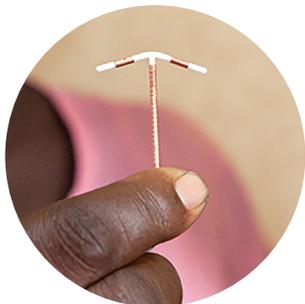


# Not ready to get pregnant?



## Think about an IUD or Implant



INTRAUTERINE DEVICE  
(IUD)



IMPLANT

The IUD and implant can help you wait until you are ready to start a family.

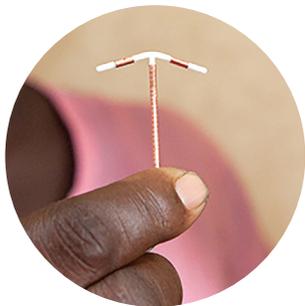
IUDs and implants last a long time, are easy to use, and are the most effective pregnancy-prevention methods. IUDs and implants are safe for women of all ages, even for young women who have not had a child or are not married.

**Talk with a healthcare provider today** about finding the right contraceptive method that fits your life.

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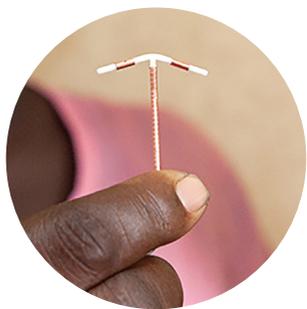
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# My IUD means:

- ✓ Less to worry about.
- ✓ More to dream about!

## An IUD could be the right contraceptive choice for you:



INTRAUTERINE DEVICE (IUD)

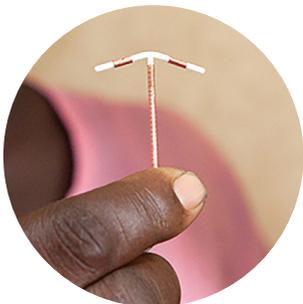
- Safe & Effective for all ages
- Private — Can't be seen or felt
- Easy — Quick insertion by a trained provider
- Removable when you're ready to get pregnant
- Long-acting protection against pregnancy

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Live your  
**dreams.**



## Think about an **IUD** or **Implant**



INTRAUTERINE DEVICE  
(IUD)



IMPLANT

An unintended pregnancy can detour your dreams.

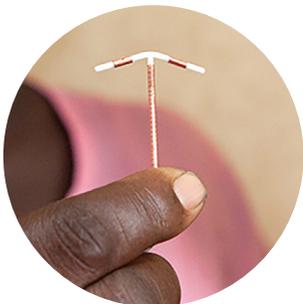
Long-acting reversible contraception, like the IUD or implant, is safe, effective, and can help you live the life you plan yourself.

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Achieve your  
**dreams.**



## Think about an **IUD** or **Implant**



INTRAUTERINE DEVICE  
(IUD)



IMPLANT

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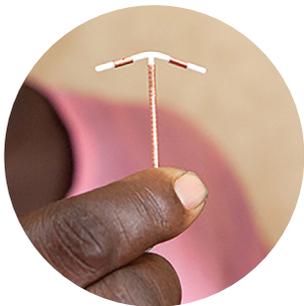
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Make good decisions  
**together.**



## Think about an IUD or Implant



INTRAUTERINE DEVICE  
(IUD)



IMPLANT

As you plan your future together, talk with a healthcare provider about the birth spacing method that is right for you.

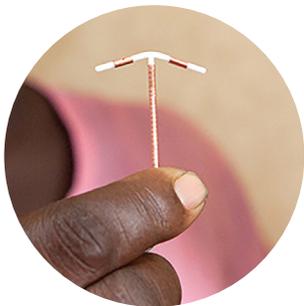
IUDs and implants are the most effective methods, and are safe for women of all ages, even if they have not yet had a child.

**Talk with a healthcare provider today** about finding the right contraceptive method that fits your life.

Make good decisions  
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## Think about an **IUD** or **Implant**



INTRAUTERINE DEVICE  
(IUD)



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