

PROJECT

STRENGTHENING ADOLESCENT REPRODUCTIVE HEALTH IN HONDURAS USAID/ HEALTHY YOUTH HONDURAS

QUARTERLY REPORT

October 12– December 31, 2012

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ACRONYMS

ASRH	Adolescent Sexual and Reproductive Health
AJH	Alianza Joven de Honduras
AHMF	Asociación de Mujeres y Familia
BCC	Behavior Change Communications
CARSI	Central America Regional Security Initiative
CEB	Centro de Educación Básica
CONVIDA	Comunicación y vida
DHS	Demographic Health Survey
FP	Family Planning
HIV/AIDS	Human Immunodeficiency Virus/Acquired Immunodeficiency Syndrome
IHSS	Instituto Hondureño de Seguridad Social
IPC	Interpersonal Communications
STI	Sexually Transmitted Infections
M&E	Monitoring and Evaluation
MAP	Measuring Access and Performance
MOE	Ministry of Education
PMP	Monitoring and Evaluation Plan
MOH	Ministry of Health
PASMO	Pan American Social Marketing Organization
PERForM	Performance Framework for Social Marketing and Communications
PAIA	Programa Nacional de Atención Integral al Adolescente
PSI	Population Services International
RH	Reproductive Health
SRH	Sexual and Reproductive Health
SESAL	Secretary of Health
TRAC	Tracking Results Continuously
UIC	Unique Identification Code
UNAH	Universidad Nacional Autónoma de Honduras
USAID	US Agency for International Development

I. Executive Summary

The project Strengthening Adolescent Reproductive Health in Honduras “Healthy Youth”, funded by the Central America Regional Security Initiative (CARSI), presents the first quarterly report of the fiscal year 2013, for the period from October 12 to December 31 of 2012.

This report provides information on the major achievements in the quarter, the challenges and actions taken to ensure the achievement of results and information on the implementation of the budget for the Project in a general way.

During this quarter, the Project “Healthy Youth” (Jóvenes Saludables) achieved the following advances in relation to the expected results:

- Work Plan for the fiscal year of 2013 designed and approved by the USAID.
- Design of the qualitative investigation (focus groups), to be carried out with adolescents of both genders, between 15 to 24 years of age, to understand the knowledge, attitudes and practices of the adolescent in terms of sexual and reproductive health.
- Design of the quantitative study (Tracking Results Continuously-TRAC), for monitoring sexual behaviors of adolescents and young people, and the associated factors.
- Socialization of the Project “Healthy Youth” with CARSI partners, and establishment of alliances with AJH.
- Identification the location of the Outreach Centers in Tegucigalpa and San Pedro Sula.
- Conducted the process of selection of the program manager position.
- Conducted reproductive health educational activities in educational centers with young people and teachers.
- Trained in the issue of gender:
44 teachers (7 of male sex and 37 of female sex), were trained in the issue of gender to support the agents of change in their role of peer education. The educational centers participants were Nimia Baquedano Institute of Villa Olimpica Tegucigalpa and Gabriela Nuñez Institute of La Laguna Comayagua.
- 2,850 young people were approached in educational institutions in the modules of self-esteem, biological changes in adolescence and STI prevention (sexually transmitted infections).
See Table 1 on page 12 for detailed by age and sex of participants.
See Annex 1: List of Educational Centers on page 18, detailed about location of participants per center educational.

- A play presented by the drama group of *Club en Conexión*, in the Festival COMVIDA, addressed the topic of the gender roles and their influence on the sexual health of adolescents and young people.
- Ten sites of distribution of condoms were opened in the zones of influence of the Program.
- In terms of financial performance, PSI/PASMO has executed a total of \$. 65,103.54 dollars (Including cost share), which means an 8.13% of the budget of the fiscal year 2013.

II. Context of the Project and Objectives

National Context:

Honduras with a population of 8.5 million shows the highest rates of teenage pregnancy in the region with 22 %, and only 21.2 % of women aged 15-19 years use modern methods of family planning. Moreover, the population most affected by HIV in Honduras is the group of 15-29 years of age¹.

The average age of sexual initiation for young people aged 15-24 in Honduras is 14.7 years. Despite high levels of knowledge about the condoms as an effective method of prevention of HIV and on where to get a condom, only 9% of youth reported the use of a condom during their first sexual intercourse and 61% used a condom during their last sexual experience²⁻³.

Honduras' Secretary of Education attributes this situation to a lack of adolescent sexual and reproductive health (ASRH) education provided in schools⁴. Exacerbating the problem further is Honduras' low school enrollment: 79.9% of youth between the ages of 12 and 14 attend schools but this drops to 45.2% in youth between the ages of 15 and 19. Moreover, only 19.4% of individuals ages 20 to 24 attend school, and only 36.4% of youth graduate from high school⁵. Given these decreasing school enrollment rates, ASRH interventions should focus both on in school youth, especially in the 10-14 age group, and also target out-of-school youth, particularly in age groups 14 and older.

Recent national policies create an enabling environment for ASRH. The Declaration from the Ministry of Health advocates for the incorporation of (SRH) in schools, and the National Policy on Youth prioritizes universal access to SRH education and services for adolescents.

¹ Honduras Ministry of Health PowerPoint Presentation. (2011). *Teen Pregnancy (Embarazo en la adolescencia)* Comprehensive Youth Care program

² Demographic and Health Survey (DHS) – Honduras 2005-06 Obtained June 12, 2012, from: <http://www.measuredhs.com/pubs/pdf/FR189/FR189.pdf>

³ Population Services International/Pan American Social Marketing Organization. (2011). *TRaC study on Evaluation of healthy behaviors among youth or adolescent*. Washington, DC. Population Services International

⁴ A study by the Honduran Secretary of Education (as cited in Honduras Ministry of Health PowerPoint Presentation (2011).

⁵ Honduras Ministry of Health PowerPoint Presentation. (2011). *Teen Pregnancy (Embarazo en la adolescencia)*.

Context of the Project:

Based on the situation described above, factors and national statistics, as of October 2012, Population Services International (PSI) and its local affiliate, the Pan American Health Organization of Social Marketing (PASMO), is initiating the implementation of a three-year project, that will work with the public and private sector to improve the results of sexual and reproductive health among the Honduran youth (10-24 years old).

The Project “Jóvenes Saludables” (Healthy Youth) is funded through a public-private collaboration between USAID and Pan American Social Marketing Organization (PASMO) / Population Services International (PSI), in partnership with the Embassy of Finland and the SUMMIT Foundation.

The Project “Jóvenes Saludables” is executed within the framework of the National Strategy for the prevention of pregnancy in adolescents of the Secretary of Health.

Lacking formal sexual health education, youth learn about sex and contraception mainly through informal channels such as friends, family, mass- and social- media and some youth organizations. However, this often results in contradictory messaging as parents and societal norms usually stress abstinence whereas peers and media propagate early sexual debut and risky sexual behaviors. Moreover, youth exposed to violent behaviors are likely to have fewer positive role models who discuss healthy sexual behaviors. As a result, knowledge gaps are significant. In that sense, the 2011 PASMO TRaC study states that only 48.7% of youth can name three or more moderns contraceptive methods⁶.

Low self-risk perception among young people is particularly dangerous because it compromises their reproductive health, leading not only to increased likelihood of contracting HIV/AIDS and other STIs, but also to greater susceptibility of unplanned pregnancies. Furthermore, many young people are subject to strong peer pressure to engage in sexual activity and may lack the education or self-esteem necessary to make independent decisions about their sexual health⁷.

Objective:

The Main Objective of the Project is: To improve health outcomes of adolescents (aged 10-24) in vulnerable urban and regions of the Northern Coast of Honduras, who are at-risk of unintended pregnancies and STIs).

To achieve this goal, PSI/PASMO develops processes and activities under the following results:

⁶ Based on a random sample survey conducted among 1008 sexually active 15-24 years old students from schools where PASMO has conducted BCC activities. The schools were in the departments of Cortez, Francisco Morazán and Yoro.

⁷ Extract of the Revised Technical Proposal for USAID global Development Alliance “Jovenes Saludables” Central America Regional Security Initiative (CARSI): “Strengthening Adolescent Reproductive Health in Honduras”: PSI/PASMO: 2012

- **Result 1:** Increase knowledge of sexual and reproductive health.
- **Result 2:** Increased use of modern contraceptive methods.
- **Result 3:** Reduction in youth pregnancy rates

PSI/PASMO will implement a campaign of Behavior Change Communication (BCC) based on evidence to increase the knowledge and use of reproductive health commodities and services in different groups of youth “at-risk” through health education, assistance and reference services, as well as through social media and communications.

PSI/PASMO will encourage and expand their long term Project, *Club Conexión* directed toward urban youth through various channels of communication. The project is also aligned with their activities in social marketing of condoms and will focus on strengthening links to products and services of reproductive and sexual health to help teenagers access youth friendly clinics.

PSI/PASMO will establish partnerships and collaboration agreements between the affiliates of the CARSI strategy, working directly in educational programs with young people in school and outside of schools. With the Alianza Jóven Honduras (AJH), PSI/PASMO initiated the coordination of actions directed to concretize the strategies to intervene with young people attending the outreach centers in their own community.

Equally important are other partners such as the Secretary of Education/Directorate General of Student Services/Youth Unit, Population and Health, project goals, AJH, among others, to achieve the intervention with adolescents and youth in the non-formal sector and formal education.

III. Intermediate Results and Project Activities

The work plan of the project is structured in terms of four categories of activities that together contribute to the achievement of the three outcomes defined in this Project:

1. General activities of the Project
2. Activities directed to young people out of the school system
3. Activities directed to young people in the school system
4. Activities directed to young people both out and in the school system.

Between October and December of 2012, PSI/PASMO, took the following actions to move forward with the established outcomes of the Program.

1. Recruitment and development of human resources of the Project.

PSI/PASMO carried out the process of recruitment and selection of the program manager between October and December of 2012. The process began with the publication of the notice of vacancy, by specifying the professional profile required and the job description. The publication was made in the newspaper El Heraldo, 26 resumes were received, which were evaluated by a selection committee comprised of the Country Manager of PASMO and the Executive Director of PASMO Regional, 3 candidates were pre-selected, and at this stage, the resumes were sent to the USAID to be analyzed and receive the approval of the candidate proposed by PASMO according to the process.

Due to the importance of the process of recruitment and selection of educators of the Project, PSI/PASMO has prepared the terms of reference and professional profile required for the recruitment. 5 Educators will be hired to complete the program's technical team, since PSI/PASMO accounts with 3 teachers and 2 supervisors hired and already working.

Activities for the next quarter:

- Recruitment of the Manager of the Program.
- Perform the technical induction of the Manager Program to hire from January 2, 2013; for the accomplishment his/her duties.
- Publication of vacancy, selection and recruitment of educators of the Project.
- Conduct the workshop of technical and administrative induction for the team of educators and supervisors of the Project.
- Develop, implement and monitor the security plan for the field interventions.

2. Elaboration of the planification of the Program for each of the three years of implementation.

The workplan for the fiscal year 2013 was developed and submitted for to USAID.

Activities for the next quarter:

- Elaboration and approval of the monitoring and evaluation of the program (PMP).
- Elaboration and approval from the USAID of the Branding and Marking Plan for the Project.
- Elaboration of the DELTA plan.

3. Creation of strategic alliances.

In November 2012, two representatives of PSI/PASMO/Project “Jóvenes Saludables” participated in the meeting of CARSI partners at USAID, to introduce the project to all partners and identify key partners, as the Alianza Jóven Honduras (AJH/CREATIVE). Collaboration with AJH is strategic since their Outreach Centers are located in areas of greatest vulnerability in the cities of the Central District (Tegucigalpa and Comayaguela), San Pedro Sula, Villanueva, La Lima and La Ceiba; where the Project “Healthy Youth” is taking place.

The Director of AJH, expressed to the Country Manager of PSI/PASMO that his organization is ready to contribute and facilitate the spaces, contacts, and support to carry out their interventions in the Outreach Centers.

All the activities related with the creation of strategic alliances will take place during the second and third quarter, according to the annual work plan.

Activities for the next quarter:

- Preliminary survey with CARSI partners.
- Elaboration and signature of mutual collaboration agreements between PSI/PASMO and CARSI partners.
- Elaboration and signature of mutual collaboration agreements between PSI/PASMO and other strategic partners (MOH, AHMF).
- Creation of a network of partners in the issue of SRH.
- Creation of a reference system for topics of SRH.
- Incorporation of the reference system to the educational activities.
- Design of a support kit addressed to health provider services of SRH.
- Advocacy with MOH/PAIA to establish clinics for adolescents in locations where there are no SRH for young people.
- Monitoring and evaluating actions stipulated in the agreements.

4. Launch of the Project in Tegucigalpa and SPS.

Activities for the next quarter:

- Conducting two events to launch the Project Jóvenes Saludables (Tegucigalpa and San Pedro Sula), the setting of the dates will be in accordance to the suggestions of the USAID.

5. Strategic Information: development of research that provides information scientifically collected to make convenient decisions in the project.

A design of the qualitative study of focus groups was created, with the purpose of understanding the knowledge, attitudes and practices of the adolescent in terms of sexual and reproductive health. The findings will be used for:

- a. Design specific strategies that have a positive impact in the sexual and reproductive health of the adolescent through the promotion of healthy practices and the reduction of gender-based violence.
- b. Provide inputs for the design of a TRaC study and its data collection instruments.

The study will be carried out with teens of both genders between 15 to 24 years of age (retrospective information will be obtained for the segment of 10 to 14 years), both in and out of school in Tegucigalpa and San Pedro Sula.

The Department of Research of the Regional Office of PSI/PASMO is a leader in the management of this process through the principal investigator, anthropologist Isolda Fortín. During this quarter, the design of the study was created and the agency to be recruited for the data collection was decided (MERCAPLAN by its experience in handling focus groups, considering the background of having done other investigations with PASMO).

The design of the study was submitted for review and approval of the Committee for Ethics of PSI. It is expected for the next quarter to ensure the approval of the Ethics Committee and continue with the process of submitting it to the USAID and at the same time socializing it to the Secretary of Health, through the PAIA. Then the implementation of such research will begin.

There has been progress in the design of the study of the TRAC which will serve to define the Project baseline. The protocol will be submitted and discussed with the USAID, especially concerning the decision to include or not in this research, children of 10 to 14 years. In the next quarter (January to March) is expected to have the design completed, get the approval of the USAID, the Secretary of Health/PAIA, and approval by the Ethics Committee of the Universidad Autónoma de Honduras (UNAH).

Activities for the next quarter:

- Qualitative Investigation:
 - Manage and obtain the approval of the Ethics Committee of PSI
 - Socialize the protocol of qualitative investigation and obtain the approval of the USAID
 - Socialize the protocol with the Ministry of Health, through PAIA.
 - Recruit the research agency.
 - Develop the work plan including each phase of this research process.
- Quantitative Investigation (TRAC):
 - Finalizing the design
 - Socialize the protocol of qualitative investigation and obtain the approval of the USAID
 - Submission of the protocol to the Ethics Committee of the UNAH.
- The qualitative investigation with providers/Design archetypes of service providers of SRH:
 - Begin the preparation of the design of the investigation.

Activities aimed to young people out of the school system

During Q1, not implemented activities with out-of-school youth. We will begin to work with this group from Q2 as follows:

1. Revision, adaptation and/or design of methodologies and strategies of interventions of out-of-school youth.

- Design/adaptation of methodologies and strategies of interventions of out-of-school Youth.

2. Implementation of educational activities with out-of-school youth.

Activities for the next quarter:

- Identification and training of Agents of Change
- Implementation of educational activities of the Agents of Change with the target audience (multiplier effect between pairs).

3. Monitoring of educational activities with out of school youth (according to the monitoring plan):

Activities for the next quarter:

- Monitoring field activities of the educational activities conducted by the Agents of Change.

Activities aimed to young people in the school system

Activities implemented during Q1:

1. Interventions in educational centers.

During quarter 1, started implementation activities with peers, by change agents already trained by PSI/PASMO in the framework of collaboration with the SUMMIT Foundation/the Embassy of Finland. 316 educational activities were accomplished in educational centers that PSI/PASMO had been doing since the beginning of 2012 through the Program Club en Conexión.

It was reached a total of 2,850 young people that had interventions within the schools (see annex 1), from which 56.9 % were women and 43.1 % men.

The topics included self-esteem, STI prevention and aspects related with biological changes in adolescence. The sessions lasted approximately 45 minutes each and consisted of a group of young people within the educational center facilitated by an agent of change and with the presence of a responsible teacher and the PASMO educator assigned to the area.

Table 1: educational activities

Project: Health Youth				
Report of young people intervened by age and gender				
October of 2012 to December of 2012				
Young people in school/Educational Centers				
Age	Educational Activities (Talks)	Gender		Total
		Female	Male	
10 to 14 year old	316 (22 formative activities, 292 talks, health fairs)	926	662	1588
15 to 19 years old		666	538	1204
20 to 24 years old		30	28	58
Total	316	1,622 56.9%	1,228 43.1%	2,850

All educational activities carried out by Agents of Change were monitored by educators in the Program, who provided logistical and technical support, educational materials and evaluation meetings were held with the Agents of Change, providing feedback for the improvement of their performance as such.

Activities for the next quarter:

- Identification of new educational centers to be intervened, in coordination with the Ministry of Education and CARSI partners (METAS).
- Socialization of the strategy with principals, teachers, facilitators.
- Identification of the Agents of Change (Peer educators) for training.
- Identification of the Agents of Change from the base organizations.
- Training of the Agents of Change.
- Replicas of educational activities (multiplier effect) by Agents of Change.
- Monitoring of educational activities conducted by Agents of Change.

2. Strengthening of the reproductive health educational actions conducted in educational centers.

44 teachers were trained on the topic of gender equity (37 women and 7 men) of two educational centers (Institute Nimia Baquedano and Institute Gabriela Nuñez in Tegucigalpa). The training was provided by the supervisors of the project, which was to address the issue of gender and its influence on Sexual and Reproductive Health.

Activities for the next quarter:

- Coordination with the Secretary of Education to plan and carry out the training of fathers/mothers.

- Conduct cultural, artistic activities, sports in educational centers.
- In coordination with Ministry of Education, begin the design and planning process of internal campaigns in the educational centers, about implementation of Methodologicas Guides “Cuidando mi salud y mi vida”

3. **Revision and adaptation of the strategy and methodology of intervention.**

Activities for the next quarter:

- Definition of the strategy and methodology of intervention aimed to young people in the school system.

Activities aimed to young people both in and out of the school system.

1. **Design of integrated campaigns in the media and social networks.**

Activities for the next quarter:

- Design, validation of the integrated campaign in the social media.

2. **Development of a radio program.**

Activities for the next quarter:

- Design, development and validation of the Radio Program "En Conexión" (broadcasters, scripts, training of personnel, etc).
- Implementation of the media plan (radio stations, schedules)

3. **Design and implementation of actions for social mobilization.**

Social mobilization activities are actions to mobilize people on a massive scale in order to make visible the need to improve SRH with adolescents. Among social mobilization activities can events on special days (World day HIV response, national youth week), theater performances, cultural and sports activities.

Activities for the next quarter:

- Elaboration of the social mobilization plan for the months of March to September of 2013.
- Begin the development of the actions of social mobilization in coordination with the Secretary of Health, Secretary of Education and CARSI partners.

4. **Strategy of the Street or Community Theater.**

During quarter 1, we presented a theater, “Sin Sentido”, from the theater group Club en Conexión of San Pedro Sula, which was presented in the Festival COMVIDA (dependence of the Municipality), and the main theme was the gender roles and their influence on the sexual health of adolescents and young people. The audience exposed in the festival consisted of young people from public educational institutions. This theater group was awarded a prize for the “Best Child Performance”, granted to a member of the group.

Activities for the next quarter:

- Identification of volunteers for the theater groups
- Design of the Program training for the theater groups
- Presentation of the plays in educational centers, outreach centers and mobilization events.

5. Friendly points of sale.

In this quarter 10 friendly points of sale opened for the distribution of condoms Vive in the areas prioritized by the Project in Tegucigalpa (Villa Olimpica, Iberia y Nueva Suyapa) and San Pedro Sula (Cabañas, Rivera Hernandez and Planeta). The price to user is L15, three pack condoms.

Activities for the next quarter:

- Continuation with the identification of friendly points of sale in intervention zones of the Project (Choloma, Tela and La Ceiba), through sensitization visits and motivation.
- Training for PASMO sales agents in handling and storage conditions and sales of condoms to supply outlets in geographic zone of Health Youth project.
- A poster will be designed under the concept ¿Tienes? Pídelo to identify the friendly points of sale
- Coordination will be maintained with the sales team of PASMO, to ensure the attention at the opening and, timely delivery of products to outlets located in the area of influence of the Project.

6. Technical support and supervision from the Regional Office and PSI (including trips of the personnel to Honduras):

In this period, the Regional Office of PSI has provided technical assistance to PASMO/Honduras/Project Jóvenes Saludables especially in the area of research for the creation of the designs of the qualitative and quantitative research that are in the process.

IV. Monitoring and Evaluation

During the quarter of October to December of 2013, the monitoring actions and evaluation were under the responsibility of the Country Manager, Coordinator of BCC and supervisors already recruited by the Program

In regard to the activities for training teachers, conducting of replicas, theater and visits to business for the opening of points of sale of condom, a good performance on the part of educators responsible for each activity was observed. There is very good motivation and participation of young people and teachers in activities, as in

the Agents of Change that are replicas of topics and messages related to the sexual and reproductive health with their peers.

The table presented below summarizes the results and indicators that will be measured through TRaC studies (initial and final):

Results	Indicators
Result 1: Increase knowledge of sexual and reproductive health.	1.1. Percentage of adolescents and young people that reported perception of personal risk of pregnancy. 1.2. Number of adolescents receiving comprehensive sexual health education.
Result 2: Increase use of modern contraceptive methods.	2.1 Percentage of adolescents and young people that used a condom in their last sexual intercourse. 2.2. Percentage of young people that used dual protection and hormonal contraceptive methods).
Result 3: Reduction in youth pregnancy rates	3.1. Number of adolescents and young people who received services for sexual and reproductive health. 3.2. Number of pregnancies in women younger than 19 years old. 3.3. Percentage of adolescents and young people who delay the debut of sexual intercourse

V. Challenges and Proposed Solutions

During this quarter the main challenges encountered were the recruitment of staff, especially for the position of Program Manager, as this process took longer than expected, thus achieving the approval of USAID at the end of December 2012.

PSI/PASMO, makes all its effort to level the pace of implementation of the activities of the Program, and puts in place the best management practices in order to meet their objectives and goals.

Currently has begun to prepare for the process of selection and recruitment of the team of educators and be able in the next quarter to meet objectives, processes and activities.

In addition, due to the Christmas season, where many organizations go on vacation, affect in a way the follow-up to coordinate with the Ministry of Health, Ministry of Education, CARSI Partners, with whom we will resume the communication in the

next month of January 2013, and to define in concrete way the strategies and methodologies for the approach of adolescents and young beneficiaries of the Project.

VI. Coordination with Other Partners

PSI/PASMO progressed in the first quarter with the establishment of contacts with the Ministry of Health/PAIA and CARSI partners socializing the project Jóvenes Saludables and has received very good acceptance and manifestations of mutual collaboration with the objective of joining efforts in the prevention of teenage pregnancy inserted in the CARSI Strategy.

Beneficial commitments were achieved as is the case with AJH, who pledged to facilitate the access of the staff of PSI/PASMO to other partners and outreach centers in the cities of intervention of Jóvenes Saludables.

VII. Gender Component

PSI/PASMO, through the Project Jóvenes Saludables, will start the inclusion of the topic of prevention of gender-based violence and gender equity in all the activities with adolescents, young people, parents and community leaders with whom the activities take place., at the same time those will be elements present in the Radio Program “En Conexión”, that will be broadcasted in radio stations that cover the areas of intervention of the Program and in mobilization activities.

VIII. Financial Report

Below is table on the implementation of the budget for the funds committed for the first fiscal year. The implementation of the budget during this first quarter has been low considering that work has been concentrated in planning activities.

Description	USAID	Cost Share	Total
Total funds obligated at the beginning of Q1 FY 2013	\$ 400,000	\$ 400,000	\$ 800,000
Cumulative FY 2013 expenditures at the beginning of Q2	\$ 7,491.43	\$ 57,612.11	\$ 65,103.54
Pipeline at the beginning of Q2	\$ 392,508.57	\$ 342,387.89	734,896.46
New funds obligated	-----	-----	-----
Total available	\$ 392,508.57	\$ 342,387.89	734,896.46
Estimated expense burn rate for Q2	\$ 100,000.00	\$ 75,000.00	\$ 175,000.00
Pipeline at the end of the reported Q2	292,508.57	\$ 267,387.89	\$ 559,896.46
Number or quarters of pipeline remaining	2.92	3.56	3.19

IX. Learned Lessons

The main lesson in this quarter was related to the management of the process of submission of the protocol of the qualitative research to the Ethics Committee of PSI, due to not having established the coordination with the Ministry of Health, however the opportunity to send it to the Ethics Committee of the UNAH, makes it possible to have the technical support of local professionals who know the specific needs of the country's population. It is important that the key partners (Ministry of Health) are involved from the start in each of the stages of the design process of the research.

X. Key Conclusions

Through the coordination that has been initiated with the CARSI partners, the Secretary of Health and the Ministry of Education, there is a favorable environment for the implementation of the Program Jóvenes Saludables, especially because the Secretary of Health, is initiating the implementation of the National Strategy for prevention of pregnancy, and this program becomes a good instrument to help achieve the goals proposed by the National Strategy.

The needs of addressing the issue of preventing pregnancy, identified by the Secretary of Health and Education, becomes an important basis for the Program of Jóvenes Saludables, as it is through their strategies may help to expand their messages with the adolescent and young population in the cities of influence. It also will make an important contribution in the process of implementation of the Guidelines "Cuidando mi salud y mi vida" (Taking Care my health and my life) produced by the Secretary of Education, in the areas prioritized by the Program.

XI. List of key people involved in the implementation of the Project

- Julio Zúniga, Manager of the Country
- Perla Alvarado, Manager of the Program
- Allan Palma, Coordinator of the BCC
- Karla López, Administrative Manager
- Elvin Núñez, Sales Manager
- Benjamín Andrade, Director of the Department of Research, PSI/PASMO

XII. Annex:

Annex 1: List of Educational Centers

Nº	Name of the Educational Center	Place	Time intervened	Participants
1	CEB Republica de Honduras	Col. San Cristóbal La Lima, Cortes	Afternoon	172
2	CEB Carlos Flores	Col. Pradera, San Pedro Sula	Afternoon	114
3	CEB Gilberto Pineda Madrid	Col. Lomas del Carmen, San Pedro Sula	Afternoon	150
4	CEB Alex Edgardo Alaniz Lagos	Col. Calpules, San Pedro Sula	Morning	257
5	CEB Alex Edgardo Alaniz Lagos	Col. Calpules, San Pedro Sula	Afternoon	
6	CEB Presentación Centeno	Barrio Cabañas, San Pedro Sula	Morning	185
7	CEB Presentación Centeno	Barrio Cabañas, San Pedro Sula	Afternoon	
8	CEB Mirtha Torres de Mejía	Col. Planeta La lima, Cortes	Morning	116
9	CEB San Miguel de Heredia	Col. Brisas del Valle, Tegucigalpa	Morning	230
10	Inst. Alfonso Hernández Córdova	Col. Planeta La lima, Cortes	Afternoon	270
11	Inst. oficial Copantl	Col. Rivera Hernández, San Pedro Sula	Morning	323
12	Inst. Republica de México	Col. Iberia, Comayagüela	Morning	378
13	Inst. Republica de México	Col. Iberia, Comayagüela	Afternoon	
14	Inst. Nimia Baquedano	Col. Villa Olimpica, Tegucigalpa	Morning	159
15	Inst. Técnico Nueva Suyapa	Col. Nueva Suyapa, Tegucigalpa	Morning	152
16	Inst. Gabriela Nuñez	Col. La Laguna, Comayaguela	Morning	344
Total				2,850

Annex 2: Relevant pictures



Adolescentes acting
in theater festival



Adolescents in
training as agents of
change



Health Fair in a
school



Change agents
“activities with peer”



Teacher Training