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International Family Planning Project

SEMI - ANNUAL REPORT

Pamela A.S. Greene
Regional Assistant Director - AFRICA

April - September 1980

Grant No. AID/DSPE-G-0010

American Home Economics Association
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Washington, D.C. 20036

-1-

American Home Economics Association
INTERNATIONAL FAMILY PLANNING PROJECT

SEMI-ANNUAL REPORT

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Regional Assistant Director-Africa

A. TRAVEL AND CONSULTATIONS

1. The Gambia (April)

The Regional Assistant Director (RAD) attended the one-week workshop on Family Life Education organized by the Home Economics Association of The Gambia. The workshop was held at the Atlantic Hotel and involved home economics teachers and some extension workers as well as three observers from Cameroon, Senegal and Sierra Leone. The RAD assisted with the final planning activities for the workshop as well as the day-to-day organization of the workshop. A report on this consultation has been submitted.

2. Canada (May)

The RAD was invited by Dr. Lila Enberg of the University of Guelph to deliver a paper on the Integrated Home Economics Program in Sierra Leone at the annual conference of the Canadian Association for African Studies. A second conference on Rural Development in which the RAD should have participated was, cancelled at the last moment. During the week, opportunity was taken to meet with some of the staff of the Department of Family and Consumer Studies, especially staff involved with the teaching of human development and sex education. A list of persons met has been included in this report.

3. Washington, D.C. (May)

En route to Freetown from Canada, the RAD made a two-day stop-over at the AHEA headquarters to meet with the Director and staff. Meetings were held for planning the IFHE Pre-Congress workshop and other staff and regional matters.

4. Philippines (July)

The RAD attended the IFHE Pre-Congress Workshop sponsored by the Project in Los Banos, and conducted a full day's session of the program. As one of the Vice Presidents of IFHE, the RAD had to participate in the executive committee and council meetings prior to, during and after the Congress. Some assistance was given to the setting up of the Project's exhibition and monitoring the exhibits in the Congress building. The RAD conducted a regional meeting for all African delegates at the Congress and provided information on the AHEA-IFPP. The RAD was chairperson for the first session of the Congress, during which Dr. Thelma Stewart, coordinator for the Jamaica programs, gave a presentation on the Home Economist's views on development issues of the 1980's. Throughout the Congress, the population issue was highlighted and included in the summary presented by Dr. Kinsey Green as an important issue in the decade of the '80s.

B. SIERRA LEONE ACTIVITIES

1. Evaluation Team Visit (May)

An evaluation team, composed of three members of the USAID, visited Sierra Leone for one week in May. Unfortunately, the visit coincided with the RAD's trip to Canada and, therefore, a personal interview with the team was impossible. However, the RAD planned a program of interviews and arranged for the team to be escorted by the President of SLHEA. A copy of the program has been included in this report.

Communications Workshop (April-June)

A communications workshop, which was originally scheduled for one week in April, had to be extended over a two-month period because the group felt they needed more time to complete their assignments and to allow the resource persons to give individual attention to each participant. The report of this activity has been submitted. Fifteen home economists and four resource persons were involved in the exercise.

As a result of this exercise, the SLHEA members make weekly radio talks on various aspects of family life education. The scripts are being compiled so that they can eventually be published. Some of the participants at this workshop were resource persons during the material development workshop held in September.

3. Family Life Education Project (MMTC)

This project was launched by Mrs. Labor with a five-member committee assigned the task of developing the course outline on Family Life Education for the home economics students of the Milton Margai Teachers College. Part of the funds will be used to equip a demonstration centre for the village women who will take classes in the college later in the year. An outline of the course for the students has been included in this report.

4. Parent Education Project (NUC)

This project was also started during this reporting period. Miss Roy-Macauley, a network member and advisory committee member designed a questionnaire which was administered to adult men and women as well as youths in the villages next to the University. She will be leaving shortly on sabbatical leave in the USA and will take with her the returned questionnaires for coding, analysis and preparation of the findings. During her absence, the two fieldworkers of the Department of Home Economics who have had training with Working with Villagers will meet village groups twice a week to teach the prototype lessons. This aspect will be supervised by Mrs. Dahniya, Head of the Department. They will keep a record of their meetings and begin to collect ideas for new lessons which will be developed based on the research findings and on the return of Miss Roy-Macauley. Mrs. Dahniya will also be developing a program for youths in the vicinity.

5. Research Study

As a result of the participation of Miss Q. Jarrett and Mrs. L. Adesimi Davies at the regional workshop on Research and Evaluation in Nairobi last year, a questionnaire survey was carried out by SLHEA on the Attitude of College Students to Family Planning and Population Issues. The report was presented at the IFHE Congress session on Research by the SLHEA representative to the Congress. This report provided valuable information and indicated that the students needed education and counseling on Family Life Education/Sex Education and Family Planning. They also need family planning services to be made available to them. As a result of this activity the SLHEA Counseling team has started a counseling program as part of the FPIA funded project and contraceptives are being distributed (especially condoms) among them. The students were supportive of sex education being made available to pupils in school. The report is therefore being forwarded to the Ministry of Education with appropriate recommendations for implementation. Meanwhile, the SLHEA curriculum committee has developed a course outline for sex education and human development to be taught in home economics classes.

6. Material Development Workshop

This activity was held in September and involved 40 home economists--teachers, supervisors and fieldworkers. They had lectures, group discussions as well as group work on the development of materials for various target groups--adult men, women, unmarried mothers, youths. The report is being prepared and will be submitted shortly. A committee has been set up to review the materials for selection of those that will be produced and distributed when funds are available.

7. PPA/Pathfinder Conference

The RAD attended a four-day Regional Conference on The Use of Non-Medical Personnel in Family Planning from September 1-5 at the Cape Sierra Hotel. Three members of SLHEA were also participants. The Conference agreed that non-medical and paramedical persons have a role to play in family planning and presented several recommendations for training, cooperation and collaboration between ministries and agencies. The role of the home economist in promoting family planning was also recognized. Opportunity was taken to talk to the USAID-Africa desk officer who attended the Conference. She was interested in the work done by home economists in Sierra Leone and the activities of the RAD in Africa.

8. Curriculum Development

The curriculum committee continues its task in developing unit outlines. Three of the units were presented at the material development workshop to be reviewed by the participants. There were on family relationships, responsible living, human development and sex education. It is anticipated that the final drafts will be ready by mid-1981 as the committee members will receive some honorarium to motivate them to complete the task in the specified time.

9. The FPIA Project

The Family Welfare Education and Counseling Project of SLHEA, funded by FPIA continues to expand its activities with the appointment of part-time counselors to man satellite centres in different parts of the city. Large numbers of contraceptives (non-prescriptive) were distributed to men, women and students by the counselors during field visits and counseling sessions. This project is extremely successful and as it moves into the third funded year the objectives have been modified to take care of the added needs and dimension of the project. Copy of the first report has been submitted for information only. The objectives of the third funded period will be included in this report, also for information.

* * * *

STATUS OF ACTIVITIES

<u>Activity</u>	<u>Comments</u>
1. Youth Seminar (SLHEA)	Held February 1980
2. Material Development Workshop (SLHEA)	Head September 1980
3. Communication Workshop (SLHEA)	Held March-June 1980
4. Communication Series (SLHEA)	Continued throughout the year.
5. Family Life Education Program (MMTC)	Started course outline developed 4 hours/week classes will start when college opens in October. 30 weeks. Lecturers given by resource persons.
6. Resource Handbook Workshop (Ministry of Social Welfare)	Held February, 1980
7. Training Centre (MMTC)	Materials and publication received by College and located in Library for students' use and references.
8. IFHE Congress-Research Study (SLHEA)	Attitude study carried out and reported as Congress by SLHEA representative.
9. Parent Education Program (Njala University College)	Started preliminary survey carried out by Miss Evaline Roy-Macauley. Questionnaire administered to youths and adults. <u>WWV</u> classes will be held twice weekly for village groups by trained fieldworkers pending analysis of the findings of the survey. Miss Roy Macauley will be on sabbatical leave in USA October 1980 to March 1981.

<u>Activity</u>	<u>Comments</u>
10. Curriculum Project (SLHEA)	Continue to make progress. Three integrated units reviewed during Material Development Workshops. - family relationships - human development - responsible living
11. Nutrition and Family Planning	Not yet started--as staff concerned is out of the country on study leave.
12. <u>Working with Villagers</u> Follow-up (Ministry of Social Welfare)	Training and field practices in village setting--Baiaama Chiefdom --to be held first week in November.

Milton Margai Teachers College

FAMILY LIFE EDUCATION PROJECT

Sponsored by
AHEA International Family Planning Project

Purpose: To introduce a course on Family Life Education into the Home Economics program so that students and the pupils or families they teach will:

- a. Recognize the need for family planning and spacing of children
- b. Understand the consequences of population changes and the concept of family life education
- c. Become more familiar with family living patterns, family relationships and cultures in Sierra Leone
- d. Understand the importance of nutrition for the family in relation to family size and composition
- e. Improve home management skills
- f. Be prepared to promote and practice family life education.

Strategy:

Phase I -- One month (October 1980) development of the course outline on family life education for the home economics students. Suggesting appropriate content and methods. This will be accomplished by the staff assigned to the project with the help of a working committee of three persons. Their tasks will be:

- a. to meet for a period of one month--perhaps two times a week to develop the course; to review the materials that have been donated to the department in order to recommend those suitable for students reference; suggest visual aids that could be used to teach the course from those available in the college or need to be requested through AHEA.
- b. they will also indicate the number of classes that should meet per week during the trial phase.

Phase II -- Six months. November 1980 - April 1981

Trial Phase: Three resource persons will be appointed to assist the staff of the Department to test the course over this period each will receive a small honorarium for the contribution to the project and transportation.

Phase III -- Development of a training program for village leaders -- May - August.

Phase IV -- Organize two weeks training course for village leaders -- September 1981

FPIA - SLHEA PROJECT

SIERRA LEONE MODIFICATION 3

Objectives:

1. To provide follow-up family life education, responsible parenthood and family planning services to 10,200 youths through school-based activities; 420 women through "women only" meetings and 2,200 parents through parents meetings.
2. To provide 11,904 clients with IEC and counseling through home visits and a "Hot Telephone Line", which will result in 4,000 new acceptors of non-prescription contraceptives. Additionally, to provide non-prescription contraceptives to 3,464 continuing users.
3. To manage and monitor all project activities in accordance with the policies and procedures of the SLHEA and FPIA terms and conditions.

<u>Objective 1</u>	First Trimester	Second Trimester	Third Trimester
1.1 No. of students to be reached by field assistant	5000	1720	3480
1.2 No. of women to be reached by field assistant	180	90	150
1.3 No. of parents to be contacted by field assistant	980	480	740
<u>Objective 2</u>			
2.1 No. of clients to be contacted by receivers through "Hot Line" telephone	200	360	400
2.2 No. of clients to be contacted by field workers	2048	2000	2096
2.3 No. of clients to be contacted by counseling supervisors	1920	1900	1940
2.4 No. of new acceptors to be recruited by counseling supervisors	512	500	524
2.5 No. of new acceptors to be recruited by counseling supervisors	821	800	843
2.6 No. of continuing clients to be re-supplied by fieldworkers	500	300	396
2.7 No. continuing clients to be re-supplied by counseling supervisors	810	700	758

PERSONS MET AT THE UNIVERSITY OF GUELPH, DURING THE CONFERENCE OF THE CANADIAN ASSOCIATION OF AFRICAN STUDIES

1. Prof. Ed Herole
Department of Family Studies
(discussion on his research on adolescent sexuality and family planning)
2. Prof. Richard Barham, Chairman
Department of Family Studies
(about the program at the University of Guelph and interest in International programs in Africa)
3. Prof. Nora Cebotarev
Department of Sociology and Anthropology
(about home economics framework and participatory research in Latin America. She has great interest in International and Rural Development.)
4. Prof. Kathleen Beacon
Department of Family Studies
(her subject is family economics and personal and family finance),
5. Mrs. Gloria Baxter
(IFHE/CHEA representative for the Province of Ontario)
6. Mrs. Edith Francois
(Graduate student working on Time-Use Research)
7. Prof. Jim Shute
Canadian Association of African Studies
Guelph Committee

AHEA International Family Planning Project
The Sierra Leone Home Economics Association
USAID EVALUATION TEAM VISIT TO SIERRA LEONE

May 4-9, 1980

PROGRAM

Sunday, May 4	Arrivals	Paramount Hotel
Monday, May 5	9:30 am	USAID Office, Mr. Robert Huddleston
	10:30 am	Mrs. Alberta Wright, President, <u>SLHEA</u>
	11:30 am	Mrs. Josephine Aaron-Cole, Project Director, Centre for Family Welfare Education and Counseling, <u>SLHEA</u>
	2:30 pm	Mrs. Caroline Koroma, UNFPA Coordinator
	3:30 pm	Resource Centre, 19 Sanders Street
Tuesday, May 6	9:30 am	Dr. Belmont Williams, Chief Medical Officer Dr. Moira Browne, Deputy Chief Medical Officer, <u>Ministry of Health</u>
	10:30 am	Prof. G. Kpedekpo, ILO Population Expert Population Division, Central Planning Unit Mrs. Eva Richards, <u>Ministry of Development and Economic Planning</u>
	2:00 pm	<u>Planned Parenthood Association of Sierra Leone</u> Mr. Edmund Cole, Executive Secretary
	3:00 pm	Mrs. Rosalind Forde, Chief Social Development Officer Mrs. Admira Davies, Principal Social Development Officer, <u>Ministry of Social Welfare and Rural Development</u>
Wednesday, May 7	9:30 am	Mrs. O.C. Fewry, Chief Education Officer Miss Q. Jarrett, Senior Education Officer (Home Economics) <u>Ministry of Education</u> Visit to a primary school-Home Economics Centre
	2:30 pm	Meeting with Communicators-Paramount Hotel Mrs. Bernadette Cole Mrs. Tonie French Mr. Arnold Gordon
	3:15 pm	Institute of Education--Mr. Younge, Mrs. Lucan, Mrs. Leigh
Thursday, May 8	9:30 am	<u>Milton Margai Teachers College</u> Mr. S.A.S. Adams, Principal Hon. Mrs. Agnes Labor, Head, Home Economics Department Mrs. Lilian Adesimi Davies, Network Member

Thursday, May 8 (cont'd)	11:30	<u>Y.W.C.A. Vocational Institute</u> Mrs. O'Reilly-Wright, Principal Mrs. Alberta Wright, President, SLHEA at Resource Center, 19 Sanders St.
Friday, May 9	9:30	Mr. Abdul Rahman Kamara, PPA.
	10:30	Mr. E.C. Benjamin, Director General Statistics Office (at Resource Centre)
	2:30	Work at Resource Centre USAID, Mr. Huddleston
Saturday, May 10		Departure

Milton Margai Teachers College
Home Economics Department

FAMILY LIFE EDUCATION COURSE

4 hours per week for three terms or 30 weeks

	<u>Hours</u>	<u>Units</u>	<u>Resource Person</u> (to be suggested)
Week 1	2	The Family	
	2	Human Development	
2	2	The Family	
	2	Human Development	
3	2	The Family in a Changing Society	
	2	Human Development	
4	2	The Family in a Changing Society	
	2	Family Planning	
5	2	Marriage	
	2	Family Planning	
6	2	Marriage	
	2	Appropriate Social Behavior	
7	2	Human Relationships	
	2	Appropriate Social Behavior	
8	2	Human Relationships	
	2	Appropriate Social Behavior	
9	2	Human Relationships	
	2	Appropriate Social Behavior	
10	2	Revision	
	2	Tests	
11	2	Population Education	
	2	Communication and Decision Making	
12	2	Population Education	
	2	Communication and Decision Making	
13	2	Population Education	
	2	Communication and Decision Making	
14	2	Population Education	
	2	Communication and Decision Making	
15	2	Consumerism	
	2	Status of Women	
16	2	Consumerism	
	2	Status of Women	
17	2	Consumerism	
	2	Status of Women	
18	2	Responsible Living	
	2	Counseling	
19	2	Responsible Living	
	2	Counseling	
20	2	Responsible Living	
	2	Counseling	
21	2	Revision	
	2	Tests	
22	2	Working with Villagers	
	2	Working with Villagers	

	<u>Hours</u>	<u>Units</u>	<u>Resource Persons</u> (to be suggested)
Week 23	2	Working with Villagers	
	2	Working with Villagers	
24	2	Village	
	2	Village Projects	
25	2	Village Projects	
	2	Village Projects	
26	2	Using Audio-Visual Aids	
	2	Using Audio-Visual Aids	
27	2	Visual Aids in Family Life	
		Education	
	2	Visual Aids in Family Life	
		Education	
28	2	Visual Aids in Family Life	
		Education	
	2	Presentation of Projects	
29	2	Revision	
	2	Exams	
30	2	Exams	

RECEIVED FROM AHEA-IFPP

\$10,400.00 = Le 10,546.15

For the following activities:

Nutrition and Family Planning Project	\$ 1,000.
Parent Education Project	2,200.
Family Life Education	4,600.
Materials Development Workshop	2,600.

Paid to SLHEA Le 600 towards Material Development Workshop as the Le 2000 previously sent for Nutrition Project was used by SLHEA. Therefore the Le 2000 sent for the Materials Development Workshop is held in Regional Assistant Director account for the Nutrition Project.

Therefore, in account is Le 9,946.15 to be disbused as follows:

Parent Education Project	Le2300.15 *
Family Life Education Project	Le4600.00 *
Nutrition/Family Planning	Le3046.00

Payments are being made as needed to the coordinators of these Projects. The Nutrition and Family Planning Project funds are being held pending alternative arrangements by the Ministry of Health for someone to start the Project.

9/30/80

SLHEA - AHEA ACCOUNT STATEMENT

September 1980

Balance in Account for:

Youth Seminar Report	44.30
Communication Workshop	<u>2400.00</u>
	2444.30

Received for:

Material Development Workshop	2600.00
Research Study	<u>795.90</u>
	3395.90

TOTAL IN ACCOUNT Le5840.28

Expenses:

Youth Seminar Report	176.00
Communication Workshop	1854.43
Research Study	794.18
Second Printing of Research Report	142.20
Material Development Workshop	1385.48

TOTAL Le 4352.29

Bank Charges (Le5.00/mo)	<u>30.00</u>
	4382.29

In Account for:

Report of Material Development Workshop and printing of Visuals	Le 1517.99
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9/30/80

Sierra Leone Home Economics Association

YOUTH SEMINAR EXPENSES

<u>Report Evaluation</u>	Le
Assistance with Mimeographing	12.00
Paper and Supplies	91.00
Photographs	33.00
Cover, Printing and Binding	40.00
	<hr/>
TOTAL	176.00

COMMUNICATION WORKSHOP EXPENSES

Received from AHEA	Le 2400.00
Per diem for participants (15@Le60 each)	900.00
Honorarium to four Resource Persons	400.00
Refreshments: Opening	94.00
Closing	68.00
Materials and Supplies, etc.	298.82
Cables--(2@ 3.41)	6.82
Secretarial Assistance	50.00
Miscellaneous including postage and tips	33.79
TOTAL	<hr/> Le 1854.43
BALANCE IN ACCOUNT	Le 545.57

9/30/80

Sierra Leone Home Economics Association

RESEARCH STUDY

Received from AHEA	Le 795.90
Honoraria	280.00
Q. Jarrett/L.A. Davies/A. Wright (at 60.00 each person)	
C. Cline/ E. Roy-Macauly/M. Scott/ J. Aldulai (at 25.00 each person)	
Coding and Analysis	100.00
Transportation to and from Provinces	95.00
Refreshments and Lunch	96.00
Secretarial Assistance	50.00
Printing and Supplies	173.18
TOTAL	Le 793.18

9/30/80

MATERIAL DEVELOPMENT WORKSHOP

Received from AHEA	Le 2600.00
Transportation for participants (local)	384.00
Transportation for participants from Provinces	60.00
Honorarium to Resource Persons	90.00
Meals and Refreshments	640.00
Stationery and supplies	141.48
Secretarial Assistance	50.00
Tips	20.00
TOTAL	Le 1385.48
Balance in Account for Report and Printing of Folders	Le 1214.52

9/30/80

PUBLICATIONS RECEIVED AT THE RESOURCE CENTER -- April-September 1980

Newsletters/Bulletins	83
Journals and Magazines	19
Books and Booklets	23

AHEA PUBLICATIONS SENT OUT -- April-September 1980

Overseas

<u>Working with Villagers</u> kits	4
Teachers Sourcebooks	5
P.R. Brochure	4
THE LINK	30
Resource Handbooks I and II	50 each
Nutrition and Family Planning	25
Reaching Rural Families	10

Local (Callers at Centre and Workshops, etc.)

<u>Working with Villagers</u> kits	10
Teachers Sourcebook	50
THE LINK	200
Nutrition and Family Planning	150
Reaching Rural Families	60
Resource Handbooks I and II	30 each