



SCIP Improving the Quality of Life in Nampula

STRONGER, HEALTHIER FAMILIES

From 2009 to 2015, across 15 districts of Nampula province, Pathfinder International and its partners implemented the USAID-funded Strengthening Communities through Integrated Programming (SCIP) project. In close collaboration with the government, SCIP aimed to improve families’ health and overall wellbeing by delivering this targeted package of interventions:

Expand access to information and services for sexual and reproductive health, maternal and child health, HIV, malaria, clean water, sanitation, and hygiene.

Create a bridge between communities and distant health facilities—mobilizing community leaders to promote health-seeking behavior, improving referral systems, and deploying mobile outreach brigades to deliver health care locally.

Build the skills of clinical providers and help facilities secure supplies and resources, so clients can access the quality, lifesaving care they urgently need.

Responding to Urgent Needs in Nampula —The context in which the SCIP project was operating—

- Population: Approximately 4 million¹
- Contraceptive prevalence rate: 5%. Unmet need: 25%²
- Approximately 175,000 people lived with HIV³
- One of the highest infant mortality rates in the country—109 deaths per 1,000 live births⁴
- Over 50% of households without access to an improved drinking water source, and nearly 85% without access to safe sanitation facilities⁵

1 CENSUS OF MOZAMBIQUE 2007
 2 MOZAMBIQUE DHS 2011
 3 2009 INSIDA SURVEY
 4, 5 2008 MULTIPLE INDICATOR CLUSTER SURVEY

RESULTS

Communities faced urgent and complex challenges. SCIP supported the government and communities to implement multisectoral solutions that have transformed the health and lives of families across Mozambique’s most populous province.

17 MILLION+
 contraceptive methods distributed, including pills, IUDs, condoms, injectibles, and implants

270,000+
 packs of contraceptive pills distributed through community-based networks

140,000+
 new users of family planning

3.7 MILLION+
 antenatal care visits with a skilled provider

700,000+
 deliveries performed at health facilities



33,600+
 community health workers and volunteers sensitized community members on health issues, directly distributed pills and condoms, and referred clients to facilities for additional care

100
 health facility co-management committees ensured community needs are addressed by their health system

31,000
 community leaders joined nurses to lead “hot topic” discussions on contraception, institutional deliveries, and other critical topics for their communities

700+
 community leaders trained in the importance of male involvement in sexual and reproductive health



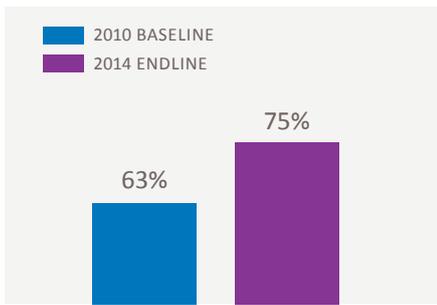
270+
 water sources repaired or constructed

NEARLY 50,000
 latrines constructed

28,000+
 young farmers, including orphans and vulnerable children, trained on improved farming techniques and food handling, use, and storage

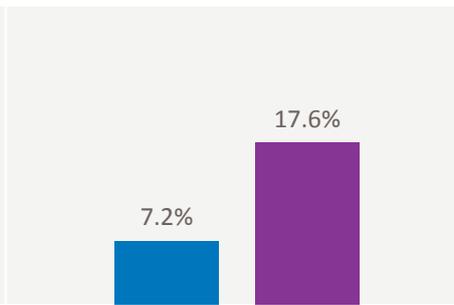


↑ INSTITUTIONAL DELIVERY



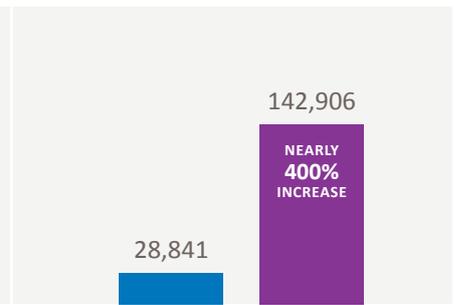
% WOMEN GIVING BIRTH AT FACILITY WITH SKILLED PROVIDER
SCIP project areas

↑ CONTRACEPTIVE USE



% WOMEN OF REPRODUCTIVE AGE CURRENTLY USING CONTRACEPTION
SCIP project areas

↑ COUPLE YEARS OF PROTECTION



ESTIMATED YEARS COUPLES WILL BE PROTECTED FROM PREGNANCY
Measured using total amount of contraceptive methods distributed at SCIP sites

PHOTOS: Sala Lewis and Maren Vespia



“This increase in institutional delivery is changing the lives of mothers and newborns. Here at the hospital, we are ready to assist them in any situation... As a woman, I feel happy to see another woman happy. By reducing maternal death and child death...and providing family planning services that support a woman’s health, her children, and her whole family, I am helping the community. When I see children are growing better, and I see mothers healthy, I am proud.”
—Luisa Combi, Nurse

“All of these changes started with SCIP. We discussed how to improve our community—the benefit of women delivering their babies at the health facility, family planning, how to take care of your children, using a latrine... The best thing SCIP did was involve us community leaders. People believe in us. They trust us. When we said it is better to go to the hospital, they followed. Now it is our job to make sure these changes last.” —João Abilio Mutato, Vice President of Naihava’s Community Leadership Council

“Today, I am happy because of what I have learned. I want to be an example. I tell women that at the hospital, where I had my second and third babies, I didn’t suffer. My husband and I were even told how to prevent HIV...how to feed our children. I got a mosquito net. They took good care of me. You get all the options for family planning. If you want, you can choose pills, an injection, implant, IUD. It’s your choice.”—Rosalina Manuel, Client



USAID
FROM THE AMERICAN PEOPLE



Pathfinder
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Sexual and reproductive health
without fear or boundary



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PATHFINDER INTERNATIONAL is driven by the conviction that all people, regardless of where they live, have the right to decide whether and when to have children, to exist free from fear and stigma, and to lead the lives they choose. Since 1957, we have partnered with local governments, communities, and health systems in developing countries to remove barriers to critical sexual and reproductive health services. Together, we expand access to contraception, promote healthy pregnancies, save women’s lives, and stop the spread of new HIV infections, wherever the need is most urgent. Our work ensures millions of women, men, and young people are able to choose their own paths forward.

Change lives with us. pathfinder.org