



Suaahara | Homestead Food Production (HFP) to Improve Dietary Diversity and Nutrition

Suaahara is a USAID-funded five year (2011-2016) program that addresses the causes of undernutrition in 41 districts of Nepal by uniquely integrating nutrition with agriculture, water, sanitation and hygiene (WASH), and health care interventions.

Access to diverse, micronutrient-rich food contributes to improved food security and nutritional status of households. HFP through establishing home gardens and raising small animals, like poultry, helps to increase household access to nutritious vegetables and animal source foods.

What did we do?*

Capacity building on HFP



153,977

1000 days¹ mothers and their family members



1,628

agriculture and livestock workers

Agricultural supports



112,170

households provided packets of seeds for nutritious, seasonal vegetables



89,680

households provided with poultry



Estimated 95,345

home gardens established



5,977

Individuals trained as a resource and support for other home gardeners in the area

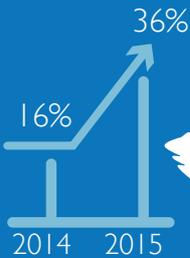
HFP beneficiaries group registration

64 groups registered in the District Agriculture Development Office or District Livestock Services Office to receive related government services and inputs

29 brooding centers initiated to increase households access to improved chickens

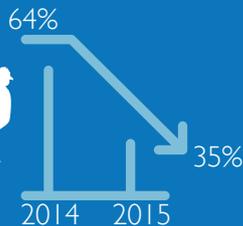
What we achieved?

Improvement in knowledge and practices on raising poultry **



Awareness on New Castle Disease vaccination increased by 20% from 2014 to 2015

Households with poultry in free range system (chickens not kept in coop/shed during day time) has decreased by 29% points from 2014 to 2015



Egg production has increased by 1.6 eggs per households between 2014 and 2015

Increased number of home gardens with diverse and nutritious vegetables planted in fixed plots ***



Access to vegetables for more months of the year***



Increased diversity in children's diets ****

More children's diets with access to a home garden have an adequately diverse diet than children without access to a home garden.



84%

Home gardens with diversified vegetables production



71%

Home gardens without diversified vegetables production

Sources

* Routine Monitoring Data 2012-2016

** Seasonal monitoring of homestead food production: Dry season 2014-2015

*** Suaahara Annual Outcome Monitoring Data 2013-2015 in initial 20 districts

**** Suaahara Annual Outcome Monitoring Data 2015 in initial 20 districts

1. The period from the conception (or start of pregnancy) to 2 years after birth



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SUAAHARA
Building Strong & Smart Families