notified to 127/100,000	55/100,000	CNR coverage of New Smear positive increased to 53/100,000	2 <sup>nd</sup> year target 119/100,000	NTLP district annual reports	Westernament and the second and the	1,563 to 1,587. This trend was observed at National level.
NTLP target.	1.3 Increase # or % All new TB cases notified to 425/100,000	155/100,000	CNR coverage of All new TB cases reduced to 145/100,000	2 <sup>nd</sup> year target- 155/100,000			Ref: WHO Global Report 2008; WHO Anti Tuberculosis Drug Resistance in the World Report, 2008.
3) To reduce mortality rate by 50%.	1.4 Reduce # or % TB patients dying from any cause during treatment (Mortality Rate) by 50%	10%	MR reduced to 11% in Year 2 compared to 12% in Year 1, a decline of 1%	Less than 5%	NTLP district annual reports	Annual	The mortality rate had a down trend in Year 2 compared to Year 1.

Strategic Objectives	Performance Indicators	Baseline	Progress of indicator	Target	Verification of data	Frequency	Explanation or Reference
S.O.1: To intensify and expand sustainable community based	1.1 At least 125 (100%) NHC committees strengthened and disseminating TB and TB/HIV information.	8%	64 (51%) of 125 NHC committees active	100%	NHC reports	Annually	Strengthened skills of NHC members in BCC
TB control structures in the context of TB/HIV.	1.2 At least 25% (13) out of 50 designated community structures/ FBOs/Women groups disseminating TB and TB/HIV information.	10%	10 (20%) out of 50 FBO/Women groups disseminated information on TB/HIV	25%	FBOs/Women/ DHO quarterly reports on IEC		FBOs/Women groups engaged in the BCC plan.
	1.3 Increase number of TB suspects referred by treatment supporters to the health centre.	No data	2,105 TB suspects referred for sputum examination	Compared with previous year	Community based quarterly reports	Annually	Data collected after training and refresher training in record keeping in Year 2. Comparison will be done in Year 3.
S.O.2 To strengthen the capacity of district	2.1 Proportion of new smear positive cases cured.	72%	77% (396) New Smear positive patients were cured out of 512	85%	NTLP district reports	Annual	NTLP target for Cure Rate (85%)
and provincial TB program to implement DOTS and address the impact of co-	2.2 Proportion of All TB patients that defaulted.	5.3%	6% TB patients defaulted above the NTLP target of less than 5%	Less than 5%	NTLP district annual reports	Annual	Follow up and defaulter tracing to be strengthened.
infection.	2.3 Increase from 53% to 80% number of new TB patients tested for HIV.	53%	Increased to 71% (1,132) out of 1,587 all new TB cases tested for HIV. Non CARE supported districts in the province, Nyimba (67%) and Chama (45%)	80%	NTLP district annual reports	Annual	A good performance above the NTLP target of 37% due to increased TB/HIV integration activities.

Strategic Objectives	Performance Indicators	Baseline	Progress of indicator	Target	Verification of data	Frequency	Explanation or Reference
	2.4 Increase number or % of all TB patients who tested HIV+ and referred for ART services.		Increased to 54% (616) of 1,132 tested HIV+ and 49% (299) were put on ART	80%	DOTS TB and HIV program, PEPFAR records	Annual	Smart care data software developed by MOH being fine tuned for methodology to include data on TB.
	2.5 Increase # of sputum smears done in the year from 4,740 to 70,000.	4,767	Increased to 9,631 cumulative	70,000	NTLP reports	Annual	Coverage increased from 4,740 in Year 1 to 4,961 in Year 2.
	2.6 Proportion of TB suspects tested who were sputum smear positive in the year.	17%	13% (638/4,891) suspects found smear positive	Expected result <15%	NTLP district annual reports	Annual	Coverage within the range. Continue strengthening quality control system.
	2.7 Proportion of smear positive TB cases notified should be at least 70% of total number of all TB cases reported in period of review.	32%	37% (587) smear positive cases diagnosed out of 1,587 all TB cases	70%	NTLP district annual reports	Annual	More effort needed to increase coverage to meet the NTLP target. Refer to revised work plan.
	2.8 100% of smear slides sent by facilities to the district main TB lab for quality control in the year.	No data	515 (83%) slides crossed matched had same results out of 617 during QA <sup>2</sup>	100%	Laboratory reports on QA monitoring	Annual	QA visits will be strengthened in all districts and orientation of TB microscopy is planned in Year 3.

<sup>&</sup>lt;sup>2</sup> Results cross matched showed that 83% were the same while 17% were not. The results only differed in terms of number of bacilli identified in one field. For instance instead of 3+, or 2+or 1+, results showed less bacilli in one field. Follow up to health centres that had slides that had different results was made for verification of the process of making the stains and slides.

	2.9 At least 2 joint supervisory visits conducted by TBLFPP per district annually.	Nil	2 out of 2 joint supportive supervisory visits conducted	2/year	Supportive supervisory visit reports	Annual	Recommendations from field visits discussed during Provincial TB/HIV coordination meeting.
S.O.3 To increase private participation in TB program.	3.1 At least 100% (30) local companies participate in DOTS activities.	No data	(Above 100%) 32 of targeted 30 actively participated in TB DOTS	100%	Private sector community based reports	Annually	More companies engaged than the target.
	3.2 At least 75% (22) of 30 local business support TB/HIV activities.	10%	40% (12) of targeted 30 local business support TB/HIV activities	75%	Private sector community based reports and DATF		Local businesses supported World TB or AIDS days
	3.3 At least 100% (20) TH actively refer suspected TB patients to health centre and disseminate TB/HIV information.	No data	41 TH in both intervention and control sites trained.	100%	TH TB registers		Data collection tools developed and implemented by TH.

Strategic Objectives	Output performance Indicators	Baseline	Progress of indicator	Target	Verification of data	Frequency	Explanation or Reference
	nmunity based partnerships	to implement TI	B control activities	ā			
S.O.1.1 Intensify community based partnerships to implement TB control activities.	1.1.1 At least 75% (37) of 50 Church groups/FBO/ Women Organizations actively involved in TB/HIV activities.	10%	30 (60%) of 50 actively involved in TB DOTS	75%	FBOs/Women/ DHO quarterly reports on IEC	Annually	FBOs/Women groups engaged in BCC plan.
	1.1.2 At least 100% attend community based TB/HIV coordinating committee meeting held each month at each health facility.	No data	79 (63%) of 125 held meetings	2 x 125 committees	Minutes	Biannually	The challenge to form 125 TB/HIV coordinating bodies is the need for resources at community level. To date, only 79 out 125 have been formed.

S.O.1.2 Train and support treatment observers.	1.2.1 Train 80 % (400) of 500 untrained treatment supporters in DOTS.	No data	348 (87%) treatment supporters trained in TB DOTS	80%	Community based TB DOTS training directory	During training	The project is on course in training new treatment supporters.
	1.2.2 100% support to the 1,115 (old and new) treatment supporters.	No data	835 old and 348 new treatment supporters supported	100%	Support supervision reports	Biannually	Support supervision checklist for treatment supporters developed and implemented.
S.O.1.3 Use BCC activities to increase TB seeking practices in the community.	1.3.1 Increase % or # of TB suspects referred by community members to the health facility for sputum examination.	No data	2,105 TB suspects referred to the health facility	Compared to the previous year (no data was available)	Community based TB registers, TB cards, quarterly reports	Biannually / annually	Comparison of treatment supporters' contribution in TB case detection will be reviewed quarterly and annually.
	1.3.2 Collect and adapt BCC tools available in the Country.	No data	BCC strategy developed during the stakeholders training in BCC	1	BCC monitoring reports	Annually	BCC strategy document still being finalized and expected to be ready the third week of
	1.3.3 At least 90% (1,003) of 1,115 treatment supporters effectively using BCC tools to create awareness on TB and DOTS.	30%	BCC tools developed	90%	BCC monitoring reports	Annually	October 2009.

2. District and Pro	vincial TB program capacity	building and c	oordination to imple	ment DOTS an	d address the imp	act of co-infe	ection on TB
S.O.2.1 Build capacity of district and provincial health workers to manage impact of	pacity of district and provincial polypacity of district and provincial polypacity of district analyse impact of polypacity of district analyse in TB polypacity of district and provincial polypacity of district analyse in TB polypacity of district analys		All 100% (8) District TB focal point persons trained in TB DOTS	100%	TB DOTS training Directory	During training	District TB/HIV focal point persons provide technical support to Districts.
co-infection on TB.			73% (117) of 150 health workers trained in TB DOTS	50%			NTLP TB DOTS manuals used in the training. These make extensive reference to TB and HIV/AIDS.
	2.1.3 Open 20 sputum collection centers.	No data	52 sputum collection points opened	20 sputum collection points	PHO/DHO meetings		DHO/Project reviewed sputum collection system and agreed to explore 2 strategies.
	2.1.4 At least 100% (125) TB DOTS focal point persons report cohort analysis correctly and on time	No data	To be done at least with first after MTE	100%	NTLP reports	Annually	Cohort Analysis Skills of health study completed and draft report concluded.
	2.1.5 100% support supervision visits and follow ups to 125 health facilities quarterly.	Nil	At 105 (84%) health centres received technical supervision of 125.	100%	Support supervision reports	Annually	Integrated support supervision with other partners and projects like ITAP.
S.O.2.2 Spearhead the activation of TB collaborative bodies at	2.2.1 100% attendance in all TB Partnership meetings at District, Provincial, National level.	Nil	Attended four meetings	2/year	Minutes	During meetings	Increased TB/HIV collaboration improved TB/HIV coordination.
provincial and district level by encouraging agencies working on TB and HIV.	2.2.2 100% held biannual TB review meetings by key stakeholders (NTLP, THANZI Project/DHO/MOH.	No data	Attended three meetings	4/year (100%)	Minutes/reports	During meetings	

S.O.2.3 Advocacy at national level to influence best practices and disseminate lessons learned.	2.3.1 One THANZI presentation at national, province, and district level after each evaluation.	No data	To be done possibly after MTE or FE	•	TB Monitoring reports Progress reports		Cohort Analysis Skills of health study completed and draft report concluded. Operation Research on TH contribution in TB control is being done in Chadiza
3. Private particip	ation in the TB control progra	ım					
S.O.3.1 Build capacity of TH to adopt DOTS strategy for TB treatment.	3.1 Identify 20 TH to actively participate in TB DOTS.	NA	20 TH identified in the intervention site and 20 in the control site.  Note: OR is only being done in Chadiza district.	100%	TH training directory	During training	21 TH from the intervention site identified and trained in TB DOTS and record keeping while 20 trained in record keeping only.
	3.2 Train 100% (20) TH in TB DOTS.		21 TH from intervention site identified and trained in TB DOTS and record keeping while 20 trained in record keeping only.	100%	Traditional healers training directory	During training	As referred in DIP, OR has been instituted in Chadiza district to assess the contribution TH in TB control. Intervention and control sites were selected.
S.O.3.2 Collaborate with local businesses to improve outreach of TB activities into the community.	3.2.1 Identify 30% (30) of 100 local businesses registered by Chamber of Commerce and partner with PHO/DHO/project to improve TB outreach services.	No data	32 of the targeted 30 companies identified and participated.	30%	Private sector community based reports and DATF	Annually	Private sector TB DOTS structure developed with full participation of the EPCC. Private sector contributed to an increase in identification of all forms of TB cases from
	3.4 Orient at least 100 company representatives in TB DOTS.	24%	80 (80%) of 100 were trained in TB DOTS	100 trained		During training	1,575 in Year 1 to 1,587 in Year 2.3

# Annex 2: Workplan for Year Three October 2009/2010

S/NO	Major Activity		YEAR	3: 2009/	10	Responsible staff	Budget
SO1: To	intensify & expand sustainable community based TE	3 Contr	ol struc	tures in	the cor	itext of TB/HIV	<del>.</del>
		Q1 O-D	Q2 J-M	Q3 A-J	Q4 J-S		
Advoca	cy and Coordination	OD	J IVI	ΛJ	33		
1.1	National/Provincial level						
1.1.2	Attend NTLP coordinating meetings twice a year at national level		X		X	Project Manager	-
1.1.3	Attend NTLP review meetings semi-annually at national level		X		X	Project Manager	-
1.1.4	Attend Province Program TB/HIV Quarterly Review meeting	X	X	X	X	Project Management Coordinator	676
1.1.5	Facilitate meetings with DHOs to strengthen sputum collection system as a stop gap to increase access to TB microscopy	Х	X	Х	X	Project Management Coordinator	-
1.1.6	Advocate for linking of PLWHA to micro-finance institutions and build on the pilot experiences of IGA		X			Project Management Coordinator	-
1.1.7	Share lessons learned and identify best practices at NTLP review meetings	X				Project Manager	-
1.1.8	Share lessons learned and identify best practices at provincial review meetings	Х				Project Management Coordinator	-
1.1.9	Facilitate a stakeholders meeting to develop strategies to reach out to the poor, vulnerable, and marginalized groups	X	X			Project Management Coordinator	540.50
1.1.10	Facilitate a follow up meeting with stakeholders on strategies to reach out to the poor, vulnerable, and marginalized groups		X			Project Management Coordinator	540.50
1.1.12	Follow up of CSSA implementation plan		Х		X		-

1.2	District level				F		
1.2.1	Facilitate a stakeholders meeting to develop strategies to reach out to the poor, vulnerable, and marginalized groups		X			District Development Coordinator	-
1.2.2	Facilitate a follow up meeting with stakeholders on strategies to reach out to the poor, vulnerable, and marginalized groups		X	9.111.111.111.111.111.111.111.111.111.1		District Development Coordinator	-
1.2.3	Link PLWHA support groups to NZP+ district office. Targeted: 16	X	X			District Development Coordinator	-
1.2.4	Study DOTS TB data for gender equity in diagnostic, managerial and treatment outcomes	X	X			M&E Coordinator	1,200.00
1.2.5	FGD with Women Groups on TB and gender equity	Х	Х			M&E Coordinator	-
1.2.6	Advocate for gender equity in DOTS TB control			Х		PMC/District Development Coordinator	-
1.3	Health/Community level						
1.3.3	Facilitate formation of support groups amongst PLWHA. Targeted: 125	X	X			District Development Coordinator	-
1.3.4	Work with PLWHA groups for advocacy. Targeted: 125	Х	X			District Development Coordinator	-
1.3.5	Identify schools and health posts active in TB/HIV activities. Targeted: 125	X				District Development Coordinator	-
1.3.6	Facilitate NHCs/FBOs/PLWHA/Church and Women Groups quarterly meetings.	Χ	X	Х	Χ	District Development Coordinator	2,162.00
1.3.7	Share and learn best practices with FBOs/PLWHA / Church and Women Groups Targeted: 50		X	X	X	District Development Coordinator	-
1.3.8	Advocate for linking of PLWH to micro-finance institutions	Х	X			District Development Coordinator	-
1.3.9	Strengthen the existing referral system from TS/TH to HF and from HF to TS/TH in Chipata.	X	X			District Development Coordinator	-

1.4	Capacity Building: Community Level						
1.4.1 1.4.1.1	Community level Identify and train 52 treatment supporters in TB DOTS including recording keeping in 125 HF(5)days	X	X			District Development Coordinator	5,000.00
1.4.1.2	Conduct TB DOTS refresher training including record keeping for 555 treatment supporters in TB DOTS for 2 days.	X	X			District Development Coordinator	1,622.00
1.4.1.3	Identify and train 10 churches/FBOs/Women groups in TB DOTS including record keeping for 5 days.	X				District Development Coordinator	2,000.00
1.5 1.5.1	BCC Strategy Provincial level						-
1.5.1.1	Identify 4 experts to discuss BCC on TB/HIV on radio	Х				Project Management Coordinator	-
1.5.1.2	Develop BCC key messages for radio program	Χ				Project Management Coordinator	-
1.5.1.3	Facilitate IEC distribution from NTLP to the project.	Х	Х			Project Management Coordinator	-
1.5.1.4	Participate in World TB and AIDS Day commemoration	X	Х			Project Management Coordinator	-
1.5.2	District level					The state of the s	
1.5.2.1	Identify experts to discuss BCC on TB/HIV on radio	Χ				District Development Coordinator	-
1.5.2.2	Air 5 series of TB DOTS programs in all 3 strategic districts with radio stations.  Targeted: 1,045,684 people	X	X			District Development Coordinator	1,027.00
1.5.2.3	Distribution of IEC materials to 125 HFs	Х	Х			District Development Coordinator	-
1.5.2.4	Conduct Radio 5 quiz on TB DOTS	Х	Х			District Development Coordinator	-
1.5.2.5	Participate in World TB and AIDS Day commemoration	Х	Х			District Development Coordinator	1,000.00
1.5.3	Health/community level						
1.5.3.1	Conduct BCC activities such as distribution of IEC materials and drama performances	X	Χ			District Development Coordinator	-
1.5.3.2	Drama performances 12 sessions/year/ HF in all the 125 HF on BCC. Targeted: 1, 045,684	X	X	Х	X	District Development Coordinator	500

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1.5.3.3	World TB and AIDS Day commemoration. Targeted: 350,000	X	X			District Development Coordinator	581
1.5.3.4	Facilitate sharing of experiences of TB disease cured and PLWHA during World TB/AIDS Day commemoration.	X	X			District Development Coordinator	
2.1	Provincial level						
2.1.1	Participate at the provincial level PHO/NTLP meetings and program review meetings	Х	Х	Х	X	Project Management Coordinator	-
2.1.2	Joint field visits with PHO (at least twice a year)		Χ		Х	Project Management Coordinator	1,200.00
2.1.3	Participate in Province Strategic Plan for DOTS/TB (as and when opportunity dictates)				X	Project Management Coordinator	-
2.1.4	Facilitate meetings at PHO to monitor sputum collection system from collection centers to TB microscopy points as a stop gap to increase access to TB microscopy	X	X	Х	X	Project Management Coordinator	-
2.2	District level						
2.2.1	Participate at the district level NTP review meetings	Х	Х	X	Х	District Development Coordinator	5,086.00
2.2.2	Joint field visit with DHO (at least twice a year)		Χ		Х	District Development Coordinator	1,200.00
2.2.3	Participate in district Strategic Plan for DOTS/TB (as and when opportunity dictates)				X	District Development Coordinator	-
2.2.4	Establish sputum collection points in strategic sites and monitor the system	Х	X	Х	X	District Development Coordinator	-
2.2.5	Review meeting on the establishment of sputum collection centers with PHO/DHO	Х		Х		District Development Coordinator	-
2.2.6	Promote cross checking of examined sputum smear slides for quality assurance	Х	Χ	Х	X	District Development Coordinator	-
2.3	Health centre level						
2.3.1	Train 43 health workers in TB DOTS including recording and reporting of data aimed at TB and HIV integration at HF level	X	X			District Development Coordinator	6,757.00
2.3.2	Conduct refresher training for 140 health workers in TB DOTS including recording and reporting of data		Х	Х		District Development Coordinator	5,405.00
2.3.3	Conduct quarterly review meetings and supervision CBOs/FBO	Х	Х	Х	X	District Development Coordinator	1,000.00

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2.3.4	Health centre and community based TB/HIV coordinating committee quarterly meetings (activity to review, compile, and analyze TB data)	X	X	X	X	District Development Coordinator	3,243.00
2.3.5	Refresher training for 20 technical staff in TB microscopy including recording and reporting of data	X	Х			District Development Coordinator	1,470.00
2.3.6	Monitor referrals of TB suspects from TS/TH to the health facilities	Х	X	Х	X	District Development Coordinator	-
2.3.7	Joint review meeting on TB microscopy services with DHO (at least twice a year)	X		X		District Development Coordinator	-
2.3.8	Help coordination committee for HIV/TB to organize TB/HIV clinical meetings biannually	X		Х		District Development Coordinator	3,243.00
2.3.9	Help organize 20 mobile VCTs in the community to increase uptake of VCT services to 5,500 TB patients through complimentary project, ITAP	X	X	X	X	District Development Coordinator	-
3.1	Provincial level						
3.1.1	Facilitate quarterly meetings with private companies involved in the TB program	X	X	X	X		1,011.00
3.2	District level						
3.2.1	Strengthen the existing peer educator strategy in workplaces with training in TB DOTS.	X				District Development Coordinator	-
3.2.2	Identify and train 20 business representatives in TB DOTS to integrate TB/HIV workplace activities	X				District Development Coordinator	1,400.00
3.2.3	Support supervision of trained company representative (treatment supporters) quarterly	Х	X	X	X	District Development Coordinator	1,000.00
3.2.4	Identify local businesses and solicit support for World TB and AIDS day commemoration	Х	X			District Development Coordinator	-
3.2.5	Monitor referrals from TH to health facilities	Х	Х	Х	X	District Dev Coordinator	-
3.2.6	Support supervision of Traditional Healers quarterly		Χ			District Development Coordinator	749

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1	Monitoring Plan				_		
1.1	Provide quarterly M&E support to districts	Х				M&E Coordinator	-
1.2	Conduct cohort survey of health workers skills in TB management follow up			X	X	M&E Coordinator	-
1.3	Submit quarterly reports at district level	Х	Х	X	X	District Development Coordinator	-
1.4	Carry out gender and equality survey among TB patients in four districts	X	Х			M&E Coordinator	
1.5	Submit biannual reports at provincial level	X		X		Project Management Coordinator	-
2	HMIS						
2.1	Collect data from HMIS for documentation of annual reports.	Х				M&E Coordinator	-
3	Evaluations						
3.1	Preparation for mid-term survey	X				Project Management Coordinator	-
	Total Budget for Activities						49,613.00

### Annex 3: Social Behavior Change Strategy for New Partners

THANZI completed a BCC workshop with stakeholders in May 2009. A BEHAVE Framework was developed with support from the MOH and stakeholders such as Society For Family Health, HCP, DHO, NZP+, Radio Breeze, former TB patients and treatment supporters. The BCC strategy document is still being developed and expected to be completed by the third week of October 2009. During the workshop the participants developed the BCC strategy that included identification of key behaviors, Doer and Non Doer, analysis and formulation of the BEHAVE Framework to be included in the overall BCC strategy.

The key behaviors identified were:

- TB patients who are aware of TB/HIV co-infection (or else who were advised to take an HIV test) do not take HIV test
- Health workers who do not routinely ask for cough in adults 15 years and above who seek medical attention at the health centre and OPD.

The first behavior: TB patients who are aware of TB/HIV co-infection (or else who were advised to take an HIV test) that did not take HIV test. A total of 40 TB patients were interviewed: 20 Doers (TB patients that tested for HIV) and 20 Non Doers (TB patients that have not taken HIV test). The tool below was used to investigate the barriers to behaviors among TB patients that are aware of TB/HIV co-infection (or those who were advised to take an HIV test) that did not take HIV test.

- 1. What do you see as <u>advantages</u> or good things that would happen if you went for HIV test?
- What do you see as the <u>disadvantages</u> or bad things that would happen if you went for HIV test?
- 3. What would make it <u>easier</u> for you to go for HIV test?
- 4. What would make it **more difficult** for you to go for HIV test?
- 5. Who would **approve** or support you if you went for HIV test?
- 6. Who would **disapprove** or object if you went for HIV?
- 7. Which of these individuals or groups in either of the two of the two questions above is **most important** to you?

The key barriers identified were:

- Fear to be stigmatized when seen testing for HIV.
- Fear to test for HIV because TB is associated with HIV.
- Disclosure of HIV status to partners was a challenge.
- Fear testing HIV positive when past sexual history was risky

Table 5: Doer and Non Doer Analysis of Results

Doer and Non Doer Analysis: TB patients who are aware of TB/HIV co-infection do not take HIV test

Research findings	% Doers	% Non-doers	Implications	Progra	am focu:	s?
				Υ	N	?
Advantage: prolongs life if put on ARV	85%	83%	same		<b>√</b>	
Disadvantage: Fear of being stigmatized and discriminated	38%	55%	different likely to be important	✓		
Easier: if sure of being negative	54%	65%	different likely not to be important		✓	
Difficult: Fears of being positive if sexual activities have been risky	18%	46%	difference; try to reach partners			✓
Approve: Spouse	36%	58%	different likely to be important	✓		
Disapprove: No one	6%	34%	difference; try to reach partners			✓
Most Important: Wife and husband	64%	30%	different likely to be important	✓		

The second behavior: health workers who do not routinely ask for cough in adults 15 years and above who seek medical attention at the health centre and OPD. A total of 40 health workers were interviewed. 20 Doers were health workers that routinely ask for cough in all adults 15 years and above who seek medical attention at the health centre or OPD. The hypothesis was that health workers from Chadiza and Chipata districts were grouped together as Doers because of increased number of slides of TB suspects examined in Year 2 compared to Year 1. While 20 Non doers were health workers from Petauke and Lundazi that recorded reduced number of slides examined in Year 2 compared to Year 14 Petauke. The tool below investigated the barriers to the behavior among health workers who do not routinely ask for cough in adults 15 years and above who seek medical attention at the health centre and OPD.

- 1. What do you see as <u>advantages</u> or good things that would happen if you asked cough for more than two weeks in all adults 15 years old and above that seek medical attention at the health facility?
- 2. What do you see as the <u>disadvantages</u> or bad things that would happen if you asked for cough for more than two weeks in all adults 15 years old and above that seek medical attention at the health facility?
- 3. What makes it <u>easier</u> for you to ask for cough for more than two weeks in all adults 15 years old and above that seek medical attention at the health facility?
- 4. What makes it <u>more difficult</u> for you to ask for cough for more than two weeks in all adults 15 years old and above that seek medical attention at the health facility?
- 5. Who would <u>approve</u> or support you if you asked for cough for more than two weeks in all adults 15 years old and above that seek medical attention at the health facility?
- 6. Who would <u>disapprove</u> or object if you asked for cough for more than two weeks in all adults 15 years old and above that seek medical attention at the health facility?
- 7. Which of these individuals or groups in either of the two of the two questions above is **most important** to you?

# The key barriers identified were:

- Not knowing the importance of asking for cough
- Fear to stigmatize patients because TB is associated with HIV.
- Work over load to ask for cough in patients who had not complained of cough.
- Asking for cough in adults 15 years was wasting time because there are a lot of patients waiting to be attended to.

<b>Table 6: Doer and Non Doer Analysis:</b> Health Workers who do not routinely ask for a cough among OPD patients above 15 years							
Research findings	% Doers	% Non-doers	Implications	Progran	n focus?		
				Υ	N	?	
Advantage: Saves patients	78%	80%	same		$\checkmark$		
Disadvantage: More people will be infected with TB because there will be a lot of undetected TB in community.	38%	55%	different likely to be important	✓			
Easier: More staff	54%	65%	different likely not to be important		✓		
Difficult: Work overload	24%	56%	difference; try to reach partners			✓	
Approve: DHOs	36%	58%	•	✓			
Disapprove: Patients feel stigmatized when asked for cough when they did not present complains not related to cough.	12%	40%	difference			✓	
Most Important: DHOs	60%	42%	different likely to be important	✓			

In order to promote positive behaviors among the selected groups on the two identified behaviors, the project together with stakeholders developed the BEHAVE Framework and the Monitoring Plan below.

Table 7: BEHAVE Framework

Priority Group	Behavior	Key Factors	Activities		
TB patients aware of TB/HIV co-infection (or else advised to take an HIV test) do not take HIV test.  Supporting groups: family members, treatment members, health workers.	TB patient take HIV test	<ul> <li>Address fear of stigma among TB patients</li> <li>Address fear to test for TB even if TB associated with HIV</li> <li>Address fear of disclosure of HIV status to partners</li> <li>Reducing fear of testing HIV positive with past risky sexual history</li> <li>Increasing knowledge of the risks of co-infection</li> <li>Increasing knowledge of the benefits of TB patients to know HIV status</li> </ul>	<ul> <li>Anti-stigma campaigns sensitization among TB patients and community members</li> <li>Promotion of HIV testing among TB patients to reduce fears and amplify the importance of taking HIV test</li> <li>Facilitate counseling and testing of TB patients in the company of their partners and disclosure of HIV status.</li> <li>Development and dissemination of IEC messages that dispel fear of being HIV positive if past sexual history was risky</li> <li>Facilitation of radio program spots for current and former TB patients who have taken HIV test to give testimonies on the benefits of HIV testing</li> <li>Conducting drama performances on the benefits of taking HIV test by TB patients.</li> <li>Educating TB patients/suspects on the basic factors about TB/HIV co-infection</li> </ul>		
<ul> <li>Priority         group:         100% of TB         suspects and         TB patients</li> </ul>	<ul> <li>Proportion of TB suspects that took HIV test</li> <li>Proportion of TB patients that took HIV test</li> </ul>	<ul> <li>Number of TB patients/suspects that took the HIV test</li> <li>% or Number of TB patients and suspects tested that disclosed their HIV status to partners</li> <li>% or Number of TB patients and suspects that encouraged other TB patients and suspects to get HIV test</li> </ul>			

Supporting group: All active treatment supporters, family members, health workers and TB patients that have taken HIV test	Motivate TB suspects and patients take HIV test	<ul> <li>Encouraging TB patients and suspects who have taken HIV test to freely discuss the importance of taking HIV test.</li> <li>Assuring TB patients and suspects that knowing their HIV status helps medical service providers to provide correct treatment and helps them recovery quickly.</li> <li>Addressing in-adequate knowledge on the dangers of coinfection.</li> <li>Assuring TB patients confidentially of taking HIV test.</li> <li>Integration of HIV testing in all TB patients and suspects</li> </ul>	
Indicators			<ul> <li>Proportion of treatment supporters that counseled TB patients on HIV testing.</li> <li>Proportion of health workers that counsel TB patients on HIV testing.</li> <li>Proportion of TB patients that counsel fellow TB patients (that have not taken HIV test) on HIV testing.</li> <li>Proportion of family members that counsel TB patients on HIV testing.</li> </ul>

Priority Group	Behavior	Key Factors	Activities			
Health Workers who do not routinely ask for a cough among OPD patients above 15 years of age	Health workers routinely ask for a cough among OPD patients above 15 years of age	<ul> <li>Address fear of stigmatizing patients among health workers because asking for cough in patients is very important</li> <li>Increase on-spot technical support to health workers on screening of TB at the OPD/health center</li> <li>Increase staff level in health facilities overwhelmed by staff shortages</li> <li>Increase knowledge levels among health workers on risks of contracting TB themselves if TB suspects are identified and treated</li> <li>Increase awareness on use of TB screening flow charts</li> </ul>	<ul> <li>Facilitation of psychocounseling training of health workers to enable them under their role in TB control</li> <li>Provision of on site technical support to health workers on screening of TB patients</li> <li>Facilitation of staff inventory and strengthen health centers overwhelmed by staff shortages</li> <li>Creation of awareness among health workers about risks involved if TB suspects not identified early</li> <li>Provision of updates on TB management to health workers</li> </ul>			
Indicator Priority group: Trained health workers  100% trained health managing OPD	Proportion of health workers who routinely ask for cough among OPD patients above 15 years	<ul><li>% or Number of health workers</li><li>% or Number of health workers National TB policy</li></ul>	% or Number of health workers oriented in TB management % or Number of health workers received psycho-social counseling % or Number of health workers oriented on TB guidelines and National TB policy % of health centers with copies of latest TB guidelines and policy			
Supporting group District Health office	Motivate health workers to routinely ask for a cough among OPD patients above 15 years	<ul> <li>Increase on spot technical support to health workers on clinical skills (asking of cough in patients)</li> <li>Increase staffing levels in centers with critical shortage of staff</li> <li>Increase use of simpler and user friendly TB screening flow charts</li> </ul>	<ul> <li>Provision of on spot technical support to health workers on clinical skills (asking of cough in patients).</li> <li>Provision of back up staff in health centers with critical shortage of staff.</li> <li>Provision of simpler and user friendly TB screening flow charts</li> </ul>			
Indicator 100% District Health office		<ul> <li>% or Number of health centers strenghtened with staff to alleviate the shortage</li> <li>% or Number of on spot technical support visits conducted in the year.</li> <li>% or Number of health workers provided with technical support.</li> </ul>				

Table 8: Monitoring table

Priority Group	Awareness	Knowledge	Attitudes/skills	Trial	Behavioral maintenance
TB patients who are aware of TB/HIV co- infection (or else who were advised to take	To take HIV test	<ul> <li>Basic facts of TB/HIV co-infection</li> <li>Benefits of being tested for HIV</li> <li>Sites where to get the service.</li> </ul>	<ul> <li>Take steps to get tested</li> <li>Take the HIV test</li> </ul>	40 TB patients that have not taken HIV test on trial. Ref: TB district registers	40 TB patients that have taken HIV test and taken CD4 count every 3 months. Ref: TB district registers
an HIV test) do not take HIV test	Importance of taking HIV test	TB patients have a responsibility to take HIV test.	Fear to know HIV status for fear to have marital problems (divorced)		
		<ul> <li>Start ARV early if tested positive and prolong life</li> </ul>	Positive feeling of being HIV positive		
		<ul> <li>Benefits of knowing their HIV status</li> </ul>	Ready to know HIV status.		
Health Workers who do not routinely ask for a cough among OPD patients above 15 years	Health workers routinely ask for cough in all adults 15 years and above who seek medical attention at the health centre of OPD	<ul> <li>Knowledge on TB management</li> <li>Gangers of not asking cough in patients</li> <li>Un-diagnosed TB could affect them as well</li> </ul>	Health workers take it as their responsibility to screen for TB.	Non-Doer health workers identified to be on trial were from health centers that recorded low TB cases; Muzeyi, Lumezi, Nsadzu, Tafelasoni, Vizenge Petauke Hospital, Minga hospital and Lundazi	Doer health workers from health centers with good TB case detection rate; Kapata, Mkumbuzi Petauke Urban, Mwasemaphangwe, Chipata Chest clinic and Nyanje Hospital
		<ul> <li>Knowledge on the key symptoms of TB</li> <li>Knowledge of the procedures for TB screening</li> </ul>	<ul> <li>Use of TB screening protocols by health</li> <li>Ready to learn</li> </ul>	Hospital	

Annex 4: Papers or Presentations about Project

No paper presented.

Annex 5: Results Highlight

#### Innovative idea

The project in consultation with PHO and the four districts revised sputum collection points system to address the problem of low TB CDR in the four districts: Chadiza, Chipata, Lundazi and Petauke in the Eastern Province with 23% new smear positive cases at baseline. The opening of 20 selected sputum collection points in strategic sites in the four districts had a number of challenges such as long distances, slow transport of sputum samples to the diagnosis centers, and delay to get results from TB microscopy centers. The initial approach sputum samples collected from TB suspects to the nearby health centre were transported to the collection point and thereafter to the diagnosis centre. This delayed transportation to the TB microscopy for examination because sputum samples were only transported when there were at least 2-5 samples. It was not communicated back to the TB suspects from the health centre on time because results were sent to the collection point. However, through consultative meetings with all the four DHOs, districts adopted different strategies. Chipata and Lundazi adopted an approach where sputum collection points were strategically selected; 7 in Chipata out of 38 health centers while in Lundazi 7 were selected out of 22 health centers without TB diagnosis services. Chadiza and Petauke adopted an approach where all health centers that were not TB diagnosis became sputum collection points. In Chadiza, 14 of 16 health centers were turned into sputum collection points while in Petauke 24 out of 30<sup>5</sup>.

To effectively support the sputum collection point system at community level which is the key area of intervention, PHO, DHO, and CARE trained 348 treatment supporters and refreshed 835 in sputum collection and recording keeping. In addition, the project leveraged resources like bicycles from SCOPE and ITAP. The two projects implemented by CARE are being used by treatment supporters to transport sputum samples from TB suspects or health centers directly to TB microscopy centers.

Figure 1



One of the treatment supporters receiving a bicycle leveraged from SCOPE in Mchini, Chipata district for TB/HIV activities.



Bicycles leveraged from ITAP at the Regional office in Chipata before they were distributed to the districts for re-distribution to treatment supporters and other community based agents for use in TB/HIV activities.

This motivated treatment supporters and made their work easier to intensity TB case identification in the community. Furthermore, individual DHOs introduced performance based incentives where treatment supporters that recorded at least more than 10 sputum samples examined qualified for a token of appreciation such as a T- shirt. The private sector was also involved in the transportation of sputum samples from the collection points to the TB microscopy centers. Updates on the progress of sputum collection discussed in TB/HIV coordinating bodies meetings reviewed the strategy with PHO, DHO, CDC and partners from the private sectors.

This innovation has benefitted community members through provision of TB microscopy closer to them and also facilitated early case detection. So far, 2,105 TB suspects were referred to health facilities for TB screening and sputum examination by treatment supporters with 412 TB suspects testing smear positive. A result based assessment on this strategy will be conducted to compare the performance of the strategy taken by Chipata and Lundazi with that one taken by Chadiza and Petauke. There is a monitoring system (data collection system) put in place. See Annex 11 and 12.

## Expected results through this innovation

The project is expected to achieve increased case detection of all new forms of TB cases notified in all the four districts.

Table 9: Targeted and Actual Cases Notified

All Districts	Year 1	Year 2	Year 3	Year 4	Year 5
Targeted: All new TB cases to be detected	3,410	4,096	4,666	5,109	5,301
Actual: New all forms of TB cases notified (cumulative)	1,575	3,162	X	Х	Х

Data source NTLP-Eastern Province Health Office

## **Expected beneficiaries**

Table 10: Expected Beneficiaries

Districts	Direct beneficiaries (community	Direct beneficiaries( treatment
	members)	supporters)
Chipata	42,9250	480
Chadiza	98,082	96
Lundazi	275,483	185
Petauke	276,598	354
Totals	1,079,414	1,115

The community members have benefited through the provision of IEC, BCC activities on TB/HIV prevention, care and support, counseling, early referral to the health facility, and provision of care and support by the trained 835 old and 348 new treatment supporters. In addition, through community based meetings the community participated in problem identification and solving. This promoted community participation in TB control and contributes to the sustainability of the program.

## **Expected Results**

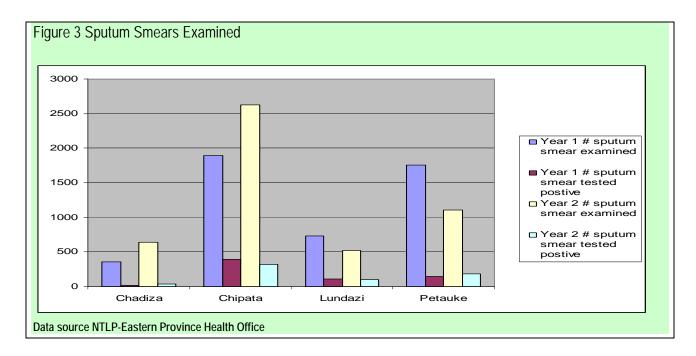
The project has taken up the successes recorded in the two districts (Chadiza and Petauke) as lessons learnt. The table below demonstrates the comparison between TB data in Year 1 and Year 2 after the implementation of this practice.

Table11: Expected results under this innovation

Districts	Estimated Population	Expected OPD attendance (15 years and above)	Estimated TB suspects among adults who seek medical attention	Actual TB suspects who had sputum smears examined	Target of sputum smears under innovation	Actual coverage of sputum smear examined (TB suspects referred) through Innovation	Actual coverage of sputum smear examined that tested Smear positive through the Innovation
Chadiza	98,082	24,349	2,434	640	730	567(78%)	37
Chipata	429,250	106,562	10,656	2,693	3,197	893(28%)	281
Lundazi	275,483	68,389	6,838	522	2,051	229(11%)	8
Petauke	276,598	68,666	6,866	1,106	2,060	416(20%)	86
Totals	1,079,414	267,966	26,794	4,961	8,038	2105(26%)	412

Through this innovation, 2,105 sputum smears were examined in addition to 2,856 that gave a total of 4,961 sputum smears examined in the period under review. THANZI targeted 30% (8,038) of 26,794 of the expected TB suspects 15 years and above to be referred and have their sputum smears examined. Chadiza districts performed exceptionally well at 77% of the targeted sputum smears (TB suspects) identified and referred for sputum smear examination. The other three districts (Chipata, Lundazi and Petauke) performed below 30% therefore, lessons have to be drawn from Chadiza to see what measures activated the impetus of treatment supporters, health centre staff and DHO to attain this achievement.

The successes are recorded in the two districts (Chadiza and Petauke) as lessons learned. The table below demonstrates the comparison between TB data in Year 1 and Year 2 after the implementation of practice.



In the graph, Chadiza and Chipata districts recorded increased number of sputum smears examined in Year 2 compared to Year 1. Lundazi and Petauke recorded a downward trend. Chadiza and Petauke recorded increased number of sputum smears that tested positive while Chipata and Lundazi recorded a downward trend. The reasons were that the two DHOs started the sputum collection point system late and did not introduce results based incentives e.g. T-shirts. The project through TB/HIV coordinating bodies at the Province and the two DHOs (Chipata and Lundazi) will follow up to address the situation.

#### ANNEX 6

MOBILE VCT SCHEDULES FOR THE FOUR DISTRICTS						
Districts	Number of health facilities (outreach sites)	Frequency	Key activities	Partners/Project supporting the activity		
Chadiza	15	Quarterly	VCT	ITAP		
Chipata	5	Weekly	VCT/ART	STAMPP/ITAP		
Lundazi	14	Monthly	VCT	ITAP		
Petauke	8	Monthly	VCT	ITAP		

THANZI project will use this opportunity to strengthen TB/HIV activities in sites where mobile services were provided through the trained treatment supporters and health workers.

#### Annex 7

## Membership of TB-HIV Coordinating Bodies

## 1. Provincial TB-HIV Coordination Body Membership

## **Member Organizations**

- Ministry of Health- Provincial Health Office- Eastern Province
- CARE International Zambia ITAP/THANZI
- CIRDZ
- CHAZ
- THPAZ
- NZP+
- Public Private Partnership Motala Surgery
- National AIDS Council Provincial Health Office
- CDC

#### 2. Chipata District

- Ministry of Health- Chipata DHO
- CARE International Zambia-Chipata Office
- Zambia Tuberculosis and Leprosy Trust (ZATULET)
- Great Commission for People Development and Orphan (GCPDO)
- Network of Zambian People Living with HIV(NZP+)
- National AIDS Council- Chipata District Office
- Churches Health Association of Zambia (CHAZ)
- Comprehensive HIV /AIDS Management Programme (CHAMP)

#### 3. Chadiza

## **Member Organizations**

- Ministry of Health Chadiza DHO
- CARE International Zambia Chadiza Office
- Expanded Church Response
- Health Communication Partnership
- Community Representative

#### 4. Lundazi

## **Member Organizations**

- Ministry of Health-Lundazi DHO
- CARE International Zambia-Lundazi Office
- Thandizani
- National AIDS Council
- Lundazi District Council
- Ministry of Education
- Catholic Dioceses
- Churches of Central Africa Presbyterian
- Tikondane Home Based Care
- Dunavant Cotton Company
- Africare

#### 5. Petauke

## **Member Organizations**

- Ministry of Health-Petauke DHO
- CARE International Zambia-Petauke
- World Vision Zambia
- Africare
- Salvation Army
- National AIDS Council
- Youth Parliamentarian
- Representatives of 2 Faith Based Organizations
- Representative of the Business Community
- Representative of 2 Community Radio Stations

#### Annex 8

## Roles and responsibilities (Terms of Reference of TB/HIV Coordinating Body)

## Provincial TB/HIV Coordinating body

- 1. To foster and coordinate the establishment of District TB/HIV coordinating bodies.
- 2. To disseminate National Policy Guidelines and monitoring tools for TB/HIV collaborative activities to District bodies.
- 3. Provide technical expertise for the implementation of TB/HIV activities at District level of care.
- 4. To foster and coordinate the implementation of TB/HIV activities within the Province.
- 5. To monitor and evaluate the implementation of collaborative TB/HIV activities within the Province.
- 6. To facilitate the development and dissemination of IEC materials on collaborative TB/HIV activities at District.
- 7. To support relevant TB/HIV Operational research at District level with guidance from National TB/HIV Coordinating body.
- 8. To be proactive in liaising with partners for implementation of TB/HIV activities within the Province
- 9. To compile and submit reports on TB/HIV related activities to the Ministry of Health.

## District TB/HIV Coordinating Body

- 1. To foster and coordinate the establishment of Health facility TB/HIV coordinating bodies
- 2. To disseminate National Policy guidelines and monitoring tools for TB/HIV collaborative activities to health centre bodies.
- 3. To build capacity among health staff and stakeholders and provide technical support for the implementation of such guidelines at health facility level.
- 4. To foster and coordinate implementation of TB/HIV activities at health centre level.
- 5. To monitor and evaluate the implementation of collaborative TB/HIV activities at Health centre level.
- 6. To facilitate the dissemination of IEC material on collaborative TB-HIV activities at the health facilities in line with national guidelines.
- 7. To promote relevant TB/HIV Operational Research at health facility level with guidance from Provincial TB/HIV coordinating body.
- 8. To coordinate activities and provide a forum for sharing of experiences among partners implementing TB/HIV activities at Health centre levels.
- 9. To compile and submit reports on TB/HIV related activities to Provincial coordinating body.

Annex 9				
Technical	supportive Supervision Checklist for the P	Private Sec	tor participation in	n TB/HIV control
Private Sec	only for use by CARE International Zambia-T ctor in TB/HIV control as agreed in the Memor and the affiliated companies			
Name of th	e company:			District:
TB/HIV Co	mpany Focal:			
Other staff	trained in TB/HIV:			
Date of the	visit:			Comments
А	Company commitment			
A. 1	Is the workplace policy on TB/HIV in place	Yes	NO	
A.2	List at least three key activities in the policy	Yes	NO	
A.3	Is there Yearly work-plan to support TB/HIV activities?	Yes	NO	
A.4	Which activities were implemented in the last three months?			
	How frequently is the Yearly work-plan revised? (indicate number-for instance per quarter)			
A.5				

		1			
Is there a plan for the next three months?	Yes		NO		
List the support their received from the					
health facility ( health facility within the					
catchment area)					
	Loot	au artar			Commente
_	Last	quarter	quar	ter	Comments
					_
meeting/s (list the key messages per					
meeting held)					
	F	M	F	М	
Number of workers sensitized on TB/HIV					
by gender.					
	F	NA		NA	
TD/TIIV.		IVI		IVI	
Number of TB suspects (community					
reterred 1B screening.					_
TR cases identification and referral					
	F	M	F	М	
referred to the health centre by company		171	†	141	
trained treatment supporters.					
Number of TB suspects (community	F	M	F	M	
	_	N A	-	N A	
	F	IVI		IVI	_
tested smear positive by company trained					
treatment supporters.					ng 46 of 62
	Company representatives trained in TB management contribution in TB/HIV Community mobilization Is there a work-plan on TB/HIV activities Number of sensitization meetings held with workers on TB/HIV Key messages in the sensitization meeting/s (list the key messages per meeting held)  Number of community members or employees' family members sensitized on TB/HIV.  Number of TB suspects (community members) referred TB screening.  TB cases identification and referral Number of TB suspects (fellow workers) referred to the health centre by company trained treatment supporters.  Number of TB suspects (fellow workers) referred to the health centre by company trained treatment supporters.  Number of TB suspects (fellow workers) referred to the health centre by company trained treatment supporters.  Number of TB suspects (fellow workers and community members) referred to the health centre by company trained treatment supporters.  Number of TB suspects (fellow workers and community members) referred that tested smear positive by company trained treatment supporters.	List the support their received from the health facility (health facility within the catchment area)  Company representatives trained in TB management contribution in TB/HIV  Community mobilization  Is there a work-plan on TB/HIV activities  Number of sensitization meetings held with workers on TB/HIV  Key messages in the sensitization meeting/s (list the key messages per meeting held)  F  Number of workers sensitized on TB/HIV by gender.  Number of community members or employees' family members or employees' family members or TB/HIV.  F  Number of TB suspects (community members) referred TB screening.  TB cases identification and referral  Number of TB suspects (fellow workers) referred to the health centre by company trained treatment supporters.  Number of TB suspects (community members and family members) referred to the health centre by company trained treatment supporters.  Number of TB suspects (fellow workers and community members) referred to the health centre by company trained treatment supporters.  Number of TB suspects (fellow workers and community members) referred that tested smear positive by company trained treatment supporters.	List the support their received from the health facility ( health facility within the catchment area)  Company representatives trained in TB management contribution in TB/HIV  Community mobilization  Is there a work-plan on TB/HIV activities  Number of sensitization meetings held with workers on TB/HIV  Key messages in the sensitization meeting/s (list the key messages per meeting held)  F M  Number of workers sensitized on TB/HIV by gender.  Number of community members or employees' family members sensitized on TB/HIV.  F M  Number of TB suspects (community members) referred TB screening.  TB cases identification and referral  Number of TB suspects (fellow workers) referred to the health centre by company trained treatment supporters.  Number of TB suspects (fellow workers) referred to the health centre by company trained treatment supporters.  Number of TB suspects (fellow workers and family members) referred to the health centre by company trained treatment supporters.  Number of TB suspects (fellow workers and community members) referred to the health centre by company trained treatment supporters.  Number of TB suspects (fellow workers and community members) referred that tested smear positive by company trained treatment supporters.	List the support their received from the health facility ( health facility within the catchment area)  Company representatives trained in TB management contribution in TB/HIV  Community mobilization  Is there a work-plan on TB/HIV activities  Number of sensitization meetings held with workers on TB/HIV  Key messages in the sensitization meeting/s ( list the key messages per meeting held)  F M F  Number of workers sensitized on TB/HIV by gender.  Number of community members or employees' family members sensitized on TB/HIV.  F M F  Number of TB suspects (community members) referred TB screening.  TB cases identification and referral  Number of TB suspects (fellow workers) referred to the health centre by company trained treatment supporters.  Number of TB suspects (fellow workers) and family members) referred to the health centre by company trained treatment supporters.  Number of TB suspects (fellow workers and community members) referred that tested smear positive by company trained treatment supporters.	List the support their received from the health facility (health facility within the catchment area)  Company representatives trained in TB management contribution in TB/HIV Community mobilization Is there a work-plan on TB/HIV activities Number of sensitization meetings held with workers on TB/HIV Key messages in the sensitization meeting/s (list the key messages per meeting held)  F M F M Number of community members or employees' family members or employees' family members sensitized on TB/HIV.  Number of TB suspects (community members) referred TB screening.  TB cases identification and referral Number of TB suspects (fellow workers) referred to the health centre by company trained treatment supporters.  Number of TB suspects (fellow workers) referred to the health centre by company trained treatment supporters.  Number of TB suspects (fellow workers and community members) referred to the health centre by company trained treatment supporters.  Number of TB suspects (fellow workers and community members) referred to the the suspects (fellow workers and community members) referred that tested smear positive by company trained treatment supporters.

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	Number of TB contacts referred to the	F	М	F	М	
	health centre by company trained	-	IVI	-	101	
B.2.4	treatment supporters.					
	Number of Clients(fellow and community	F	М	F	М	
	members) referred for HIV counseling and	-	171	† ·	141	
	testing by company trained treatment					
B.2.5						
D.Z.3	supporters	_	N 4	+-	N 4	
	Number of TB patients referred for HIV	F	М	F	M	
	counseling and testing by company trained					
	treatment supporters.					
B.2.6						
		F	М	F	М	
B. 2.7	Number of HIV+ referred for TB screening					
C.	Recording and Reporting					
<u> </u>	Examine completeness and correctness of			1		
	the TB suspects registers. Checklist all TB					
2.1	suspects of trained treatment supporters.					
C.1	Make comments					
	Check if the referred TB suspects had					
	cough for more than two weeks in the TB					
C.2	suspect registerMake comments					
0.1	guspest register mane comments					
				Curr	ont	
0.0	-    -    -    -    -    -    -	1 1				
C.3	Is there a quarterly report compiled?	Last	quarter	quar	ter	
	What were the key challenges?					
D.						
D.1	How were the challenges resolved?					
	Ĭ i					
Е	Observations/Comments					
		1		1		

## Annex 10.

Technical support supervision checklist for TH involved in TB DOTS.

## Instructions:

This checklist shall only be used by a team of THANZI project staff, Chadiza District Health Office, Eastern Province Health Office, THAPZ and any Institution/s invited to participate in this Evaluation of TH contribution in TB DOTS.

Office, T	THAPZ and any Institution/s invited to participate in this Evaluation of TH contribution in TB DOTS
List of T 1. 2 3 4.	eam members:
Name	of Traditional Healer: Assessor:
Date of	f Follow up: Address/Zone
A	Assess the level of support received from health centres and other partners in the Operational research.
A2	What support did you receive from the health centre?
	What support did you receive from other community based agents such as treatment supporters, FBOs, CATF
A3	and NHCs?
С	Assess the understanding and use of data collection tools such as Traditional healer's registers and reporting forms.
C1	Assess the filling of TH register

All columns filed in correctly; make comments

1	I HANZI Annuai Report
	Column 1, 2, 3,4,5,6 filled in correctly.
	- 2
C2	Assess the number of referrals: 0, 1-4 and 5 and above
CO	Access the data of first contact
C3	Assess the date of first contact.
C4	Assess the date client was referred to the health centre
C5	Was there any feedback recorded in the register?
0.5	was there any recuback recorded in the register:
C6	Was the feedback correctly indicated? Make comments
	Assess their experiences from the time the traditional healer was trained in recording keeping
<b>D</b> D1	What experiences has the traditional healer had from the time s/he was trained under THANZI project?
וטו	What experiences has the traditional healer had from the time sine was trained under Thanzi project?
	What changes has s/he observed in his/her practice after training in TB DOTS and record keeping under
D2	THANZI project?
D3	What are the challenges
1	

How have you tried to resolve them?

Observations/Comments

ANNEX 11 COMMUNITY TB SUSPECT REGISTER						FORM 1			
NAME OF TREATMENT SUPPORT  TYPE OF CBO						80			
HEAL	TH CENTRE						NAME OF ZO	ONE	
А	В	С	D	Е	F	G	Н	I	J
No	Date TB suspect/contact seen	Name of Suspect	Sex	Age	Signs and Symptoms	Address	Date Result received	Status of sputum Results	Remarks

## ANNEX 12 COMMUNITY TREATMENT SUPPORTERS REPORTING

FORM 2

HEALTH CENTRE	PERIOD
NAME OF TREATMENT SUPPORTER	DATE

-	M	_						
		F	M	F	M	F	M	

Comments

The Community Treatment Supporters Report is used by treatment supporters to report on project key indicators to show contribution in TB/HIV control. The report is used to monitor the progress of the Innovation to increase CDR.

Annex 13: Highlights on Private Sector Participation in TB/HIV control

Thanzi TB DOTS project explored the opportunity to help companies increase participation in the prevention, diagnosis and treatment of TB/HIV co-infection in the workplaces through engaging the EPCC to proactively participate in these TB/HIV control interventions. These measures will in turn help alleviate the burden and cost associated with absenteeism, disrupted workflow, and reduced productive. Furthermore, companies can off-set the marginal cost of partnering with local stakeholders with huge benefits through greater efficiency in the workplace and good will in the community.

#### To achieve this objective:

- The project signed a memorandum of standing (MoU) with EPCC. Of the 32 companies targeted, 30 have been actively involved and supportive of TB/HIV activities in the Province.
- Eighty company representatives trained in TB/HIV control as treatment supporters.
- Quarterly supportive visits conducted with the 32 companies to strengthen TB/HIV activities and review company work-plans. See checklist in Annex 9.
- Held one consultative meeting with individual DATFs(Chadiza, Chipata, Lundazi and Petauke) and stakeholders to
  identify how the local business community could contribute and participate in International Commemoration Days
  for TB, AIDS and VCT including traditional ceremonies. So far 12 companies have participated and contributed in
  terms of transportation and financial contributions.
- Facilitated TB/HIV activities. See table below.

No.	Details	Number of People Reached
1.	Number of Workers sensitized on TB/HIV at work place	823
2.	Number of Families(of workers) sensitized on TB-HIV	979
3.	Number of Community members sensitized on TB-HIV from nearby communities	13,260
4.	Number of Referrals to Health centers	1,466
5.	Number of Confirmed with TB	146

#### Future Plans:

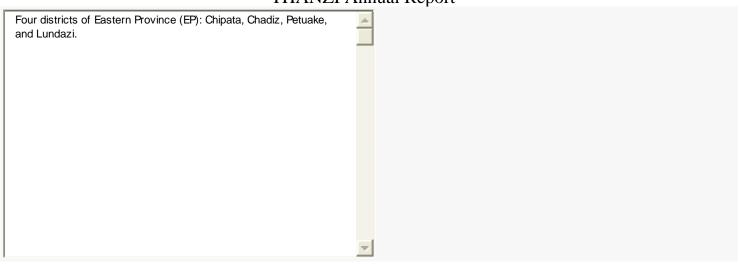
- Facilitate quarterly review meetings with private companies involved in TB DOTS.
- Facilitate document private sector contributions towards World TB, AIDS and VCT.
- Facilitate documentation and monitor progress of private sector contribution towards CDR, Cure Rate and Treatment Success Rate (TSR) including VCT.

# CSHGP Project Data Form (Sub Form 1 of 7)

Project: CARE Zambia (2007 - 2012) TB Control

General Project Information	on:	
Cooperative Agreement Number	GHS-A-00-07-00024	
<b>CARE Headquarters Technical Ba</b>	ackstop:	Khrist Roy
Field Program Manager:		Bryan Ng'ambi
Midterm Evaluator:		
Final Evaluator:		
<b>Headquarter Financial Contact:</b>		
Project Grant Cycle #:		23
<b>Project Start Date:</b>		10/1/2007
Project End Date:		9/30/2012
USAID Mission Contact Person:		William Kanweka
Project Field Contact Info	rmation:	
Field Program Manager Name: Bryan Ng'ambi		
Title:	Email:	
Address1:	Address2:	
City:	State:	
Zip Code:	Country: Zambia	
<b>Telephone:</b> 216-221-29	Fax:	
Alternate Field Contact		

## THANZI Annual Report Last Name: First Name: Title: Email: Address1: Address2: City: State: Zip Code: Country: Zambia Telephone: Fax: **Project Web Site: Grant Funding Information:** PVO **USAID** Funding: (US \$) Match: (US \$1,500,000 \$525,535 **Project Description:** "TB Health Activities in Zambia" or THANZI, meaning Good Health in the Chew a language, will implement this project working closely with the following key partners: Zambia's National Tuberculosis and Leoprosy Program (NTLP); Churches Health Association of Zambia (CHAZ); Traditional Health Practitioners Association of Zambia(THAPAZ); Chambers of Commerce (CoC) (EP); prisons and various CBOs and NGOs working in HIV. This project will attempt to reach 22,581 TB patients over five years. The goal of this project is to support the NTLP's Directly Observed Treatment Short Course (DOTS) program to decrease morbidity and mortality caused by TB and TB/HIV co-infection in EP. **Project Location:**



# **CSHGP Project Data Sheet (Sub Form 2 of 7)**

Project: CARE - Zambia	(2007 - 2012) - TB Contro	l Project		
Partner Name:	Pa	rtner Type:	USAID \$ Allocated:	Delete:
	_		<b>-</b>	

## CSHGP Project Data Form (Sub Form 3 of 7)

Project: CARE Zambia (2007 - 2012) TB Control

# Project Location/ Subareas: Does this project collect, monitor and report on Rapid CATCH data for different geographic project subareas? If this is true, click Yes and enter each distinct subarea name: If this is false, click No.

# CSHGP Project Data Form (Sub Form 4 of 7)

Project: CARE Zambia (2007 - 2012) TB Control

Strategies:				
The following 3 boxes list different kinds of general strategies, assessment tools and BCC strategies that could be implemented during the life of this CSHGP project.				
Please check those boxes that	t are	planned for this project.		
General Strategies:				
Microenterprise		Social Marketing		
Private Sector Involvemen	t 🔽	Advocacy on Health Policy		
Strengthen Decentralized Health Sy	stem	Information System  Technologies		
Use	Susta	ainability Framework (CSSA)		
M&E Assessment Strategies:				
KPC survey		Health Facility Assessment		
Organizational Capacity Assessment	rganizational Capacity Assessment Organizational Capacity Assess			
with Local partners $^{\square}$	for your own PV			
Participatory Rapid Appraisal	Participatory Learning in Action			
Lot Quality Assurance Sampling	Appreciative Inquiry-based stra			
Community-based Monitoring	,	Participatory Evaluation Techniques(for mid-term or final		
Techniques -		evaluation)		
Use of Pocket PCs or Palm PDA Devices		TB Cohort Analysis		
Behavior Change & Communication	(BC	C) Strategies:		
Social Marketing		Mass Media		
Interpersonal Communication		Peer Communication V		
Support Groups 🔽		Use of BEHAVE Framework		
Capacity E	Build	ling:		
Please check the box next to each capacity building area or group that is targeted for institutional strengthening during the life of this CSHGP project:				

	1117 ti vzi 7 tilliadi Report					
PVO	Non-Govt Partners	Private Sector	Govt	Community		
US HQ (General)  US HQ (CS Unit)  Field Office HQ  ✓ CS Project Team  ✓	PVOs/NGOs (Int'I./US)  Local NGO Networked Group Multilateral	Pharmacists or Drug Vendors  Business Traditional Healers  Private Providers	National MOH Dist. Health System Health Facility Staff Other National Ministry	Health CBOs  Other CBOs  CHWs  FBOs		
Project Interventions & Components:						

Enter a percentage representing the amount of funds your project is targeting towards each intervention. If you are not implementing a particular intervention then leave the box blank. On the same line as the intervention percentage, check the boxes indicating whether or not this intervention is part of an overall IMCI strategy and also check the kinds of training (CHW or HF)envisioned for this particular intervention. For each intervention implemented, check the specific intervention components that are planned.

Immunizations %	IMCI Integration	CHW Training	HF Training		
Polio D	Classic 6 Vaccines	Vitamin A	Surveillance		
Cold Chain Strengthening	New Vaccines	Injection Safety	Mobilization		
Measles Campaigns  ☐	Community Registers				
Nutrition %	IMCI Integration	CHW Training	HF Training		
ENA -	Gardens -	Comp. Feed. from 6 mos.	Hearth		
Cont. BF up to 24 mos.	Growth Monitoring	Maternal Nutrition			
Vitamin A %	IMCI Integration	CHW Training	HF Training		
Supplementation	Post Partum	Integrated with EPI	Gardens -		

Micronutrients %		CHW Training	HF Training		
Iodized Salt	Iron Folate in Pregnancy	Zinc (Preventive)	Food Fortification		
Pneumonia Case Management %	IMCI Integration	CHW Training	HF Training		
Pneum. Case Mngmnt.	Case Mngmnt.  Counseling	Access to Providers Antibiotics	Recognition of Pneumonia Danger Signs		
Zinc	Community based treatment with antibiotics				
Control of Diarrheal Diseases %	IMCI Integration	CHW Training	HF Training		
Water/Sanitation □	Hand Washing	ORS/Home Fluids	Feeding/Breastfeeding		
Care Seeking	Case Mngmnt./Counseling	POU Treatment of water	Zinc -		
Malaria %	IMCI Integration	CHW Training	HF Training		
Training in Malaria	Adequate Supply of Malarial Drug	Access to providers and drugs	Antenatal Prevention  Treatment		
ITN (Bednets)	ITN (Curtains and Other)	Care Seeking, Recog.,	IPT -		
Community Treatment of Malaria	ACT -	Drug Resistance	Environmental Control		
Maternal & Newborn Care %	IMCI Integration	CHW Training	HF Training		
Emerg. Obstet. Care	Neonatal Tetanus	Recog. of Danger signs	Newborn Care		

Post partum Care	Delay 1st preg Child	Integr. with Iron &	Normal Delivery Care
	Spacing	Folate -	
Г	STI Treat. with		Control of post-partum
Birth Plans	Antenat. Visit	Home Based LSS	bleeding
PMTCT of HIV	Emergency Transport		
Child Spacing %	IMCI Integration	CHW Training	HF Training
Child Specing	Pre/Post Natal Serv.		
Child Spacing	Integration [		
Promotion -	g		
Dunastradius			
Breastfeeding %	IMCI Integration	CHW Training	HF Training <b>▽</b>
	Intro. or promotion of	Support baby friendly	_
Promote Excl. BF to	LAM —	hospital [	PMTCT of HIV
6 Months	27	Hospital	
Peer support			
HIV/AIDS %		CHW Training	HF Training
_		Behavior Change	Access/Use of
ovc	Treatment of STIs	Strategy	Condoms
STI Treat. with	П		П
Antenat. Visit	ABC ABC	PMTCT '	Nutrition —
Home based care	П	ARVs	
			HIV Tocting
	PLWHA L	ARVS	HIV Testing
	PLWHA	ARVS	HIV Testing
Family Planning			
Family Planning %	IMCI Integration	CHW Training	HF Training
%			
		CHW Training	
Knowledge/Interest	IMCI Integration FP Logistics	CHW Training  Community-Based	HF Training Social Marketing
Knowledge/Interest  Male Reproductive	IMCI Integration	CHW Training  Community-Based	HF Training  Social Marketing  Human Capacity
Knowledge/Interest  Male Reproductive  Health	IMCI Integration  FP Logistics  Youth FP Promotion	CHW Training  Community-Based Distribtuion  Quality Care	HF Training  Social Marketing  Human Capacity Development
Knowledge/Interest  Male Reproductive	IMCI Integration  FP Logistics  Youth FP Promotion	CHW Training  Community-Based  Distribtuion	HF Training  Social Marketing  Human Capacity

		7 miliaar Report	
Access to Methods	Policy		
Tuberculosis 100 %	IMCI Integration	CHW Training	HF Training
Facility based treatment / DOT ✓	Microscopy 🔽	Monitoring/Supervision Surveillance	Community IEC
Drug managment □	Advocacy/Policy	Linkages with HIV services	Community based care/DOT ▽
Pediatric TB			

## CSHGP Project Data Sheet (Sub Form 5 of 7)

Project: CARE Zambia (2007 - 2012) TB Control

Target Beneficiaries:				
Number of Suspected TB Cases:	22,581			
Population of Target Area:	1,050,000			

# CSHGP Project Data Form (Sub Form 6 of 7)

Project: CARE Zambia (2007 - 2012) TB Control

## Rapid CATCH Data:

Under the 'Sample Type' column please select either 30 cluster or LQAS to define the type of sample used for this particular survey. This information will be used in estimating the confidence interval for each indicator.

If data has already been entered for a particular phase, the date of first entry will appear under the 'Date' column and an 'X' will appear under the 'Entered' column.

Click on the Red link (under the 'Stage' column) to view/access/update Rapid Catch data for that phase of the project.

Date	Stage	Sample Type	Entered
30-Oct-08	DIP	C 30 Cluster LQAS	X

Mid Term	© 30 Cluster C LQAS
Final Evaluation	C 30 Cluster LQAS