



USAID
DEL PUEBLO DE LOS ESTADOS
UNIDOS DE AMÉRICA

**JÓVENES SALUDABLES
HONDURAS**



PROJECT

**STRENGTHENING ADOLESCENT
REPRODUCTIVE HEALTH IN HONDURAS
USAID/ HEALTHY YOUTH HONDURAS**

QUARTER 1 NARRATIVE REPORT FY 2015

COOPERATIVE AGREEMENT: NO. AID 522-A-13-0000



October 1st - December 18th, 2014.

Date: December 23th, 2014.

The preparation of this document has been made possible by the generous support of the United States Agency for International Development (USAID), under the Cooperative Agreement No. AID 522 - A - 13-00001. The content is responsibility of the Project "Strengthening the Sexual and Reproductive Health Services for Youth and Adolescents in Honduras "Healthy Youth".

Contents

I.	EXECUTIVE SUMMARY.....	5
II.	PROJECT CONTEXT AND OBJECTIVES.....	6
III.	PROGRESS ON ACTIVITIES TOWARDS RESULTS	8
1.	GENERAL PROJECT ACTIVITIES.....	8
2.	CREATING STRATEGIC ALLIANCES.....	8
3.	STRATEGIC INFORMATION (DEVELOPMENT OF RESEARCH THAT WILL PROVIDE EVIDENCE BASED INFORMATION TO INFLUENCE PROGRAM DECISIONS). 10	
4.	REVIEW, ADAPTATION AND/OR DESIGN METHODOLOGIES AND INTERVENTION STRATEGIES OF NON-SCHOOLED TEENAGERS (OUT- OF-SCHOOL YOUTH, ACTIVITIES).	10
5.	IMPLEMENTATION OF EDUCATIONAL ACTIVITIES WITH NON SCHOOLED YOUNG PEOPLE.....	11
6.	COORDINATION WITH SCHOOLS AND STRENGTHENING OF THE TEACHER... CAPACITY TO IMPLEMENT THE “CARING FOR MY HEALTH AND MY LIFE” METHODOLOGICAL GUIDES.	14
7.	EDUCATIONAL ACTIVITIES IN SCHOOLS.	17
8.	OUT- OF- SCHOOL AND IN SCHOOL YOUTH (SUMMARY).....	20
9.	MASS MEDIA AND SOCIAL NETWORK CAMPAIGNS.....	22
10.	DESIGN AND IMPLEMENT COMMUNITY MOBILIZATION ACTIVITIES ON SPECIAL EVENT DAYS WITH OTHER ORGANIZATIONS.	23
11.	FRIENDLY CONDOM POINTS OF SALE	26
IV.	MONITORING AND EVALUATION	26
V.	CHALLENGES AND PROPOSED SOLUTIONS.....	28
VI.	COORDINATION WITH OTHER PARTNERS.....	28
VII.	GENDER COMPONENT.....	31
VIII.	FINANCIAL REPORT.....	32
IX.	LESSONS LEARNED.....	32
X.	KEY FINDINGS	33
XI.	LIST OF KEY PERSONNEL INVOLVED IN THE PROJECT IMPLEMENTATION. ...	33
XII.	ANNEXES.....	34

ACRONYMS

AJH	Alianza Joven Honduras
AMDA	Asociación de Médicos de Asia
AMHON	Asociación de Municipios de Honduras
ASHONPLAFA	Asociación Hondureña de Planificación Familiar
ASJ	Asociación por una Sociedad más Justa
ASRH	Adolescent Sexual and Reproductive Health
BCC	Behavior Change Communications
CARSI	Central America Regional Security Initiative
CASM	Comisión de Acción Social Menonita
CDC	Center for Disease Control and Prevention
CDH	Centro de Desarrollo Humano
CEB	Centro de Educación Básica
COCSIDA	Centro de Orientación y Capacitación en SIDA
COMVIDA	Comunicación y Vida
CONATEL	Comisión Nacional de Telecomunicaciones
CONEANFO	Comisión Nacional para el Desarrollo de la Educación No Formal
COPEITSA	Comité Comunitario para la Prevención de Embarazos no Planificados e ITS en Adolescentes
CSO	Civil Society Organization
COSOCITELA	Coalición de la Sociedad Civil de Tela
ENAPREAH	National Adolescent Pregnancy Prevention Strategy
FP	Family Planning
FUNADEH	Fundación Nacional para el Desarrollo de Honduras
HIV/AIDS	Human Immunodeficiency Virus/Acquired Immunodeficiency Syndrome
IHSS	Instituto Hondureño de Seguridad Social
INFOP	Instituto Nacional de Formación Profesional
INJ	Instituto Nacional de la Juventud
INL	Bureau International Narcotics Bureau of International Narcotics and Law Enforcement Affairs
IPC	Interpersonal Communications
MARPs	Most-at-risk-populations
M&E	Monitoring and Evaluation
MOE	Ministry of Education
MOH	Ministry of Health
NGO	Non-Governmental Organization
OCs	Outreach Centers
PAIA	Programa Nacional de Atención Integral al Adolescente
PASMO	Pan American Social Marketing Organization
PDA	Programa de Desarrollo de Área
PERFORM	Performance Framework for Social Marketing and Communications
PMP	Performance Monitoring Plan
PSI	Population Services International
SAM	System Activity Monitoring

SICA	Sistema de la Integración Centroamericana
SIFPO	Support for International Family Planning Organizations
SRH	Sexual and Reproductive Health
STI	Sexually Transmitted Infection
TRAC	Tracking Results Continuously
UDIMUF	Unidad de Desarrollo Integral de la Mujer y la Familia
UIC	Unique Identification Code
UNFPA	United Nations Population Fund
USAID	US Agency for International Development

I. EXECUTIVE SUMMARY

PSI/PASMO is pleased to submit the quarterly narrative report, for the project “Healty Youth: Strengthening Adolescent Sexual and Reproductive Health in Honduras”, technically and financially supported by the United States Agency for International Development (USAID), through the Central America Regional Security Initiative (CARSI), for the period October 12, 2012 to October 12, 2015.

This report includes a summary of the processes, key achievements, lessons learned and challenges faced during this reporting period in addition to an overview of achievements made to date.

Achievements of the period **October to December 2014** are as follows:

- **5,317** Schooled and non-schooled adolescents and young people were exposed to messages on pregnancy prevention through various educational interventions, within and outside the school environment.
- **4,616** Schooled adolescents and young people (4th to 9th grade), were exposed to messages on pregnancy prevention through the Methodology Guides “Caring for My Health and My Life” of the Secretariat of Education in the classroom.
- **701** Non-schooled adolescents and young people were exposed to messages on pregnancy prevention through educational interventions (PASMO educational program and social mobilization) in coordination with community organizations and CARSI partners.
- **26** Adolescents were trained as agents of change in the Municipality of Tela, Atlántida.
- **35** Educational Centers of the Central District, Valle de Sula, Tela and La Ceiba, developed 340 work plans for the implementation of the Methodological Guides “Caring for Health and my Life” in 2015.
- Finalized the facility assessment of youth friendly services in 24 Health Centers.

Financial information will be updated on January 20, 2014, according to the financial report of PSI/PASMO.

II. PROJECT CONTEXT AND OBJECTIVES

National Context:

With a population of 8.5 million habitants, the teen birth rate in Honduras is the second highest in Central America with 26 percent of women under 18 years old having given birth (Nicaragua currently has the highest teen birth rate at 28%)ⁱ, and only a 14.1% of the women between the ages of 15 and 19 report using modern methods of family planning¹. Additionally, the population mostly affected by HIV in Honduras is the group of 15 to 29 years of age².

In Honduras, the average age for sexual initiation in young people, from ages 15 to 24, is 14.7 years. In spite of the high levels of awareness of condom use as an effective method of HIV prevention and on how to obtain them, only a 9% of the youngsters report use of condoms during their first sexual intercourse experience and a 61% used condoms during their last sexual intercourse experience.³

The Ministry of Education holds the lack of education in “sexual and reproductive health among teenagers” in schools, as responsible for this situation. Making matters worse are the low rates of school enrollment in the country: 75.5% of the youth between aged 12 to 14 attend school, however, this figure drops to a 45.2% for teenagers between ages 15 to 19.⁴ Additionally, only 19.4% of individuals between the ages of 20 to 24 assist educational institutions and only a 36.4% of the young people graduate from high-school. Given these low school-enrollment rates, interventions should focus on both the young people who attend school - especially in the group of 10 to 14 years of age - as well as the individuals that are out-of school (not enrolled), particularly for groups aged 14 and older⁵. Recent political changes in the country have created a suitable environment for sexual and reproductive health among teenagers. The Ministry of Health’s declaration advocates for the inclusion of SRH in schools, and the government’s position concerning youth gives priority to the universal access to education and services in SRH for teenagers.

Project Context:

Based on the situation described above, as well as national statistics and factors, the Healthy Youth project is being implemented by Population Services International (PSI) and its local affiliate, the Pan-American Social Marketing Organization (PASMO), since October 2012, and is joining efforts with the private and public sector to improve SRH outcomes among teenagers and young people between 10 to 24 years of age.

¹ Demographic and Health Survey (DHS) – Honduras 2011-12. INE/Secretaría de Salud/ICF International, Obtained July 13, 2013.

² Honduras Ministry of Health Powerpoint Presentation. (2011). Teen Pregnancy (Embarazo en la adolescencia) Comprehensive Youth Care program.

³ Population Services International/Pan American Social Marketing Organization. (2011). TRaC study on Evaluation of healthy behaviors among youth or adolescent. Washington, DC. Population Services International

⁴ Demographic and Health Survey (DHS) – Honduras 2011-12. INE/Secretaría de Salud / ICF International, Obtained July 13, 2013

⁵ A study by the Honduran Secretary of Education (as cited in Honduras Ministry of Health Power Point Presentation (2011).

The “**Healthy Youth Honduras**” project is supported technically and financially by the United States Agency for International Development agency (USAID) through the Central America Regional Security Initiative (CARSI) in association with the Embassy of Finland and the SUMMIT Foundation, and is being executed within the frame of the National Strategy for pregnancy prevention among teenagers that is being forwarded by the Ministry of Health.

Objective:

The project’s main objective is: To improve health outcomes among teenagers (aged 10-24) in vulnerable urban and North Coast regions of Honduras, who are at-risk of unintended pregnancies and STIs). To achieve this objective, PSI/PASMO implements the following activities and processes framed within the following results:

- **Result 1:** To increase awareness on sexual and reproductive health among teenagers and young people.
- **Result 2:** To increase the use of modern contraceptive methods.
- **Result 3:** To reduce the rate of pregnancies on teenagers.

To achieve these results PSI/PASMO implements a Behavioral Change and Communication (BCC) campaign based on evidence to increase the awareness and use of reproductive health products and services in different “at-risk” groups through health education, and referrals to sexual and reproductive services that are youth-friendly, as well as through social communication media. Furthermore, it is promoting and extending its Club in Connection Program aimed at urban youth through different channels of communication. The Program has aligned its activities with the social marketing of condoms and it focuses on strengthening links to youth-friendly sexual and reproductive health products and services.

The establishment of partnerships and collaboration agreements with associates from the CARSI strategy are being formed as they work directly with “in-school” and “out-of-school” youth; efforts are being coordinated with the Alianza Joven de Honduras (AJH) to define the relations with CARSI partners that manage the Outreach Centers (OC) “For my Neighborhood”, as well as to develop strategies to intervene teenagers and young adults who assist to the OCs located in the more insecure areas, within the municipalities of the Central District, San Pedro Sula, Villa Nueva, Choloma, La Lima, Tela and La Ceiba.

Moreover, PSI/PASMO coordinates with other associates such as the Ministry of Health/National Program of Integral Attention for Adolescents, the Ministry of Education, Impactos Project, and other non-governmental organizations (NGO) such as AHMF, Save the Children and Children International. Such partnerships are of great importance to the development of youth intervention strategies with the non-formal and formal sector of education.

III. PROGRESS ON ACTIVITIES TOWARDS RESULTS

1. GENERAL PROJECT ACTIVITIES.

- a) During the quarter 4 planning meetings and monitoring to quarterly work plan for the first quarter of fiscal 2015 in Tegucigalpa, San Pedro Sula, Tela and La Ceiba were carried out. The purpose of these meetings is to review the progress, lessons learned, constraints and new opportunities for recruiting non-schooled young people, identifying new partners and implementation of the Methodological Guides Caring for my Health and my Life in educational centers, all aimed at achieving results and goals.
- b) As for security related to facilitator team, the Project "Strengthening Adolescent Sexual and Reproductive Health in Honduras" (**Healthy Youth Honduras**), implemented some guidelines to help reduce the risks due to the insecurity prevailing in the project areas; however it is considered very important to create opportunities for training to improve understanding of how maras (gangs) operate in each area and identify risk situations and actions to take in case these situations arise.

Activities for the next quarter:

- Monthly technical meetings for planning and monitoring activities of the first quarter of FY 2015.
- Carry out a catharsis meeting to know and deal with risky situations experienced by the team of educators.
- Annual Performance Evaluation with Project staff.

2. CREATING STRATEGIC ALLIANCES.

During the quarter October to December 2014, coordination was strengthened with partners and new partnerships were identified with the purpose to support the Project "Strengthening Adolescent Sexual and Reproductive Health in Honduras" (**Healthy Youth Honduras**) to come closer to reaching the project target for non-schooled youth, which is the most complex challenge during the implementation of the project.

During this reporting period, PASMO/Honduras coordinated youth activities with 42 organizations as summarized below:

- 18 Organizations in the **Municipality of the Central District**: IMPACTOS/CDH, Navy/Guardians of the Homeland Program, World Vision, Inter-institutional Committee of San Miguel District, Hogares CREA, UNFPA, Office of the First Lady, PAHO, CDA Nueva Capital, CDA San Martín, FHIS, Fire Department, CONEANFO,

Technical Committee of the Adolescent, AIDS Forum, Inter-Agency Committee on HIV response, INL, and Catrachos Networks.

- 9 Organizations in **Valle de Sula**: COMVIDA, Iglesia Puerta del Cielo (Gate of Heaven Church) (Bordo Rio Blanco), CDA San Juan (Chamelecón), 105 Infantry Brigade/Guardinas of the Homeland, DINAF (National Directorate of Children and Families) CASM, Instituto Técnico Sampedrano, National AIDS Forum/ Chapter SPS, Maquila New Holland.
- 8 organizations in **Tela**: COPEITSA, COMVIDA, COCSIDA, Clinic of the Adolescent, Patronato (Patronage) Colonia 15 de Septiembre, Patronato (Patronage) 4 de Enero, CESAMO Tornabé, church young leaders.
- 7 organizations in **La Ceiba**: Casa Ixchel, Médicos Mundi, Office Development Community-Unidad Técnica Municipal, Cámara de Comercio e Industria of Atlántida, UDIMUF, Jóvenes contra la Violencia, CESAMO-Pizzati.

Through coordination with partners, the Project "Strengthening Adolescent Sexual and Reproductive Health in Honduras" (**Healthy Youth Honduras**), develops processes and/or training activities that include topics related to pregnancy prevention and sexual and reproductive health, these issues are developed according to the ages of the participants; furthermore, social mobilization activities in which adolescents and young people are targeted are also carried out through different ways (group, individual, theater), written information (brochure). These activities are supported by previously trained agents of change.

Activities for the next quarter:

- Continued coordination with partners in each municipality to identify and train adolescents and non-schooled youth people.
- Meeting with Health Units located in the priority areas of the Project to coordinate actions to implement the referral system for adolescents.
- Start designing the training plan for health care providers based on the results of the Survey of Providers.
- Seek opportunities for advocacy work with FHIS/CARSI and endeavor to reach the improvement of infrastructure educational centers in Tegucigalpa and San Pedro Sula.

3. STRATEGIC INFORMATION (DEVELOPMENT OF RESEARCH THAT WILL PROVIDE EVIDENCE BASED INFORMATION TO INFLUENCE PROGRAM DECISIONS).

As a follow-up to the "Facility Assessment on Youth Friendly ASRH Services for Adolescents" in coordination with PAIA/Ministry of Health; the purpose of this assessment was to identify the attitudes of health service providers in relation to the supply of SRH products and services for youth and adolescents; 24 surveys were conducted this quarter.

The Facility Assessments were conducted by trained PASMO/Honduras staff and were conducted with the responsible/representative of the health unit located in areas of intervention of the **Healthy Youth Honduras** and for the project, Chicas en Conexión. The analysis of the surveys and a final report including the methodology, results and recommendations will be finalized by the end of January and included in a report which will be disseminated to the Ministry of Health and to USAID. Archetypes of health service providers will be developed along with a plan for improving SRH services for youth and adolescents will be created in partnership with the Ministry of Health, PAIA and health center staff.

Activities for the next quarter:

- Finalize analysis of health facility assessments conducted and finalize report.
- Share findings and final report with USAID, Secretariat of Health (including the health units) and key partners.
- Start the process of developing archetypes of health providers (audience profiles) and designing of the technical strengthening plan for health providers, based on the results of the Study.
- Continue to conduct mapping of friendly condom points of sale (Google) and monitoring of the points in Project areas.

OUT-OF-SCHOOL YOUTH, ACTIVITIES

4. REVIEW, ADAPTATION AND/OR DESIGN METHODOLOGIES AND INTERVENTION STRATEGIES OF NON-SCHOOLED TEENAGERS (OUT- OF-SCHOOL YOUTH, ACTIVITIES).

Review of the educational program (contents) for non-schooled young people based on results of the Qualitative and Quantitative Study of Project "Strengthening Adolescent Sexual and Reproductive Health in Honduras" (**Healthy Youth Honduras**) was done during this quarter and the terms of reference for the selection of the consultant to prepare the Methodological Manual on adolescent pregnancy prevention, as a support resource in addressing non-schooled young people were developed/published. Eleven (11) resumes were received and the hiring of the consultant will be made next quarter; also, the development of the manual and a

support and consultation guide will be developed for the agents of change who support the activities with their peers.

Activities for the next quarter:

- Hiring of a consultant to develop the Methodological Manual and the guide for agents of change.
- Development of Methodological Manual and support guide for agents of change on adolescent pregnancy prevention.
- Preparation of promotional materials to support various educational activities to be carried out with schooled and non-schooled young people.

5. IMPLEMENTATION OF EDUCATIONAL ACTIVITIES WITH NON SCHOOLED YOUNG PEOPLE.

During the months of October to December, efforts were made to recruit and train on pregnancy prevention, as part of the sexual and reproductive health with adolescents and non-schooled young people in all the municipalities prioritized by the Project "Strengthening Adolescent Sexual and Reproductive Health in Honduras "(**Healthy Youth Honduras**). Several educational activities were conducted with the support and coordination from strategic partners (CDA, community organizations, foundations and NGOs) and **701** young people (Women: 351 Men: 350) were reached, all received training on four issues related to pregnancy prevention.

The following summary Table shows Non-Schooled Adolescents and Young People Trained on Pregnancy Prevention in the quarter.

Table N° 1 Summary Non-Schooled Adolescents and Young People Trained on Pregnancy Prevention. Octubre a Diciembre, 2014 Source: SAM/PASMO				
Gender	MDC	SPS	La Ceiba/Tela	Total
Women	48	254	49	351
Men	63	226	61	350
Total	111	480	110	701

An average of **7** training events were held in **Tegucigalpa**, 8 in **Valle de Sula**, and 5 in La Ceiba/Tela; which represents an effort at coordination level, preparation and consistent execution of activities by PASMO/Healthy Youth team. Details by municipality can be seen in **Annex 2**. Adolescents and non-schooled young people participated in workshops and training sessions where participants are mixed between those attending and not attending an educational institution; with each intervention group four issues were covered among them: adolescence, prevention of early pregnancy, self-esteem, self-efficacy, vision, STIs, HIV and AIDS, contraception, delayed initiation of sex, sexuality, STI/HIV, life plan, sexual organs of women and men, gender, condom use, prevention of gender-based violence and promoting health services for adolescents; according to ages and needs identified.



Dynamic, participatory methodologies and videos that help youth reflect and share their own experiences or situations that occur in their neighborhoods were applied; opportunities for reflection, discussion and learning on how to help achieve healthy behaviors regarding pregnancy prevention were generated.

Most participants showed interest in issues of STI/HIV, risk behaviors, unwanted pregnancy, contraceptive methods and family violence.

In general participants raised concerns and myths such as:

- Can HIV be transmitted through kissing
- Whether HIV can be transmitted through oral sex
- If using two condoms is correct
- Whether women can transmit STIs or HIV through vaginal fluids
- If STIs are transmitted by sharing intimate apparel

These issues and questions were addressed clearly and specifically with correct information and discussion.

The issue of domestic violence has come up multiple times in several workshops (MDC, SPS, Tela and La Ceiba), among young people and has been addressed by PASMO. Stories of domestic violence frequently comes up during workshops and therefore needs to further addressed along with ensuring that referral services are provided to young survivors of violence. Additionally other forms of violence have come up when the subject of self-esteem is being discussed, many adolescent and young women said they usually are abused in their homes and this obviously affects their self-esteem. The

following includes anecdotal information expressed by men and women during workshops and activities conducted by PASMO:

Adolescent Woman: *"I got pregnant at age 15 because neither I nor my boyfriend knew how to put a condom on. If I knew how to put it on, I would not have gotten pregnant".*

Adolescent Man: *"it is hard and difficult to support a baby, she {my partner} cannot find a job because she has to take care of the child and I have to ask permission of work to look for a job, because I am underage", in these days and at this age is difficult to find a job that gives you an opportunity to adequately support a family.*

Adolescent Man: *"Young people must think about preventing pregnancy because otherwise life is going to be harder"*

Adolescent Woman: *"Being an adolescent mother is difficult, but I try to be happy with my daughter, and although my husband is not responsible for my daughter, I love him and it is hard dealing with the family by these situations, if I had known how to take care of myself {i.e. to use a family planning method}, my life would have been different".*

Adolescent Man: *"I am 18 years old and have twins, if this talk had come earlier, I would not have had children and I would have graduated... is not that I do not love them but it is hard for me to work to support them and to put aside my dream of becoming a teacher...my wife's dream of being a secretary has been broken too."*

Adolescent Woman: *"I knew nothing about contraceptive methods at the tim...and had sex, and the man with whom I had sexual relationships told me that the first time I would not get pregnant, now I have my son and my life is difficult, I work hard and cannot study because I am a single mom, these talks are important because they can prevent others from making such mistakes".*

Adolescent Man: *"My friends tell me I'm gay because I help with the housekeeping duties in my house, because I help my mom; I defend myself by saying that I am a macho (male), in addition to these lectures I learn more and feel more respect for women, I will tell my friends that what makes me a man is my sexual organ and not what I do".*

It is noteworthy that in most cases when the demonstration of condom use is made both men and women do not apply the correct steps for its proper use; emphasis is made in this respect equally with participants of both gender, elsewhere plays are presented and informative stands are installed to enhance interventions.

In all workshops or training sessions that take place, a space is given specifically to discuss gender issues which is of great interest to the participants, and in some cases young women are very interested in strengthening their knowledge and skills for correct and consistent condom use. In these activities VIVE condoms are given away to young

people on demand; except when PASMO implements activities with religious institutions because their leaders have specifically asked PASMO to not conduct condom demonstrations or to provide condoms to youth.

These out of school youth, PASMO is targeting have stated that they do not have much time to participate in extensive or frequent activities, because they are in a constant search for employment. However, young people in Tela specifically asked PASMO to give continuity to these training activities as they found it useful in protecting themselves.

Activities for the next quarter:

- Continue efforts in each municipality to increase reach of non-schooled adolescents on topics of gender, GBV, prevention of STIs/HIV and prevention of pregnancy.

IN-SCHOOL YOUTH, ACTIVITIES

6. COORDINATION WITH SCHOOLS AND STRENGTHENING OF THE TEACHER CAPACITY TO IMPLEMENT THE “CARING FOR MY HEALTH AND MY LIFE” METHODOLOGICAL GUIDES.

In October and November PASMO/Healthy Youth Project, tracked the educational centers with teachers that were trained (2013-2014), for the implementation of the Methodological Guides “Caring for My Health and My Life”, through follow-up visits to review the compliance of the annual plan (by grade) with directors and/or liaison teachers. Assistance was provided in the school mobilization activities and the lists were compiled in accordance with the classes taught by the teachers serving students from 4th grade onwards.

Between October and November PASMMO reached a total of **4,251** students from fourth to ninth grade in 21 educational centers in the municipalities of Choloma, La Lima, Villanueva, MDC, La Ceiba and Tela (Women: 2,119 and Men: 2,132).

The following table shows the number of students reached in the quarter by the Methodological Guides in each of the target municipalities of **Healthy Youth Honduras**:

Table N° 2 Summary Schooled Young People Intervened through Implementation of Methodological Guides "Caring for my Health and my Life". October to December 2014. <small>Source: SAM/PASMO</small>							
Gender	MDC	Villa Nueva	La Lima	Choloma	Tela	La ceiba	Total
Women	1,212	13	297	252	39	306	2,119
Men	1,262	18	228	255	37	332	2,132
Total	2,474	31	525	507	76	638	4,251

Annex 3: Shows details by municipality and by educational center.

c. Schooled young people trained by key partners (other Institutions) through the coordination with CDA, community organizations, non-formal government educational institutions for the recruitment of non-schooled, PASMO carried out several educational activities in the municipalities of Tela, San Pedro Sula and the Central District, making possible to train **365** young people, (Women: 167 and Men: 198), as shown in the following table:

Table N° 3 Summary Schooled Young People Intervened in CDA, Youth Networks, Community Organizations and Government Institutions October to December 2014. <small>Source: SAM/PASMO</small>				
Gender	MDC	SPS	Tela	Total
Women	121	17	29	167
Men	147	5	46	198
Total	268	22	75	365

Annex 4: Includes progress by municipality and social organization.

During the quarter a total of 4,616 youth and adolescents in-school (Women: 2,286 and Men: 2,330) were reached, belonging to educational centers with teachers trained through the Methodological Guides "Caring for my Health and my Life" and to other educational centers that are not implementing the guides; they were addressed through coordination with community institutions when conducting training activities and community mobilization events such as fairs, festivals, recreovías, among others. See social mobilization section for more details.

These adolescents and young people were exposed to the following four (4) issues: **pregnancy prevention, STIs/HIV/AIDS, contraceptive methods gender, delayed initiation of sexual relations, condom use and promotion of health services for adolescents.**

In the period from October to November, it was not possible to support the virtual training for teachers of two (2) educational centers in Valle de Sula because the virtual platform of the Secretariat of Education was closed and the training course will be available again beginning February 2015.

PASMO also facilitated planning meetings for the implementation of the Methodological Guides "Caring for my Health and my Life," including school and community mobilization activities for school year 2015 with 35 educational centers as follows: Central District (5), Valle de Sula (14), Tela (6) and La Ceiba (10), making possible that teachers and/or directors develop 340 work plans that will be implemented with support from PASMO/Healthy Youth.



Activities for the next quarter:

- a) Three coordination meetings with Departmental/District Directorates of Francisco Morazán, Cortés and Atlántida.
- b) Support for virtual training for teachers of two (2) educational centers in Valle de Sula.
- c) Complete planning meetings for school year 2015 with 11 educational centers of the Central District and Tela.
- d) Monitor District Directorate No. 7 on the progress of the implementation of the Methodological Guides "Caring for my Health and for my Life".
- e) Promotion of website and Healthy Youth Project social networks, sending information related to pregnancy prevention among adolescents to teachers (electronically).

7. EDUCATIONAL ACTIVITIES IN SCHOOLS.

In the quarter, a training workshop for Agents of Change was carried out in Tela, involving 26 adolescents (men: 9 and Women: (17) from four (4) Basic Educational Centers (Luis Bográn/San Juan, Esteban Guardiola/Triunfo de la Cruz, Benjamín Munguía/Colonia Grant and Escuela Zenobia Rodas/Colonia 4 de Enero.



Training of agents of change, in Tela Atlántida

Training focused on strengthening knowledge about sexual and reproductive health with emphasis on pregnancy prevention, STIs / HIV, communication skills, peer education approach and leadership. Adolescents developed work plans to support the processes of information and education with their peers in each school; as well as some social mobilization activities in each of the communities accompanied by PASMO facilitator and/or teachers.

PASMO/ Honduras, also supported the participation of 8 young leaders (MDC: 6 and Tela: 2) at the Central American Youth Forum in the framework of the Summit of First Ladies of Central America and Dominican Republic, where they shared their experiences and views on the situation of adolescence pregnancy in the country, contributing to the process of drafting the Declaration of the First Ladies.

Considering that the SIFPO Project conducted the workshop of advocacy at the level of the three countries of the Northern Triangle, two (2) agents of change of Tegucigalpa, participated in a discussion forum on the issue of pregnancy prevention and its relation to violence, providing their experiences, expectations and vision of the situation young people are living as well as alternatives to help reduce both problems.

In two important activities carried out in San Miguel District nine (9) agents of change were involved: Recreovía for Peace/Colonia El Sitio and Christmas festival sponsored by INL, where PASMO/ **Healthy Youth Honduras** participated through the provision of information to prevent pregnancies in adolescents and young people. Such experiences help to strengthen social skills, communication and management issues related to sexual and reproductive health; which leads to increased self-esteem, and improved capabilities for addressing peers. It is noteworthy that PASMO/ Honduras already began the process of drafting the Quick Start Guide intended to support the agents of change, so it is expected that young people have an educational tool to help make interventions more specific and enhanced quality.

Following are some school mobilization activities that were observed/supported by PASMO/Healthy Youth facilitators:

- **Instituto República Federal de México**, held a discussion with young people of ninth grade, on the issue of adolescent pregnancy; during this activity it was observed that adolescents need to be exposed to more consistent and effective interventions in order to generate behavioral changes that help adolescents to modify some social norms that will help to achieve changes favorable to their sexual and reproductive health; for example, several girls expressed the idea that is the man who must propose the use of the condom and/or other contraceptive methods; while some of the men said that they care for and protect themselves using condoms because they don't want to be parents at early age.

- **Escuela Rafael Pineda Ponce, Colonia 3 de Mayo, MDC**, the celebration of the International Day of the Girl, under the promotion of the rights of the girl related to sexual and reproductive health was held for the first time involving children from all grades



(preschool to sixth grade);

It was noted the happiness of the girls and one of them said "... see, we are important, it is our day". Teachers and students painted murals on pregnancy prevention in adolescents, prevention of STIs/HIV, self-esteem, adolescent dating. A group of students presented a dramatization on violence prevention and group pressure; giving a

positive message for the students to not get involved in illegal activities and learn to say **"No"** in situations of personal risk.



- **Escuela Inmaculada Concepción, Colonia Estados Unidos MDC**, the International Day of the Girl was held under the slogan: "As a girl, I prevent a pregnancy"; for a week, activities such as drawing competitions, murals, talks and a walk took place, focusing on promoting adolescent sexual and reproductive rights.
- **CEB José Valentín Vásquez y la Escuela Policarpo Paz de La Ceiba**, as part of the celebration of the closing of the 2014 school year and in compliance with the 200 days of school, theater groups trained by PASMO/ Honduras, performed the play "a fairy tale" with messages on pregnancy prevention aimed at the whole student

population, this way sharing the messages with about 700 young students, respectively.

- **CEB Esteban Guardiola de Tela**, two (2) school mobilization activities intended to prevent adolescent pregnancy were carried out, a theater performance aimed at school population and a marathon on pregnancy prevention in the surroundings of the community; children, teachers and parents participated activity
- **Guardians of the Homeland/Naval Force Program in Tegucigalpa**, PASMO/Honduras supported the activity by conducting training workshops on sexual and reproductive targeting young people at social risk ,in the quarter 78 young people (Men: 45 and Women: 33) were addressed, belonging to Instituto Carlos Roberto Flores Colonia La Era, mostly aged between 10-16 years. The issues included sexuality, dating, sex, prevention of STIs, pregnancy prevention and HIV/AIDS. They showed enough interest to the issues addressed mainly by gender, as through one of the techniques used (video "Impossible Dream"), a discussion of the reality lived in their homes was generated in which the mother and sisters perform daily tasks while men of the house are limited to other things (heavier). They all agreed that both men and women must work at home as well and share household responsibilities.
- **Theater Activities:**
Sponsored by the Municipal Program for Children, Adolescents and Youth COMVIDA of Valle de Sula, the Theatre Group formed by young people of Intituto Alfonzo Hernandez Cordova/La Lima, and Copantl/SPS; participated in the category "Beginners" on the Integral Regional Youth Festival Theater, which was divided into two parts:
 - a. The Regional Festival (September), held in Tocoa, Colón, the group won the awards for Best Screenplay and Best Actress
 - b. The XXI National Festival, held in San Pedro Sula, where 17 theater groups of the country got together. PASMO/Healthy Youth performed the play "All at an appropriate time". The group was awarded the prize "Best Message Delivery".

Activities for the next quarter:

- Monitoring visits to educational centers concerning the implementation of the Methodological Guides and work plans for 2014 (agents of change, theater groups, school mobilization activities).
- Carry out one Campeonisimo event by city to reinforce messages on pregnancy prevention.

OUT-OF-SCHOOL AND IN-SCHOOL YOUTH

8. OUT- OF- SCHOOL AND IN SCHOOL YOUTH (SUMMARY)

During the quarter, a total of **5,317** adolescents and youth have been reached by the different activities carried out by the Project, of which 2,637 are women (49.5%) and **2,680** are men (50.4 %); **4,251** are schooled (80%) and **1,066** Non-schooled (20%). Of the total of the schooled young people, 92% (4,251) were intervened through classes taught by teachers in educational centers with teachers trained by PASMO and 8% (365) through other activities. (see Table 4).

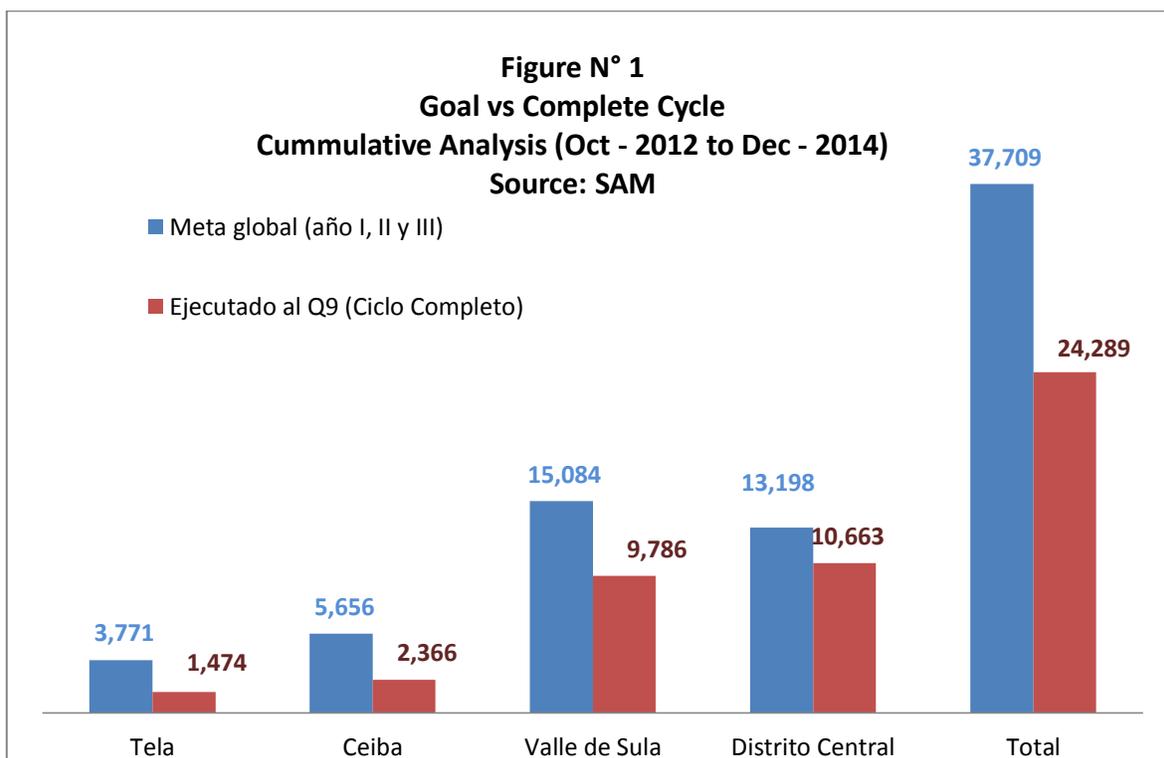
Table N° 4				
Summary of schooled and non-schooled young people trained in adolescent pregnancy prevention				
October to December, 2014				
Source: SAM/PASMO				
Population	Gender	Classes	Other Interventions	Total
Schooled Young People	Women	2,119	167	2,286
	Men	2,132	198	2,330
	Total	4,251	365	4,616
NON-schooled Young People	Women	0	351	351
	Men	0	350	350
	Total	0	701	701
Total		4,251	1,066	5,317

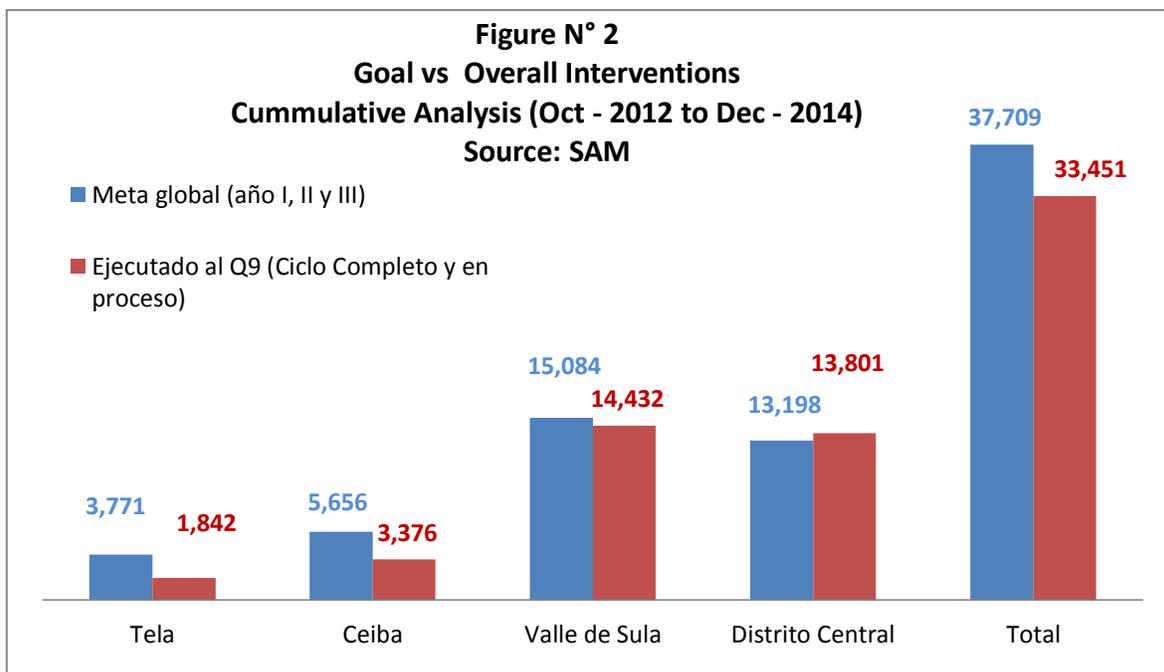
From **October 2012 to December 2014**, PASMO/ Honduras, has made many achievements including reaching a total of 33,451 adolescents and youth aged 10 to 24 years; of these, 28,044 are in-school and 5,307 are out-of-school; of these, 24,289 received the complete educational cycle in different modules and 9,162 are in process. Following is Table 5 which shows these results:

Table N° 5
Summary of schooled and non-schooled Young people intervened during this quarter
October 2012 to December, 2014

Population	Gender	In process	Complete Cycle	Total
Schooled young people	Woman	4,895	9,805	14,700
	Men	4,267	9,177	13,444
	Sub Total Schooled	9,162	18,982	28,144
Non-schooled young people	Women	0	2,496	2,496
	Men	0	2,811	2,811
	Sub Total Non-schooled	0	5,307	5,307
Total PAIS		9,162	24,289	33,451

Making a comparative analysis of achievements reached to date versus overall goal of Healthy Youth Project (37,709), we can see it has been achieved 89% of young/ months to complete the implementation, there is still 11% of young people to be reached; what is considered very feasible for PASMO/ **Healthy Youth Honduras**. (See figure No. 1).





Looking at the data by population category (in-school and out of school), it is clear that achievement towards the target originally proposed for out-of-school youth (60%) is lower than expected, representing 16%. This is due to the challenges our team has faced in reaching this population including issues around staff security and other limitation which have been previously mentioned. However, efforts to continue to coordinate with partner organizations to increased achievement towards this target continue.

9. MASS MEDIA AND SOCIAL NETWORK CAMPAIGNS

In the quarter, the plan contents for the **second phase** of the communication campaign for mass media were defined to reinforce messages on pregnancy prevention among the targeted audiences of the Healthy Youth Project (according to the results of the qualitative and quantitative research); the campaign will run from February to September 2015. Based on the plan, production of five (5) radio spots (30- 45 seconds) will be done in January 2015 and begin its broadcast in February. The messages will be focused on promoting healthy behaviors on prevention of gender- based violence, delay of sexual intercourse, contraception, correct and consistent condom use and communication among parents and children.

Discussions were held with UNFPA to obtain authorization and incorporate into the new phase of Healthy Youth campaign the spot on prevention of sexual violence, which is one of the products most identified with the objectives and results of the Healthy Youth Project. Also, discussed was the possibility of cooperation with the PNPQRS to incorporate the Bus “Think it Over” in some community mobilization activities carried out in the municipalities of intervention of PASMO/**Healthy Youth Honduras**.

The radio broadcast will be on existing local stations in priority municipalities, seeking new partners and municipal authorities, NGOs, private enterprises and radio stations.

The Regional Office PASMO/Guatemala, has been working on modifying the website of "PASMO Association"; with a specific Facebook page dedicated to the **Healthy Youth Honduras** project. The quarter began with the sending of electronic information (summary of achievements) to the teachers involved in the implementation of the Methodological Guide "Caring for My health and My Life", taking the opportunity to give thanks for their contribution to the prevention of teenage pregnancy in their communities. Also sent was a report of activities and results of the work of teachers in schools supported by PASMO and the Healthy Youth project to the educational authorities at the central and departmental level.

For next year social networks (FB) will be running for young people and teachers, where they will have a space for dissemination of activities undertaken during the year. The Facebook page will be managed by a male cyber educator and a female cyber educator, who will be responsible for daily support, they will be trained to ensure that interaction with adolescents and young people is addressed in a professional and responsible manner.

Activities for the next quarter:

- Production of the series of five (5) radio spots.
- Negotiate spaces with local radio stations in Tegucigalpa, SPS, Tela and La Ceiba, for disseminating campaign messages.
- Develop a media plan and begin broadcasting covering each municipality.

10. DESIGN AND IMPLEMENT COMMUNITY MOBILIZATION ACTIVITIES ON SPECIAL EVENT DAYS WITH OTHER ORGANIZATIONS.

During the quarter, PASMO/ **Healthy Youth Honduras**, carried out and/or participated in various social mobilization activities in the municipality of the Central District, San Pedro Sula and Tela, as detailed below. *Note: the activities detailed here should be viewed independently, since they are included in the data of schooled and non-schooled young people, as applicable.*

- **Central Park** of SPS, Global HIV/AIDS Day in response was celebrated by PASMO/ **Healthy Youth Honduras**. A play called "Silent Theater" (with mimes) was held; messages related to HIV prevention were conducted. This activity was coordinated by the Inter-institutional Committee on HIV of San Pedro Sula.



Worlds Aids Day, SPS

- **Non-formal Education Fair**, in coordination with CONEANFO. "A Proposal for Development" was conducted in order to show people non-formal education alternatives offered by different institutions. It was held at the Central Park Tegucigalpa. PASMO installed an information stand and provided information on pregnancy prevention, HIV/STIs, FP methods, demonstration of correct condom use, which was the subject of interest for those people reached.

- **Health Fair in CESAMO-Las Crucitas**, in coordination with the Red Cross, an information stand was installed and information was provided on pregnancy prevention, HIV, STIs, family planning methods and correct condom use. There was considerable influx of adolescent mothers who had at least one first child, in general they seemed to be particularly interested in learning about correct condom use.



Educational Fair at CESAMO "Las Crucitas", MDC

One adolescent participant shared her experience of being an adolescent mother at an early age and said that before she and her partner did not like to use condoms, they did not know how family planning methods worked and that following her second pregnancy, she decided to protect herself and use the condom as a FP method. She was provided information and was taught how to correctly put a condom on.

- **Recreovía in Colonia El Sitio (November 28), Municipality of the Central District**, in coordination with the Inter-institutional Roundtable of the San Miguel District, a stand was installed to provide information on STI/HIV prevention, family planning methods and correct and consistent condom use. Besides, educational games PASMO conducted an activity called "Myth and Reality" in which the participants measured their level of knowledge on sexual reproductive health issues were played. Most young assistants were schooled, and it was found that they were knowledgeable about STI issues.



Recreovía in Colonia El Sitio Tegucigalpa

- **Fair of the World Day in Response to HIV**, in Plaza La Merced, Municipality of Central District; in coordination with the Inter-institutional Committee in response to HIV, PASMO/ **Healthy Youth Honduras**



Worlds Aids Day, Tela and Tegucigalpa.

joined the commemoration, providing education to the assistant public about prevention issues on STI and HIV, correct and consistent condom use and family planning methods.

- **Fair with Instituto Polivalente San Martín, Municipality of the Central District**, in coordination with Instituto Hondureño de Seguridad Social (IHSS) (Honduran Social Security), support was given to the fair, an information stand was installed to provide information on STI/HIV, family planning methods, in addition, educational games such as “Myth and Reality” were played.
- **Marathon on Pregnancy Prevention/Boulevard Costero in Tela**, in coordination with COPEITSA a Marathon was held on Pregnancy Prevention; PASMO which participated through the installation of an information stand provided SRH and pregnancy prevention information to adolescents and youth. The purpose of this event was to launch the Pregnancy Prevention Strategy in the city of Tela, with the presence of the First Lady who gave formal recognition to PASMO/Honduras for the Healthy Youth project in Honduras. This activity was supported by young volunteers of Colonia Grant.

- **Christmas Festival in Colonia La Era, San Miguel District**, in coordination with CARSI partners of San Miguel District, especially INL, community police, PASMO/ **Healthy Youth Honduras**, participated in the Christmas festival on December 6, in which there was a large attendance of people in the zone; participants included: Save



Approaching of adolescents in christmas festival, Tegucigalpa

The Children, Catrachos network, Health Units of

Colonia San Miguel and Monterrey; this was the opportunity for the community people to obtain dental health services, HIV testing, general consultation, animal vaccinations, among others. There were also entertaining spaces and child participation; educational centers in the area joined with artistic events. Security

Vice-Minister attended the event giving greater importance to the community.



Approaching of pairs in Christmas festival, Tegucigalpa.

Activities for the next quarter:

- Participate in social mobilization events (fairs, festivals) organized by CARSI partners or other community partners.

11. FRIENDLY CONDOM POINTS OF SALE

In the quarter from October to December, no new points of sale of condoms were done; however monitoring of the distribution of condoms in existing distribution points was done; total sale of condoms is: 50,712

- **Central District:** 18,676 units
- **Valle de Sula:** 30,916 units
- **La Ceiba y La Ceiba:** 1,120 units

Activities for the next quarter:

- Opening of new friendly points of sales in intervention areas of CARSI partners, according to demand.
- Monitoring of sales points and strengthening the skills of business owners to ensure quality in the storage and availability of condoms to adolescents.

IV. MONITORING AND EVALUATION

- a. In October, it was agreed to participate in the Quarterly Meeting (July to September 2014) with USAID Implementing Mechanisms to monitor the Performance Monitoring Plan (PMP), the objectives were: To understand and analyze the progress of the Work Plan; learn about the achievements of FY 2014. Barriers and ongoing facilitating processes of projects were analyzed; Dr. Gustavo Avila Acting Director of Health, Population & Nutrition Office led the meeting, and concluded that both projects are moving toward achieving goals and outcomes by September 2015; representatives of ULAT and PASMO attended the meeting.
- b. Dr. Gustavo Ávila, attended the Christmas Festival held in Colonia La Era of San Miguel District, where PASMO/ **Healthy Youth Honduras** participated in addressing adolescents and young people on issues related to adolescent pregnancy prevention; in general, there was enough participation of the community institutions like educational centers, health units and NGOs/CARSI group projects that support violence prevention in the community. The festival was very dynamic, active and with many entertainment options for people, the police role was evident.
- c. During the quarter, PASMO participated in two meetings convened by Dr. Gustavo Avila, Acting Director Health, Population and Nutrition Office/USAID; with the purpose to monitor the work plan implementation, goals and indicators of the Healthy Youth Project; as well as the technical guidelines for its implementation.
- d. PASMO/ **Healthy Youth Honduras** participated in the meeting of CARSI partners of San Miguel District, in which INL and a community police inspector of San Miguel District shared about the issue of the community police, plans and progress, where

many CARSI partners contribute to improve the situation of violence. Moments after, Gabriela Leva, Program Office – CARSI/USAID/Honduras, made the presentation and conversation about Security Protocols, mentioning some common issues in the protocols, lessons learned, and analysis of the actions that USAID can do to help on this issue with partners.

- e. PASMO/ **Healthy Youth Honduras** participated in a coordination meeting convened by CARSI, the purpose was to discuss lessons learned (**positive and negative**), through an open forum with CARSI implementers. As a result of the meeting it was decided to establish a working team or working table of CARSI implementers involved in the San Miguel District in Tegucigalpa.
- f. In October, the Director of PASMO/ **Healthy Youth Honduras**, participated in a meeting with the Deputy Director of USAID/Washington in SPS; in this meeting were CARSI partners and the purpose was to discuss the impact of CARSI supported initiatives and to discuss reasons for the increase in children migrating to the US and potential interventions that could be implemented by CARSI partners.
- g. In November, PASMO/ **Healthy Youth Honduras**, was visited by Katie Anfinson Associate Program Manager-LAC-PSI/PASMO/Guatemala; who conducted meetings with the Healthy Youth program managers to review progress made to to date, identify challenges, constraints and gaps that could be implemented in the next phase of the project. She also met with Dr. Gustavo to discuss USAID and CARSI's strategy for 2015 and to discuss potential areas where PASMO/Honduras could intervene during the next phase of the project.

She provided support to the team on the establishment of the referral system which will be piloted during the next quarter of the project. And she took a tour of El Bordo de Rio Blanco, Chamelecón in Instituto Modesto Rodas Alvarado, CDA 10 de Septiembre located in Chamelecón, FUNADEH Chamelecón, Barrio Cabañas and Basic Education Center (CEB) Presentación Centeno.

- h. The Program Management monitored field activities that are developed in the Municipality of the Central District. Activities included fairs and trainings with out-of-school youth and adolescents; the Project Educators' team met the standards set forth in conducting interventions. Role play activities conducted by agents of change were also monitored by program management staff.

In 2015, PASMO/ **Healthy Youth Honduras** will make continue to strengthen the capacities and skills of educators, looking for continuous improvement to ensure the quality of the interventions.

Due to the fact that the target population of the **Healthy Youth Honduras** is of varied characteristics, PASMO will develop a methodological manual that will guide facilitators on conducting certain methodologies and activities.

Activities for the next quarter:

- Quarterly meeting with CARSI partners.
- Monitoring of educational activities, social mobilization and recruitment of non-schooled young people.

V. CHALLENGES AND PROPOSED SOLUTIONS

During the quarter, Healthy Youth Project has continued to similar challenges that have been faced since project inception:

1. Risks involved in working in geographical areas with high levels of insecurity, representing a risk to the Project staff.

Proposed Solution:

- PASMO/ **Healthy Youth Honduras** monitors compliance with safety guidelines, and each community has established specific alliances aimed to prevent security incidents for PASMO staff.
2. The recruitment of out-of-school youth and youth who do not work (Ninis) is an ongoing challenge in the Project.

Proposed Solution:

- We continue to seek new opportunities to partner with organizations who have access to this population. This has been proven to be an effective approach in reaching more NINIS, however, because the target for this population was set to high, reaching the target remains a major challenge for the team.

VI. COORDINATION WITH OTHER PARTNERS

To PASMO/Healthy Youth is very important to maintain coordination with the various partners with whom there is a collaboration on a reciprocal basis depending on the main objective of contributing to reducing adolescent pregnancies. The main activities carried out between October and December 2014 were as follows:

- a. PASMO/Healthy Youth, participated in three events led by the First Lady (Ana Hernández); and in coordination with the Technical Committee of Adolescents:
 - i. **Official Launch Meeting of the Intersectoral Plan of adolescent pregnancy prevention**, with the participation of the Secretary of Health, Education, civil society and international organizations that are supporting this issue. The President and First Lady, expressed their commitment and priority

to continue supporting the implementation of the intersectoral plan aimed at lowering the current rate of adolescent pregnancy in the country, through concrete actions in which the Government of the Republic, local governments, AHMON, CONATEL, and related institutions will strongly participate.

- ii. **International Meeting of Adolescents and Young People as part of the Summit “Alliance for Adolescent Pregnancy Prevention”**; in coordination with the Technical Committee of the Adolescent and PAHO, PASMO attended the meeting of young leaders from Central America, Belize and Dominican Republic, for the preparation of the Declaration of Tegucigalpa under the First Ladies.



- iii. Summit, held in Tegucigalpa on October 2014, through the incorporation of 8 male and females young leaders of **Healthy Youth Honduras** of Tela and Central District, who shared their views with other young people from Central America and provided inputs to enrich the document: Declaration of Honduras “**Alliance for Adolescent Pregnancy Prevention**”, signed by the First Ladies of SICA (Central American and Dominican Republic).



- iv. **Summit of Central American and Dominican Republic First Ladies**, where they signed the Declaration “Alliance for Adolescent Pregnancy Prevention”
- b. Also during the quarter, there was participation in overall coordination activities meetings of the **Technical Committee of Adolescents**, led by PAIA, the revision of the national plan for pregnancy prevention (ENAPREAH) will be done in the coming months based on the multisectoral plan.
- c. PASMO/ **Healthy Youth Honduras** maintains relationship and collaboration with the **Inter-institutional Roundtable of San Miguel District**, led by World Vision and participating NGOs (Save The Children, INFOP- Crossing, CODELES Project, Honduras CONVIVE, churches, CESAMO San Miguel, etc), and CBOs. During this reporting period, activiteis were coordinated and supported by recreovías for peace, Christmas festival sponsored and organized by the Community Police and supported by INL. Coordination meetings, monitoring and evaluation of local initiatives and

activities jointly undertaken by the Inter-institutional Roundtable of San Miguel District are periodically carried out.

This is a space where PASMO takes advantage of being able to identify partners that have young people who neither study nor work and intervene for the prevention of pregnancy in adolescents focused on gender. It is worth mentioning that churches, patronages, educational centers and community police play an important role in the implementation of these activities; changes were observed in the relationship between police and the community.

- d. **Coordination with CARSI partners for activities in San Miguel District**, there participation in two meetings convened by USAID CARSI Program Office; which represent opportunities to strengthen coordination links between partners and learn more about what community police and INL are doing to strengthen its relationship with the population of the District. The issue of security protocols, actions to be taken to strengthen the capacities of personnel working in CARSI project, challenges to improve interventions and security in the zones.
- e. During this quarter an educator of **Healthy Youth Honduras**, participated in the **International Meeting of Radio and Television of Women working as Communicators**, held in the city of Granada, Nicaragua and sponsored by Puntos de Encuentro; the purpose was to socialize the *Strategy of Women* working as Communicators for Women's rights and establish alliances between those working in the media and organizations implementing projects that perform actions on behalf of the defense of the rights of the women. It was emphasized the importance of using communication tools (newsletters, social networks, communications, etc.) in order to influence on behalf of the rights of this population by spreading the actions executed in relation to this issue. Some 25 countries around the world were involved and this event was organized by IAWARD.
- f. **Launch of State of the World Population 2014: Adolescents, young people and the transformation of the future.**
- g. **Attendance to the Celebration Event of Gojovent International Anniversary**, which is a PASMO partners in efforts to prevent adolescent pregnancy prevention in the country.
- h. During this period PASMO/ **Healthy Youth Honduras** participated in **coordination meetings** with INL, Community Police and the Technical Committee of San Miguel District, in order to contribute in the organization and conducting the Christmas Festival held in the soccer field of Colonia La Era of San Miguel District.
- i. PASMO participated in the Socialization of Results of the First Stage of the Project implemented by the Association of Medical Doctors of Asia (AMDA) in some neighborhoods of the Central District, where they thanked the work and support that PASMO provided through the Healthy Youth Project in coordinating activities in the areas of Colonia Flor del Campo and Colonia Alemán.

- j. As part of the coordination activities of the “**Healthy Youth Honduras**” Project, it was agreed to participate in a meeting **with UNDP and the Municipality of San Pedro Sula**, for conducting a stakeholders mapping exercise with the aim of geo referencing interventions or impact on issues of insecurity in the municipality of San Pedro Sula. PASMO presented the achievements of the project on Sexual and Reproductive Health in Valle de Sula. The meetings of this working group are held every three months and disclose the progress of programs and work plans of each partner, to monitor the operational citizen’s security plan jointly developed.
- k. During the quarter some meetings were held with the National AIDS Forum (Tegucigalpa and San Pedro Sula), the commemoration of the World Day in response to HIV and AIDS was coordinated in SPS, this meeting was attended by various organizations of the civil society, it was possible to plan and successfully perform and share the event. PASMO through its “**Healthy Youth Honduras**” program arranged a mimes performance (Young people of Instituto Alfonso Hernández Córdoba), with messages allusive to the World Day of HIV/AIDS. In Tegucigalpa, the Director of National AIDS Forum, introduced to PASMO the concept of a communication campaign to prevent adolescent pregnancy, it will be officially launched on December 16.

VII. GENDER COMPONENT

During this reporting period, PASMO/ **Healthy Youth Honduras** has continued developing and integrating gender issues in different educational interventions with schooled and non-schooled population in those opportunities for school mobilization and/or community actions.

In order to further strengthen the staff and generate the empowerment of these issues to concrete actions in the field activities with the target population and at individual level, PASMO/**Healthy Youth Honduras**, began implementing the plan of strengthening gender issues with the staff; the overall objective is to contribute to generate attitudinal changes in staff and improve the quality of interventions related to adolescent pregnancy and gender based violence prevention.

In the framework of commemorating the International Men's Day (November), two Discussion Forums (Tegucigalpa and San Pedro Sula) on "Masculinities" were held, involving 26 people (Men: 9 and Women: 17 H).

The objectives of these discussion forums were:

- Analyze everyday situations faced by men with emphasis on positive aspects of being human, and abuse and violence also registered against them.
- Reflect on the social construction of masculinity, identify positive and negative aspects of being a man.

- Set up values assigned to be a man.
- A comprehensive vision of the relationship between men and women

Both forums were developed in a participatory manner and served to sensitize staff about the advantages and disadvantages of being a man in a society that imposes patterns that led to continue repeating the cycle of violence, to enable them to assimilate how we can contribute to change this situation in today's society; and that there are other ways to exercise masculinity that contribute to personal, family welfare and society in general.

PASMO/Guatemala Regional Office, through its gender expert, continues to provide support in this area; to strengthen the implementation of the Gender Strategy.

Activities for the next quarter:

- Continue to include gender issues in the various activities conducted with the beneficiary population of the Healthy Youth Project.
- Continue with activities under the project gender strategy through innovative techniques to generate a change in the staff of the organization.
- Documentation of success stories.

VIII. FINANCIAL REPORT

This information will be updated on January 20, 2015, according to the financial report of PSI/PASMO.

IX. LESSONS LEARNED

- When starting the Healthy Youth Project, an educational program was designed for out-of-school youth included 10 topics which needed to be addressed within 40 hours. However this has been challenging, in terms of readiness and availability of youth therefore, we adjusted this educational program so that topics on SRH, gender and prevention of teenage pregnancy could be covered from 1 to 16 hours, which allowed for activities to be provided to youth according to their needs and availability.
- Lack of an educational manual for facilitators/educators: During this quarter PASMO developed a Methodological Manual for facilitators so they can have a tool and guide which helps them conduct educational interventions; the manual will also help strengthen interventions in educational centers.

- Agents of Change trained by PASMO/ **Healthy Youth Honduras**, require an educational support tool for interventions with their peers; which will be available from March 2015; this will help them comply with the proposed action plan for 2015.
- Educational centers that serve young people attending the diversified education (degree) do not have the Methodological Guides “Caring for My Health and My Life”; so PASMO provides support on methodology and guidelines for the third cycle.

X. KEY FINDINGS

- At the end of the quarter, it appears that the project results indicate compliance above 89% of the total goal (non-schooled: 16% and schooled: 86%); however it is still important to focus efforts on strengthening interventions that target out-of-school youth.
- For greater exposure of pregnancy prevention messages with the target population of the project, the second phase of the "Campaign In Conexión Radio", through mass media has been designed, which will consist of a series of radio spots with key messages to help achieve healthy behaviors in adolescents and youth.
- Mutual collaboration actions created with CARSI and community partners is essential for interventions on adolescent pregnancy prevention, especially reaching the non-schooled population and strengthen the synergy in the neighborhoods prioritized by **Healthy Youth Honduras**.
- The current quarter was short due to the holidays and end-of-year festivities, which had an impact especially in the low recruitment of out-of-school youth in all municipalities; reaching additional youth is expected to increase in the coming quarters.
- Most educational centers developed work plans for the implementation of the Methodological Guide “Caring for My Health and My Life” in 2015, demonstrating the commitment to continue contributing to the prevention of adolescent pregnancy related to violence prevention.

XI. LIST OF KEY PERSONNEL INVOLVED IN THE PROJECT IMPLEMENTATION.

- Julio Zúniga, Country Manager
- Perla Alvarado, Program Manager
- Allan Palma, Monitoring and Evaluation
- Alberto Vásquez, Program Technical Assistance
- Karla López, Administrative Manager
- Elvin Núñez, Sales Manager
- Katie Anfinson, Associate Program Manager-LAC, PSI/PASMO
- Jorge Rivas, Research Department, PSI/PASMO/Regional

XII. ANNEXES

Anexo 1: Health units participating in the study of health care providers

No	Unidad de Salud	Address
1	3 de Mayo	Colonia 3 de mayo, Comayagüela
2	Las Crucitas	Barrio Las Crucitas, Comayagüela, MDC
3	El Carrizal	Colonia Centeno Número 1, Comayagüela, MDC
4	Sagrada Familia	Colonia Alemania, Comayagüela, MDC
5	San Miguel	Colonia San Miguel, calle principal contiguo a Posta Policial, Tegucigalpa, MDC
6	Nueva Suyapa	Colonia Nueva Suyapa, Parroquia Nuestra Señora de Visitación
7	Villa Nueva	Colonia Villa Nueva, sector 6, Tegucigalpa, MDC.
8	Flor del Campo	Colonia Flor del Campo, zona 2, contiguo a CEB Estado de Israel, Comayagüela, MDC.
9	Dr. Miguel Paz Barahona	Barrio Medina, SPS.
10	Manuel Tróchez Paz	Chamelecón Centro, SPS.
11	Calpules-Reperto Lempira	Entre canchas de fútbol Reperto Lempira, SPS
12	Rivera Hernández	2da Calle, 7-8 Ave. Rivera Hernández, SPS
13	Choloma	B° El Centro, Choloma
14	Francisco Flores Quiróz	Sector López Arellano, Choloma
15	José Trinidad Moreno	B° Las Casitas, La Lima
16	Dr. Astor Amaya	Flores de Oriente, La Lima
17	El Zapotal	Aldea Zapotal, San Pedro Sula
18	San José	Aldea San José Boquerón, La Lima
19	Enfermera Amelia Cabrera	Aldea Monterrey, Choloma
20	Pizzaty	Colonia Pizzaty, La Ceiba
21	Dr. Antonio Leva	Colonia El Confite, La Ceiba
22	Hospital de Tela	Barrio La Isla, Tela, Atlántida
23	Carlos B. González	Colonia Paty, El Progreso
24	Dr. Manuel Larios Córdova	B° El Manchén, calle principal, Ave. Cervantes, Tegucigalpa, MDC.

Annex 2:

Non-schooled Adolescents and young people trained in pregnancy prevention October to December 2014. Source: SAM/PASMO				
Municipality	Name of the place and/or strategic partner	Women	Men	Total
La Ceiba	Colonia Rivera/Proyecto Vida Mejor Alcaldía Municipal	21	4	25
	Sub Total	21	4	25
Tela	Bulevard Costero	7	12	19
	Campo de Fútbol, Colonia 4 Enero	4	15	19
	Cancha Campo Lempira	0	16	16
	Centro de Salud Tornabé	8	12	20
	Escuela 15 de Septiembre	9	2	11
Sub Total		28	57	85
Valle de Sula (SPS, Choloma, Villanueva, La Lima)	Patronato Aldea El Ocotillo, (Sector El Carmen)	31	12	43
	Bordo de Río Blanco(Iglesia Puerta al Cielo)	65	33	98
	Bordo de Santa Ana (Iglesia Vino Del Rey)	10	20	30
	Bordo Dixi (Centro social de la comunidad)	14	8	22
	Casita de Adolescentes- IHNFA	14	0	14
	INFOP	0	20	20
	Instituto Técnico Sampedrano	13	112	125
	Maquila New Holland	107	21	128
Sub Total		254	226	480
MDC	Barra Revo- Colonia San Miguel	5	2	7
	Colinia El Sitio (Calle Principal)	0	4	4
	CDA Nueva Capital	6	19	25
	CDA San Francisco	3	3	6
	CESAMO Nueva Capital	0	3	3
	Escuadron de Bomberos Toncontin	0	12	12
	Hogares CREA Los Robles	0	1	1
	IHNFA - Las Crucitas	15	2	17
	Parque Central	3	9	12
	Plaza la Merced	16	8	24
Sub Total		48	63	111
Total Non-Schooled		351	350	701

ANNEX 3:

Schooled young people intervened through implementation of the Methodological Guides “Caring for my Health and my Life”. October to December 2014 Source: SAM/PASMO				
Municipality	Educational Center	Female	Male	Total
La Ceiba	CEB José Valentín Vásquez	39	33	72
	CEB Juan Pineda Carías	15	20	35
	CEB Gustavo Adolfo Alvarado	40	40	80
	CEB Rafael Pineda Ponce	212	239	451
	Sub total	306	332	638
Tela	CEB Marco Aurelio Soto	33	33	66
	Escuela José Heriberto Díaz	6	4	10
	Sub total	39	37	76
Choloma	CEB María Antonieta Crivelli	108	109	217
	Escuela Éxitos de Anach	66	60	126
	Sub total	186	195	381
La Lima	Alfonso Hernández Córdova, Instituto	171	228	525
	CEB República de Honduras	126	112	238
	Sub Total	297	228	525
Villa Nueva	Escuela Luis Bográn	13	18	31
	Sub total	13	18	31
Central District	CEB Carlos Roberto Reina	57	63	120
	CEB Desarrollo Juvenil	103	114	217
	CEB Estado de Israel	76	83	159
	CEB Juan Ramón Molina	449	434	883
	CEB Rafael Antonio Castillo	150	145	295
	Escuela Inmaculada Concepción	98	102	200
	Escuela Ibrahin Gamero	44	48	92
	Escuela Jorge Fidel Durón	19	15	34
	Escuela Mary Flakes de Flores	61	66	127
	Escuela Rafael Pineda Ponce	155	192	347
	Sub total	1.212	1.262	2,474
Total		2,119	2,132	4,125

ANNEX 4:

Summary Schooled Young People Intervened in CDA, Youth Networks, Community Organizations and Government institutions October to December 2014. Source: SAM/PASMO				
Municipality	Place name	Female	Male	Total
Tela	Boulevard Costero	12	31	43
	Centro de Salud Tornabé	13	14	27
	Escuela 15 de Septiembre	4	1	5
Sub Total		29	46	75
MDC	Barra Revo-Colonia San Miguel	4	2	6
	Calle Colonia El Sitio	8	19	27
	CDA Nueva Capital	1	4	5
	CDA San Francisco	4	7	11
	CESAMO Nueva capital	8	7	15
	Escuadrón de Bomberos Toncontín		1	1
	Fuerza Naval	33	42	75
	Hotel Marriot- Encuentro de Jóvenes	8	3	11
	IHNFA- Las Crucitas	5	2	7
	Instituto Técnico San Martín	30	39	69
	Parque Central	11	9	20
	Plaza la Merced	9	12	21
Sub Total		121	147	268
SPS	Aldea el Ocotillo, SPS	17	5	22
	Sub Total	17	5	22
Total		167	198	365

ANNEX 5: Performance Monitoring Board (October-December, 2014)

Performance Monitoring Board											
Indicator	Definition (Include unit of measurement)	Global goal	Data Collection Frequency	Obtained Results							
				Baseline (Final year 1 and 2)	Year 3 goal	Year 3				Cumulative Year 3	Total Cumulative
						Quarter I	Quarter II	Quarter III	Quarter IV		
Sub IR 1: Increasing knowledge on sexual and reproductive health on teenagers and young adults.											
Number of adolescent and young adults that receive comprehensive sexual and reproductive health (SRH) education in an integral manner.	Number of adolescents and young adults who received the (SRH) training program according to each age range, as well as reference to adolescent-friendly health services (AFHS) and/or health units located within the prioritized areas of the Healthy Youth Program	37,709	Quarterly	20,483 ⁱⁱ	11,007 ⁱⁱⁱ	3,806	N/A	N/A	N/A	3,806	24,289 ^{iv}
Number of schooled and unschooled adolescents and young adults trained as Change Agents.	Number of adolescents and young adults who have participated in a training program and have achieved a minimum of 90% on the program's final evaluation upon the following subjects: <ul style="list-style-type: none"> • Leadership in Communication for Behavioral Change in Health • Management of peer education methodology • Training in sexual and reproductive health (SRH) with emphasis on pregnancy prevention 	250	Quarterly	191	N/A	26	N/A	N/A	N/A	26	217

Performance Monitoring Board											
Indicator	Definition (Include unit of measurement)	Global goal	Data Collection Frequency	Obtained Results							
				Baseline (Final year 1 and 2)	Year 3 goal	Year 3				Cumulative Year 3	Total Cumulative
						Quarter I	Quarter II	Quarter III	Quarter IV		
Number of condom distribution points that are active in geographic areas prioritized by the Program.	Number of establishments (convenience stores, mini-markets, pharmacies, pool halls, etc.) opened, supervised and supplied by PASMO and/or distributors in the geographic areas of the Healthy Youth Program/PSI/PASMO.	405	Quarterly Accumulated	269	100	0	N/A	N/A	N/A	0	269
Number of condoms distributed	Number of condoms delivered to adolescent and young adults through any of the establishments (convenience stores, grocery stores, mini-markets, pharmacies, pool parlors, etc.), opened, supervised and supplied by PASMO and/or distributors within the geographic areas of the Healthy Youth Program/PSI/PASMO		Quarterly Accumulated	3,056,277	1,068,000	50,712	N/A	N/A	N/A	50,712	3,106,989

ⁱ Fuente: www.devinfo.org/mdg5b

ⁱⁱ Adolescents and Young People that received comprehensive sexual and reproductive health (SRH) education in an integral manner (4 themes), October 2012 to December 2014.

ⁱⁱⁱ The goal for year 3 (October 2014 to September 2015) is **in-school youth and adolescents out-of-school youth and adolescents**.

^{iv} Adolescents and Young People that received comprehensive sexual and reproductive health (SRH) education in an integral manner (4 themes), from October 2012 to December 2014.