FAMILY PLANNING FACILITY READINESS ASSESSMENT REPORT OF SOUTHERN NATIONS, NATIONALITIES, AND PEOPLES REGION’S FACILITIES

May 2012

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FAMILY PLANNING FACILITY READINESS ASSESSMENT REPORT OF SOUTHERN NATIONALS, NATIONALITIES, AND PEOPLES REGION FACILITIES

DISCLAIMER
The author’s views expressed in this publication do not necessarily reflect the views of the United States Agency for International Development (USAID) or the United States Government
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<table>
<thead>
<tr>
<th>Acronym</th>
<th>Description</th>
</tr>
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<tbody>
<tr>
<td>AIDS</td>
<td>Acquired Immuno-deficiency Syndrome</td>
</tr>
<tr>
<td>ANC</td>
<td>Antenatal Care</td>
</tr>
<tr>
<td>ART</td>
<td>Anti-Retroviral Therapy</td>
</tr>
<tr>
<td>DOTS</td>
<td>Directly Observed Treatment Short-course</td>
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<tr>
<td>FP</td>
<td>Family Planning</td>
</tr>
<tr>
<td>HC</td>
<td>Higher Clinic</td>
</tr>
<tr>
<td>HCT</td>
<td>HIV Counseling and Testing</td>
</tr>
<tr>
<td>HIV</td>
<td>Human Immuno-deficiency Virus</td>
</tr>
<tr>
<td>IUCD</td>
<td>Intra Uterine Device</td>
</tr>
<tr>
<td>LAFP</td>
<td>Long Acting Family Planning</td>
</tr>
<tr>
<td>MC</td>
<td>Medium Clinic</td>
</tr>
<tr>
<td>NGO</td>
<td>Non-governmental Organization</td>
</tr>
<tr>
<td>OCP</td>
<td>Oral Contraceptive Pills</td>
</tr>
<tr>
<td>OIs</td>
<td>Opportunistic Infections</td>
</tr>
<tr>
<td>OPD</td>
<td>Out Patient Department</td>
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<tr>
<td>PHSP</td>
<td>Private Health Sector Program</td>
</tr>
<tr>
<td>PIHCT</td>
<td>Provider Initiated HIV Counseling and Testing</td>
</tr>
<tr>
<td>PMTCT</td>
<td>Prevention of Mother to Child Transmission of HIV</td>
</tr>
<tr>
<td>RH</td>
<td>Reproductive Health</td>
</tr>
<tr>
<td>SNNP</td>
<td>Southern Nations, Nationalities, and Peoples</td>
</tr>
<tr>
<td>STI</td>
<td>Sexually Transmitted Infections</td>
</tr>
<tr>
<td>TB</td>
<td>Tuberculosis</td>
</tr>
<tr>
<td>THO</td>
<td>Town Health Office</td>
</tr>
<tr>
<td>VCT</td>
<td>Voluntary Counseling and Testing</td>
</tr>
<tr>
<td>ZHD</td>
<td>Zonal Health Department</td>
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</table>
ACKNOWLEDGMENTS

Private Health sector program of Ethiopia (PHSP-Ethiopia) would like to express its sincere appreciations to SNNPR Health Bureau, Gedeo, Sidama, Hadiya, Gurage, Wolaita, and Gamo Gofa Zonal Health departments (ZHD) and respective town Health offices (THO) for their unreserved contribution in facilitating the whole process of conducting the FP readiness assessment of the private health facilities in the regions. Our special thanks also goes to the owners and or delegates of the assessed private health facilities for the time and willingness to give us all the necessary information needed to meet the objectives of the assessment.
I. BACKGROUND

Effective involvement of private health care providers is vital in order to achieve wide geographical and patient coverage for public health services. In Southern Nations, Nationalities, and Peoples’ (SNNP) Region, B/HIV and HIV counseling and testing (HCT) services are provided in 14 private health facilities throughout the region. Involving the private health providers in TB Directly Observed Treatment Short-course (DOTS) and HIV services increases patient access and use, case detection to improve treatment outcomes. With this rationale and experience, the Federal Ministry of Health (FMOH) and the USAID/Private Health Sector Program (PHSP) decided to involve the private health sector in integrating family planning services in private health facilities. PHSP in collaboration with the SNNP Regional Health Bureau (RHB) conducted a family planning service readiness assessment in the region from April 26-May 9, 2011 to select private health facilities that have staff and material capacity and willingness to take part in integrating family planning with other TB/HIV services. The assessment was conducted in selected private health facilities in Arbaminch, Butajira, Dilla, Halaba, Hawassa, Hosanna, Soddo, Wolkite, and Worabe, towns.

The purpose of this assessment is to determine the readiness of private health facilities to integrate and provide family planning services, i.e., oral contraceptives, male condoms, injectables, with special emphasis on long term contraceptive methods.
2. OBJECTIVES OF THE ASSESSMENT

2.1 GENERAL OBJECTIVE

- To assess and select eligible private health facilities to integrate family planning with other TB/HIV services in private health facilities located in SNNP region.

2.2 SPECIFIC OBJECTIVES

- To assess a private health facility’s readiness and willingness to integrate family planning services
- To gather information on the infrastructure, service capacity, and staffing at each clinic
- To select private health facilities that fit PHSP’s criteria to integrate family planning services.
3. ASSESSMENT METHODS AND TOOLS USED

The assessment of the private health facilities was conducted from April 26-May 9, 2011 with a team comprised of members from PHSP, SNNP RHB, from each respective Zonal Health Department (ZHD) and Town Health Offices (THO). Based on the recommendations from the SNNP RHB, the assessment was conducted in 30 private health facilities that were located in the major towns of the region (four general hospitals, 10 higher clinics and 16 medium clinics). A structured assessment questionnaire and observations were used to collect data from the private health facilities in the region based on the following major variables:

1. Current health manpower capacity of the facility
2. Facility infrastructure and availability of family planning equipment and supplies
3. Accountability of the health facility in relation to activity reporting, supervision and licensing of their business establishments
4. Health facility’s willingness to share and shoulder the social responsibility of providing comprehensive family planning services.

Data collected were compiled and guided by the objectives of the assessment. Findings will help answer the final assessment objective of selecting eligible private health facilities to receive PHSP support in facilitating integrating family planning services in SNNPR private health facilities.
## 4. RESULTS

Findings from the health facilities revealed information to select eligible private health facilities.

### 4.1 BACKGROUND INFORMATION OF THE FACILITIES

#### TABLE 1. BACKGROUND INFORMATION OF PRIVATE HEALTH FACILITIES ASSESSED (SNNPR, MAY 2011)

<table>
<thead>
<tr>
<th>SNN Health</th>
<th>Name of Health Facility</th>
<th>Private Health Facilities (level, sub-city, name, position and address of contact persons)</th>
<th>Telephone (address) of contact person(s)</th>
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</thead>
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<td></td>
<td></td>
<td>Level Town Name of contact person Telephone (address) of contact person(s)</td>
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<td>Asser General Hospital</td>
<td>General Hawassa Zewde Janka 091669625 046-2-20-61-53</td>
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<tr>
<td>2</td>
<td>Kibiru General Hospital</td>
<td>General Hawassa Yidnekachew W/Meskel 0916581707 046-2-21-09-50</td>
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<td>3</td>
<td>Beteabraham Hospital</td>
<td>General Hawassa Dr. Girma 0911481410 046-2-20-61-53</td>
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<tr>
<td>4</td>
<td>Tikur wuha Clinic</td>
<td>Higher Hawassa Dr. Usman Goba 0916823183 046-2-20-61-53</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Haik Dar Clinic</td>
<td>Higher Hawassa Dr. Zerai -Director 091-1-36-72-39 046-2-20-61-53</td>
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</tr>
<tr>
<td>6</td>
<td>Beteseb Clinic</td>
<td>Medium Hawassa Filipos Kinde-owner 091-6-82-32-68 046-2-20-61-53</td>
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</tr>
<tr>
<td>7</td>
<td>St. Gebriel</td>
<td>Medium Hawassa Dr. Dereje-Owner</td>
<td></td>
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<tr>
<td>8</td>
<td>Central Clinic</td>
<td>Medium Hawassa</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Hikma</td>
<td>Medium Dilla Ato Abraham Ferede-Owner 0911703216 046331442</td>
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<td>Higher Dilla Dekeba-Manager 0911568948 -</td>
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<td>Higher Dilla Dr. Abraham Hadu 0911371967 0463313272</td>
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</tr>
<tr>
<td>12</td>
<td>Fitsum</td>
<td>Medium Dilla Dr. Fitsum Solomon 0911763714 0463310590</td>
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</tr>
<tr>
<td>13</td>
<td>Bahir</td>
<td>Higher Butajira Samuel Berihe/Abraham 0913979715 0461150083</td>
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<tr>
<td>14</td>
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<td>Medium Butajira Dr. Ashenafi Kefoine 0911405205 0465552381</td>
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<tr>
<td>15</td>
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<td>Higher Hosanna Dr. Solomon Eshetu 0911300683 0465552381</td>
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<td>16</td>
<td>Myo my Brother</td>
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<td>Medium W/Soddo Dr. Mulukene Bekele 0913021217 0465510107</td>
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<td>Hospital W/Soddo Silas Adde, Metron 0916832431 0465511163/2401</td>
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<tr>
<td>22</td>
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<td>Medium Arbaminch Legese Mitike, Manager 0916601913 -</td>
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<td>Medium Arbaminch Dr Yohanis-Owner -</td>
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<td>Abinet Medium Clinic</td>
<td>Medium Dilla Girma Degaga 0911194974 0463310903</td>
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### 4.2 STAFF PROFILE OF THE PRIVATE FACILITIES

**TABLE 2. PROFILE OF AVAILABLE HEALTH PROFESSIONALS AT PRIVATE HEALTH FACILITIES ASSESSED (SNNPR, MAY 2011)**

<table>
<thead>
<tr>
<th>S/N</th>
<th>Names of facilities</th>
<th>Gyn/Ob</th>
<th>General Practitioner</th>
<th>Health Officer</th>
<th>BSc Nurse</th>
<th>Diploma Nurse</th>
<th>Health Assistant</th>
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</table>
In Table 2 above, almost all facilities have health professionals (at least a Diploma Nurse) required for family planning integration and even the facilities (Asser, Kibiru, Bete Abraham, and Soddo Christian Hospitals; Selam and Ajora Higher Clinics; Fitsum Medium Clinic) have at least a part-time gynecologist/obstetrician. The assessment revealed that in almost all health facilities, none of the health professionals had had previous training on comprehensive family planning. Though professionals (from Diploma Nurse to Specialist) are working in the majority of the facilities, they lacked the skills to counsel clients on informed choice with regard to the complete range of family planning method options available.

4.3 SERVICES PROVIDED IN THE HEALTH FACILITIES

TABLE 3. SERVICES PROVIDED IN THE HEALTH FACILITIES, APRIL 2011, HAWASSA
<table>
<thead>
<tr>
<th>S/N</th>
<th>Names of facilities</th>
<th>TB diagnosis and treatment</th>
<th>VCT / PHCT</th>
<th>Rx of STI</th>
<th>PMTCT</th>
<th>ANC</th>
<th>Delivery</th>
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<td>-</td>
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<td>+</td>
<td>-</td>
<td>-</td>
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</tr>
<tr>
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<td>Dr. Birhanu Higher Clinic</td>
<td>-</td>
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<td>-</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td>+</td>
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<tr>
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<td>Fatima Medium Clinic</td>
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<td>-</td>
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</tr>
<tr>
<td>28</td>
<td>Selam</td>
<td>-</td>
<td>-</td>
<td>+</td>
<td>-</td>
<td>-</td>
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</tr>
<tr>
<td>29</td>
<td>Beteseb M</td>
<td>-</td>
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<td>+</td>
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<td>+</td>
<td>-</td>
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<td>-</td>
<td>+</td>
<td>+</td>
<td>-</td>
<td>+</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

* = Service available  
= Service not available

Table 3 indicates that most facilities do not provide comprehensive family planning services. A few facilities provide short term methods (oral contraceptive pills [OCP] and Depo injections). Only Ajora and Birhan Higher Clinics provide all options of family planning methods. For those clients who need long acting family planning methods (LAFP), most facilities refer clients to their nearby government facilities or to other NGO clinics. Most facility heads tell as that there is great demand for LAFP methods. Most facilities do not maintain complete individual client records for each client or do not have registration books for family planning.
### 4.4 INFRASTRUCTURES OF THE HEALTH FACILITIES

**TABLE 4: FACILITIES GENERAL INFRASTRUCTURE STATUS (APRIL 2011, HAWASSA)**

<table>
<thead>
<tr>
<th>S/N</th>
<th>Names of facilities</th>
<th>Adequate lighting</th>
<th>Ventilation</th>
<th>Running water</th>
<th>Toilet</th>
<th>Incinerator</th>
<th>Room to reshuffle for family planning unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Asser General Hospital</td>
<td>+</td>
<td>+</td>
<td>+</td>
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<td>+</td>
<td>+</td>
</tr>
<tr>
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<td>+</td>
<td>+</td>
<td>+</td>
<td>-</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Beteabraham Hospital</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td></td>
</tr>
<tr>
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<td>+</td>
<td></td>
</tr>
<tr>
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<td>Haik Dar Clinic</td>
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<td>+</td>
<td>+</td>
<td>+</td>
<td></td>
</tr>
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<td>+</td>
<td>+</td>
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<td></td>
</tr>
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<td>+</td>
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</tr>
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</tr>
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<td>14</td>
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</tr>
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<td>+</td>
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<td>+</td>
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</tr>
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</tr>
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<td>+</td>
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</tr>
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<td>+</td>
<td>+</td>
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<td>+</td>
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</tr>
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<td>+</td>
<td>+</td>
<td>+</td>
<td></td>
</tr>
<tr>
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<td>+</td>
<td>+</td>
<td>+</td>
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<tr>
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<td>-</td>
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</tr>
<tr>
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<td></td>
</tr>
<tr>
<td>30</td>
<td>Yordanos</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td></td>
</tr>
</tbody>
</table>

* =infrastructure available  
- =infrastructure not available
As we can see from Table 4, most facilities have adequate space, ventilation and electric lighting to integrate family planning services. Some facilities have no running water supply, since it is a very common problem for small towns in the region, for example, in Central Medium Clinic of Hawassa, Selam and Beteseb Medium Clinic of Wolkite. Most of the assessed facilities promised to reorganize their space to accommodate family planning service integration (with TB/HIV, for example). Myo My Brother Medium Clinic, Selihom Higher Clinic, Asser General Hospital and Soddo Christian Hospital have a separate room ready to integrate family planning services. This will greatly contribute to ensuring that clients have privacy and confidentiality.

Most assessed facilities do not have a regular supply of family planning methods; they purchase short term family planning methods from DKT according to client demand.

Nearly all facilities have office furniture (chairs and office table) for the family planning unit but some lack a gynecological bed (Ajora Higher Clinic, Asser Hospital, Wolkite Selam Medium Clinic, Abaya Medium Clinic, Fatima Medium Clinic).

Nearly all facilities lack implant and IUCD insertion and removal sets. Some facilities like Ajora and Birhan Higher Clinics, Myo My Brother Medium Clinic and hospitals rarely use their minor operating room sets to insert and remove LAFP methods.

All facilities have functional autoclaves, examination lights and weight scale, but most do not have an apron, goggles or facial masks.

Infection prevention was one focus area which was assessed through observation, and most staff lack knowledge on standard infection prevention and do not have the government guidelines to refer to.

### 4.5 BEHAVIOR CHANGE COMMUNICATION MATERIALS ON FAMILY PLANNING

Almost all facilities lack updated guidelines or manuals on RH/FP to refer to. Only a few facilities use educational aids such as brochures, posters and leaflets. The majority do not have wall charts or Tiahrt charts displayed at waiting areas where clients can easily see the various methods of family planning methods and which are recommended based on a client’s overall health situation. Some have the experience of taking leaflets, brochures and wall displays from DKT and other local NGOs.

All facilities have TV sets/video in the patients’ waiting area, though they don’t have DVD/CD messages about family planning to convey.
5. CLIENT FLOW/CASE LOAD OF THE FACILITIES

Client volume assumption:

- **High** = serve 20 or > patients per day
- **Medium** = 10 to 20 patients in a day
- **Low** = serve below 10 patients per day

Based on the above assumption:

- **High volume facilities include:** Soddo Christian Hospital, Asser Hospital, Kibrom Hospital, Abay Medium Clinic, Hikma Medium Clinic, Hiwot Health Center, Betabraham Hospital, Beteseb Medium Clinic Wolkite, Bahir Health Center, Myo My Brother Medium Clinic, Selam Health Center, Dr. Ashenafi Medium Clinic, Betel Health Center, Beteseb Medium Clinic
- **Medium volume facilities include:** Tikur Wuha, Ajora Health Center, Abinet Medium Clinic, Tusa Dr. Mulken Medium Clinic, Halaba Medium Clinic, Selihom Health Center, Dr. Birhanu Health Center, St. Gebriel
- **Lower volume facilities include:** Selam Medium Clinic, Wolkite, Yordanos Medium Clinic, Fatima Medium Clinic, Central Medium Clinic, Haik Dar Medium Clinic
6. FACILITY’S WILLINGNESS TO INTEGRATE FAMILY PLANNING

Out of the 30 assessed facilities, most are willing to integrate family planning service. Two facilities (St. Gebriel Medium Clinic of Hawassa and Selam Medium Clinic of Wolkite) were not willing due to their religious beliefs. The remaining private facilities are willing to use all clinic visits as an opportunity to discuss family planning, to assign a responsible person for family planning, and allow providers to attend training, workshops, and review meetings. In addition, the clinics volunteered to participate in family planning program supervisory visits, organize and submit family planning performance reports, and encourage the inter/intra facility referral and networking.

The Ajora Higher Clinic owner said, “It’s our social responsibility and professional ethic to serve the society. Even without any additional external support, we can integrate and provide the service free of charge. For sure it does not affect our business.”
7. CONCLUSIONS AND RECOMMENDATIONS

This rapid assessment identified 22 private health facilities that are qualified to be included in the family planning integration in SNNPR, having fulfilled the criteria set by the team of SNNP RHB and PHSP-Ethiopia. Furthermore the facilities demonstrated their willingness to share the social responsibility in integrating family planning services to contribute in improving the national contraceptive prevalence rate (CPR). Table 5 below shows the selected private health facilities in descending order based on the selection criteria.

**TABLE 5: SELECTED LIST OF FACILITIES FOR FAMILY PLANNING INTEGRATION IN DESCENDING ORDER (MAY 2011, HAWASSA)**

<table>
<thead>
<tr>
<th>Name of facilities visited</th>
<th>Level</th>
<th>Town</th>
<th>Status</th>
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</thead>
<tbody>
<tr>
<td>Selam</td>
<td>Higher</td>
<td>Dilla</td>
<td>Selected</td>
</tr>
<tr>
<td>Bahir</td>
<td>Higher</td>
<td>Butajira</td>
<td>Selected</td>
</tr>
<tr>
<td>Ajora</td>
<td>Higher</td>
<td>W/Soddo</td>
<td>Selected</td>
</tr>
<tr>
<td>Hiwot</td>
<td>Higher</td>
<td>Hosanna</td>
<td>Selected</td>
</tr>
<tr>
<td>Myo my Brother</td>
<td>Medium</td>
<td>Hosanna</td>
<td>Selected</td>
</tr>
<tr>
<td>Hikma</td>
<td>Medium</td>
<td>Dilla</td>
<td>Selected</td>
</tr>
<tr>
<td>Soddo Christian Hospital</td>
<td>Hospital</td>
<td>W/Soddo</td>
<td>Selected</td>
</tr>
<tr>
<td>Enyat</td>
<td>Medium</td>
<td>W/Soddo</td>
<td>Selected</td>
</tr>
<tr>
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<td>General</td>
<td>Hawassa</td>
<td>Selected</td>
</tr>
<tr>
<td>Kibiru General Hospital</td>
<td>General</td>
<td>Hawassa</td>
<td>Selected</td>
</tr>
<tr>
<td>Betel</td>
<td>Higher</td>
<td>Dilla</td>
<td>Selected</td>
</tr>
<tr>
<td>Fitsum</td>
<td>Medium</td>
<td>Dilla</td>
<td>Selected</td>
</tr>
<tr>
<td>Tikur wuha Clinic</td>
<td>Higher</td>
<td>Hawassa</td>
<td>Selected</td>
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<tr>
<td>Selam</td>
<td>Medium</td>
<td>Arbaminch</td>
<td>Selected</td>
</tr>
<tr>
<td>Selihom</td>
<td>Higher</td>
<td>W/Soddo</td>
<td>Selected</td>
</tr>
<tr>
<td>Abaya</td>
<td>Medium</td>
<td>Arbaminch</td>
<td>Selected</td>
</tr>
<tr>
<td>Betabraham Hospital</td>
<td>General</td>
<td>Hawassa</td>
<td>Selected</td>
</tr>
<tr>
<td>Tusa Dr. Mulken</td>
<td>Medium</td>
<td>W/Soddo</td>
<td>Selected</td>
</tr>
<tr>
<td>Dr. Ashenafi</td>
<td>Medium</td>
<td>Butajira</td>
<td>Selected</td>
</tr>
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<td>Abinet Medium Clinic</td>
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<td>Dilla</td>
<td>Selected</td>
</tr>
<tr>
<td>Beteseb Clinic</td>
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<td>Selected, but after 3 months</td>
</tr>
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</tr>
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<tr>
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<tr>
<td>Yordanos</td>
<td>Medium</td>
<td>Butajira</td>
<td>Not selected</td>
</tr>
</tbody>
</table>

Many private health facility managers and providers suggested that they need in-service training on comprehensive family planning methods. A guaranteed regular supply of contraceptive items and other associated supplies are also required from the Government. Regular follow-up and supervision should be conducted on regular basis since these are basic tools to strengthen and achieve planned targets and objectives of the program. It is highly recommended that the SNNP RHB and PHSP-Ethiopia conduct activities to promote FP integration in the selected private health facilities of the region.
8. LIMITATIONS

- Some health facility owners were absent on the date of the assessment, which made difficult to explore and get their commitment.
- The RHB representative did not actively participate throughout the entire assessment.
- Some NGOs are operating in some of the private health facilities assessed, which may create duplication of resources.
- International standards to assess facility readiness on family planning are lacking. **TABLE 6.**

**TEAM MEMBERS WHO HAVE PARTICIPATED IN THE ASSESSMENT**

<table>
<thead>
<tr>
<th>No</th>
<th>Name</th>
<th>Organization</th>
<th>Position</th>
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<tr>
<td>1</td>
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<td>RHB</td>
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<tr>
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<td>Nebiyu Gidesa</td>
<td>Gedeo ZHD</td>
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<tr>
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<td>Silte ZHD</td>
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