

# **Senior Citizen Contact Information Booklet**

**This booklet was prepared for organizations which provide education about international development to audiences in the United States. Its purpose is to provide contact information to about groups of older adults involved in educational and volunteer programs in communities throughout the United States.**

**Disseminated by:  
The American Association for International Aging (AAIA)  
in conjunction with  
AAIA's Development Education for Retired Americans Project  
The Project is supported by the U.S. Agency for International Development**

**American Association of Retired Persons**

601 E. St. NW.  
Washington, DC 20049  
(202) 434-2300

**Mission:** To help American senior's achieve lives of independence, dignity and purpose, especially through four priority areas (health care, minority issues, women's issues, and worker equity). Activities and services include but are not limited to health, auto and homeowners insurance, motor club, consumer affairs, criminal justice, energy conservation, housing, legal counsel for the elderly and international activities. At present there are 32,000,000 members nation wide with 155,941 being volunteer's.

**Close Up Foundation**

Program for Older Americans  
44 Canal Center Plaza  
Alexandria, VA 22314  
(703) 706-3668

**Mission:** To encourage responsible participation in the democratic process through educational programs in government and citizenship. Some activities and services include a week-long, on-site learning program in Washington, DC, for senior Americans from across the country. More than 8,000 Americans aged 50 years and older have participated in the Close Up programs.

**Corporation for National & Community Service**

1201 New York Ave. NW.  
Washington, DC 20525  
(202) 606-5000

**Mission:** To support state and local volunteer programs such as programs for student and out-of-school youth. This includes those using older Americans as adult volunteers, education and training of professionals, technical assistance, networking, advocacy for older Americans, communication, public policy formation and development of surveys and databases. Activities include national coordination of the Retired Senior Volunteer Program (RSVP), the Senior Companion Program and the Foster Grandparent Program. There are 450,000 RSVP volunteers nationwide.

**Elderhostel**

75 Federal St.  
Boston, MA 0240  
(617) 426-8351

Elderhostel is an independent non-profit organization offering short-term Liberal Arts and Science Education to adults 55 and older. Funding sources include donations and tuition allocation. Activities and services consist of coordination of 1,900 educational institutions world wide, bringing older adults back to the classroom by sending them to campuses across the country and abroad to participate through seminars and non-credit course work.

**Gray Panthers**

2025 Pennsylvania Ave. NW.  
Ste; 821  
Washington, DC 20006  
(202) 466-3132

Mission: To foster acceptance of the concept of aging as growth from birth to death, to help eliminate ageism, to advocate for social change to create a humane society and to act independently in coalition with other movements. Activities and Services include monitoring, organizing and education of the general public and officials, disseminate information, and hold conferences, seminars, demonstrations and conventions every other year.

**Mennonite Association of Retired Persons**

P.O. Box 1245  
Elkhart, IN 46515-1245  
(219) 924-7523

Mission: To develop an awareness of the resources and potential which older adults have to offer and to promote positive attitudes about aging through-out the church. Activities and services include education on the possibilities of living the last third of one's life and making sense of life's changes.

**National Association of Area Agencies on Aging**

1112 16th St. NW., Suite 100  
Washington, DC 20036  
(202) 296-8130

Mission: To help older persons remain in their own homes and communities with maximum independence, self dignity and to help them avoid premature or unnecessary institutionalization. There is a network of nearly 700 federally funded area agencies on aging across the country. For a name of the nearest AAA contact Eldercare Locator Service at (800)879-5400.

**National Council on Aging**

409 3rd. St. SW.  
Washington, DC 20024  
(202) 479-1200

**Mission:** To adhere to the principle that the nation's older people are entitled to lives of dignity, security, physical, mental and social-well being and to full participation in society.

To make society more responsive to older persons by its role as a national resource for program development, training, technical assistance, research, information dissemination and advocacy relating to all aspects of aging. Activities and services include annual conference, humanities education program, retirement planning information and workshops, and work with the Senior Centers through the National Institute of Senior Centers (NISC, see below).

**National Institute of Senior Centers**

National Council on the Aging  
409 3rd. St. SW., Ste.200  
Washington, DC 20024  
(202) 479-1200

**Mission:** To promote quality in the field of Senior Center Services through aid to existing senior centers, development of new centers and to train and consult individuals and organizations. Activities and services include dissemination of information, conduct training seminars and workshops, consults with existing and newly emerging senior centers and represent the interests of senior centers and senior center personnel.

**National Recreation and Park Association**

Leisure & Aging Section  
2775 South Quincy St., Ste. 300  
Arlington, VA 22206  
(703) 820-4940

**Mission:** To support professionals in the field and citizen and philanthropic endeavors to insure young and old have an opportunity to find the best and most satisfying use of their expanding leisure time. Activities and services include public awareness, development, improvement of public policy, professional education and training, information dissemination annual and regional conferences, therapeutic recreation and leisure studies programs.

**National Silver Haired Congress**

11460 Warner Ave.  
Fountain Valley, CA 92708  
(714) 241-6159

**Mission:** Developing a steering committee with representatives from each of the 50 states for a National Silver Haired Congress. Activities include advocacy at the state and national level relative to senior issues.

**Oasis Institute**

7710 Carondelet Ave.  
Ste.125  
St. Louis, MO 63105  
(314) 862-2933

**Mission:** To provide stimulating and challenging educational, cultural health promotional programs, and volunteer opportunities for well and mobile adult population over age 55. Activities and services include sponsorship and coordination of OASIS(Older Adult Service and Information System) programs and activities which maintain and enhance the cultural and intellectual quality of life for this population. For a catalog, call (314) 539-4555.

**RSVP (Retired and Senior Volunteer Program)**

1201 New York Ave. NW.  
Rm.: 9305  
Washington, DC 20525  
(202) 606-5000

**Mission:** To provide matching funds to support operating costs of volunteer programs for retired persons, age 60 and over to participate in community service projects. Activities and services include education and training of professionals, technical assistance, networking, advocacy for older Americans. For a directory of programs call 1-800-942-2677.

**Senior Companion Program**

1201 New York Ave. NW., Rm. 9109  
Washington, DC 20525  
(202)606-5000

**Mission:** To support operating costs for low-income older volunteers age 60 and over providing supportive services and serve as companions to other adults, primarily older adults with mental, emotional, or physical impairments. Services can be provided in a home or hospital.

**SeniorNet**

Senior Net/National Office  
399 Arguello Blvd.  
San Francisco, CA 94118  
(415)750-5030

Mission: SeniorNet provides access to and teaches older adults how to use computer technologies. Individuals can join SeniorNet and enjoy participating in a national on-line network. Individuals may also learn or teach computer skills at one of the 54 SeniorNet Learning Centers around the country.

**Shepherd's Centers of America**

6700 Troost, Ste. 616  
Kansas City, MO 64131  
(816) 523-1080

Mission: To organize a community for effective use of resources to meet the needs of older adults. Activities and services include training centers.

**Silver Haired Legislatures**

11460 Warner Ave.  
Fountain Valley, CA 92708  
(714) 241-6159

Twenty six states have a Silver Haired Legislatures. Members are organized in clubs, chapters and regions that meet periodically to discuss issues and recommend positions on local, state and national issues.