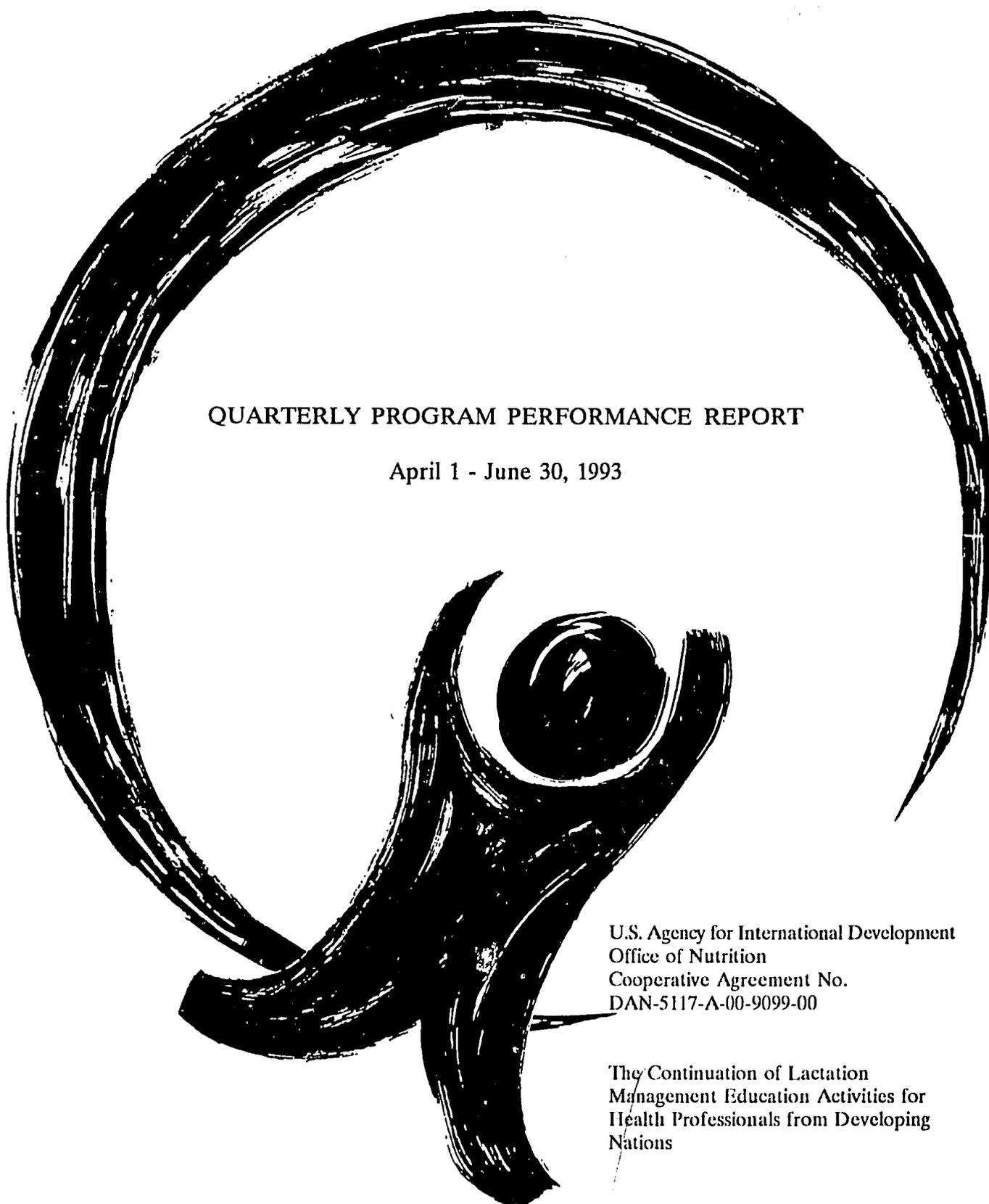


PD-ABC-572

4/1/93



QUARTERLY PROGRAM PERFORMANCE REPORT

April 1 - June 30, 1993

U.S. Agency for International Development  
Office of Nutrition  
Cooperative Agreement No.  
DAN-5117-A-00-9099-00

The Continuation of Lactation  
Management Education Activities for  
Health Professionals from Developing  
Nations

WELLSTART<sup>SM</sup>

A categorization of the six outcome areas as described in the proposal for a cooperative agreement submitted August, 1989, and a brief description of accomplishments during this quarter within each of the outcome areas, are listed below. Reasons why established objectives were not met are included as applicable.

#### **OUTCOME AREA 1:**

*Increase the number of health care professionals from developing countries, and the number of countries, with lactation management expertise.*

During this quarter, one Lactation Management Education (LME) Program course was held. A total of sixteen multidisciplinary health professionals from India (5), Pakistan (8), and Myanmar (formally Burma) (3) joined the Program by attending the May 17 - June 11, 1993 English language LME course. The group was composed of six pediatricians, six obstetricians, two nurses, one nutritionist, and one milk bank administrator. The institutions represented by the group include seven teaching hospitals, one public health school and one human milk bank.

Only one of the three countries represented in this course is a continuing participant in the LME Program (Pakistan). India and Myanmar are new entries into the Program. Because Myanmar is not an AID focus country, full funding for the Myanmar team was provided by UNICEF Yangon, Myanmar.

Two bilingual (French/English) health professionals, Dr. Pierre Bitoun (France) and Dr. Lala Toure (Mali) also participated in three weeks of the course and are now available to serve as resources for future work in Francophone countries. Funding for Dr. Toure's participation was jointly provided by Wellstart's LME and EPB Programs. It is anticipated that one or both of these bilingual resources will be able to function as adjunct faculty and course facilitators for the upcoming French language course later this year.

In addition, three high level decision makers from Myanmar participated in the last week of the course. Dr. Tin Tin Hmun, President of the Myanmar Maternal and Child Welfare Association, Dr. Mya Mya, Senior Advisor on Breastfeeding to the Ministry of Health, and Dr. Kyu Kyu Swe, President and Chairperson, Myanmar Medical Association sat in on course sessions and contributed to the finalization of the Myanmar team's program plan and a strategy for full implementation and integration into ongoing national programs and activities.

Extensive, though unsuccessful, efforts were also made for one or two high level decision makers from Egypt to participate in the last week of the course. This was particularly frustrating as so much effort had gone into arranging for participation by a full team from Egypt. Apparently the English language testing for the candidates took much longer than predicted and did not leave sufficient time for final processing by the USAID mission.

Vicky Newell, an EPB Program staff person, was able to participate in the first two weeks of the course as well. Ms. Newell's participation played a key role in creating good inter- and intra-team dynamics, in facilitating communication with the participant group, and in future coordination with the EPB Program.

Last, but not least, the LME Program's CTO, Susan Anthony, was on site during the week of June 1. In addition to giving Ms. Anthony an opportunity to sit in on LME course sessions and activities, extensive discussions on LME Program matters were carried out during this visit.

A course report will be completed and submitted shortly. Included in the report, as an appendix, will be a list of the participants with institutional affiliations noted. A course schedule and faculty list will also be included as appendices to the report.

Two Advanced Study Fellows completed their Fellowship experience in April, including visits to several sites throughout the U.S. and finalization and presentation of their program plans. There were no new Advanced Study Fellows this quarter.

In addition active recruitment and selection of participant teams for all LME courses and the Advanced Study Fellowship project through 1993 and into 1994 continued. This included further negotiation and discussion about the Russian and French language courses (August-September and November-December 1993) as well as efforts to cultivate well trained, highly skilled consultants and translator/interpreter resources in a variety of languages. The 1994 LME Course schedule, including determination of which language will be used for which course, was finalized. Dissemination of this information will be undertaken next quarter.

A revision of the proposal for an add-on from the Moroccan USAID mission to cover the participation of a Moroccan team in the upcoming French language course and related additional follow-up support was prepared and submitted. Further discussion and coordination with the AID Regional Bureau for Africa, the AID Offices of Nutrition and Health, and several AID funded projects working in Africa occurred on how to best proceed with a comprehensive and coordinated approach for lactation management education and breastfeeding promotion in Africa. It is anticipated that over the next quarter further clarification and strategic planning will occur.

Regarding work towards a Russian course and other components of a strategy to meet the need for lactation education in the NIS, several efforts continued or were undertaken this quarter. Final approval to go ahead with the Russian language course paved the way for full implementation. Coordination with Partners for International Education and Training (PIET), the USAID Regional Mission, Wellstart EPB, etc. on logistical arrangements and recruitment/selection issues intensified this quarter. A final decision on timing of the Russian language course was made and the course schedule and syllabus were carefully reviewed and modified to better suit the needs of this particular course. Work on sorting through and finalizing the complex translation and interpretation issues occurred. Most course materials were sent off for translation and work continued on the translation into Russian of James Akre's book, *Infant Feeding--The Physiological Basis*. See Outcome Area 4 below for more information on translation and coordination of educational materials in Russian and French.

In addition, coordination with WHO Geneva, the WHO Regional Office for Europe in Copenhagen, and UNICEF Geneva on Baby Friendly training and assessment workshops scheduled for mid-late August in St. Petersburg continued. Clarification of Wellstart LME's role and level of participation was reached, and feedback on workshop design and implementation issues was provided by LME personnel.

## **OUTCOME AREA 2:**

*Develop sustainable, in-country capability for lactation management education, service, and research.*

Work on developing a national breastfeeding center in La Paz, Bolivia continued this quarter. Highlights this quarter include the finalization of PL480 funding and the completion of staffing. On April 8, a Memorandum of Understanding for the PL480 funds was signed and submitted to USAID. These funds will be utilized to procure space and strengthen start-up activities. Plans continued this quarter for a continuing education workshop for COTALMA coupled with a policy maker's workshop scheduled for mid September. Drs. Audrey Naylor and Ann Brownlee will participate. COTALMA has been asked to develop a listing of technical assistance needs, including administrative, financial and other institutional development needs, for submission to Wellstart LME. Based on this list, plans will be developed to assist in meeting these needs.

On a sad note, COTALMA was struck with a tragic blow when one of their own, Dr. Ovidio Aliaga, passed away this quarter. Dr. Aliaga was a Wellstart Associate, Director of the Hospital del Niño and one of the driving forces behind COTALMA's success in center development. He will be sorely missed.

Several reconnaissance or follow-up, continuing education and support (CES) visits were made this quarter. Dr. Audrey Naylor joined Randa Saadeh of WHO on a trip to Jordan May 21 - 28 to explore the possibility and feasibility of strengthening breastfeeding activities in this country and developing a regional (Arabic speaking) resource for lactation management education and breastfeeding promotion.

Dr. Naylor also travelled to Monterey, Mexico June 1 - 3 at the request of Wellstart Associates to participate in a course and Mother/Baby Friendly Hospital ceremony in cooperation with Wellstart Associates, national government officials and UNICEF Mexico.

From May 25 - June 4 two senior Wellstart Associates, Drs. Veronica Valdes from Chile and Horacio Reyes from Mexico travelled to Quito and Guayaquil, Ecuador to participate in training activities, provide technical assistance, and discuss ongoing activities and future plans with the Wellstart Associates in these two cities. In addition, they met with key national level decision makers and the national breastfeeding coordinator (a Wellstart Associate) to discuss plans for national level training and resource development and to make recommendations to Wellstart, AID and USAID Quito about feasibility and next steps. It is always particularly gratifying when such follow-up, technical support can be provided by one or more Wellstart Associates as this enhances and strengthens their experience and capabilities as well.

Dr. Ann Brownlee travelled to Rwanda June 14 - 25 as a Wellstart EPB consultant to assist in the development of assessment tools for the Rwanda Integrated MCH/FP Project, including the development of breastfeeding components of both the population-based survey and facility assessment instruments. It was a useful opportunity to work on issues related to the integration of breastfeeding into other aspects of MCH and family planning. While Dr. Brownlee was in Rwanda she further explored participant recruitment and selection issues relating to a Rwandan team for the French language LME course scheduled for November - December 1993.

In addition, work on scheduling several other follow-up, continuing education visits was undertaken. Visits to the following countries are planned for the next quarter(s): El Salvador, Guatemala/INCAP, Honduras, Bolivia, Indonesia, Kenya and Zambia. For example, a visit was made to San Diego on June 1 by Dr. Titut Puspongoro, Treasurer of Perinasia, Jakarta Indonesia, and coordinator for a course being planned for the last week in October with participation by Wellstart LME. This visit afforded the opportunity to discuss course planning and implementation issues and to clarify roles and responsibilities.

#### **OUTCOME AREA 3:**

*Assure extension of the influence of health professionals with lactation expertise to the community level.*

Several efforts in this regard are ongoing and include active coordination and communication with the Wellstart EPB Program and projects or organizations working directly with community based programs and activities. The work that the LME Program has always done in the area of national center or program development has continued to grow in intensity and scope. Such extension of expertise, materials and influence throughout a country and health care infrastructure continues to be a major objective and exciting outcome of the LME Program.

Most of the teams in the May - June 1993 LME course were quite interested and experienced in a community based approach. In fact this group was much more community based than usual and it was exciting to see their plans for extending their influence into the community via the training of community health workers, lady health visitors, traditional birth attendants, etc.

#### **OUTCOME AREA 4:**

*Assure timely access to current information and teaching materials.*

Eighteen reprint articles (April, May, and June) regarding lactation, human milk, breastfeeding, maternal nutrition, and related topics were selected for distribution. In addition, an improved summary of the Vitamin A review document was developed and is being translated into Spanish for possible inclusion in this package of reprints which will be sent out in July. Also to be included in this mailout will be the recent WABA brochure on mother-friendly workplace issues and the latest Baby Friendly Hospital Initiative newsletter in English and Spanish.

The materials left for shipment by the participants in the February-March course and Fellows and May-June course (text books, reprint articles, syllabuses, etc.) were organized, inventoried, packed and shipped during the quarter. The process of placing orders for all materials selected by the teams and Fellows in these courses was initiated as well.

Work on managing, updating and improving the audiovisual, text and reprint libraries at Wellstart continued this quarter. For example, a tremendous amount of work was done this quarter to review and improve upon the collection of teaching slides that teams select from to form a basic slide collection for use in their own training programs. Each topic was carefully updated, duplication and gaps were resolved, and the collection was organized in a more logical and user friendly manner. Though more work is needed to finalize this project, this new collection of slides was used during the teaching materials review and selection process undertaken by the participants in the May-June LME course.

As mentioned previously, because of plans to offer the LME Program in Russian and French, exploration of translation resources continued, as has investigation into what materials already exist in these languages. Much work was undertaken this quarter to organize key documents, including the LME course syllabus, for translation. This has involved coordination between LME and EPB and between Wellstart, WHO (both Geneva and Copenhagen) and UNICEF (Geneva). Because of the tremendous need for Russian language materials in the field of lactation and breastfeeding and the challenge of adequately tracking and communicating about the growing number of materials available, Wellstart LME has functioned as a coordinator of information on what is or will soon be available in Russian.

LME has funded the translation into Russian and printing of 2,000 copies of James Akre's book, *Infant Feeding--The Physiological Basis*, chapters 2, 3 and 4 of which will be available for the St. Petersburg workshops and the September-October LME course. The LME Program will also be funding the translation into French of several key articles which will be used by the Nutrition Communication Project (NCP) in their summary document on the Lome conference, as well as be available for use during the French language LME course. In addition, the simultaneous interpreter who works on the Spanish language LME courses has been developing a comprehensive glossary of terms used in the LME course which will be an invaluable tool for interpreters and translators working in all languages.

#### **OUTCOME AREA 5:**

*Develop a research and evaluation component for the Lactation Management Education Program.*

Work in the area of program evaluation and research has concentrated on: 1) working with LME course participants on the evaluation component of the program planning process; 2) incorporation of the recently developed WHO breastfeeding indicators for household and facility levels into the evaluation component of the course; 3) getting hospital profile data entered into Epi-Info and ready for analysis; 4) translating into Spanish or Portuguese all country status reports from participating Latin American countries; and 5) identifying appropriate staffing resources to assist in this area, including a part-time, temporary assistant and a part-time intern, both of whom will begin work during the next quarter.

#### **OUTCOME AREA 6:**

*Strengthen and maximize the contribution of breastfeeding to the overall strategies for Safe Motherhood and Child Survival.*

Efforts to meet objectives in this outcome area are continuous and varied. One of the most important ways in which the LME Program is developing and maintaining linkages with related fields is through the ongoing and intensive collaboration that is being developed between the LME and EPB Programs.

In addition, during this quarter the LME Program has established and strengthened its collaborative relationships not only with USAID missions and regional bureaus, but also with several organizations which focus on related Safe Motherhood and Child Survival modalities. One of the most exciting developments

along these lines was the formal designation this quarter of Wellstart International as a WHO Collaborating Centre on Breastfeeding Promotion and Protection, with particular emphasis on Lactation Management Education.

Other examples include the coordination on Russian and French language materials with NCP, WHO, UNICEF, and the APHA Clearinghouse; ongoing sharing of Country Status Reports and the Vitamin A document with a variety of interested organizations; continuing work with the Population Council on the Oaxaca Congress Proceedings; joint visits to the field with WHO (Randa Saadeh); and continuing collaboration with UNICEF at the headquarter, regional and local office levels.

Also during this quarter, LME Program staff participated in several meetings sponsored by organizations with interests in Safe Motherhood and Child Survival (see list below). Whenever possible, information on the LME Program and discussions on possible areas of collaboration were promoted by the participating LME Program staff.

## **ADMINISTRATIVE AND MISCELLANEOUS ACTIVITIES**

### *Administrative Reports/Documents*

The following written documents were drafted and/or completed during this quarter:

- 1) Quarterly Narrative and Financial Report for the period January 1 - March 31, 1993
- 2) Quarterly Financial Reports (SF 269), Requests for Funds (SF 5805), and monthly Cash Transactions Reports (SF 272)
- 3) Trip Report: Tanzania, March 8-12
- 4) Trip Report: El Salvador, March 29-April 2
- 5) Trip Report: Jordan, May 21-28
- 6) Trip Report: Monterey, Mexico, June 1-3
- 7) Trip Report: Quito and Guayaquil, Ecuador, May 25-June 4
- 8) Trip Report: Cairo, Egypt, February 14-22
- 9) Action Agendas: Possible Next Steps for LME Support in Countries Where EPB is Active
- 10) Proposal for Participation of a Team from Morocco in Wellstart International's Lactation Management Education (LME) Program and Additional In-Country Support, May 20, 1993

### *Meetings*

One or more LME Program staff attended and/or presented papers at the following meetings held during the quarter:

- |            |   |
|------------|---|
| June 10-13 | Kangaroo Care Conference, Boston, MA (L. Scott)   |
| June 20-23 | National Council for International Health (NCIH) annual meeting, Washington, DC. Wellstart International was an official conference exhibitor. (P. Faucher) |

Wellstart International  
Cooperative Agreement No. DAN-5117-A-00-9099-00

Quarterly Expenditure Report  
1/01/93 - 3/31/93

Salaries	200,514.50
Benefits	64,622.44
Program Participants & Fellowships	43,719.73
Other Direct Costs	<u>145,307.81</u>
Subtotal	454,164.48
Overhead*	<u>133,511.24</u> (1)
Total Expenses	587,675.72
Less Income Credits	<u>(58,648.72)</u>
Total Expenses Less Income Credits	<u><u>529,027.00</u></u>

Notes:

- (1) Current quarter includes an adjustment to reflect the annual effect of the rate change from 22% to 32%.

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