



MOHISW



REPUBLIC OF LIBERIA
MINISTRY OF HEALTH AND SOCIAL WELFARE

MOHISW

PREGNANT WOMAN HEALTH CARD



HEALTHY LIFE FOR A HEALTHY LIBERIA

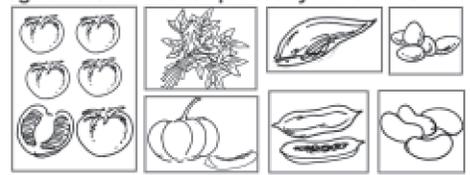
POST NATAL CARE

RECORD OF POST NATAL CARE (WITHIN 6 WEEKS AFTER DELIVERY)	INTERVENTION HEALTH ED/REMARKS	GENERAL Health Status	VTAMINA 200,000 IU SINGLE DOSE	LOCHIA	PERINEUM	Hgb	FUNDAL HEIGHT	BREAST	DATE	

HOW TO USE YOUR WOMEN'S HEALTH CARD

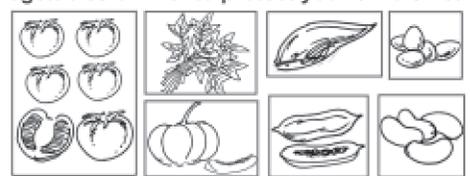
1. When this message has been delivered to the parents, mark the square.

 Father, ensure your wife eats ripe fruits, egg and vegetables or liver to protect your child's health.



2. Mark the square a second time when the message has been repeated to the parents.

 Father, ensure your wife eats ripe fruits, egg and vegetables or liver to protect your child's health.



3. Fill the square after the parents have taken the action.

 Father, ensure your wife eats ripe fruits, egg and vegetables or liver to protect your child's health.




ANTENATAL CARE

B	GRAVIDA _____					PHYSICAL EXAMINATION:		
	PARA _____					N	ABN	N
	FT	P	A	LN	COLOR () ()	BREASTS ()		
					HEART () ()	NIPPLES ()		
					LUNGS () ()	ABDOMEN ()		
ROUTINE DRUGS:			1	2				

PRENATAL

DATE	BP	WEIGHT	GESTATION	FUNDS	PRESENTATION	FHT	COLOR HGT

INITIAL LAB FINDINGS: HB.....M/S.....Syphilis.....

DELIVERY REC

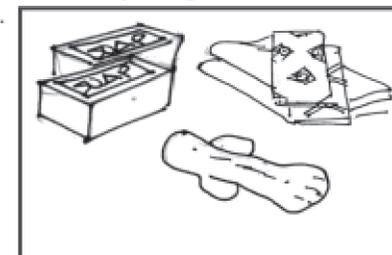
1. DATE	2. TIME	3. PLACE HOME ()	HOM
5. ATTENDED BY:		CM ()	RN () MD () OTHER
8. WEIGHT: ABOVE 2500 GM ()		BELOW 2500 GM ()	9. APGAR

LABOR AND DELIVERY

Husband, save enough money when your wife is pregnant so you can take care of any possible problem that may occur, such as transportation, buying baby cloths during labor and delivery.

Mother/Father, in order to protect both the baby and the mother from being exposed to any illness, prepare all necessary things needed for safe delivery before the baby is born.

- Soap for washing the hands
- Baby cloths
- Baby socks
- Clean cloth (Lapper) to wrap the baby
- Sanitary Pads



Big belly woman, if you deliver at the clinic or hospital, you will get a better care for you and your new baby



Baby ma, baby gran ma, give only tay tay as soon as the baby is born to make it healthy and not cry too much.

Baby ma, make sure to give the yellow tay tay water to stop baby from getting sick.



Mother, do not apply or put anything including tay tay water, water, country medicine to the baby cord until it gets dry and drops.

Baby ma, wrap the baby in a clean blanket or lappa immediately after birth to keep the baby warm.

INTERMITTENT PREVENTIVE TREATMENT (IPT)

A

Pregnancy status	Time of ANC VISIT				Women Receiving IPT		
	1st	2nd	3rd	4th	First Dose	Second Dose	More Than 2 Doses
1st Trimester							
2nd Trimester							
Received ITN at ANC						Yes <input type="checkbox"/>	No <input type="checkbox"/>

B

Pregnancy status	Time of ANC VISIT				Women Receiving IPT		
	1st	2nd	3rd	4th	First Dose	Second Dose	More Than 2 Doses
1st Trimester							
2nd Trimester							
Received ITN at ANC						Yes <input type="checkbox"/>	No <input type="checkbox"/>

C

Pregnancy status	Time of ANC VISIT				Women Receiving IPT		
	1st	2nd	3rd	4th	First Dose	Second Dose	More Than 2 Doses
1st Trimester							
2nd Trimester							
Received ITN at ANC						Yes <input type="checkbox"/>	No <input type="checkbox"/>

D

Pregnancy status	Time of ANC VISIT				Women Receiving IPT		
	1st	2nd	3rd	4th	First Dose	Second Dose	More Than 2 Doses
1st Trimester							
2nd Trimester							
Received ITN at ANC						Yes <input type="checkbox"/>	No <input type="checkbox"/>

- Big belly woman, make sure you go to the big belly clinic to get IPT (Malaria medicine) to keep you from getting malaria and keep your unborn baby healthy.

PREGNANCY AND STI/HIV TESTING - PMTCT

PMTCT means Prevention of Mother to Child Transmission of HIV.

- When you know you have a big belly, go to the big belly clinic to be tested for Syphilis and HIV to make sure you get the best care for you and your unborn baby.
- If you are HIV Positive, go to the “PMTCT clinic” to receive appropriate care and information for a healthy pregnancy and strong baby.

