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All Pregnant Women Should Have Access to Skilled Care



Her smile should not fade away through this pregnancy or after

Support the pregnant woman and her family for birth and potential complications by:

1. Confirm that the woman and her family can repeat the danger signs during:

- **Pregnancy:** Severe headache, blurred vision, vaginal bleeding, severe abdominal pain, fever and convulsion
- **Childbirth and postpartum:** severe headache and blurred vision, if labor lasts for more than 12 hours, heavy vaginal bleeding or slow continuous bleeding after birth, fever and abdominal pain.
- **For newborn:** breathing difficulty, too small, cold, bleeding or oozes pus from the umbilicus, fever, excessive vomiting, convulsions, floppy or stiff

2. Provide women-centered counseling on birth preparedness and complication readiness plan:

- Advantages of delivering with skilled birth provider
- Place of delivery/care in emergency
- Means of transport to reach the facility and phone number of driver if applicable
- Funds for transport /emergency- save small amounts money or access fund for emergency
- Identify a family member who will accompany the pregnant woman and provide support during labor and delivery
- Identify the decision maker in case of emergency
- Identify potential blood donor
- Prepare clean clothes for the woman and 3 clean dry wraps for the baby, baby hat and socks, and additional cloth and sanitary pads
- Counseling about initiating immediate exclusive breast feeding, delay bathing the newborn until at least 24 hours after birth, keeping the cord dry and clean

3. Check she knows her due date; inform about signs of labor

- Regular painful contractions, show/blood stained mucus discharge

You have now prepared your client!