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Program for the Introduction and Adaptation of Contraceptive Technology

Program for Appropriate Technology in Health

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TRIP REPORT

President:

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SUDAN

Prepared by Joan Haffey
Lena Steckel
PIACT

Dates of In-Country Work:
March 9-18, 1985

Population Communication Services
Population Information Program
The Johns Hopkins University
624 North Broadway
Baltimore, MD 21205
USA

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I. EXECUTIVE SUMMARY

Two PIACT staff members worked with staff of the Sudan Community Based Family Health Project to initiate JHU/PCS project activities to develop client and fieldworker materials on the oral contraceptive and family planning motivation. Because this project is an add-on to one developing primary health care (PHC) print materials, JHU/PCS has been able to economize on initial training and start-up activities. Review of the process used to develop initial drafts of the PHC materials with project staff reveals good comprehension of the print materials' development process. In an effort to keep relevant organizations informed of project progress, a presentation was planned and held at the Department of Community Medicine, University of Khartoum. It was attended by approximately 20 people. Enthusiasm of both staff and other organizations for the project is great. Inquiries were made as to whether JHU/PCS would consider project expansion to include a radio component, a revised version of the booklets for use by Ethiopian refugee groups, and the development of other family planning print materials. Discussions were held with Mr. Magid Abbas, new I & E Officer for the Sudan Fertility Control Association, to orient him to relevant population communication activities. The Project Coordinator, Ms. Ilham Bashir, and the Director, Dr. Abdel Rahman El Tom, have made a number of presentations about the JHU/PCS project at workshops sponsored by UNESCO, UNFPA, and Columbia University, which have contributed greatly to the general interest.

II. LIST OF ABBREVIATIONS

- EDC - Educational Development Center
- IDI - International Development Intern (USAID)
- IEC - Information, Education, and Communication
- JHU/PCS - Johns Hopkins University/Population Communication Services
- MOE - Ministry of Education
- MOH - Ministry of Health
- NPC - National Population Committee
- PHC - Primary Health Care
- PIACT - Program for the Introduction and Adaptation of Contraceptive Technology
- RHSP - Rural Health Support Project (USAID)
- SCBFHP - Sudan Community Based Family Health Project
- SFCA - Sudan Fertility Control Association
- USAID - United States Agency for International Development

III. INTRODUCTION

OBJECTIVES

The major objectives of this trip were to:

- ° Assist staff of the SCBFHP in start-up activities for the development of print materials on the oral contraceptive and child spacing motivation.
- ° Contact and assist with program planning, as needed, Mr. A. Magid Abbas, new Information Officer of the SFCA.

Both objectives were fulfilled during this trip. As outlined in the JHU/PCS Sudan trip report of October 1984, the development of family planning IEC materials is an add-on to an existing SCBFHP project to develop print materials on oral rehydration and child nutrition. Because staff were trained under that project and are performing each step of the materials' development process now, JHU/PCS has been able to economize considerably on both training and start-up activities for this project.

CONTRACTUAL ARRANGEMENTS

Because a number of changes had been made, both in the project proposal and in the actual wording of the subagreement, a considerable amount of time was spent reviewing these and other relevant documents with appropriate staff. The subagreement and reporting requirements were reviewed in detail with each of the following: Dr. A. R. El Tom, Project Director; Ms. Willa Pressman, Columbia University Resident Intern; Ms. Ilham Bashir, Project Coordinator; and Mahmoud Bashir, Project Accountant. Because SCBFHP staff report regularly on both their main project activities and on the separate PHC materials project, the new forms seemed to present no problem to them. Indeed, Dr. El Tom was so delighted that the revised agreement was in dollars only that he signed it as soon as we told him. He reiterated that operating in a Sudanese pound budget would have severely hindered their ability to carry out the project and expressed his appreciation to those at JHU/PCS who worked to revise the rule for them.

In fact, their ability to account in dollars is really crucial to project success. The conversion rate fluctuates constantly and the economy shows no signs of stabilizing in the near future. During the eight days that we were in-country, the price of petrol went from £4 to £7.5 per gallon (\$1.60 to \$3.05), the university was closed due to political disturbances, shopkeepers were required to eliminate busy evening hours to save electricity, and the President formally renounced the fundamentalist Muslim Brothers, perhaps indicating a more moderate approach to Islamization. Since a JHU/PCS visit in October 1984, a large number of development agencies (including USAID's RHSP) have pulled out of the south because of terrorist activity and the number of beggars in Khartoum (women and children) has increased dramatically. Refugees from Ethiopia and Eritrea continue to stream into the country at a high, steady rate (over 1,000 per day near Gedaraf) and internal migration to Khartoum from the drought-stricken west is significant.

Despite these handicaps, the SCBFHP IEC staff continues to work diligently and results are already obvious, even though the PHC project did not start until October 1984. Prior to this JHU/PCS assignment, Lena Steckel participated in an operations research workshop sponsored by Columbia University in Shendi District. She assisted Ilham Bashir, the IEC Project Coordinator, in the preparation of a presentation on focus group methodology and served as a resource person to describe project activities and objectives to the health personnel assembled. A participant list is attached as Appendix A.

IV. MAJOR ACTIVITIES

During preliminary discussions with Dr. Marianne Micka and Dr. Lois Bradshaw at USAID, it became obvious that, although they were satisfied with the progress on the PHC materials, they were concerned that the SCBFHP was reluctant to discuss details of the project or share drafts with other groups, including USAID. This, in fact, had been a conscious decision on the part of Dr. El Tom, who felt that the materials needed to advance to a certain stage of pretesting before they were widely shared with other organizations. Because this was a concern at USAID and because the JHU/PCS project was about to begin, project staff decided to invite a number of organizations to a presentation of progress to date and future plans. This was somewhat

time-consuming but certainly worth the effort. A participant list is attached as Appendix B.

One of the most significant impacts of these print materials projects to date has been the professional development of the Project Coordinator, Ilham Bashir. In almost every meeting we had during our visit, comments were made about her increasing confidence, her good work, and particularly, her recently acquired ability to give cogent, and even academic, presentations on the project to large groups, in English. She won an award for a presentation she gave about the project at a UNESCO-sponsored population education program this past winter and the MOE's Population Education Program is printing her paper. Her presentation at the Shendi workshop on focus group methodology was very well received and contained some insights on the use of focus groups in general research. Dr. El Tom was to present her (UNESCO) paper on educating illiterate women for health as one of approximately ten papers given at a national UNFPA-sponsored conference on Women in Development and Population Activities beginning March 18th, at which Dr. Nafis Sadik presided. A JHU/PCS representative attended the opening sessions of this well-publicized event. It is likely that Dr. El Tom's address was televised nationally. Programs are attached as Appendix C.

Dr. El Tom's support has also been evident. He has spent quite a bit of time advising Ilham and frequently remarked that he has wanted to get involved for quite a while with a project that has "such direct impact" on the population.

He expressed interest in adding radio messages about family planning and the availability of the booklets to Phase II activities. Dr. El Fatih and Suzan Wesley, SCBFHP staff, had developed some general health messages which were widely heard and well-received. Dr. El Tom also mentioned that he would like Ilham to go on to develop print materials on a wide array of family planning methods and would like to know if JHU/PCS is interested in supporting an expanded project.

USAID

In meetings at USAID, Dr. Micka emphasized that she would like to see Ilham go out to Kordofan (west) to supervise testing and adaptation of the PHC materials there. The USAID Mission would pay for this trip and would presumably repeat it once family planning materials, or advanced drafts, are developed. Ilham will try to schedule a visit when it appears Dr. Amal Dardiry (who had been trained in the materials' development process in October) would best be able to take advantage of her input.

Because there had been interest expressed by a number of refugee relief groups in adapting materials for their use, Dr. Micka gave us several contacts who could facilitate this process.

Dr. Bradshaw said she felt particularly bad that AMREF personnel had been pulled out of Juba as Matilda Nyoka and Mary Rose Juwa had recently opened two of three scheduled family planning centers. (They also were trained in October.) The urban center had gotten off to a good start before they were withdrawn. Tsedal (Selassie) Bahta, Public Health Advisor to the RHSP/Juba, has been working in Khartoum, so we were able to keep her informed of project activities and invite her to the general project overview given by Ilham.

Dr. Bradshaw said that she would like more specific information about the planned IEC workshop for Arab countries to be held in Baltimore at the end of July. She feels she cannot recommend participants until she has a better idea of the program's content. We told her what we knew about it and that we felt Ilham should be recommended, if appropriate, as she is coordinating the JHU/PCS project. Dr. Bradshaw commented that she is quite impressed with Mr. A. Magid Abbas, the new Information Officer of the SFCA.

Dr. Micka commented that an FPIA project to retrain village midwives at the University of Gezira should be included in the family planning materials project. This project, which is affiliated with the Rahad Agricultural Board, enjoys significant community involvement. Finished materials should be made accessible to them.

A separate meeting was also held with Richard Green, USAID Public Health Advisor, to inform him of project activities.

ACTIVITIES AT SCBFHP

As mentioned previously, a great amount of time was spent reviewing the project proposal, subagreement, and reporting requirements. In addition, two entire days were spent with the Project Coordinator reviewing the steps involved in the development of the PHC materials to be sure that any questions could be answered and any problematic steps discussed. Focus group discussion guidelines on the oral contraceptive and family planning motivation were reviewed and modified. These revised guidelines are included in Appendix D.

As mentioned earlier, the Project Coordinator invited representatives from interested organizations to a review of project progress and future plans. This meeting was held at the Department of Community Medicine and attracted representatives from the SFCA, MOE's Population Education Program, EDC, National Council for Literacy and Adult Education (MOE), Department of Rural Health and PHC (MOH), EPI, MCH/FP Project (MOH) and various departments in the School of Medicine (see Appendix B).

The Project Coordinator outlined the process she had used to develop and revise the PHC materials. She discussed the methodology in such a way that it was obvious she had a good understanding of each step. She then showed slides of major revisions in the ORS booklet. She distributed the latest drafts of the ORS and child nutrition materials and asked for comments. The major focus of discussion was the level of Arabic used in the materials. The Project Coordinator and the artist had developed short messages for each page. They then took these to a secondary school on the outskirts of Khartoum whose students were primarily villagers and had them rewrite the messages as their friends and family would say them. From these, project staff chose several alternatives to test with village women. Several participants at the meeting felt that the Arabic used was too coarse or common, although they understood that it was meant for uneducated women. Ilham agreed to test some of their suggestions. It was interesting that Ilham

commented that she found choosing appropriate captions the most difficult part of the entire materials' development process, which says something about the intricacies of Arabic.

She finished her presentation by outlining plans to develop materials on the oral contraceptive and family planning motivation which would be made available to interested groups. Dr. Magda Mohamed Ahmed Ali of the Department of Rural Health and PHC said she would be able to reprint booklets for wider distribution.

EVALUATION PLANS

Due to the research orientation of the SCBFHP, one of their major interests in this project is to study the impact of the materials on the community. The focus of the second phase of the project will be evaluation. Preliminary discussions were held with Sudanese project staff and Columbia University representatives to begin to outline evaluation plans. Because impact of the booklets would be difficult to distinguish from that of other interventions in the SCBFH project area, an evaluation site external to the area will also be chosen. This will most likely be an area north of Shendi or between Shendi and Khartoum to facilitate difficult transportation. However, questions regarding use of the booklets (such as how effectively they are distributed, what happens to them once they are received, how often they are referred to, etc.) can easily be added to a follow-up survey to be conducted in the project area, thereby taking advantage of this evaluation mechanism. Interest was expressed by staff in using focus group discussions as one means of evaluation.

MEETINGS AT SFCA

Two meetings were held with Mr. Magid Abbas, who is the new I & E Officer for the SFCA. Dr. Hamid Rushwan, Executive Director, attended the second meeting. Mr. Abbas had previously worked in tourism and has a broad communication background. He would like information on successful Arab family planning IEC programs, a request we promised to forward to the M/MC at JHU/PCS. He did not require specific assistance, but just wanted to be

informed of current population communication activities. Dr. Rushwan reiterated his desire to have Mr. Abbas participate in the upcoming Mass Media Workshop to be held in Baltimore by JHU/PCS, a request passed along to Dr. Bradshaw. We brought both men up to date on the SCBFHP project activities and invited both to the presentation by Ilham to be held later in the week. Mr. Abbas came and was introduced to a number of colleagues. We also suggested that, if interested, he assist Ilham in the development of the family planning materials so he could learn the process and use the materials in his own projects.

MEETINGS WITH REFUGEE ASSISTANCE GROUPS

Because quite a bit of interest and enthusiasm has been generated for these materials, a number of refugee relief groups have expressed interest in having them adapted for use in their programs. Willa Pressman has been in contact with a number of groups regarding this possibility. Nick Winer of Oxfam said that they would be willing to pay for printing costs of an adapted version. Rich Chaney of Lalmba-American Refugee Committee said that his group could really use the materials but that most of these relief organizations could not spare the staff or resources to do the adaptation. Other contacts with Lalmba staff have shown some willingness to carry out the work if some funds and guidance were provided to them.

V. FINDINGS AND RECOMMENDATIONS

Judging from progress in the PHC materials and the interest and enthusiasm generated by these projects, the development of the family planning print materials is likely to proceed at a satisfactory pace. Staff are also making efforts to involve relevant organizations in the development and use of these materials.

JHU/PCS should consider the expansion of this project to include a radio component, the adaptation of materials for use by refugee groups, and the production of print materials on other family planning topics.

A return visit by a JHU/PCS representative should be scheduled at approximately

six months, in consultation with Ms. Bashir. Dr. El Tom and Willa Pressman will be at the NCIH Conference in June in Washington, D.C. JHU/PCS staff may wish to take this opportunity to discuss the project more closely with them.

VI. CONTACT LIST

(Additions or changes from October, 1984 contact list.)

USAID

Dr. Marianne Micka, Health and Population Officer
Dr. Lois Bradshaw, Assistant Population Development Officer
Richard Green, Public Health Advisor

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SFCA

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Mr. A. Magid Abbas, Information Officer

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EPI

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Educational Development Center

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University of Khartoum
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Columbia University-Center for Population and Family Health

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Dr. Don Lauro, Assistant Director/International Programs
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Dr. John Ross, Head of Research
Dr. Regina McNamara, Staff Associate

Oxfam

Nicolas Winer
Tony Winch
(Contact through Willa Pressman)

**OPERATIONS RESEARCH WORKSHOP
SHENDI, March 2-8, 1985**

DEPARTMENT OF COMMUNITY MEDICINE

Dr. Abdel Rahman ElTom
Director, Community Based Family Health Project
Head, Dept. of Community Medicine

Dr. Abdul Aziz Farah
Resident Advisor, CBFHP

Suzan Wesley Stacy
Deputy Director, CBFHP
Extension Area,
Training Director

Dr. Naila Mubarak
Deputy Director, CBFHP
Original Project Area

Dr. Ali Biely
Primary Health Care Specialist
CBFHP Advisor

Ilham Abdalla Bashir
Coordinator Health Materials Project, CBFHP
Willa Pressman
Intern, CBFHP

Dr. Mohammed ElFatih
Lecturer, CBFHP Immunization Specialist

Afaf Osman Musa
Art Assistant, Health Materials Project, CBFHP

Dr. Pryscilla Joseph Kuch
Masters Degree Student

Nadia Ali ElTom
Social Worker, CBFHP

Dr. Kamal Khieralla Hussien
Lecturer

Dr. Mohamed Gedd Qayad
Masters Degree Student

Dr. Biar Deng Biar
Masters Degree Student

DARFUR REGION

Dr. Omer Abdel Gabar
Ministry of General Services

KORDOFAN REGION

Dr. Abbas Bashir
Director Preventive Medicine

SOUTHERN SUDAN

Dr. Mohamed Idris Abbas
Lecturer, College of Medicine
University of Juba

NORTHERN REGION

Dr. Amin Elhag Abdel Rahman
Director Medical Services, Albarra

Dr. Khawad Omer
Director Health Services,
Southern Nile Province
CBFHP Field Director

Dr. Abdel Karim Ali
Internist, Shendi Hospital

Dr. Ali Abu Bakr
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List of Participants
Discussion on Print Materials Development Project
March 14, 1985

<u>Name</u>	<u>Title</u>	<u>Organization</u>	<u>Telephone No.</u>
Naila Mubarak	Deputy Director SCBFHP	Dept. of Community Medicine (DCM)	71326
A.R. Abdel Salam	Professor	Univ. of Khartoum	78570
Mustafa M. Elami	Tutor	HIRRT	71818
Ali Ismail Biely	Asst. Professor	Univ. of Khartoum	71326
Mohamed El Fatih Ali	Lecturer	DCM	71326
Mohamed Geddi Gayad	DCM (Student)	DCM	
Biar Dena Biar	DCM (Student)	DCM	
Priscilla Joseph Kuch		DCM	71326
A. Magid Abbas	IEC Officer	SFCA	
Charles Davies	Advisor	Population Education Project, MOE	70875
Ahmed Sidahmed Elhassan		National Council for Literacy and Adult Education, MOE	76184 70482
Magda Mohamed Ahmed Ali		Department of Rural Health and PHC, MOH	71975
Samina Mohamed Osman		EPI/MOH	80552
Suzan Wesley Stacy	Scientific Researcher	DCM	71326
Nadia Salama Ahmed		EPI/MOH	71975
Sittana Hassan	Deputy Director MCH/FP Project	MOH	51529
Ahded Menen		EPI/MOH	71975
Tsedal (Selassie) Bahta	Public Health Advisor	USAID/Juba	71977
Amal Elmadri		MOH	
Eltayeb Creaballa	Director of Health Service- Omdurman Area	Comissionate of Health National Capital	51807

برنامج

ورشة عمل

دور المرأة في التنمية والانشطة السكانية



اللجنة القومية للسكان

بالتعاون مع

اتحاد نساء السودان

وصندوق الأمم المتحدة للانشطة السكانية

الخرطوم : قاعة الصداقة

٢٦-٢٨ جمادى الآخرة ١٤٠٥هـ الموافق ١٨-٢٠ مارس ١٩٨٥



**WORKSHOP IN THE ROLE
OF WOMEN IN DEVELOPMENT
AND POPULATION ACTIVITIES**

SNPC
Sudan National Population Committee

SWU
Sudanese Women's Union

UNFPA

Khartoum - Friendship Hall

18 - 20 March 1985

استاذة نادية البنا

* الماثورات الشعبية والخصوبة

استاذة فريال سيد فرج

الاستاذ عبد الدائم المطبول

* الرعاية الاجتماعية وتنمية المرأة

* دور المنظمات في تنمية المرأة

الاستاذة نجاة جيلاني

* توصيات ورشة العمل

نهاية ورشة العمل

اللاتين : ٢٦ جمادى الآخرة ١٤٠٥ هـ الموافق ١٨ مارس ١٩٨٥ م
الجلسة الافتتاحية : الساعة ٩-٣٠ صباحا

- القرآن الكريم
- كلمة السيد مقرر المؤتمر
- كلمة السيدة نفيسه احمد الامين
رئيس اللجنة القومية للسكان
وسكرتير عام اتحاد نساء السودان
- كلمة السيدة دكتوراه نفيسن صادق
مساعد السكرتير العام لصندوق الامم المتحده
للتساكنات السكانية
- كلمة السيد
النائب الأول لرئيس الجمهورية
مرطبات
- جلسة العمل الاولى
- دكتوراه بدور ابوحنان رئيسة الجلسة
السيد جابر احمد التام
الوضع الديمغرافي في السودان
- الاستاذة لامييره امين
المرأة والاسرة في المجتمع المهاجر
- Dr. Hassan Salim
& Christine Keldin:
Food Production : A subject of Change in
Emphasis in Women's Training
- Sussan M. Kenyon
Sudan's shadow Economy Working Women
in non-Urban Sudan

الثلاثاء : ٢٧ جمادى الآخرة ١٤٠٥ هـ الموافق ١٩ مارس ١٩٨٥ م

جلسة العمل الثانية : الساعة ٩ صباحا

دكتور عبد السلام جريسن رئيس الجلسة

Prof. Hamid Koshwan

1 - Health issues of Women in the Sudan (with special reference to reproductive Health)

Susan Holcombe

2 - Health in Western Sudan; " Kordofan Province"

Dr. Mona Khalifa

3 - The role of the village midwife in family planning in Khartoum

مرطبات : الساعة ٣٠ - ١٠ الى ١١ صباحا

الدكتورة امال ابوبكر ارباب

• الكوادر الطبية المساعدة في تنظيم الاسرة

Susan Wesley

5 - Nutrition and family size in Sudan .

Dr. Atif Saghayroun

6 - The need for population policy in the Sudan

الاستاذ تاج السر دقريب

• المراكز النفسية والاجتماعية للتربية والاتصال في مجال تنظيم الاسرة

الاستاذة فاطمة شداد

• الموجة لتنظيم الاسرة في السودان

دكتور فؤاد ابراهيم

• اثر التعليم على الاسرة في السودان

الاربعاء : ٢٨ جمادى لاخره ١٤٠٥ هـ الموافق ٢٠ مارس ١٩٨٥ م

جلسة العمل الثالثة : الساعة ٩ الى ٣٠ - ١٠

الاستاذة نفيسه احمد الامين رئيسة الجلسة

الاستاذ مبارك يحيى

★ المرأة والتعليم ونوعية الحياة

Elten Samil - Schmidt

Mass Media roles in Women's Development and Education .

الاستاذ هسان سعد الدين

★ المرأة والتنمية والقضايا السكانية

Dr. Abdel Rahman El Tcum

Educating Illiterate Women for Health .

الاستاذة آمنه عبد الرحمن

★ أهمية تثقيف المرأة في التنمية

مرطبات : الساعة ٣٠ - ١٠ الى ١١

دكتور محمد ادھم علم

★ أثر تعليم المرأة على العمالة والخصوبة في

شمال السودان

Dr. K. G. Kwawang

Women in Southern Sudan

PROGRAMME
for
WORKSHOP ON WOMEN IN DEVELOPMENT AND POPULATION ACTIVITIES

Monday 18th March, 1985
9:30 a.m.

Opening Session

- Holy Koran
- Address by Conference Rapporteur
- Address by Mrs. Nafissa Ahmed El Amin
President of National Population Committee
General Secretary of Sudan Women's Union.
- Address by Dr. Nafis Sadik
Assistant Executive Director of UNFPA
- Address by First Vice-President

Refreshments

First Working Session

Chairperson: Dr. Badur Abu Affan

- 1) Mr. Omar Ahmed El Tay, 'The Demographic Situation in the Sudan' (in arabic)
- 2) Mrs. Samira Amin, 'Women and Families in Migrant Societies' (in arabic)
- 3) Dr. Hassan Salim and Christine Holding, 'Food Production: A Suggested Change in Emphasis in Women's Training'
- 4) Dr. Susan Kenyon, 'Sudan's Shadow Economy: Working Women in Poor Urban Sudan'
- 5) Mrs. Mahasin Ayoub El Gadal, 'The Role of Women in the Rural Labour Force' (in arabic)

Discussion

Tuesday 19th March 1985
9:00 a.m.

Second Working Session

Chairperson: Dr. Abdel Salam Gereis

- 1) Prof. Hamid Rushwan, 'Health issues of Women in the Sudan (with special reference to reproductive health)'
- 2) Mrs. Susan Holcombe, 'Health in Western Sudan; Kordofan Province'
- 3) Mrs. Susan Wesly, 'Nutrition and Family Size in the Sudan' (in arabic)
- 4) Dr. Fouad Ibrahim, 'Desertification and Women in Western Sudan'

Refreshments

- 5) Dr. Amal Arbab, 'The Role of Paramedical Staff in Family Planning' (in arabic)
- 6) Dr. Mona Khalifa, 'The Role of the Village Midwife in Family Planning in Khartoum'
- 7) Dr. Atif Saghayroun, 'The Need for Population Policy in the Sudan'
- 8) Mr. Taj El Sir Doleib, 'The Psychological and Sociological Bases for Direction and Communication in Family Planning' (in arabic)
- 9) Mrs. Fatma Shaddad, 'The Need for Family Planning' (in arabic)

Discussion

Wednesday 20th March 1985
9:00 a.m

Third Working Session

Chairperson: Mrs. Nafissa Ahmed El Amin

- 1) Mr. Mubarak Yahia, 'Women, Education and Quality of Life' (in arabic)
- 2) Dr. Ellen Ismail Schmidt, 'Mass Media Roles in Women's Development and Education'
- 3) Mr. Hassan Saad El Din, 'Women in Development and Population Issues' (in arabic)
- 4) Dr. Abdel Rahman El Tom, 'Educating Illiterate Women for Health'
- 5) Mrs. Amna Abdel Rahman, 'The Importance of Educating Women for Development' (in arabic)

Refreshments

- 6) Dr. Mohamed Adham Ali, 'The Impact of Women's Education on the Labour force and Fertility in Northern Sudan' (in arabic)
- 7) Dr. K.G. Kwawang, 'Women in Southern Sudan'
- 8) Miss Nadia El Bana, 'Oral Traditions and Fertility' (in arabic)
- 9) Mrs. Farah Sayed Farah and Mr. Abdel Daim El Magboul, 'Social Welfare and Women's Development' (in arabic)
- 10) Mrs. '... .. in Women's'

End of Workshop

REVISED FOCUS GROUP GUIDELINES

(Based on findings of groups conducted during October training session)

PILL

Introduction, Greetings

Benefits of Child Spacing

Traditional Methods

- custard seed (considered abortifacient, sinful)
- breastfeeding
- withdrawal

Modern Methods: Pill

- types available
- how to take it
- where to get it
- side effects

Purpose of Iron Tablets

Rumors (e.g., pilltakers eat more food)

MOTIVATIONAL

Introduction, Greetings

Family Size - benefits of: - large family
- small family

Child Spacing

- disadvantages
- advantages

Traditional Methods

Modern Methods

- knowledge
- attitude - self
 - family
 - friends
- practice
- rumors