IUCD CARD

Name of the facility..... ID/S.No.....

Client's Name..... Husband's Name.....

Address..... Tel. No.....

Age.....

Parity.....

Date of Last child birth/abortion.....

LMP.....

Date of Insertion :..... Type of IUCD - Cu IUCD 380 A/ Cu IUCD375

Timing of insertion : Interval/Post placental/Intracaesarian/Post partum (within 48 hours)

Provider : Medical officer / Staff Nurse / LHV / ANM

Name of the Provider :.....

Signature :.....

Visits	Date	Purpose of Visit		Findings/ Advice given
		Routine	Complaints (if any)	
1st Follow-up				
2nd Follow-up				
3rd Follow-up				
Additional Visit				

IUCD Removed on..... **Reason for Removal.....**

Alternative Contraceptive Provided: OCPs/ Condoms/ IUCD380A/ IUCD 375/ NSV/ Tubectomy .....

Please tear off and give to client

Client ID/S.No.....

Name of the facility.....

Name of the Client.....

Husband's Name.....

Age.....Parity.....

Date of Insertion :..... Type of IUCD - Cu IUCD 380 A/ Cu IUCD375

Timing of insertion : Interval/Post placental/Intracaesarian/Post partum (within 48 hours)

Provider : Medical officer / Staff Nurse / LHV / ANM

Name of the Provider :.....

Signature :.....

Visits	Date	Purpose of Visit		Findings/ Advice given
		Routine	Complaints (if any)	
1st Follow-up				
2nd Follow-up				
3rd Follow-up				
Additional Visit				

"Swasthya, Suraksha aur Aazadi; Khushiyan Laaye IUCD"

How to insert IUCD Safely

Screening and counseling of the client should be done as per GOI guidelines on IUCD.

Using gentle, 'no-touch' technique throughout, perform the following steps:

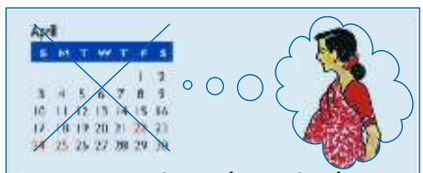
1. Prepare the client
   a. Give the woman a brief overview of the procedure
   b. Ask the client to urinate before the procedure
   c. Remind her to let you know if she feels pain
2. Check for instruments (ensure that all instruments are sterilized / disinfected)
3. Put a pair of new clean / high level disinfected gloves on both hands
4. Insert the high-level disinfected (or sterile) speculum and visualize the cervix
5. Cleanse the cervix and vagina with an appropriate antiseptic solution (Povidone Iodine or Chlorhexidine)
6. Gently grasp the cervix with the high-level disinfected (or sterile) volsellum and apply gentle traction
7. Carefully insert the high-level disinfected (or sterile) uterine sound
8. Gently advance the sound into the uterine cavity, and STOP when a slight resistance is felt
9. Note the angle of the uterine cavity, gently remove the sound and determine the length of the uterus
10. Carefully insert the loaded IUCD
11. Gently advance the loaded IUCD into the uterine cavity and STOP when the blue length-gauge comes in contact with the cervix or slight resistance is felt
12. After insertion cut the thread
13. Gently remove the volsellum and put it in 0.5% chlorine solution for decontamination
14. Examine the woman's cervix for bleeding
15. Gently remove the speculum and put it in 0.5% chlorine solution for decontamination
16. Allow the woman to rest
17. Counsel the client about
    a. Follow-up
    b. Side-effects and complications.

Note : The technique for post partum IUCD insertion is different.

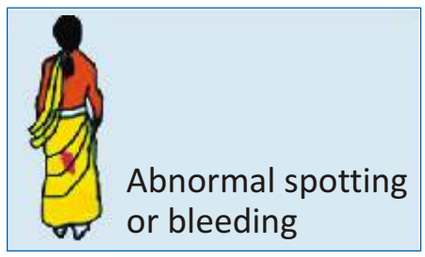
Who should not use IUCD:

- Women who are pregnant
- Women who have purulent vaginal discharge (having Chlamydia and Gonorrohea infection)
- Women who have had STI or pelvic inflammatory disease in the last three months (IUCD can be inserted after treatment unless re-infection is likely)
- Women who have any kind of cancer in the female organs
- Women who have unexplained vaginal bleeding that is not part of their normal period

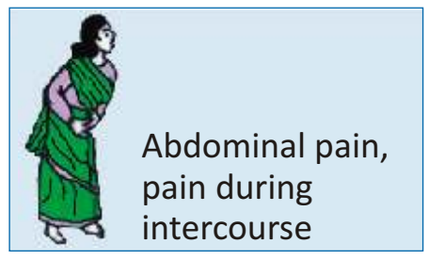
Return immediately to the hospital if any of the symptoms appear:



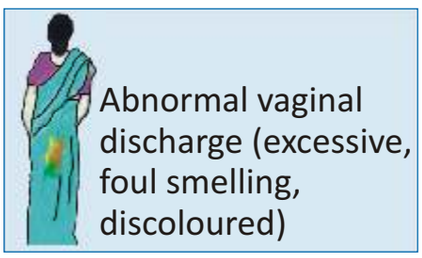
Late or missed periods (Possible pregnancy)



Abnormal spotting or bleeding

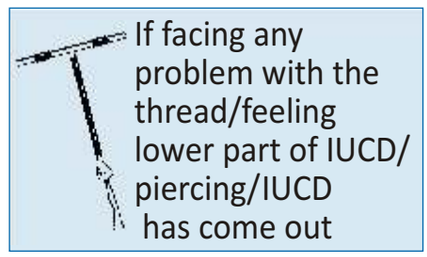


Abdominal pain, pain during intercourse



Abnormal vaginal discharge (excessive, foul smelling, discoloured)

Not feeling well, fever, chill



If facing any problem with the thread/feeling lower part of IUCD/ piercing/IUCD has come out