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Improving Postpartum Family Planning Services through Supportive Supervision and On-site Orientation in Uttar Pradesh, India

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Background

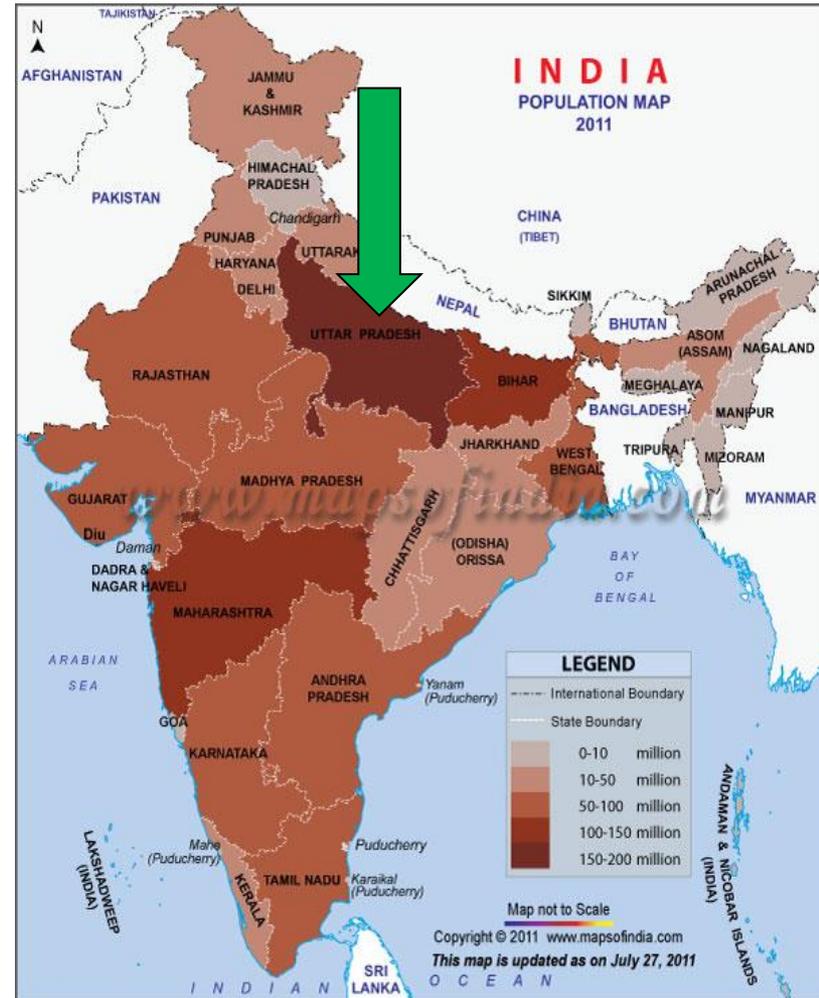
- Uttar Pradesh, one of the most populous states in India and fifth in world

**Population- 199 Million,
Unmet need- 33.8%,TFR-
3.6, IMR-57 & MMR-359**

- High unmet need, TFR, IMR and MMR

- In 2009 GoI revitalized PFP program and introduced PPIUCD services in Uttar Pradesh with TA from MCHIP

- Focusing on Family Planning as RMNCH initiative.



What was done to strengthen PFP Program

- Service providers were trained from 15 health facilities
- 3 days State level clinical trainings focusing on PFP methods, PFP counseling, PPIUCD insertion technique, and infection prevention conducted
- Informed choice and volunteerism was critical service focus
- Data recording and reporting from the health facilities on counseling and use of all methods established
- PPIUCD insertions and follow up of clients was also recorded

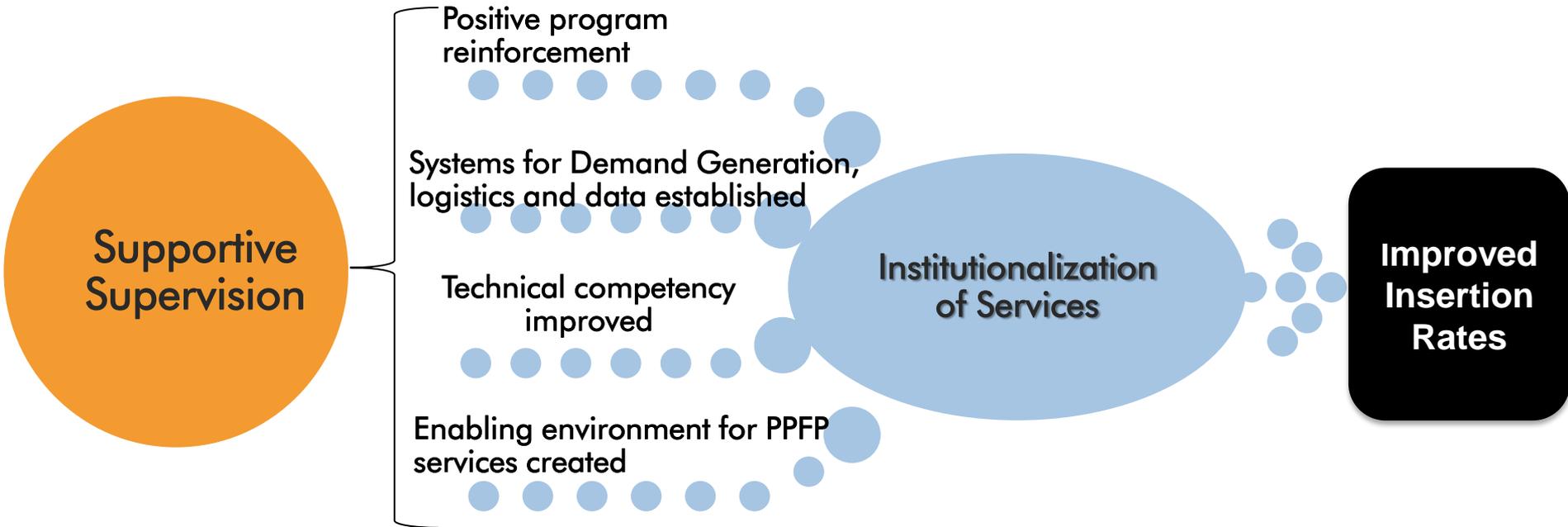
Initial Observations

- Counselling on FP methods was poor
- Only the trained providers had knowledge of PPIUCD
- The uptake of PPIUCD services was slow and happened only on the days the trained providers were present.
- Major reason for low acceptance of PPIUCD was
 - Limited number of trained providers and inadequate counselling

Initiated focused Supportive Supervision Visits



Program Hypothesis/ theory of Change



Monthly supportive supervision visits (Sep'12 to Feb'13)

Month	No. of Visits
September 2012	12
October 2012	10
November 2012	12
December 2012	12
January 2013	12
February 2013	10



On-Site Orientation of Health Staff (Oct'12 to Mar'13)

Doctors	120
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Resident Doctors	28
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Staff Nurses	140
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Counselors	12
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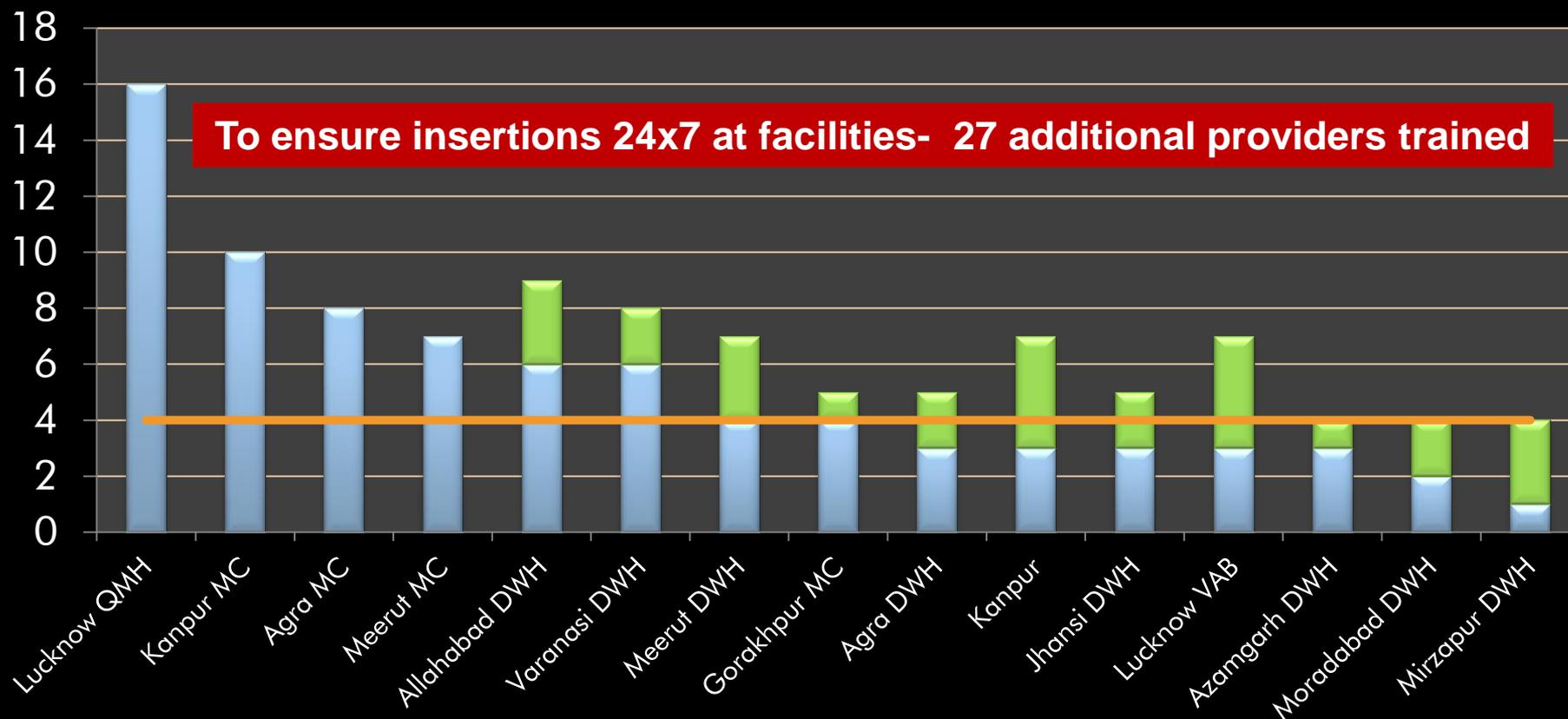
Ward Boys	75
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Ward Ayas	75
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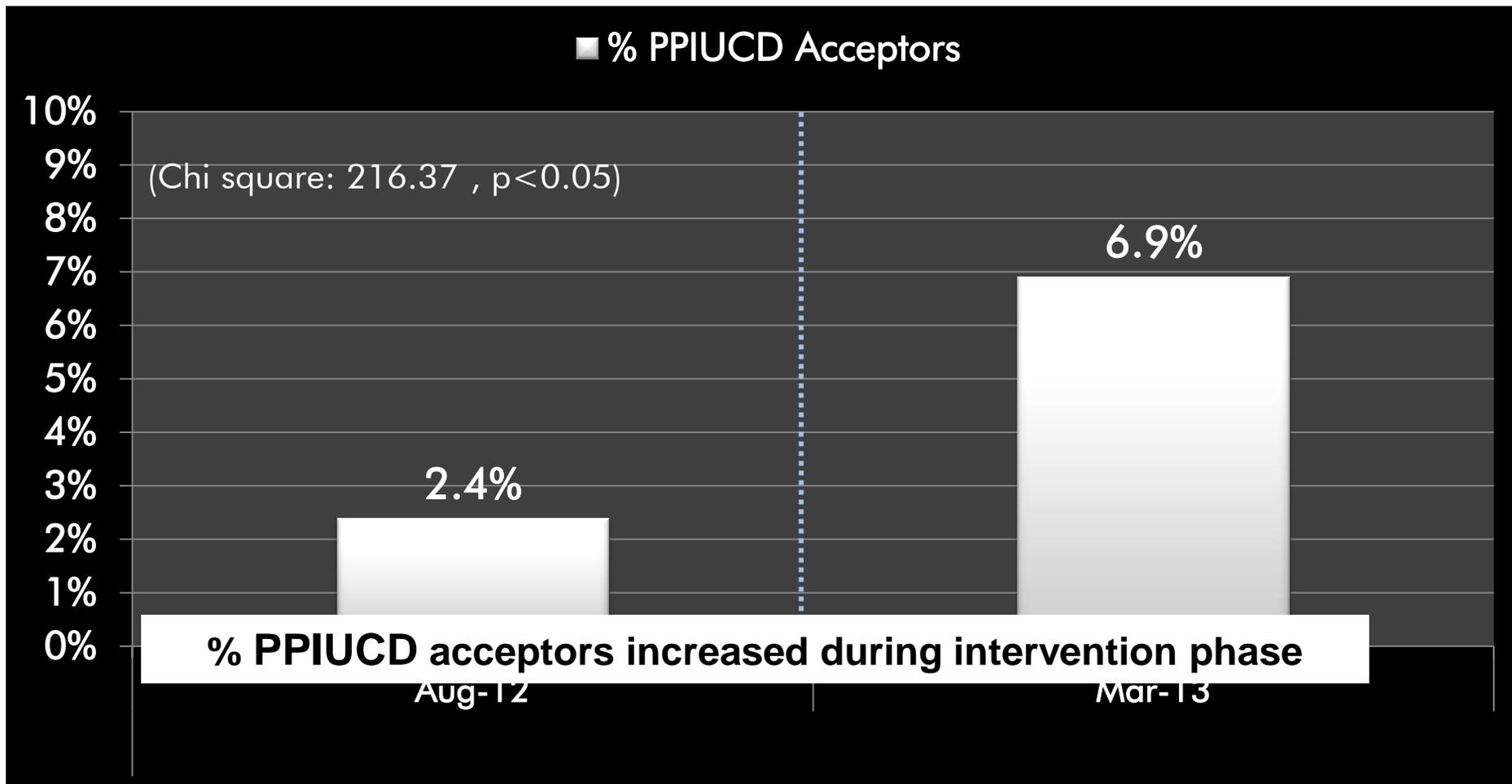
Training of additional provider

Available trained provider Additional trained Target



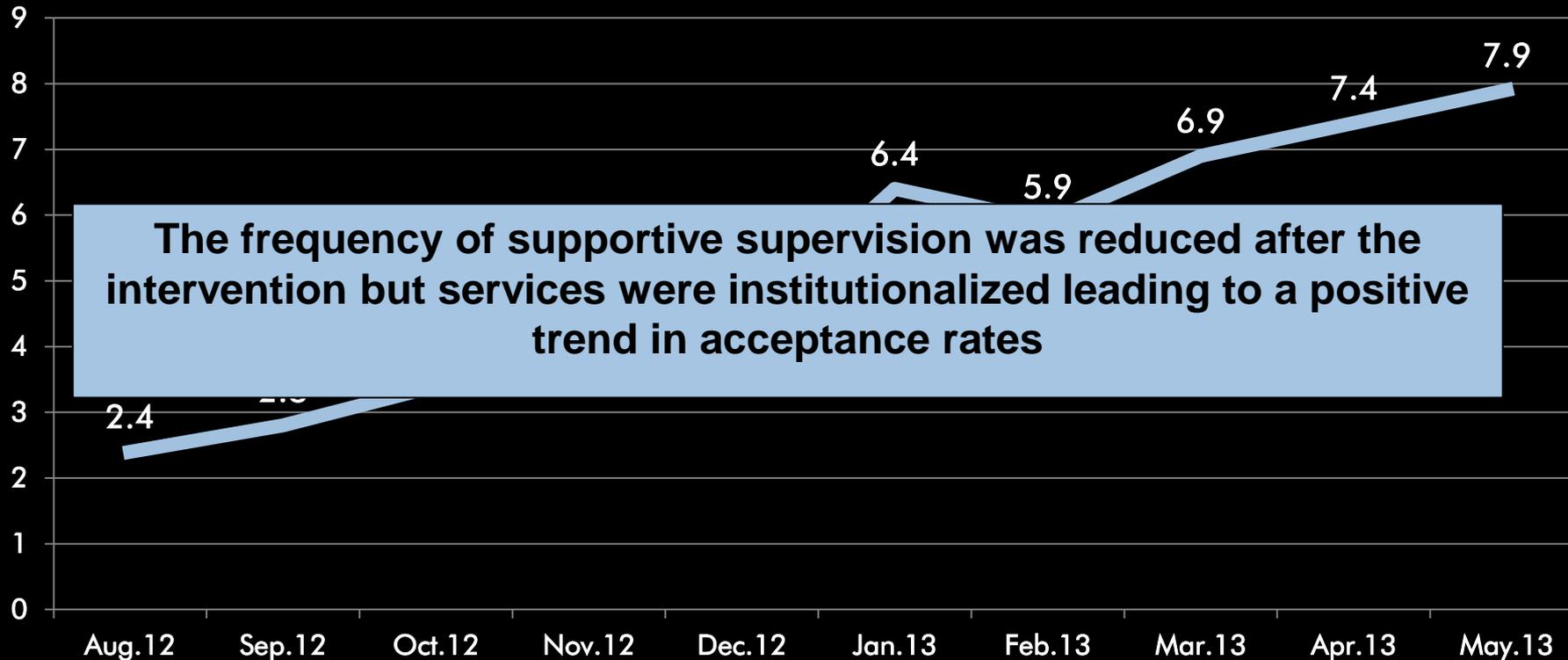
To ensure insertions 24x7 at facilities- 27 additional providers trained

Effect of Supportive Supervision visits on PPIUCD acceptance rate

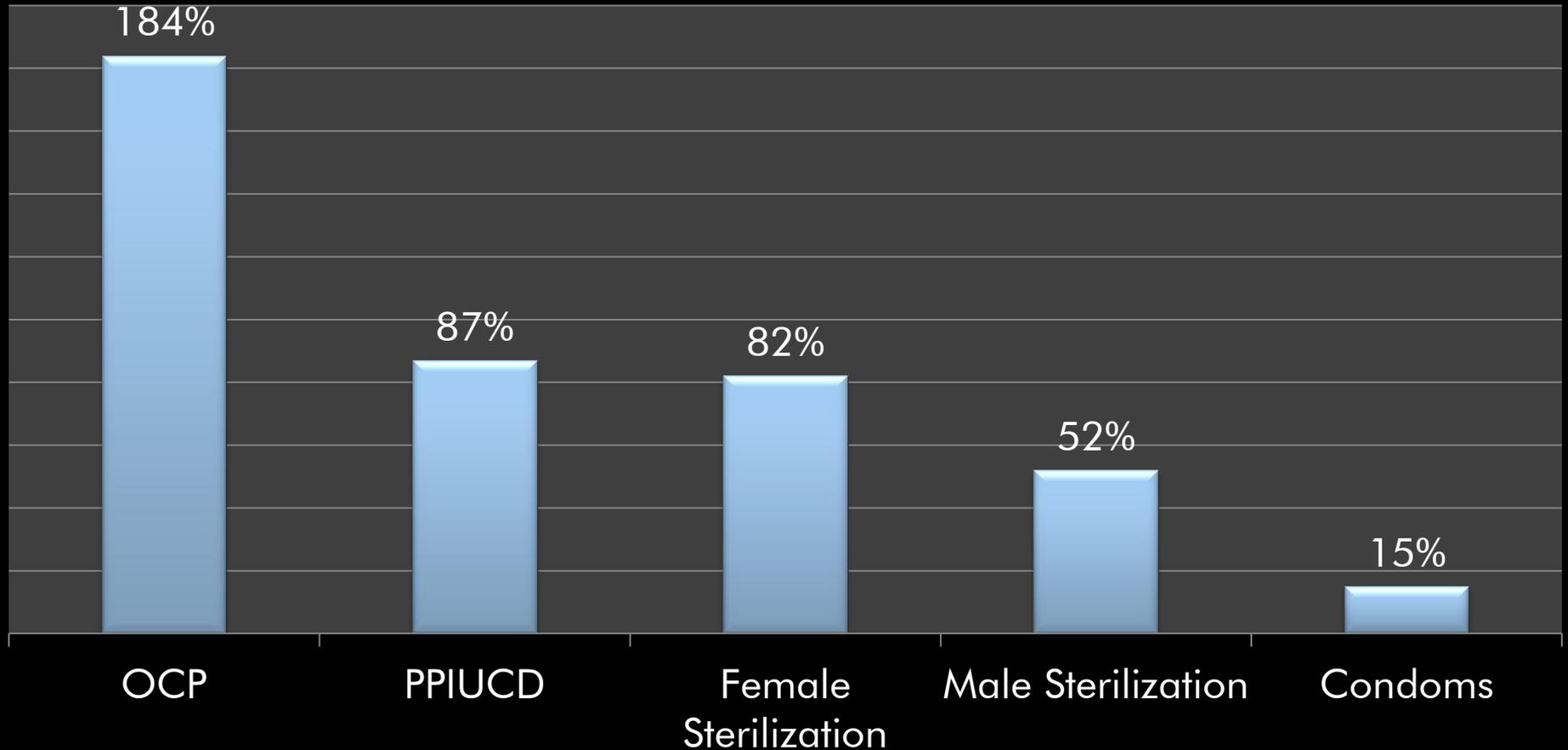


Sustained Impact

% Acceptors



% Increase in the acceptance of other Family Planning Methods



Conclusion

- Supportive Supervision improved PFP services at target facilities
- The intervention proved to be effective in institutionalization of services which ensured sustenance
- Intervention had a positive effect on all FP methods.

Supportive supervision with need-based focused activities is an important program component for introduction of new services in health facilities

Thank You!

