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HEALTHY YOUTH
HONDURAS



PROJECT

STRENGTHENING ADOLESCENT REPRODUCTIVE HEALTH IN HONDURAS USAID/ HEALTHY YOUTH HONDURAS

QUARTERLY REPORT

January – March, 2013

Date: April 15, 2013.

The preparation of this document has been made possible by the generous support of the United States Agency for International Development (USAID), under the Cooperative Agreement No. AID 522-A-13-00001. The content is responsibility of the project "Strengthening the Sexual and Reproductive Health with adolescents in Honduras "Jóvenes Saludables" (Healthy Youth).

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ACRONYMS

ASRH	Adolescent Sexual and Reproductive Health
AJH	Alianza Joven Honduras
AHMF	Asociación Hondureña Mujer y Familia
BCC	Behavior Change Communications
CARSI	Central America Regional Security Initiative
CDA	Centros de Alcance
CEB	Centro de Educación Básica
COMVIDA	Comunicación y vida
CRC	Community Revitalizing Committees
DHS	Demographic Health Survey
ENAPREAH	Estrategia Nacional de Prevención de Embarazos en Adolescentes en Honduras
FP	Family Planning
HIV/AIDS	Human Immunodeficiency Virus/Acquired Immunodeficiency Syndrome
IHSS	Instituto Hondureño de Seguridad Social
IPC	Interpersonal Communications
ITS	Infecciones de Transmisión Sexual
M&E	Monitoring and Evaluation
MAP	Measuring Access and Performance
MOE	Ministry of Education
MOH	Ministry of Health
OC	Outreach Center
OSCs	Civil Society Organization
PASMO	Pan American Social Marketing Organization
PERForM	Performance Framework for Social Marketing and Communications
PMP	Performance Monitoring Plan
PAIA	Programa Nacional de Atención Integral al Adolescente
PSI	Population Services International
RH	Reproductive Health
SRH	Sexual and Reproductive Health
SESAL	Ministry of Health (MOH)
STI	Sexually Transmitted Infections
TRAC	Tracking Results Continuously
UIC	Unique Identification Code
UNAH	Universidad Nacional Autónoma de Honduras
USAID	US Agency for International Development

I. **Executive Summary**

PSI/PASMO presents the second quarterly report (from January to March 2013) of the “Sexual and Reproductive Health Strengthening with Teenagers in Honduras” (Healthy Youth) project.

The main objectives achieved on the second quarter of 2013 are detailed on this report, as well as the challenges and decisions taken to guarantee the achievement of results and updated information on the financial execution of the project.

During the second quarter, the Healthy Youth Project attained the following advances in regards to the (foreseen) results of the project:

- Hiring of the Program Manager and a team of five educators (4 females and 1 male), anticipated for the implementation of the Healthy Youth Project.
- The technical and administrative workshop was performed with the Healthy Youth Project’s educators to train them in the general managing of the Healthy Youth Project, focus, methodologies, beneficiary population analysis and thematic to be discussed.
- Elaboration and approval by USAID of the monitoring and evaluation of Performance Monitoring Plan of the project. (PMP)
- The Branding and Marking Plan and instruction manual for the Healthy Youth Project was formulated and approved by USAID.
- Advance in the establishment of strategic alliances with strategic partners of the Healthy Youth Project (Ministry of Health, Ministry of Education, CARSI partners, AJH, Project IMPACTOS, AHMF, Save The Children, COSOSITELA, Children International), with the purpose of strengthening external relations and opening areas for the project’s implementation in prioritized municipalities.
- Socializing of the Healthy Youth Project with CARSI partners and other key actors.
- Plan DELTA of the Healthy Youth Project was created.
- Development of the gender strategy proposal, which is undergoing a process of technical adjustments.
- A quick survey on Tegucigalpa and San Pedro Sula’s OCs was performed with coordinators and beneficiaries.
- Negotiations were made for the establishment of a mutual collaboration (memorandum of understanding) between PASMO and other strategic partners (Ministry of Health, Ministry of Education, CARSI partners and AHMF).
- Advance in coordination and organization to perform the launch event for the Healthy Youth Project in Tegucigalpa and a demonstrative visit from USAID on the work that is being done in San Pedro Sula.
- The approval of the Qualitative Research protocol by the Ethics Committee, with base in Washington, was achieved and it was socialized with USAID and the Ministry of Health.
- The research design for TRAC with Young adults was completed.
- The design of the Program “En Conexión Radio” was developed.

In terms of financial execution, PSI / PASMO has executed a total of \$ 152,362.67 (including cost share), which stands a 19% of the budget for fiscal year 2013. Considering that the cumulative budget execution during the first and second quarters was run \$ 217,466.21 this represents the 27.2% of total fiscal 2013 budget.

II. Project Context and Objectives

National Context:

With a population of 8.5 million habitants, Honduras presents the highest teenage pregnancy rates of the region (22%), and only a 21.2% of the women between the ages of 15 and 19 make use of modern methods of family planning. Additionally, the population mostly affected by HIV in Honduras is the group of 15 to 29 years of age¹.

In Honduras, the average age for sexual initiation in young people, from ages 15 to 24, is 14.7 years. In spite of the high levels of awareness of condom use as an effective method of HIV prevention and on how to obtain them, only a 9% of the youngsters report use of condoms during their first sexual intercourse experience and a 61% made use of condoms during their last sexual intercourse experience.^{2,3}

The Ministry of Education holds the lack of education in “sexual and reproductive health among teenagers” (SRHT) in schools, as responsible for this situation.¹ Furthering the problem even more, is the low rates of school enrollment in the country: 79.9% of the youth between aged 12 to 14 assist to school but this figure drops to a 45.2% on teenagers between aged 15 to 19. Additionally, only a 19.4% of individuals between the ages of 20 to 24 assist to educational institutions and only a 36.4% of the young people graduate from high-school. Given these low school-enrollment rates, interventions should focus on both, the young people who assist to school, especially in the group of 10 to 14 years of age, as well as the individuals that do not assist, particularly on the groups aged 14 and older. Recent political changes in the country have created a suitable environment for sexual and reproductive health among teenagers. The Ministry of Health’s declaration advocates for the inclusion of SRH in schools, and the government’s position concerning the youth gives priority to the universal access to education and services in SRH for teenagers.

Project Context:

Based on the situation described above, as well as national statistics and factors, the Healthy Youth project is being developed by Population Services International (PSI) and its local affiliate, the Pan-American Social Marketing Organization (PASMO), since October 2012, and is joining efforts with the private and public sector to achieve results in SRH among teenagers and young people between 10 to 24 years of age.

The “Healthy Youth” project is supported technically and financially by the United States Agency for International Development agency (USAID) through the Central America Regional Security Initiative (CARSI) in association with the Embassy of Finland and the SUMMIT foundation, and is being executed within the frame of the National Strategy for pregnancy prevention among teenagers that is being forwarded by the Ministry of Health.

Objective:

The project's main objective is: To improve health outcomes of teenagers (aged 10-24) in vulnerable urban and North Coast regions of Honduras, who are at-risk of unintended pregnancies STI's).

To achieve this objective, PSI/PASMO develops activities and processes framed within the following results:

- **Result #1:** To increase awareness on sexual and reproductive health among teenagers and young people.
- **Result #2:** To increase the use of modern contraceptive methods.
- **Result #3:** To reduce the rate of pregnancies on teenagers.

PSI/PASMO will implement a Communication for Behavioral Change (CBC) campaign based on evidence to increase the awareness and use of reproductive health products and services in different "at-risk" groups through health education, referrals to sexual and reproductive services that are youth-friendly as well as through social communication media.

Furthermore, it is promoting and extending its Club in Connection Program aimed to the urban youth through different channels of communication. The Project has aligned its activities with the social marketing of condoms and it focuses on strengthening links to youth-friendly sexual and reproductive health products and services.

The establishment of allegiances and collaboration agreements with associates from the CARSI strategy are being pursued as they work directly with "in-school" and "out-of-school" youth; efforts are being coordinated with the Young Alliance of Honduras (YAH) to define the relations with CARSI partners that manage the Outreach Centers (OC) "For my Neighborhood", as well as to settle on the strategies to intervene teenagers and young individuals who assist to the OC located in the more insecure areas within the municipalities of the Central District, San Pedro Sula, Villa Nueva, Choloma, La Lima, Tela and La Ceiba.

Moreover, PSI/PASMO is in permanent coordination with other associates such as the Ministry of Health/Integral Attention for the Teenager Program (IATP) and the Ministry of Education, "Impactos" Project, and other non-governmental organizations (NGO) like AHMF, Save The Children and Children International, among others, which is of great importance for the development of youth intervention strategies of the non-formal and formal sector of education.

III. Intermediate Results and Project Activities

The Project's work plan is structured on the basis of four categories of activities which jointly contribute to the achievement of the three defined results of this Project:

1. General Project Activities.
2. Activities directed to youths outside of the school system.
3. Activities directed to students within the school system.
4. Activities directed to youths both within the school system and outside of it.

Between January and March of 2013, PSI/PASMO, has completed the following activities to advance the achievement of results established in the program.

General Project Activities

1. Recruitment and Development of the Project Human Resource

- **Program manager hiring.**

Once the Program Manager selection process ended on the first quarter, her contract was signed, the technical induction process was executed and the performance of her functions initiated.

- **Publication, selection and hiring of the Project's educators.**

In the month of February 2013, five educators (four females, one male), were hired thus completing the educator team forethought for the execution of the Healthy Youth Project. This hiring process was based on the completion of the administrative procedures of PASMO (reference terms elaboration, publication of job vacancy advertisements in El Heraldo, La Prensa, and Bolsa Virtual de Empleos/Red de Desarrollo Sostenible, reception and evaluation of resumes, interviews to pre-selected candidates, negotiations and contract agreement).

In total, 372 resumes were received. 239 individuals applied to both educator positions available in Tegucigalpa, 81 individuals applied to two educator positions available in San Pedro Sula, and 32 individuals applied for an educator position in La Ceiba.

- **Technical and administrative induction workshop for the educator team and Project supervisors.**

In the month of February 2013, a technical and administrative induction workshop was executed in the city of San Pedro Sula along with the educators of the Healthy Youth Project, with the purpose of training them in the general management and knowledge of the Healthy Youth Project, and to achieve a successful execution within the established period of time.

A total of 12 individuals participated in the workshop including educators and supervisors of the Healthy Youth Project; the workshop was developed by the program manager and the country manager for PASMO.

The specific objectives of the workshop were:

- To make public the mission, vision, organization chart, programs and strategies that PASMO implements at a national and regional level.
- To learn PASMO's ethical code that will be implemented during the performance period.
- To feedback the project's staff in regards to the management and focus applied by PASMO on the subject of sexual and reproductive health with emphasis on pregnancy prevention, focusing on gender.
- To know the Healthy Youth Program, its objectives, goals, beneficiary population, monitoring, evaluation, strategies and results.
- To know the key inter-institutional coordination strategies for the implementation of the Healthy Youth Project.
- To strengthen the technical capabilities of the educators on planning, educational activity development, report elaboration, and tool management in different processes.

The workshop was very useful for the whole team of supervisors and educators of the Healthy Youth Project. The participants had a very active involvement and expressed in the evaluation that generally speaking the subjects presented would serve for the betterment of their performance. Some areas on which strengthening is needed, were also identified such as: gender, gender violence, birth-control methods, and methods for teaching the youth.

- **To elaborate, execute and monitor the security plan for field interventions.**
In regards to the security plan, identification of the basic aspects that make up the security plan for field interventions was furthered. Given these are the most at-risk areas within the prioritized municipalities, this information has been gathered from recommendations given by the different affiliates of PASMO on the implementation of the Healthy Youth Project.

Aspects to consider for the development of the field intervention security plan (to minimize security risks) of the project.

When mobilizing:

- Always make use of the vehicle identified with the USAID-Healthy Youth, PASMO logo.
- Drive with open windows, never closed.
- Visits to neighborhoods prioritized by the projects must be made in teams (2 person minimum) and preferably accompanied by a representative of the OC partners (on initial field visits). Individual visits to these communities should be avoided.
- If a radio taxi service is being used, travel in numberless taxis (VIP) with the magnetized USAID-Healthy Youth, PSI/PASMO logo attached.

On clothing:

- Wear the institutionally marked T-shirt (PASMO).
- Always carry a visible personal and institutional identification (carnet).
- Do not wear valuable accessories
- Dress in a regular and comfortable manner

When executing activities:

- Activities should be included in the work plan and authorized by the Supervisor.
- Report to the supervisor or any co-worker upon arrival (a text message may be used). Report when exiting to the supervisor or any co-worker (a text message may be used).
- If you are not returning to headquarters due to distance or lack of time before your shift ends, please inform your supervisor.

On relations with the public.

- Provide a cell phone number for coordinators and key staff exclusively. When dealing with the teenagers always provide PASMO's telephone number.
- Be respectful and discreet when establishing dialogue with the targeted population.

Pre-emptive measures

- The work schedules for these areas must be established preferably between 9:00 am and 3:00 pm.
- Keep promotional material available (inside vehicle) such as condoms, hats and T-shirts among others to be able to offer whenever assistance is requested.
- Also, keep a minimum amount of cash (L.100.00) and in low bill denominations to be able to hand out in case it is required within the work zone.
- Carry a cell phone with phone credit to communicate in case of an emergency.
- Always report to a pertinent partner before the field visits to inform on the specific time to be spent in the area.

- In case an emergency arises during the transit or stay in the area, have at hand, office, supervisors and emergency phone numbers such as police, red cross, fire department, etc.
- Keep first-aid kits available in every office.

Monitoring

- All staff is responsible for making sure that security measures are followed during field activities.
- Each area supervisor will verify that these measures are being followed regularly.
- Inform and record in an incident book any out-of-the-ordinary events no matter how insignificant they may seem.
- Keep your medical insurance and social security card updated.
- Develop monthly meetings to evaluate at-risk situations, mental health and stress management, product of field work. Execute possible reaction drills in case of assault, crossfire, kidnapping, etc.

Activities for next quarter:

- a) Selection of educator for La Ceiba.
- b) Training workshop with the project's staff on Agenda Management, decision taking and assertiveness.
- c) Completion of the monitoring plan, security plan and their implementations.

2. Project planning development for each of the three years of implementation.

- **Development and approval of the Performance Monitoring Plan (PMP).**

During the second quarter a PMP was developed in accordance with the guidelines of the Health, Population and Nutrition Office, Monitoring, Evaluation and Gender Official of the USAID. Markers were defined according to the three main results of the Healthy Youth Project, and 14 indicators of result and process respectively were established. (See annex 1). Additionally, reference sheets for each of the defined markers were developed.

- **Development and approval of USAID of the brand and marketing plan for the project.**

The brand image strategy and manual of the Healthy Youth Project was developed and approved, after a review process and adjustments to said document with the assistance of USAID's Communications Official. PASMO has begun to implement the established directives in the image and brand strategy.

- **Plan DELTA development.**

The Plan DELTA development process from the Healthy Youth Project has concluded. This process was made available by Mr. Mario Cáceres, PSI/PASMO's Regional Marketing Manager based in Guatemala. A training Workshop for the Plan DELTA preparation was developed through an interactive and participative methodology. As a result, 4 audience profiles were identified (male aged 10-14, female aged 10-14, male 15-19, female 15-19) and two behavioral changes to promote: 1) Sexual debut delay and 2) Consistent use of condoms and/or family planning methods to prevent unintended pregnancies/HIV/STD's. These audience profiles will be known once the archetypes from the Qualitative study are obtained. (See annex 2).

As a result, 4 audience profiles were identified (male aged 10-14, female aged 10-14, male 15-19, female 15-19) and two behavioral changes to promote: 1) Sexual debut delay and 2) Consistent use of condoms and/or family planning methods to prevent unintended pregnancies/HIV/STD's. These audience profiles will be known once the archetypes from the Qualitative study are obtained.

Activities for next quarter:

- a) Monthly technical meetings for monitoring and preparation of the project's plan.
- b) Follow-up to the advances on attainment of PMP indicators.
- c) Follow-up to the brand's image strategy and instruction manual for the Healthy Youth Project.

3. Strategic alliance creation.

On this quarter, different activities with strategic partners from the Healthy Youth Project were completed with the purpose of strengthening external relations and opening gaps for the implementation of the Project in the prioritized communities. This is how Healthy Youth Project/PASMO's country management, program management and technical team have achieved the following objectives:

- **Preliminary survey with CARSI partners.**

A quick survey was done on Tegucigalpa's and San Pedro Sula's OCs (Outreach Centers) with the purpose of gathering information for the development of specific technical proposals of intervention with each one of the OCs.

Two questionnaires were applied, one for the coordinators and the other to beneficiary youths from the OCs. The information gathered from the coordinators was compared to the knowledge of activities that the OCs are executing the time of day when there is more teenager affluence, work methodology, suggestions on how to approach young people as well as security recommendations to enter neighborhoods where the project is being implemented.

Through the questionnaire applied to the beneficiary youths, information was gathered referring to their interest on the OCs activities, their radio station preference, the programs they find most attractive as well as their interest in participating on training sessions related to SRH.

As a result of the survey, the following information was gathered which is of great importance for the proposal design phase that will be negotiated with each OC:

1. Young people assist to the OCs more frequently during the afternoon.
 2. Their time of stay in the OCs is different for each of them and in most cases depends on the training offer and entertainment that the OC makes available.
 3. The young individuals surveyed show much interest for the SRH theme and pregnancy prevention on teenagers.
 4. The interviewed coordinators expressed their availability of working with PSI/PASMO and recognized the importance of the pregnancy prevention theme which is not being discussed on their OCs.
 5. Some partners, especially religious organization representatives manifested that in the OCs they administer, the subject of correct and consistent use of condoms and modern contraceptive methods could not possibly be discussed. They only allow those messages encouraging sexual debut delays, sexual fidelity and use of natural contraceptive methods, be focused upon within the interventions done by the Healthy Youth Project.
 6. Some OCs have requested that PASMO perform its activities during the weekends.
 7. Suggestions were received on how to contribute with the main security measures that PASMO's technical team must consider before and during visits as well as when they are performing their work on prioritized communities.
- **Elaboration and signing of mutual collaboration agreements between PSI/PASMO and other CARSI partners.**
 - ❖ Socializing of Healthy Youth Project with CARSI partners through several meetings during the second quarter, socializing of the Healthy Youth Project with most of the CARSI partners was achieved, starting with Alianza Joven Honduras whom with an effective relationship is maintained. Meetings were held on each of the cities where the OCs are located (Tegucigalpa, San Pedro Sula, Choloma, Villa Nueva, La Lima, Tela, La Ceiba); the objective was to present the project, its strategies, methodologies and interest for reaching a consensus on an intervention proposal, along with teenagers and young people, that aims for teenage pregnancy prevention within the frame of sexual and reproductive health. In Tegucigalpa, meetings were held where representatives of organizations administering the OC's participated as well as their coordinators.

The OCs who participated in the meetings are specified below. Agreements for the development of technical proposals, contract signing and field activities to be initiated subsequently on the next quarter, were also established:

- With the Flor del Campo OC, Nueva Capital, San Martin, the aspects that will integrate the work plan proposal starting April 2013 to September 2015, were defined. Collaboration was received from this OC for the realization of an educational fair where the Healthy Youth Project aided in the installment and functioning of an information booth for pregnancy prevention and HIV/SRD's prevention (made available by the Healthy Youth Project's educators team). This resulted as an interesting and appealing feature for the young participants and the OC's personnel expressed their satisfaction for the support that was given.
- With the "Nueva Suyapa" OC, conducted by the Association for a more Just Society, conversations were initiated along with their representative to develop the collaboration proposal for preparing the topic of pregnancy prevention; nevertheless, this negotiation is still in an agreement defining phase. The negotiations are expected to finish in time to sign the agreement and begin activities next quarter.
- A similar situation has presented itself on the Community Centers (this is the term used by Save the Children to refer to the OCs that were previously being supported by Alianza Joven) of Villa Franca, Villa Cristina, Buenas Nuevas and Alemania, which are directed by Save The Children. Advances have been made on the socializing process of the Healthy Youth Project and awareness of the activities performed by Save The Children on these areas along with the support of the European Union. However, in spite of them expressing their interest on having PASMO/Healthy Youth Project perform their interventions on the population they tend to, negotiations have yet to be finished, due to the fact that said organization has established a deadline to close negotiations on the next quarter in view of their multiple activities during the months of February and March.
- In the valley of Sula and La Ceiba, socialization meetings were held and agreements for the signing of a memorandum of understanding were reached, as well as the creation of a technical proposal (which consists of specific information about the OC, contained objectives, activities and methodology description and a schedule activities to perform such activities for the prevention of pregnancies in teenagers) with the OC in Parroquia Nuestra Señora de Suyapa, "Por mi Barrio" Outreach Center in Colonia Oswaldo López Arellano from Choloma and Children International. The rest of the negotiations are still in process of completion.
- On the second quarter a meeting was held with Proyecto Impactos (Youth Specialist and Programs Official). The meeting helped both parties to share information on each of the projects while identifying opportunities to coordinate and perform activities of mutual collaboration on the geographical areas of interest for Healthy Youth Project and Impactos.

Proyecto Impactos (CAP) is being executed by an implementer with coordination of the Metropolitan Region Administration of Tegucigalpa, Colonia San Miguel's Health Center and Health Units located on the valley of Sula. It's being performed on 36 communities from 7 municipalities in San

Pedro Sula, Tegucigalpa, La Ceiba, Tela, Choloma, Choluteca and Santa Rosa de Copán. The work is being done through alliances with civil society organizations (CSO) by the establishment and functioning of Municipal Committees for the Prevention of Violence and youth networks consisting of both young people and adults. One of the agreements was that the Healthy Youth Project will be able to coordinate with:

- Children International and CASM (San Pedro Sula)
- CIPRODEH and CDH (Tegucigalpa)
- CEPROSAF (La Ceiba)
- Organization Coalition of Tela - COSOSITELA (Tela)
- FUNADEH (Choloma)

One of the needs identified in the youth Networks is related to sexual and reproductive health. Thus they are very interested in agreeing with a coordination and collaboration mechanism that makes the integration of this thematic into their programs possible.

PASMO/Healthy Youth has developed a socializing process with these organizations from the civil society and is now in a phase of mechanism definition to establish an intervention proposal and sign the agreements. With Children International on the Rivera Hernández sector and COSOSITELA, agreements will be signed in the next quarter and field activities will begin in coordination with the other partners. It's important to mention that the Children International's Director has offered a physical space (office) for PASMO/Healthy Youth Project within the community center to aid in the organization and execution of activities. Similarly, negotiations with FUNADEH in Choloma and CEPROSAF in La Ceiba have begun. On the next quarter, coordination with CIPRODEH and CDH in Tegucigalpa will be established to search for coordination spaces and to insert the subject of pregnancy prevention within the strategies they execute.

❖ Socialization conference from CARSI group actions for Civil Society Organizations (CSO) from the Impactos Program

As a follow-up to the existent coordination with Impactos, PASMO's personnel participated in the socialization conference with the CARSI group. Representatives of implementing projects from the CARSI initiative participated as well as Executive and Technical Directors from partner OCs that implement the Impactos Program. One of the aspects that needs to be highlighted is that the meeting served to inform members of the CARSI group on the reach of interventions within the frame of the IMPACTOS program with aims to enhance coordination opportunities and it was also of great importance to learn about the processes that the OCs are implementing. The agreements were as follows:

- To aid in the identification of coordination activities with the OCs and Community Revitalizing Committees (CRC's) within the communities that coincide with the CARSI group.
 - To operate on the work proposals according to agreement No.1 using the strategic lines exposed above as a starting point.
 - Interchange of information between CARSI group implementers and OCs in partnership with the Impactos Program to facilitate coordination.
 - To make use of tools for effective coordination employing matrixes to advance on integration.
 - To continue with the development of work and interchange conference with the CARSI group.
- ❖ Participation in the Multi-section Strategic Investment Options Workshop for the prevention of Youth Violence, executed by the METAS Project along with the participation of technical, directive and youth personnel from organizations linked to programs and projects of prevention, rehabilitation and social reinsertion of at-risk young people. The purpose of the workshop was to maximize participation of key actors, to focus, focalize and outline key topics for the Multi-section Study of Violence Prevention in Honduras.

Additionally, three resources from Healthy Youth Project participated in the National Meeting of partners and coordinators from “por mi barrio” outreach centers, carried out by AJH during the month of March. Overall, the topics that were discussed were: Volunteering, Micro-business, Resource Management,

Community Linking, Alliance impact, Prevention Innovation, Importance of Result Measurements, Trinomial Strengthening (Partner, Coordinator, Technical Assistance), OC Relations (Church, Board of Trustees, Municipality/Committee), efficient use of resources, Violence Prevention, primary and secondary, relations with actors from the local, municipal and national government and the strength of Social Networks as an aid for the work of OCs. During this event the Healthy Youth Project was socialized with all of the CARSI members participating in the meeting. It was very useful for PASMO's personnel as communication opportunities arose in regards to the themes that are relevant to the Healthy Youth Project and it was timely to accelerate coordination with different CARSI partners.

Participation in the launch event of “Coalición 2013 Año Nacional de la prevención de la Violencia”. The coalition's objectives were socialized and the Declaration of the “Coalición 2013 Año Nacional de la prevención de la Violencia” was read and signed. This declaration concludes that public security is responsibility of the State; we are all invited to work for the prevention of violence and to achieve reversion of the curve of violence in 2013, decreed as the National Year of Prevention of Violence.

The agreement document (Memorandum of understanding) has been completed and socializing with the people involved in each organization has begun. In the present,

review initiatives are being made for the signing of agreements on the next quarter thus initiating interventions scheduled in the Healthy Youth Project.

Overall, the elements included in the agreement (Memorandum of understanding) are the following: general information, general and specific objectives, execution period, strategies, contents, specific commitments from both parties relationship conditions and mutual collaboration.

- **Elaboration and signing of mutual collaboration agreements between PSI/PASMO and other strategic partners (Ministry of Health, Ministry of Education and AHMF).**

With the Ministry of Health, definition of central and local collaboration has been completed (Regions and Health Units) and advances have been made to define the reference sheet for the next quarter, which is based on the Ministry of Health's format, with the purpose of creating data compatibility while applying it within the project's frame of work. The project's socializing meetings were also held with the aid and support of PAIA and Health Units linked to the project: Metropolitan Region Administration of Tegucigalpa, Colonia San Miguel's Health Center and Health Units located in San Pedro Sula, Choloma, Villa Nueva, La Lima and La Ceiba.

All of the people involved showed their willingness to collaborate in the delivery of sexual and reproductive health services for teenagers and young people.

Additionally, a meeting was held with Dr. Sonia Escoto, Director of the Health Unit in San Miguel, with the purpose of socializing the Healthy Youth Project and to better understand the functions of the Health Center concerning the services they provide to the young people and teenage population within its area of influence, while identifying the coordination mechanisms between PASMO/Healthy Youth Project and this health center. The agreements were as follows:

- PASMO/Healthy Youth Project will visit the educational centers suggested by Dr. Escoto to analyze the possibility of executing interventions on prevention of pregnancy as was agreed upon with the Ministry of Education and Project guidelines. These centers are:
 - Vicente Villa señor Private Institute, in Colonia San Miguel (high-school).
 - Juan Ramón Molina Institute, located in Colonia San Miguel.
 - Ramón Montoya Institute, located in Colonia Travesía (5th to 9th grade).
 - Carlos Flores Institute, located in Colonia La Era (student population aged 10 and older).

After the visits and agreements with educational centers, Dra. Escoto will be informed with the purpose of maintaining good communication and coordination between the three parties (Health Center, Educational Center and PASMO/Healthy Youth Project).

- A system of reference and counter-reference will be defined for teenagers and young people. Dra. Escoto declared that the health center is in better disposition to collaborate with PASMO/Healthy Youth Project.
- The training needs identified on the health center staff are as follows: Integral attention for teenagers (pregnancy prevention), awareness of the attention norms for teenagers and gender violence prevention. PASMO/Healthy Youth Project will make a training proposal that they will analyze subsequently along with the participation of PAIA.

Once all the specific aspects of collaboration are defined, the agreement (Memorandum of understanding) will be signed in the next quarter.

With the Ministry of Education, a training workshop was performed for managing the “Cuidando mi Salud y mi vida” Methodology Guides, made available by the General Administration of Student Services from the Ministry of Health, where the technical personnel of the Healthy Youth Project and PASMO/Honduras’ Country Manager participated. As a result, the Healthy Youth Project’s staff is now qualified to develop the training process with teachers from educational centers to implement the “Cuidando mi Salud y mi vida” Methodology Guides.

In March 2013, a meeting was held with the director of Asociación Hondureña Mujer y Familia (Concepción Cáceres), where an agreement to refer teenagers and young people approached by the Healthy Youth Project to sexual and reproductive services was achieved. The costs for the products detailed below that AHMF can offer were defined as follows:

**PRICE LIST FOR YOUNG
FROM THE HEALTHY YOUTH PROJECT**

Contraceptive	Presentation	Price at a Clinic	Prices for beneficiaries from the Healthy Youth Project/PASMO
Microgynon	Pills	L 35.0	L 30.0
Noryginon	Monthly injection	L 55.0	L 50.0
Pregnancy Tests	Unit	L 50.0	L 40.0
Vive Amor Condom	Unit	L 5.0	L 4.0
Intrauterine Device	Service	L 250.0	L 200.0
1st. Family Planning Consultation	Service	L 150.0	L 100.0
Next device revision	Service	L 200.0	L 120.0

- Creation of a partner organization network on the topic of SRH.**
As advances are made with the inter-institutional coordination and with CARSI partners, certain organizations that work with the SRH thematic especially with teenagers, have been identified, and in some cases, organizations that offer health, psychological and legal services for teenagers and young people in the Healthy Youth Project's area of influence. Up to this date, an important advance in identification of these organizations has been reached. However, work is still in progress to consolidate and define the organizations network that will, consequently and in mutual agreement, define mechanisms of reference and counter-reference of teenagers and young people that will require attention in different scenarios.
- Creation of a system of references in topics of Sexual and Reproductive Health for Teenagers.**
Concerning the System of References, meetings were held between PASMO/Healthy Youth and PAIA representative Maribel Navarro. It was concluded

that the reference sheet that is actually being used in the Health System and the reference sheet elaborated by PASMO, needs to be revised, to later define which sheet should be applied during this experience, assuring that information is as complete as can be for the purposes of the Health Unit and PASMO's system of information.

During this quarter, advances were also made in meetings of socialization and coordination with the Health Unit Directors located in the areas of influence of PASMO/Healthy Youth Project. With the support and participation of PAIA personnel (Maribel Navarro and Norma Medina), meetings were held in Tegucigalpa, San Pedro Sula and La Ceiba. The Health Unit's staff that participated expressed their willingness to collaborate in aiding the processes aimed to the improvement of sexual and reproductive health services for teenagers.

Additionally, meetings were held with the Chief of the Metropolitan Region, Dr. Salomón Sorto (and Dr. Ruth Medina, Chief of the Metropolitan Region Attention to Teenagers Program), with the purpose of coordinating activities that lead to the successful execution of the PASMO/Healthy Youth Project.

A limiting factor that was found is that in most Health Units that were contacted, there are no tools or trained personnel to implement the automatic information system upon the attention services for teenagers. PASMO/Healthy Youth Project has begun to search/identify other partners that may contribute with this aspect essential for the functioning of attention services for teenagers.

- **Incorporation of the reference system to educational activities.**

This activity will be developed starting next quarter when the mechanism of specific functioning with each of the Health Units that are involved, is defined and that the staff will be trained and informed to put the system into practice in coordination with PASMO/Healthy Youth Project.

- **Design of a support package directed to providers of sexual and reproductive health services for teenagers.**

Based on the knowledge that PAIA possesses on the Health System, and on the functioning of the sexual and reproductive health services for teenagers, and the research performed during the meetings with health personnel from Tegucigalpa, San Pedro Sula and La Ceiba, has been a list of topics has been developed, which will be included in the plan/package of aid/training for providers of sexual and reproductive health services for teenagers. Such as: Integral attention for teenagers (pregnancy prevention), knowledge of the norms for attention for teenagers and prevention of gender violence. Also, emotional and communication abilities for handling teenagers and young people. PASMO/Healthy Youth will make a training proposal which will then be presented and analyzed with the participation of PAIA.

- **Legal work to achieve PAIA's establishment of clinics for teenagers in places where SHR services is inexistent.**

Among other coordination meetings with PAIA, a work tour was performed on March along with PAIA technical assistants (Maribel Navarro and Norma Medina) with the purpose of socializing the Healthy Youth Project with the health personnel from teen-friendly health services in the cities of San Pedro Sula, Tela and La Ceiba, as well as identifying the areas of mutual collaboration for the improvement of integral attention services for teenagers.

- In San Pedro Sula, a meeting was held with representatives of Health Units from neighborhoods prioritized by the project: Rivera Hernández, Chamelecón, Lomas del Carmen, Miguel Paz Barahona, La Lima and Cofradía. Socialization of the Project and coordination meetings with Health Units from Villa Nueva, Choloma, Hospital Catarino Rivas and Hospital Leonardo Martínez, are still pending as they were unable to assist to the first meetings.
- All health centers from this region offer all of the friendly services (Family Planning, STD's and HIV counseling, STD and VCT services), some offer cytology services; nevertheless they experience limitations: not every health center counts with a laboratory.

In the city of Tela, the Health Center of Tela was visited. A meeting was held with the health center's chief (Dr. Dinorah González), the auxiliary nurse (Lucio Martínez) and infirmary chief (Raquel Lopez). This health center is not currently performing its activities of teen pregnancy and HIV/STD's prevention. It does not count with HIV/STD's counseling services; there are no HIV tests available, no cytology or family planning services; however they have a conditioned physical space for servicing teenagers.

Another visit was performed on Tela's Municipal Health Unit. A meeting was held with the Municipal Unit Technician and the person in charge of services for teenagers (Alfonso Alvarado). In Tela's municipality, medical services are offered to teenagers whenever they are requested. They have physical space and a health technician. In Tela's Hospital, a meeting was held to socialize the Project and coordinate interventions where the Hospital's Director (Diana Verdial) participated. She committed herself to dedicate efforts to receive teenagers referred by the Healthy Youth Project and the Health Center. They count with the integral service for teenagers program. It works very well and they are implementing teenage pregnancy prevention activities.

A meeting was also held with the Health Region in La Ceiba. Among its participants where: Municipality nurse and UMIS representative (Susana Perdomo), Metropolitan Health Unit Director (Edwin Interiano), Chief of CESAMO El Confite (Edward Buchanan), Chief of Provision of Services (Carol Martínez) and Coordinator of the

Prevention of Mother to Child HIV Transmission Program in the Sanitary Region (Yolani Valle).

One of the uncertainties manifested by all the participants (except Hospital Catarino Rivas, Miguel Paz Barahona Health Center and Hospital of Tela) is that these Health Units lack an adequate physical space for teenager services, available supplies such as HIV tests, condoms, laboratory, space for counseling and in some cases there is no medical personnel assigned which brings limitations to offer services and guaranteeing their quality.

Overall, personnel from all Health Units manifested their interest to support the implementation of the project. Additionally, they are willing to collaborate in order to achieve a correct functioning of the system of reference for teenagers in coordination with PASMO, however, one of the main worries is that Health Units do not possess an information system that registers services offered to teenagers.

They committed to support the implementation of the Healthy Youth Project and requested assistance to train personnel in Health Units within neighborhoods intervened by PASMO, especially in SHR, communication abilities and strengthening of knowledge on contraceptives for the improvement of teenager integral services. They require assistance with educational material, and informational material on SRH, pregnancy prevention and family planning.

PASMO will assist with educational material on SRH, pregnancy prevention for teenagers that attend these health centers, and will contribute to increase demand of attention services for teenagers through promotion of said services within the different activities being executed.

PASMO will offer training in communication methodologies for attention to teenagers, SRH, norms of attention services for teenagers, communication skills and birth-control methods according to what they requested before the definition of deadlines and training plans with PAIA

- **Monitoring and evaluation of the activities determined in the agreements.**
During the second quarter, PASMO has remained in constant communication with link agents of the Ministry of Health (PAIA, and some Health Units), with the purpose of giving follow-up and achieving advancements on the processes and activities such as, holding meetings to socialize, coordinate activities, and start defining the next interventions with the providers responsible of attention to teenagers within the Health Units. Likewise, PASMO's Country Manager is inquiring upon new partners, to identify a financial support that may contribute for a resolution to improve the information system of each Health Unit.

A socializing meeting was done by the Project "Strengthening of Sexual and Reproductive Health with Teenagers in Honduras" (Healthy Youth), with authority

figures from the Ministry of Health. Dr. Roxana Araujo Minister of Health, Dr. Ivo Flores, Integrated Attention for the Family Department Manager, Dr. María Xioleth Rodríguez, General Director of Health Promotion, Dr. Sandra Pinel, Network General Director, Dr. Salomón Sorto Health Region Manager; and health officials from the USAID: Kellie Stewart, Diana Acosta and Dr. Gustavo Avila.

On this meeting, the Health Minister expressed that the Ministry of Health should bet on this project and it's necessary to enhance coordination with Health Regions on the Project's areas of influence to create synergy. She emphasized that the project is aimed to the most sensitive population of the country therefore strengthening the Ministry of Health which will be of great significance to the young population in Honduras.

Every other Ministry of Health representative expressed their intentions to support the application of the Healthy Youth Project and also suggested that human resources should be empowered and improvement competitions related to services for teenagers on Health Units, be developed as well as assurance that the standards for teenager attention be complied.

Additionally, the topic of intervention sustainability as an important element within the Ministry of Health's capabilities to give a permanent response to the situation was discussed. Emphasis on how the Ministry of Health's human resources must be trained so they can replicate it. The health Regions are the ones responsible to accompany the processes PASMO will be applying to the mentioned areas.

Contact agents were also defined on each of the regions involved as well as mechanisms of mutual collaboration within the Estrategia Nacional de Prevencion de Embarazos en Adolescentes en Honduras (ENAPREAH). They also expressed their support on the execution of a Qualitative research and TRAC (Quantitative) that PASMO will be performing to better understand young people's behavior in relation to sexual and reproductive health and teenage pregnancies.

Activities for next quarter:

- a) To complete the survey with CARSI partners that is still pending from the second quarter.
- b) To complete negotiations with CARSI partners and sign the memorandums of understanding (Agreements).
- c) To sign the memorandum of understanding (agreements) with SESAL, Education and AHMF.
- d) To advance with the creation of organization networks that are partners to the SRH topic.
- e) To advance the creation process of the reference system on SRH topics and its implementation.
- f) To advance on the design process for the support package directed to providers of SRH services.
- g) To continue with the legal work to allow PAIA establish and improve attention clinics for teenagers.

4. Launch of the Project in Tegucigalpa and SPS.

- On the second quarter, dates were established to perform the launch event of Healthy Youth Project in Tegucigalpa, and a demonstrative visit of the work the Project is doing in San Pedro Sula.

Activities for the next quarter:

- Execution of the launch event of the Healthy Youth Project
- Execution of USAID's visit to San Pedro Sula to observe the functioning of the Radio Program from inside the transmission cabin in San Pedro Sula.

5. Strategic information (development of research that offers recollected information scientifically to make correct decisions in the program).

- **Qualitative Research:**

To manage and obtain approval from PSI's Ethics Committee, to socialize the Qualitative research protocol and to obtain approval from USAID.

The study protocol approval by PSI's ethics committee based in Washington was achieved. The committee's observations were included. Likewise, the research was socialized with USAID and the Ministry of Health who gave it their approval.

- **To contract the research agency.**

Proceedings to make a contract with the research agency (MERCAPLAN) were completed and work on the interview guide was initiated with resources from the local team, PSI's research team and PSI's technical office in Washington. A change in the protocol was requested to include La Ceiba (which was not included originally because of budget difficulties). To remain inside the budget margin, the number of focal groups was reduced for ages 19-24 in Tegucigalpa y San Pedro Sula.

The ethics committee accepted the changes without the research suffering much modification or delay. A random selection of educational centers and OCs, where informers will be recruited, was performed. A work plan has been prepared to follow up on the different activities and to obtain resources within the planned scheduled. The members of PASMO/Healthy Youth Project's staff that will accompany the execution of the research completed the PSI on-line course of ethics. To develop the work plan that will contain each phase of the investigation process.

A detailed work plan was created for the Qualitative research study. PASMO's and MERCAPLAN's responsibilities were defined.

Activities for next quarter:

- To conclude the interview guide.
- Recruitment process (contracted agency)
- Development of focal groups.
- Planning and execution of a socializing conference for the study along with OC coordinators and educational centers with the purpose of requesting authorization for the recruitment of informers within their operation centers.

- **Quantitative Research (TRAC):**

The study design for the TRAC with Young people was completed. Taking advantage of a regional initiative, a regional study design has been submitted to the ethics committee at PSI Washington which is also applicable to El Salvador and Nicaragua, this process is executed by the Investigation Office of Guatemala in conjunction and close communication and coordination with PASMO Honduras. The objective is to optimize resources and buy time. Although the design is regional, differences between the age groups are constant through each of the countries. On the next quarter, a TRAC protocol socialization will be executed with the Health Ministry and USAID.

Activities for next quarter:

- a) Socialization of protocol with USAID and obtain approval.
- b) Socialization of protocol with the Ministry of Health and obtain approval.
- c) Elaboration of work plan and beginning of field work.

- **Qualitative research with providers/Archetype design of sexual and reproductive health service providers.**

On the second quarter it was impossible to advance on this subject, mainly because the Qualitative research and TRAC demanded more time, which is why this process will be translated to the next quarter.

Activities for next quarter:

- a) To initiate elaboration of research design.
- b) To socialize the protocol with the Ministry of Health and obtain approval of USAID.
- c) To submit the protocol to the ethics committee at UNAH.

Activities directed to the youth outside the educational system.

6. Revision, adaptation and/or design of methodologies and strategies of intervention for youths outside the schooling system.

On the second quarter, the plan for development of educational activities with unschooled youths was designed. The educational plan proposes the execution of activities according to age segmentation on teenagers and young people (10-12, 13 -15, 16-19 and 20-24 years of age). The methodology to be used in the development of activities will be founded on participation and it is based on existing modules produced by PASMO. This educational plan will be re-evaluated and adjusted according to the results of the Qualitative study and TRAC 2012. The methodology for youth outside the schooling system is currently undergoing a revision process. The process to be executed for printing the new material for educator and change agents as a support for replicas is still pending.

Intervention strategies are being designed in a particular way for each of the outreach centers due to the fact that the dynamic of function varies from one to the other. In some OCs, Community Centers or Youth Networks, activities will be performed on weekends or on weekdays according to the availability of teenagers and young people in the area.

It's important to mention that the creation of change agents (peer methodology) will be impossible to apply completely on all OCs since, according to the information known up to date, there is substantial rotation of the youth groups that arrive to the OC, and in many cases, migration of the youths affects the dynamic process and access to the youths in order to be able to intervene in a systematic way on the different groups. PASMO/Healthy Youth makes efforts to adapt to the different realities existing on OCs from all of the prioritized cities.

Activities for next quarter:

- a) To continue with the adaptation and/or design of methodologies and intervention strategies for unschooled young adults. This will be completed with the results from the Qualitative study.

7. Execution of educational activities with unschooled youths (or out of school).

On the second quarter, educational activities with unschooled youths were not executed in view of the fact that time and effort was spent in coordinating with the different partners of PASMO/Healthy Youth Project. These activities will begin on OCs, Community Centers and Youth Networks next quarter.

Activities for next quarter:

- a) Conferences, workshops and educational meetings with youths from the OCs, community centers and youth networks.
- b) Identification and training of Young leaders to mold them into Change Agents (as applicable to each of the OCs).
- c) Methodology revision for out-of-school youths (to aid the educator and agent of change).
- d) Execution of educational activities from behalf of Change Agents upon the targeted population (multiplying effect between peers), according to the advancement of the training process.

8. Monitoring of educational activities with unschooled youths (according to the monitoring plan):

Educational activities will be monitored systematically during their execution.

Activities for next quarter:

- a) To monitor activities with unschooled adolescents and young adults.

9. Identification and creation of support groups for teenagers, fathers and mothers.

Activities for next quarter:

- a) To coordinate with educational centers and OC to initiate the creation process of support groups for adolescents, and parents.

Activities directed to youths inside the educational system

10. Revision and adaptation of strategy and intervention methodology.

• Definition of strategy and intervention methodologies directed to youths inside the schooling system.

During the second quarter, it was defined in conjunction with the General Administration of Student Services, the intervention strategy with teenagers and young adults from educational centers located in the prioritized areas of the project. In fact, activities began, based on the accorded guidelines, which implies that in each municipality to be intervened the following steps will be taken:

1. Project presentation meeting and coordination with district directors of education and educational center director.
2. Development of a training activity plan with each educational center (training workshop for the use of “cuidando mi salud y mi vida” guidelines, development of educational activities with young adults, social mobilization activities, identification and agent of change training, replica execution, etc.).
3. Work monitoring plan to be performed during the school year.

The methodology to be applied on educational centers is the same as presented in the “Cuidando mi salud y mi vida” guidelines. However, these interventions will be enhanced with entertainment activities such as, theater performances, fairs, contests and sport competitions along with social mobilization activities and the program “Conexion Radio”.

As part of the support that will be given to the agents of change that are trained in educational centers, will be the delivery and training for the use of educational materials that will serve as tools for the educational replica executions along with their peers. Within the training given to the agents of change, a topic of communication skills and peer educational methodology will be included, with the purpose of guaranteeing the

work that they will be responsible of with the support of educators from the Healthy Youth Project.

Activities for next quarter:

- a) To complete the definition of a strategy and methodologies of intervention directed to young adults inside the schooling system. This strategy will be revised with the results of the Qualitative study and TRAC.

11. Interventions in educational centers or alternative educational programs.

New educational centers to be intervened, with the participation of the Ministry of Education, were identified. These centers are located in neighborhoods prioritized by the project. Their process of intervention will begin next quarter (See annex 3).

In the city of Tegucigalpa, a meeting was held with Educational District N° 11, located in the “21 de Octubre” neighborhood, along with Directors and Sub-directors from the Vicente Villa Señor Institute, Juan Ramón Molina Basic Education Center and the General Administration of Student Services, thus agreeing on the following:

- PASMO will execute interventions in the Educational Centers Vicente Villa Señor and Juan Ramón Molina.
- Teachers qualified for managing the “Cuidando mi Salud y mi vida” Methodology Guides will implement them with the students.

The Agents of Change trained by PSI/PASMO, within the frame of collaboration with the SUMMIT Foundation/ Embassy of Finland, have continued performing activities, thus completing 115 educational activities and 10 cultural artistic activities in educational centers that PSI/PASMO has been working on since the beginning of 2012 through the Club en Conexión Program.

Only on the second quarter, intervention to a total of 1,821 young adults in schools was achieved adding to a cumulative total of 4,614 since October 2012.

Replication activities (conversational meeting) included the subjects of STD's and HIV prevention, contraceptives (including a demonstration of the correct use of the condom) and gender relations. The conversational meetings lasted approximately 45 minutes each and they consisted on the approach to be implemented, by an agent of change, on the groups of young adults or teenagers inside the educational center facilitated, along with the presence of the responsible teachers and the educator PASMO has assigned to the zone. Likewise, 6 health fairs were held within educational centers in coordination with health centers, IHSS and the anti-cancer league.

Below, a summarized table of said activities:

Project: Healthy Youths								
Report of intervened individuals by age and gender								
October 2012 to March 2013					Intervened during the 2nd Quarter			
Youths inside schools					Young adults in school			
Age	Educational Activities (Conversational meeting)	Gender		Total	Educational Activities (Conversational meeting)	Gender		Total
		Female	Male			Female	Male	
10 to 14 years	462 (22 formative activities, 422 conversational meetings, 8 health fairs, 10 cultural activities)	1174	916	2090	146 (130 conversational meetings, 10 cultural activities and 6 Health fairs)	266	267	533
15 to 19 years		1337	1086	2424		684	559	1,244
20 to 24 years		55	46	101		26	19	45
Total	462	2,566	2,048	4,614	146	976	845	1,821
		55.6%	44.4%					

All of the educational activities performed by Agents of Change were monitored by the Program's educators, who offered logistical and technical support, educational material and held evaluation meetings with the Agents of Change, giving them feedback for the improvement of their performance as such.

Activities for next quarter:

- a) To continue to hold meetings of socialization of the Healthy Youth Project with educational centers.
- b) To continue with the identification process and training of Agents of Change (peer educators) for their preparation, especially on new educational centers.
- c) To initiate replication of educational activities (multiplying effect) by Agents of Change, according to their advance in the training process.
- d) To monitor educational activities performed by Agents of Change.

12. Strengthening of educational efforts performed on educational centers.

- Performance of cultural, artistic and sport activities in educational centers.
11 community theater presentations were executed in educational centers as part of the strengthening of key topics promoted by the Agents of Change in replicating activities. The theater presentation discussed the subject of teenage pregnancy, gender relations and empowering of female young adults. The teaching staff has valued these interventions positively as well as being able to capture the attention of students of both genders and different ages.

200 mothers and fathers of different Basic Centers and Institutions that are intervened by PSI/PASMO were trained. These activities were given the support of the educational personnel of the orientation area and they included topics like gender roles, STD's and contraceptives. Interest and active participation was observed from the mothers and the fathers.

Activities for next quarter:

- a) Coordination with the Ministry of Education to plan and perform training procedures for teachers and parents.
- b) To begin the design and planning of internal campaigns on educational centers.

Activities directed to youths inside as well as outside the schooling system.

13. Design of campaigns integrated to massive media and social networks.

Design and validation of campaign integrated to the social media.

This campaign will be designed when results from the Qualitative study are available.

14. Radio program development.

Design and validation of the Radio Program "En Conexión Radio"

On the second quarter, the Program "En Conexión Radio" was designed, based on the program that was previously broadcasted by PASMO (Annex 5).

Identification of potential radio stations has begun. They need to have a young outlook and coverage on the areas of influence of the project, in order to broadcast the Program En Conexion Radio. The price estimate process of youth oriented radio stations that are the most popular according to surveys done on OCs, has begun.

Activities for next quarter:

- a) To complete the selection process of a radio station.
- b) Identification and training of volunteers for the "En Conexion Radio" Program.
- c) Launch of radio program.
- d) Elaboration of radio scripts.
- e) Elaboration of the media plan (radio stations, schedules) for promotion at OCs and educational centers.

15. Design and execution of social mobilizing activities.

A plan of mobilization was elaborated for the months of April to November 2013.

Activities for next quarter:

- a) To increase the development of social mobilization efforts in coordination with the Ministry of Health, Ministry of Education and CARSI partners.

16. Street or community theater strategy.

Cultural activities were performed with theater groups formed in 2012 within the frame of the project with SUMMIT and Finland.

Activities for next quarter:

- a) Identification of volunteers for the theater groups
- b) Program design for theater group training
- c) Presentation of theater plays in educational centers, outreach centers and mobilization events.

17. Friendly Sales Points.

Identification of friendly sales points continued in the project's areas of intervention through awareness and motivational visits to sales establishments: A total of 34 new friendly condom sales points have been identified in a radius of approximately 200 mts. from the educational centers.

Activities for next quarter:

- a) A poster will be designed under the concept of ¿Tienes? Pídelo! (Do you have it? Ask for it!) to identify friendly sales points.
- b) Marking of these locations with the concept: ¿Tienes? Pídelo!
- c) Identification of friendly sales points in the project's area of intervention will continue through awareness and motivational visits (friendly sales points mapping).
- d) Training for the project's educators in managing of the storing conditions and condom sales.
- e) Coordination with the sales team of PASMO will be maintained to assure attention in the launch and timely delivery of products to sales points located within the areas of influence of the Project.

18. Technical support and supervision by the regional office and (this includes personnel trips to Honduras)

During this period, PSI's regional office has given technical support to PASMO/Honduras/Healthy Youth Project within the area of research to aid the performance of Qualitative and Quantitative research designs that are currently in process and design of educational material such as trifoliate pamphlets, posters and banners among others. Likewise, they are offering technical support to the Club en Conexión's web page and to social networks (especially Club en Conexión's facebook page).

In addition, this helps the local platform improve in recollecting data from educational activities, to protect the information used as input for SAM and to aid in generating report sheets to aid in accounting the number of activities and intervened individuals.

On this quarter, an educator from the Healthy Youth Project participated in the Cyber-Educator Workshop, convened by the Regional office of PSI/PASMO in Guatemala. The purpose was to strengthen the technical capabilities of

educators to improve the management of the cyber-approach strategy and attention to good results, profile of a cyber-educator, approaching techniques, performance improvement, reinforcement of learned material, doubt clarification, to learn, to grow as a professional, references and effort unification.

IV. Monitoring and Evaluation

During the second quarter from January to March 2013, monitoring activities and evaluation were under the responsibility of PASMO's country manager, CCC coordinator and Program supervisors.

A good performance has been observed by the educators responsible of the training activities of teachers, training to parents and/or tutors, replica executions, theater, visits to businesses for the aperture of condom sales points, strengthening of student governments and execution of internal campaigns in each of the educational centers.

It is important to mention that currently, PASMO's educators are developing a greater number of activities but a balance in the accomplishment and quality of the educational labor has been maintained by the supervision team.

There is a more direct follow-up being given to field activities both by PASMO educators as well as Agents of Change. A good motivation and participation of young adults and teachers in the activities has been observed, as well as in the Agents of Change that execute replicas of topics and messages related to sexual and reproductive health with their peers.

Desertion of the process by Agents of Change has been identified for different reasons (translation to other educational center and fear to commitment), which is why it is suggested that the number of evaluation and motivation activities for Agents of Change be increased as well as a strategic revision of incentives.

On this period, monthly meetings for work plan follow-up have been held, as well as individual meetings with educators, escorting and monitoring of field work and supervision of data-base feed.

V. Challenges and Proposed Solutions

During the second quarter, the main challenges found are as follows:

- To achieve communication with "Asociación por una Sociedad más Justa" who manages the OC located in Colonia Suyapa in Tegucigalpa and with Save the Children who manages the Community Centers in Villa Franca, Villa Cristina, Alemania and Buenas Nuevas. Due to lack of time, neither negotiations nor agreements for the implementation of the Healthy Youth Project were attained.

- To select a new human resource for performing as an educator in La Ceiba. This process will be executed in the month of April which includes the new resource's induction.
- To intervene the targeted population (teenagers and young adults) outside the educational system (unschooled) with OC's, Community Centers and Youth Networks. If risks are identified within this objective, other mechanisms of action that assure completion will be searched for.
- Educational curriculum revision and acquiring of materials so that educators possess the right tools.
- PSI/PASMO is doing its best to level the rhythm of execution of the Program's activities, and puts into practice the best methods of managing in order to accomplish its goals and objectives.
- To begin development of educational activities on OC's and community on the next quarter based on the agreements that have already been signed (memorandum of understanding).
- To complete the security plan, to train personnel and to put into practice the different security measures to perform field work in order to reduce the levels of exposition of personnel.

VI. Coordination with other partners

During this quarter a meeting was held with UNICEF representatives where an opportunity arose to socialize the Healthy Youth Project and at the same time, to learn about the work UNICEF is doing on the subject of teenage pregnancy and HIV/STD's prevention (2012-2016 Program). UNICEF's partners are Municipal Town halls in the areas of San Pedro Sula, Centro/Tegucigalpa/Comayagua and Choloma. They use peer education strategies and child communicator networks. The possibility of joining efforts on areas common to both institutions was analyzed and to take advantage of the child communicator networks for activities done by the Healthy Youth Project that are analogous to UNICEF. PASMO will continue to build relations with UNICEF, and any action that will lead to synergy on common geographical areas, will be defined.

Another of the activities performed on the reported quarter is the participation of a PASMO/Healthy Youth's technical resource (female educator) on the Central American Youth Camp "Construyendo Alianzas en la Diversidad" (Building Alliances within Diversity) programmed by Puntos de Encuentro de Nicaragua. Its objective was to create a space where young people and adults of diverse identities and Central-American social movements can build alliances oriented to question and interrupt all forms of discrimination, mistreatment, social exclusion and abuse, while at the same time, to put into practice relations based on equality of rights, dialogue and respect to solidarity.

In March 2013, an educator from the Healthy Youth Project participated in the forum “Fortalecimiento del Liderazgo Local” (Local Leader Strengthening) held in Guatemala, which was convened and supported by the Seattle International Foundation and SUMMIT Foundation. Its objective was to share on good practices on the SRH topic within the central-american region, to motivate organizations to make alliances for network articulation and strengthening of social networks.

VII. Gender Component

During the second quarter PSI/PASMO/Healthy Youth Project elaborated a preliminary proposal of gender strategy, which is currently being improved.

One of the goals achieved in this quarter is that in educational programs for the approach of unschooled teenagers and young adults the gender perspective was included and the topic of gender violence prevention, was laid out at a level of theoretical contents which will subsequently be applied on the next quarter, based on participative and experience-based methodologies in training activities with teenage males and females between 10 to 19 years of age (10-12, 13-15 and 16-19) and 20 a 24 years, fathers, mothers, teachers and community leaders that are beneficiaries of the Project.

Moreover, in the technical induction workshop directed to the Project’s personnel performed on February, development and inclusion of the objective “To give feedback to the project’s personnel on handling and focus applied by PASMO on the sexual and reproductive health thematic with emphasis on pregnancy prevention with gender focus”. These activities were of great benefit for the staff as this topic will be present in all interventions that are made within the frame of the Healthy Youth Project. The need to strengthen the team’s abilities and knowledge was identified to achieve a better appropriation and application in the activities that will be performed with the different groups that are beneficiaries of the project.

Also, in the PMP design, the gender focus has been included and a specific marker on gender based violence

According to the Healthy Youth Project work plan, on all activities to be performed, the inclusion of gender equality focus will be assured as well as prevention of violence based on gender as it applies to teens and young adults that attend

educational centers (schooled), and those who attend to outreach centers, community centers and/or youth networks (unschooled).

VIII. Financial Report

Implementation of the budget has been low considering that our work has been concentrated on the planning of activities during the first and second quarter.

The strong implementation of the "Healthy Youth" project will concentrate from third quarter fiscal 2013. Below is chart on the implementation of the budget for the funds committed for the first fiscal year.

Description	USAID	Cost Share	Total
Total funds obligated at the FY 2013	\$400,000.00	\$400,000.00	\$800,000.00
Cumulated expenditures at the beginning of the Q2/Y 2013	\$7,491.43	\$57,612.11	\$65,103.54
Pipeline at the beginning of the Q2/Y 2013	\$392,508.57	\$342,387.89	\$734,896.46
New funds obligated	\$0.00	\$0.00	\$0.00
Total available	\$392,508.57	\$342,387.89	\$734,896.46
Expenditures for the reported Q2/ Y 2013	\$41,850.18	\$110,512.49	\$152,362.67
Pipeline at the end of the reported Q2/ Y 2013	\$350,658.39	\$231,875.40	\$582,533.79
Estimated expense burn rate for Q3	\$ 170,000	\$ 100,000	\$ 270,000.00
Number or quarters of pipeline remaining	2.06	2.32	2.16

IX. Lessons Learned

One of the important lessons on this quarter was that while working with the formal educational system, it is necessary to always establish coordination from the central level. Due to its work in coordination at a national level, this system makes faster and more effective progress, so that the Healthy Youth Project's personnel has a better acceptance at the time of coordinating directly with different instances such as: department administrations, district administrations and educational center directors, thus achieving more effective results in coordination and qualification of teachers and students.

Due to the fact that the Healthy Youth Project's areas of work are located in high risk zones, it is essential to make use of vehicles marked with USAID's identity to reduce the risk of delinquent assaults.

X. Key Conclusions

- The methodology for creating and training agents of change will be reviewed to identify areas of improvement, strengthening, and to avoid desertions of youths that may occur. Also, to make use of motivating elements that may contribute to keeping agents of change fulfilling their roles as peer educators.

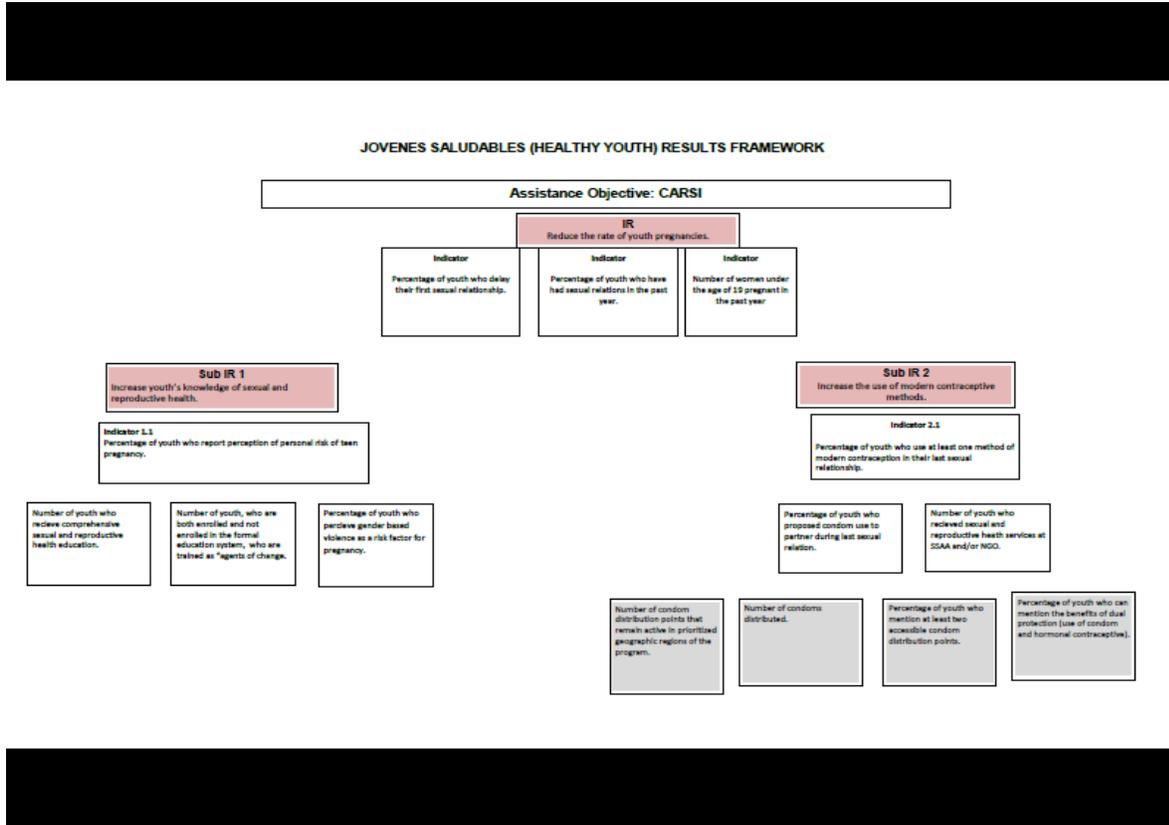
- The Healthy Youth Project's technical team is prepared for the implementation of the project with accompaniment and timely technical counseling. Hiring of a new educator assigned to La Ceiba is still pending as the person who had already been hired, recently quit because of health problems.
- According to the needs identified for strengthening of educators and supervisors, it is required to offer them training opportunities in the areas of gender, educational methodologies, emotional handling and fears of being exposed to insecure situations. In addition, training on the handling of risky situations due to insecurity in the areas of work will be offered. Alternatives for training in these areas will be searched during the next two quarters of the fiscal year 2013.
- Strategic alliances with CARSI partners, Ministry of Education, Ministry of Health, NGO's and international organisms like UNICEF, will be established. This will favor the creation of an adequate climate of internal and external work for the achievement of goals.
- Generally, all CARSI partners, who have participated in negotiations for implementing the Healthy Youth Project, have expressed the need of discussing the subject of pregnancy prevention, and have shown an interest to maintain alliance with PASMO to contribute in the resolution of situations of unintended pregnancies on teenagers. This includes religious partners with the condition of not including the subject of modern contraceptive methods at interventions.
- Important advances were made with the Qualitative Research design, which is ready to begin with field work in the month of April. Also, the study's design (Quantitative study) has been completed and has been submitted to the ethics committee at the end of the month of March.

XI. List of key personnel involved in the execution of the Project

- Julio Zúniga, Gerente de País
- Perla Alvarado, Gerente de Programa
- Allan Palma, Coordinador de CCC
- Karla López, Gerente Administrativa
- Elvin Núñez, Gerente de Ventas
- Benjamin Andrade, Director del Departamento de Investigación, PSI/PASMO

XII. Annexes

Annex 1: PMP (Matrix is also attached in electronic folder)



Annex 2: Plan DELTA (See in electronic folder)

Annex 3: List of Educational Centers in Intervened by PASMO (See in electronic folder)

Annex 4: Relevant Images



Coordination Meeting with
representatives from Health
Units in San Pedro Sula.
March, 2013



Participation of PASMO/Healthy
Youth in the OC National
Conference, San Pedro Sula.
February, 2013.



“Sin Sentido” Theater
performance by theater group
Club en Conexion/Pasmo
at Centro Educativo Basico
Gilberto Pineda, Colonia El
Carmen, San Pedro Sula,
March, 2013