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REPORT
OF A
WORKSHOP

PHILIPPINES

"Training of Trainers using
Philippines Adapted Version of
Working with Villagers"

October 22-November 2, 1979

Home Extension Service
Bureau of Agriculture Extension
(BAEX)

Malolos, Bulacan, Philippines

*Paper
copy*

PATCHANEE NATPRACHA

Grant No. AID-DSPE-G-0010

American Home Economics Association
2010 Massachusetts Avenue, N.W.
Washington, D.C. 20036

INTERNATIONAL FAMILY PLANNING PROJECT
(Grant No. AID/DSPE-G-0010)

SUPPLEMENTAL LESSONS

Developed in Philippine Workshop
Training of Trainers

October 22 - November 2, 1979

American Home Economics Association
2010 Massachusetts Avenue, N.W.
Washington, DC 20036

Title : Training of Trainers using Philippines Adapted Version of "Working with Villagers"

Responsible Organization : Home Economics Extension Service,
Bureau of Agriculture Extension (BAEX)

Place : Hiyas Convention Center, Malolos, Bulacan

Date : October 22 - November 2, 1979

Schedule of the Training :

Day 1 Monday October 22, 1979

1. Welcome Talk
2. Establishing Purpose of the Workshop
3. Training Unit II : Overview of Home Economics Integrated Family Planning
 - Activity A : Integrating Family Planning into the Work of Home Economics
 - Activity B : Family Planning in our Area
 - Activity C : Introduction to Integrating Home Economics and Family Planning
 - Activity D : Handling Family Planning
4. Training Unit III : Experiencing Prototype Lessons
5. Study the Materials in Detail - Discussion and Clarification
6. Teamed up in twos to take up responsibility of different Training Unit and Media Lab

Day 2 Tuesday October 23, 1979

Preparation for Presentations

Day 3 Wednesday October 24, 1979

- AM
1. Training Unit IV : The Villagers
 - Activity A : Getting to know the Villagers and the Village
 - Activity B : Seeing a Problem Through the Eyes of a Village Woman
 - Activity C : Developing a Profile of the Village
 2. Media Lab II : Mounting Visual Materials

Alternative Schedule to Working With Villagers Training

First Training 3 days

- I Setting the Climate
- II Overview of Home Economics Integrated Family Planning
- IV The Villagers
- V Identifying & Verifying Villager Problems
- VIII Increasing Learner Involvement & Participation
- IX Stimulating Participation Through Question & Discussion
- X Overview of Teaching Methods & Tools
- XII How to Assess Learning
- XIII Working with Other Organizations

Second Training 5 days

- I Setting the Climate
- VI Experiencing Prototype Lessons
- VI Creating Effective Lessons
- VII Reviewing & Practicing Prototype Lessons
- XI Teaching Techniques
- XIV Creating New Lessons

Third Training 5 days

- 8 Media Labs
- plus more selected from Media Resources Book.

Day 7 Monday October 29, 1979

AM 1. Training Unit IX:Stimulating Participation Through Questions & Discussion

Activity A : Effective Questioning

Activity B : Leading a Discussion

2. Training Unit X:Overview of Teaching Methods and Tools

3. Training Unit XI:Teaching Techniques

Activity A : Giving a Demonstration

Activity B : Giving a Talk

Activity C : Home Visits

EVE 4. Media Lab VI:Prototype Ersel

Day 8 Tuesday October 30, 1979

1. Training Unit XI:Teaching Techniques (Continued)

Activity D : Games

Activity E : Problem-Dramas

Activity F : Using Pictures

Activity G : Reinforcing Learning

2. Training Unit XII:How to Assess Learning

Activity A : Finding Indicators

Activity B : Matching Objectives and Overcome.

3. Media Lab VII:Tracing Drawing & Illustration

Day 9 Wednesday October 31, 1979

1. Training Unit XIII:Working with Other Organizations

2. Media Lab VIII:Creating Figures for the Flannelgraph

3. Training Unit XIV:Creating New Lessons & Teaching Materials

PLAN FOR TCHO TRAINING

A. NUEVA ECIIJA

Region 1-2,3
January 28 - February 7, 1979
18 participants
5 trainers

B. DART CA BARCITO SUR

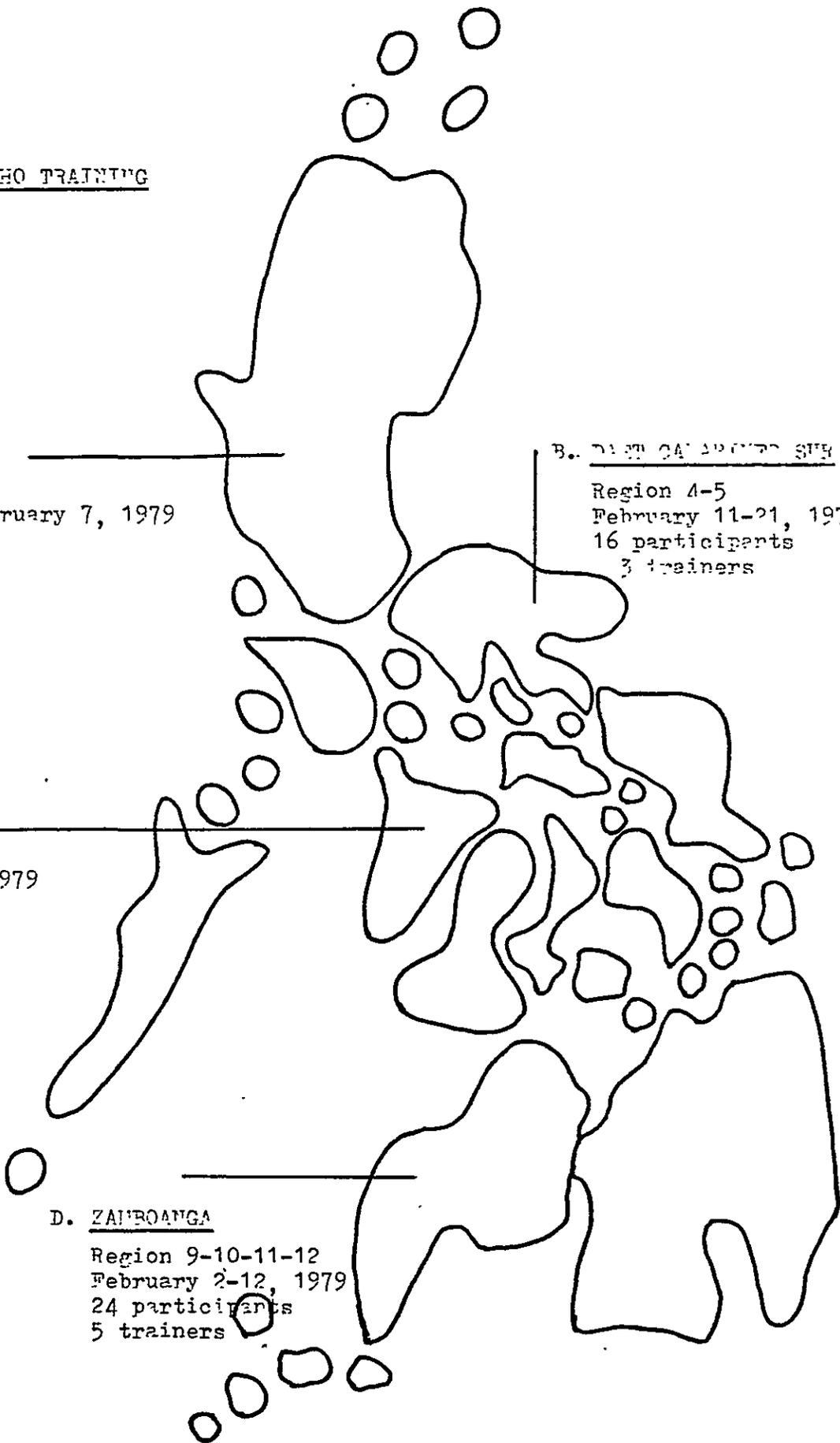
Region 4-5
February 11-21, 1979
16 participants
3 trainers

C. ILOCIO CITY

Region 6-7-8
January 20-30, 1979
18 participants
4 trainers

D. ZAIROANGA

Region 9-10-11-12
February 2-12, 1979
24 participants
5 trainers



7. Mrs. Catalina Apan (Nena)
Senior Home Management
Technician
Bureau of Agricultural Extension
Cabanatuan City, PHILIPPINES
(91 Voldefuente, Cabanatuan City, Nueva Ecija)
8. Mrs. Rosalina Olan
Home Management Technician
Bureau of Agricultural Extension
Malvar, Batangas
PHILIPPINES
9. Mrs. Rustica Di Parguan
Home Economics Extension
Specialist I
Bureau of Agricultural Extension
Region 02 Tuguegarao, Cagayan
PHILIPPINES
10. Mrs. Cleofe R. Dulla
Senior Home Management
Technician
Bureau of Agricultural Extension
Marikina, Southern Leyte
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11. Mrs. Conchita D. Lumbampad
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PHILIPPINES
12. Mrs. Purificacion S. Aquino
Senior Home Management
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BARI, Mati
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14. Mrs. Herminia P. Cor
Senior Home Management
Technician
BAR - BALCATED, ABR
PHILIPPINES
15. Mrs. Patria Alovera
Art
BAR BLOT, Diliman Quezon City
PHILIPPINES
16. Mrs. Jovita M. Waller
Regional Agrarian Reform
Technologist
MAR, Region XI
Matina, Davao City
PHILIPPINES
17. Mrs. Maria S. Quilantang
Home Economics Extension
Specialist II
Home Economics Programs Division
Bureau of Agricultural Extension
Diliman, Quezon City
PHILIPPINES

- . Be aware of the mood or level of the audience. This point is closely related to the one above. Trainers seem to get "hung up" on what is to be done and stick to that even though the objective of that activity has been met. Thus creating a dragging atmosphere and not being effective.
- . There is always a question as to the degree of participation made by the audience in the activities conducted. The answer to this is the more the better. But it is more important that we keep a comfortable atmosphere. If the participants are used to traditional ways of learning, one cannot expect a high level of participation. Gradually introduce the idea and work toward a real participatory training.
- . The discussions particularly at trainer level tend to get away from village settings. All examples and problems discussed in all activities should put emphasis on the village and villagers as that's the main purpose of the materials. If discussion at trainers level is not village oriented, the trainer would find it hard to discuss village level problems when they train field workers.

Observation:

1. There were 17 participants. One participant from the Central Office did not attend as she had to go to Indonesia sooner than was planned. Among those who came were 3 from the Central Office and one from each of the Regions, two from Ministry of Agrarian Reform, one from Central and one from Region 2.
2. The approach of the training used here was somewhat the same as that used with Training of Trainers for Agricultural Extension groups in Thailand. After a few sessions conducted by the RAD for Asia, the group teamed up and started preparing to conduct different Training Units and Media Labs by themselves. During preparation they consulted and rehearsed with RAD in order to be sure they interpreted and handled the activity the way it was meant to be. After each activity, comments and suggestions were given for improvement and on how to handle the activities when they train the field workers (BAEX calls their field workers Home Management Technicians - HMT)

In relation to the prototype lessons and new lessons, each individual prepared and taught one prototype lesson. They each created new lessons which included detail preparation for teaching, but only presenting the main ideas of the lesson and the plan to proceed from one step to the next step without actually teaching it. Again comments were given for improvement. The time left was used to arrange alternative ways of using the Working with Villagers material and actual preparation for the training of HMTs in their region. The alternative schedule and the plan to train HMTs is enclosed.

3. Viewing the participant's performance, there were much the same mistakes and misinterpretations of the activities planned as occurred in other Training of Trainers workshops. It reinforced the idea that the manner used in participatory training needs to be acquired through practice. When the concept and how to proceed from one step to the next in the activities is discussed, it does not take long to understand. But it was a different story when one started doing it. More time experience in participatory training seemed to be very important in order for the trainer to begin to grasp the real meaning of "participatory training" and start building up the skills. The follow-up programme to reinforce the learning is also very important to assure the adaptation of the approach. Therefore, it is important for consultation to be made while trainers are conducting their training.
4. Some points that most trainers seem to forget and need to be reminded of are:

- . The steps planned in each activity are only samples of how one can conduct training in order to reach the objective stated for that activity and not compulsory steps. One can modify those steps according to the group or to suit the group best. The most important thing is to reach the objective of the activity. Most trainers tend to worry too much about the steps, also tend to exaggerate points made in each step. Therefore they lose the main idea that should be emphasized.

BAER - AHEA Workshop
WWW TRAINING FOR TRAINERS
Malolos Bulacan Philippines
October 22 - November 2, 1979

Rustica L. Parguian
 Tueguegarao, Cagayan

Herminia P. Car
 Bangued, Abra

Elena T. Bermudez
 San Miguel, Pangasinan

Catalina A. Apan
 Ebanatuan City, N.E.

Mariz S. Quilantang
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Honorata P. Velarde
 Sampaloc, Metro Manila

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Purificacion S. Aquino
 Mati, Davao Oriental

Alma T. Mirrar
 Pagadian City

Elsie B. Cabacungan
 Sultan Kudarat,
 Maguindanao

Jovita M. Faller
 Davao City



List of Training Units
and Media Labs assigned to participants

<u>Name</u>	<u>Training Units</u>	<u>Media Labs</u>
1. Herminia Car	VIII	IV
2. Rustica Parguian	X	VIII
3. Catalina Apan	XIII	VI
4. Rosalina Olan	XIII	VI
5. Rafaela de Jesus	XI	VII
6. Conchita Lumanpao	XII	II
7. Caridad Ranollo	IV	V
8. Cleofe Dulla	IV	V
9. Alma Mirar	X	VIII
10. Sol Cortes	XI	VII
11. Purificacion Aquino	XII	II
12. Elsie Cabacungan	VI	VII
13. Elena Bermudez	XI	VII
14. Maria Guilantang	VIII	IV
15. Honorata Velarde	V	
16. Patria Alovera	IX	III
17. Jovita Faller	V	III

Day 10 Thursday November 1, 1979

1. Training Unit XIV: (Continued)

- . Creating New Lessons
- . Presenting New Lessons
- . Comments for revision

Day 11 Friday November 2, 1979

1. Preparation for Home Management Technician Training (Continued)
2. Summing up
3. Closing Talk
4. Leaving for Home

Participants Name and Address

- | | |
|--|--|
| 1. Miss Honorata Velerde
Home Economics Extension
Specialist II | Home Economics Program Division
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Diliman, Quezon City, PHILIPPINES |
| 2. Mrs. Alma T. Mirra
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Technician | Bureau of Agricultural Extension
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| 3. Mrs. Rafaela A. de Jesus
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| 4. Mrs. Caridad T. Ranollo
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| 5. Mrs. Sol Cortes
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| 6. Miss Elsie Cabanngan
Acting Senior Home
Management Technician | Bureau of Agricultural Extension
Sultan Kuduret, Maruindanao
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Organizations that work in the Balangay in the Philippines

- PTA - MTC PTA - Parent Teachers Association
DEED - Ministry of Education & Culture
- * Bgy Council - Barangay Council
- * MLGCD - Ministry of Local Government & Community Development
- * MSSD - Ministry of Social Services & Development
- * RHU - Rural Health Unit
- * POPCOM - Population Commission
- * BPI - Bureau of Plant Industry
- * BAI - Bureau of Animal Industry
- * BS - Bureau of Soils
- WC - CWJ WC - Women's Club
CWL - Catholic Women's League
- * NSDB - National Science Development Board
- Bgy Brigade - Barangay Brigade
Junior Chamber of Commerce (Philippines)

Jaycees - Lions

Metro Manila Aid

Balikatan (Women's Organization)

- KB - Kabataang Barangay
- IMCH - Institute of Material Child Health
- BNS - Barangay Nutrition Scholar
- CRS - Catholic Relief Services
- * PSDO - Provincial Social Development
- FPOP - Family Planning Organization of the Philippines
- FTOW - Full-Time Outreach Worker
- * MAR - Ministry of Agrarian Reform

Occupational Therapy

- * NACIDA - National Cottage Industry Administration
- * BFD - Bureau of Forest Development
- * BFAR - Bureau of Fisheries & Aquatic Resources
- PRRM - Philippines Rural Reconstruction Movement
- 4 - H - Anak Buki - Bureau of Agriculture Extension
- FA : RIC - Farmers Association
Rural Improvement Club
- PCF - Population Center Foundation

* = Government Agencies

PM 3. Training Unit V: Identifying and Verifying Village Problems

Activity A : Identifying Problems and Interests

Activity B : Checking on the Individual Interests

Activity C : Verifying Interests

4. Media Lab III: The Basics of Simple Drawing

EVE

5. Media Lab IV: Simple Drawing in Action

Day 4 Thursday October 25, 1979

AM 1. Training Unit VI: Creating Effective Lessons

Activity A : Integrating Family Planning into Lessons

Activity B : Setting Content Objectives for New Lessons

2. Setting Content Objectives for New Lessons (Continued)

PM - EVE 3. Training Unit VII

Reviewing and Practicing Using Prototype Lessons

Activity A : Reviewing Prototype Lessons

Activity B : Practicing Using Prototype Lessons

Day 5 Friday October 26, 1979

Training Unit VII

Activity B : Practicing Using Prototype Lessons (Continued)

Day 6 Saturday October 27, 1979

AM 1. Training Unit VIII: Increasing Learner Involvement and Participation

Activity A : Sharing and Cooperation in Learning and Problem Solving

Activity B : Creating a Learning Atmosphere

Activity C : What Helps Adults to Learn

2. Media Lab V: Free Hand Lettering