

YouthLens

on Reproductive Health
and HIV/AIDS

New Resources on Youth Reproductive Health and HIV Prevention, 2008–2010

YouthLens periodically provides a summary of resources on youth reproductive health and HIV prevention. This issue covers reports and tools published by internationally known organizations since January 2008. While not comprehensive, the list represents a selection of experience- and evidence-based information for improving youth sexual and reproductive health (SRH) in low-resource settings.

Overview Reports

Briefing Paper: Young People Living with HIV (2009) <http://www.worldaidscampaign.org/en/Constituencies/Youth/Resources/Briefing-Paper-Young-People-Living-with-HIV>
This World AIDS Campaign briefing paper was developed by young people living with HIV. It explores key issues and challenges to consider in the response to HIV among young people. It also outlines recommendations for policymakers, nongovernmental organizations (NGOs), young people, and others. Available in English, French, Spanish, Portuguese, Chinese, and Hindi.
Contact: info@worldaidscampaign.org

FHI Quality Improvement Guidelines for Care and Support Programs for Orphans and Other Vulnerable Children (2009) http://www.fhi.org/en/HIVAIDS/pub/res_QI_OVC_Standards.htm
Family Health International (FHI) developed these guidelines to address the basic needs and rights of children in alignment with the core areas of support for orphans and vulnerable children established in the President's Emergency Plan for AIDS Relief (PEPFAR). Contact: publications@fhi.org

Gender Equality, HIV, and AIDS: A Challenge for the Education Sector (2008) http://publications.oxfam.org.uk/oxfam/add_info_061.asp
This book by Oxfam examines the importance of gender equality to HIV prevention among young people and explores the potential role of the education sector in transforming unequal gender relations and addressing the needs of young people. Contact: <http://www.oxfam.org.uk/contact/>

Girls' Success: Mentoring Guide for Life Skills (2009) http://www.ungei.org/resources/1612_2219.html
This publication from the Academy for Educational Development Center for Gender Equity provides a guide for mentoring girls to help them develop important life skills, including healthy living, inner strength, making good choices, reproductive health, and sexuality. Contact: <http://www.aed.org/Publications/index.cfm>





Heroes and Villains: Teachers in the Education Response to HIV (2009) <http://www.iiep.unesco.org/information-services/publications/abstracts/2009/heroes-and-villains.html>

This book from UNESCO's International Institute for Educational Planning explores the involvement of teachers in the education sector's response to the global HIV epidemic. The book examines the effects of HIV/AIDS on teachers and issues recommendations for enabling more effective teacher responses to HIV and AIDS. Contact: info@iiep.unesco.org

More Positive Living: Strengthening the Health Sector Response to Young People Living with HIV (2008) http://www.who.int/child_adolescent_health/documents/9789241597098/en/index.html

This document is based on the outcome of a WHO/UNICEF consultation in which service providers, programmers, and young people explored the unique needs of young people living with HIV. The document identifies actions the health sector should undertake to meet these needs. Contact: cah@who.int

Start with a Girl: A New Agenda for Global Health (2009) <http://www.cgdev.org/content/publications/detail/1422899/>

Start with a Girl highlights the most prevalent and serious health threats to adolescent girls in developing countries and examines the efforts of governments and NGOs to combat health risks. This Center for Global Development report proposes a global health agenda for governments, donors, the private sector, and civil organizations. Contact: <http://www.cgdev.org/section/feedback>

Together We Must! End Violence against Women and Girls and HIV and AIDS (2009)

http://www.unifem.org/materials/item_detail.php?ProductID=157

This joint publication from the United Nations Development Fund for Women (UNIFEM) and ActionAid discusses the knowledge, institutional capacity, and resources needed to comprehensively address the intersection between HIV and AIDS and violence against women and girls. Contact: http://www.unifem.org/about/contact_general.php

Reproductive Health and Life Skills Program Development/Implementation

Adolescent Sexual and Reproductive Health Toolkit for Humanitarian Settings (2009)

<http://www.unfpa.org/public/publications/pid/4169>
UNFPA and Save the Children developed this toolkit to guide humanitarian program managers and health care providers in implementing SRH interventions that address the unique needs of adolescents both during and after a crisis. The toolkit accompanies the adolescent services chapter of the *Inter-Agency Field Manual on Reproductive Health in Humanitarian Settings*, available at: http://www.iawg.net/resources/field_manual.html. Contact: publications@unfpa.org

It's All One Curriculum (2010) http://www.popcouncil.org/projects/102_RethinkingSexEd.asp

The Population Council and the International Planned Parenthood Federation have collaborated with international experts to produce this resource kit. It assists educators worldwide in developing locally appropriate curricula to educate young people on their sexual and reproductive health with a focus on gender equality and human rights. Available in English, Spanish, and French. Contact: jstuartbrundage@popcouncil.org

The Way We Care: A Guide for Managers of Programs Serving Vulnerable Children and Youth (2009)

http://www.fhi.org/en/HIVAIDS/pub/guide/res_The_Way_We_Care.htm

This manual was produced by FHI, with support from USAID, to develop awareness; reinforce knowledge; and assist in design, implementation, and management of programs for children and youth affected by poverty and HIV/AIDS. Contact: <http://www.fhi.org/en/AboutFHI/ContactFHI.htm>

Youth-Friendly Services for Married Youth:

A Curriculum for Trainers (2008) http://www.acquireproject.org/archive/files/8.0_program_for_young_married_clients/8.2_resources/8.2.5_tools/Young_Married_Trainers_final.pdf

The ACQUIRE Project/EngenderHealth developed this manual to enable health care providers to better understand and meet the reproductive health needs of young married men and women. Contact: info@acquireproject.org

HIV/AIDS Program Development/Implementation

Assessing Your Risks: SMARTgirl Program Facilitator's Guide and Risk Assessment Cards (2008) http://www.fhi.org/en/CountryProfiles/Cambodia/res_SMARTgirl.htm

FHI's SMARTgirl program in Cambodia has developed colorful, well-designed risk assessment cards and an accompanying facilitator's guide that help entertainment service workers recognize their level of risk for and protect themselves from HIV, unplanned pregnancy, and sexual violence. Contact: info@fhi.org.kh

Education and HIV/AIDS: A Sourcebook of HIV/AIDS Prevention Programs Volume 2: Education Sector-Wide Approaches (2008, PDF, 1.55 MB) <http://siteresources.worldbank.org/EDUCATION/Resources/278200-1099079877269/547664-1099080042112/SourcebookofHIVAIDSvolume2.pdf>

This volume from the International Bank for Reconstruction and Development and the World Bank highlights successful school-based HIV prevention programs from Africa, Latin America, and the Middle East that engage teachers and target school-age children. Contact: feedback@worldbank.org

HIV Preventive Education Information Kit for School Teachers (2008) http://www2.unescobkk.org/elib/publications/193_194/
UNESCO Bangkok has assembled this kit to provide teachers with basic information for educating young people about HIV/AIDS. The materials address challenges of teaching about HIV/AIDS in the school setting; the impact of HIV/AIDS on families, local communities, and the Asia-Pacific region; and strategies for countering stigma and discrimination and reducing risk behaviors. Available in English, Khmer, Chinese, Kazakh, Nepali, Filipino, Russian, and Lao. Contact: Bangkok@unesco.org

Indicators for Education Sector HIV Response Programmes: A Review of Existing Resources (2009) <http://unesdoc.unesco.org/images/0018/001850/185003e.pdf>

This document describes the methodology and key findings of a review of HIV/AIDS indicators conducted by the Partnership for Child Development on behalf of the UNAIDS Inter-Agency Task Team (IATT) on Education. The goal was to provide guidance for measuring the coverage, outcomes, and impact of education programs on HIV/AIDS in low- and middle-income countries. Contact: info-iatt@unesco.org

RESOURCES FROM THE INTERAGENCY YOUTH WORKING GROUP

Selected YouthLens (English/French)

Available from: <http://info.k4health.org/youthwg/youthlens.shtml>

- **Addressing the Needs of Young Adolescents (No. 27).** Although programs are beginning to pay attention to the needs of young adolescents, more evaluations of these efforts are needed.
- **Communicating with Youth: Using the Internet and Mobile Phones in Reproductive Health Programs (No. 28).** The Internet and mobile phones hold promise as tools for reaching youth, but more evaluation is needed on their effectiveness.
- **HIV-infected Youth (No. 29).** HIV-infected youth need age-appropriate care and treatment, psychosocial support, and reproductive health counseling.
- **Hormonal Methods of Contraception for Youth (No. 30).** Adolescent pregnancies pose particular health risks to mothers and their newborns and can cause young women to struggle socially and economically. Hormonal contraceptives can have an important impact on adolescent health.

Web Resources

The IYWG Web site offers valuable resources and links, including:

- <http://info.k4health.org/youthwg/pubs/IYWGpubs.shtml#InfoNet>. This is a one-stop electronic source for new publications and information on youth reproductive health and HIV prevention.
- http://info.k4health.org/youthwg/prog_areas/index.shtml. These are resources and guidance on 25 program areas, such as abstinence, gender, and multiple and concurrent partnerships.
- <http://www.youth-policy.com>. This is an online resource for improving youth reproductive health and HIV/AIDS policy worldwide, featuring a searchable database that contains 131 full-text policies addressing youth reproductive health from 49 countries.
- <http://www.measuredhs.com/topics/Youth/start.cfm>. This "youth corner" highlights DHS findings about youth and features in-depth profiles of young adults ages 15–24 from more than 30 countries.

A Strategic Approach: HIV & AIDS and Education (2009) http://portal.unesco.org/en/ev.php-URL_ID=45615&URL_DO=DO_TOPIC&URL_SECTION=201.html

This UNAIDS IATT on Education publication provides a strategic vision of the central role of education in addressing HIV/AIDS. It outlines key priorities and identifies objectives for education responses, providing guidance on tailoring responses to the local context. Available in English, French, Spanish, and Portuguese. Contact: info-iatt@unesco.org

Resources for Integrated Reproductive Health and HIV Programming

Evidence and Rights-Based Planning and Support Tool for SRHR/HIV-Prevention Interventions for Young People (2009) <http://www.wpf.org/publication/867>

This tool, developed by the World Population Foundation and STOP AIDS NOW!, outlines recommendations and evidence-based indicators for design and evaluation of successful SRH rights education programs for young people. Contact: <http://www.stopaidsnow.org/contact/contact>

Sexual and Reproductive Health of Women and Adolescent Girls Living with HIV: Guidance for Health Managers, Health Workers and Activists (2009)

<http://www.engenderhealth.org/files/pubs/hiv-aids-stis/english-srh-guidance-final.pdf>
This manual, a collaborative effort from EngenderHealth and the International Community of Women Living with HIV, offers guidance to program managers and health workers on creating programs that protect and promote the SRH and rights of women and girls living with HIV/AIDS in low-resource settings. Available in English, French, Spanish, Portuguese, and Russian. Contact: info@engenderhealth.org

Training Guide for HIV Counseling and Testing for Youth: A Manual for Providers (2008) http://www.fhi.org/en/Youth/YouthNet/rhtrainmat/hiv_c_and_t.htm

This guide was developed by the IYWG, which is supported by USAID, to train providers to use *HIV Counseling and Testing for Youth: A Manual for Providers*. Topics covered include counseling and testing approaches, clinical and nonclinical models of counseling and testing, major steps in providing integrated counseling and testing, and an overview of sexually transmitted infections and pregnancy prevention methods. Contact: youthwg@fhi.org

Sexuality and Life Skills: Participatory Activities on Sexual and Reproductive Health with Young People (2008)

http://www.ibe.unesco.org/fileadmin/user_upload/_temp_/Alliance_Sexuality_and_lifeskills_activities_555.pdf
This toolkit from the International HIV/AIDS Alliance provides participatory learning activities on SRH topics for young people and is geared toward teachers, peer educators, and others serving youth. Monitoring and evaluation tools are included as well. Contact: <http://www.unesco.org/new/en/unesco/about-us/where-we-are/contact-us/>

Curricula and Other Educational Materials on Youth Sexual and Reproductive Health (2010) http://info.k4health.org/youthwg/PDFs/TrainingMaterials/sex_ed_compendium.pdf

The IYWG has compiled a list of high-quality, adult- and youth-led curricula for group settings, designed to improve youth SRH. All materials were published by internationally recognized global health or academic organizations. Contact: <http://info.k4health.org/youthwg/contact.shtml>

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YouthLens is an activity of the Interagency Youth Working Group (IYWG), a network of nongovernmental agencies, donors, and cooperating agencies working to improve reproductive health and prevent HIV among young people ages 10 to 24. The U.S. Agency for International Development funds the IYWG. Family Health International produces the YouthLens publication series.

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