

**The Final Report
AVSC International USAID
Supported Program in Russia**

January 1995 – March 1999

AVSC International

improving reproductive health services worldwide

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440 9th Avenue
New York, NY 10001**

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SUMMARY

In 1994 the U.S. Agency for International Development (AID) established the Russia Reproductive Health Program Strategy and Action Plan. AVSC's primary role during the Phase I (January 1995 – March 1997) of this program was to establish demonstration sites in health facilities in four oblasts. These demonstration sites (in Ivanovo, Tver, Ekaterinburg, and St. Petersburg) link oblast-level medical training institutions with facilities responsible for delivery of reproductive health care services in the oblast. AVSC's aim has been to develop quality client centered reproductive health services. In 1996, via a subgrant from JSI/SEATS, AVSC International provided training for doctors and midwives from two additional oblasts (Novosibirsk and Primorskiy Kray, Vladivostok). Medical staff received training in integration of clinical and counseling skills. In collaboration with local management consultants, AVSC also worked with the Family Planning Clinic at the Ott Institute of OB/GYN, St. Petersburg, to develop a sustainability work plan, including operating cost estimates, potential revenue sources, and a cost accounting system.

During the Phase II (March 1997 – March 1999) of USAID Reproductive Health Initiative, AVSC International focused its efforts on expanding access to and improving the quality of reproductive health services in eight new oblasts (Penza, Yaroslavl, Omsk, Tomsk, Cheboksary, Tyumen, Perm, and Moscow). Activities included training courses in CTU & RH, minilaparotomy, and integration of counseling and clinical skills for doctors and midwives from eight oblasts. In addition, AVSC International gave small grants to local family planning centers to support series of internal training on clinical and counseling skills in family planning.

From January 1995 to December 1999 AVSC trained

- 2,323 health care service providers in reproductive health seminars, which updated their knowledge of contraceptive technology and related topics
- 378 providers in counseling and clinical skills (particularly IUD insertion)
- 20 doctors in minilaparotomy or laparoscopy services
- 28 senior managers of family planning clinics in the organization of family planning services
- 32 doctors in LAM, breastfeeding, and family centered maternity care (in collaboration with MotherCare)
- 13 doctors as trainers in counseling in family planning and reproductive health

526 service providers were trained during roll-out training courses on CTU/RH and counseling.

AVSC also provided equipment and clinical, counseling and educational supplies to support the development of six demonstration sites (St. Petersburg, Tver, Ivanovo, Ekaterinburg, Novosibirsk, Vladivostok). AVSC further provided technical assistance and disbursed grants to institutions, effectively capitalizing on opportunities, strengthening partnerships, and building local capacity.

In response to the epidemic of sexually transmitted diseases (STDs) in Russia, AVSC in collaboration with the Ministry of Health and Association "SANAM" trained 83 venerologists from 10 oblasts in STD counseling including a training of 18 trainers to conduct roll-out training in STD counseling. Support for these STD related activities came from USAID core funds.

KEY ACHIEVEMENTS

- Many trainees have embraced counseling and client choice, new concepts for service providers. Whereas the previous common practice was to tell a client what method to use (with little discussion), the counseling training helped doctors develop new attitudes and practices that support clients' right to make independent choices regarding contraception and reproductive health.
- Clients praised the services, providers' skills and providers' attitudes, favorably comparing them with the services received at other Women's Consultations.
- The "no touch technique for IUD insertion has been well accepted by trainees and is being consistently implemented. As a result, the quality of clinical services has improved vastly.
- The method mix has changed at the demonstration sites and catchment areas, with greater adoption of hormonal methods than previously, reflecting changes in attitudes as well as availability.
- In each of the demonstration areas the incidence of abortion has decreased. In St. Petersburg the number of abortions during the period 1992-96 decreased by 33 percent.
- Surgical sterilization was introduced in five oblasts.
- A national cadre of trainers were trained to conduct counseling in family planning and STD counseling courses. The capacity to conduct roll-out training activities was developed.

BACKGROUND

In 1994 the U.S. Agency for International Development (AID) established the Russia Reproductive Health Program Strategy and Action Plan. The purpose of this program was to promote “widespread change in the current family planning information and service delivery systems, leading to much greater adoption of modern methods of contraception as an alternative to repeated abortion.” AVSC collaborated with JHPIEGO, John’s Hopkins Population Communication Services, MotherCare (JSI), and the Centers for Disease Control and Prevention. AVSC’s primary role in this program has been to establish demonstration sites in health facilities in four oblasts — Ivanovo, Ekaterinburg, St. Petersburg, and Tver. These demonstration sites link oblast-level medical training institutions with facilities responsible for delivery of reproductive health care services in the oblast. AVSC’s aim has been to develop quality client centered reproductive health services. In 1996, in collaboration with the JSI/SEATS, AVSC International provided training for doctors and midwives from two additional oblasts (Novosibirsk and Primorskiy Kray, Vladivostok). Medical staff received training in integration of clinical and counseling skills. In collaboration with local management consultants, AVSC also worked with the Family Planning Clinic at the Ott Institute of OB/GYN, St. Petersburg, to develop a sustainability work plan, including operating cost estimates, potential revenue sources, and a cost accounting system.

During the Phase II (March 1997 – March 1999), AVSC International expanded its activities, as part of the USAID program to improve reproductive health services in eight new oblasts -- Penza, Yaroslavl, Omsk, Tomsk, Cheboksary, Tyumen, Perm, and Moscow. Activities included training courses in CTU & RH, minilaparotomy, and integration of counseling and clinical skills for doctors and midwives from eight oblasts. In addition, AVSC International gave small grants to local family planning centers to support series of roll-out training courses on clinical and counseling skills in family planning.

ACTIVITIES

AVSC’s activities have included:

- Working with Russian counterparts to develop a plan to establish service-centered training sites; working with cooperating agencies (CAs) in Russia to plan and implement training activities;
- Conducting a needs assessment in Russia to identify appropriate sites; identifying four sites to establish as models—Research Institute of Maternal and Child Health Care, Ivanovo; the Ott Institute of Ob/Gyn, St. Petersburg; Maternity Hospital # 40, Ekaterinburg; and Maternity Hospital # 1, Tver;
- Providing equipment and supplies necessary to support training and services;

- Training service providers in contraceptive technology updates, reproductive health issues, clinical skills (particularly IUD insertion and removal), counseling for family planning and reproductive health, minilaparotomy and laparoscopy service provision, and the organization of family planning services, STD counseling;
- TOT in counseling in family planning;
- TOT STD counseling (See Appendix II);
- With JHPIEGO and the Russian Ministry of Health, cosponsoring a five-day family planning event in Moscow for 80 Russian obstetrician/gynecologists (ob/gyns), approximately half of whom were from regions outside Moscow;
- Disbursing 26 small grants (under US\$25,000) to Russian institutions [See Appendix I];
- Assisting with the clinical and counseling training courses for midwives and doctors in Novosibirsk and Vladivostok (via a subgrant from JSI/SEATS);
- Developing Russian language training materials for medical personnel (See Appendix III);
- Conducting an evaluation of the four demonstration sites in Ivanovo, Ekaterinburg, St. Petersburg, and Tver;
- Developing service statistics forms (in collaboration with CDC) for reproductive health services;
- Creating a cadre of trainers to carry out training activities throughout the country and supporting roll-out training courses;
- Disseminating findings through meetings with officials, presenting at conferences, and publishing materials;
- Supporting a project “Improvement of procedures for collecting abortion statistics data in Russia”.

AVSC completed all of its planned activities in Russia, as well as a number of additional activities not originally planned. Activities completed from April 1, 1995 through March 31, 1999 are listed in Appendix II. AVSC has supported the training of 2,323 service providers in contraceptive technology and reproductive health, 378 providers in counseling and IUD clinical skills (particularly IUD insertion), 20 doctors in minilaparotomy or laparoscopy services, 28 senior managers of family planning clinics in the organization of family planning services, 32 service providers in LAM, breastfeeding and family centered maternity care, and 83 venerologists in STD counseling.

KEY ACHIEVEMENTS

The efforts of AVSC and other CAs working in Russia have demonstrated that with proper training, equipment and commodities, Russian family planning service provision sites can offer quality services to Russian women. Women, in their turn, with proper information, counseling, and access to a broader array of contraceptives, are using a wider range of methods, report satisfaction with the services received at demonstration sites, and appear to be decreasing their reliance on abortion.

- Four demonstration sites were established (St. Petersburg, Tver, Ivanovo, Ekaterinburg).
- Materials were developed, translated in to Russian and distributed among service providers.
- A national cadre of trainers were trained to conduct training courses in counseling in family planning and the STD counseling course. The capacity to conduct roll-out training activities was developed.
- Many trainees have embraced counseling and client choice, new concepts for service providers. Whereas the previous common practice was to tell a client what method to use (with little discussion), training helped doctors develop new attitudes and practices that support clients' right to make independent choices regarding contraception and reproductive health. Family planning counseling is now provided in postpartum and gynecology wards as well as in family planning centers and Women's Consultations. During AVSC's mid-project evaluation 75 clients were interviewed. Clients praised the services, providers' skills and providers' attitudes, favorably comparing them with the services received at other Women's Consultations.
- The "no touch technique for IUD insertion has been well accepted by trainees and is being consistently implemented. Trainees report the expectation that they will see a decrease in expulsions, infection, and accidental pregnancies using this technique.
- By providing free and available contraceptives, reliance on abortion has decreased. Training has reduced unfavorable myths among providers regarding hormonal methods. This, combined with information in the media and from pharmaceutical companies, has led to increased knowledge and use of hormonal methods. The method mix has changed at demonstration sites reflecting changes in attitudes as well as availability, including surgical sterilization as a method of contraception.
- The incidence of abortion declined in each of the demonstration sites. In four of the six demonstration areas the incidence of abortions for the period 1992-96 is less than the national average. The greatest decrease in abortion incidence was observed in St. Petersburg—a 33 percent decline, 10 percent greater than the national average. In

Ivanovo oblast and Primorskiy krai abortion incidence decreased by 27 percent and in Novosibirsk it declined by 24%.

AVSC has assessed and modified its training strategies as the program progressed in order to improve their effectiveness. This included decreasing the size of the CTU groups; experimenting with one-day CTUs; greater integration in the counseling/clinical training; including sessions of STDs in the CTUs and counseling/clinical training; and training in multi-load IUD as well as CoT 380A given the widespread availability of the multi-load. A major modification was bringing all stakeholders together to make programmatic decision, including participant selection. This strategy led to a better understanding of how the entire program was proceeding, a sense of common goals, and greater cooperation among city, oblast and site officials.

APPENDIX I

List of Subagreements and Small Grants Russia, Fiscal Years 95/96, 96/97, 97/98

Grant Number	Subgrantee	Grant Period	Amount	Objectives
Subagreements				
RUS-01-01	Ivanovo, Research Institute of MCHC,	4/1/95 – 3/31/96	\$70,000	Establish a model clinic through training in service delivery and counseling
RUS-02-01	St. Petersburg, the Ott Institute of OB/GYN	4/1/95 – 3/31/97	\$50,382	Establish a model clinic through training in service delivery, counseling, and management
RUS-03-01	Ekaterinburg, Hospital #40	4/1/94 – 3/31/97	\$80,275	Establish a model clinic through training in service delivery and counseling
RUS-04-01	Tver, Maternity Hospital #1	12/1/95 – 11/30/97	\$70,026	Establish a model clinic through training in service delivery and counseling
Small Grants				
RUS-01-99	Moscow, Russia Family Planning Association	4/18/94 – 4/27/94	\$2,567	To initiate contraceptive sterilization services at a selected branch of the Russia Family Planning Association; to conduct a training course in laparoscopic sterilization for two trainees
RUS-02-99	Moscow, Russia Association of OB/GYNs	4/1/95 – 5/15/95	\$10,500	Support of the Russia Association's conference "Effective Contraception"
RUS-03-99	Ekaterinburg, Family Planning & Reproduction Center	4/1/95 – 12/31/95	\$15,952	Carry out ten one day CTU in Ekaterinburg
RUS-04-99	Ekaterinburg, Sverdlovsk Oblast MOH	9/1/95 – 3/1/96	\$5,714	Carry out three one day CTU in Sverdlovsk oblast
RUS-05-99	Moscow, Russia Academy of Medical Sciences	1/1/96 – 4/1/96	\$5,374	Carry out a one week seminar on delivering quality family planning services
RUS-06-99	St. Petersburg, Family Planning Center at the Ott	12/1/95 – 12/1/96	\$6,000	Furnish the new Family Planning

Grant Number	Subgrantee	Grant Period	Amount	Objectives
	Institute of OB/GYN			Clinic, including counseling room and examination room
RUS-07-99	Ekaterinburg, City Health Department	3/1/96 – 1/31/97	\$1,327	Provide the Ekaterinburg Department of Health with a slide projector, screen, and slide set to allow them to carry out CTUs at meetings and events sponsored by the City Department of Health
RUS-09-99	Ekaterinburg, Sverdlovsk Oblast Family Planning Center	9/1/96 – 7/31/97	\$17,600	Carry out 3 day training courses for midwives in Sverdlovsk oblast
RUS-10-99	St. Petersburg, Family Planning Center at the Ott Institute of OB/GYN	9/1/96 – 2/28/97	\$6,000	Supplement staff salaries at the Family Planning Clinic at the Ott Institute of OB/GYN
RUS-11-99	Ekaterinburg, Sverdlovsk Oblast Family Planning Center	10/1/96 – 9/30/97	\$6,010	Provide the Oblast Family Planning Center with a laproscopator and limited other supplies necessary for performing voluntary female sterilization
RUS-12-99	Moscow, Oblast Family Planning Center	1/1/97 – 4/1/97	\$4,500	Carry out a training course on counseling for doctors, social workers, and psychologists from Moscow oblast
RUS-14-99	St. Petersburg, Family Planning Center at the Ott Institute of OB/GYN	4/1/97 – 3/31/98	\$14,940	Provide funds to support family planning clinic's personnel for twelve months
RUS-15-99	Moscow, Oblast Family Planning Center	11/1/97 – 7/31/98	\$6,448	To support the Moscow Oblast Family Planning Center to carry out four training courses in counseling in FP and reproductive health for doctors, midwives, and social workers from Moscow oblast

Grant Number	Subgrantee	Grant Period	Amount	Objectives
RUS-16-99	Ekaterinburg, City Family Planning and Health Center	10/97 – 12/31/97	\$1,000	To support the Ekaterinburg City Family Planning and Health Center to carry out eight CTU training courses for doctors and midwives from Ekaterinburg city
RUS-17-99	Yaroslavl, Maternity Ward at the Hospital #1	11/1/97 – 12/31/97	\$14,770	To support the Maternity Ward at Yaroslavl Hospital #1 to carry out three seminars (two in CTU and one on integration of counseling and clinical skills in family planning) for doctors and midwives from Yaroslavl oblast
RUS-18-99	Penza, Family Planning Center	11/1/97 – 12/31/97	\$14,770	To support the Family Planning Center in Penza to carry out three seminars (two in CTU and one on integration of counseling and clinical skills in family planning) for doctors and midwives from Penza oblast
RUS-19-99	Ekaterinburg, Sverdlovsk Oblast Family Planning Center	10.1.97 – 7/31/98	\$12,778	To support the Sverdlovsk Family Planning Center in Ekaterinburg to carry out five seminars in CTU & RH for family planning service providers from Sverdlovsk oblast
RUS-20-99	Novosibirsk, Diagnostic Center “Yuventus”	11/1/97 – 7/31/98	\$2,500	To support the Novosibirsk Counseling-diagnostic Center “Yuventus” to produce and distribute STD comic books for adolescents
RUS-21-99	Ivanovo, City Family Planning Center	11/1/97 – 12/31/97	\$5,667	To support Ivanovo Family Planning Center to carry out one CTU training course for midwives and two raining courses in

Grant Number	Subgrantee	Grant Period	Amount	Objectives
				counseling for psychologists from Ivanovo oblast
RUS-22-99	Tomsk, City Family Planning Center	1/198 – 3/31/98	\$16,057	To support the Tomsk Family Planning Center to carry out three seminars (two in CTU & RH and one on integration of counseling and clinical skills) for doctors from Tomsk
RUS-23-99	Omsk, City Family Planning Center	1/1/98 – 3/31/98	\$16,057	To support the Omsk Family Planning Center to carry out three seminars (two in CTU & RH and one on integration of counseling and clinical skills) for doctors and midwives from Omsk
RUS-24-99	Cheboksary, Republican Family Planning Center	1/1/98 – 8/31/98	\$13,783	To support Cheboksary Republican Family Planning Center to carry out three seminars (two in CTU & RH and one on integration of counseling and clinical skills) for doctors from Cheboksary
RUS-26-99	Novosibirsk, Oblast Family Planning Center	4/1/98 – 10/31/98	\$8,322	To support Novosibirsk Oblast Family Planning Center to carry out three training courses in counseling, clinical skills, and breastfeeding for gynecologists, neonatologists, and midwives from Novosibirsk city and oblast
RUS-27-99	Vladivostok, Primorskiy Kray Family Planning Center	3/15/97 – 10/31/98	\$9,973	To support Primorskiy Kray Family Planning Center in Vladivostok to carry out four training courses in counseling, clinical skills, and breastfeeding for

Grant Number	Subgrantee	Grant Period	Amount	Objectives
				gynecologists, neonatologists, and midwives from Vladivostok city and Primorskiy Kray
RUS-28-99	Tyumen, Family Planning Department at the Tyumen Oblast Family Planning Center	9/1/98 – 12/31/98	\$11,299	To support the Family Planning Department at the Tyumen Oblast Family Planning Center to carry out two seminars (one in CTU & RH and one on integration of counseling and clinical skills) for doctors from Tyumen and Tyumen oblast
RUS-29-99	Perm, City Family Planning Center	9/1/98 – 12/31/98	\$13,454	To support the Family Planning Center in Perm to carry out three seminars (two in CTU & RH and one on integration of counseling and clinical skills in family planning) for doctors from Perm city and Perm oblast

APPENDIX II

Completed Activities April 1995-March 1999

PLACE	DATE	ACTIVITY	NUMBER OF PARTICIPANTS			
			Doctors	Midwives, nurses	Other	Total
Moscow Oblast						
Moscow	4/19/95	One-day seminary on effective contraception at the annual meeting of Russia Association of Ob/Gyns	130			130
Moscow	2/5-6/96	Reproductive Health Seminar with JHPIEGO and the Institute of Obstetrics, Gynecology and Perinatology in Moscow	80			80
Moscow	2/7-9/96	Seminar on Counseling skills at the Institute of Obstetrics, Gynecology and Perinatology,	31			31
Moscow	1/28-30/97	Counseling Skills, Moscow Oblast Family Planning Center	20			20
Moscow	3/12-14/97	Strategic Planning for Family Planning Managers: Informational Demand for Improving Programs	15			15
Sverdlovsk Oblast, Ekaterinburg City			Doctors	Midwives	Other	Total
Ekaterinburg	4/22/95	CTU for staff of Hospital #40 and heads of women's consultation centers in Ekaterinburg				55
Ekaterinburg	5/19/95	CTU for chief adolescent Ob/Gyns from Ekaterinburg and Sverdlovsk Oblast	43			43
Revda	5/25/95	CTU for all midwives, nurses and Ob/Gyns involved in FP in the region		53		53
Ekaterinburg	9/18-22/95	One week training on Integration of Counseling and Clinical Skills.	19			19
Nizhniy Tagil	6/1/95	CTU for midwives, nurses and Ob/Gyns from Sverdlovsk Oblast.		36		36
Ekaterinburg	7/31/95	With RFPA, lecture on contraception at the annual meeting of the Sverdlovsk Oblast Nurses Association		200		200
Serov	10/9/95	CTU for midwives, nurses and Ob/Gyns from Sverdlovsk Oblast		59		59
Kransoufimsk	10/12/95	CTU for midwives, nurses and Ob/Gyns from Sverdlovsk Oblast		46		46
Irbit	10/17/95	CTU for midwives, nurses and Ob/Gyns involved in FO in region		67		67
Ekaterinburg	11/95-3/96	With RFPA, 6 one-day CTUs in Ekaterinburg for Ob/Gyns and other medical staff from the city hospitals and women's consultation centers				240

Ekaterinburg	1/22-27/96	5-day clinical training in minilaparotomy	3			3
Ekaterinburg	1/16/96	One-day CTU for medical personnel involved in FP in Ekaterinburg	38			38
Ekaterinburg	2/20/96	One-day CTU with RFPA for medical personnel involved in FP in Ekaterinburg	38			38
Ekaterinburg	3/28/96	One-day CTU with RFPA for medical personnel involved in FP in Ekaterinburg				35
Ekaterinburg	4/17/96	One-day CTU with RFPA for medical personnel involved in FP in Ekaterinburg				33
Ekaterinburg	3/11-15/96	Clinical Training in Laparoscopic Sterilization	4			4
Nizhnij Tagil	10/22-24/96	CTU seminar for doctors and midwives from Sverdlovsk Oblast				28
Pervouralsk	10/29-31/96	CTU seminar for midwives from Sverdlovsk Oblast		23		23
Zarechnyi	10/96	CTU seminar for midwives from Sverdlovsk Oblast		22		22
Beloyarka	11/26-28/96	CTU seminar for doctors and midwives from Sverdlovsk Oblast				26
Alayapaevsk	12/24-26/97	CTU seminar for doctors and midwives from Sverdlovsk Oblast				25
Leningrad Oblast (St Petersburg)			Doctors	Midwives	Other	Total
St. Petersburg	6/5-7/95	3-day CTU seminar for Ob/Gyns from St Petersburg, Leningrad Oblast and Ott Institute (demonstration site)	106			106
St. Petersburg	6/8-9/95	2 day workshop for the Ott Institute FP committee on the organization of Family Planning services	10			10
St. Petersburg	12/4-8/95	One-week training on integration of counseling and clinical skills	20			20
St. Petersburg	5/13-17/96	One-week training course on minilap, the Ott Institute of OB/GYN	3			3
St. Petersburg	11/25-29/96	One-week training course in laparoscopic sterilization, the Ott Institute of OB/GYN	3			3
St. Petersburg	December 1996	Training course "Management of Family Planning Services", the Ott Institute of OB/GYN	2			2
St. Petersburg	March 1997	Minilap training course for a doctor from Ivanovo, the Ott Institute of OB/GYN	1			1
St. Petersburg	June 1997	TOT in counseling	13			13

Ivanovo City and Oblast			Doctors	Midwives	Other	Total
Ivanovo	6/12-14/95	CTU seminar for OB/GYNs, nurses, and midwives from Ivanovo Oblast				178
Ivanovo	9/11-15/95	One-week training course on integration of counseling and clinical skills	24			24
Ivanovo	1/29-2/2/96	Training course on minilaparotomy	1			1
Tver City and Tver Oblast			Doctors	Midwives	Other	Total
Tver	3/12-13/96	Two-day CTU course	40			40
Tver	3/14-15/96	Two-day CTU course		40		40
Tver	3/18-22/96	One-week training course on integration of counseling and clinical skills	20			20
Tver	12/2-6/96	One-week training on laparoscopic sterilization	2			2
Novosibirsk (in collaboration with JSI/SEATS)			Doctors	Midwives	Other	Total
Novosibirsk	5/13-22/96	AVSC/SEATS training course in counseling and clinical skills	21			21
Novosibirsk	5/27-6/4/96	AVSC/SEATS training course in clinical and counseling skills		23		23
Vladivostok (in collaboration with JSI/SEATS)			Doctors	Midwives	Other	Total
Vladivostok	6/3-11/95	AVSC/SEATS training course in counseling and clinical skills	20			20
Vladivostok	6/17-25/96	AVSC/SEATS training course in counseling and clinical skills		18		18
PHASE II ACTIVITIES						
Moscow oblast			Doctors	Midwives	Other	Total
Korolev, Moscow Oblast	5/25-29/98	Counseling and Clinical Skills Course on STDs for venerologists	21			21
Moscow	6/8-11/98	Integration of CTU and Counseling Skills Course	13	1		14
Moscow	6/11-16/98	Management of Family Planning Clinic Course	19		1	20
Moscow	1/19-22/99	Counseling and Clinical Skills Course on STDs for venerologists	21			21
Moscow	1/25-28/99	Counseling and Clinical Skills Course on STDs for venerologists	20			20
Moscow	4/5-9/99	TOT STD counseling	18			18

Ekaterinburg			Doctors	Midwives	Other	Total
Ekaterinburg	11/25-28/97	MotherCare/AVSC seminar in LAM, Breastfeeding and Family Centered Maternity Care	15			15
Ivanovo			Doctors	Midwives	Other	Total
Ivanovo	11/18-21/97	AVSC/MotherCare seminar in LAM, breastfeeding and family centered maternity care	17			17
St. Petersburg						
St. Petersburg	5/18-22/98	Counseling and Clinical Skills Course on STDs for venerologists	21			21
Yaroslavl			Doctors	Midwives	Other	Total
Yaroslavl	November-December 1997	Two training courses in CTU & RH	60	28	12	100
Yaroslavl	November-December 1997	Training course on integration of counseling and clinical skills	20			20
Penza			Doctors	Midwives	Other	Total
Penza	January 1998	Two training courses in CTU & RH	117	10	11	138
Penza	January 1998	Training course on integration of counseling and clinical skills	23			23
Omsk			Doctors	Midwives	Other	Total
Omsk	February 1998	Two training courses in CTU & RH	78	18		96
Omsk	February 1998	Training course on integration of counseling and clinical skills	20			20
Tomsk			Doctors	Midwives	Other	Total
Tomsk	March 1998	Two training courses in CTU & RH	58	50		108
Tomsk	March 1998	Training course on integration of counseling and clinical skills	21			21
Cheboksary			Doctors	Midwives	Other	Total
Cheboksary	April 1998	Two training courses in CTU & RH	40	46	4	90
Cheboksary	April 1998	Training course on integration of counseling and clinical skills	18			18
Cheboksary	September 1998	Training course in minilap	3			3
Tyumen			Doctors	Midwives	Other	Total
Tyumen	November 1998	Training course in CTU & RH	50			50
Tyumen	November 1998	Training course on integration of counseling and clinical skills	23			23

Perm			Doctors	Midwives	Other	Total
Perm	December 1998	Two training courses in CTU & RH	100			100
Perm	December 1998	Training course on integration of counseling and clinical skills	23			23

Roll-out Training Activities

Site	Activity	Doctors	Midwives, nurses	Psychologists, social workers or others	Total
Novosibirsk Oblast FPC	Three courses on CTU & RH	60			60
Primorskiy Kray FPC	Four courses on CTU & RH	79	1		80
Sverdlovsk Oblast FPC	7 training courses on counseling and clinical skills	73	59	1	133
Ekaterinburg	Ten courses on CTU & RH	72	65	3	140
Moscow Oblast FPC	Two training courses on CTU & RH	41	2	4	47
Ivanovo Oblast FPC	Three training courses on CTU & RH		26		26
Ivanovo Oblast FPC	Two training courses in counseling in FP			40	40
Total Trained		325	153	48	526

APPENDIX III

LIST OF MATERIALS DEVELOPED BY AVSC INTERNATIONAL AND TRANSLATED INTO RUSSIAN LANGUAGE

1. Methods of Family Planning, Poster, 1994
2. Infection Prevention, Poster, 1995
3. Russian-English English-Russian Glossary of Reproductive Health Terms, 1996
4. Minilaparotomy under Local Anesthesia. A curriculum for doctors and nurses. Participant's handbook, 1996
5. Improving Access to Quality of Care in Family Planning: Medical Eligibility Criteria for Contraceptive Use, WHO, 1996; Russian Edition, 1997
6. Cost Methodology Manual for Clinic Based Family Planning Methods, 1997
7. How to Plan Your Family. Counseling Flipchart, 2nd edition, 1997, 3rd edition, 1998
8. Reproductive Health Seminar. Selected articles and excerpts from English language publications on various issues of reproductive health, 3rd edition, 1997
9. Talking with Clients about Family Planning: A Guide for Health Care Providers, 1997
10. Improving Reproductive Health Services Worldwide, AVSC International promotional folder, 1997
11. Organization of Family Planning Services. Manual for Family Planning Providers, 1998.
12. TOT in Counseling. Participants Manual, 1998
13. STD comic book for adolescents, 1998
14. Russian language slides and transparencies on various issues of reproductive health and family planning, 1998
15. Trainer's package for Reproductive Health Seminar (includes trainer's notes, training matrix, agenda, participant's handouts, set of slides and transparencies, videos, reference materials, etc.), 1998
16. Medical and Service Delivery Guidelines, 2nd edition, IPPF; Russian edition, 1999
17. STD counseling cue cards, 1999
18. Sexually Transmitted Disease. Counseling and Clinical Knowledge workshop. Participant's handbook, 1998
19. Sexually Transmitted Disease. Counseling and Clinical Knowledge workshop. Trainer's manual, 1999.
20. Reproductive Health Services for Adolescents. Participant's handbook, 1999
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