



Reducing Risks: Developing Psychosocial Capacity of Responders: Phase II

Quarterly Report (FY 2016 Q3): April 1-June 30, 2016

A PROJECT OF THE AMERICAN JEWISH JOINT DISTRIBUTION COMMITTEE IN PARTNERSHIP WITH THE
UNIVERSITY OF INDONESIA AND SUPPORTED BY USAID

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DEVELOPMENT OBJECTIVE: PROTECTION



Executive Program Summary

The activities over this last quarter (FY 2016 Q3) have highlighted some of the significant strengths and challenges inherent in implementing a program of this scope, spanning local, regional, and national institutions alike. Through continued fruitful collaboration with numerous government and civil society agencies during the last few months, JDC and UI have successfully:

- Worked with an agency to perform a baseline study evaluating the levels of Psychosocial DRR awareness in the four communities targeted in both Phase I and Phase II of the Reducing Risks initiative
- Conducted the first round of Immersion Course trainings in all four original villages after finalizing training materials, recruiting volunteers, and prepping facilitators for the trainings.
- Worked with MoSA as part of the Psychosocial Support Network to train 83 policy makers from 34 provinces around the country on guidelines for providing psychosocial support in disasters, as well as standardized training materials for administering training on the provincial level.
- Participated in a JDC-organized regional partner gathering about DRR in Manila, Philippines to share the Reducing Risks model and learn from other relevant organizations.
- Advocated for the importance of psychosocial DRR at a meeting hosted by the BPBD of Jakarta for 27 area representatives.
- Facilitated a Psychosocial First Aid (PFA) training for 27 psychology students from the University of Indonesia.
- Co-facilitated a coordination meeting to help align psychosocial support services among 10 different units housed under MoSA.

This report details the aforementioned achievements- including numbers of beneficiaries- during this period spanning April 1-June 30, 2016. A full beneficiary list will be included as an addendum to the report.

Execution and Results of Baseline Survey

At the onset of Phase II, JDC and the University of Indonesia began working with a team to design a baseline survey from which to assess the impact of the Reducing Risks program, both previously in Phase I and moving forward in Phase II. In April, Whinda Yustisia was selected as the lead researcher of this survey. Surveyors completed the questionnaires in the villages in late May and early June, immediately prior to the execution of the first round of immersion course trainings in the different villages. The study measured data among households in the community as well as among the participating volunteers. Twelve surveyors from the four targeted communities collected the baseline data. Households were surveyed between May 26-June 3, and the volunteers were surveyed on the first day of training. In addition, surveyors led focus group discussions among volunteers and residents of some of the most vulnerable areas of the villages. The study's results (included as an appendix) highlight significant gaps in awareness among the villagers surveyed, thus reinforcing the need for the updated curriculum training in the four villages. The complete results are included as an appendix to this report. In the coming months, JDC will be analyzing the outcomes and recommendations of the baseline study from two perspectives assessing both:

- The effectiveness of the methodology employed for the survey, and
- What modifications to program implementation might be necessary moving forward based on the outcomes of this survey.

Recruitment and Training for Phase II Immersion Course

INDICATORS ADDRESSED:

Indicator 1: Number of People Trained in Psychosocial DRR
Indicator 3 (JDC Indicator 1): The Development, Implementation, publication and promotion of a curriculum

Following the curriculum refinement workshop that took place in March 2016, efforts continued during this quarter to complete the production of the revised materials including:

- A Revised syllabus
- Pocket book with reading materials
- Training manual
- Assorted Immersion course materials such as brochures, flyers, posters, flipcharts, etc.

The revised curriculum these courses implemented was spread out between two sessions (a total of 40 hours) that took place over the course of two months. The first session was two-days long and the second session was three-days long. The topics for each part were:

- Part 1: Disaster preparedness and an overview of the basic concept of psychosocial support
- Part 2: Psychological first aid, managing psychosocial support at temporary shelters, and self-care.

The final draft of the facilitator manual and pocket book for the first phase of the Immersion Course trainings were finalized in mid-May, and were then distributed to all training facilitators and co-facilitators.

At the same time, efforts of the Crisis Center concentrated on recruitment of participants in the four villages.

Toward this end, the Crisis Center led community awareness raising activities in all four villages between April and mid-May, 2016.

No.	28 - 29 May 2016		1 - 2 June 2016	
	Bojong Koneng	Sukamakmur	Karang Tengah	Cibadak
1. Location	Village Office	Village Office	Sentul Eco Edu Tourism Forest	Cunguk Cakira Wadana
2. Governmental agency in disaster related issues	5 members of Village Disaster Response Task Force from <u>GJayanti</u> Village	5 members of Village Disaster Response Task Force from <u>Sukawangi</u> Village 3 community social workers from <u>Sukamakmur</u> Sub District	5 members of <u>TAGANA</u> District of Bogor 2 community social workers from <u>Babakan</u> Madang Sub District.	2 members of <u>TAGANA</u> District of Bogor
3. Total Participants (including members of govt. agency)	33 volunteers	33 volunteers	49 volunteers	24 volunteers
4. Graduates: Granted certificate of participation	26 volunteers	27 volunteers	40 volunteers	14 volunteers
5. Government officials opening the training	• Secretary of the <u>Babakan</u> Madang Sub District • Mr. <u>Sukma</u> (Coordinator of Sub District <u>BPR</u>) • Mr. <u>Saeudin</u> (Secretary of the Village)	• Mr. <u>Okim Sumarna</u> (<u>Sukamakmur</u> Sub District Safety and Security Section Chief) • Mr. <u>Ansori</u> (Head of Village) • Mr. <u>Doni</u> (Coordinator of Village Volunteers)	• Secretary of the <u>Babakan</u> Madang Sub District • Mr. <u>Subandi</u> (Head of Village)	• Mr. <u>Okim Sumarna</u> (<u>Sukamakmur</u> Sub District Safety and Security Section Chief) • Mr. <u>Cecep</u> (Secretary of the Village)
6. Additional Guest / Observer			• Head of <u>TAGANA</u> Bogor • Represent atives of Community Social Workers	• Head of <u>TAGANA</u> Bogor



The first batch of Immersion Course trainings of the Reducing Risks Phase II project took place in late May and early June in the four villages in Bogor: Bojong Koneng, Karang Tengah, Cibadak and Sukamakmur. A total of 139 volunteers participated in the training and 105 graduated the course. Most of those who did not graduate failed because they did not meet the 75% attendance requirement. In addition to the volunteers, government representatives and community leaders were invited to participate in order to secure broad-based support of the volunteer core being developed.

Part 2 of the Immersion Course in Bogor will take place August 5-7, 2016 in Bojong Koneng and Sukamakmur, and August 8-9, 2016 in Cibadak and Karang Tengah.

Challenges to Recruitment Process

Among the outputs of the Curriculum Revision Workshop that took place during the last quarter was a list of recommended criteria for village leadership to consider in selecting the village volunteers who will participate in the Immersion Course trainings. These criteria included age

as a consideration, given that several villages in Phase I sent teen volunteers due to their scheduling flexibility.

The result of these defined criteria was that, in three out of four villages, the volunteers for Phase II training included a comfortable mix of senior and young adults. However, in Cibadak, the demographics of the volunteers were similar to Phase I, and only 14 out of 24 of those who began the course completed it. Currently JDC and the University of Indonesia are looking for ways of engaging the Cibadak village leadership more effectively in the selection process and ensuring a solid core of volunteers moving forward.

Determining Locations for New Villages

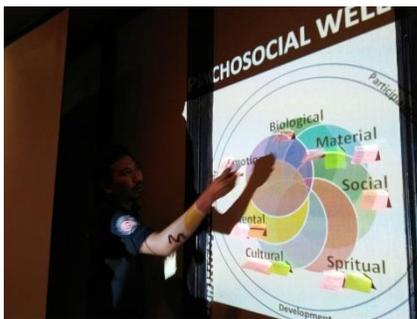
In the coming months, an assessment will be completed in Sinabung to determine if it meets the criteria for the program expansion. Note that preliminary trips and surveys have already been accomplished in this area. Efforts are currently underway to develop the framework for the baseline study for the new locations.

Influencing Policy Makers and Positioning the Crisis Center as a National Resource for Psychosocial Training in DRR

INDICATORS ADDRESSED

Indicator 5 (JDC Indicator 3): The inclusion of psychosocial response in DRR
Indicator 6 (JDC Indicator 4): Crisis Center capacity built

Building off the collaborative relationship developed over the preceding months between the Crisis Center and the Ministry of Social Affairs, the Crisis Center has continued to play a critical role in shaping the trainings for policy makers organized by MoSA. On June 20-24, MoSA in collaboration with the Psychosocial Support Network, of which the Crisis Center is a participating member, carried out the training program directed to policymakers on the provincial level. The event took place at the Mercure Hotel in Ancol, Jakarta. The training targeted representatives from each of 34 provinces around the country (66 provincial reps attended in all) plus 17 participants from



nongovernmental organizations/institutions consistently engaging in disaster response or assisting TAGANA (Sahabat TAGANA). The output of the training was for each participant to produce [1] a complete final draft proposal and budget allocation for organizing Psychosocial Support Training, [2] a complete final draft proposal and budget for psychosocial programming in their province. At the end of the training, 50% of participants were able to produce a final draft of both targeted proposals, with one province producing the most progressive and complete final draft of both outputs. The other 50% will need further assistance from the facilitator in completing their proposals.

In addition, the University of Indonesia Crisis Center is working with the Psychosocial Support Network and the Ministry of Social Affairs (MoSA) to develop guidelines and a curriculum for training in Psychosocial Support in Disasters for the six MoSA Centers for Education and Social Welfare Training located in different regions around the country. Following meetings last month, it has been determined that the training will have two levels: basic and advanced. The advanced training will be divided into two tracks (specialist 1 – development of psychosocial programming; specialist 2 – practitioner training). Below are the initial ideas for the training. The final draft will be discussed in the upcoming meeting in August.

Basic Level	
<ul style="list-style-type: none"> • Understanding the social impact of disaster • Understanding various psychosocial responses following a disaster • Understanding the basic concept of psychosocial support • Understanding the various models of psychosocial support activities 	
Specialist 1	Specialist 2
<ul style="list-style-type: none"> • Conducting psychosocial assessment • Performing PFA in emergency situations • Planning and implementing psychosocial support programs in preparedness, emergency, and post emergency situations 	<ul style="list-style-type: none"> • Conducting psychosocial intervention to individual, group, and community • Planning and implementing psychosocial intervention for specific groups: women, children, adolescents, adult survivors, elderly, and people with disabilities.

Other recent opportunities to improve coordination and advocate for psychosocial DRR include:

- On May 12th 2016, the Crisis Center helped lead an advocacy session at the BPBD of Jakarta Province for 27 area representatives. The purpose of the meeting was to encourage leadership to acknowledge the importance of developing the psychosocial component in DRR efforts.
- On May 28th 2016, the Crisis Center facilitated a Psychosocial First Aid (PSA) training for 27 psychology students from the University of Indonesia. The goal of the training was not only to build the capacity of students but also to enhance the resources of the Crisis Center by involving the students in the ongoing education and engagement of the village volunteer trainees. Hopefully, these students will not only be able to respond to disasters, but also participate and take leadership roles in psychosocial DRR activities on campus.
- On May 30th 2016, the Crisis Center facilitated a coordination meeting among ten different technical units housed under the auspices of MoSA. This meeting was similar to the one facilitated in January 2016, but this one specifically targeted MoSA offices. The purpose of the meeting was to align and coordinate all psychosocial support programs overseen by each department so as to streamline activities and resources.

Sharing Knowledge Regionally



In June 2016, JDC invited key representatives from the University of Indonesia Crisis Center staff to attend the JDC Philippines partner conference that took place in Manila. The conference, held June 21-22, was designed in order to share best practices and develop a network committed to continuing the positive impact created by the various livelihood, community-based disaster risk reduction, psychosocial, and education projects. The Crisis Center participants were Martina Estrely (Program Manager at CC) as well as Professor Sri Hartiati Suradijono (Vice Dean of Research, Academics, and Student Affairs—Faculty of Psychology, University of Indonesia). The Crisis Center was

given the opportunity to share its experience in mainstreaming the psychosocial support in DRR in Indonesia, and several Philippines-based partners expressed interest in studying the model more closely.

Looking Ahead



In the coming months, program efforts will focus on:

- Designing and implementing a robust 12-month Ongoing Education (OE) program to strengthen the network of village volunteer trainees. The first of such sessions will take place in July 2016. The syllabus for this OE curriculum will be based on inputs received during the training and on the recommendations that have emerged from the baseline study.
- Determining the new location for the next round of Immersion Course trainings. Once again, the new location will be finalized in the fall 2016 following the assessment.
- Exploring directions for small research grants focusing on community resilience. As part of this process, JDC and the University of Indonesia are also looking into possible collaborations with other faculties within the University including the faculties of Psychology, Anthropology, Social Welfare, Public Health, and Others.