

Trip Report  
Cairo, Egypt  
January 27 - March 4, 1983

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PDAHN 786

## I. PURPOSE

The trip was undertaken for the following reasons:

1. to conduct focused ethnographic studies to better understand patterns of daily living, social organization, economic processes, and life styles in Kalama;
2. to apply the information obtained in (1) above to systematic studies of time use by the four target individuals (i.e. target (lead) female, male, schooler and preschooler);
3. to apply information obtained in (1) above to finalize instruments and methodologies for (a) conducting the sociodemographic survey of Kalama (b) dietary studies; and (c) time use studies.
4. to improve collaborative working relationships with our Egyptian colleagues by working with the Egypt P.I., senior investigators and others in designing research instruments, training field workers, and conducting pilot studies;
5. to finalize plans for data management in Egypt and data flow between Egypt and the U.S.;
6. to determine practical approaches for improving the sensitivity of research instruments, the training of field researchers, and the quality of data in a long-term, cross-national, bi-cultural and bi-lingual field investigation;

7. to assess the feasibility of proposed field methodologies and instruments;
8. to develop a conceptual and analytic approach to capture the dynamics of change in the village, i.e. Kalama's transitional character

## II. ITINERARY AND WEEKLY WORK SCHEDULE

Thursday, January 27, 1983 - Departure from Kansas City

Friday, January 28, 1983 - Arrival in Cairo

### Week 1 - January 29 - February 3, 1983

Overview, update, and general assessment. Assisted with Egypt's budget for Years 3 and 4. Began ethnographic research in Kalama. Data management.

Others involved: Dr. Osman Galal, Dr. Wafaa Moussa, two social workers, Dr. Zeinab Shaheen, Mrs. Ann Coulson

Friday - February 4, 1983 - Day of Worship and Holiday

### Week 2 - February 5-10, 1983

Revised and upgraded food intake, social performance and sociodemographic survey instruments. Finalized logistics for data management and data flow. Reviewed field strategies for food intake measures. Ethnographic research in Kalama. Project meeting with Egypt P.I., N.I. senior scientists and Drs. Abdou and Zeinab Bishry.

Others involved: Dr. Hussein Khalil, Dr. Osman Galal, Dr. June Wolgemuth, Dr. Wafaa Moussa, Mrs. Ann Coulson, Dr. Farouk Shaheen, two social workers, Drs. Amand Dakroury and Amin K. Said.

Friday, February 11, 1983 - Day of Worship and Holiday

Week 3 - February 12-17, 1983

Reviewed field strategies for food intake measures. Developed mock tables with mock data expected from the village survey. Drafted research instrument for Time Use and other focused ethnographies.

Drafted Manual for Kalama Village survey.

Others involved: Dr. Wafaa Moussa, two dietitians, one social worker.

Friday, February 18, 1983 - Day of Worship and Holiday

Week 4 - February 19-24, 1983

Focused ethnography on Time Use and Activity patterns in Kalama. Developed protocol and trained field researchers for Time Use studies. Upgraded dietary methodology protocols. Revised and upgraded instruments for conducting Kalama sociodemographic survey. Drafted manual for accompanying sociodemographic survey instrument. Stratified households for pilot studies. Developed plan for coordinated pilot studies on 60 households stratified by SES using male occupation and formal education as SES proxy.

Others involved: Dr. Wafaa Moussa, Dr. Amin Abdou, Dr. Zeinab Shaheen, Kalama Clinic staff, Dr. Farouk Ghoneim and Farouk Shaheen, and 11 Nutrition Institute Field researchers.

Friday, February 25, 1983 - Day of Worship and Holiday

Week 5 - February 26 - March 3, 1983

Pilot studies on Time Use in Kalama. Focused ethnography on Activity patterns of Target individuals. Focused ethnography on Child Care and Layout of residences. Revised Sociodemographic survey manual and instrument. Exit interview with Dr. Osman Galal.

Others Involved: Dr. Amin K. Said and eleven field researchers. Drs. Farouk Ghoneim, Farouk Shaheen, Amin Abdou, Wafaa Moussa, Dr. Osman Galal

Friday, March 4, 1983 - Departure from Cairo and Arrival in Kansas City

### III. ACCOMPLISHMENTS AND PRODUCTS

The eight objectives of the trip to Egypt were largely accomplished. I received good cooperation from the staff at the Nutrition Institute. Copies of the revised (English version) sociodemographic survey instrument and manual were mailed out to M.E. and the three Co. PIs on March 25, 1983. Plan of work for coordinated pilot studies of 60 households was also mailed on that date. Results of the Time Use studies are attached.